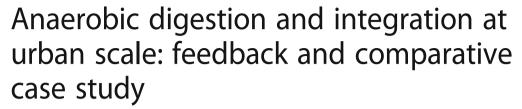
ORIGINAL ARTICLE

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Abstract

Background: The anaerobic digestion process is well studied and developed since the last 50 years, notably for farming implementation. Furthermore, the international energy agenda has shifted in favor of renewable resources. In this context, anaerobic digestion has been highlighted as a valuable source of green energy. At urban scale, since the 2000s, some eco-friendly districts and cities tried to integrate this process as valorization treatment, with different approaches and results. The objective of this study is to provide a feedback from these anaerobic digestion projects at urban scale.

Methods: To construct this paper, 15 international projects of urban waste valorization were selected and studied. Three of these projects are developed to describe the different elements and processes implied in these valorization systems. Thus, in situ and ex situ anaerobic digestions are described with functional implementation and units in development or abandoned. Once the leading steps and main parameters on waste management system identified, the discussion is performed to compare the operational systems implemented in the 15 cases studies. The analysis takes processes and biological parameters into account in addition to social, financial, and ecological elements available. The achievements and limits of case studied linked to their context, bringing advice and recommendations.

Results: From these real cases and projects, we highlighted relevant information for further urban waste valorization system. Among others, the most frequent organic deposits produced at urban scale are identified, as well as the typical quantities generated. Collection, storage, and pretreatment processes were investigated to provide information about how they are conducted in situ and ex situ. Concerning some technical points, CSTR and UASB configurations are also identified as predominant reactors used to lead wet AD process at urban scale, due to practical aspects and characteristics of feedstock. Concerning the digestate, nutrients contents make it an interesting fertilizer for agricultural valorization. To its stabilization, the composting process is mainly deployed after anaerobic digestion of urban waste. The valorization of biogas produced with in situ urban AD is generally performed with CHP unit, due to the small quantity of methane. When the valorization is operated ex situ, processes are in link with local users' needs and energy transition policy.

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Conclusion: In conclusion, we identified among others that available deposits, collection and storage processes, local grid, and scale mechanisms influence the urban integration of AD. Thus, anaerobic digestion in situ is emphasized for new district buildings with low urban density, while ex situ process could be more accommodated to high urban densities or projects including preexistent waste management. From the 15 case studies, co-digestion process is highlighted to perform global waste management and produce valuable AD reactions. Nevertheless, the use of blackwater, for in situ units, involves specific processes to limit amount of water and reduce the reactor sizing. Further knowledge is also currently needed about the development of collection systems for urban waste and the impact of pretreatment on AD. The involvement of scientific, economic, social, and political communities is also highlighted as essential for the long-term success of valorization system integrated at urban scale.

Keywords: Anaerobic digestion, Urban district, Sustainability model, Renewable energy

Background

The evolution of human societies now raises the question of the future of their energy and their environmental impacts [1]. With the depletion of fossil energy resources, we observe that international legislation and especially European policies lead to an energy transition focused on local and renewable resources. By 2050, it is estimated that the world population will reach 9.6 billion, 66% of whom will live in urban areas. Currently, 54% of the population live in these areas and cities already represent 70% of the total emissions of CO₂ [2]. This defined the urban scale as target for the implantation of sustainable resources management [3]. Anaerobic digestion is one of the technologies highlighted for this transition due to its capacity to recover nutrients and carbon for soil fertilization, to valorize organic waste, and to produce energy such as biogas [4, 5]. Indeed, the process may increase the fraction of renewable energy in the mix of a country's consumption. Moreover, with the amount of organic wastes in urban scale, this will lead to a renewable treatment of organic matter. At international level, some sustainable districts lead pilots on this way, supported by preexisting valorization process or take place in specific new unit. Although the potential is high, there is still a lack of knowledge to fit this process into tomorrow's urban areas [6].

