# **RESEARCH ARTICLE**

# **Open Access**

# Phase 1/2 study of epacadostat in combination with ipilimumab in patients with unresectable or metastatic melanoma



Geoffrey T. Gibney<sup>1,11\*</sup>, Omid Hamid<sup>2</sup>, Jose Lutzky<sup>3</sup>, Anthony J. Olszanski<sup>4</sup>, Tara C. Mitchell<sup>5</sup>, Thomas F. Gajewski<sup>6</sup>, Bartosz Chmielowski<sup>7</sup>, Brent A. Hanks<sup>8</sup>, Yufan Zhao<sup>9</sup>, Robert C. Newton<sup>9</sup>, Janet Maleski<sup>9</sup>, Lance Leopold<sup>9</sup> and Jeffrey S. Weber<sup>1,10</sup>

# Abstract

**Background:** Epacadostat is a potent inhibitor of the immunosuppressive indoleamine 2,3-dioxygenase 1 (IDO1) enzyme. We present phase 1 results from a phase 1/2 clinical study of epacadostat in combination with ipilimumab, an anti-cytotoxic T-lymphocyte-associated protein 4 antibody, in advanced melanoma (NCT01604889).

**Methods:** Only the phase 1, open-label portion of the study was conducted, per the sponsor's decision to terminate the study early based on the changing melanoma treatment landscape favoring exploration of programmed cell death protein 1 (PD-1)/PD-ligand 1 inhibitor-based combination strategies. Such decision was not related to the safety of epacadostat plus ipilimumab. Patients received oral epacadostat (25, 50, 100, or 300 mg twice daily [BID]; 75 mg daily [50 mg AM, 25 mg PM]; or 50 mg BID intermittent [2 weeks on/1 week off]) plus intravenous ipilimumab 3 mg/kg every 3 weeks.

**Results:** Fifty patients received  $\geq 1$  dose of epacadostat. As of January 20, 2017, 2 patients completed treatment and 48 discontinued, primarily because of adverse events (AEs) and disease progression (n = 20 each). Dose-limiting toxicities occurred in 11 patients (n = 1 each with epacadostat 25 mg BID, 50 mg BID intermittent, 75 mg daily; n = 4 each with epacadostat 50 mg BID, 300 mg BID). The most common immune-related treatment-emergent AEs included rash (50%), alanine aminotransferase elevation (28%), pruritus (28%), aspartate aminotransferase elevation (24%), and hypothyroidism (10%). Among immunotherapy-naive patients (n = 39), the objective response rate was 26% by immune-related response criteria and 23% by Response Evaluation Criteria in Solid Tumors version 1.1. No objective response was seen in the 11 patients who received prior immunotherapy. Epacadostat exposure was dose proportional, with clinically significant IDO1 inhibition at doses  $\geq 25$  mg BID.

**Conclusions:** When combined with ipilimumab, epacadostat ≤50 mg BID demonstrated clinical and pharmacologic activity and was generally well tolerated in patients with advanced melanoma.

**Trial registration:** ClinicalTrials.gov identifier, NCT01604889. Registration date, May 9, 2012, retrospectively registered.

Keywords: Epacadostat, IDO1, Immune checkpoint inhibition, Ipilimumab, Melanoma

<sup>11</sup>Present Address: Lombardi Comprehensive Cancer Center,

Medstar-Georgetown University Hospital, 3800 Reservoir Road NW, Podium A, Washington, DC 20007, USA

Full list of author information is available at the end of the article



© The Author(s). 2019 **Open Access** This article is distributed under the terms of the Creative Commons Attribution 4.0 International License (http://creativecommons.org/licenses/by/4.0/), which permits unrestricted use, distribution, and reproduction in any medium, provided you give appropriate credit to the original author(s) and the source, provide a link to the Creative Commons license, and indicate if changes were made. The Creative Commons Public Domain Dedication waiver (http://creativecommons.org/publicdomain/zero/1.0/) applies to the data made available in this article, unless otherwise stated.

<sup>\*</sup> Correspondence: geoffrey.t.gibney@gunet.georgetown.edu

<sup>&</sup>lt;sup>1</sup>Donald A. Adam Melanoma and Skin Cancer Research Center of Excellence,

Moffitt Cancer Center, 12902 Magnolia Drive, Tampa, FL, USA

# Introduction

Cancer progression and metastasis can result from tumor cells evading immunosurveillance [1, 2]. The development of immunotherapy strategies that harness the immune system to counteract mechanisms exploited by tumors to evade immunity have the potential to improve cancer outcomes. Immune checkpoint inhibitors, such as cytotoxic T-lymphocyte-associated protein 4 (CTLA-4), programmed cell death protein 1 (PD-1), and PD-ligand 1 (PD-L1) inhibitors, counter immune checkpoint-mediated suppression of effector T-cell activity [1]. The anti-CTLA-4 antibody ipilimumab was the first immune checkpoint inhibitor shown to improve overall survival (OS) in a randomized, controlled phase 3 trial of patients with metastatic melanoma [3], resulting in a 2011 approval from the US Food and Drug Administration (FDA) to treat patients with late-stage (metastatic) melanoma [4]. Although promising, the beneficial outcomes associated with ipilimumab monotherapy are limited to a fraction of patients treated (11% and 11%-19% overall response rates for previously treated and treatment-naive patients, respectively, in previous studies) [3, 5, 6]. A combination immunotherapy strategy targeting more than 1 mechanism of immune evasion may be a more viable approach for increasing the proportion of patients responding to therapy and for achieving deeper and more durable responses in patients with advanced disease.

Based on preclinical murine data demonstrating synergy between immune checkpoint inhibitors and indoleamine 2,3-dioxygenase 1 (IDO1) enzyme inhibitors [7], this phase 1/2 clinical trial (NCT01604889) was initiated to investigate ipilimumab in combination with epacadostat for the treatment of unresectable or metastatic melanoma. Epacadostat is a potent and highly selective oral inhibitor of IDO1 [8], an intracellular enzyme that catalyzes the first and rate-limiting step of tryptophan (trp) degradation in the kynurenine (kyn) pathway [2]. Depletion of cellular trp and increased levels of downstream metabolites, including kyn, may contribute to a local immunosuppressive environment in the tumor microenvironment (TME), including inhibition of T-cell activation as well as induction of T-cell apoptosis and regulatory T cell differentiation [2, 9-11]. Furthermore, upregulation of IDO1 expression has been observed within the TME [12-14] and associated with inferior clinical outcomes in several tumor types, including melanoma [15–17], making IDO1 an attractive target for immunotherapy across a broad range of tumor types. In a first-in-human phase 1 study in patients with advanced solid tumors, epacadostat was generally well tolerated at dose levels predicted to yield clinically meaningful suppression of IDO1 activity [18]. Taken together, findings from these studies provided the basis for evaluating epacadostat as part of novel combination immunotherapeutic regimens, including the epacadostat and ipilimumab combination explored in the present study.

During the conduct of this trial, the emergence and clinical success of PD-1 inhibitors led to a shift in the melanoma treatment landscape. These newer agents, pembrolizumab and nivolumab, demonstrated superior efficacy and improved safety profiles compared with ipilimumab [19–22]. Based on such evolving immuno-therapy landscape, this study was terminated early, after a dose of epacadostat was identified for potential phase 2 testing in combination with ipilimumab.

# Methods

# Study design and treatment

This protocol was originally designed as a phase 1/2study of patients with unresectable or metastatic melanoma (Additional file 1: Figure S1). Phase 1 was planned to include epacadostat dose-escalation and dose-expansion portions during which patients were to receive ipilimumab in combination with open-label epacadostat. Phase 2 was designed to be randomized, blinded, and placebo-controlled to evaluate ipilimumab in combination with epacadostat or placebo. The emerging success of PD-1 inhibitors in treating advanced melanoma led to the study sponsor's decision to suspend further patient enrollment in phase 1 dose expansion; no patients were enrolled into phase 2. The phase 1 dose-escalation portion of the study described here was conducted in accordance with the provisions of the Declaration of Helsinki, as described in the International Council for Harmonisation Guidelines for Good Clinical Practice, and was approved by the institutional review board at each participating institution. All patients provided informed consent before initiation of treatment.

