A HANDBOOK OF
TROPICAL PAEDIATRICS

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G. J. EBRAHIM

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**To:
The Residents and Nursing Staff,
Paediatric Department,
Muhimbili Hospital.**

Preface

The HANDBOOK OF TROPICAL PAEDIATRICS evolved out of the various regimens of treatment developed in the paediatric wards of the Muhimbili Hospital, Dar-es-Salaam. It was observed that in common with similar busy paediatric departments the quality of care tended to be better for day-time admissions as compared to children admitted at night or during week-ends. It became necessary to establish common standards of care for the guidance of interns and junior staff. These standards were further modified and simplified with experience. Facilities for investigation and treatment are naturally better in teaching hospitals as compared to regional and district hospitals and health centres. The various regimens were then further tried in these health institutions and modified in the light of the comments received.

In more recent years several Fellows of the UNICEF/WHO-sponsored Course for Senior Teachers of Child Health have used the above regimens in different centres in the developing world. Based on their comments the regimens have been revised and re-written and several improvements have been made.

A HANDBOOK OF TROPICAL PAEDIATRICS is one of a set of four manuals which together comprise the Health Centre Set. Each manual is intended for a specific member of the health team. The Handbook is meant for the "doctor" in the health team. It is hoped that the manuals of the Health Centre Set will help to raise the standards of teaching and care of children in the rural areas of the developing world.

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