CARING AND COMMUNICATING

The Interpersonal Relationship in Nursing
FACILITATORS' MANUAL

Second Edition

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The companion textbook for students, by the same authors:

Caring and Communicating: The interpersonal relationship in nursing

This student textbook of communicating and caring is ideal for Project 2000 and other basic nursing courses, including midwifery, health visiting, nurse tutor and management courses. It should also interest students in related professions such as occupational therapy, physiotherapy, radiography and social work, and it gives practical guidance for everyday use.

Caring and Communicating is unique in addressing the interpersonal relationship from both the 'caring' and 'interpersonal skills' aspects, which the authors believe to be complementary and inseparable. It does this in two distinct but interrelated parts. 'Caring and Nursing' examines what it means to care for another person and how care is experienced by the recipient. 'Communicating and Nursing' explores theory and research findings related to the role of communication skills in the practice of nursing care. It also describes some of the theory and reports research findings focusing directly on nurse education, whilst advocating 'experiential learning'. Three strands run through each part: theory; a review of recent research, including the authors' own, with insights into the research process in this field; and practical activities to aid learning and to enhance skills.

The book's other strengths are its range and depth, its clarity and readability, worked examples and exercises, references and further reading. Furthermore, its research and experiential base is highly congruent with modern educational approaches in nursing and health. Coupled with a high standard of academic references, it offers a wealth of good material for the advanced student to follow up, and so can extend to degree and diploma level.

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