Based on the safety, pharmacokinetic, and pharmacodynamic findings of epacadostat monotherapy in the phase 1 first-in-human study [18], two initial dose schedules of epacadostat (300 mg and 600 mg twice daily [BID]) were planned for evaluation in combination with intravenous ipilimumab 3 mg/kg every 3 weeks (Q3W) in a 6+6 dose-escalation design. Epacadostat dosing was to have been escalated if fewer than 2 of the first 6 evaluable patients or (when an additional 6 evaluable patients were enrolled) fewer than 3 of 12 evaluable patients experienced a dose-limiting toxicity (DLT). Dose interruptions, reductions, and discontinuations for epacadostat and dose interruptions and discontinuations for ipilimumab were allowed if patients experienced protocol-defined toxicity. A few of the first patients who received an epacadostat starting dose of 300 mg BID began to experience clinically significant alanine aminotransferase (ALT) elevations, resulting in dose reductions to epacadostat 100 mg BID and a protocol amendment to lower the epacadostat starting dose to 100 mg BID, under which 1 patient was enrolled. When 5 of 7 patients who initially received epacadostat 300 mg BID in combination with ipilimumab developed clinically significant ALT elevations (including 2 patients who experienced dose-limiting ALT elevations after having their doses reduced to 100 mg BID; ALT elevations were reversible with corticosteroids upon treatment discontinuation), the investigators and sponsor stopped epacadostat treatment and further enrollment in the study, which was subsequently placed on clinical hold for 6 months by the FDA. The study then reopened after the protocol was amended to include additional pharmacovigilance monitoring and to evaluate epacadostat doses ≤50 mg BID (25 mg BID, 50 mg BID continuous, 50 mg BID intermittent [2 weeks on/1 week off], and 75 mg daily [50 mg AM, 25 mg PM]) plus ipilimumab 3 mg/kg Q3W. Epacadostat doses ≥100 mg BID were not explored further in this study. After completing 12 weeks (four 21-day cycles) of the combination treatment, patients who received benefit could continue treatment with epacadostat monotherapy at their assigned dose (or a lower dose if needed based on safety findings) for up to 2 years.

#### Study population

Men and women  $\geq 18$  years of age with unresectable or metastatic melanoma, a life expectancy >12 weeks, and an Eastern Cooperative Oncology Group performance status of 0 or 1 were eligible to participate. Patients must have been tested for the V600E activating BRAF mutation. Laboratory and medical history parameters were required to be within normal institutional ranges. Patients were treatment-naive or previously treated for unresectable or metastatic disease. Prior immune checkpoint inhibitor therapy (eg, anti-CTLA-4, anti-PD-1, anti-PD-L1 monoclonal antibody) was permitted for patients without associated protocol-defined grade 3/4 immune-related adverse events (irAEs).

Exclusion criteria included central nervous system metastasis (unless the patient had asymptomatic, clinically stable disease [defined as no increase in lesion size or number for  $\geq$ 28 days following whole brain irradiation or relief of symptoms for  $\geq 7$  days following stereotactic radiosurgery or ≥28 days following surgical resection] not requiring steroids), unresolved grade >2 toxicities from anticancer therapy, grade 3/4 pneumonitis, autoimmune disease, and history of serotonin syndrome. Use of investigational study drugs within 28 days or 5 half-lives before screening (whichever was longer), other anticancer treatment within 21 days before receiving first study treatment dose (or 6 weeks for mitomycin C and nitrosoureas), and immunologically based treatments (including chronic systemic steroid use at doses topical steroids) were not permitted. Additional exclusion criteria added during the course of the study included elevated levels of liver chemistries, extensive liver metastases, excessive alcohol intake, excessive chronic acetaminophen use (ie, >2 g/day) at screening, and history of hepatitis or positive serology for hepatitis B or C.

#### Study assessments

The primary objectives were to evaluate the safety, tolerability, and DLTs associated with epacadostat plus ipilimumab. Safety and tolerability assessments included adverse event (AE) monitoring, comprehensive and targeted physical examination, vital signs, 12-lead electrocardiogram, assessment of serotonin syndrome symptoms [23], and clinical laboratory tests. Adverse events were assessed according to Common Terminology Criteria for Adverse Events version 4.03 on Days 1 and 10 of Cycle 1, Day 1 of subsequent treatment cycles, at end of treatment, and 1 and 2 months after the last treatment dose during follow-up. Dose-limiting toxicities were defined as the occurrence of any protocol-specified toxicity occurring during the first 8 weeks of treatment. Such toxicity could include grade 4 thrombocytopenia or neutropenia lasting >7 days; grade 4 nonhematologic toxicity; grade 3/4 aspartate aminotransferase (AST), ALT, or total bilirubin elevation; other nonhematologic grade 3 toxicity (excluding nausea/vomiting controlled by medical intervention within 72 h); documented infection (with or without fever) lasting  $\geq 7$  days; or grade  $\geq 2$ episcleritis, uveitis, or iritis. Immune-related AEs in this study included any previously observed with ipilimumab therapy [4] as well as any AEs considered related to the mechanism of action of epacadostat, ipilimumab, or other immune checkpoint inhibitors to capture any other autoimmune phenomena.

Secondary and exploratory objectives were to evaluate the preliminary efficacy of epacadostat plus ipilimumab based on assessments of objective response rate (ORR), duration of response (DOR), progression-free survival (PFS), and OS. Tumors were assessed by computerized tomography or magnetic resonance imaging (same scanning modality used throughout) at baseline and at tumor assessment study visits occurring every 9 weeks (for treatment Cycles 1-6) and every 12 weeks (starting on treatment Cycle 7), until disease progression, initiation of new anticancer therapy, or death. Tumor response, DOR, and PFS were evaluated according to immune-related response criteria (irRC) [24] and Response Evaluation Criteria in Solid Tumors version 1.1 (RECIST v1.1) [25]. Per irRC, patients were permitted to continue in the study after the first appearance of progressive disease (PD) at the investigator's discretion as long as the patient was not clinically deteriorating

and PD was not yet confirmed. For both irRC and RECIST v1.1, patients' overall response was evaluated as complete response (CR), partial response (PR), stable disease (SD), progressive disease (PD), or not evaluable (NE) at each postbaseline radiologic assessment based on changes in target lesions, nontarget lesions, and the appearance of new lesions. A patient was considered to have disease control if they responded (CR, PR) or had SD at least 56 days after treatment start date. Duration of response was the time from the first objective response to the first documented evidence of PD or death. Progression-free survival was defined as the time between the treatment start date and PD or death, whichever occurred earlier. Overall survival was defined as the number of days from the treatment start date to death. Patients were followed for survival every 3 months (up to a maximum of 2 years) after study drug discontinuation.

Plasma and whole blood samples were collected pre-dose and post-dose at protocol-defined time points for pharmacokinetic and pharmacodynamic analyses. Epacadostat pharmacokinetics were assessed by validated liquid chromatography with tandem mass spectrometry (LC-MS/MS) assay. Changes in plasma protein analytes were measured by an enzyme-linked immunosorbent assay or other relevant methods by Incyte Corporation (Wilmington, DE) or Incyte's designee. Plasma levels of trp and kyn were evaluated using LC-MS/MS. Whole blood samples were stimulated with interferon-y (100 ng/mL) and lipopolysaccharide (100 ng/mL) for 18 h to induce IDO1 expression; trp and kyn levels were subsequently measured by LC-MS/MS. For each patient, the relative IDO1 inhibition was calculated as the percentage reduction in kyn levels between pre-dose and post-dose samples.

Tumor biopsies were optional in phase 1 of this study. Therefore, although immunohistochemical staining of tumor biopsies to determine if the primary tumor or stromal cells expressed IDO1 was planned, an insufficient number of samples were collected to conduct a meaningful analysis.

## Statistical analyses

Final study results are reported based on a January 20, 2017, data cutoff. Safety and efficacy analyses included patients receiving  $\geq 1$  dose of epacadostat. The pharma-cokinetic/pharmacodynamic–evaluable population included patients who received  $\geq 1$  dose of epacadostat and provided  $\geq 1$  post-dose plasma sample for analysis.

SAS<sup>®</sup> software, version 9.4 (SAS Institute Inc., Cary, NC) was used to generate all tables, graphs, and statistical analyses. Epacadostat pharmacokinetics was estimated by noncompartmental model analysis (Phoenix WinNonlin version 6.0 or later; Pharsight Corporation,

Mountain View, CA). Descriptive statistics were used to present summaries of continuous and categorical variables. Survival data (OS, PFS) were analyzed using the nonparametric Kaplan-Meier method.

# Results

# Patient population

A total of 50 patients were enrolled in the study. The first 8 enrolled patients were treated with epacadostat 300 mg BID [n = 7] or 100 mg BID [n = 1] in combination with ipilimumab 3 mg/kg Q3W. Five of 7 patients treated with epacadostat 300 mg BID experienced clinically significant grade 3/4 ALT elevations (all reversible with corticosteroids upon treatment discontinuation), which led to an amendment in the study protocol to evaluate lower epacadostat doses. After the amendment, the study was restarted and patients were treated with epacadostat 25 mg BID (n = 8), 50 mg BID continuous (n = 18), 50 mg BID intermittent (2 weeks on/1 week off; n = 9), or 75 mg daily (50 mg AM, 25 mg PM; n = 7) in combination with ipilimumab 3 mg/kg Q3W.

As of the January 20, 2017 data cutoff, 2 patients had completed  $\geq 2$  years of treatment, and 48 had discontinued treatment. The most frequent reasons for study treatment discontinuation were AEs (regardless of relation to study treatment) and disease progression (n = 20, 40% each). Additional reasons for discontinuation included withdrawal of consent (n = 4; 8%), sponsor decision (n = 3; 6% [patients in the discontinued 100 mg BID and 300 mg BID dose groups not experiencing a grade 3/4 ALT elevation]), and investigator decision (n =1; 2%; Table 1). Twenty patients remained on study and completed the planned survival follow-up period.

