

Neuroinflammation, Its Role in Alzheimer's Disease and Therapeutic Strategies

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Abstract

Neuroinflammation precedes the clinical onset of various neurodegenerative diseases, including Alzheimer's disease (AD), by years or frequently even decades (1-3). In terms of the underlying physiology, there is a great need for understanding and controlling interactions between the central nervous system (CNS) and the immune system in an attempt to develop approaches to prevent or delay the disease's progression. Nerve cells have limited motion capability, whereas immune cells can migrate freely via circulation. This difference raises a variety of questions in the context of senile plaque formation and phagocytosis. Broad-scale unbiased genomic studies bring several genetic variants such as sialic acid binding Ig-like lectin 3 (CD33), triggering receptor expressed on myeloid cells 2 (TREM2) or complement receptor type 1 (CR1) into the focus of researchers' attention as potential risk factors for neuroinflammation. In addition, advanced proteomic analyses have been revealing links between these genetic contributors and complex, malfunctioning signaling pathways (including the upregulation of factors like tumor necrosis factor TNF- α , tumor growth factor TGF- β and interleukin IL-1 α) that promote proinflammatory mechanisms via intracellular signaling and trafficking, synaptic function, and cell metabolism/ proliferation. In AD, the brain's microglia and astrocytes, which are normally responsible for maintaining the homeostasis of synaptic transmission and its remodeling by pruning, are the initiators of neuroinflammation and toxic tau and amyloid- β (A β) accumulation. Thus, they drive the CNS into a state of sustained or even self-accelerated deterioration. Here we aim to review the cell types and mediators involved in neuroinflammation and AD, the symptom manifestation in clinical settings, and potential candidates for improving diagnosis and treatment.

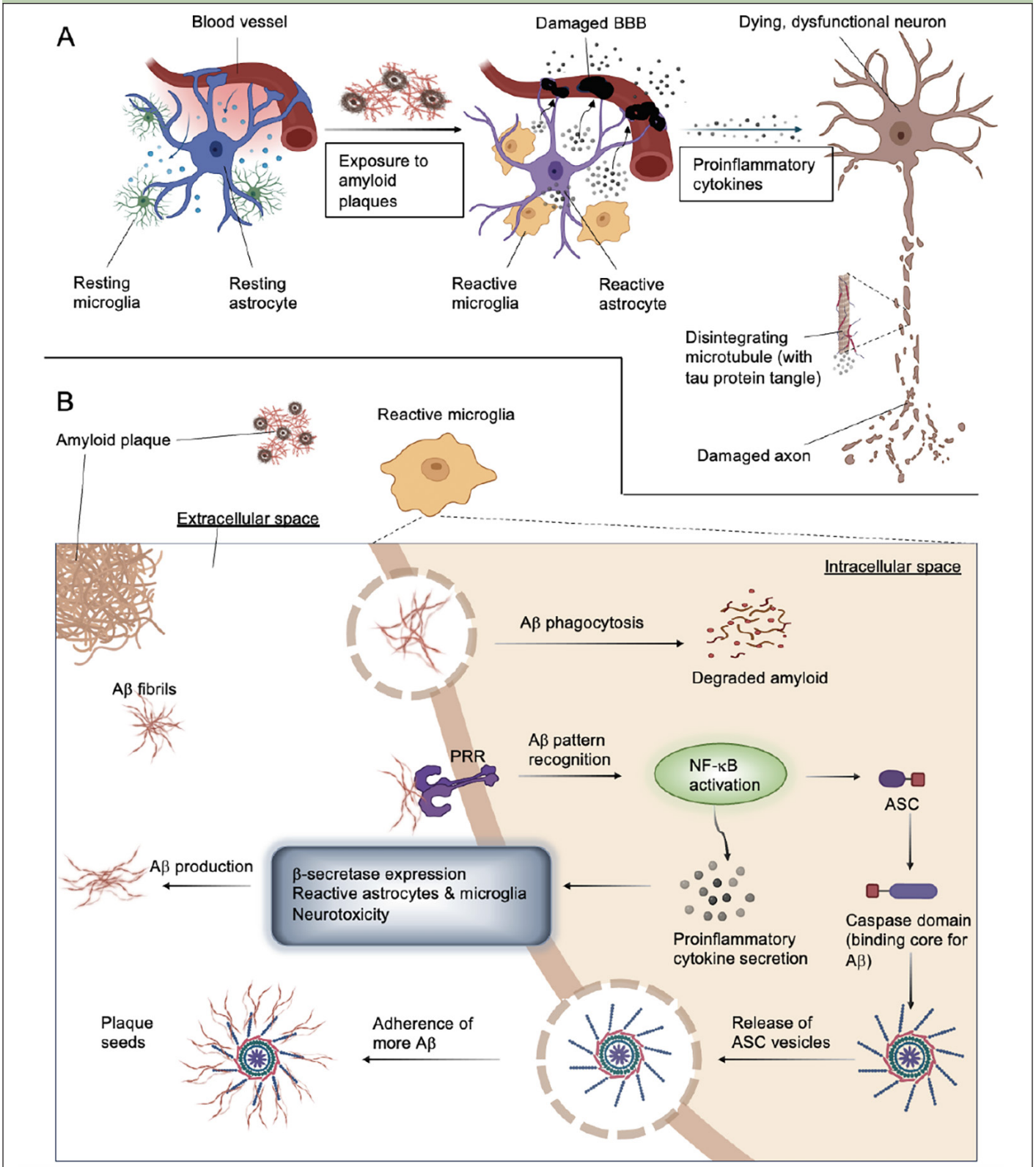
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The main hallmarks of AD

