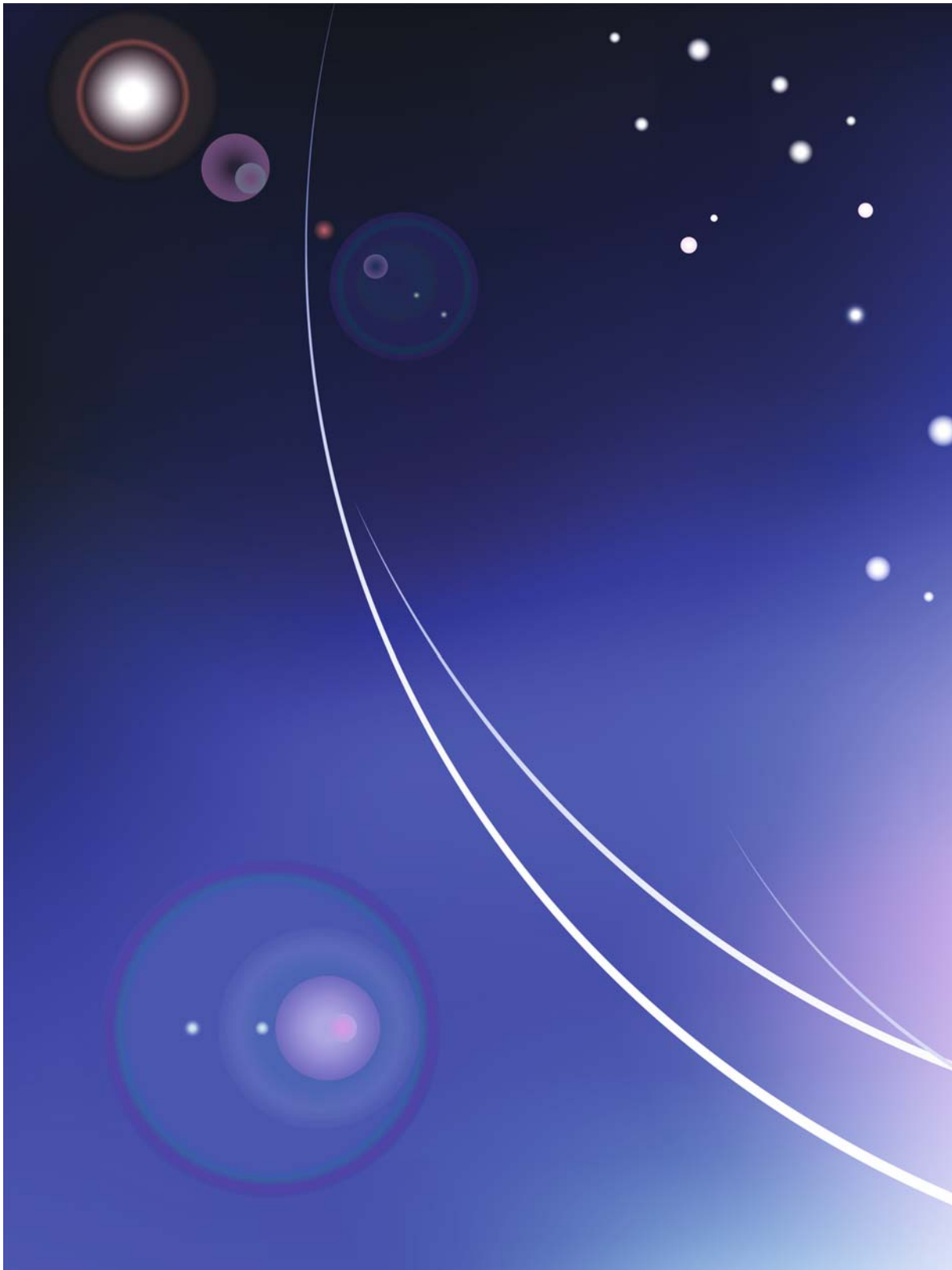


# The Astronaut's Cookbook



# The Astronaut's Cookbook

*Tales, Recipes, and More*

By Charles T. Bourland  
and Gregory L. Vogt

 Springer

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This book is dedicated to the astronauts who lost their lives pursuing their dreams to explore the frontier of space.

Apollo 1, January 27, 1967

Virgil "Gus" Grissom  
Edward H. White II  
Roger B. Chaffee

Shuttle STS-51L Challenger, January 28, 1986

Francis R. (Dick) Scobee  
Michael J. Smith  
Ellison S. Onizuka  
Judith A. Resnik  
Ronald E. McNair  
Sharon Christa McAuliffe  
Gregory Jarvis

Shuttle STS-107 Columbia, February 1, 2003

Rick D. Husband  
William C. McCool  
Michael P. Anderson  
David M. Brown  
Kalpana Chawla  
Laurel B. Clark  
Ilan Ramon



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FIGURE 1 Lost mission patches.

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Charles T. Bourland spent 30 years at the NASA Johnson Space Center developing food and food packages for spaceflight. He began his work during the *Apollo 12* program and continued through the early years of the International Space Station. During his career at NASA he was involved in the *Apollo* recovery ship food, Zero G testing aboard the Zero G plane, quarantine food systems, and planetary-based food systems for the Apollo program, Skylab, the Apollo-Soyuz Test Program, the shuttle program, and the International Space Station.

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