Baseline demographic and disease characteristics for the 50 patients are shown in Table 2. Median (range) age was 63 (25-81) years, 64% of patients were men, and all were white. The majority of patients had stage IV melanoma (94%) and M1c disease (70%). The most common sites of metastases at baseline were the lymph nodes (56%), lung (52%), and liver (30%). Sixteen patients (32%) had BRAF mutations, and 12 (24%) had elevated lactate dehydrogenase levels. Before enrollment, 40% of patients had received radiation therapy for melanoma, and 46% had been treated with systemic therapy in the advanced or metastatic disease setting. Immune checkpoint inhibitors were the most common prior systemic treatments among these patients (n = 6;12%). Thirty-nine patients were immunotherapy-naive for advanced or metastatic disease, and 11 had received prior immunotherapy (immune checkpoint inhibitor, interferon, IL-2, or other) for advanced or metastatic disease.

Table 1 Patient Disposition	ſ
-----------------------------	---

Disposition Status, n (%)	25 mg BID (n = 8)	50 mg BID Cont' ( <i>n</i> = 18)	50 mg BID Int' (n = 9)	75 mg Total Daily ( <i>n</i> = 7)	100 mg BID <sup>a</sup> ( $n = 1$ )	300 mg BID <sup>a</sup> ( $n = 7$ )	Total ( <i>N</i> = 50)
Patients who completed study treatment	1 (12.5)	0	1 (11.1)	0	0	0	2 (4.0)
Patients who discontinued study treatment	7 (87.5)	18 (100.0)	8 (88.9)	7 (100.0)	1 (100.0)	7 (100.0)	48 (96.0)
Primary reason for discontinuation from tre	eatment/early	r termination <sup>b</sup>					
Adverse event	4 (50.0)	8 (44.4)	3 (33.3)	0	0	5 (71.4)	20 (40.0)
Disease progression	3 (37.5)	8 (44.4)	4 (44.4)	5 (71.4)	0	0	20 (40.0)
Consent withdrawn	0	1 (5.6)	1 (11.1)	2 (28.6)	0	0	4 (8.0)
Sponsor decision	0	0	0	0	1 (100.0)	2 (28.6)	3 (6.0)
Investigator decision	0	1 (5.6)	0	0	0	0	1 (2.0)

ALT alanine aminotransferase, AST aspartate aminotransferase, BID twice daily, cont' continuous, int' intermittent

<sup>a</sup> All patients who received epacadostat 100 mg BID and 300 mg BID discontinued treatment after 5 of these patients developed clinically significant ALT/AST elevations. These doses were not re-explored in this study after protocol amendment to evaluate lower epacadostat doses

<sup>b</sup> No patients discontinued or terminated study treatment early because of death, lost to follow-up, noncompliance, patient decision, protocol deviation, or termination of the clinical study by the sponsor

#### Safety and tolerability

All 50 patients received  $\geq 1$  dose of epacadostat, with a median (range) exposure of 84 (1–1352) days (Additional file 1: Table S1). Because of the protocol amendment to evaluate lower doses of epacadostat (< 100 mg BID), durations of exposure in the 100-mg BID (1 day) and 300-mg BID (median, 41 days) cohorts were shorter than in other dose cohorts. Forty-nine patients received  $\geq 1$  dose of ipilimumab (median dose/cycle, 3 mg/kg; the 1 patient treated with epacadostat 100 mg BID starting dose received only 1 dose of epacadostat and did not receive ipilimumab (Additional file 1: Table S1). The majority of patients (n = 28; 56.0%) received all 4 planned doses of ipilimumab. Among the 42 patients treated with epacadostat  $\leq$ 50 mg BID, the median exposure to epacadostat ranged from 79 to 239 days; 27 patients (64%) received all 4 doses of ipilimumab.

Dose-limiting toxicities were reported in 11 patients, including 4 patients treated with epacadostat 300 mg BID (Additional file 1: Table S2). The most common DLT was AST and/or ALT elevation (n = 6), followed by colitis (n = 2), diarrhea (n = 1), pneumonitis (n = 1), and rash (n = 1). As of the data cutoff for this report, all DLTs were manageable and resolved with study drug interruption/discontinuation and treatment with corticosteroids or other standard supportive care, with the exception of 1 patient treated with epacadostat 25 mg BID who had grade 3 AST elevation that did not resolve.

Treatment-emergent AEs observed in each dose cohort are shown in Table 3a. In the overall population (N = 50), treatment-emergent AEs occurred in 48 patients (96%); grade 3/4 treatment-emergent AEs were reported in 33 patients (66%). The most common treatment-emergent AEs (occurring in  $\geq$ 20% of all patients) were fatigue (64%), rash (52%), constipation (40%), pruritus (38%), diarrhea (34%), nausea (32%), ALT

elevation (28%), decreased appetite (26%), headache (26%), AST elevation (24%), vomiting (24%), cough (22%), and arthralgia (20%). Grade 3/4 treatment-emergent AEs observed in >1 patient included ALT elevation, AST elevation (n = 8 each); colitis (n = 4); fatigue (n = 3); anemia, confusional state, hyperglycemia, hyponatremia, hypotension, pruritus, and urinary tract infection (n = 2)each). Of 42 patients treated with epacadostat doses  $\leq 50$ mg BID, 41 patients (98%) had treatment-emergent AEs; 27 patients (64%) had grade 3/4 events. The most common treatment-emergent AEs among these patients  $(\geq 20\%)$  were fatigue (67%), rash (50%), diarrhea (36%), pruritus (36%), constipation (33%), nausea (31%), headache (29%), decreased appetite (26%), vomiting (26%), ALT elevation (21%), and cough (21%). Grade 3/4 treatment-emergent AEs occurring in >1 patient treated with epacadostat doses  $\leq$  50 mg BID were AST elevation, colitis (n = 4 each); ALT elevation, fatigue (n = 3 each); and confusional state, hyperglycemia, hyponatremia, hypotension, and urinary tract infection (n = 2 each).

In the overall population (N = 50), treatment-emergent AEs led to discontinuation of treatment in 20 patients (40%). Five of these 20 patients were initially treated with epacadostat 300 mg BID and discontinued because of ALT/AST elevations occurring either while patients were receiving the 300-mg BID dose (n = 3) or after the epacadostat dose was reduced to 100 mg BID (n = 2). Although these patients improved and recovered normal liver function after treatment with intravenous and oral corticosteroids, epacadostat doses ≥100 mg BID were not re-explored in this study. The remaining 15 patients who discontinued study treatment because of treatmentemergent AEs received epacadostat ≤50 mg BID. The only adverse event that led to discontinuation in >1 patient was colitis (n = 3). Five patients (10%) died due an adverse event but none were reported as to treatment-related.

