

## **Mindfulness and Educating Citizens for Everyday Life**

# Bold Visions in Educational Research

Volume 53

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## *Scope:*

*Bold Visions in Educational Research* is international in scope and includes books from two areas: *teaching and learning to teach* and *research methods in education*. Each area contains multi-authored handbooks of approximately 200,000 words and monographs (authored and edited collections) of approximately 130,000 words. All books are scholarly, written to engage specified readers and catalyze changes in policies and practices. Defining characteristics of books in the series are their explicit uses of theory and associated methodologies to address important problems. We invite books from across a theoretical and methodological spectrum from scholars employing quantitative, statistical, experimental, ethnographic, semiotic, hermeneutic, historical, ethnomethodological, phenomenological, case studies, action, cultural studies, content analysis, rhetorical, deconstructive, critical, literary, aesthetic and other research methods.

Books on *teaching and learning to teach* focus on any of the curriculum areas (e.g., literacy, science, mathematics, social science), in and out of school settings, and points along the age continuum (pre K to adult). The purpose of books on *research methods in education* is **not** to present generalized and abstract procedures but to show how research is undertaken, highlighting the particulars that pertain to a study. Each book brings to the foreground those details that must be considered at every step on the way to doing a good study. The goal is **not** to show how generalizable methods are but to present rich descriptions to show how research is enacted. The books focus on methodology, within a context of substantive results so that methods, theory, and the processes leading to empirical analyses and outcomes are juxtaposed. In this way method is not reified, but is explored within well-described contexts and the emergent research outcomes. Three illustrative examples of books are those that allow proponents of particular perspectives to interact and debate, comprehensive handbooks where leading scholars explore particular genres of inquiry in detail, and introductory texts to particular educational research methods/issues of interest to novice researchers.

# **Mindfulness and Educating Citizens for Everyday Life**

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## ABOUT THE COVER

Piotr Powietrzynski is a creative photographer living in New York. His story of survival through meditation and mindfulness is featured in Chapter 12. The back cover image is a self-portrait illustrating depths of depression, loneliness, and desperation. Piotr says:

“The essential things in life are seen not with the eyes, but with the heart,” wrote Antoine de Saint Exupéry in *The Little Prince*, the most poignant story I’ve ever read. I like this book so much because everything I do as a photographer seems to be about emotions. The way I see it, they form a third dimension, complementing two-dimensional, flat surfaces of photographic paper or digital screens.

You may view Piotr’s work @ <http://www.piotr-powietrzynski.com>