

Minimally Invasive
Surgery for Achilles Tendon
Disorders in Clinical Practice

Nicola Maffulli • Mark Easley
Editors

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 Springer

Editors

Nicola Maffulli
Mile End Hospital
London
United Kingdom

Mark Easley
Duke Health Center
Durham
North Carolina
USA

Originally published as part of Minimally Invasive Surgery of the Foot and Ankle (ISBN-978-1-84996-417-3) in 2011.

ISBN 978-1-4471-4497-7 ISBN 978-1-4471-4498-4 (eBook)
DOI 10.1007/978-1-4471-4498-4
Springer London Heidelberg New York Dordrecht

Library of Congress Control Number: 2012951635

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Printed on acid-free paper

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Preface

The tendo Achillis, the largest and strongest tendon in the body, is the most frequently injured. Overuse and acute injuries plague it, their management is complex, the results not guaranteed. A few things, however, hold true: there is not much scientific evidence behind what we do, and there is much controversy about anything we do in this particular field. Also, the rate of complications of traditional surgery is staggeringly high: in the management of tendinopathy, traditional techniques result in 10 % of patients experiencing a complication related to skin healing. It is therefore not surprising that less invasive techniques have been advocated. In this book, we illustrate the most advanced minimally invasive techniques: they can be hard to master, but they are for the benefit of the patients.

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