# Table 2 Patient Demographics and Disease Characteristics at Baseline

	25 mg BID (n = 8)	50 mg BID Cont' ( <i>n</i> = 18)	50 mg BID Int' ( <i>n</i> = 9)	75 mg Total Daily ( <i>n</i> = 7)	100 mg BID <sup>a</sup> (n = 1)	300 mg BID <sup>a</sup> ( <i>n</i> = 7)	Total (N = 50)
Age					-		
Median (range), y	67 (34–81)	57 (25–78)	69 (49–77)	62 (35–81)	67 (67)	64 (47–81)	63 (25–81)
≤ 65 y, n (%)	3 (37.5)	14 (77.8)	2 (22.2)	4 (57.1)	0	5 (71.4)	28 (56.0)
White, n (%)	8 (100.0)	18 (100.0)	9 (100.0)	7 (100.0)	1 (100.0)	7 (100.0)	50 (100.0)
Men, n (%)	6 (75.0)	9 (50.0)	6 (66.7)	3 (42.9)	1 (100.0)	7 (100.0)	32 (64.0)
ECOG PS, n (%)							
0	5 (62.5)	16 (88.9)	6 (66.7)	6 (85.7)	1 (100.0)	4 (57.1)	38 (76.0)
1	3 (37.5)	2 (11.1)	3 (33.3)	1 (14.3)	0	3 (42.9)	12 (24.0)
Current staging, n (%)							
IIIB	1 (12.5) <sup>b</sup>	0	0	0	0	0	1 (2.0)
IIIC	0	0	2 (22.2)	0	0	0	2 (4.0)
IV	7 (87.5)	18 (100.0)	7 (77.8)	7 (100.0)	1 (100.0)	7 (100.0)	47 (94.0)
Current M classification, n (%)							
0	0	0	2 (22.2)	0	0	0	2 (4.0)
1a	1 (12.5)	3 (16.7)	0	2 (28.6)	0	2 (28.6)	8 (16.0)
1b	2 (25.0)	1 (5.6)	1 (11.1)	1 (14.3)	0	0	5 (10.0)
1c	5 (62.5)	14 (77.8)	6 (66.7)	4 (57.1)	1 (100.0)	5 (71.4)	35 (70.0)
Most common sites of metastases, n (%)							
Lymph nodes	3 (37.5)	12 (66.7)	4 (44.4)	3 (42.9)	0	6 (85.7)	28 (56.0)
Lung	4 (50.0)	13 (72.2)	4 (44.4)	3 (42.9)	1 (100.0)	1 (14.3)	26 (52.0)
Liver	2 (25.0)	6 (33.3)	3 (33.3)	3 (42.9)	0	1 (14.3)	15 (30.0)
Abdomen	0	3 (16.7)	3 (33.3)	0	0	3 (42.9)	9 (18.0)
Skin	1 (12.5)	4 (22.2)	1 (11.1)	1 (14.3)	0	2 (28.6)	9 (18.0)
Adrenals	1 (12.5)	3 (16.7)	2 (22.2)	0	1 (100.0)	0	7 (14.0)
CNS/brain	1 (12.5)	4 (22.2)	0	1 (14.3)	0	0	6 (12.0)
Chest wall	0	2 (11.1)	0	1 (14.3)	0	2 (28.6)	5 (10.0)
Breast	0	3 (16.7)	0	0	0	0	3 (6.0)
Peritoneum	0	0	1 (11.1)	1 (14.3)	0	0	2 (4.0)
Bone	0	0	0	0	0	1 (14.3)	1 (2.0)
Pancreas	0	1 (5.6)	0	0	0	0	1 (2.0)
Pleura	0	1 (5.6)	0	0	0	0	1 (2.0)
Other	5 (62.5)	6 (33.3)	1 (11.1)	2 (28.6)	0	3 (42.9)	17 (34.0)
BRAF-mutant positive, n (%)	2 (25.0)	8 (44.4)	2 (22.2)	1 (14.3)	1 (100.0)	2 (28.6)	16 (32.0)
Elevated LDH level, n (%)	2 (25.0)	3 (16.7)	3 (33.3)	2 (28.6)	0	2 (28.6)	12 (24.0)
Prior radiation therapy, n (%)	4 (50.0)	8 (44.4)	2 (22.2)	3 (42.9)	0	3 (42.9)	20 (40.0)
Prior systemic regimens for advanced or metastatic disease, n (%)	1 (12.5)	12 (66.7)	3 (33.3)	2 (28.6)	1 (100.0)	4 (57.1)	23 (46.0)
Prior systemic therapy for advanced or metastatic disease, n (%)							
Immunotherapy	0	6 (33.3)	3 (33.3)	1 (14.3)	0	1 (14.3)	11 (22.0)
Immune checkpoint inhibitor	0	3 (16.7)	2 (22.2)	1 (14.3)	0	0	6 (12.0)
Interferon	0	3 (16.7)	1 (11.1)	0	0	1 (14.3)	5 (10.0)
IL-2	0	1 (5.6)	1 (11.1)	0	0	0	2 (4.0)
Other	0	1 (5.6)	1 (11.1)	0	0	0	2 (4.0)
BRAF inhibitor	0	3 (16.7)	0	0	0	1 (14.3)	4 (8.0)
Chemotherapy	0	2 (11.1) 4 (22.2)	0 1 (11.1)	1 (14.3) 2 (28.6)	0 1 (100.0)	2 (28.6) 1 (14.3)	5 (10.0) 9 (18.0)

BID twice daily, CNS central nervous system, cont' continuous, ECOG PS Eastern Cooperative Oncology Group performance status, IL-2 interleukin 2, int' intermittent, LDH <sup>a</sup> Epacadostat 100-mg BID and 300-mg BID dose cohorts were not re-explored in this study after protocol amendment to evaluate lower doses of epacadostat <sup>b</sup> Patient was incorrectly staged as IIIB by study site; this patient had metastases in the liver and therefore should have been reported as stage IV

# Table 3 Safety Summary

Patient, n (%)	25 mg BID (n = 8)	50 mg BID Cont' (n = 18)	50 mg BID Int' ( <i>n</i> = 9)	75 mg Total Daily (n = 7)	100 mg BID <sup>a</sup> ( <i>n</i> = 1)	300 mg BID <sup>a</sup> ( <i>n</i> = 7)	Total ( <i>N</i> = 50)
A. Treatment-Emergent Adverse Eve	ents						
Any grade (≥10% of total patients)							
Fatigue	6 (75.0)	13 (72.2)	5 (55.6)	4 (57.1)	0	4 (57.1)	32 (64.0)
Rash <sup>b</sup>	4 (50.0)	10 (55.6)	1 (11.1)	6 (85.7)	0	5 (71.4)	26 (52.0)
Constipation	1 (12.5)	8 (44.4)	2 (22.2)	3 (42.9)	0	6 (85.7)	20 (40.0)
Pruritus <sup>c</sup>	1 (12.5)	6 (33.3)	5 (55.6)	3 (42.9)	0	4 (57.1)	19 (38.0)
Diarrhea	3 (37.5)	6 (33.3)	3 (33.3)	3 (42.9)	0	2 (28.6)	17 (34.0)
Nausea	4 (50.0)	4 (22.2)	4 (44.4)	1 (14.3)	0	3 (42.9)	16 (32.0)
ALT elevation	2 (25.0)	3 (16.7)	2 (22.2)	2 (28.6)	0	5 (71.4)	14 (28.0)
Decreased appetite	0	5 (27.8)	4 (44.4)	2 (28.6)	0	2 (28.6)	13 (26.0)
Headache	5 (62.5)	6 (33.3)	0	1 (14.3)	0	1 (14.3)	13 (26.0)
AST elevation	2 (25.0)	3 (16.7)	1 (11.1)	1 (14.3)	0	5 (71.4)	12 (24.0)
Vomiting	1 (12.5)	5 (27.8)	3 (33.3)	2 (28.6)	0	1 (14.3)	12 (24.0)
Cough	4 (50.0)	3 (16.7)	2 (22.2)	0	0	2 (28.6)	11 (22.0)
Arthralgia	3 (37.5)	1 (5.6)	3 (33.3)	1 (14.3)	0	2 (28.6)	10 (20.0)
Pyrexia	2 (25.0)	3 (16.7)	2 (22.2)	1 (14.3)	0	1 (14.3)	9 (18.0)
Abdominal pain	2 (25.0)	3 (16.7)	1 (11.1)	1 (14.3)	0	1 (14.3)	8 (16.0)
Insomnia	1 (12.5)	4 (22.2)	0	2 (28.6)	0	1 (14.3)	8 (16.0)
Chills	3 (37.5)	1 (5.6)	1 (11.1)	1 (14.3)	0	1 (14.3)	7 (14.0)
Dizziness	1 (12.5)	3 (16.7)	1 (11.1)	1 (14.3)	0	1 (14.3)	7 (14.0)
Anemia	1 (12.5)	1 (5.6)	1 (11.1)	1 (14.3)	0	2 (28.6)	6 (12.0)
Myalgia	2 (25.0)	2 (11.1)	0	0	0	2 (28.6)	6 (12.0)
Hypothyroidism	2 (25.0)	3 (16.7)	0	0	0	0	5 (10.0)
Upper respiratory tract infection	0	2 (11.1)	0	3 (42.9)	0	0	5 (10.0)
Grade 3/4 (> 1 patient total)							
ALT elevation	0	2 (11.1)	0	1 (14.3)	0	5 (71.4)	8 (16.0)
AST elevation	1 (12.5)	2 (11.1)	0	1 (14.3)	0	4 (57.1)	8 (16.0)
Colitis	2 (25.0)	1 (5.6)	1 (11.1)	0	0	0	4 (8.0)
Fatigue	0	2 (11.1)	1 (11.1)	0	0	0	3 (6.0)
Anemia	0	0	1 (11.1)	0	0	1 (14.3)	2 (4.0)
Confusional state	0	2 (11.1)	0	0	0	0	2 (4.0)
Hyperglycemia	0	1 (5.6)	0	1 (14.3)	0	0	2 (4.0)
Hypernatremia	0	1 (5.6)	0	1 (14.3)	0	0	2 (4.0)
Hypotension	0	2 (11.1)	0	0	0	0	2 (4.0)
Pruritus <sup>c</sup>	0	1 (5.6)	0	0	0	1 (14.3)	2 (4.0)
Urinary tract infection	1 (12.5)	0	1 (11.1)	0	0	0	2 (4.0)
B. Immune-Related Adverse Events							
Any grade (≥10% of total patients)							
Rash <sup>b</sup>	4 (50.0)	10 (55.6)	1 (11.1)	5 (71.4)	0	5 (71.4)	25 (50.0)
ALT elevation	2 (25.0)	3 (16.7)	2 (22.2)	2 (28.6)	0	5 (71.4)	14 (28.0)
Pruritus <sup>c</sup>	1 (12.5)	5 (27.8)	3 (33.3)	1 (14.3)	0	4 (57.1)	14 (28.0)
AST elevation	2 (25.0)	3 (16.7)	1 (11.1)	1 (14.3)	0	5 (71.4)	12 (24.0)
Hypothyroidism	2 (25.0)	3 (16.7)	0	0	0	0	5 (10.0)

