

Addiction in South and East Africa

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Editors

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PREFACE

This work is an interdisciplinary volume that investigates addiction in Africa, particularly in South and East Africa. The contributors of this volume are experts in different fields including psychology, chemistry, biology, African philosophy, ethics, literature, anthropology and cultural studies. The chapters are mainly dependent on original research given that there is not much that has been written on the subject of addiction in Africa. The book has therefore responded to the gap of knowledge on addiction in Africa.

Apart from the provision of knowledge, the book has discussed and attempted to provide solutions to specific issues regarding drug abuse and addiction, alcohol abuse and addiction, and sex addiction. Drug and alcohol abuse have been on the rise in Africa and have proved to be hazardous for the African continent. Among the different causes of deaths in Africa, abuse and addiction have led to premature deaths, mainly among the youths. Similarly, sex addiction has negatively affected development in Africa, due to its role in increasing sexually transmitted diseases, such as HIV/AIDS and related diseases.

The information in this edited volume is suitable for a broad category of readers, including both academics and non-academics. The book will be a good source of reference for different university students (undergraduate and post-graduate) across disciplines, researchers in various fields (in research centres), organisations working with the youth (such as World Health Organisation and UNESCO), psychologists, philosophers, linguists, cultural critiques, public health practitioners and legal practitioners.

It is with great pleasure that we consider this work as providing a genuine background for any further research on addiction in the south, east and other parts of Africa. It is further opening a possible dialogue with the studies of addiction that were and are currently being done in different parts of the world.

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CONTENTS

1	Introduction: Making a Case for Addiction in Africa	1
	Yamikani Ndasauka and Grivas Muchineripi Kayange	
	<i>References</i>	6
Part I	Conceptualization of Addiction	7
2	Addiction in the Light of African Values: Undermining Vitality and Community	9
	Thaddeus Metz	
2.1	<i>Introduction</i>	9
2.2	<i>Addiction, Immorality, and Western Ethics</i>	11
2.3	<i>Addiction as Incompatible with Vitality</i>	17
2.4	<i>Addiction as Incompatible with Community</i>	21
2.5	<i>Concluding Remarks on Responding to Addiction</i>	26
	<i>References</i>	28
3	Cannabis Use and Addiction in African Communities; a Value or a Vice?	33
	Grivas Muchineripi Kayange	
3.1	<i>Introduction</i>	33
3.2	<i>Cannabis Use and Addiction in Africa</i>	35
3.3	<i>Cannabis as a Value in African Communities</i>	39

3.4	<i>Cannabis as a Vice and Illegal in African Communities</i>	43
3.5	<i>Conclusion</i>	46
	<i>References</i>	46
4	The Moral Question of Addiction: An African Philosophical Perspective	49
	Wilfred Lajul	
4.1	<i>Introduction</i>	49
4.2	<i>Literature and Theory</i>	52
4.3	<i>Discussion</i>	58
4.4	<i>Implications</i>	62
4.5	<i>Conclusion</i>	65
	<i>References</i>	66
5	An Ubuntu Approach to Addiction-Response Framework in Malawian Schools	71
	Chikumbutso Herbert Manthalu	
5.1	<i>Introduction</i>	71
5.2	<i>Autonomy, Neoliberalism, the School, and Addiction</i>	76
5.3	<i>Ubuntu-Responsive Frameworks to Addiction</i>	81
5.4	<i>Conclusion</i>	87
	<i>References</i>	88
Part II	Addiction in Literature and Popular Culture	91
6	Oral Traditions: A Tool for Understanding Alcohol and Drug Addiction in Swaziland	93
	Telamisile Phumlile Mkhathshwa and Gloria Baby Malambe	
6.1	<i>Introduction</i>	93
6.2	<i>Songs and Addiction</i>	96
6.3	<i>Proverbs and Traditional Terms and Addiction</i>	100
6.4	<i>Conclusion</i>	102
	<i>References</i>	103
7	Sex Addiction in Contemporary African Fiction: An Analysis of Selected Works of Short Fiction	105
	Beaton Galafa	
7.1	<i>Introduction</i>	105
7.2	<i>Understanding Sexual Addiction</i>	107

