



Ursolic acid sensitized colon cancer cells to chemotherapy under hypoxia by inhibiting MDR1 through HIF-1 α *

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Abstract: Objective: To explore the efficacy of ursolic acid in sensitizing colon cancer cells to chemotherapy under hypoxia and its underlying mechanisms. Methods: Three colon cancer cell lines (RKO, LoVo, and SW480) were used as in vitro models. 5-Fluorouracil (5-FU) and oxaliplatin were used as chemotherapeutic drugs. Cell viability and apoptosis were tested to evaluate the sensitivity of colon cancer cells to chemotherapy. The transcription and expression levels of hypoxia-inducible factor-1 α (HIF-1 α), multidrug resistance gene 1 (MDR1), and vascular endothelial growth factors (VEGF) were assessed by quantitative real-time polymerase chain reaction (qRT-PCR) and immunoblotting. Cycloheximide and MG132 were used to inhibit protein synthesis and degradation, respectively. In vitro tube formation assay was used to evaluate angiogenesis. Results: We demonstrated the chemosensitizing effects of ursolic acid with 5-FU and oxaliplatin in three colon cancer cell lines under hypoxia. This effect was correlated to its inhibition of MDR1 through HIF-1 α . Moreover, ursolic acid was capable of inhibiting HIF-1 α accumulation with little effects on its constitutional expression in normoxia. In addition, ursolic acid also down-regulated VEGF and inhibited tumor angiogenesis. Conclusions: Ursolic acid exerted chemosensitizing effects in colon cancer cells under hypoxia by inhibiting HIF-1 α accumulation and the subsequent expression of the MDR1 and VEGF.

Key words: Ursolic acid, Colon cancer, Hypoxia-inducible factor-1 α (HIF-1 α), Multidrug resistance gene 1 (MDR1), Drug resistance

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1 Introduction

Colorectal cancer (CRC) is the third most common malignancy and the second leading cause of cancer-related death worldwide (Siegel *et al.*, 2016). In China, the morbidity of CRC has been greatly increasing due to the change of people's life style

(Chen *et al.*, 2016). Although the survival rates of stages I, II, and III CRC are relatively high if detected early, the prognosis of stage IV CRC is still poor, and most patients need chemotherapy because of synchronous or postoperative metastasis. Although advances in chemotherapy have occurred in the past decades, the overall response rates remain unsatisfactory (Gustavsson *et al.*, 2015). Chemoresistance of tumors is believed to be responsible for the failure of this strategy. Therefore, it is urgently vital to overcome chemotherapy resistance in CRC patients.

CRC undergoes hypoxia like many other solid tumors. There is a general understanding that the

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hypoxic microenvironment can promote tumor progression as well as drug resistance (Selvakumaran *et al.*, 2013; Zhang *et al.*, 2013; Liu *et al.*, 2015). One of the first reported molecular mechanisms explaining the contribution of hypoxia to drug resistance was the finding that the hypoxia-inducible factor 1 α (HIF-1 α) was able to activate the multidrug resistance gene 1 (MDR1), which encodes for the P-glycoprotein (P-gp) that decreases intracellular drug concentration by acting as a drug efflux pump (Bellamy, 1996; Chen *et al.*, 2014). It is therefore highly valuable to find novel ways to block the expressions of HIF-1 α and MDR1 in tumor cells under hypoxic stress (Nabekura, 2010).

Ursolic acid (3 β -hydroxyurs-12-en-28-oic acid, UA) is a pentacyclic triterpenic acid found in a variety of natural plants, including Chinese medicinal herbs. Hon-Yeung CHEUNG is the first scientist reporting on this compound, which is found in *Hedyotis diffusa* Willd. and *Prunell avulgaris* L. (Cheung *et al.*, 2006; Cheung and Zhang, 2008). It exhibits a broad range of pharmacological effects such as anti-inflammatory, antiviral, antioxidant, and hepatoprotective activities (Feuillolay *et al.*, 2016; Kashyap *et al.*, 2016; Siegel *et al.*, 2016), and has proven to be effective in treating various types of cancers including CRC (Pathak *et al.*, 2007; Prasad *et al.*, 2012; Lin *et al.*, 2013; Kadioglu and Efferth, 2015). Several mechanisms by which UA acts as a chemosensitizer have been proposed, such as pro-apoptosis (Meng *et al.*, 2015) and anti-angiogenesis (Lin *et al.*, 2013). In addition, UA was found to be capable of affecting multiple signaling pathways including nuclear factor- κ B (NF- κ B) (Prasad *et al.*, 2012), signal transducer and activator of transcription-3 (STAT3) (Pathak *et al.*, 2007), and phosphatidylinositol 3-kinase/Akt/mammalian target of rapamycin (PI3K/Akt/mTOR) (Meng *et al.*, 2015), among others. Here we showed that UA could sensitize colon cancer cells to both 5-fluorouracil (5-FU) and oxaliplatin under hypoxia by inhibiting the expressions of HIF-1 α and its downstream effector MDR1.

2 Materials and methods

2.1 Reagents

UA (purity 98%, analytical standard; Sigma-Aldrich, St. Louis, MO, USA) was dissolved in di-

methyl sulfoxide (Sigma-Aldrich), aliquoted, and stored at -20°C . Cycloheximide and MG132 were purchased from Sigma. 5-FU (fluorouracil injection, 10 ml:0.25 g) was purchased from the Shanghai Xudonghaipu Pharmaceutical Co. Ltd., China. Oxaliplatin for injection (50 mg/bottle) was purchased from Sanofi (Hangzhou, China). HIF-1 α small interfering RNA (siRNA) and MDR1 siRNA were purchased from GenePharma (Shanghai, China). The primary antibodies including HIF-1 α and MDR1 were purchased from Cell Signaling Technology (Danvers, MA, USA). The secondary antibodies were purchased from Santa Cruz Biotechnology (Dallas, TX, USA).