Patient, n (%)	25 mg BID (n = 8)	50 mg BID Cont' ( <i>n</i> = 18)	50 mg BID Int' ( <i>n</i> = 9)	75 mg Total Daily (n = 7)	100 mg BID <sup>a</sup> (n = 1)	300 mg BID <sup>a</sup> ( <i>n</i> = 7)	Total ( <i>N</i> = 50)
Grade 3/4 (> 1 patient total)							
ALT elevation	0	2 (11.1)	0	1 (14.3)	0	5 (71.4)	8 (16.0)
AST elevation	1 (12.5)	2 (11.1)	0	1 (14.3)	0	4 (57.1)	8 (16.0)
Colitis	2 (25.0)	1 (5.6)	1 (11.1)	0	0	0	4 (8.0)
Pruritus <sup>c</sup>	0	1 (5.6)	0	0	0	1 (14.3)	2 (4.0)

Table 3 Safety Summary (Continued)

ALT alanine aminotransferase, AST aspartate aminotransferase, BID twice daily, cont' continuous, int' intermittent, MedDRA Medical Dictionary for Regulatory Activities

<sup>a</sup> Epacadostat 100-mg BID and 300-mg BID dose cohorts were not re-explored in this study after protocol amendment to evaluate lower doses of epacadostat <sup>b</sup> Rash included the following MedDRA preferred terms: rash, rash maculopapular, rash pruritic, rash generalized, and rash macular; patients were counted only once (a patient with multiple terms for rash was counted only once for the term "rash")

<sup>c</sup> Pruritus included the following MedDRA preferred terms: pruritus and pruritus generalized; patients were counted only once (a patient with multiple terms for pruritus was counted only once for the term "pruritus")

Immune-related AEs identified in the overall population (N = 50) are shown in Table 3b. Forty patients (80%) experienced irAEs of any grade, and 14 patients (28%) experienced grade 3/4 irAEs. The most common ( $\geq 10\%$ ) irAEs were rash (50%), ALT elevation (28%), pruritus (28%), AST elevation (24%), and hypothyroidism (10%). Grade 3/4 irAEs occurring in >1 patient were ALT elevation (n = 8), AST elevation (n = 8), colitis (n = 4), and pruritus (n = 2). Of 42 patients treated with epacadostat doses ≤50 mg BID, 79% experienced irAEs; 21% had grade 3/4 irAEs. The most common irAEs in these patients ( $\geq 10\%$ ) were rash (48%), pruritus (24%), ALT elevation (21%), AST elevation (17%), hypothyroidism (12%), and colitis (10%). Grade 3/4 irAEs occurring in >1 patient were AST elevation (n = 4), colitis (n = 4), and ALT elevation (n = 3). Immune-related AEs were generally reversible with appropriate corticosteroid treatment in addition to dose reduction or interruption of epacadostat and ipilimumab.

Overall, no significant changes in hematology parameters (platelets, hemoglobin, absolute neutrophil count, white blood cell count, and lymphocyte counts) were observed with treatment throughout the study. In addition, there was no significant change in vital signs, significant cardiac abnormalities affecting study treatment, or report of serotonin syndrome.

# Efficacy

Efficacy was evaluable in all 50 patients enrolled, including 39 immunotherapy-naive patients and 11 patients with prior immunotherapy for advanced or metastatic disease. Of 39 immunotherapy-naive patients, objective responses were observed in 10 patients (26%) by irRC (CR, 8%; PR, 18%) and 9 patients (23%) by RECIST v1.1 (CR, 8%; PR, 15%; Table 4 and Fig. 1). Median (range) DOR was 392 (148–1149+) days by irRC and 657 (114–1177+) days by RECIST v1.1. Twenty-five immunotherapy-naive patients achieved disease control by irRC (64%; 15 SD) and 19 by RECIST v1.1 (49%; 10 SD). No objective response was seen in the 11 patients who received prior immunotherapy, although 4 patients (36%) and 3 patients (27%) had SD by irRC and RECIST v1.1, respectively (Table 4).

Among immunotherapy-naive patients, the median (95% CI) PFS was 7.5 (4.0–12.4) months by irRC and 4.1 (2.1–7.5) months by RECIST v1.1 (Fig. 2a and b). Median (95% CI) PFS in patients previously treated with immunotherapy was 2.9 (1.8–4.1) months by irRC and 2.8 (1.8–3.3) months by RECIST v1.1. Among all efficacy-evaluable patients, OS rates at 3, 6, 9, and 12 months were 92, 80, 73, and 73%, respectively. The median (95% CI) OS was not reached (18.7–NE months) in immunotherapy-naive patients, and was 15.0 (3.3–NE) months in patients previously treated with immunotherapy (Fig. 2c).

Efficacy assessments were limited for epacadostat 100-mg BID (n = 1; 1 day exposure to study drug) and 300-mg BID (n = 7; 41 days median exposure to study drug) dose cohorts. The 1 patient treated with epacadostat 100 mg BID discontinued treatment before the first tumor assessment. Best objective response in patients treated with epacadostat 300 mg BID was SD by irRC (n = 6) and RECIST v1.1 (n = 2).

## Pharmacokinetics

Thirty-six patients were evaluable for pharmacokinetic analyses. Patients who received epacadostat 75 mg total daily dose (50 mg AM, 25 mg PM) were excluded from pharmacokinetic analyses because they were at neither the steady state of 50 mg once daily nor 50 mg BID. Steady-state pharmacokinetic observations (Cycle 1, Day 10) are summarized in Additional file 1: Table S3.

Epacadostat was absorbed rapidly after repeat oral doses of 25 mg BID, 50 mg BID, 50 mg BID intermittent, and 300 mg BID; median time of maximum observed concentration  $(t_{max})$  was approximately 2 h. Subsequently, plasma concentrations decreased in either a monoexponential or biexponential pattern; mean terminal elimination half-life  $(t_{42})$  was approximately 5 to 9 h.

n (%)	irRC		RECIST			
	Immunotherapy-Naive (n = 39)	Prior Immunotherapy $(n = 11)$	Immunotherapy-Naive (n = 39)	Prior Immunotherapy (n = 11)		
Objective response rate	10 (25.6)	0	9 (23.1)	0		
Complete response	3 (7.7)	0	3 (7.7)	0		
Partial response	7 (17.9)	0	6 (15.4)	0		
Stable disease	15 (38.5)	4 (36.4)	10 (25.6)	3 (27.3)		
Disease control rate	25 (64.1)	4 (36.4)	19 (48.7)	3 (27.3)		
Progressive disease	7 (17.9)	5 (45.5)	15 (38.5)	6 (54.5)		
Missing	7 (17.9)	2 (18.2)	5 (12.8)	2 (18.2)		

 Table 4 Best Objective Response by irRC and RECIST v1.1

irRC immune-related response criteria, RECIST Response Evaluation Criteria in Solid Tumors

The observed geometric mean of exposures (maximum observed concentration  $[C_{max}]$  and area under the concentration vs time curve from 0 to 12 h  $[AUC_{0-12h}]$ ) suggested that the epacadostat pharmacokinetic exposures increased in a dose-proportional fashion with increasing dose between 25 mg BID and 300 mg BID. In addition, the geometric mean AUC for 300 mg BID of epacadostat was 9.2  $\mu$ M·h in this study, compared with 9.8  $\mu$ M·h among patients with advanced malignancies treated with epacadostat monotherapy 300 mg BID in a separate study [18].

#### Pharmacodynamics

Plasma kyn levels were elevated in a majority of patients at baseline (n = 47; median, 2200 nM) relative to previously reported levels in fasted normal healthy volunteers (median, 1499 nM) [18]. Approximately half of the baseline kyn levels are attributable to dietary metabolism of trp by liver tryptophan 2,3-dioxygenase and are not influenced by IDO1 activity [18]. Therefore, the maximal level of inhibition expected with this measure is approximately 50%. Overall, there was an average 36% reduction in the elevated baseline kyn levels when on treatment, which was consistent with the pharmacokinetic exposures achieved in this study. There was a trend toward greater reduction of kyn levels and the kyn/trp ratio with higher doses of epacadostat, suggesting a dose-dependent inhibition of IDO1 by epacadostat.

