

INDEX

A

Abstinence, 93, 113, 125, 126
Action figures, 9
Ambivalence, 68, 69, 137–139
Anorexia, 2–6, 8, 10, 11, 13, 45, 48,
49, 74, 75, 81–83, 88, 105,
110–112, 115, 124, 133

B

Battleground, 111–113, 118, 119,
124, 127, 129
Belonging, 52, 69, 73, 126, 138
Bigorexia, 8, 9
Binge-eating disorder, 3, 133
Bingeing, 18, 42, 44–48, 51, 52, 54,
55, 83, 110, 112, 113, 119, 124,
125, 141
Bulimia, 3, 6, 14, 42, 47–49, 74

C

Colonisation, 76, 103–119, 134, 138
Control, 3, 6, 14, 17, 43, 50, 53, 54,
56, 65–67, 70, 84, 85, 89–94,

103–119, 123, 128, 129, 131,
134, 135, 137
Crime, 42, 85, 92–93, 128

D

Diagnosis, 3–5, 12, 14, 22, 45, 53,
54, 105, 106

E

Emasculation, 7, 131
Embodiment, 142
Exercise
compulsive, 11, 82, 84, 92, 93, 96
excessive, 92, 141

F

Fat, 4, 16, 17, 40, 48–50, 55–57,
63–76, 125, 128, 130–132, 136
Feminine, 5, 13, 16, 55, 56, 68, 69,
73, 74, 104, 111, 112, 130, 132,
135, 138, 139
Femininity, 6–7, 13, 69, 71, 97

Feminism, 55, 56
 Force, 71, 72, 106, 108, 115, 117,
 129, 139
 Fragility, 73, 133
 Fugly, 48–50, 55–57, 65, 130, 131

G

Gaze, 6, 55
 Gender role conflict (GRC), 6, 7, 68,
 111, 112, 135, 139

I

Identity, 2, 6, 7, 12, 13, 71, 74–76,
 89, 91, 93, 94, 96–98, 112, 126,
 129, 130, 132, 133, 138
 Injury, 83, 84, 92, 95, 128
 Internalisation, 7, 8, 41, 54, 56, 139
 Interview, 11, 12, 20
 Introspective, 6, 26, 94
 Isolation, 11, 18, 52, 75, 87, 112,
 113, 140, 141

L

Laxatives, 17, 18, 43–47, 128
 Loneliness, 45, 55, 69, 75, 112, 133
 Lookism, 50, 56, 131

M

Masculine, 6–8, 11, 16, 54, 56, 67,
 68, 73, 111, 112, 132, 135–139
 Masculinity/Masculinities, 6, 7, 13,
 43, 56, 69, 71, 73, 94, 111, 126,
 127, 131, 135–139, 142
 hegemonic, 111, 112, 135–137,
 139
 Media, 3, 4, 11, 53, 68, 142
 MODE, *see* Muscularity-oriented
 disordered eating
 Mortality, 1, 5, 50

Muscle dysmorphia, 8
 Muscularity
 MODE, 7–10
 muscle, 8, 67
 Muscularity-oriented disordered eating
 (MODE), 7–10

N

Narcissism, 8

O

Otherwise Specified Feeding or Eating
 Disorder (OSFED), 4

P

Passing, 81–98, 135
 Perfectionism, 3, 8, 88–91
 Power, 10, 41, 56, 66, 68, 69, 71, 72,
 74, 106, 115–119, 135, 137
 Pro-Ana, 3, 70, 74–76, 138, 141
 Pro-Mia, 3, 70
 Punishing crucible, 7, 67, 127–129
 Punishment, 43–45, 81–98, 127,
 134
 Purging, 4, 5, 18, 43–49, 52, 55, 65,
 66, 124, 134, 141

R

Recovery, 10–13, 18, 52, 70, 75, 76,
 90–91, 96–98, 110, 119
 Reflexivity, 25–28, 140
 Restriction, 11, 49, 84, 85, 109, 118,
 125, 126, 129

S

Secret-keeping, 15, 41, 54, 89
 Sexuality, 6, 12, 16, 17, 22, 111, 130,
 136, 137

Socio-cultural, 2, 3, 8, 10, 11, 74,
142
Starving, 3, 18, 65, 75, 112, 124
Stigma, 5, 6, 11, 90–91, 97, 110, 111,
131, 132
Stoic, 52–55, 135, 138
Subjectivity, 25–28, 124
Suicide, 40–43, 50–52, 54, 85, 86,
128

T

Thauvin, 129–131
Trauma, 4, 42, 43, 54, 137
Treatment, 2–5, 12, 13, 45, 52–55,
97, 115, 130, 132

W

Wrecked, 63–76, 127, 128