AD affects nearly 10% of the 65+ year-old and over 30% of the 85+ year-old populations worldwide and has been known to be the leading cause of dementia (~70% of cases, (4)). The gradual loss of cognitive and memory functions correlates with the accumulation of A β and tau deposits

and fibrils. Briefly, amyloid precursor proteins (APP) are cleaved to A β peptide units of various sizes. A β oligomers can then aggregate with each other or with single-peptide monomers, forming insoluble polymers and large plaques. A β oligomers are known to exert the most significant pathological damage to neurons (5). In addition to A β , aggregated tau proteins that detach from microtubules and thereby cause a loss in synaptic activity and neuronal function also significantly contribute to the disease pathology (6). Surprisingly however, treatments in clinical trials that aim to eliminate senile plaques in the brains of AD patients showed controversial results: the volume of protein aggregates decreased in certain settings, and yet the clearance did not lead to an improvement in cognitive function (7, 8). However, most recent studies showed that treatment with monoclonal antibody therapeutics such as aducanumab, lecanemab, and most recently, donanemab can slow the progression of the disease significantly in early stages of AD and can clear amyloid deposition to up to 90%. The manufacturer of donanemab, Eli Lilly, published encouraging data from their 1,736-subject trial on July 17th, 2023, at the Alzheimer's Association International Conference in Amsterdam (9). According to their presentation, progression of cognitive decline was not observed in 47% of the patients, vs. the equivalent percentage of 29% in those who took a placebo. Nevertheless, amyloid-related imaging abnormalities (ARIA) remain a serious side-effect of treatment with antibody therapeutics. In Eli Lilly's Phase III clinical trial, nearly 25% of the participants developed ARIA, and three died with this condition (9). Screening for ARIA will be expensive and challenging, thus there is a great need to further investigate the importance of neuroinflammation in AD progression. In addition, leaders from each of the company's development teams, during a round table discussion, stressed the likely importance of combination therapies for treating such a complex disease, with one of the presenters citing how antithrombotics, anti-hypertensives and lipid-lowering drugs in various combinations have greatly improved cardiovascular care. Thus, the development of neuroinflammatory inhibitors might not only protect against some of the deleterious

Figure 1. Neuroinflammation mechanisms in Alzheimer’s disease



A: Activated by exposure to Aβ, reactive microglia and astrocytes lose their homeostatic balance, compromise their ability to produce sustainable levels of neurotrophic factors, release increased amounts of proinflammatory cytokines and consequently, damage the blood-brain barrier (BBB) and trigger neuronal death and tau accumulation. Reactive microglia can directly damage and reduce the number of synaptic connections. B: Microglial activation following exposure to Aβ. Amyloid fibers adhere to pattern recognition receptors (PRRs, TLRs, for example), triggering proinflammatory pathways and promoting phagocytosis. This process can lead either to Aβ degradation or NF-κB activation and proinflammatory cytokine release combined with inflammasome assembly. NLRP3 activation leads to the production of ASC specks that can seed further plaques when released into the extracellular space.

effects of ARIA but may also provide synergistic benefits to patients on antibody therapies.

The role of microglia, astrocytes, and cell mediators in AD neuroinflammation

Neuroinflammation evolved to be a primary mechanism to protect the homeostasis of the brain. Its purpose and function in protecting and restoring synaptic functions against traumatic or infectious damage is highly conserved. Nevertheless, the physiological outcome greatly depends on the responses evoked in the individual participatory cell types of the system, including but not limited to neurons, glial cells, and astrocytes. The process begins with the secretion of chemokines, tumor necrosis factors, small molecule messengers, proinflammatory cytokines, and reactive oxygen species produced by astrocytes and microglia. Systemic inflammation and blood cells infiltrating through the compromised blood-brain barrier (BBB) may further escalate the destruction. The process is considered chronic, and even when the anti-inflammatory system is activated, and neuroprotective interleukins are being produced, it is not likely possible to tame without intervention (Figure 1A, (10)).

Neurotoxicity, synaptic dysfunction, and the suppression of neurogenesis are induced by proinflammatory mediators released in the damaged CNS (11). TNF and IL-1 β overexpression via prostaglandin E2 release leads to excitotoxicity and loss of synapses (12, 13). Furthermore, macrophage-attracting proteins, the complement system (including but not limited to C1q, C3b, C3c, C3d, and C4 within the cascade), factors of coagulation, proteases, pentraxins, and many other molecules play critical roles in causing functional impairment and neuronal death (14). Despite our understanding of how various contributing components alter AD pathophysiology on a cellular and molecular level, the full picture is yet to be completed.

Astrocytes serve as the support system of the CNS; their purpose in regulating neurotransmitter balance, supporting the BBB to remain intact, and supplying existing and newly formed synapses, is indispensable (Figure 1A, (15)). They also help remove cell debris, tau, and amyloid particles and respond to ischemia, infection, protein deposits, or other brain abnormalities via scar formation and reactive gliosis (15). Their core structural protein, the glial fibrillary acidic protein (GFAP), has emerged as a marker of the reactive astrocyte population. Activated astrocytes can adopt one of the two typical phenotypes. A1 cells are generated through nuclear factor kappa B (NF- κ B) signaling, they express proinflammatory molecules, and they can induce neuronal apoptosis. A2 types are converted from A1 or resting states via the signal transducers and activators of the transcription 3 (STAT3) pathway and secrete anti-inflammatory and neuroprotective factors (16). It is unclear whether

astrocytes can realistically be categorized with such dichotomy or whether they rather represent unique states within a continuum between the two distinct characteristics (15). Controversial studies have debated the benevolence of activated astrocytes in AD: on the one hand, they demonstrate the capability to locally clear protein deposits in the brain (17, 18). On the other hand, however, large populations of proinflammatory astrocytes have been shown to be present in postmortem brain tissue dissected from AD patients, thereby suggesting a defective function of A1 cells (16). In addition, reactive A1 astrocytes have also been shown to alter the normal functions of the BBB and blood supply in the CNS, thus contributing to the initiation and progression of the disease (15).

Microglia are the brain's primary immune cells, responsible for the phagocytosis of cellular debris and pathogens, as well as secreting molecules to support the homeostasis of local cells. Coincidentally, microglia also play an important role in maintaining healthy synaptic plasticity (19). Recent studies suggest that high cytokine levels in the cerebrospinal fluid (CSF) reduce the capacity of A β uptake in the microglia (20). Moreover, new evidence shows that an uncommon mutation of the extracellular unit of TREM2 increases the probability of AD development to a similar extent as the occurrence of apolipoprotein unit apoE ϵ 4 (21).

