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Rehabilitation in the dynamic stabilization of the lumbosacral spine

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Preamble

In the past decade, thanks to new and sophisticated instrumental research like the MRI, CT and discography, we have been able to focus better on degenerative pathologies, so that we can now discuss discal bulging, micro-instability (both fragmentary and plurisegmentary), soft stenosis etc.

In addition, the greater development of surgical techniques has allowed us to improve the treatment of these pathologies, of which the one that has aroused most interest in the context of non-fusion is the dynamic stabilization of the lumbar spine. As we all know, in the orthopaedic field, in order to obtain good results, it is necessary to have the proper surgical indications and precise surgical techniques associated with attentive phases of rehabilitation.

I believe, that this publication, which describes the indications and the various phases of technical rehabilitation to be used after surgical treatment of lumbar degenerative spine, represents a work of fundamental importance that is clearly useful to those interested in this area of orthopaedics.

I am certain that this monograph will be widely and justifiably successful.

G. GUIDO
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