As a model of new construction or rehabilitation, eco-districts are a response to reflection related to urbanism, environment, and sustainability [7]. The dwellings must support a sustainable management of resources, including innovative solutions, and also bring social and economic dynamism [8–11]. The eco-neighborhoods often range from 400 to 7000 inhabitants. They are compact in order to limit the distances between the inhabitants and the economic and cultural interests. The absence or limitation in the use of automobiles reinforces proximity synergies and leads to the reduction of greenhouse gases [12]. The dwellings are staggered (2–3 floors), and the density is studied to respect concepts of "threshold of viability," which are favorable to social ties [13]. The

uninhabited spaces are generally transformed into urban gardens, close to the housing [14]. The development of a sustainable neighborhood involves the creation of schools, canteens, stores, and the establishment of a local and economic network. These aspects are especially important in the success of the circular economy model. In point of fact, social proximity naturally encourages and rewards good initiatives while diminishing individualistic behaviors [15]. The inhabitants of the eco-neighborhoods are generally more aware of the preservation of resources and the established social fabric boosts the emergence of citizen/ community actions [16]. Indeed, sustainable resources and energy management are at the heart of the design of an eco-neighborhood [17]. The reduction of consumption and the reuse of resources here are closely examined. In 2015, Pan and his team [18] identified four main barriers to the implementation of a waste-to-energy system (WTE): the economic, social, technological, and political aspects.

Current studies of urban anaerobic digestion provide scientific literature about urban waste digestion, pretreatment, and post-treatment at laboratory scale or pilot scale with national context. Nevertheless, technical data on real projects and follow-up on their functioning are less investigated. Studies about the understanding of influences from social or economic and political contexts on the processes deployed are also currently limited.

The purpose of this paper is to provide a reflection of anaerobic digestion process at urban scale via feedback on waste valorization systems. To this end, achievements and limits from urban projects, in situ and ex situ, are described, studied, and compared. The study is focused on the technological analysis of processes involved in anaerobic digestion at urban scale and supported by economic, social, and political elements.

Methods

To carry out this study, firstly, data was collected regarding scientific publications concerning anaerobic digestion at urban scale. Secondly, to increase the number of

cases, we studied technical documents and reports about current and forthcoming urban anaerobic digestion projects. Many of the stakeholders were contacted to improve understanding about the development of waste-to-energy systems. A third investigation was carried out on sustainable districts or initiatives which did not include anaerobic digestion to understand the basis upon which the decision was made. However, the data collected was not comprehensive and was limited by difficulties in collecting information from local projects or by the restricted number of scientifically useable values. The contacts were research centers, architectural offices, private companies, and municipalities. Most references for these projects are presented in Tables 1 and 2.

For the construction of Tables 1 and 2, the 15 projects are grouped according to their location and the process used. Table 1 summarizes the information relating to the districts or city studied and the context of the integration. To screen the results collected, the following terminology was used. "Process in situ" corresponds to a valorization unit, with collection system, located within the area of the project. "Process ex situ" refers to a valorization unit located outside the area of the project and using the area's waste after transport. The number of lodgings is provided to contextualize the scale of these projects. However, this is not linked to the valorization structure, especially for AD ex situ, which can be supplied by other deposits than from the studied project. Elements of contexts and limits already available are also indicated. The status section refers to the development stage of valorization unit in each project, namely, developing, operating, or abandoned. The projects' starting date is included to relate the project and the technology implemented to its social, economic, and political context. Table 2 centralizes the elements available about the operational conditions applied in the valorization units. Even if the information is partial, the entire wastes management systems are considered to portray the processes and their specific utilizations. The mention of "urban/ district area extended" refers to a collection area wider than the one considered for the project case. It is the opposite for the mention of "area restricted."

