

Guide to

Assessment Scales in
Bipolar Disorder

Second Edition

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Eduard Vieta

Director of the Bipolar Disorders Program
Hospital Clinic
University of Barcelona
Spain

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Author biography

Eduard Vieta is Professor of Psychiatry and the Director of the Bipolar Disorders Program of the Hospital Clinic at the University of Barcelona, Spain. His program is dedicated to providing excellent healthcare for people with bipolar disorder, education and research, and has received worldwide recognition. Professor Vieta also serves as Director of Research at the Clinical Institute of Neuroscience at the same institution and has been an invited Professor at Harvard University, Boston, USA.

Professor Vieta's research focuses on the neurobiology and treatment of bipolar disorder. His programme has been at the forefront of research in the area of emerging treatments, both pharmacological and psychological, including atypical antipsychotics, antiepileptic drugs, novel compounds, and psychoeducation. Since 2001, his research programme has been funded by the Stanley Medical Research Institute, Bethesda, USA, and he currently leads the Bipolar Research Program at the Spanish Research Network on Mental Disorders, funded by the Spanish Ministry of Science and Innovation. He has made significant contributions to many of the published treatment guidelines on bipolar disorder, including the American Psychiatric Association guidelines and the World Federation of Societies of Biological Psychiatry guidelines.

He has authored more than 300 original articles, over 200 book chapters and 25 books on bipolar disorder. He is also a member of the group on Deconstructing Psychosis for the development of DSM-V. He sits on the editorial board of 16 international scientific journals, including *Bipolar Disorders*, *Journal of Clinical Psychiatry*, *Psychopathology*, *Psychotherapy and Psychosomatics*, and reviews articles for more than 30 others. He has been the recipient of several international awards for excellence in bipolar disorder including the Aristotle Award in 2005 and the Mogens Schou Award in 2007.