TREM2 is abundantly expressed in microglial cells and has been shown to facilitate phagocytosis (22-24). As a consequence of pathogenic overstimulation, microglia activated to an abnormal level can change their gene expression and morphology to an amoeboid structure with a reduced number of processes and shorter surveillance radius (15). The intensity and duration of an environmental insult may change the morphology of the microglia in correlation with the severity of the damage (15). Exposure to the hyperphosphorylated soluble tau protein has also been reported to alter the phenotype of microglia, resulting in the loss of normal cell functions and thus contributing to the further accumulation of local protein deposits (15, 25). According to the classic terminology of categorizing microglia, M1 represents the proinflammatory, and M2 is known as the anti-inflammatory phenotype (15). Similar to the characterization of activated astrocytes, it is possible that considering a spectrum between the two dominant characteristics is a more realistic approach than assuming the existence of only two extreme versions. Transition to activated microglia states is generally associated with the upregulation of proteins like TREM2, apolipoprotein E (APOE), and TYRO protein tyrosine kinase-binding protein TYROBP. Proliferation-related gene expression is more typical in the early stages of neuroinflammation. In contrast, at more advanced states, the expression of immune response-related genes as well as the downregulation of homeostasis genes such as structural (cytoskeleton), cell adhesion, and external

receptor encoding genes, is more representative (15, 26, 27). This finding is consistent with the diversity of microglia observed in postmortem brain tissue samples of AD patients (27). Details on the role of microglia in AD, alternative pathways that contribute to their activation to various degrees in between the M1 and M2 states (including NF- κ B, mTOR, MAPK, proinflammatory mediators, interleukins, anti-inflammatory cytokines, complement proteins, chemokines, caspases, prostanoids, neuroprotection D1 reactive oxygen species and nitric oxide, local blood flow and various genetic components) have been extensively reviewed for example by Heneka et al. (10), Hampel et al. (28), and Thakur et al. (29).

Microglial activation induced by A β and pharmaceutical candidates for intervention

Reactive microglia have been described to colocalize with amyloid plaques, and a strong correlation between local tau deposition and microglial tau content has also been established (reviewed in (15)). According to trending hypotheses, reactive microglia induced by A β oligomers contribute to the emergence of abnormally hyperphosphorylated tau aggregates (15). First, A β peptides are recognized by cell surface pattern recognition receptors (PRRs), including Toll-like receptors (TLRs), integrins, and scavenger receptors (e.g., CD36). Subsequently, IL-1 β , nitric oxide (NO), IL-8, and TNF production is upregulated via the activation of mitogen-activated kinase (MAPK), N-terminal kinase (JNK), NF- κ B and c-Jun pathways (15). CD36-integrin complexes enhance the effectivity of phagocytosis. The secreted interleukins, TNFs and other molecules then elevate the expression level of β -secretase, the enzyme responsible for generating toxic A β species from APP via the NF- κ B pathway, thus creating a pathological feedback loop (15).

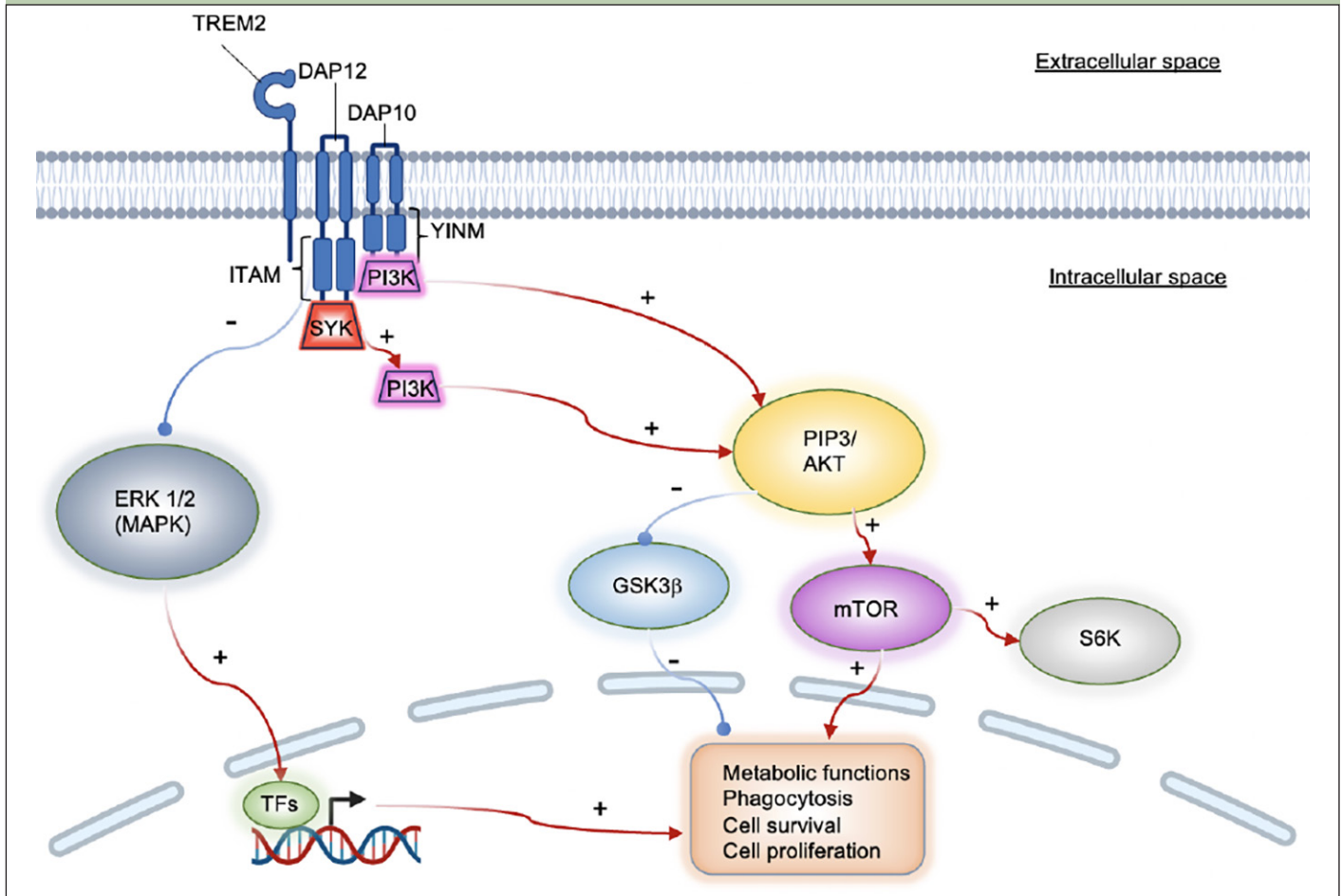
Two microglial target molecule candidates for pharmacological intervention are currently the focus of researchers' interest: the transient receptor potential melastatin-related 2 (TRPM2) channel and TREM2 (26, 30, 31). Calcium currents mediated by TRPM2 are triggered by oxidative stress and induce microglial pyrin domain-containing 3 (NLRP3) inflammasome assembly via NF- κ B activation. The adaptor molecule for NLRP3 inflammasome activation, the apoptosis-associated speck-like protein containing C-terminal caspase recruitment domain (ASC), can function as an adhesive core for A β peptide aggregation. Growing particles can then be passed on to other cells, thus seeding newly formed amyloid plaques (FIG 1B, (32)). Preventing this process pharmacologically could potentially slow down AD progression. TREM2 is a receptor that activates upon the stimulation of the immunoreceptor tyrosine-based motif (ITAM) pathway, thus causing microglia to become reactive (32). One signaling route is mediated via the DAP12 transmembrane adaptor and the protein tyrosine kinase SYK. The SYK enzyme regulates many