2.2 Cell culture

Human colon cancer cell lines (RKO, LoVo, and SW480) were purchased from the American Type Culture Collection (ATCC; Manassas, VA, USA). SW480 cells were cultured in Leibovitz's L-15 medium, LoVo cells were cultured in F-12K medium, and RKO cells were cultured in Eagle's minimum essential medium. These mediums were supplemented with 10% (v/v) fetal bovine serum (FBS; Thermo Fisher Scientific, Waltham, MA, USA), 100 U/ml penicillin, and 100 mg/ml streptomycin. Cell lines were maintained in a humidified atmosphere of 5% CO₂ at 37 $^{\circ}\text{C}$. Hypoxic conditions (1% O₂) were established in a sealed chamber using the BBL GasPak Plus anaerobic system envelopes with a palladium catalyst (Becton Dickinson, Cockeysville, MD, USA).

2.3 Cell proliferation assay

Cell proliferation was evaluated by measuring the mitochondrial dehydrogenase activity, using 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT) as the substrate. The absorbance was measured at 570 nm using an MRX Revelation 96-well multiscanner (Dynex Technologies, Chantilly, VA, USA).

2.4 Apoptosis assay

We used a fluorescein-conjugated Annexin V (Annexin V-FITC)/propidium iodide (PI) staining kit (Sigma-Aldrich) to assess the apoptosis of the cells. Briefly, 1×10^6 cells were treated with indicated doses of chemicals for 48 h. Cells were harvested and stained with assay reagents, and cell apoptosis was

determined by flow cytometry using FACSCaliber (Becton Dickinson, Franklin Lakes, NJ, USA).

2.5 RNA extraction and quantitative real-time PCR analysis

Total RNA was isolated from cells treated with chemicals for 48 h using QiaShredder columns and the RNeasy kit from Qiagen (Hilden, Germany) according to the manufacturer's instructions. The primers used were: 5'-GTTTGATTTTACTCATCCAT-3' and 5'-TTCATAGTTCTTCCTCGG-3' for *HIF-1 α* ; 5'-CTTGGCAGCAATTAGAAC-3' and 5'-TCAGCAGGA AAGCAGCAC-3' for *MDR1*; RNA was reverse-transcribed using the PrimeScript™ RT reagent kit (TaKaRa-Bio, Tokyo, Japan) to generate the first strand complementary DNA (cDNA). Quantitative real-time polymerase chain reaction (qRT-PCR) was performed on a StepOnePlus™ quantitative real-time PCR system (Thermo Fisher Scientific). β -Actin was used as the internal control. SYBR® Premix Ex Taq™ was used according to the instructions of the manufacturer (TaKaRa-Bio). All primers were synthesized by Sangon Biotech (Shanghai, China).

2.6 Immunoblotting

Western blot analysis was performed as described before (Shan et al., 2016) with minor adjustments. Briefly, 5×10^5 cells were incubated in the presence or absence of UA or in combination with oxaliplatin for 48 h and were lysed in a sample buffer (Pierce, Rockford, IL, USA). Protein (60 μ g) was loaded into a 5% (0.05 g/ml) to 10% (0.10 g/ml) gradient sodium dodecyl sulfate-polyacrylamide gel electrophoresis (SDS-PAGE) and transferred to a nitrocellulose membrane. The membrane was then incubated with the respective primary and secondary antibodies. Signals were detected using a chemiluminescence kit (Pierce).

2.7 *HIF-1 α* and *MDR1* knockdown in CRC cell lines

Using siRNA, the expressions of *HIF-1 α* and *MDR1* were knocked down in three cell lines. Pre-miRNA RNA interference (RNAi) sequences for the target genes *HIF-1 α* and *MDR1* were designed and synthesized by Sangon Biotech (Shanghai, China). Transfections were performed using Lipofectamine 2000 (Invitrogen, Carlsbad, CA, USA) according to the manufacturer's protocol. Six hours later, the transfection medium was replaced using a

complete medium. *HIF-1 α* and *MDR1* siRNAs were transfected into cells at a concentration of 100 nmol/L. The efficiency of siRNA interference was evaluated after 48 h using a Western blot as previously described (Shan et al., 2016).

2.8 In vitro tube formation assay

In vitro tube formation assay was performed according to the manufacturer's instructions (Chemicon, Shanghai, China). Briefly, 1×10^5 human umbilical vein endothelial cells (HUVEC) were serum-starved in 0.2% (v/v) FBS-containing media for 18 h, and then incubated in the presence or absence of UA (20 μ mol/L) or in combination with 5-FU for 24 h under hypoxia. Tube formation was monitored for 2–6 h in a conditioned medium. Cell images were taken using a microscope.

2.9 Statistical analysis

All experiments were repeated at least three times and the data are presented as a mean and standard deviation (SD). Prism 6 (GraphPad, San Diego, CA, USA) was used to perform statistical analysis. The Student's *t*-test was used for comparison between each treatment group and its corresponding control group, and a value of $P < 0.05$ was considered statistically significant.

