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Zerumbone attenuates lipopolysaccharide-induced activation of BV-2 microglial cells via NF- κ B signaling

Min Ji Gu^{1†}, Pyeongjae Lee², Sang Keun Ha^{1*†} and Jinyoung Hur^{1*†} 

Abstract

The brain is considered an immune-privileged organ. However, it has been found that inflammation mediated by microglia, which were once believed to support the brain structure, plays important roles in neuronal cell survival and death. Whether activated microglia has beneficial or detrimental effects on neurons remain controversial. Activated microglia could contribute to maintaining homeostasis in the brain by removing damaged cells. Nonetheless, dysregulation of microglial activation leads to neuronal cell death. Therefore, much attention has been paid to compounds that regulate microglial activation. Zerumbone, a constituent of *Zingiber zerumbet*, has been reported to exert several biological activities such as anticancer, anti-bacterial, and anti-inflammatory effects. In this study, we aimed to determine the anti-inflammatory effect of zerumbone on lipopolysaccharide-induced activation of BV-2 microglial cells and elucidate the underlying mechanism of action. Zerumbone suppressed nitric oxide and prostaglandin E₂ production induced by lipopolysaccharides through inhibiting the expression of inducible nitric oxide synthase and cyclooxygenase-2. Blocking of mitogen-activated protein kinase and NF- κ B activation, if not completely, is considered to be due to the anti-inflammatory effect of zerumbone against microglial activation.

Keywords: Zerumbone, Microglia, BV-2, Neuroinflammation, Anti-inflammation, NF- κ B

Introduction

Microglia are macrophage-like cells in the brain that constitute the microenvironment necessary for synapse formation and normal functioning of neurons; they protect normal neurons by removing nearby apoptotic cells [1–4]. Two types of microglial activation are necessary for apoptotic cell removal: M1 and M2. M1 microglia produce nitric oxide (NO) and pro-inflammatory cytokines, such as tumor necrosis factor- α (TNF- α) and interleukin-1 β (IL-1 β), to mediate inflammatory responses. M2 microglia produce anti-inflammatory cytokines to inhibit excessive neuronal apoptosis [5].

