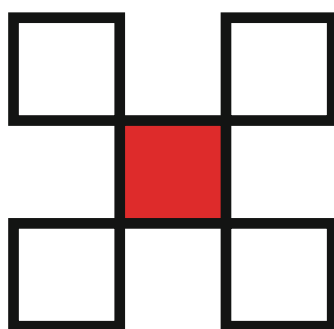

ICU Protocols

Rajesh Chawla • Subhash Todi
Editors

ICU Protocols

A Stepwise Approach



 Springer

ISCCM

An endeavour of Indian College of Critical Care Medicine under the auspices of Indian Society of Critical Care Medicine.

Editors

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ISBN 978-81-322-0534-0 ISBN 978-81-322-0535-7 (eBook)
DOI 10.1007/978-81-322-0535-7
Springer Dordrecht Heidelberg New York London

Library of Congress Control Number: 2012943980

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Printed on acid-free paper

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*To my parents, wife Renu, and daughters
Aakanksha and Aakriti for their
unconditional love and support. Special
thanks to all my students, residents, fellows,
and colleagues who inspire and educate me.*

–Rajesh Chawla

*To my mother, my wife Shailja, and daughter
Suchira for their understanding, tolerance,
and patience shown during the gestational
period of this manual.*

–Subhash Todi

Preface

It gives us great pleasure to present to you the first edition of “ICU protocol Book – a stepwise approach” under the auspices of Indian Society of Critical Care Medicine (ISCCM). The goal of this book is to provide residents, fellows, critical care practitioners, and allied health care professionals with a current and comprehensive stepwise algorithm for bedside diagnosis and management of the most frequently encountered problems in the intensive care unit (ICU).

This book is neither a condensed text book as some of the current hand books are nor an elementary primer. Although it is small enough to carry around, yet it is big enough to contain all essential elements of ICU care. The management of various conditions has been described in a stepwise fashion to avoid missing any important step in both the workup and treatment.

It is a multiauthor book, written by well-known practitioners in the field of critical care in India. We have included contributions from other specialties that bring a complementary perspective to the multidisciplinary management of critically ill patients. We have avoided the didactic style of writing and have made it more algorithmic with bulleted points to highlight important steps. Each chapter starts with a typical case scenario followed by stepwise management of diagnostic workup and treatment of that condition. Flow sheet, tables, charts, figures, and illustrations have been added at appropriate places. Each chapter ends with current authoritative references with annotations to guide the reader about more in-depth reading and important web resources. To prevent the manual from becoming voluminous, we have not gone into the details of the pathophysiology of each condition. We have included an appendix that has drug doses, ICU formulae, normal values, and ICU syllabus for the trainees.

The chapters of this book follow a uniform format and are divided on the basis of organ system and special topics (trauma, toxicology, metabolic problems, and procedures). It is important to understand that the field of critical care, like everything else, is not static but changes constantly. This book does not purport to define standard of care but is only a guide to current clinical practice in intensive care medicine. It is generally presumed that multiauthor books are only superficially edited and their chapters reflect the styles of its authors. In this book, we have tried to give a uniform format to all the chapters reflecting the purpose of the book. We have both worked together as a team for more than a year and reviewed each chapter to ensure the authenticity of the information.

This is an important educational venture of ISCCM, and we hope the book will be read not only in India but also regionally and internationally. Last but not the least, we sincerely hope that this manual will be used by the residents, wherever they are, for better bedside care of critically ill patients.

Rajesh Chawla
Subhash Todi

Acknowledgments

We would like to sincerely thank all the section editors and chapter authors who contributed their time and expertise in this endeavor. It would not have been possible to produce this manual without the hard work and support received from all of them. A special thanks to them for allowing editors the liberty to edit the chapters freely in order to maintain uniformity throughout the book. We would like to thank the Executive committee of ISCCM for their unconditional support and patience during the long gestational period of this book. We would like to thank experts who took the time and trouble to review the chapters and provide us with their inputs. We would like to acknowledge the hard work of Dr. Sudha Kansal, Dr. Prashant Nasa, Dr. Rakesh Sharma, Dr. Sananta K Dash, Dr. Mohit Kharbanda, Dr. Shaswati Sinha, Dr. Mahuya Bhattacharya, Dr. Sushmita Basu, and all the fellows at Indraprastha Apollo Hospitals (Delhi) and AMRI Hospitals (Kolkata), who read all chapters and gave their inputs from the end users' perspective.