3 Results

3.1 Hypoxia-induced drug resistance of colon cancer cells

To exam the effect of hypoxia on colon cancer cells that were exposed to chemotherapeutic drugs, we compared the cell viabilities of three colon cancer cell lines (RKO, LoVo, and SW480) treated with 5-FU and oxaliplatin under normoxic and hypoxic conditions. As shown in Figs. 1a and 1b, cells were more resistant to the chemotherapeutic drugs when experiencing hypoxia. Overexpressions of *HIF-1 α* and *MDR1* were detected in both the mRNA and protein levels (Figs. 1c and 1d).

3.2 Role of UA in chemoresistance of colon cancer cells under hypoxia

We then tested the role of UA in hypoxia-induced chemoresistance in colon cancer cells.

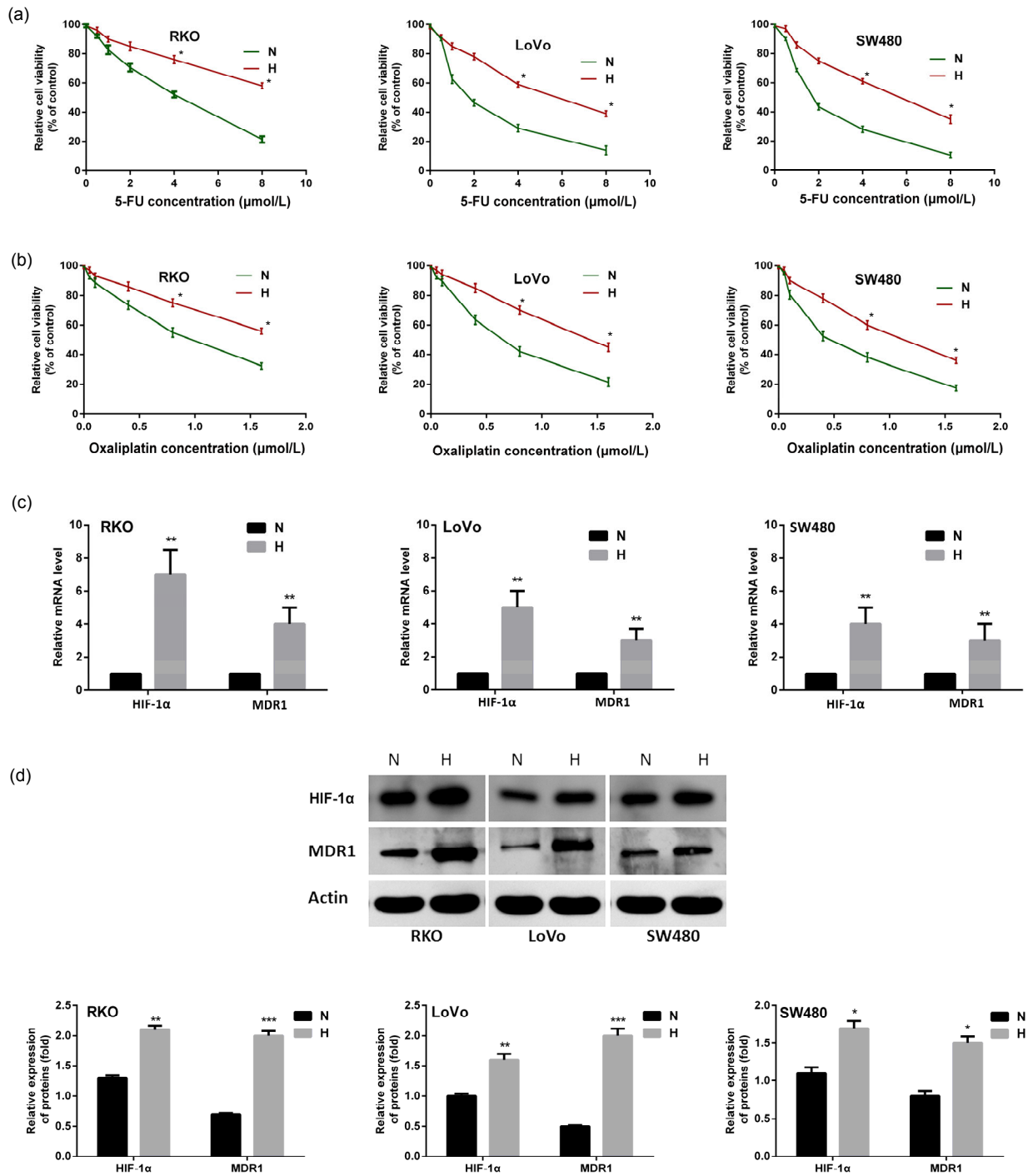


Fig. 1 More resistance of colon cancer cells to chemotherapy under hypoxia, accompanied by HIF-1α and MDR1 overexpression

Three colon cancer cells were cultured under normoxic (20% O₂) or hypoxic (1% O₂) conditions with 5-FU (a) or oxaliplatin (b) for 24 h, and cell viability was examined using MTT assays. Overexpressions of HIF-1α and MDR1 were detected in both mRNA (c) and protein (d) levels after the cancer cells were exposed to hypoxia. Data are expressed as mean±SD of triplicate experiments. * *P*<0.05, ** *P*<0.01, *** *P*<0.005, compared to normoxia. N: normoxia; H: hypoxia

Encouragingly, the addition of UA recovered chemosensitivity in all cell lines tested (Figs. 2a and 2b). Flow cytometry analysis also showed that the addition of UA restored the sensitivity of cells to 5-FU under hypoxia compared to normoxia (Fig. 2c). These results suggest that UA could restore the sensitivity of colon cancer cells to chemotherapeutic drugs under hypoxia.

