
Female Pelvic Surgery

Farzeen Firoozi
Editor

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 Springer

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To my wife, Kelly, who, in addition to contributing a chapter for the book, also gave generously in allowing me those late nights and weekends to complete my first book. Her support is the driving force behind everything I have been able to accomplish in life.

To my boys, Sam and Alex, who have asked me earnestly every night to read them my new book when it's completed. I am thankful for their genuine excitement and support for their father's book.

Finally, I also dedicate this book to Tahmoures Firoozi, MD, FACS: my best friend, my mentor, and my father. Thank you for teaching me, above all, everything that cannot be learned from a book.

Foreword

Medicine is an ever-changing world, and the specialty of Female Pelvic Medicine and Reconstructive Surgery (FPMRS) is a product of that world. Practice as we know it now is developing rapidly in ways we never imagined. Value-based care delivery and optimization of a patient's throughput are clearly the center pieces of the new health system, and all the while quality of care and patient-centered outcomes are more important considerations than ever. Thus, the timeliness of this book is so significant.

Dr. Firoozi has put together an outstanding list of authors and contributors to this book who truly believe in this new-age philosophy of collaborative innovation and practice state-of-the-art Female Pelvic Medicine and Reconstructive Surgery. Our continued evolving understanding of female pelvic health disorders and of available new management techniques is highlighted in this book. Furthermore, there is tremendous balance in the recommendations made herein, as there are always pros and cons in surgical and interventional therapies. One of the more striking attributes of this book is that it details some areas that are not as commonly discussed and offers tremendous insight into subjects such as neovaginas and complex reconstructive surgery of the female lower urinary tract.

This book should serve as a valuable reference for the practicing pelvic surgeon and aid in dealing with the increasingly complex patient whom one sees in practice. It should serve as a model for the continued cross-collaboration of the disciplines of urogynecology and female urology as the team concept continues to evolve on behalf of all of our patients and their improved quality of lives.

Cleveland, OH

Sandip P. Vasavada, M.D.

Preface

The subspecialty of female pelvic medicine and reconstructive surgery, while still in its infancy, has grown in leaps and bounds over the last decade. There have been significant innovations in the fields of research and treatment of female pelvic floor disorders. This growth has been due in large part to the collaboration of urologists and gynecologists.

Technology and regulatory requirements are constantly evolving; thus, this book was envisaged to provide a compendium of information for the practicing urologist, gynecologist, female urology specialist, and urogynecologist. It draws from all these areas of medicine, with experts from varied training backgrounds, and truly represents a collaborative effort. The goals of this book are twofold: to report an updated account of the current literature and to provide the basic and advanced surgical techniques for the management of common and uncommon diseases within the domain of female pelvic medicine and reconstructive surgery.

It is my hope that the internationally recognized contributors to this book have created a text that is both accessible and integral to the readers. I genuinely believe that this book is a significant and valuable addition to the library of those who practice in or aspire to enter the field of female pelvic medicine and reconstructive surgery.

Lake Success, NY

Farzeen Firoozi, M.D., F.A.C.S.

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