ASO VISUAL ABSTRACT

ASO Visual Abstract: “Going Flat” After Mastectomy: Patient-Reported Outcomes by Online Survey

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SUMMARY The “Going Flat” movement aims to increase awareness and acceptance of mastectomy alone as a viable option for patients. Little is known about the motivation for and satisfaction with surgical outcomes in this population. Among 931 women surveyed in online “Going Flat” communities, 74% were satisfied with their surgical outcome after mastectomy without reconstruction

(<http://doi.org/10.1245/s10434-020-09448-9>). However, 22% of women experienced a low level of surgeon support for going flat, and this “flat denial” strongly predicted dissatisfaction. Most patients undergoing mastectomy alone are satisfied with their surgical outcome. Surgeons may optimize patient experience by recognizing and supporting a patient’s decision to go flat.

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