**PSYCHOLOGICAL PROBLEMS OF
THE CHILD AND HIS FAMILY**

Psychological Problems of

EDITED BY

AND

A TEXTBOOK OF BASIC CHILD AND ADOLESCENT
PSYCHIATRY FOR STUDENTS AND PRACTITIONERS OF
MEDICINE AND THE MENTAL HEALTH PROFESSIONS.

the Child and His Family

Paul D. Steinhauer
Quentin Rae-Grant

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The editors would like to dedicate this book to
DRS. E. JAMES ANTHONY, LEON EISENBERG, and the late **HYMAN S. LIPPMAN**
whose example and friendship have had such an influence
on their careers in academic child psychiatry,
and to their colleagues on the
Committee on Child and Adolescent Psychiatry,
Department of Psychiatry,
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Preface

Preparing an introductory text presents an intriguing series of challenges to the editors. The text must be basic enough to be readily comprehensible, while approaching its subject matter in an authoritative and comprehensive way. It must order and present a large number of facts and key concepts in a language and in a manner that are clear, organized, and sequential. Highly technical terms and concepts must be so presented that even the reader new to the area can relate them to his own experience or to concrete illustrations supplied by the text. If it is to succeed in its task, it is not enough that it be read and memorized; it must be understood and even enjoyed.

Psychological Problems of the Child and His Family is intended to present the basic principles of child and adolescent psychiatry while meeting the above criteria. It attempts to cover the broad subject area of child and adolescent psychiatry from biological, developmental, psychoanalytic, and systems perspectives. Even more important, it attempts to integrate these conceptual approaches so that readers from a variety of disciplines are guided towards a practical approach in understanding and dealing with patients and their families.

Throughout the text, the child is viewed as both an individual, with his own internal network of drives and defences, and as a member of a family and social system. An integration between these inner (intrapsychic) and outer (interpersonal and social) aspects of the child's reality is continually kept in focus. Consistent emphasis is placed on the

process of development and on the effects of blocks and deviations in the development of the child's personality and functioning.

It is hoped that the concepts and topic areas of psychological disturbance in the child and his family are conveyed in a clear and well-organized manner. Determined efforts have been made to minimize the use of jargon. Students and practitioners of medicine and allied professions do not require familiarity with psychiatric terminology to understand and follow the text. Where technical terms are used, they are clearly defined. Key concepts are illustrated by schematic diagrams and brief clinical vignettes. A glossary of medical and technical terms is included, and key references are annotated to help the interested reader pursue in greater depth areas of his own inclination.

The editors would like to express their appreciation to their colleagues on the Committee on Child and Adolescent Psychiatry, Department of Psychiatry, University of Toronto, who have made available at all times their knowledge, their experience, and their friendship. In addition, we would like to thank the following, without whose assistance the text could not have been prepared: Mr. Allan Kaplan, for his help in the preparation of the bibliography and in indexing; Mr. John Fanning, for his assistance in the preparation of the glossary; Mr. David Steinhauer, for proofreading and editorial assistance; the secretarial staff of the Department of Psychiatry, Hospital for Sick Children, with special thanks to Miss Barbara Wood for the typing and preparation of the manuscript.

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P.D.S. and Q.R.-G.