
Aesthetic Plastic Surgery of the Abdomen

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Editors

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 Springer

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Dedication



Fig. 1 Francesco di Giuseppe, M.D.



Fig. 2 Sara di Giuseppe

This book is dedicated to the memory of my parents, Sara and Francesco.

Francesco (Fig. 1) was a cardiologist; he introduced cardiology as a new speciality in Italy in the early 1950s to 1960s. He founded a public hospital named “Lancisi” in my hometown Ancona, which was the first hospital to deal with heart diseases and rheumatic diseases and to offer cardiovascular surgery for adults and children. This hospital soon became a point of reference for the highest standards of care in Italy for heart diseases and still remains at top level after 50 years following its foundation.

Sara (Fig. 2) has been all her life through a wonderful teacher to Pierfrancesco, Silvia, and me—a unique caring mother and an example of style, principle, and affection

I had the privilege to have received from God this unique gift: two parents who guided and inspired my life through example and principles.

Thanks Mum

Thanks Dad

Alberto di Giuseppe

Foreword

It is my pleasure to introduce yet another superb book edited by Drs. Shiffman and Di Giuseppe. As the reader will attest, in its scope and numerous topics, this book is more than simply a compilation of different approaches to aesthetic abdominal deformities. Anatomy and techniques are extensively discussed, and postoperative issues (complications, untoward results, and satisfactory outcomes) are given unusual emphasis. As a witness and contributor to the evolution of abdominal dermolipectomies, I can appreciate the efforts of the coauthors in explaining and sharing their experience. Certainly, this book will prove to be an important addition to current literature for the plastic surgeons, and I congratulate the editors and their contributors for their dedication to abdominoplasty and the very many variations on this theme.

Ivo Pitanguy, M.D.

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Preface

Contouring of the abdomen has reached a high standard of sophistication in the last decade, in aesthetic plastic surgery. New techniques, such as lipoabdominoplasty introduced by Saldanha, based on a study of the vascular anatomy of the abdomen, have led to a less invasive procedure for contouring the abdominal wall.

New technologies such as the third-generation ultrasound energy device (Vaser) has brought a selective approach to liposuction in the deeper fat of the abdominal wall, flanks, and torso, giving the ability to contour and refine the shape and giving more attention to details and improving frame and a defined shape.

New concepts, such as the enhancement of the flanks and superficial lines of contouring to re-create an athletic body by better sculpting the oblique rectus abdominis muscles, and lines of definition (linea alba, linea semilunaris). This has led to a specific approach to more patients looking for an athletic appearance of the abdomen. The younger and older populations are achieving a more athletic body look by eating a healthy diet, by constant proper training, and now by an increasing demand of body contouring–sculpting.

This book has the specific target of explaining the new techniques, technologies, and procedures for the “state of the art” in abdominal contouring nowadays.

Thanks to my friend Melvin, whose unique work has made this book possible.

Ancona, Italy

Alberto Di Giuseppe

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