

**ANALYTICAL METHODS IN HUMAN
TOXICOLOGY**

**ANALYTICAL METHODS
IN
HUMAN TOXICOLOGY**

Part 1

Edited by

A. S. CURRY

M
MACMILLAN

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Introduction

Analytical toxicology encompasses a vast range of techniques. There will therefore be two types of readers who use these volumes: those who wish to find out the methods that are being used to solve a problem that has occurred in a particular area and those who need to see which technique is most pertinent to their area of research. The volumes reflect both approaches.

One theme is common, and this is the astonishingly small quantities of foreign materials that can be localised, identified and measured in the human body. One picogram is to one gram what one gram is to two hundred thousand five-ton elephants, and this analogy emphasises that the purity of all handling preparations in analytical toxicology must be ensured at all stages. So often a researcher may spend months, even years, tracking down a material that turns out to be a plasticiser, a wax or even a contaminant from the operator, possibly diurnal or sex-related. There is no easy way to overcome such problems except to read in depth the work of experts who have the greatest experience and it is the intention of these volumes to present such work.

Analytical toxicology does not stop when a particular compound has been traced and its metabolism followed in the body. The way in which it affects the normal action of the body can lead to dramatic consequences in medicine and some of the most modern advances concern toxicology at the cellular level. Indeed the entry of drugs into genetic pathways is being tracked by the analytical techniques that are described in these volumes.

Both the generalist and the specialist are concerned with the living and the dead, as are those who wish to produce better drugs to treat disease. Every life-saving or post-mortem analysis is a step towards understanding the very nature of life itself. The techniques now available cover the whole spectrum from the disintegration of molecules in mass spectroscopy to the immunological properties

of the body and the effect of light and radiation to reveal compounds within a cell.

The subject is fascinating in that there are so many ways to tackle a new problem. This, coupled with the high cost of 'black box' instruments, means that all of us need periodically to review the latest state of the art to help us decide which way to go.

It is the hope of the editor that the reader will find much of interest and of help in these volumes.

Reading, 1984

A. S. C.