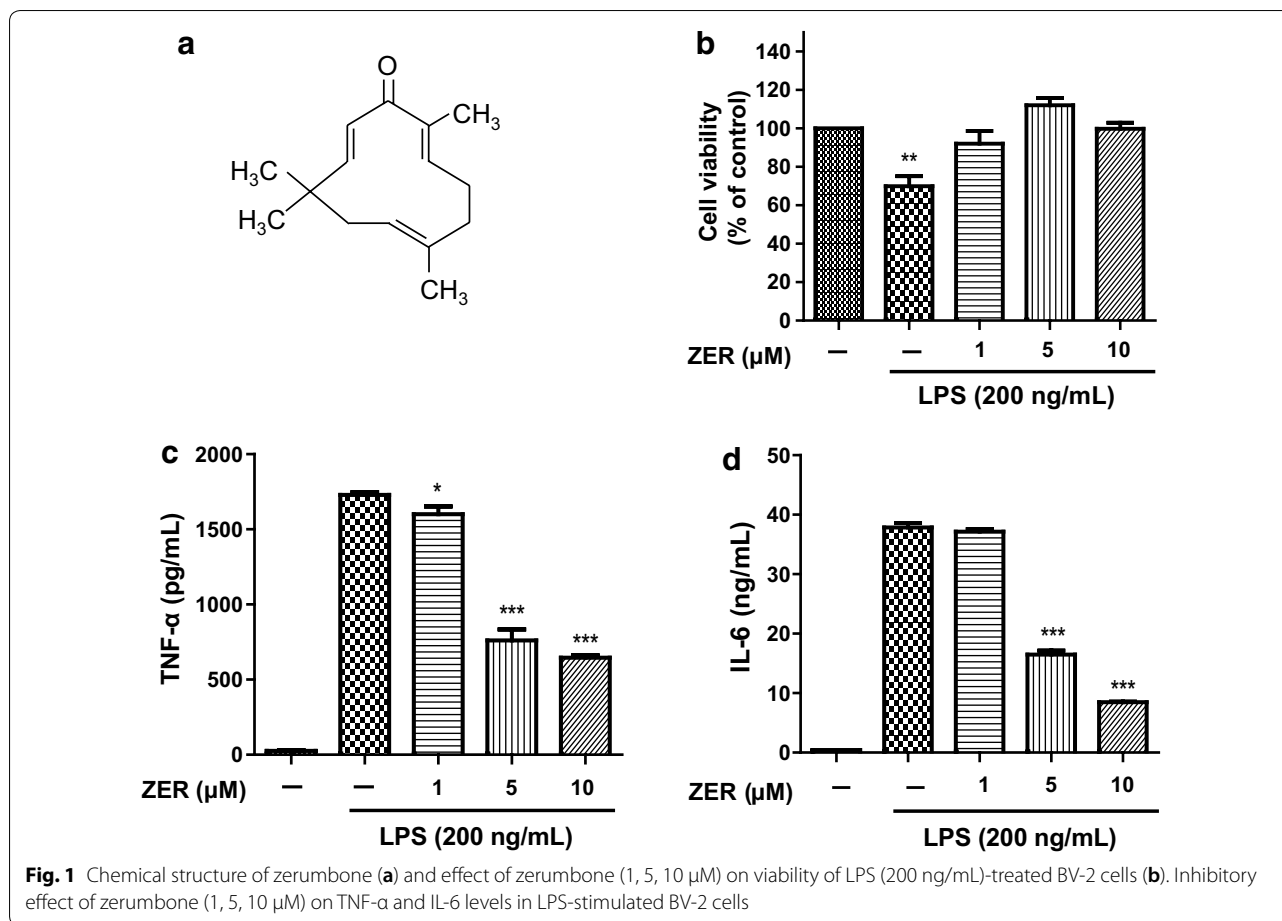
Inflammatory responses, which must be carefully controlled, can result from an overabundance of microglia and damage the surrounding normal cells eventually, consequently causing or aggravating a neurologic disorder. Studies have reported that long-term microglial activation contributes to the development and exacerbation of degenerative brain diseases such as Alzheimer's disease, Parkinson's disease, and stroke [6–8]. It has also been reported that natural substances that control microglia-mediated inflammatory responses are effective against degenerative brain diseases [9–11]. Zerumbone (Fig. 1a) is a sesquiterpene compound extracted from the rhizomes of *Zingiber zerumbet*, a plant species in the ginger family grown in the tropical regions of Southwest Asia; several bioactivities of zerumbone have been reported [12, 13]. It is known to exert anticancer effects in various cancer cells by inhibiting NF- κ B activation and regulating the expression of inflammation-related genes, including

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interleukin-6 (IL-6) and cyclooxygenase-2 (COX-2) [14, 15]. A previous study reported that zerumbone inhibits inflammation-induced cancer cell proliferation by inhibiting TNF- α activation [16]. The anticancer effect of *Z. zerumbet* extract and zerumbone has been reported in many studies. *Z. zerumbet* extract and zerumbone inhibited the phosphorylation of mitogen-activated protein kinases (MAPK), Akt, and inhibitory- κ B α (I κ B α) in lipopolysaccharide (LPS)-activated U937 macrophages, thereby inhibiting the production of pro-inflammatory cytokines (TNF- α , IL-1 β) and prostaglandin E₂ (PGE₂) [17, 18]. Zerumbone inhibited the production of NO and PGE₂ in LPS-stimulated Raw 264.7 cells, a macrophage cell line [19]. In addition, it inhibited the production of NO, PGE₂, TNF- α , and IL-6 by inhibiting Akt-NF- κ B activation in LPS-induced acute injuries [20]. Moreover, macrophage infiltration and pro-inflammatory cytokine production in hyperglycemia-treated kidneys were inhibited by zerumbone [21]. Furthermore, it inhibited acetylcholinesterase activity and reduced memory deficits in scopolamine-treated animal models of dementia [22, 23]. Based on previous reports on the neuroprotective

and anti-inflammatory effects of zerumbone, we hypothesized that zerumbone can sufficiently inhibit microglial activation and provide neuroprotection. Thus, we aimed to investigate the anti-inflammatory effect and mechanism of action of zerumbone in BV-2 microglia.