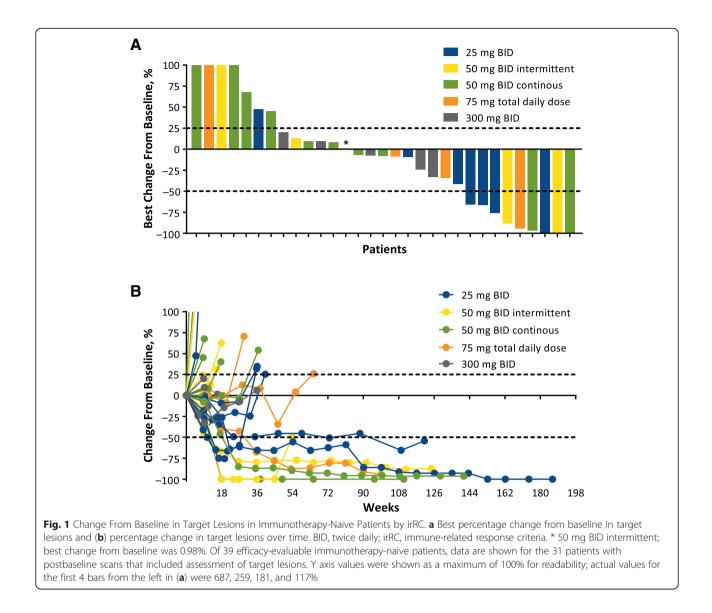
The ex vivo whole blood-based pharmacodynamic analysis based on inhibition of induced IDO1 activity confirmed a dose-dependent IDO1 inhibition at tested time points (Additional file 1: Table S4). Maximal average inhibition of 85% was achieved within the first 6 h of epacadostat 300-mg BID dosing. At doses of 25 mg BID and 50 mg BID, the average inhibition exceeded 50%. This level of IDO1 inhibition was similar to that observed in plasma when achieving maximal therapeutic effect in preclinical models [26]. In addition, these results were generally consistent with previously reported data in patients with advanced malignancies [18] and with in vitro–derived human protein-binding adjusted  $IC_{50}$  for epacadostat.

At baseline, average levels of inflammatory cytokines and protein markers (eg, C-reactive protein [CRP], interleukin [IL]-6, tumor necrosis factor- $\alpha$ , vascular cell adhesion molecule 1) were markedly elevated compared with healthy volunteers (data not shown). These findings were consistent with the increased inflammatory state observed in patients with advanced cancer [27–29]. A limited number of immune-related plasma cytokines and protein markers (ie, IP-10, CXCL13, CRP, IL-6) were observed to be consistently increased by <2-fold at Cycle 2 Day 1 and Cycle 4 Day 1 on study treatment compared with Cycle 1 Day 1, regardless of study treatment dose. There was no association between these elevations and response to treatment, and such changes appeared to be a pharmacodynamic effect of the combination.

#### Discussion

Results of this open-label phase 1 study suggested that epacadostat at doses ≤50 mg BID was generally well tolerated when combined with ipilimumab 3 mg/kg Q3W and that this combination immunotherapy strategy demonstrated promising clinical activity in patients with unresectable or metastatic melanoma.

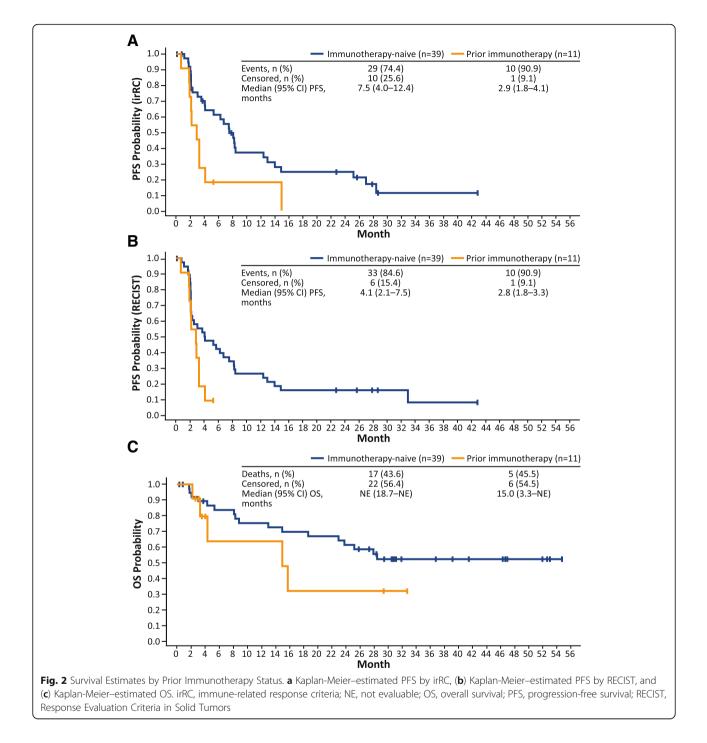
Although not directly comparable, the safety profile for epacadostat plus ipilimumab in this study was generally consistent with the previously reported ipilimumab monotherapy safety profile [3, 4], suggesting that epacadostat dosing of 50 mg BID or lower was associated with minimal additive AEs when combined with ipilimumab. Patients treated with epacadostat in combination with ipilimumab at doses of  $\leq$ 50 mg BID in this study had grade 3/4 treatment-emergent AEs rate of 64%, whereas such AEs were observed in 56% of patients receiving ipilimumab and ipilimumab combination therapy in a separate clinical study [6]. Furthermore, 28% of patients in this study experienced grade 3/4 irAEs, which was slightly higher than the rates of irAEs previously



reported with ipilimumab monotherapy (19%), [6] although it's noteworthy that only 21% of the 42 patients treated with epacadostat doses  $\leq$ 50 mg BID had grade 3/ 4 irAEs. The irAEs observed in this study were reversible with corticosteroids and dose reduction/interruption of study treatment. No treatment-related AEs led to death. However, it should be noted that epacadostat 300 mg BID in combination with ipilimumab 3 mg/kg was associated with unacceptable rates of grade 3/4 ALT/AST elevations, and rates of ALT and AST elevations in patients treated with epacadostat  $\leq$ 50 mg BID plus ipilimumab (21 and 17%, respectively) remained higher than would be expected with ipilimumab monotherapy. Due to hepatotoxicity, epacadostat doses of 100 mg BID or higher were not explored further in this study.

The pharmacokinetic and pharmacodynamic observations of epacadostat in this melanoma study are generally consistent with previous reports in patients with advanced malignancies [18]. Epacadostat at doses of 25 mg BID, 50 mg BID, 50 mg BID intermittent, and 300 mg BID were associated with a  $t_{max}$  of approximately 2 h and a mean terminal  $t_{1/2}$  of 5 to 9 h. Additionally, the level of IDO1 enzyme inhibition achieved with epacadostat doses  $\geq$ 25 mg BID in this study was similar to levels associated with maximal therapeutic effect in preclinical models.

Efficacy findings in this study demonstrate that immunotherapy-naive patients with unresectable or metastatic melanoma may benefit from treatment with epacadostat plus ipilimumab based on the ORR (26% per irRC; 23% per RECIST v1.1), CR (8% per irRC and RECIST v1.1), disease control rate (64% per irRC; 49% per RECIST v1.1), PFS (median [95% CI]: 4.1 [2.1–7.5] months by RECIST; 7.5 [4.0–12.4] months by irRC), and



OS (median [95% CI]: not reached [18.7–NE] months). Although no objective responses were observed among patients previously treated with immunotherapy, SD was achieved in 36% of patients by irRC and 27% by RECIST v1.1.

Together, these findings suggest that epacadostat in combination with ipilimumab is active in patients with metastatic melanoma, but additional evidence is required to further assess the potential therapeutic benefits of this combination. At the time of this publication, results from the pivotal phase 3 ECHO-301/KEY-NOTE-252 trial (NCT02752074) demonstrated that the combination of epacadostat 100 mg BID and pembrolizumab (anti–PD-1 inhibitor) 200 mg Q3W failed to reach the primary endpoint of improved PFS compared with pembrolizumab monotherapy in patients with unresectable/metastatic melanoma [30]. Given these findings, the role of IDO1 inhibitors in general, and

epacadostat in particular, in melanoma and other advanced malignancies remains unclear at this time. Future results from ongoing randomized clinical studies may provide insights into whether a role exists for epacadostat-based combination strategies. Nonetheless, the response rate observed in the current study may warrant continued investigation of epacadostat (or other IDO1 inhibitors) in combination with anti–CTLA-4 antibody therapy.

## Conclusion

This was the first study to evaluate an IDO1 inhibitor in combination with ipilimumab in the clinical setting. Although preliminary, the results from this study suggest that epacadostat  $\leq$ 50 mg BID in combination with ipilimumab 3 mg/kg has an acceptable safety profile, and that this combination has the potential to enhance clinical activity in patients with unresectable or metastatic melanoma, particularly in those who have not been previously treated with immunotherapy.

