Older People: Their Support and Care

By the same author

Health Needs of the Elderly

Older People: Their Support and Care

Gill Garrett

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MACMILLAN

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For David

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Preface

As the demographic tide continues to change our population profile towards an older and still ageing society, it becomes increasingly important for all groups with a 'caring' commitment to understand older people. The lives they lead, their contributions and their needs are vital considerations for students preparing to work with them, whether in a professional or a voluntary capacity, in community or institutional settings.

This book is intended as a broad backcloth against which age and ageing can be studied. It is written from a practical perspective, with numerous case studies and exercises for completion. The situations depicted within it seek to familiarise those new to the support and care of older people with the experiences they are likely to meet – as care assistants in residential homes, as nursing auxiliaries or support workers with health authorities, or as students on a variety of caring programmes.

My thanks are due to my husband, David Norfolk, for all the practical help and advice he has given me, and for his unfailing support whilst the book was being written. It could not have been done without him.

Gill Garrett

Bristol, March 1989

'Grow old along with me! The best is yet to be.' (Robert Browning)