Materials and methods

Materials

Dulbecco's modified Eagle medium (DMEM), fetal bovine serum (FBS), and penicillin-streptomycin (PS) were purchased from Gibco (Grand Island, NY, USA). LPS, Griess reagent, zerumbone [(2E,6E,10E)-2,6,9,9-tetramethylcycloundeca-2,6,10-trien-1-one], and 3-(4,5-dimethyl-2-thiazolyl)-2,5-diphenyl tetrazolium bromide (MTT) powder were acquired from Sigma Chemical Company (St. Louis, MO, USA). The nuclear/cytosol extraction kit was purchased from BioVision (San Francisco, CA, USA). Primary antibodies against Cox-2, iNOS, I κ B, NF- κ B, p38, phospho-p38 (Thr180/Tyr182), ERK, phospho-ERK (Thr202/Tyr204), JNK, and phospho-JNK (Thr183/Tyr185) were obtained from Cell Signaling (Beverly, MA, USA). Anti-rabbit IgG horseradish

peroxidase (HRP)-conjugated secondary antibody was obtained from Invitrogen (Carlsbad, CA, USA).

Cell culture

The immortalized murine microglial BV-2 cell line was generously provided by Dr. Myungsook Oh from Kyung-hee University (Seoul, Korea). BV-2 microglial cells were cultured in DMEM supplemented with heat-inactivated 10% FBS and 1% PS and maintained in a humidified incubator containing 5% CO₂ and 37 °C.

NO assay and cell viability

BV-2 cells were seeded in 96-well plates and treated with various concentrations of zerumbone in the presence or absence of LPS (200 ng/mL). Following LPS stimulation, 50 µL culture media from each plate was mixed with an equal amount of Griess reagent. The absorbance of nitrite (NO₂⁻) was measured at 540 nm using a microplate reader. Nitrite concentration was calculated from the standard curve of NaNO₂. Cell viability was assessed using MTT assay. The absorbance at 570 nm was detected using a microplate reader (SpectraMax M5, Molecular Devices, Sunnyvale, CA, USA). Cell viability was expressed as a percentage of the untreated control.

Cell lysis and nuclear protein extraction

To evaluate the expression of MAPKs and NF-κB, BV-2 cells were treated with various concentrations of zerumbone in the presence or absence of LPS (200 ng/mL). The cells were prepared by centrifugation at 16,000×g for 5 min at 4 °C, and the pellets were lysed with protein extraction solution (iNtRON Biotech, Burlington, USA). Nuclear and cytosol fractions from treated BV-2 cells were extracted using nuclear/cytosol extraction kit.

Effect of Zerumbone on MAPK signaling inflammatory proteins

The cell extracts were quantified using Bradford assay kit (Bio-Rad Lab, Hercules, CA, USA), and the protein concentration was determined using bovine serum albumin as the standard. The protein samples were separated on 10% sodium dodecyl sulfate-polyacrylamide gel electrophoresis (SDS-PAGE) and transferred to a nitrocellulose membrane (Bio-Rad Lab). The membranes were blocked with 5% skim milk in tris-buffered saline containing 0.2% Tween-20 (TBST) for 1 h at room temperature and then incubated overnight with primary antibodies against iNOS, COX-2, p38, ERK, JNK, phospho-p38, phospho-ERK, phospho-JNK, IκB, and NF-κB at 4 °C. The membranes were incubated with 5% skim-milk in TBST at room temperature for 1 h with secondary antibodies conjugated to HRP. The protein blots were visualized using Lumi Pico solution (Dogen Bio, Seoul, Korea). Each band

was quantitatively determined using Image Lab software (NIH, Bethesda, MD, USA). In each experiment, the density ratio represented the relative intensity of each band against that of β-actin or lamin B1 as a control.