Special thanks to editorial team of Springer who have supported this medical project. We particularly thank Dr. Naren Aggarwal for multiple helpful suggestions and support to the process of finalization of this book.

Also, we would like to give our special thanks to Mr. Vijay Prakash, Mr. Tapas Kayal, and Mr. Bhagwan Dass for their assistance in the office work and completing the manuscript.

Contents

Part I Respiratory System

Rajesh Chawla and Gopi Chand Khilnani

1 Airway Management	3
Sheila Nainan Myatra and Jigeeshu V. Divatia	
2 Acute Respiratory Failure	17
Randeep Guleria and Jaya Kumar	
3 Noninvasive Positive-Pressure Ventilation	23
Rajesh Chawla and Subhash Todi	
4 Basic Mechanical Ventilation	31
Gopi Chand Khilnani and Vijay Hadda	
5 Mechanical Ventilation in Acute Respiratory Distress Syndrome	39
Farhad N. Kapadia and Umakant Bhutada	
6 Mechanical Ventilation in Obstructive Airway Diseases	51
Raj Kumar Mani	
7 Weaning	57
Rajesh Chawla, Vishakh Varma, and Rakesh Sharma	
8 Massive Hemoptysis	65
Avdhesh Bansal and Viny Kantroo	
9 Pulmonary Thromboembolism	71
Rajesh Chawla and Subhash Todi	
10 Severe Community-Acquired Pneumonia	79
Subhash Todi and Rajesh Chawla	
11 Ventilator-Associated Pneumonia	85
Rajesh Pande	
12 Pleural Diseases	93
Sudha Kansal and Rajesh Chawla	

13 Sleep-Disordered Breathing	101
Jagdish Chander Suri	
14 Oxygen Therapy	107
Surinder K. Jindal and Ashutosh Nath Aggarwal	
15 Pulse Oximetry and Capnography	113
Deepak Govil and Sachin Gupta	
Part II Cardiovascular System	
Jigeeshu V. Divatia, Farhad N. Kapadia, Shyam Sunder Tipparaju and Sheila Nainan Myatra	
16 Hemodynamic Monitoring	125
Sheila Nainan Myatra, Jigeeshu V. Divatia, and Ramesh Venkatraman	
17 Echocardiography	137
Rahul Pandit and Jigeeshu V. Divatia	
18 Fluid Therapy, Vasopressors, and Inotropes	143
Jigeeshu V. Divatia and Parvez Ali Khan	
19 Cardiorespiratory Arrest	151
Sheila Nainan Myatra, Amol T. Kothekar, and Jigeeshu V. Divatia	
20 Cardiogenic Shock	159
Ashit V. Hegde and Khusrav Bajan	
21 Acute Heart Failure	165
Rajesh Chawla and Rajeeve Kumar Rajput	
22 Cardiac Arrhythmias	173
Shyam Sunder Tipparaju and Gopinath Ramachandran	
23 Acute Coronary Syndromes	185
Rajesh Rajani and Farhad N. Kapadia	
24 Hypertensive Urgencies and Emergencies	195
Simran Singh and Chandrashekhar K. Ponde	
25 Aortic Dissection	203
Shyam Sunder Tipparaju, Gopinath Ramachandran, Ravinuthala Venkat Kumar, and Muppiri Vijay Kumar	
Part III Nervous System	
Shiva Iyer and Nagarajan Ramakrishnan	
26 Cerebrovascular Accident	213
V. Dedeepiya Devaprasad and Nagarajan Ramakrishnan	