7.3	<i>The Concept of Sexual Addiction in Selected Works</i>	109
7.4	<i>Gender Representation</i>	115
7.5	<i>Age and Addiction to Sex</i>	118
7.6	<i>Morality and Addiction to Sex</i>	120
7.7	<i>Conclusion</i>	121
	<i>References</i>	122
8	Popular Culture and Representations of Addiction: Understanding Malawi Urban Music in the Narratives of Drugs and Sex	125
	Dave Mankhokwe Namusanya	
8.1	<i>Introduction</i>	125
8.2	<i>Understanding Urban Music in Malawi</i>	127
8.3	<i>Understanding Addiction</i>	129
8.4	<i>Representations of Addiction in Popular Culture</i>	130
8.5	<i>Conclusion</i>	138
	<i>References</i>	139
9	Semiotic Creativity and Innovation: Offshoots of Social Media Addiction	143
	Hambaba Jimaima and Gabriel Simungala	
9.1	<i>Introduction: The Internet and Social Media</i>	143
9.2	<i>Internet and Social Media in Zambia: Perspectives on Addiction</i>	144
9.3	<i>Theoretical and Methodological Appraisal</i>	146
9.4	<i>Conceptualizing Social Media</i>	147
9.5	<i>Semiotic Creativity and Innovation</i>	148
9.6	<i>Globalization and the Production of Locality</i>	153
9.7	<i>Conclusion</i>	154
	<i>References</i>	155
10	Macho Rhetoric in Alcohol Addiction: The Narratives of Masculinities among Malawian Youths	157
	Anthony Mavuto Gunde	
10.1	<i>Introduction</i>	157
10.2	<i>Research Design and Methodology</i>	163
10.3	<i>Findings and Discussion</i>	165
10.4	<i>Conclusion</i>	169
	<i>References</i>	170

Part III	Neurobiology and Neurochemistry of Addiction	173
11	Neurochemistry and Pharmacology of Addictions: An African Perspective	175
	Andrew G. Mtewa, Serawit Deyno, Emmanuel L. Peter, Annu Amanjot, Lucrèce Y. Ahovegbe, and Duncan C. Sesaaazi	
	<i>11.1 Introduction</i>	175
	<i>11.2 Neurochemistry in Africa, a Brief Historical Perspective</i>	176
	<i>11.3 Addiction amongst People of the African Descent</i>	177
	<i>11.4 Chemical and Pharmacological Descriptions of Addiction Episodes in Neurosciences</i>	179
	<i>11.5 Withdrawal Symptoms in Drug Addiction</i>	184
	<i>11.6 Treatment Approaches to Addictions</i>	184
	<i>11.7 Neuroscience Research and Training in Modern-Day Africa</i>	186
	<i>11.8 Conclusion</i>	187
	<i>References</i>	188
12	Neurobiology of Substance of Abuse (Drugs) and Behavioural Addiction in Africa	193
	Godfrey S. Bbosa	
	<i>12.1 Introduction</i>	193
	<i>12.2 Types of Addiction</i>	195
	<i>12.3 Neurobiology of Addiction</i>	198
	<i>12.4 Neurotransmitters Involved in Addiction</i>	201
	<i>12.5 Addictive Drug Targets and Their Main Mechanisms of Action in the Reward System</i>	201
	<i>12.6 Behavioural Addiction Targets and Their Main Mechanisms of Action in the Reward System</i>	204
	<i>12.7 Conclusion</i>	207
	<i>References</i>	208
Part IV	Substance and Non-substance Addiction	213
13	Prevalence of Alcohol Addiction in Africa	215
	Edith B. Milanzi and Yamikani Ndasauka	
	<i>13.1 Introduction</i>	215
	<i>13.2 Methods</i>	218