3.3 Inhibitive effect of UA on MDR1 expression under hypoxia

To figure out the mechanism by which UA acts as a chemosensitizer, we focused on MDR1 which has

previously proven to be induced by hypoxia. Different from the previous findings that UA could inhibit the function of MDR1 (Nabekura *et al.*, 2010), we found that UA decreased MDR1 expression under hypoxia in a dose-dependent manner (Fig. 3a). However, it did not influence its constitutional expression under normoxia (Fig. 3b). We further used cycloheximide to stop protein synthesis, and found that the addition of UA did not have an obvious effect on protein stability (Fig. 3c). In contrast, UA significantly reversed the up-regulation of MDR1 induced by MG123, a specific proteasome inhibitor that can block protein degradation in all the three cell lines (Fig. 3d).

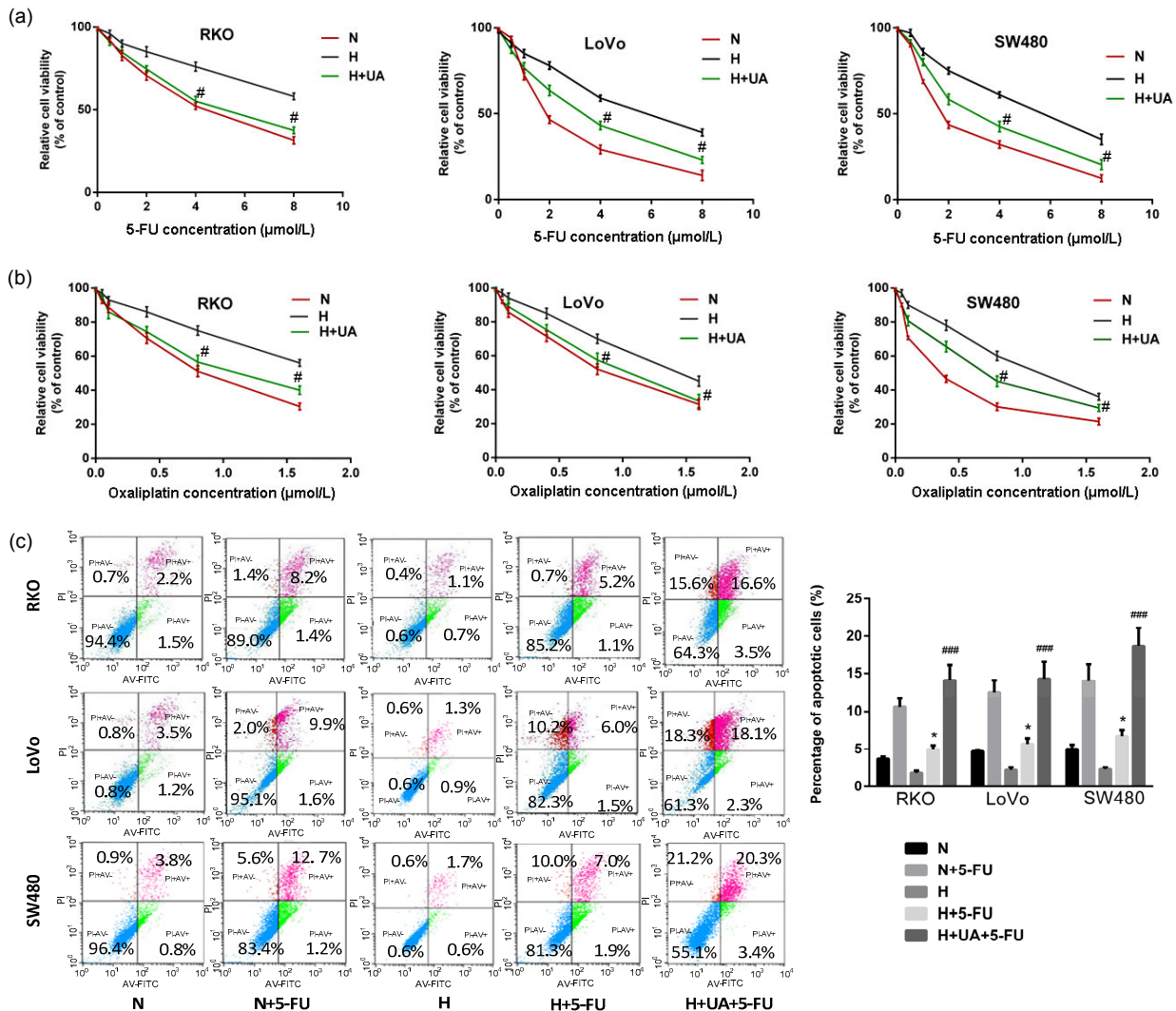


Fig. 2 Effect of UA on sensitivity of colon cancer cells to chemotherapeutic drugs under hypoxia

Cells were pretreated with UA (20 $\mu\text{mol/L}$) for 24 h in normoxia. Cells were then cultured under normoxic (20% O_2) or hypoxic (1% O_2) conditions with 5-FU (a) or oxaliplatin (b) for 24 h. Cell viability was evaluated using MTT assays. (c) Flow cytometry analysis of apoptotic colon cancer cells treated with 5-FU alone or combined with UA under normoxia and hypoxia. Data are expressed as mean \pm SD of triplicate experiments. * $P < 0.05$, compared to N+5-FU; # $P < 0.05$, ### $P < 0.005$ compared to hypoxia. N: normoxia; H: hypoxia