27 Subarachnoid Hemorrhage	223
Charu Gauba and Pushpendra Nath Renjen	
28 Status Epilepticus	229
Jagarlapudi M. K. Murthy	
29 Acute Flaccid Paralysis	235
Charu Gauba, Mukul Verma, Vinit Suri, and Pooja Chopra	
30 Coma	243
Kayanoosh Kadapatti and Shivakumar Iyer	
31 Intracranial Pressure Monitoring and Management	249
Rajagopal Senthilkumar and Nagarajan Ramakrishnan	
32 Acute Febrile Encephalopathy	259
Jignesh Shah and Shivakumar Iyer	
33 Sedation and Analgesia	265
Ashwin Kumar Mani, Nagarajan Ramakrishnan, and Sheila Nainan Myatra	
34 Brain Death	275
Babu K. Abraham and Nagarajan Ramakrishnan	
Part IV Gastrointestinal System	
Ajay Kumar and Pravin Amin	
35 Upper Gastrointestinal Bleeding	285
Rupa Banerjee and Duvvur Nageshwar Reddy	
36 Lower Gastrointestinal Bleeding	293
Surinder S. Rana and Deepak Kumar Bhasin	
37 Acute Diarrhea	299
Mahesh Kumar Goenka and Nisha D. Kapoor	
38 Acute Abdominal Distension	305
Mohd. Talha Noor and Rakesh Kochhar	
39 Intra-abdominal Hypertension	311
Rajesh Chawla and Sananta K. Dash	
40 Acute Pancreatitis	319
Ajay Kumar and Akshat Kumar	
41 Acute Liver Failure	327
Shalimar and Subrat Kumar Acharya	
42 Acute Decompensation in Chronic Liver Failure	335
Deepak Amarapurkar	

43 Nutrition Support	341
Pravin Amin	
Part V Renal System	
Raj Kumar Mani and Arghya Majumdar	
44 Acute Renal Failure	351
Raj Kumar Mani and Arghya Majumdar	
45 Renal Replacement Therapy	361
Sunil Prakash and Arghya Majumdar	
46 Managing a Patient on Dialysis	369
Arghya Majumdar and Raj Kumar Mani	
47 Drug Dosing	375
Pratik Das and Arghya Majumdar	
Part VI Infectious Diseases	
Subhash Todi	
48 General Measures of Infection Control	381
Sheila Nainan Myatra and Raghu S. Thota	
49 Antibiotic Stewardship	389
Subhash Todi and Rajesh Chawla	
50 Septic Shock	395
Mohit Kharbanda and Suresh Ramasubban	
51 Severe Tropical Infections	403
Hemant Tewari and Vivek Nangia	
52 New-Onset Fever	411
Subhash Todi and Rajesh Chawla	
53 Fungal Infections	417
Subhash Todi and Rajesh Chawla	
54 Infections in the Immunocompromised Host	425
Subhash Todi and Om Srivastav	
Part VII Endocrine and Metabolic System	
Sandhya Talekar and Rajesh Chawla	
55 Hyponatremia	433
Rajesh Chawla, Subhash Todi, and Devendra Kumar Agarwal	
56 Hypernatremia	441
Rajesh Chawla, Sudha Kansal, and Sanjiv Jasuja	

57 Hypokalemia and Hyperkalemia	447
Subhash Todi and Rajesh Chawla	
58 Arterial Blood Gases	455
Rahul Pandit	
59 Diabetic Emergencies	463
Sandhya Talekar and Jayant Shelgaonkar	
60 Glycemic Control in the ICU	471
Rajesh Chawla and Subhash Todi	
Part VIII Oncology	
Atul Kulkarni and Vijaya Patil	
61 Transfusion Practices and Complications	479
Nayana Amin and Vijaya Patil	
62 Disseminated Intravascular Coagulation and Thrombocytopenia	489
Vijaya Patil, Nayana Amin, Reshma Ambulkar, and Atul Kulkarni	
63 Onco-emergencies	499
Atul Kulkarni and Vandana Agarwal	
Part IX Trauma and Burn	
M.C. Mishra and Prasad Rajhans	
64 General Management of Trauma	511
Vinay Gulati, Sanjeev Bhoi, and Rajesh Chawla	
65 Severe Head and Spinal Cord Injury	521
Deepak Agrawal	
66 Torso Trauma	527
Subodh Kumar, Amit Gupta, and Umashankkar Kannan	
67 Burn Management	535
Sushma Sagar, Kamal Kataria, and Maneesh Singhal	
Part X Toxicology, Envenomation and Thermo Dysregulation	
Omender Singh and Dhruva Chaudhry	
68 General Poisoning Management	547
Omender Singh and Prashant Nasa	
69 Syndromic Approach to Poisoning	553
Praveen Aggarwal	

