

Marathon Running: Physiology, Psychology, Nutrition and Training Aspects

Christoph Zinner · Billy Sperlich
Editors

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 Springer

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Contents

1 Physiological Aspects of Marathon Running	1
Billy Sperlich	
2 Biomechanics of Marathon Running	13
Thomas Stöggl and Tobias Wunsch	
3 Nutrition for Marathon Running	47
Karsten Koehler	
4 Thermoregulation During Marathon Running	69
Oliver Faude and Lars Donath	
5 Coping with Stress During a Marathon	83
Christian Zepp	
6 Motivation and Marathon Running	107
Chris Hammer and Leslie Podlog	
7 Marathon Training: Gender and Age Aspects	125
Jennifer L. Reed and Jenna C. Gibbs	
8 Training Aspects of Marathon Running	153
Christoph Zinner	