CURRENT THEMES IN
PSYCHIATRY

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VOLUME 4

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Preface

It is a pleasure for me, a psychiatrist trained in both Great Britain and the United States, to be able to introduce this fourth volume of articles, based on lectures that colleagues have given recently in seminars for senior psychiatrists. These papers, like those in *Current Themes in Psychiatry*, Volumes 1, 2, and 3, cover a wide variety of research and development in modern psychiatry. Like Volume 3, the presentations are balanced between those from the United States and Great Britain, continuing to provide a transatlantic perspective.

The topics in this volume are very diverse, ranging from the care of the chronically mentally ill, to enkephalins, endorphins, and psychiatric disease. Concerns about community psychiatry are addressed once more by examining community psychiatric nursing and sociological perspectives of mental health and illness. A variety of treatments are reviewed by examining new psychotherapies and ECT. The important issues of the adverse effects of alcoholism are addressed, as are the effects of life events on health and illness.

Although many of the articles were prepared with senior clinicians in mind, they are highly relevant to students and junior colleagues as well.

FAWZY I. FAWZY, M.D.