70 Drug Abuse	559
Omender Singh and Prashant Nasa	
71 Snakebite	567
Dhruva Chaudhry, Inder Paul Singh, and Surcharita Ray	
72 Heat Stroke and Hypothermia	573
Jagdish Dureja and Harpreet Singh	
Part XI Obstetrics	
Rajesh Chawla and Suninder S. Arora	
73 Jaundice in Pregnancy	585
Rajesh Chawla and Prashant Nasa	
74 Acute Respiratory Failure During Pregnancy	591
Rajesh Chawla, Prashant Nasa, and Aakanksha Chawla	
75 Severe Preeclampsia	599
Rajesh Chawla, Prashant Nasa, and Renu Chawla	
Part XII Perioperative Care	
Prakash Shastri and Deepak Govil	
76 General Issues in Perioperative Care	609
Prakash Shastri, Yogendra Pal Singh, and Jigeeshu V. Divatia	
77 Specific Issues in Perioperative Care	617
Subhash Todi, Shrikanth Srinivasan, and Jigeeshu V. Divatia	
Part XIII General Issues	
Yatin Mehta and Shirish Prayag	
78 Initial Assessment and Resuscitation	631
Jeetendra Sharma and Yatin Mehta	
79 Comprehensive ICU Care	639
Tariq Ali, Yatin Mehta, Subhash Todi, and Rajesh Chawla	
80 Quality Control	649
Subhash Todi and Ashit Bhagwati	
81 Ethical Principles in End-of-Life Care	655
Subhash Todi and Rajesh Chawla	
82 ICU Organization and Training	661
Narendra Rungta, Manish Munjal, and Kundan Mittal	
83 Transportation of Critically Ill Patients	667
Amit Varma and Sandeep Dewan	

84	Scoring Systems	675
	Jigeeshu V. Divatia	
Part XIV Pediatrics		
	Praveen Khilnani and Krishan Chugh	
85	Mechanical Ventilation	685
	Praveen Khilnani and Rajiv Uttam	
86	Acute Severe Asthma	691
	Krishan Chugh	
87	Status Epilepticus	697
	Soonu Udani	
88	Severe Sepsis and Septic Shock	703
	Praveen Khilnani	
89	Acute Intracranial Hypertension	709
	Sunit Singhi	
90	Multiorgan Failure	713
	Sajith Kesavan and Bala Ramachandran	
Part XV ICU Procedures		
	Rajesh Chawla and Sudha Kansal	
91	Central Line Placement	723
	Rajesh Chawla, Vishakh Varma, and Sudha Kansal	
92	Arterial Catheterization	735
	Sheila Nainan Myatra, Parvez Ali Khan, and Jigeeshu V. Divatia	
93	Pulmonary Artery Catheterization	743
	Rajesh Chawla, Vishakh Varma, and Atul Kulkarni	
94	Defibrillation and Cardioversion	753
	Rajesh Chawla and Sananta K. Dash	
95	Temporary Pacemaker Insertion	761
	Rajesh Chawla and Vipul Roy	
96	Percutaneous Tracheostomy	767
	Rajesh Chawla and Munish Chauhan	
97	Thoracentesis	779
	Rajesh Chawla and Ashish Jain	
98	Chest Tube Placement	785
	Rajesh Chawla, Ashish Jain, and Sudha Kansal	

99 Pericardiocentesis	797
Rajesh Chawla, Sananta K. Dash, and Vipul Roy	
100 Lumbar Puncture	805
Rajesh Chawla and Charu Gauba	
101 Intra-aortic Balloon Pump	815
Khusrav Bajan	
Appendices	821
Index	861

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