downstream processes via phosphorylation, including the PLC γ 2 Ca²⁺ and PI3K-AKT-mTOR cascades, thus, suppressing GSK3 β function and stimulating cell proliferation (Figure 2, (33)). A recent study shows that SYK deficiency corrupts the microglial phagocytosis of A β deposits and leads to neurotoxicity and cognitive impairment. A β accumulation-related pathophysiology in SYK-deficient animals was demonstrated to be similarly severe as in TREM2-knockout animals; thus, TREM2 and SYK appear to have a similar impact on disease progression. However, TREM2 can activate microglia in a non-SYK-dependent manner as well, through the DAP10 signaling adaptor and a cytoplasmic YxNM motif (YINM) (Figure 2, (33)). These discoveries suggest that small molecules and antibodies that act on microglial receptors and induce TREM2-YINM/ ITAM-SYK signaling may serve as novel drug candidates for the treatment of AD in the future.

TREM2 is currently assessed for antibody-mediated therapy (34, 35). However, optimizing strategic approaches for TREM2 pathway modulation will likely have to be disease-state-dependent. One study using an AD mouse model showed that TREM2 overexpression directly positively correlates with the expression of phagocytosis-associated genes. In contrast, it negatively correlates with immune response-related genes, thus resulting in a net neuroprotective effect (36). However, in another scenario, triggering the TREM2 pathway led to progressive neuroinflammation and the disruption of microglial homeostasis via APOE-dependent signaling (31). In addition, TREM2 is an essential regulator of key downstream functions related to the microglial cell cycle and phenotype adjustment. These data indicate that interpreting experimental results may highly depend on variables such as study design, animal model, or disease state. Translating preclinical discoveries into clinical treatments will require caution and a detailed understanding of each case.

Cannabinoid receptor type 2 (CB2) as a target for microglial phenotype shift and neuroprotection

The cannabinoid receptor (CB) family includes two cloned metabotropic receptors: CB1 (found predominantly in the brain, (37)) and CB2 (found primarily in the peripheral immune system, (38)) and to a lesser degree in the CNS and microglia, (39)). Healthy brain tissue (except for a small population of neurons in the brain stem and the cerebellum) does not express CB2 receptors (40). However, CB2 receptors are upregulated in reactive microglial cells in AD, Huntington's disease, HIV encephalitis, and multiple sclerosis (41, 42). Results from research in our laboratory demonstrate that microglial activation is present in murine AD models, and this activation is associated with increases in CB2 expression and the subsequent release of proinflammatory agents

Figure 2. TREM2 signaling

TREM2 can transmit intracellular stimulation either via the DAP12 (ITAM), or the DAP10 (YINM) adaptors. ITAM recruits PI3K via SYK, whereas YINM accesses PI3K directly. Both pathways activate mTOR and inhibit GSK3 β via AKT, thus impacting fundamental cell functions. The TREM2/ITAM route inhibits ERK in a SYK-independent manner. TFs: transcription factors.

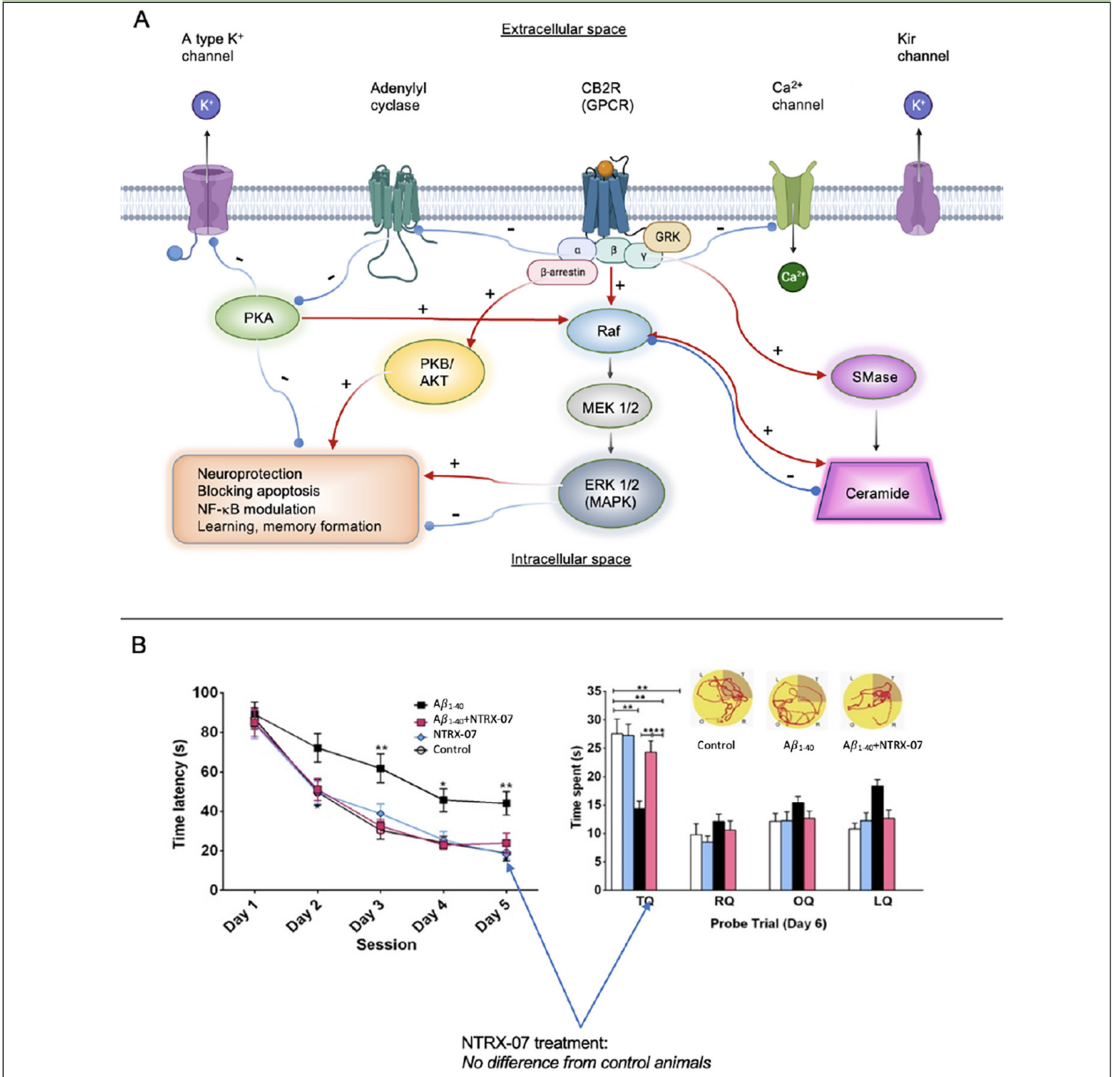
leading to neuronal injury (43-45). Activation of the CB2 receptor can blunt neuroinflammatory responses in different CNS disorders (46-48), including Alzheimer's disease (49). Strong induction of CB2 results in controlling amyloid-related pathology in C6 rat astrogloma cells challenged with A β fibrils as well (50). Figure 3 illustrates the complexity of effects downstream of CB2 receptor activation.