13.3	<i>Results</i>	219
13.4	<i>Discussion</i>	224
13.5	<i>Conclusion</i>	226
	<i>References</i>	227
14	Drug Use and Addiction Amongst Women with Disabilities Who Are Commercial Sex Workers in Zimbabwe	229
	Tafadzwa Rugoho	
14.1	<i>Introduction</i>	229
14.2	<i>Literature Review</i>	231
14.3	<i>Factors Driving Disabled Women Entrance into Sex Work and Drug Abuse</i>	233
14.4	<i>Drug Addiction and Sex Work</i>	236
14.5	<i>Conclusion</i>	237
	<i>References</i>	238
15	Drug Addiction among Youths in Zimbabwe: Social Work Perspective	241
	Tatenda Nhapi	
15.1	<i>Introduction</i>	241
15.2	<i>Types of Addictive Substances</i>	245
15.3	<i>Conceptual Framework</i>	246
15.4	<i>Socio-economic Context</i>	249
15.5	<i>Key Drivers of Substance Abuse</i>	250
15.6	<i>Addiction Mitigation Strategies</i>	252
15.7	<i>Conclusion</i>	256
	<i>References</i>	257
16	Internet Addiction and Mental Health among College Students in Malawi	261
	Tiwonge D. Manda, Edister S. Jamu, Elias P. Mwakilama, and Limbika Maliwichi-Senganimalunje	
16.1	<i>Introduction</i>	261
16.2	<i>Literature Review</i>	263
16.3	<i>Methodology</i>	267
16.4	<i>Results and Discussion</i>	271
16.5	<i>Conclusion</i>	278
	<i>References</i>	279

17	Curbing Tobacco Addiction in Kenya: Ethical and Legal Challenges Arising	281
	Smith Ouma and Jane Wathuta	
17.1	<i>Introduction</i>	281
17.2	<i>Stakeholders in Tobacco Production and Control in Kenya</i>	282
17.3	<i>Marketing and Sale Approaches in Favour of Tobacco Companies</i>	283
17.4	<i>Prevalence of Tobacco Use and Addiction in Kenya</i>	285
17.5	<i>Public Health Implications of Tobacco Addiction</i>	286
17.6	<i>Legal and Policy Interventions on Tobacco Addiction in Kenya</i>	288
17.7	<i>Ethical Consideration</i>	293
17.8	<i>Conclusion</i>	300
	<i>References</i>	300
18	Conclusion: Defining the Future of Addiction Research in South and East Africa	307
	Yamikani Ndasauka and Grivas Muchineripi Kayange	
	Index	311

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LIST OF FIGURES

Fig. 13.1	Selected demographic characteristics of the study population by country	220
Fig. 13.2	Overall alcohol prevalence by country	221
Fig. 13.3	Overall alcohol prevalence by country, separately by men and women	221
Fig. 13.4	Prevalence of addiction by country	223
Fig. 16.1	Distribution of IAT total scores	271
Fig. 16.2	Proportions of reported IAT score ranges for study participants	272
Fig. 16.3	Description of IAT scores by level of study	273
Fig. 16.4	Proportions of IAT scores by age group	274
Fig. 16.5	Distribution of IAT score ranges by year of study in college	275
Fig. 16.6	Description of probable common mental disorder students	276
Fig. 16.7	Scatter plot of IAT and SRQ total performances	277
Fig. 16.8	Distribution of existence or non-existence of common mental disorder within each IAT category	278

LIST OF TABLES

Table 3.1	Cannabis value in African culture	40
Table 3.2	Cannabis seizures in Africa	45
Table 9.1	Semiotic nature of the codes	150
Table 9.2	WhatsApp and Facebook abbreviations	152
Table 9.3	WhatsApp and Facebook abbreviations and language	154
Table 12.1	Main classes of drugs of abuse, their main molecular targets, and some of the mechanism(s) by which they increase DA in NAc	202
Table 13.1	Average number of days spent drinking alcohol within a specified period	222
Table 16.1	Socio-demographic characteristics of study participants by gender	268
Table 16.2	Description of IAT total score ranges	270
Table 16.3	Proportions of IAT score ranges by age group	272
Table 16.4	Measure of association between IAT scores and socio-demographic variables	273
Table 16.5	Proportions of probable CMD symptom existence by gender	276