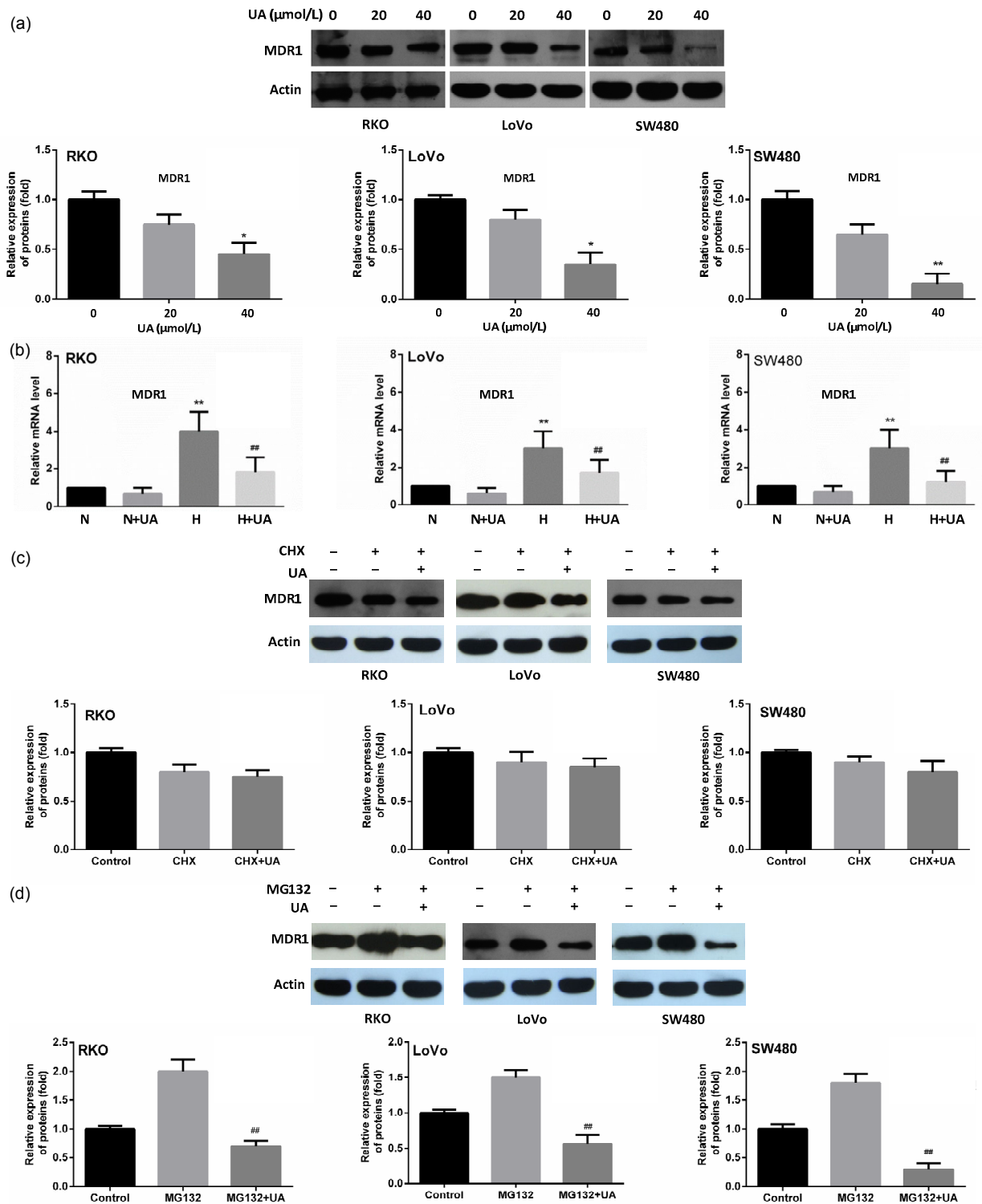


Fig. 3 Inhibitive effect of UA on MDR1 expression under hypoxia

(a) Cells were cultured under hypoxia and were treated with UA (0, 20 and 40 $\mu\text{mol/L}$, respectively) for 24 h. MDR1 expression was detected using immunoblotting. * $P < 0.05$, ** $P < 0.01$, compared to 0 $\mu\text{mol/L}$ UA group. (b) Cells were treated with 20 $\mu\text{mol/L}$ UA under normoxic and hypoxic conditions and MDR1 mRNA was examined by quantitative RT-PCR. ** $P < 0.01$, compared to normoxia; ## $P < 0.01$, compared to hypoxia. (c) Cells were treated with 50 $\mu\text{g/ml}$ of cycloheximide (CHX) for 24 h, followed with subsequent treatment of UA (20 $\mu\text{mol/L}$) for another 24 h. MDR1 abundance was examined in all three cell lines using Western blot. (d) Cells were treated with 100 $\mu\text{mol/L}$ of MG132 for 24 h, followed with subsequent treatment of UA (20 $\mu\text{mol/L}$) for another 24 h. MDR1 expression was detected using Western blot. Data are expressed as mean \pm SD of triplicate experiments. ## $P < 0.01$, compared to MG132 group

