CREATIVE WRITING

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A Practical Guide

Julia Casterton

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Preface

I have written this book for people who want to write, who know there is a writer inside them, but who find the leap of taking themselves seriously, and so beginning to write every day, an all but impossible one to take. Equally, it is for those who have written but are now silent. If you are a writer (and if you are there is a kind of death in not writing) you have to make many new beginnings – because of all the things in your life that can make you, for a time, lose your tongue. I hope this book will encourage those who have been silenced to hear again their own writer's voice: to take the risk of beginning again.

This book is dedicated to Hester Stanwood, the gift of a woman to her daughter, that she may never lose her tongue.