The Perioperative Medicine Consult Handbook

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Second Edition

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Dedication

We dedicate this handbook to Chris Wong, for his foundational work on all previous editions.

We also thank the residents and students at the University of Washington, who inspire us to be lifelong teachers and learners.

Preface

The goal of this handbook is to support our colleagues (medical providers, trainees, and students) in providing thoughtful, evidence-based perioperative patient care. In the pages that follow, we aim to provide a focused review of medical issues that arise around the time of surgery along with suggested management strategies based on both the science and art of perioperative medicine.

The foundation of excellence in the care of surgical patients is teamwork. Collaboration and clear communication between the perioperative medicine consultant, surgeon, anesthesiologist, primary and specialty providers, inpatient team (including nurses, pharmacists, therapists, etc.), and the patient improves care, advances the knowledge of each team member, and is incredibly enjoyable. This text was created in partnership with dozens of colleagues at the University of Washington Medical Center, Harborview Medical Center, and the Seattle Veterans Affairs Puget Sound Health Care System. It has been our great privilege to learn and serve our patients together.

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