For example, CB2 stimulation was shown to regulate microglial pro- and anti-inflammatory phenotype polarization (and thereby suppressing neuroinflammation) through the cyclic adenosine monophosphate (cAMP) / cyclic-AMP dependent protein kinase/protein kinase A (PKA) pathway in a rat germinal matrix hemorrhage model (51), as well as in vitro in BV2 cells (52). Modulating protein kinases (53) or K⁺ channels (54) alone is promising for taming microglial phenotypes by modifying gene expression and cytokine secretion patterns, thereby preventing neuronal apoptosis and synapse loss. β -arrestin recruitment (55) and prevention of the increase of intracellular Ca²⁺ with chelators resulted in suppressed lipopolysaccharide (LPS)-stimulated microglial NO,

cytokine, and chemokine production (56). A reduction in ceramide accumulation decreases the activation of the extracellular signal-regulated kinase (Erk) pathway and increases cell survival (57). Altogether, CB2-activated cAMP, cAMP-response element binding protein (CREB), and p38-MAPK cascades are necessary for microglial TLR function, and TLR receptors are well-known for their key role in phagocytosis, uptake, and clearance of amyloid (58). In addition, the neuroprotective microglial phenotype has been demonstrated to reduce brain atrophy (characterized by loss of neurons and synapses, and dystrophic neuritis in AD (59). Our lead compound, 1-((3-benzyl-3-methyl-2,3-dihydro-1-benzofuran-6-yl)carbonyl) piperidine (NTRX-07, formerly known as MDA7), exerts its effect both on the canonical (inhibition of adenylate cyclase and Erk 1/2, EC₅₀ <20 nM) and non-canonical CB2 pathways (EC₅₀ <25 nM) as our data collected from β -arrestin assays demonstrate; thus, exerts its therapeutic effects in a uniquely complex manner.

Studies in rodent models have shown that increased neuroinflammation, promoted by the overexpression of proinflammatory cytokines, can lead to increased hyperphosphorylated tau and decreased hippocampal

Figure 3. A: Signaling cascades mediated via CB2 G-protein coupled receptor (GPCR) receptor activation. CB2 agonists may activate the canonical (cAMP) or non-canonical (β -arrestin recruitment) pathways to various degrees to achieve therapeutic effects. We have shown that, unlike other compounds, NTRX-07 can exert a therapeutic impact by manipulating both downstream routes. **B:** Administration of NTRX-07 attenuated amyloid fibril-impaired performance in the Morris water maze test. Rats injected with bilateral intracerebral (i.c.) microinjection A β 1–40 fibrils and treated with saline intraperitoneally (i.p.) for 14 days had a significantly extended escape latency in the Morris water maze test compared with that of the rats that received bilateral i.c. microinjection of artificial cerebrospinal fluid and treated with saline i.p. (controls) or animals injected with A β 1–40 and treated with 15 mg/kg NTRX-07 i.p. for 14 days at days 3 to 5. During the probe trial at day 6, to determine the time spent in the target quadrant (TQ or platform quadrant) compared with right quadrant (RQ), opposite quadrant (OQ), and left quadrant (LQ), the rats injected with A β 1–40 fibrils and treated with NTRX-07 15 mg/kg i.p. for 14 days spent the longest time in the Target Quadrant (TQ) than animals injected with Abeta1–40 and treated for 14 days with saline i.p., ($p < 0.01$)



Statistical significance was determined by repeated measures analysis of variance followed by Student–Newman–Keuls multiple range test. Each point represents the mean \pm standard error of the mean of each group (n = 10 per group). * $p < 0.05$, ** $p < 0.01$. Figure 3b adapted from European Journal of Pharmacology with Permission, reference #45.

