

## **Part III**

# **Social Work and Moreno's Methods Informed by Trauma, Neuroscience, Strengths, and Research**

This part explores movements within the field of social work as they relate to the practice of sociometry, psychodrama, and group psychotherapy. The specific movements that will be explored include trauma-informed practice, neurobiology-informed practice, strengths-based practice, and evidence-based practice. This part serves to feature the integrations of movements within the social work field and the field of psychodrama. The fields of social work, sociometry, psychodrama, and group psychotherapy, are largely operating within the same systems and are subject to similar forces and trends within society and the culture. These larger trends represent the directed consciousness of the culture and have led to the creation differentiated specializations of knowledge within each field. The structure of this part will transition from parts on trauma to neurobiology and strengths-based practices, ending in a summary of the evidence-base of research for sociometry, psychodrama, and group psychotherapy. Each subsection will follow the format will address the impact of this trend in the field of social work, group psychotherapy, and psychodrama. It is important to note that these four themes—trauma, neurobiology, strengths-based, and evidence-based are tightly linked, integrated, and inseparable. However, due to the limitations of the writing format, these pieces will be presented in linear form below.