

Happiness Studies Book Series

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Happiness Studies Book Series

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Aims and Scope

Exploring features and implications for personal and social empowerment from a substantially interdisciplinary point of view.

Like the Journal of Happiness Studies, the series explores happiness through both objective and subjective indicators. Subjective aspects comprise cognitive evaluations (like life satisfaction), positive affect and emotions, development of meanings, competences, and goals.

Key issues includes appraisal of life, work conditions, mental and physical health, developmental trajectories throughout the life span, socio-economic conditions, cultural aspects, and their impact on individual and social wellbeing.

Hilke Brockmann · Jan Delhey
Editors

Human Happiness and the Pursuit of Maximization

Is More Always Better?

Editors

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