From Psychiatric Patient to Citizen

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**Overcoming Discrimination
and Social Exclusion**

Liz Sayce

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List of Abbreviations

AA	Alcoholics Anonymous
ACAS	Advisory, Conciliation and Arbitration Service (UK)
ADA	Americans with Disabilities Act 1990
APA	American Psychiatric Association
ASA	Advertising Standards Authority (UK)
DBTAC	Disability and Business Technical Assistance Center (US)
DDA	Disability Discrimination Act 1995 (UK)
DfEE	Department for Education and Employment (UK)
DoJ	Department of Justice (US)
DREDF	Disability Rights Education and Defense Fund (US)
DSM	Diagnostic and Statistical Manual (US)
DSS	Department of Social Security (UK)
EAP	Employee Assistance Program (US)
ECT	Electro-convulsive therapy
EEOC	Equal Employment Opportunity Commission (US)
FBI	Federal Bureau of Investigation (US)
HEA	Health Education Authority (UK)
HUD	Housing and Urban Development Department (US)
INS	Immigration and Naturalization Service (US)
JAN	Job Accommodation Network (US)
MRI	Magnetic Resonance Imaging
NAMI	National Alliance for the Mentally Ill (US)
NARPA	National Association of Rights Protection and Advocacy (US)
NHS	National Health Service (UK)
Nimby	Not in My Back Yard
NSF	National Schizophrenia Fellowship (UK)
SAMHSA	Substance Abuse and Mental Health Services Administration (US)
SSI	Supplemental Security Income
SANE	Schizophrenia: A National Emergency (UK)
WHO	World Health Organization

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I am enormously grateful to all the user/survivor and disability leaders, policy makers, advocates, lawyers, mental health professionals and academics, in the US, the UK and beyond, who have shared their views and time with me and in many cases gone to considerable trouble to assist my research.

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This book is partly about how to break down barriers to enable user/survivors to be part of different 'communities'. At best, communities can provide us with many things, including personal identity, a common purpose with others, support, friendship, feedback – and a sense that we belong in a social world. I am part of a generation of women who have built networks of friends, replacing older geographical communities. I would like to thank my family and my 'community'.

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