Table 1. Biomarkers currently explored for diagnosing AD and neuroinflammation

	Cytokines	Glial / microglial activation markers	Other signature proteins	Neuroimaging markers
CSF or CNS		In AD patients: YKL40, MCP1, VILIP1 (15, 28, 61-63) sTREM2, IL-6, TGF β (28, 64)	Prodromal markers (10, 65) Prodromal to AD transition markers (10, 66) APOE correlates (10, 67) A β , tau correlates (10, 68) MCI to AD "communicome" proteins (10, 69)	PET with radioactive ligands that target TSPO (11C-Ro5-4864, 11C-PK11195, 11C-DAA1106 and various others; for detailed reviews see: (10, 15, 28) Free-water MRI (70-73)
Blood and CSF	In AD patients: IL-1 β , IL-2, IL-6, IL-8, IL-10, IL-12, IL-18, IFN γ , TNF γ , TGF β (10, 15, 74, 75)		Trophic factors (10, 76-79)	

The first row represents lists of biomarkers that have been used to detect neuroinflammation either in the tissue components of the CNS or in the CSF. The publications cited here, however, do not provide evidence that the expression levels of these biomarkers are also elevated peripherally (in blood samples of the same subjects). The table's second row refers to biomarkers found to be overexpressed both in the CSF and the blood plasma samples of patients with acute neuroinflammation. Abbreviations: A β : amyloid beta, AD: Alzheimer's disease, APOE: apolipoprotein E, IFN: interferon, IL: interleukin, PET: positron emission tomography, TNF: tumor necrosis factor, TGF: transforming growth factor, YKL40: chitinase 3-like protein-1, MCI: mild cognitive impairment, MCP1: monocyte chemoattractant protein 1, MRI: magnetic resonance imaging, sTREM2: soluble Triggering Receptor Expressed on Myeloid Cells 2, TSPO: translocator protein (peripheral benzodiazepine receptor), VILIP1: visinin-like protein-1

function (60). Decreasing microglial activation and neuroinflammation in rodent models via CB2 receptor activation increased clearance of amyloid plaques, improved hippocampal plasticity and glutamatergic signaling, and enhanced memory performance in the Morris water maze (44, 45). NTRX-07 is a selective and potent CB2 receptor agonist. NTRX-07 binding to activated microglia engaged the CB2 pathway leading to the transformation of activated microglia, which are proinflammatory, to their normal anti-inflammatory states. Administration of NTRX-07 decreased Iba1 (ionized calcium-binding adapter molecule 1, a microglia/macrophage-specific calcium binding protein) immunoreactivity and CB2 receptor expression in the hippocampal dentate gyrus and entorhinal cortex areas in mouse AD models, as demonstrated via quantitative fluorescence immunohistochemistry, and colocalization of the Iba1 and CB2 markers. No substantial CB2 expression was seen in the wild type mice, but the increased expression of CB2 ($n = 20$ sections from 5 mice per group, $F_{3,16} = 25.6$, $P < 0.0001$) observed for example in the APP/PS1 mice was significantly attenuated after 15 mg/kg NTRX-07 treatment i.p. at alternate days for 5 months. Statistical significance was determined by one-way ANOVA test followed by Student-Newman-Keuls test. Presumably, due to this effect, NTRX-07 restored synaptic plasticity as well as functional memory in a rat model of AD (43-45).

Neuroinflammation biomarkers in Alzheimer's disease

There has been ongoing discussion and research into neuroinflammation's timing, source, and contribution to the neural injury and cognitive decline seen in AD. Over the past decades, a large number of studies attempted to identify reliable biomarkers associated with

neurodegeneration in order to make the diagnosis more accurate and propose appropriate therapeutic strategies for each patient individually. Table 1 summarizes the most promising biomarker candidates' current state of the art.

Ishii et al. reported the identification of the components of immunoglobulins in senile plaques. They hypothesized that immunological factors may be involved in the pathogenesis of the plaques and Alzheimer's disease (80). The activation of the complement system has been associated with the defense of the innate immune system against pathogens. In the brain, microglia play a major role in the production of elements of the complement system, with astrocytes also contributing to a lesser degree (10). Eikelenboom et al. demonstrated in 1982 that senile plaques contain the complement factors C1q, C3b, C3c, C3d and C4, (81) again supporting the hypothesis that the complement system and inflammation play a role in AD.

Positron emission tomography (PET) imaging using the mitochondrial 18 kDa translocator protein (TSPO) has been employed to study neuroinflammation in vivo. [11C]PK-11195 has been used in preclinical and clinical studies but is limited by poor blood-brain barrier permeability and high non-specific binding. However, it has been seen to be increased in MCI and AD patients with increased A β , and it has been used to demonstrate increased microglial activation matched to increased tau accumulation as demonstrated by [18F]flortaucipir (82). Fan et al. have demonstrated a biphasic pattern in AD patients studied longitudinally suggesting there may be two phases of microglial activation (83). Second- and third-generation TSPO tracers are under development, but TSPO is limited by the fact that it is not exclusively expressed in glia. New targets of interest include colony-stimulating factor-1, cyclooxygenase-1 and -2, cannabinoid receptor type 2 and the purinergic P2X7 receptor with a goal of achieving higher specificity and an

improved signal-to-noise ratio (82).

In a comparison of healthy controls, patients with MCI and patients with AD utilizing PET for TSPO and tau, and MRI for cortical thickness, neuroinflammation was demonstrated to play a significant role in AD pathogenesis and was not a byproduct of tau pathology. Fusion mapping of the imaging correlated tau and microglial spatially with gray matter atrophy. Furthermore, ongoing neuroinflammation has been demonstrated in a longitudinal study of AD patients with MRI and PET for neuroinflammation, tau, and glucose metabolism. Persistent neuroinflammation was observed and was associated with localized amyloid deposition, synaptic dysfunction, and decreased glucose metabolism (83).

Systemic inflammation, such as that associated with obesity, has also been implicated in neuroinflammation and damage to limbic structures, which are known to be involved in AD, demonstrated by MRI changes in asymptomatic obese subjects (84). Neuroinflammation has been linked to other factors that interact with the gut microbiota-brain axis, an emerging area of research in Alzheimer's disease. This axis involves the bidirectional communication between the gut microbiota and the central nervous system, and it has been suggested that alterations in the gut microbiota may contribute to neuroinflammation and cognitive decline in Alzheimer's disease (85).