3.4 Inhibitive effect of UA on MDR1 through HIF-1 α inhibition

Since *MDR1* is an *HIF-1 α* target gene and it was reported that UA was capable of inhibiting *HIF-1 α* (Wang *et al.*, 2016), we wondered whether HIF-1 α mediates UA-induced MDR1 down-regulation. We observed that under hypoxia, inhibition of HIF-1 α resulted in lower MDR1 levels, while MDR1 inhibition did not influence the expression of HIF-1 α , confirming the transcriptional regulation of MDR1 by HIF-1 α (Figs. 4a and 4b). UA significantly reduced hypoxia-induced accumulation of *HIF-1 α* mRNA with little effect on its constitutional expression under normoxia (Fig. 4c). In hypoxia, UA also down-regulated the expression of HIF-1 α in a dose-dependent manner (Fig. 4d). Moreover, the knocking down of *HIF-1 α* using its specific siRNA resulted in a similar reduction of both *HIF-1 α* and *MDR1* to that of UA treatment (Fig. 4e). The addition of UA in *HIF-1 α* knockdown cells further abolished the residual HIF-1 α and completely abrogated MDR1 (Fig. 4e). These data strongly suggested that UA inhibited MDR1 through inhibiting HIF-1 α .

3.5 Inhibitive effect of UA on hypoxia-induced VEGF expression and angiogenesis

Given that many downstream genes, including VEGF, are regulated by HIF-1 α , we also investigated the effects of UA on VEGF expression and angiogenesis. Hypoxia significantly induced VEGF overexpression, and UA was capable of blocking this induction. This effect was further improved by combining with 5-FU (Figs. 5a and 5b). Using HUVEC cells as an in vitro model, UA was found to inhibit hypoxia-induced angiogenesis with or without 5-FU combination (Fig. 5c).

4 Discussion

Currently, many strategies have been developed to enhance the effects of chemotherapy, including the use of biomaterial vectors (Kang *et al.*, 2015), combination of synergistic small-molecule chemicals (Bai *et al.*, 2014), nanoparticle formulation (Ni *et al.*, 2015), etc. Apart from its direct tumor-suppressing role reported in many types of cancers (Li *et al.*, 2010; Prasad *et al.*, 2016), UA has also been identified as a promising natural material showing chemosensitizing

effects (Nabekura, 2010; Weng *et al.*, 2014). However, the underlying mechanisms are not fully understood. In this study, we showed that UA was able to inhibit hypoxia-induced expression of HIF-1 α and its downstream effector MDR1, through which it sensitized colon cancer cells to chemotherapeutic drugs under hypoxic conditions.

CRC cells are exposed to the hypoxic environment pathologically, and HIF-1 α accumulates in those cells partly due to impaired degradation (Lee *et al.*, 2010). In addition, treatment of chemotherapeutic drugs can also stimulate HIF-1 α transcription even in cells under normoxic conditions (Cao *et al.*, 2013). As a result, cancer cells either under hypoxic stress or exposed to chemotherapeutic drugs are supposed to have high levels of HIF-1 α . On the contrary, normal cells rarely suffer from hypoxic stress and therefore only have physiological levels of HIF-1 α . As UA could only inhibit pathologically accumulated HIF-1 α but not its constitutional expression, it seems to be a good choice in this context.

Our study reported that UA reversed chemoresistance of three colon cancer cells to 5-FU and oxaliplatin under hypoxia through three aspects as follows: hypoxia conferred chemoresistance to colon cancer cells by inducing the overexpressions of HIF-1 α and MDR1; UA sensitized colon cancer cells to chemotherapeutic drugs under hypoxia; UA inhibited MDR1 expression through regulating HIF-1 α but not protein stability. To our best knowledge, this is the first report showing that UA acts as a chemosensitizer through the HIF-1 α -MDR1 axis in colon cancer cells to enhance the cytotoxicity of chemotherapeutic drugs under hypoxia.

As an HIF-1 α inhibitor, UA could in theory modify all the downstream events linked with increased HIF-1 α . For instance, HIF-1 α is associated with enhanced apoptosis resistance (Kilic *et al.*, 2007), while UA could promote apoptosis in many conditions and various types of cancer (Kashyap *et al.*, 2016). Moreover, we also detected decreased apoptotic tumor cells by the terminal deoxynucleotidyl transferase dUTP nick end labeling (TUNEL) assay under hypoxia, which could be reversed by UA (data not shown). Additionally, inhibition of angiogenesis by UA was also confirmed by our current study and previous works (Shan *et al.*, 2009; 2011), which was also involved with HIF-1 α accumulation. Therefore,

