

Behavioral Approaches to Chronic Disease in Adolescence

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A Guide to Integrative Care

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 Springer

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Preface

This book fills a gap in the literature on evidence-based approaches for treating adolescents with chronic illness in an integrated care setting. It is comprehensive in accurately addressing specific considerations inherent in adolescent psychology (therapist burnout, ethical considerations, bringing in the family, cultural considerations, etc.) and in outlining evidence-based practice guidelines for common chronic conditions in adolescence (type I diabetes, asthma, juvenile rheumatoid arthritis, chronic pain, etc.). There are very difficult problems that need to be sorted out and we hope this book, while reflecting the current state of knowledge, will encourage research and intellectual work in this area.

We owe deep gratitude to all our contributing authors who took part in making this a high-quality, integrated resource. We greatly appreciate Ian Marvinney and Janice Stern, our editors at Springer, for their assistance and patience in completing this project. We would also like to thank the wonderful individuals who helped us finish this book, especially Linda Goddard. Finally, we thank our family members Jane Fisher, Katie and Anna, Dennis and Barbara Woodward and Nate Tolle for their unyielding support.

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