
Bibliography

All the questions in this book are based on articles published in the monthly journal *Geriatric Medicine*, which is issued free to all British general practitioners.

The journal is dedicated to the better medical care of older patients and secures excellent articles from general practitioners and hospital doctors skilled in the management of the elderly. Regular reading of the journal will, over 2 or 3 years, cover virtually all aspects of geriatrics and would also represent good grounding for the Diploma in Geriatric Medicine.

Most practitioners have access to the big multi-author textbooks edited by J. C. Brocklehurst (*Geriatric Medicine and Gerontology, 3rd edn*, published by Churchill Livingstone, price £70) and M. S. J. Pathy (*Principles and Practice of Geriatric Medicine*, published by John Wiley & Sons, price £62.50), at least one of which will be in every medical library of any size. *Practical Geriatric Medicine* (edited by A. N. Exton-Smith and M. E. Weksler, published by Churchill Livingstone, price £34), although of smaller size, is a first-rate textbook. Most of the relevant subjects are covered by these works.

Certain specific books have been recommended by the Royal College of Physicians as good reading for this examination. They include:

Books on Ageing and the Elderly Situation Generally

These books cover old age and its significance in a wide range of aspects.

Carver V, Liddiard P (ed) (1978) *An ageing population*. Hodder & Stoughton, Open University Press (£5.75, paperback) (An Open University introduction to ageing in the community)

Shegog RFA (ed) (1981) *The impending crisis of old age; a challenge to ingenuity*. Nuffield Provincial Hospitals Trust (£10.50) (How care is organised and delivered, and the possibilities of the future)

Thompson MK (1984) *The care of the elderly in general practice*. Churchill Livingstone, London (£14.95) (An excellent book dealing especially with the viewpoint of the general practitioner)

Practical Management of Medical Problems and Rehabilitation

Hamdy RC (1984) *Geriatric medicine—a problem orientated approach*. Bailliere Tindall, London (£9.95) (This book provides a succinct analysis of common problems, e.g. weight loss, backache and itching, as they present at primary care level)

Caird FI, Kennedy RD, Williams BO (1983) *Practical rehabilitation of the elderly*. Pitman, London (£7.95) (An overview of the rehabilitation field with specific examination of individual methods)

Bibliography

Bones, Joints and Orthopaedic Problems

- Devas M (ed) (1977) Geriatric orthopaedics. Academic Press, London (£32) (A 'classic' on the surgery of bones and joints, particularly arthritis and fractures)
- Wright V (ed) (1983) Bone and joint disorders in the elderly. Churchill Livingstone, London (£20) (Covering all the major arthropathies and common diseases of bone)

The CNS and the Mind

- Caird FI (ed) (1982) Neurological disorders in the elderly. Wright, Bristol (£10.50) (The likely CNS diseases; how to examine, investigate and treat them)
- Hinchcliffe R (ed) (1983) Hearing and balance in the elderly. Churchill Livingstone, London (£32) (A 500 page multi-author reference work. The chapters on dizziness, ataxia and falls make good reading)
- Levy R, Post F (ed) (1982) The psychiatry of late life. Blackwell, Oxford (£14.80) (Essential reading, especially on physical/psychiatric illness, medication and how to make psychogeriatric services work)

The Internal Environment, the Alimentary Tract and the Heart

- Exton-Smith AN, Caird FI (eds) (1980) Metabolic and nutritional disorders in the elderly. Wright, Bristol (£13.50)
- Hellems J, Vantrappen G (eds) (1984) Gastrointestinal tract disorders in the elderly. Churchill Livingstone, London (£20)
- Martin A, Camm AJ (eds) (1984) Heart disease in the elderly. Wiley, New York (£24)

Examination or not, anyone working with the elderly will be glad of having access to these books. Nowadays many of the really challenging aspects of adult medicine arise in the older patient, as will be evident at most post-graduate meetings.