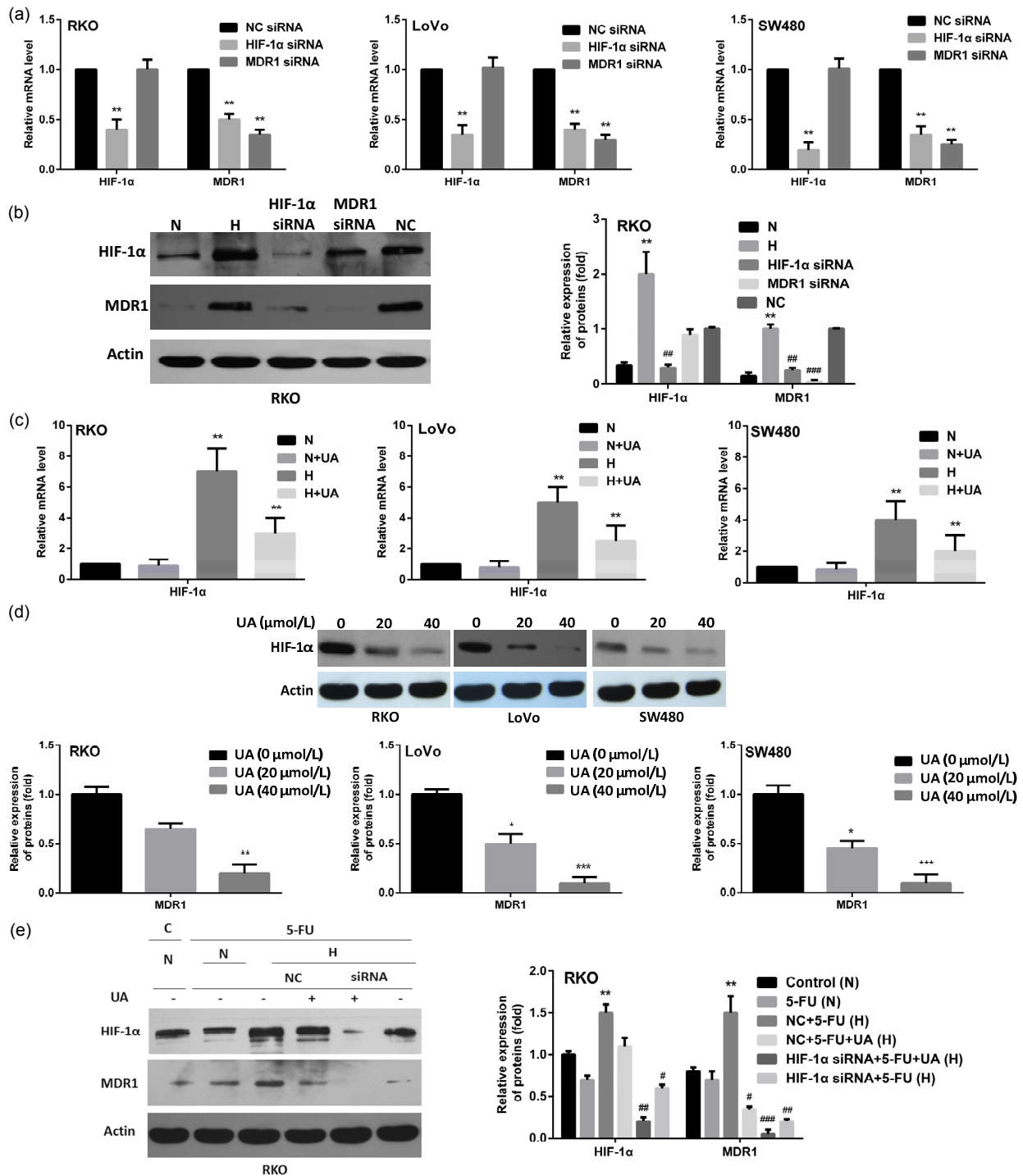


Fig. 4 UA-induced MDR1 down-regulation by inhibiting HIF-1α

(a) Cells were transfected with either 100 nmol/L non-silencing (control) siRNA or *HIF-1α*- or *MDR1*-specific siRNA. The expressions of *HIF-1α* and *MDR1* mRNA were quantified using qRT-PCR 48 h after transfection. ** $P < 0.01$, compared to non-silencing (control) siRNA. (b) Cells were either untreated or treated with 100 nmol/L non-silencing siRNA or *HIF-1α*- or *MDR1*-specific siRNA for 48 h. The expressions of HIF-1α and MDR1 were detected using immunoblotting. Cells under normoxic conditions were used as the control. ** $P < 0.01$, compared to normoxia; ### $P < 0.01$, #### $P < 0.005$, compared to hypoxia. (c) Cells were treated with 20 μmol/L UA under normoxic and hypoxic conditions and *HIF-1α* mRNA was examined by using quantitative RT-PCR. ** $P < 0.01$, compared to normoxia. (d) Cells were cultured under hypoxia and were treated with UA (0, 20, and 40 μmol/L, respectively) for 24 h. MDR1 expression was detected using immunoblotting. * $P < 0.05$, ** $P < 0.01$, *** $P < 0.005$, compared to UA (0 μmol/L). (e) RKO cells were treated with or without *HIF-1α*-specific siRNA or UA under normoxia and hypoxia in the presence of 5-FU and the expressions of HIF-1α and MDR1 were detected using Western blot. ** $P < 0.01$, compared to control; # $P < 0.05$, ## $P < 0.01$, ### $P < 0.005$, compared to NC+5-FU. Data are expressed as mean±SD of triplicate experiments. N: normoxia; H: hypoxia; C: control; NC: non-specific control