# **Additional file**

Additional file 1: Figure S1. Study Design. Table S1. Epacadostat and Ipilimumab Treatment Exposure. Table S2. Dose-Limiting Toxicities. Table S3. Epacadostat Steady-State Pharmacokinetic Parameters (Cycle 1, Day 10). Table S4. Whole Blood Kynurenine Pharmacodynamics Analysis. (PDF 214 kb)

## Abbreviations

AE: Adverse event; ALT: Alanine aminotransferase; AST: Aspartate aminotransferase; AUC<sub>0-12h</sub>: Area under the concentration vs time curve from 0 to 12 h; BID: Twice daily; C<sub>max</sub>: Maximum observed concentration; CNS: Central nervous system; cont': Continuous; CR: Complete response; CRP: C-reactive protein; CTLA-4: Cytotoxic T-lymphocyte-associated protein 4; DLT: Dose-limiting toxicity; DOR: Duration of response; ECOG PS: Eastern Cooperative Oncology Group performance status; FDA: United States Food and Drug Administration; IDO1: Indoleamine 2,3-dioxygenase 1; IL: Interleukin; int': Intermittent; irAE: Immune-related adverse event; irRC: Immune-related response criteria; kyn: Kynurenine; LC-MS/MS: Liquid chromatography with tandem mass spectrometry; LDH: Lactate dehydrogenase; MedDRA: Medical Dictionary for Regulatory Activities; NE: Not evaluable; ORR: Objective response rate; OS: Overall survival; PD: Progressive disease; PD-1: Programmed cell death protein 1; PD-L1: PDligand 1; PFS: Progression-free survival; PR: Partial response; Q3W: Every 3 weeks; RECIST: Response Evaluation Criteria in Solid Tumors; SD: Stable disease;  $t_{\mbox{\tiny 1/2}}$ : Terminal elimination half-life;  $t_{\mbox{\tiny max}}$ : Time of maximum observed concentration; TME: Tumor microenvironment; TRAE: Treatment-related AE; trp: Tryptophan; VEGF: Vascular endothelial growth factor

#### Acknowledgements

The authors acknowledge Peter D. Boasberg (The Angeles Clinic and Research Institute, Los Angeles, CA), Jill Bowman (Incyte Corporation, Wilmington, DE), and Peggy A. Scherle (formerly of Incyte Corporation) for their contributions to the study. Editorial assistance was provided by Jane Kovalevich at Complete Healthcare Communications, LLC (North Wales, PA), a CHC Group company, and funded by Incyte Corporation.

#### Funding

This study was funded by Incyte Corporation (Wilmington, DE, USA).

#### Availability of data and materials

The datasets used and/or analyzed during the current study are available from the corresponding author on reasonable request.

#### Authors' contributions

Study design: OH, AJO, TFG, YZ, JM, LL. Acquisition of data: GTG, OH, JL, AJO, TCM, TFG, BC, BAH, JSW. Statistical lead: YZ. Data analysis: YZ, RCN, JM, LL. Data interpretation: GTG, OH, JL, AJO, TCM, TFG, BC, BAH, YZ, RCN, JM, LL, JSW. Writing, review, and/or revision of the manuscript: GTG, OH, JL, AJO, TCM, TFG, BC, BAH, YZ, RCN, JM, LL, JSW. All authors read and approved the final manuscript.

#### Ethics approval and consent to participate

This report was conducted in accordance with the provisions of the Declaration of Helsinki, as described in the International Council for Harmonisation Guidelines for Good Clinical Practice, and was approved by the institutional review board at each participating institution. All patients provided informed consent before initiation of treatment.

#### **Consent for publication**

Not applicable.

#### **Competing interests**

GTG served as a consultant for Array BioPharma, Genentech, Novartis, Incyte Corporation, Newlink Genetics, Jounce, and Bristol-Myers Squibb; and served on a speakers bureau for Genentech. OH served consulting or advisory roles with Amgen, Novartis, Roche, Bristol-Myers Squibb, and Merck; served on speakers bureaus for Bristol-Myers Squibb, Genentech, Novartis, and Amgen; and received research funding from AstraZeneca, Bristol-Myers Squibb, Celldex, Genentech, Immunocore, Incyte, Merck, Merck Serono, Med-Immune, Novartis, Pfizer, Rinat, and Roche. JL served as an advisory board consultant for Bristol-Myers Squibb. AJO served consulting or advisory roles with Merck, Takeda, Bristol-Myers Squibb, and G1 Therapeutics; received research funding from Takeda, Immunocore, EMD Serono, Amgen, Incyte, Kyowa Hakko Kirin, Lilly, Advaxis, Mirati Therapeutics, Ignyta, Novartis, Pfizer, Bristol-Myers Squibb, and Kura; and received travel/accommodation expenses from Takeda. TCM served consulting or advisory roles with Novartis, Bristol-Myers Squibb, Merck, and Incyte; and received research funding from Merck, Incyte, Bristol-Myers Squibb, and Roche. TFG has received consultancy fees from Merck, Roche-Genentech, AbbVie, Bayer, Jounce, Aduro, Fog Pharma, Adaptimmune, FivePrime, and Sanofi; has received research support from Roche-Genentech, Bristol-Myers Squibb, Merck, Incyte, Seattle Genetics, Celldex, Ono, Evelo, Bayer, and Aduro; has intellectual property/licensing agreements with Aduro, Evelo, and Bristol-Myers Squibb; and is a cofounder/ shareholder with Jounce. BC has nothing to disclose. BAH received research funding from Merck, OncoMed Pharmaceuticals, MedPacto Inc., GlaxoSmith-Kline, AstraZeneca, D3 A\*STAR, and Tempest; served consulting or advisory roles for G1 Therapeutics and FujiFilm Pharmaceuticals; and served on speakers bureaus for CE Concepts and Merck. YZ was an employee and stockholder of Incyte Corporation at the time of data analysis. RCN, JM, and LL are employees and stockholders of Incyte Corporation. JSW owns equity in Biond, Altor, and CytomX; is named on patents for Biodesix (PD-1 biomarker) and Moffitt (CTLA-4 biomarker; neither of which were used in the current work); and has received consulting fees for advisory boards for Bristol-Myers Squibb, GlaxoSmithKline, Merck, Novartis, Incyte Corporation, Genentech, AstraZeneca, Celldex, Sellas, CytomX, EMD Serono, and Pfizer.

#### **Publisher's Note**

Springer Nature remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.

#### Author details

<sup>1</sup>Donald A. Adam Melanoma and Skin Cancer Research Center of Excellence, Moffitt Cancer Center, 12902 Magnolia Drive, Tampa, FL, USA. <sup>2</sup>Melanoma and Skin Cancers Center, The Angeles Clinic and Research Institute, 11818 Wilshire Blvd, Suite #200, Los Angeles, CA, USA. <sup>3</sup>Division of Hematology & Oncology, Mount Sinai Medical Center, 4306 Alton Rd, Miami Beach, FL, USA. <sup>4</sup>Department of Hematology/Oncology, Fox Chase Cancer Center, 333 Cottman Ave, Philadelphia, PA, USA. <sup>5</sup>Division of Hematology Oncology, Abramson Cancer Center, Hospital of the University of Pennsylvania, 3400 Civic Center Blvd, Philadelphia, PA, USA. <sup>6</sup>Department of Hematology/ Oncology, University of Chicago, 5841 S Maryland Ave, MC2115, Chicago, IL, USA. <sup>7</sup>Jonsson Comprehensive Medical Center, University of California, Los Angeles, 10945 Le Conte Ave #2339, Los Angeles, CA, USA. <sup>8</sup>Department of Medicine, Duke University Medical Center, 20 Duke Medicine Cir, Durham, NC, USA. <sup>9</sup>Incyte Corporation, 1801 Augustine Cutoff, Wilmington, DE, USA. <sup>10</sup>Present Address: Laura and Isaac Perlmutter Cancer Center, NYU Langone Medical Center, New York, NY, USA. <sup>11</sup>Present Address: Lombardi Comprehensive Cancer Center, Medstar-Georgetown University Hospital, 3800 Reservoir Road NW, Podium A, Washington, DC 20007, USA.

