# Elicitation by a discriminative stimulus of water-reinforced behavior and drinking in water-satiated rats

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A stimulus previously trained as an  $S^D$  generated both water-reinforced responding and drinking when presented to rats satiated for water during the former  $S^\Delta$  condition. The results could not be attributed to the passage of time inherent in the satiation criterion, nor to specific stimulus properties of the  $S^D$ .

It is a common observation that a rat satiated for food or water in a testing chamber often resumes eating or drinking when returned to his living cage. Similarly, a rat having access to food or water ad lib in his home cage frequently responds appropriately to a food- or water-reinforcement schedule when placed in a testing chamber. In an effort to specify one stimulus condition under which both water-reinforced behavior and drinking can be generated from the water-satiated rat, a protocol reported by Skinner (1938, p. 195) was modified and extended to a water-reinforcement situation and supported with control groups. Skinner described his initial experiment as follows: "A discrimination was established in which S<sup>D</sup> was a click. The reflex  $sS^{\Delta} \cdot R$  was then reinforced continuously until the drive was so low that elicitation was interrupted. When the rat had not responded for several minutes, the click was presented. Except for extremely low degrees of hunger, the click was invariably followed by a response. The response no longer occurred in the presence of  $S^{\Delta}$ , although it had been continuously reinforced, but it immediately occurred in the presence of SD." Specifically, the present experiment was designed to demonstrate that a stimulus previously established as an SD for water-reinforced behavior can, when presented, generate such behavior and drinking in the "water-satiated" rat.

## SUBJECTS

The Ss were 32 male Sprague-Dawley rats, tested in four groups of eight each. Each rat weighed approximately 225 g when his group began testing.

## APPARATUS

Training and testing were accomplished in a Lehigh Valley Rat Rotor that housed each group of eight rats in separate, identical chambers. The chambers also served as living quarters between sessions. Dry food pellets were available to each rat at all times. Stimulus conditions were controlled with electromechanical circuitry. Each chamber periodically contained (1) a lever, which required a 13-g downward force for a response to register (each leverpress was converted by a pulse former to a 50-msec pulse), (2) an electrically isolated dipper mechanism and reservoir, programmed to enable 5-sec presentation of a cup containing 0.1 ml of water, (3) a pair of stimulus lamps of 2 W mounted above the water, both of which were activated by the pulsed leverpress, (4) a "houselight" of 15 W, which served to define  $S^D$  or  $S^{\Delta}$  conditions, and (5) a drinkometer connection to the grid floor and dipper, which enabled the recording of the first lick following reinforcement.

## PROCEDURE

## Group I

CRF training. During a 3-h session that followed 24 h of water deprivation, each of eight rats was first trained on CRF with the houselight on.

Discrimination training. For three subsequent 3-h sessions separated from one another by 21 h, each rat was exposed to S<sup>D</sup> (houselight on) -S<sup> $\Delta$ </sup> (houselight off) training. S<sup>D</sup> and S<sup> $\Delta$ </sup> alternated during this discrimination training phase: S<sup>D</sup> was presented for 30-sec intervals, during which all

responses made while the dipper was down were reinforced;  $S^{\Delta}$  duration was 5 min, and during these periods leverpresses were unreinforced. By the end of training, few  $S^{\Delta}$  responses were emitted during the 2-h session.

Test session.  $S^{\Delta}$  (houselight off) conditions were in effect at the outset of the next 3-h session, designated the test session, and for the first time rats were reinforced for each leverpress during  $S^{\Delta}$ . Only when 5 min elapsed without a response was  $S^{D}$  (houselight on) presented, with the CRF contingency remaining in effect.  $S^{D}$ then continued until 5 min of no responding elapsed, at which time  $S^{\Delta}$ was reinstated.  $S^{D}$  and  $S^{\Delta}$  conditions continued to be alternated in this way during the 3-h session whenever 5 min of no responding occurred under either condition. CRF remained in effect throughout the test session.

#### Group II

This group served as a control for the possibility that responding might resume after 5 min of no responding during the test session regardless of stimulus conditions. All aspects of the procedure were identical to those for Group I, except that the SD condition (houselight on) was never instituted during the test session.

#### Group III

This group served as a control for the possibility that "houselight on" might constitute a unique S<sup>D</sup> during the test session. The procedure was identical to that for Group I, except that S<sup>D</sup> and S<sup> $\Delta$ </sup> conditions were reversed during both training and testing S<sup>D</sup> consisted of houselight off and S<sup> $\Delta$ </sup> of houselight on.

#### Group IV

This group served as a control for the possibility that periodic presentation of the houselight during discrimination training, irrespective of its temporal correspondence with the reinforcement contingency, could be a

Table	1
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Resp	onding During the	First SD Preser	ntation of	the Test Se	ession
Group	Discrimination Training Period	SD Condition During Test Session	Incidence o Respond- ing During First 5 Min of SD	of Median Latency of First S <sup>D</sup> Respons	Median Number of Responses During First SD ae Period
I	$S^{D} = Light$ $S^{\Delta} = Dark$	Light	7/8	21 Sec†	26†
II	$S^{D} = Light$ $S^{\Delta} = Dark$	None: Dark- ness Remains	1/8*	> 300 Sec	0
111	$S^{D} = Dark$ $S^{\Delta} = Light$	Dark	8/8	12 Sec†	33†
IV	None: Light on Randomly	Light	2/8**	> 300 Sec	0

\*The latency of the one responder was 240 sec.

