PLAYING THE GAME

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Christine Poulter

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First published 1987

Published by
Higher and Further Education Division
MACMILLAN PUBLISHERS LTD
Houndmills, Basingstoke, Hampshire RG21 2XS
and London
Companies and representatives
throughout the world

Typeset by Wessex Typesetters
(Division of The Eastern Press Ltd)
Frome, Somerset

British Library Cataloguing in Publication Data

Poulter, Christine
Playing the game.

1. Acting

I. Title

792'.028 PN2061

ISBN 978-0-333-40385-3

ISBN 978-1-349-18604-4 (eBook)

DOI 10.1007/978-1-349-18604-4

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PREFACE

Actors preparing a role need to use their powers of observation and creativity. When performing the role on stage in front of an audience they need a whole range of presentational skills and plenty of self-confidence.

Directors and drama teachers often use games and exercises in the rehearsal/workshop situation to develop such skills, which are not only relevant to the drama and theatre world. If 'All the world's a stage' and everyone, at some time, is faced with situations which call for self-confidence and effective presentation (e.g. a job interview or committee meeting) then they too could benefit from preparation through the use of similar games and exercises.

Although written primarily for directors, drama teachers and drama students, this book will also be of use to anyone working with a group of people on the development of skills such as observation, imagination, presentation and self-confidence.

C.P.

Christine Poulter was Lecturer in Drama and Theatre Arts at the University of Birmingham and is now Drama Officer for Yorkshire Arts.

ACKNOWLEDGEMENTS

The author would like to acknowledge the following for their help: Carry Goorney and Interplay, Steve Trow and Jubilee Theatre, Imelda Foley and Northern Ireland Arts Council, Bernard and Mary Laughlin and the Tyrone Guthrie Centre, Annaghmakerrig, David Hirst, Sarah Mahaffy and, most of all, Tom Magill. In addition, I thank Tom Scott for his illustrations for the book.

Acknowledgement is also due to Jocelyn Powell, adviser, teacher and friend, who died in September 1986 and to whom this book is dedicated.