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Editors

Quality of Life and Daily Travel

 Springer

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Preface

The purpose of this book *Quality of Life and Daily Travel* is to introduce and demonstrate the importance of daily travel in people's daily life. In doing so, we bring together distinguished researchers from a variety of academic backgrounds to provide conceptualizations and applications, presented as case studies, of what today is known to have relevance for daily travel and quality of life. The overall goal is to provide a broad understanding of the links between life satisfaction, well-being, and travel; the importance of commuting; and different evaluations and measures to assess the experience of commuting and quality of life.

This book should be of interest to specialists, including researchers as well as politicians and journalists, who have a professional need for knowledge on how travel can affect people's daily life. In addition, we hope that the book will attract practitioners such as transport planners, transport marketers, public transport authorities, and environmental professionals.

We thank all chapter authors and their coauthors for their contributions. They have fulfilled or exceeded our expectations leading to, as we think, an excellent coverage of most of the relevant research findings on travel behavior.

Karlstad, Sweden
Utrecht, The Netherlands
Karlstad, Sweden
December 22, 2017

Margareta Friman
Dick Ettema
Lars E. Olsson

About the Editors

Margareta Friman graduated in 2000 with a Ph.D. from the University of Gothenburg (Göteborg, Sweden). After having held positions as Assistant and Associate Professor at Karlstad University (Sweden), she was in 2010 appointed as Professor of Psychology at Karlstad University. For the last 10 years, she has been the director of the Service and Market Oriented Transport (SAMOT) Research Group at Karlstad University. In 2014, she received the Håkan Frisinger Foundation for Transportation Research Award by the Volvo Research and Educational Foundations. Today, Margareta Friman is conducting research in consumer psychology, environmental psychology, and transportation psychology at the Service Research Center (CTF), Karlstad University.

Dick Ettema graduated from Eindhoven University of Technology with a Ph.D. in Architecture, Building, and Planning. After working both in academia and consulting, he is now professor of Urban Accessibility and Social Inclusion in the Department of Human Geography and Spatial Planning in Utrecht University. His research focuses on how accessibility of cities and urban regions changes as a result of demographic, economic, societal and technological developments, and how this affects citizens' daily activity and travel patterns, social inclusion and well-being. Dick is editor of the *Journal of Transport and Land Use*, board member of the World Society for Transport and Land Use Research and director of the Urban Futures research program in Utrecht University.

Lars E. Olsson graduated from Göteborg University with a Ph.D. in Psychology of decision making. After a position as researcher at the Center for Consumer Research at the School of Business, Economics, and Law in Gothenburg, he was in 2009 recruited to the Service and Market Oriented Transport (SAMOT) Research Group. He is now Associate Professor of Psychology at Karlstad University. Lars E. Olsson

has done research in the areas of sustainability, environmental behavior, consumer experiences, travel behavior, and well-being. His articles have been published in international journals in psychology, environmental studies, economics, and transportation.

Contents

Part I Introduction

- 1 Quality of Life and Daily Travel: An Introduction** 3
Lars E. Olsson, Margareta Friman, and Dick Ettema

Part II Conceptualizations

- 2 Travel Satisfaction and Well-Being** 17
Patricia L. Mokhtarian and Ram M. Pendyala
- 3 Travel and Feelings** 41
Tommy Gärling
- 4 Accessibility and Exclusion Related to Well Being** 57
Alexa Delbosc and Graham Currie

Part III Case-Study Applications

- 5 Commuting and Happiness: What Ways Feel Best for What
Kinds of People?** 73
Sascha Lancée, Martijn Burger, and Ruut Veenhoven
- 6 Dynamic Modeling of Activity Happiness: An Investigation
of the Intra-activity Hedonic Treadmill** 95
Isabel Viegas de Lima, Maya Abou-Zeid, Ronny Kutadinata,
Zahra Navidi, Stephan Winter, Fang Zhao, and Moshe Ben-Akiva
- 7 Measuring Door-to-Door Journey Travel Satisfaction with
a Mobile Phone App** 119
Yusak O. Susilo and Fotis K. Liotopoulos
- 8 Satisfaction with Leisure Trips: Findings from Ghent, Belgium . . .** 139
Jonas De Vos

9	Examining the Relationship Between Commuting and its Impact on Overall Life Satisfaction	157
	Lesley Fordham, Dea van Lierop, and Ahmed El-Geneidy	
10	A Case Study Exploring Associations of Quality of Life Measures with Car and Active Transport Commute Modes in Sydney	183
	Nicholas Petrunoff, Melanie Crane, and Chris Rissel	
11	Transport and Child Well-Being: Case Study of Quebec City	199
	E. Owen D. Waygood	
12	Daily Monitoring of Mobility as an Indicator of Wellbeing Among Individuals with Chronic Disease	219
	Amit Birenboim, A. Yair Grinberger, Enrico M. Novelli, and Charles R. Jonassaint	
13	Mobility in Later Life and Wellbeing	235
	Charles Musselwhite	
Part IV The Future		
14	Travel and Wellbeing: Future Prospects	255
	Margareta Friman, Dick Ettema, and Lars E. Olsson	

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