

CURRENT CLINICAL UROLOGY

ERIC A. KLEIN, MD, SERIES EDITOR

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Jeannette M. Potts
Editor

Essential Urology

A Guide to Clinical Practice

2nd Edition

 Humana Press

Editor

Jeannette M. Potts
Men's Health Consultant
Palo Alto, CA, USA

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For my beloved, Dr. Christopher Payne, whose invaluable support and assistance helped to make this edition even better than the first.

Preface

This is the new and greatly improved edition of *Essential Urology*. I consider myself very fortunate to have been given the opportunity to make improvements on what has already been one of the most successful books in the urology series.

As before, this textbook covers all aspects of urological health and disease as it presents in patients during various life stages. It serves as a primer for general urologists, primary care physicians, obstetricians and gynecologists, pediatricians, and allied health-care providers. Life stages addressed include childhood, young adulthood, sexual functioning, fertility, pregnancy, and urological conditions occurring in adulthood or those associated with aging. Chapters are dedicated to conditions specific to gender, age, or setting. For example, urinary tract infections are addressed in separate chapters as UTI pertains to specific patient populations: UTI in children, prostatitis in men, UTI in setting of nephrolithiasis and during pregnancy, and finally UTI associated with neurogenic bladder, catheterization, and sexually transmitted infections.

Significant improvements made to this edition include many exciting new revisions and updates, as well as the addition of four new chapters: one focusing on dermatological conditions affecting the genitourinary region, another pertaining to male infertility, another comprising an overview of alternative and complementary medicine, and finally a comprehensive review of male and female sexual functioning.

As a board certified family physician who has dedicated nearly 20 years to an exclusive urological practice, I am honored by the collaboration of so many experts, my friends and colleagues, who have made this textbook possible. But I am likewise privileged to share this resource with the medical community.

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Contributors

Ragi Doggweiler Division of Urology, Department of Surgery, University of Tennessee Medical Center, Knoxville, TN, USA

Michael L. Eisenberg Department of Urology, Stanford University Medical Center, Stanford, CA, USA

Christopher S. Elliott Department of Urology, Stanford University, Stanford, CA, USA

Richard Ghavami Department of Radiology, Morton Plant Mease Healthcare, Clearwater, FL, USA

Jason P. Gilleran Department of Urology, Oakland University William Beaumont School of Medicine, Beaumont Health System, Royal Oak, MI, USA

Richard W. Grady Department of Urology, Seattle Children's Hospital, University of Washington, Seattle, WA, USA

Mitchell R. Humphreys Department of Urology, Mayo Clinic Arizona, Phoenix, AZ, USA

Emily C. Keller Department of Dermatology, Cleveland Clinic, Cleveland, OH, USA

John C. Lieske Professor of Medicine, Mayo Clinic, Rochester, MN, USA

Kevin R. Loughlin Division of Urology, Brigham and Women's Hospital, Boston, MA, USA

Mark J. Noble Glickman Urologic Institute, Cleveland Clinic, Cleveland, OH, USA

Christopher K. Payne Department of Urology, Stanford University, Stanford, CA, USA

Kenneth M. Peters Department of Urology, Oakland University William Beaumont School of Medicine, Beaumont Health System, Royal Oak, MI, USA

Jeannette M. Potts Men's Health Consultant, Palo Alto, CA, USA

Martin B. Richman Urology Specialists of West Florida, Safety Harbor, FL, USA

Jonathan H. Ross Division of Pediatric Urology, Department of Urology, University Hospitals Rainbow Babies and Children's Hospital, Cleveland, OH, USA

George Stern Department of Radiology, Morton Plant Mease Healthcare, Clearwater, FL, USA

Kenneth J. Tomecki Department of Dermatology, Cleveland Clinic, Cleveland, OH, USA

Jonathan A. Wu Department of Urology, Stanford University Medical Center, Stanford, CA, USA