Effect of zerumbone on pro-inflammatory cytokines

BV-2 cells were plated at a density of 5.0×10^4 cells/well in a 96-well culture plate. The cells were treated with zerumbone (1, 5, and 10 µM) and stimulated with LPS (200 ng/mL) for 24 h. Then, the cell culture media were collected, and TNF-α, IL-6, and PGE₂ levels were measured using ELISA kits for TNF-α, IL-6 (R&D system, Minneapolis, USA), and PGE₂ (ENZO Life Sciences, NY, USA). The levels of TNF-α, IL-6, and PGE₂ were assayed according to the manufacturer's instructions.

Statistical analysis

The data were analyzed using Statistical Analysis System software (GraphPad Prism 5, GraphPad Software Inc., CA, USA). At least three independent experiments were performed for each experiment. All the data are expressed as mean ± S.E.M. Statistical comparisons between the different treatments were performed using one-way ANOVA with Tukey's multiple comparison post hoc test. The values of * $p < 0.05$, ** $p < 0.01$, and *** $p < 0.001$ were considered statistically significant.

Results

Zerumbone inhibits LPS-induced pro-inflammatory reaction in BV-2 cells

The viability of BV-2 cells treated with 200 ng/mL LPS alone was 75% of that of the control group, indicating a significant increase in cell death following LPS treatment. However, no significant difference in viability was observed between BV-2 cells treated with LPS in addition to 1, 5, or 10 µM zerumbone and the control group. Thus, it was assumed that any LPS- or zerumbone-induced changes in the amount of protein production in BV-2 cells would not be the result of cell death and proliferation (Fig. 1b). The levels of pro-inflammatory cytokines TNF-α and IL-6 in BV-2 cell culture media increased to 1738 pg/mL and 37 ng/mL, respectively, following treatment with LPS alone. In contrast, treatment with 1 µM zerumbone did not significantly reduce TNF-α level. Treatment with 5 and 10 µM zerumbone reduced TNF-α levels to 772.1 and 643.8 pg/mL, respectively, indicating a dose-dependent reduction in TNF-α production by over 50% (Fig. 1c). Treatment with 1 µM zerumbone did not affect IL-6 production, but treatment with 5 and 10 µM zerumbone reduced IL-6 levels to 16.8 and 8.6 ng/mL, respectively. Treatment with 10 µM zerumbone reduced IL-6 production by over 78% (Fig. 1d).

Zerumbone suppresses iNOS and COX-2 protein expression

The level of NO was 66.8, 33.4, and 10.2% in the groups treated with 1, 5, and 10 μ M zerumbone, respectively, relative to that in LPS-treated group, indicating a dose-dependent suppression of NO production by LPS

(Fig. 2a). The level of PGE₂ was 46.5 pg/mL in the control group and 78.6 pg/mL in the LPS-treated group, indicating that LPS treatment increased PGE₂ production by approximately twofold. Treatment with 1, 5, and 10 μ M zerumbone resulted in PGE₂ levels of 71.3, 45.8, and