Therapeutic strategies targeting neuroinflammation in Alzheimer's disease

Given the importance of microglia in neuroinflammation, it is not surprising that many therapies targeting neuroinflammation focus on regulating microglia. ALZT-OP1 is one of the more advanced molecules targeting, in part, neuroinflammation. Being developed by AZTherapeutics, ALZT-OP1 is being tested in a 620-subject Phase 3 clinical trial (NCT02547818). ALZT-OP1 is a combination product consisting of two repurposed drugs, cromolyn, approved for treating arthritis, and ibuprofen, a non-steroidal anti-inflammatory. This combination was shown to be very effective in the Tg2576 model of AD in reducing levels of A β through enhancing phagocytosis by microglia, suggesting that treatment shifted the microglia from a proinflammatory/toxic state to a pro-phagocytic/neuroprotective state (86). The effects on inflammation were later confirmed when cromolyn was shown to directly affect microglia-mediated inflammation (87). Although the trial has been completed, there have been no publications or press releases concerning the study's outcome. A good summary of the clinical development of ALZT-OP1 has been reported by Lozupone et al. (88).

In addition to microglia, mast cells play an important role in regulating the immune response in the brain. Mast cells are thought to initiate the immune

response when presented with a toxin, such as A β , leading to the activation of microglia and initiation of neuroinflammation (89). AB Science completed enrollment of its ongoing Phase 3 AD clinical trial of Masitinab. This selective tyrosine kinase inhibitor is thought to act through mast cells to modulate neuroinflammation and neurodegenerative processes (NCT01872598). In a small Phase 2 clinical trial, twice daily administration for 24 weeks of Masitinab as an adjuvant to cholinesterase inhibitors or memantine led to a significant reduction in cognitive decline (90). However, in a subsequent preclinical study using APP^{swe}/PSEN1^{dE9} transgenic mice, improvements in spatial learning were reported without any effect on neuroinflammation (91). Whether this is also true in AD patients remains to be seen when the data from the Phase 3 trial is available.

While not directly targeting microglia, Cassava Sciences, Inc. has recently started a large, 76-week Phase 3 trial with their drug simufilam, PTI-125 (NCT05026177). Simufilam binds to protein filamin A and restores its normal function. In its altered conformation, among other things, filamin A enables the activation of toll-like-receptor 4 by A β , resulting in increased neuroinflammation (92). Following 28-days of treatment of AD subjects in a Phase 2a clinical trial, a modest but significant reduction in both the CSF and plasma of YKL40, a protein associated with microglial activation, was observed along with reductions in the proinflammatory cytokines IL-6, IL-1b, and TNF-a, and disease-associated proteins, including NfL, total-tau, phospho-tau and neurogranin (93). The company is exploring changes in YKL40 and soluble TREM2 (sTREM) in the CSF from baseline to after 76 weeks of treatment, in addition to other biomarkers and cognitive improvement in the Phase 3 trial.

Other trials currently underway looking for changes in sTREM2, include Alzheon's study of ALZ-801, an inhibitor of amyloid oligomerization (NCT04693520), and a study of high-dose Omega-3 therapy (NCT03926351). In addition to looking for changes in sTREM2 levels, given the importance of TREM2 in the microglia neuroinflammatory response, several companies are developing molecules targeting TREM2 directly. The leader in this field is Alector, who, in partnership with Abbvie, is testing their antibody against TREM2, AL002 in a Phase 2 clinical trial of subjects with early AD (NCT05744401). Their antibody acts as an agonist to activate TREM2 and, when used to treat R47H-transgenic mice, led to a reduction in neuroinflammation, reduced plaques, and improved neuronal function (35). The trial is a 49-week study of three different doses administered every week, intravenously. The study is scheduled to be completed by the end of 2025.

In partnership with Takeda, Denali Therapeutics is also developing an antibody, TAK-920/DNL919, designed to modulate TREM2 expression by increasing microglia activity (94). The company began a Phase 1 trial in

Table 2. Anti-neuroinflammation compounds currently in clinical trials

Product (Company)	Modality/Route of administration	Target	Stage	Reference	Comment
Repurposed Drugs					
Baricitinib (Eli Lilly)	Small molecule/ oral	JAK Inhibitor	2	NCT05189106 (98)	Approved for treating rheumatoid arthritis
Canakinumab (Novartis)	mAb/ subcutaneous	IL-1beta inhibitor	2	NCT04795466	Approved for treating autoinflammatory diseases
Daratumumab (Janssen)	mAb/ subcutaneous	Anti-CD38 mAb	2	NCT04070378	Approved as an anti-cancer therapy
Lenalidomide (Celgene)	Small molecule/ oral	Immunomodulator	2	NCT04032626 (99)	Approved for various cancers
Montelukast (IntelGenX)	Small molecule/ oral	Leukotriene receptor antagonist	2	NCT03402503 (100)	Approved for asthma
Sargramostim (Sanofi)	Rec. Protein/ subcutaneous	Recombinant GM-CSF	2	NCT04902703 (101)	Approved for bone marrow stimulation
Sirolimus (Generic)	Small molecule/ oral	mTOR inhibitor	1	NCT04629495 (102) Note: Article demonstrates opposite effects	Approved for tissue rejection, certain cancers
Small Molecules					
AZP2006 (AlzproTect)	Small molecule/ oral	Neurotrophic factor, Progranulin	2a	NCT04008355 (103)	Initiating work in progressive supranuclear palsy but has interest in AD
CHF5074 (Chiesi)	Small molecule/ oral	g-secretase modulator, microglia regulation	2	NCT01602393 (104)	Reported to be in Phase 2, but all trial completed and nothing new since 2015
CY6463 (Cyclerion)	Small molecule/ oral	Soluble guanylate cyclase/ nitric oxide	2	NCT04798989 (105)	Completed a Phase 1 trial on schizophrenia but terminated AD trial due to enrollment challenges
JNJ-40346527 (Janssen)	Small molecule/ oral	Colony-stimulating factor tyrosine kinase inhibitor	1	NCT04121208 (106)	Being developed for other indications, AD trial posted in 2019 but no updates
GV-971 (Green Valley Pharmaceuticals Co., Ltd.)	Small molecule/ oral		4	NCT05908695 NCT04520412 (107)	Received marketing approval in China for AD, currently conducting large post-marketing study in China, and suspended a Phase 3 study, in part in US, due to COVID effects on recruitment
MW150 (Neurokine)	Small molecule/ oral	p38MAPK inhibitor	2	NCT05194163 (108)	Attenuated entorhinal cortex dysfunctions associated with neuroinflammation on mouse mode of AD
NE3107 (BioVie)	Small molecule/ oral	Insulin-sensitizing adrenal sterol metabolite	3	NCT04669028 (109)	Promising results from Phase 2 study, majority of patients had reduction of inflammatory biomarkers in serum
Neflamapimod (EIP Pharma)	Small molecule/ oral	P38MAPK inhibitor	2	NCT03402659 (110)	No effects on memory but improvements in CSF biomarkers of synaptic dysfunction support studying at higher dose for longer duration
Senicapoc	Small molecule/ oral	Gardos channel blocker	2	NCT04804241 (111)	52-week trial, will collect CSF for biomarkers of neuroinflammation
Varoglutamstat (Vivoryon)	Small molecule/ oral	Glutaminy cyclase inhibitor	2.2	NCT03919162 (112)	Exploratory endpoints of EEG and YKL-40 (inflammatory biomarker) in current trial.
Immunotherapies					
Etanercept (Pfizer)	Rec. Protein/ subcutaneous	TNF-inhibitor	2	NCT01068353 (113)	Approved for rheumatological and skin conditions, trial result not available
GRF6019 (Alkahest)	Plasma fraction/ intravenous	Plasma fraction	2	NCT03520998 (114)	Safety indicated, planning trials to demonstrate functional benefits in severe AD
GV1001 (GemVax & Kael)	Peptide/ subcutaneous	Peptide corresponding to catalytic site of telomerase reverse transcriptase	2	NCT05189210 (115)	Met primary endpoint in preventing decrease in Sever Impairment Battery

