Encyclopedia of Feeding and Eating Disorders

Tracey Wade
Editor

Encyclopedia of Feeding and Eating Disorders

With 64 Figures and 50 Tables

Springer

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ISBN 978-981-287-103-9 ISBN 978-981-287-104-6 (eBook)
ISBN 978-981-287-105-3 (print and electronic bundle)
DOI 10.1007/978-981-287-104-6

Library of Congress Control Number: 2017937657

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Printed on acid-free paper

This Springer imprint is published by Springer Nature

The registered company Springer Nature Singapore Pte Ltd.

The registered company address is: 152 Beach Road, #21-01/04 Gateway East, Singapore 189721, Singapore

To all those colleagues, reviewers, students, and clients who have inspired me to try to make a meaningful contribution to our understanding of feeding and eating disorders

Preface

This scholarly *Encyclopedia of Feeding and Eating Disorders* aims to present a comprehensive overview of the field by a variety of experts currently working and researching in this area. Given the changes to this diagnostic category introduced in the *Diagnostic and Statistical Manual of Mental Disorders*, Fifth Edition (DSM-5) in 2013, it seems timely to produce such a resource. The encyclopedia and associated web-based material covers feeding and eating disorders from “bench to bedside,” with respect to genetics, biology, and neuroscience through to theory and its application in developing clinical approaches to the prevention and treatment of feeding and eating disorders.

In order for this work to become a reality, it required hard and dedicated work from a strong editorial team who are recognized as leaders in the field of eating disorders in order to commission the breadth of quality contributions that were necessary for such a work. This team included the following people: Karina Allen from the University of Western Australia (comorbidities), Kelly Berg from the University of Minnesota (assessment), Michael Kohn from the University of Sydney (medical issues), Glenn Waller (University of Sheffield) and Ulrike Schmidt (King’s College London) working together on the evidence-based treatment section, Jennifer Wildes from the University of Pittsburgh (classification and epidemiology), and Simon Wilksch from Flinders University in South Australia (prevention).

Such a scholarly work would not be possible without the contribution of many different authors across many different countries, generously sharing their expert summary of the current state of play of our understanding of the issues that impact on feeding and eating disorders and how to work with these disorders. It is my hope that by bringing together such a diverse and learned range of contributions that we can move closer to better preventing and treating feeding and eating disorders in such a way that minimizes the negative impact that they can have on so many lives.

The encyclopedia will have an important impact on a large audience as the material covers basic through to more advanced topics. It will not only be particularly useful to individuals early in their careers of research and clinical training, but also to more advanced professionals who are interested in feeding and eating disorders as part of a range of research or clinical interests, as it provides a practical “on hand” perspective for such individuals.

April 2017

Tracey Wade
Editor

About the Editor

Tracey Wade completed a Masters of Clinical Psychology at the Australian National University in 1992, a Ph.D. at Flinders University in 1998, and a post doctoral fellowship in the USA during 1999 at the Virginia Institute for Psychiatric and Behavioral Genetics under the supervision of Professors Cynthia Bulik and Kenneth Kendler. Since 2000, she has worked in the School of Psychology at Flinders University, South Australia, where she currently holds a position as a Professor. She was awarded the Australian Psychological Society (APS) Ian M Campbell Memorial Prize for outstanding contribution to the scientific or professional status of Clinical Psychology in Australia in 2000, and in 2003 she was awarded the APS Early Career Award. She served as Editor-in-Chief of the APS journal *Clinical Psychologist* from 2010 to 2014. From 2017 to 2021, she will serve as Associate Editor for the *International Journal of Eating Disorders*.

Dr. Wade has worked as a clinician in the area of eating disorders for almost 30 years. She is on the management committee responsible for the oversight and development of the new Statewide Eating Disorders Service in South Australia and is a member of the Steering Committee of the National Eating Disorder Collaboration. Her current research interests are in the etiology (including genetic epidemiology), prevention, and treatment of eating disorders and perfectionism. She has cowritten 2 books on the treatment of perfectionism and has over 160 publications in peer-reviewed journals. In 2015, she

was elected a Fellow of the Academy of the Social Sciences in Australia, in 2016 she was made an Inaugural Honorary Fellow of the Australian Association for Cognitive and Behaviour Therapy, and in 2018 she will be the President of the Eating Disorder Research Society.

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