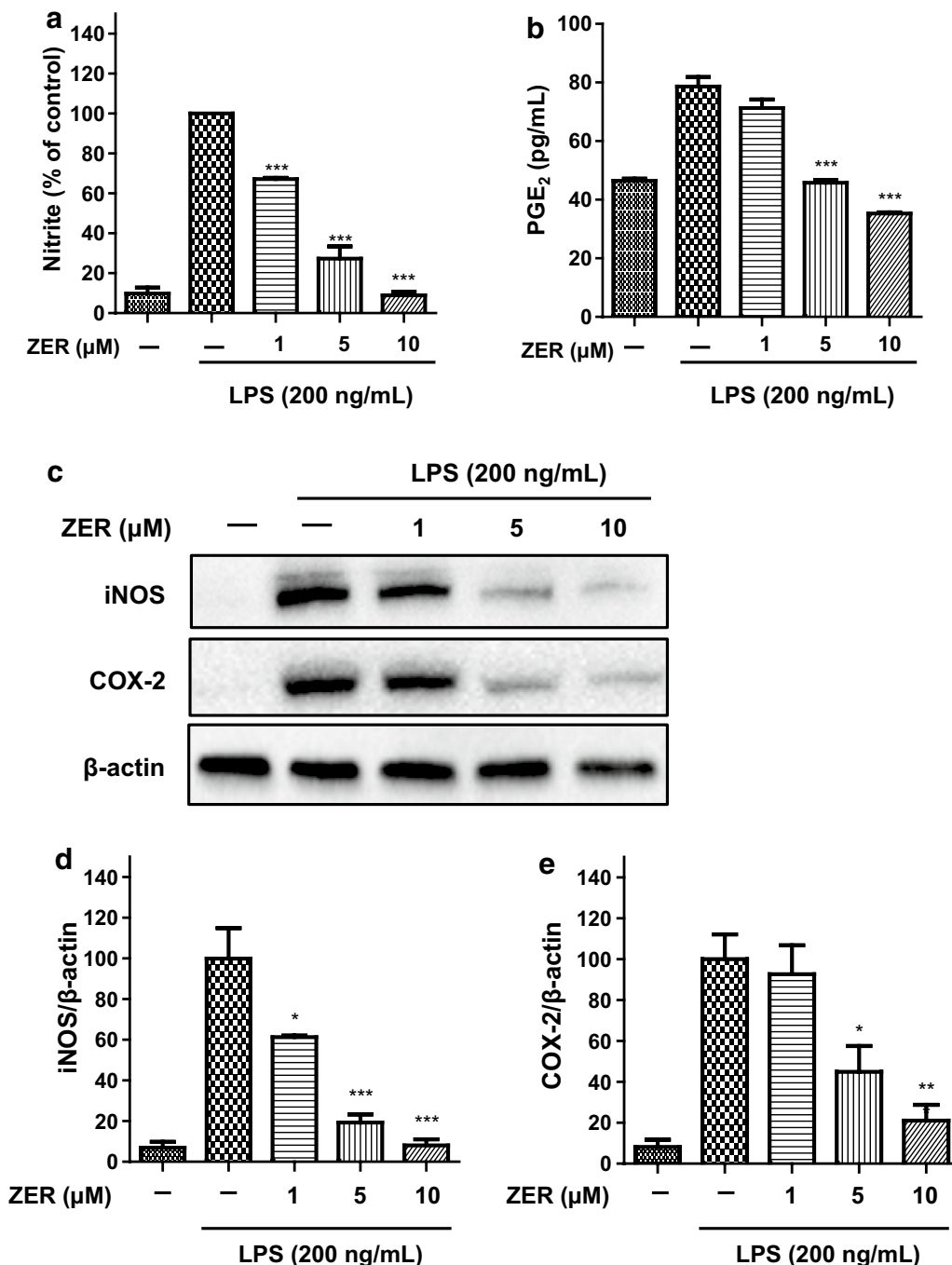


Fig. 2 Inhibitory effect of zerumbone (1, 5, 10 μ M) on NO and PGE₂ production in LPS-stimulated BV-2 cells (a, b). Suppressive effect of zerumbone (1, 5, 10 μ M) on iNOS and COX-2 protein expression induced by LPS in BV-2 cells (c). Normalization of iNOS and COX-2 protein band intensity to that of β -actin (d, e)

35.3 pg/mL, respectively; 5 and 10 μM zerumbone inhibited PGE₂ production (Fig. 2b). The production of NO and PGE₂ in BV-2 cells resulted from an LPS-induced increase in inducible nitric oxide synthase (iNOS) and cyclooxygenase-2 (COX-2) levels. In this study, zerumbone markedly reduced the levels of iNOS and COX-2 expression elevated by LPS (Fig. 2c). Treatment with LPS alone increased the levels of iNOS and COX-2 expression by approximately 10.8- and 15-fold, respectively, relative to the expression levels in the control group. Treatment with 1, 5, and 10 μM zerumbone reduced the expression level of iNOS in a dose-dependent manner to 30, 25.1, and 11%, respectively, relative to the expression level in the control group (Fig. 2d). Treatment with 5 and 10 μM led to a marked reduction in the level of COX-2

expression, whereas treatment with 1 μM zerumbone did not significantly reduce COX-2 expression (Fig. 2e). This could be a possible reason why PGE₂ level was not significantly reduced in cells treated with 1 μM zerumbone compared with that in LPS-treated cells.