Table 2 (continued). Anti-neuroinflammation compounds currently in clinical trials

Product (Company)	Modality/Route of administration	Target	Stage	Reference	Comment
IBC-Ab002 (Immunobrain Checkpoint)	mAb/ intravenous	Checkpoint Inhibitor	1	NCT05551741	Just began multiple ascending dose safety study in AD subjects
Lomecel-B (Longeveron)	Stem cells/ intravenous	Stem cell, immune modulator	2	NCT05233774 (116)	In Phase 1, improvements in biomarkers of inflammation and vascular function
Pepinemab (Vaccinex)	mAb/ intravenous	mAb blocking SEMA4D activity	1	NCT04381468 (117)	Just starting Phase 1 in AD, has evidence in HD that product prevents decline in FDG-PET signal
TB006 (TrueBinding)	mAb/ intravenous	mAb against galectin-3	2	NCT05476783	Showed trend toward reducing patient decline in CDR-SB, currently on long-term extension. Have not published on this mAb
XPro1595 (INmune Bio)	Rec. protein/ subcutaneous	sTNF inhibitor	2	NCT05318976 (118)	Assessing changes in inflammation in patients with mild AD
Supplements					
Benfotiamine	Synthetic vitamin/ oral	Precursor of Vitamin B1, function in glucose metabolism	2a	NCT02292238 (119)	Completed Phase 2a trial, significant reduction in worsening of clinical dementia rating (CDR), trend in ADAS-Cog indicating less decline.
EGCG	Small molecule/ oral	Affects multiple biological pathways	3	NCT01699711 NCT03978052 NCT00951834 (120)	EGCG has been proposed and tested in numerous diseases, AD trials reported as completed, but no data presented on outcomes.

healthy volunteers last year with expected completion in mid-2023 (NCT05450549). The company also has a second program focused on neuroinflammation with a RIPK1 inhibitor that has completed Phase 1 studies in subjects with AD or ALS (95).

A third company focusing on therapies targeting TREM2 is Vigil Neuro. Like Alector and Denali, their lead product, VGL101, is an antibody directed against human TREM2. Although they are not advancing the antibody for AD, Vigil is currently in a Phase 2 clinical trial for the treatment of axonal spheroids and pigmented glia that will incorporate imaging and biomarkers of disease progression (NCT05677659) and could develop this for AD in the future. The company is currently developing a small molecule TREM2 agonist for treating AD and has reported advancing their product into IND-enabling studies. The only data available on this program were presented at the 2023 Keystone Symposia on Molecular and Cellular Biology (96), where they showed that their molecule enhanced SYK activation in cells, while also reducing CSF levels of sTREM2 in non-human primates, suggesting the molecule is centrally active.

A more recent clinical strategy for targeting microglia-induced neuroinflammation is NeuroTherapia's small molecule selective CB2 receptor agonist, which has been shown in animal models of AD to not only inhibit inflammation but also to enhance A β clearance and improve LTP (44, 45). With support, in part, from the Alzheimer's Drug Discovery Foundation, the molecule has been shown to be safe in healthy volunteers and AD patients at doses that resulted in blood levels predicted to be efficacious based on the modeling of animal data. NeuroTherapia will initiate a Phase 2a study shortly with

the intention of showing that 28-day treatment can lead to decreases in markers of neuroinflammation. Epidiolex (GW Pharma), a 99% pure cannabidiol (CBD) extract, has been studied in numerous clinical trials and approved as an anti-seizure medication, is also currently being investigated for its ability to reduce neuroinflammation in a 4-week (97), Phase 2 clinical trial (NCT05066308). Another study at Yale is recruiting healthy subjects to test the effects of CBD on brain microglial activation (NCT04398719), while in the Netherlands, the effect of CBD on microglia activation is being investigated in schizophrenia patients (NCT02932605) and a study at Massachusetts General Hospital is investigating CBD's effect on neural inflammation in patients with lower back pain (NCT03891264). Together, these studies will provide valuable information on the importance of CB2 receptor regulation on microglia and inflammation in humans.

The above represents a number of promising approaches targeting neuroinflammation in AD. Several other products in clinical trials target inflammation, including repurposed drugs, immunotherapies and small molecules. Some of these are summarized in Table 2 below:

Summary

The role of neuroinflammation in brain homeostasis is both critical and complex. Activation of microglia cells has been reported to promote A β clearance while also increasing neuronal damage and inflammation in the brain. However, CB2 receptor agonists have been shown to reduce neuroinflammation and improve

synaptic function while also promoting A β clearance. The ongoing clinical trials targeting neuroinflammation have the potential to be disease-modifying, addressing both the pathology (A β plaques, tau tangles, and neuroinflammation) while also improving clinical symptoms through improved synaptic function. Many of these clinical trials incorporate analysis of various biomarkers, which may be useful in the future in identifying AD patients who might respond best to a particular neuroinflammatory inhibitor.

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Conflict of Interest: Drs. Kiraly, Foss and Giordano are all employed by NeuroTherapia and have stock options in the Company.

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