## Received: 26 December 2018 Accepted: 11 March 2019 Published online: 20 March 2019

#### References

- Chen DS, Mellman I. Oncology meets immunology: the cancer-immunity cycle. Immunity. 2013;39:1–10.
- Moon YW, Hajjar J, Hwu P, Naing A. Targeting the indoleamine 2,3dioxygenase pathway in cancer. J ImmunoTher Cancer. 2015;3:51.
- Hodi FS, O'Day SJ, McDermott DF, Weber RW, Sosman JA, Haanen JB, Gonzalez R, Robert C, Schadendorf D, Hassel JC, Akerley W, van den Eertwegh AJ, Lutzky J, Lorigan P, Vaubel JM, Linette GP, Hogg D, Ottensmeier CH, Lebbe C, Peschel C, Quirt I, Clark JI, Wolchok JD, Weber JS, Tian J, Yellin MJ, Nichol GM, Hoos A, Urba WJ. Improved survival with ipilimumab in patients with metastatic melanoma. N Engl J Med. 2010;363:711–23.
- YERVOY<sup>®</sup> (ipilimumab). Full prescribing information, Bristol-Myers Squibb Company. Princeton, NJ; 2017.
- Hodi FS, Chesney J, Pavlick AC, Robert C, Grossmann KF, McDermott DF, Linette GP, Meyer N, Giguere JK, Agarwala SS, Shaheen M, Ernstoff MS, Minor DR, Salama AK, Taylor MH, Ott PA, Horak C, Gagnier P, Jiang J, Wolchok JD, Postow MA. Combined nivolumab and ipilimumab versus ipilimumab alone in patients with advanced melanoma: 2-year overall survival outcomes in a multicentre, randomised, controlled, phase 2 trial. Lancet Oncol. 2016;17:1558–68.
- Larkin J, Chiarion-Sileni V, Gonzalez R. Combined nivolumab and ipilimumab or monotherapy in untreated melanoma. N Engl J Med. 2015;373:23–34.
- Spranger S, Koblish HK, Horton B, Scherle PA, Newton R, Gajewski TF. Mechanism of tumor rejection with doublets of CTLA-4, PD-1/PD-L1, or IDO blockade involves restored IL-2 production and proliferation of CD8<sup>+</sup> T cells directly within the tumor microenvironment. J Immunother Cancer. 2014;2:3.
- Liu X, Shin N, Koblish HK, Yang G, Wang Q, Wang K, Leffet L, Hansbury MJ, Thomas B, Rupar M, Waeltz P, Bowman KJ, Polam P, Sparks RB, Yue EW, Li Y, Wynn R, Fridman JS, Burn TC, Combs AP, Newton RC, Scherle PA. Selective inhibition of IDO1 effectively regulates mediators of antitumor immunity. Blood. 2010;115:3520–30.
- Munn DH, Mellor AL. Indoleamine 2,3-dioxygenase and tumor-induced tolerance. J Clin Invest. 2007;117:1147–54.
- Holmgaard RB, Zamarin D, Li Y, Gasmi B, Munn DH, Allison JP, Merghoub T, Wolchok JD. Tumor-expressed IDO recruits and activates MDSCs in a Tregdependent manner. Cell Rep. 2015;13:412–24.
- Wang XF, Wang HS, Wang H, Zhang F, Wang KF, Guo Q, Zhang G, Cai SH, Du J. The role of indoleamine 2,3-dioxygenase (IDO) in immune tolerance: focus on macrophage polarization of THP-1 cells. Cell Immunol. 2014;289:42–8.
- Theate I, van Baren N, Pilotte L, Moulin P, Larrieu P, Renauld JC, Herve C, Gutierrez-Roelens I, Marbaix E, Sempoux C, Van den Eynde BJ. Extensive profiling of the expression of the indoleamine 2,3-dioxygenase 1 protein in normal and tumoral human tissues. Cancer Immunol Res. 2015;3:161–72.
- Uyttenhove C, Pilotte L, Théate I, Stroobant V, Colau D, Parmentier N, Boon T, Van den Eynde BJ. Evidence for a tumoral immune resistance mechanism based on tryptophan degradation by indoleamine 2,3-dioxygenase. Nat Med. 2003;9:1269–74.
- Zhao Q, Kuang DM, Wu Y, Xiao X, Li XF, Li TJ, Zheng L. Activated CD69+ T cells foster immune privilege by regulating IDO expression in tumorassociated macrophages. J Immunol. 2012;188:1117–24.
- Munn DH, Sharma MD, Hou D, Baban B, Lee JR, Antonia SJ, Messina JL, Chandler P, Koni PA, Mellor AL. Expression of indoleamine 2,3-dioxygenase by plasmacytoid dendritic cells in tumor-draining lymph nodes. J Clin Invest. 2004;114:280–90.
- Yu CP, Fu SF, Chen X, Ye J, Ye Y, Kong LD, Zhu Z. The clinicopathological and prognostic significance of IDO1 expression in human solid tumors: evidence from a systematic review and meta-analysis. Cell Physiol Biochem. 2018;49:134–43.

- Speeckaert R, Vermaelen K, van Geel N, Autier P, Lambert J, Haspeslagh M, van Gele M, Thielemans K, Neyns B, Roche N, Verbeke N, Deron P, Speeckaert M, Brochez L. Indoleamine 2,3-dioxygenase, a new prognostic marker in sentinel lymph nodes of melanoma patients. Eur J Cancer. 2012; 48:2004–11.
- Beatty GL, O'Dwyer PJ, Clark J, Shi JG, Bowman KJ, Scherle PA, Newton RC, Schaub R, Maleski J, Leopold L, Gajewski TF. First-in-human phase I study of the oral inhibitor of indoleamine 2,3-dioxygenase-1 epacadostat (INCB024360) in patients with advanced solid malignancies. Clin Cancer Res. 2017;23:3269–76.
- Hamid O, Robert C, Daud A, Hodi FS, Hwu WJ, Kefford R, Wolchok JD, Hersey P, Joseph RW, Weber JS, Dronca R, Gangadhar TC, Patnaik A, Zarour H, Joshua AM, Gergich K, Elassaiss-Schaap J, Algazi A, Mateus C, Boasberg P, Tumeh PC, Chmielowski B, Ebbinghaus SW, Li XN, Kang SP, Ribas A. Safety and tumor responses with lambrolizumab (anti-PD-1) in melanoma. N Engl J Med. 2013;369:134–44.
- Robert C, Schachter J, Long GV, Arance A, Grob JJ, Mortier L, Daud A, Carlino MS, McNeil C, Lotem M, Larkin J, Lorigan P, Neyns B, Blank CU, Hamid O, Mateus C, Shapira-Frommer R, Kosh M, Zhou H, Ibrahim N, Ebbinghaus S, Ribas A, KEYNOTE-006 Investigators. Pembrolizumab versus ipilimumab in advanced melanoma. N Engl J Med. 2015;372:2521–32.
- Iannone R, Gergich K, Cong C, Kang P, Daud A, Dronca R, Joseph R, Gangadhar T, Hamid O, Kefford R, Hersey P, Patnaik A, Ribas A, Robert C, Weber JS, Wolchok J, Zarour H, Hodi F, Hwu W. Efficacy and safety of MK-3475 in patients with advanced melanoma. Pigm Cell Mel Res. 2012;25:864–5.
- 22. Robert C, Ribas A, Wolchok JD, Hodi FS, Hamid O, Kefford R, Weber JS, Joshua AM, Hwu WJ, Gangadhar TC, Patnaik A, Dronca R, Zarour H, Joseph RW, Boasberg P, Chmielowski B, Mateus C, Postow MA, Gergich K, Elassaiss-Schaap J, Li XN, Iannone R, Ebbinghaus SW, Kang SP, Daud A. Anti-programmed-death-receptor-1 treatment with pembrolizumab in ipilimumab-refractory advanced melanoma: a randomised dose-comparison cohort of a phase 1 trial. Lancet. 2014;384:1109–17.
- 23. Boyer EW, Shannon M. The serotonin syndrome. N Engl J Med. 2005;352: 1112–20.
- Wolchok JD, Hoos A, O'Day S, Weber JS, Hamid O, Lebbe C, Maio M, Binder M, Bohnsack O, Nichol G, Humphrey R, Hodi FS. Guidelines for the evaluation of immune therapy activity in solid tumors: immune-related response criteria. Clin Cancer Res. 2009;15:7412–20.
- Eisenhauer EA, Therasse P, Bogaerts J, Schwartz LH, Sargent D, Ford R, Dancey J, Arbuck S, Gwyther S, Mooney M, Rubinstein L, Shankar L, Dodd L, Kaplan R, Lacombe D, Verweij J. New response evaluation criteria in solid tumours: revised RECIST guideline (version 1.1). Eur J Cancer. 2009;45:228–47.
- Koblish HK, Hansbury MJ, Bowman KJ, Yang G, Neilan CL, Haley PJ, Burn TC, Waeltz P, Sparks RB, Yue EW, Combs AP, Scherle PA, Vaddi K, Fridman JS. Hydroxyamidine inhibitors of indoleamine-2,3-dioxygenase potently suppress systemic tryptophan catabolism and the growth of IDO-expressing tumors. Mol Cancer Ther. 2010;9:489–98.
- Allin KH, Nordestgaard BG. Elevated C-reactive protein in the diagnosis, prognosis, and cause of cancer. Crit Rev Clin Lab Sci. 2011;48:155–70.
- Shrotriya S, Walsh D, Bennani-Baiti N, Thomas S, Lorton C. C-reactive protein is an important biomarker for prognosis tumor recurrence and treatment response in adult solid tumors: a systematic review. PLoS One. 2015;10: e0143080.
- Schlesinger M, Bendas G. Vascular cell adhesion molecule-1 (VCAM-1)-an increasing insight into its role in tumorigenicity and metastasis. Int J Cancer. 2015;136:2504–14.
- Long GV, Dummer R, Hamid O, Gajewski T, Caglevic C, Dalle S, Arance A, Carlino M, Grob J-J, Kim MT, Demidov LV, Robert C, Larkin JMG, Anderson J, Maleski JE, Jones MM, Diede SJ, Mitchell TC. Epacadostat plus pembrolizumab versus pembrolizumab alone in patients with unresectable metastatic melanoma: results of the phase 3 ECHO-301/KEYNOTE-252 study. J Clin Oncol. 2018;36(15 suppl):108.