Zerumbone inhibits the phosphorylation of p38 and JNK but not of ERK

The level of phosphorylated MAPK was measured to investigate how zerumbone affects MAPK, which was activated by LPS. Phosphorylation of p38 and JNK was observed following treatment with LPS alone. In addition, LPS treatment increased ERK phosphorylation but not significantly. Zerumbone did not affect ERK phosphorylation (Fig. 3a, d). Following treatment with 10 μM

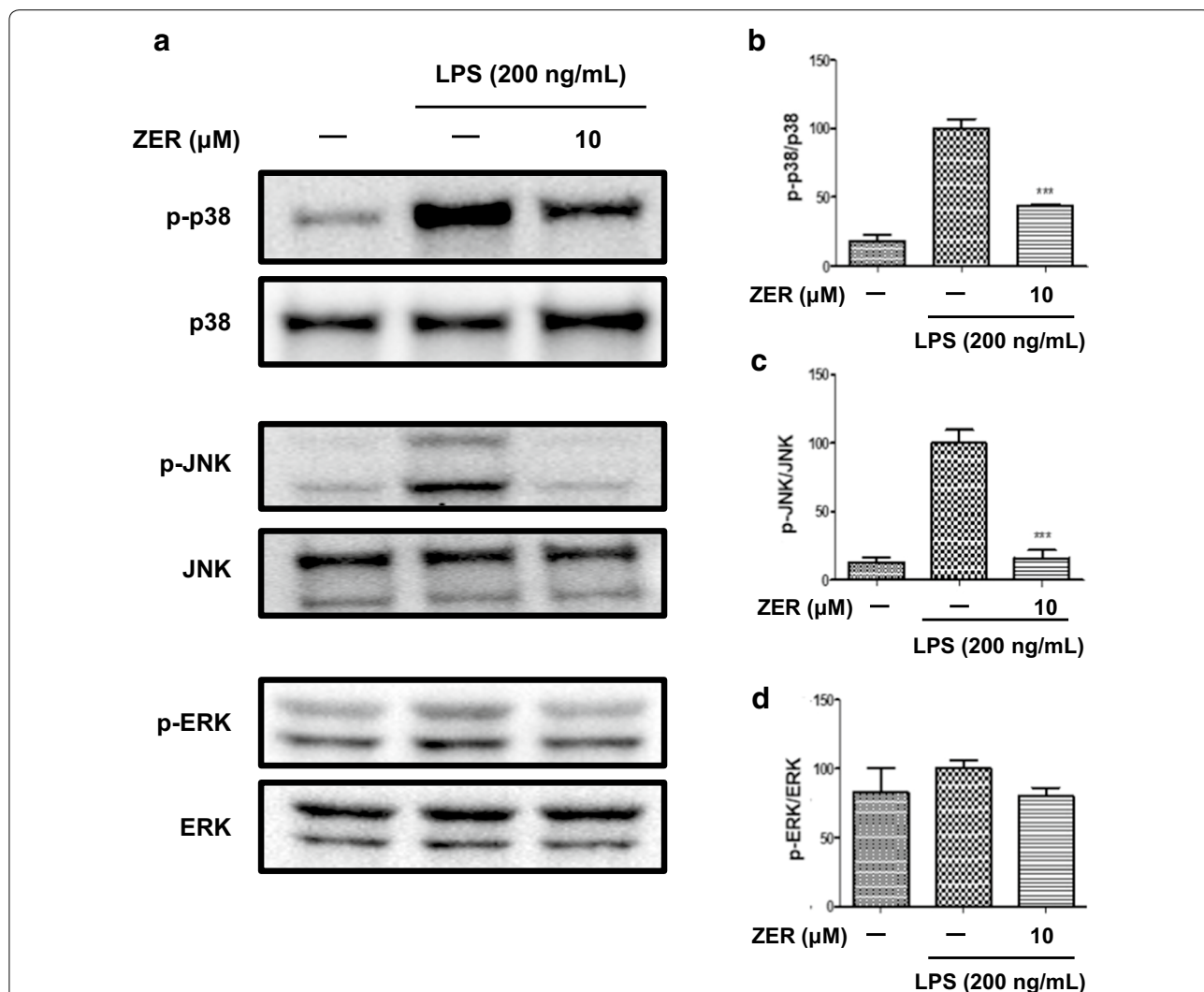


Fig. 3 Effect of zerumbone (10 μM) on phosphorylation of p38, JNK, and ERK in LPS-activated BV-2 cells (a). Normalization of phosphorylated p38, JNK, and ERK protein expression to that of non-phosphorylated each protein (b-d)