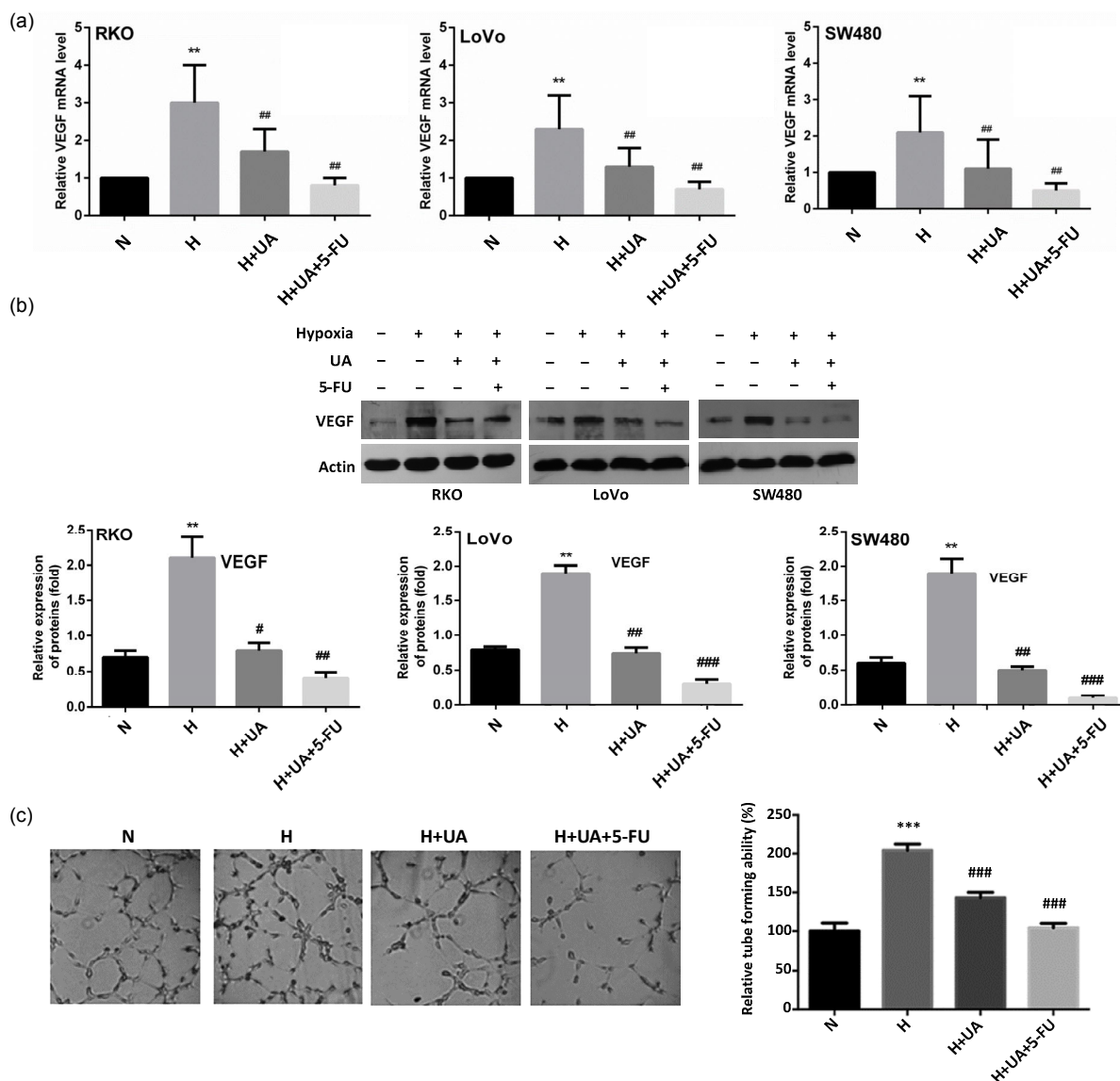


Fig. 5 Inhibitive effect of UA on VEGF expression and subsequent angiogenesis

(a, b) In all the three colon cancer cell lines tested, UA (20 $\mu\text{mol/L}$) with or without 5-FU inhibited hypoxia-induced *VEGF* expression. (c) Tube formation of HUVEC cells was disturbed by UA with or without 5-FU in hypoxia. Data are expressed as mean \pm SD of triplicate experiments. ** P <0.01, *** P <0.005, compared to normoxia; # P <0.05, ## P <0.01, ### P <0.005, compared to hypoxia. N: normoxia; H: hypoxia

UA could be a promising candidate to combine with current chemotherapy to reverse drug resistance and enhance tumor cell apoptosis under hypoxia.

5 Conclusions

In conclusion, we demonstrated that UA was able to inhibit MDR1 expression by down-regulating

hypoxia-induced HIF-1 α accumulation, which may, at least partially, explain the role of UA in reversing chemoresistance of colon cancer cells under hypoxia.

Compliance with ethics guidelines

Jian-zhen SHAN, Yan-yan XUAN, Qi ZHANG, and Jian-jin HUANG declare that they have no conflict of interest.

This article does not contain any studies with human or animal subjects performed by any of the authors.

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中文概要

题目: 熊果酸在低氧状态下通过抑制低氧诱导因子 1 α (HIF-1 α) 和多药耐药基因 1 (MDR1) 对结肠癌细胞化疗药物增敏的实验研究

目的: 探索在低氧状态下熊果酸对结肠癌细胞化疗增敏的作用及其机制。

创新点: 首次发现了熊果酸对结肠癌细胞株有化疗增敏作用, 这种效果与抑制 HIF-1 α 和 MDR1 相关。熊果酸在低氧条件下还能抑制肿瘤新生血管生成。

方法: 分别在常氧和乏氧状态下, 在三种结肠癌细胞株 RKO、LoVo 和 SW480 对 5-FU 和奥沙利铂的细胞增殖和凋亡实验中, 观察熊果酸对提高结肠癌细胞化疗的敏感性 (图 1 和 2)。通过定量实时聚合酶链反应和免疫印迹评估 HIF-1 α 、MDR1 和血管内皮生长因子 (VEGF) 的基因转录和蛋白表达水平 (图 3 和 4)。通过体外血管形成实验来评价熊果酸对新生血管抑制作用 (图 5)。

结论: 熊果酸在乏氧状态下抑制 HIF-1 α 的积累和 MDR1 的基因和蛋白表达, 并抑制新生 VEGF 的表达, 同时对结肠癌细胞化疗有增敏作用。

关键词: 熊果酸; 结肠癌; 低氧诱导因子 1 α (HIF-1 α); 多药耐药基因 1 (MDR1); 耐药