\*\*The latencies of the two responders were 60 and 96 sec.

 $\dagger$ Latencies and numbers of responses from Groups I and III were significantly different from those from Groups II and IV (p < .002, Mann-Whitney U test).



Fig. 1. Cumulative curves on the test day from rats in Groups I and II. (A) A typical record of a rat from Group I, which is also typical of rats in Group III. The initial component of the cumulative curve represents water-reinforced CRF responding in the former  $S^{\Delta}$  condition. Following 5 min of no responding,  $S^{D}$ was presented (first arrow) and CRF responding resumed. CRF responding in the S<sup>D</sup> condition is emphasized by signal marks on the cumulative curve. Following 5 min of no responding in S<sup>D</sup>, S<sup> $\Delta$ </sup> was reinstated and an additional 5 min of no responding occurred. Presentation of S<sup>D</sup> at that time (second S<sup>D</sup> arrow) generated CRF responding, and this behavioral cycle was repeated once more before responding ceased for a prolonged time. All reinforced responses were followed by licking, shown as signal marks on the baseline. (B) The record of the one rat from Group I that failed to respond within 5 min of the first SD presentation. Note that subsequent presentations of SD were followed with short latencies by responding. (C) A typical record of a rat from Group III. The former S<sup>D</sup> condition was never presented during the test session. Note that there is no tendency in this S to respond when 5 min of no responding elapsed. The part of the cumulative curve identified with signal marks is the only part where responding would have occurred in  $S^{D}$  had not  $S^{\Delta}$  been sustained throughout this session.

factor affecting results from Group I. The procedure was identical to that of Group I, except that during "discrimination training," the houselight was randomly presented for 30-sec intervals once during each 5-min period when reinforcement was unavailable but never during the 30-sec period during which reinforcement was available. In this group, of course, no stimulus discrimination was "discrimination possible during training," but the temporal qualities of schedule enabled the early the development of FI behavior in some rats.

## RESULTS AND DISCUSSION

The data from Groups I and III (Table 1; Fig. 1A) reveal that the stimulus condition formerly serving as an S<sup>D</sup>-elicited water-reinforced behavior in water-satiated Ss. Fifteen out of 16 Ss in these two groups responded within 5 min of the time the S<sup>D</sup> condition was instituted, despite their just having omitted responding for 5 min during a condition under which a CRF contingency remained in effect. Even the single animal that failed to respond within 5 min of the time S<sup>D</sup> was first presented did so on subsequent exposure to S<sup>D</sup> (Fig. 1B).

Although the two records illustrated in Fig. 1 (A and B) indicate no  $S^{\Delta}$ responding subsequent to the initial satiation phase of the test session, several of the rats in Groups I and III did occasionally emit responses during  $S^{\Delta}$  late in the test session. This responding, however, consistently differed from S<sup>D</sup> responding: the latency of responding, when it occurred following S<sup>D</sup> presentation, was briefer and the number of responses was greater than after S<sup> $\Delta$ </sup> presentation.

With one negligible exception (Footnote A in Table 1), rats in Group II failed to respond during the 5 min that followed 5 min of no responding (cf. Fig. 1C); data from this group show that there is little likelihood of water-reinforced responding shortly after 5 min of no responding in a CRF period, unless there is an appropriate stimulus change. Similarly, the data from Group IV indicate that a stimulus condition with which Ss have had experience but which has not served as an S<sup>D</sup> is also inadequate to elicit responding in water-satiated Ss.

A stimulus previously established as an  $S^D$  for water-reinforced behavior has thus been shown to generate such behavior in water-satiated rats. Not only do rats respond under such conditions, they also consume the water reinforcement, as shown by drinkometer records [e.g., Fig. 1 (A and B)]. These data extend a finding using food-reinforced behavior briefly mentioned by Skinner (1938), the substance of which has been confirmed previously for food reinforcement in a study similar to the present one (Weissman, 1961).

When being transferred to a working chamber or to a home cage under conditions alluded to at the outset of this report, a S is most certainly exposed to S<sup>D</sup> conditions. The emission of reinforced and consummatory behavior despite "satiation" in such circumstances may be regarded as a specific example of the phenomenon presently studied.

SD presentation, under the present protocol, cannot be said to elicit psychogenic polydipsia of the sort frequently described by Falk (for a review, see Falk, 1969), since the drinking that occurs when SD is presented is not sustained for prolonged times. Nevertheless, the present experiment serves to specify another example of stimulus conditions that are probably unrelated to physiological thirst but that can clearly generate drinking when drinking would otherwise have little probability of occurring.

### REFERENCES

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