zerumbone, the expression level of p38 was 46.9%, which indicated an approximately 50% reduction in phosphorylation level compared with the LPS-treated group. The level of JNK expression following zerumbone treatment was 14%, and it did not significantly differ from the level of JNK expression in the control group (Fig. 3b, c). Based on these results, we suggest that zerumbone inhibited LPS-induced phosphorylation of JNK more significantly than it inhibited LPS-induced phosphorylation of other proteins.

Zerumbone suppresses the translocation of NF- κ B from cytosol to the nucleus

NF- κ B, which affects the expression of proinflammatory genes iNOS and COX-2, is bound to I κ B in the cytosol and cannot translocate to the nucleus unless stimulated by LPS. Following treatment with LPS, I κ B is phosphorylated and separates from NF- κ B, allowing free NF- κ B to translocate to the nucleus. The phosphorylated I κ B is eventually degraded. To determine whether suppressing the expression of anti-inflammatory genes inhibits the translocation of NF- κ B to the nucleus, we examined the presence of I κ B and NF- κ B components in the cytosol and nucleus. The cytosolic level of I κ B decreased following treatment with LPS alone, and zerumbone inhibited the reduction in I κ B level. The level of p65, an NF- κ B component, was increased by approximately twofold in the LPS-treated group compared with that in the control group. Zerumbone treatment reduced the level of p65 to approximately the level in the control group (Fig. 4a–c). Zerumbone inhibited LPS-induced expression of genes related to inflammation by inhibiting the translocation of NF- κ B to the nucleus.

Discussion

In this study, we hypothesized that neuroprotection can be achieved by inhibiting microglial activation using zerumbone. To this end, we determined the anti-inflammatory effect of zerumbone on lipopolysaccharide-induced activation of BV-2 microglial cells and elucidated the underlying mechanism of action. We found that zerumbone suppressed the production of NO and PGE₂ as well as the expression of genes related to inflammation induced by LPS.

Following the discovery of the association between microglial overactivation in the brain and various degenerative diseases including Alzheimer's disease, the suppression of inflammatory responses by inhibiting microglial activation has been accepted as a preventive or therapeutic strategy for brain diseases. Substances that may exhibit anti-inflammatory effects in the brain have thus drawn attention and been studied. Zerumbone has been extensively investigated since the start of the 2000 s

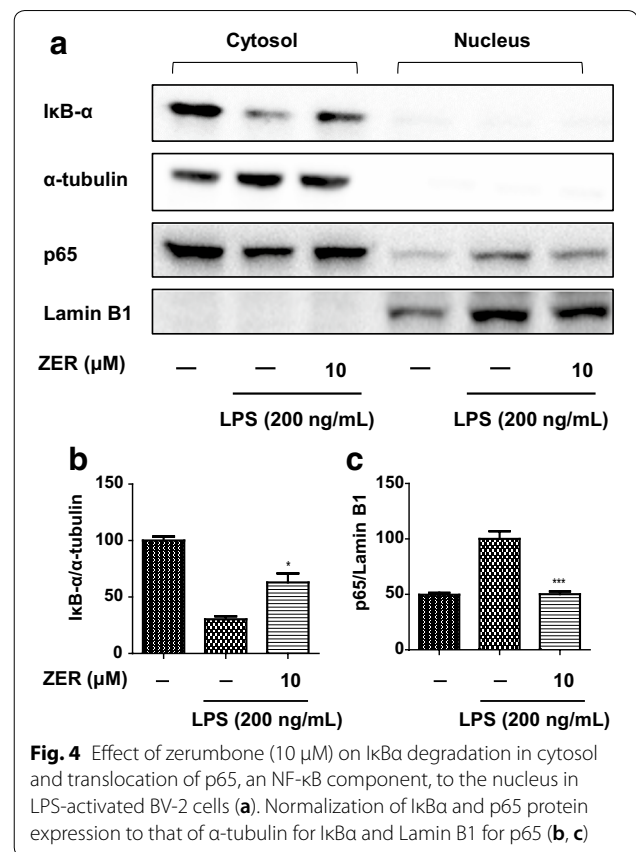


Fig. 4 Effect of zerumbone (10 μ M) on I κ B α degradation in cytosol and translocation of p65, an NF- κ B component, to the nucleus in LPS-activated BV-2 cells (a). Normalization of I κ B α and p65 protein expression to that of α -tubulin for I κ B α and Lamin B1 for p65 (b, c)

