

# **Plastic and Hand Surgery in Clinical Practice**

# Plastic and Hand Surgery in Clinical Practice Classifications and Definitions

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 Springer

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To my parents in whose footsteps I aspire to follow  
To my husband whose footsteps I walk alongside  
To my children whose footsteps I chase

# Preface

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## **THE PLASTIC SURGEON'S CREED**

Millard DR, Jr

“Know the ideal beautiful normal. Diagnose what is present; what is diseased, destroyed, displaced or distorted; and what is in excess. Then, guided by the normal in your mind's eye, use what you have to make what you want- and when possible go for even better than what would have been.”

## **THE PRINCIPLES OF PLASTIC SURGERY**

Gillies HD, Millard DR, Jr: The Principles and Art of Plastic Surgery. 1st Ed Boston. Little, Brown & Co 1957.

“Plastic surgery is a constant battle between blood supply and beauty.

Observation is the basis of surgical diagnosis.

Diagnose before you treat.

Make a plan and a pattern for this plan.

Make a record- sketches and photographs.

The lifeboat another flap or skin graft.

A good style will get you through- dexterity and gentleness.

Replace what is normal in normal position and retain it there.

Treat the primary defect first - borrow from Peter to pay Paul only when Peter can afford it.

Losses must be replaced in kind.

Do something positive- start with a landmark or two pieces that definitely fit.

Never throw anything away- a preserved piece may be used later.

Never let routine methods be your master.

Consult other specialists.

Speed in surgery consists of not doing the same thing twice.

The aftercare is as important as the planning.

Never do today what can honourably be put off till tomorrow- when in doubt, don't.

Time, although the plastic surgeon's most trenchant critic, is also his greatest ally."

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