PHARMACOTHERAPY OF DEPRESSION

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Edited by

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SPRINGER SCIENCE+BUSINESS MEDIA, LLC

© 2004 Springer Science+Business Media New York
Originally published by Humana Press Inc. in 2004

humanapress.com

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ANSI Z39.48-1984 (American National Standards Institute)
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Production Editor: Robin B. Weisberg.

Cover design by Patricia F. Cleary.

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The fee code for users of the Transactional Reporting Service is: [1-58829-139-1/04 \$25.00].

ISBN 978-1-4757-6172-6

Library of Congress Cataloging-in-Publication Data

Pharmacotherapy of depression / edited by Domenic A. Ciraulo, Richard I. Shader.

p. : cm.

Includes bibliographical references and index.

Additional material to this book can be downloaded from <http://extras.springer.com>.

ISBN 978-1-4757-6172-6 ISBN 978-1-59259-792-5 (eBook)

DOI 10.1007/978-1-59259-792-5

1. Depression, Mental--Chemotherapy. 2. Antidepressants.

[DNLM: 1. Depressive Disorder--drug therapy. 2. Bipolar Disorder--drug therapy. 3. Depressive Disorder--complications. WM 171 P5364 2004] I. Ciraulo, Domenic A. II. Shader, Richard I., 1935- RC537.P465 2004

616.85'27061--dc22

2003028090

PREFACE

For many years, we have taught clinical psychopharmacology to residents in psychiatry, neurology, and medicine, as well as to medical students, nurses, psychologists, counselors, and social workers. We have also maintained active clinical practices and research programs. It is our hope that these experiences have produced a book that will serve as a resource in antidepressant therapy for clinicians from many different disciplines.

The purpose of *Pharmacotherapy of Depression* is to provide a comprehensive overview of antidepressant therapy for clinicians. The contents have evolved from our years of seminars, lectures, and case discussions with our trainees and from our continuing medical education programs. We have tried to provide sufficient depth in reviews of the research literature to support clinical recommendations without burdening the reader with information that has little relevance to the clinical use of antidepressants.

We are indebted to the outstanding clinician scientists who have contributed to this volume and to our students who have guided us in its development. We hope that the reader will find that the final product represents a solid foundation for clinicians who are, or will be, prescribing antidepressants. It comes very close to replicating the formal didactics that our trainees experience. Although in practice we supplement this with intensive supervision of patient management, we hope that *Pharmacotherapy of Depression* will stand alone as a guide to the use of medications for the treatment of depressive illness.

Domenic A. Ciraulo, MD
Richard I. Shader, MD

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