owing to its various bioactivities. It has been found to effectively inhibit cancer cell proliferation and migration. This anticancer effect of zerumbone has been reported to be associated with anti-inflammatory responses; zerumbone was found to effectively inhibit cytotoxicity caused by excessive inflammatory responses.

Zerumbone inhibited the expression of iNOS and COX-2 involved in the production of NO and PGE₂. NO is a major cytotoxic substance and hallmark of activated BV-2 cells. It inhibited iNOS expression even at a low concentration of 1 μ M, indicating that zerumbone plays a role in the signal transduction pathways involved in LPS-induced gene expression. MAPK phosphorylation and NF- κ B activation are major LPS-activated signal transduction pathways in microglial cells. MAPKs are a group of signal-transducing proteins and major target molecules that inhibit LPS-induced inflammatory reactions [24]. NF- κ B is a transcription factor that mediates inflammatory responses, and it is involved in the expression of many inflammation-related genes [25]. Many substances that exert anti-inflammatory effects in microglia inhibit the activation of MAPK and NF- κ B [26–28]. We examined whether zerumbone inhibited the production of NO, PGE₂, and proinflammatory cytokines by

inhibiting MAPK and NF- κ B activation and found that zerumbone inhibits the phosphorylation of p-38 and JNK. It significantly inhibited JNK phosphorylation and inhibited NF- κ B translocation to the nucleus. The inhibition of MAPK phosphorylation and NF- κ B activation by zerumbone in macrophages has been reported. Zerumbone inhibited NF- κ B phosphorylation in carbon tetrachloride-treated mouse liver tissues and LPS-treated Raw 264.7 cells [29]. It also inhibited *Bacteroides fragilis* toxin-induced phosphorylation and degradation of I κ B and the translocation of NF- κ B to the nucleus in colonic epithelial cells (HT29/C1) [30]. Our results support the above findings on the effects of zerumbone. Taken together, these results indicate that zerumbone can inhibit microglial activation. In a recent study by Li et al, zerumbone inhibited the production of NO and pro-inflammatory cytokines as well as amyloid β -induced activation in a LPS-treated murine microglia cell line (N9) and primary microglia [31]. Li et al. reported zerumbone to be effective in an APP-PS1 transgenic mouse model of Alzheimer's disease [31]. These results are consistent with our findings.

Based on our results and previous findings, zerumbone treatment may be applied to models of degenerative brain diseases, such as Parkinson's disease, stroke, and multiple sclerosis, which are associated with microglia-mediated inflammation. However, this study had certain limitations, for instance, the therapeutic effect of *Z. zerumbet* and zerumbone against degenerative brain diseases will be investigated in future studies. Additionally, further analytical research is needed to standardize the each compound including zerumbone of ginger for development industrially

Abbreviations

ZER: Zerumbone; AD: Alzheimer's disease; CNS: Central nervous system; MTT: 3-(4,5-Dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide; NO: Nitric oxide; iNOS: Inducible nitrite oxide synthase; IL-1 β : Interleukin 1 beta; TNF- α : Tumor necrosis factor alpha; LPS: Lipopolysaccharide; COX-2: Cyclooxygenase-2; NF- κ B: Nuclear factor kappa-light-chain-enhancer of activated B cells.

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Authors' contributions

MJG performed the research, MJG, SGH and PL analyzed the data, JH, SGH and PL designed the research, and JH and PL wrote the paper. All authors read and approved the final manuscript.

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Availability of data and materials

All data generated or analyzed during this study are included in this published.

Competing interests

The authors declare that they have no competing interests.

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