From Tables 1 and 2, three cases were selected and developed. This selection consisted of choosing the most comprehensively studied and documented projects, for which data available provide a systemic approach of anaerobic digestion and its context. International publications from scientific sources were preferred. Moreover, a diversity of projects was selected with AD in situ and ex situ and the three different stages of development. Lastly, it was decided to consider only European districts developed from 2000 to remain within a common social, economic, and political context. The paragraphs are constructed to describe the entire system of anaerobic digestion integrated

in these projects, with collection, storage, transport, pretreatment, and post-treatment. Schematic figures are presented in Figs. 1, 2, and 3 to summarize these models. Details on the infrastructures and equipment are also provided. These results describe anaerobic digestion management at urban scale in highlighting processes inherent to the valorization system.

Table 3 is constructed from publications and reports on the different cases studied and supported by reviews for comparative standard data. All the waste deposits used for valorization treatments studied are collated and details in terms of location, collection points, quantity, and physical-chemical analysis. Data concerning the collection take the source of deposit and the number of collection points into account. When data are available, mean values and standard deviation are provided; otherwise, minimum and maximum values are informed. Due to the variety of references used and the different nature of waste, units employed were not always homogeneous and had to be estimated.

The limits of this paper are principally related to the developing state of the case studies. Indeed, currently, the scientific literature and studies from anaerobic digestion in real urban projects are modest in number. Moreover, a fraction of these data is, provided by local reports, written in different languages, with a technical focus. Consequently, the information is partial, difficult to obtain, and does not always respond to fundamental scientific questions. For example, figures concerning the treatments yield or energetic costs and energy recovery are often only slightly investigated. Similarly, operational conditions used for monitored AD are frequently not fully detailed, which in addition to the various missing data limits the understanding of the global context and the performance of the analysis. Moreover, we assumed that the list of investigated projects is not exhaustive. Consequently, the chosen projects and their geographical position (majority EU) limit the analysis; indeed, each country has its own culture, life style, dietary habits, and organic wastes. These variables highly influence the management of the AD process and the social, political, or economic impacts, which have to be related to these elements. Nevertheless, this paper enables to identify information and advice for AD at urban scale, collected by comparing in situ and ex situ management of urban valorization treatment.

Results

Tables 1 and 2 present the 15 projects investigated. They are sorted according to their location and kind of process used. References also included the projects contacted during this study, marked by an asterisk.

The further section describes three projects selected from Tables 1 and 2. Paragraphs are focused on the

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Bedzed						valorization unit		
	England	82 lodgings 50 dwellings/ha	Living Machine ¹	Zero carbon program; "one living planet" program	Environmentally and financially unstainable	Abandoned	2000 (district)	[85, 86]
LEAP	England	I	AD in situ	Collaborative partnership	1	Operating	2013 (valorization unit)	[26]
Les Grisettes (Montpellier)	France	1500 lodgings 75 dwellings/ha	AD in situ	Social and economic issues about the AD unit	Before the optimization of the unit: vermin, olfactory behavior, low energy production	Operating	2005 (valorization unit)–2014 (district)	*[66'86]
Brest	France	142,000 inhabitants 281,100 persons/ha	Compost in situ	Politic engagement and social initiatives	ı	Operating	1998 (valorization unit)	*[28]
Freiburg im Breisgau	Germany	230,000 inhabitants 147,900 persons/ha	AD ex situ	ı	ı	Operating	1999 (valorization unit)	[17, 19, 20, 100, 101] *
Flintenbreite (Lübeck)	Germany	117 lodgings 70 persons/ha	AD in situ	Hannover EXPO 2000 Politic engagement	Not yet operational, pre-study	Developing	2000 (valorization unit)	[19, 20, 35, 36, 59, 60] *
Jenfelder Au (Hamburg)	Germany	2000 inhabitants 57 persons/ha	"Local" AD	Hamburg Water Cycle®; project KREIS	Pre-study	Developing	2012 (district)	[19, 20, 42, 46, 102]
Quartier Vauban (Freiburg)	Germany	5000 inhabitants 135 persons/ha	AD in situ	Passive habitation	Financial bankruptcy	Abandoned	1997 (valorization unit)	[7, 17, 19, 20, 100] *
Allermöhe (Hamburg)	Germany	36 lodgings	Compost in situ	Ecological construction model	1	Operating	1985 (district)	[19, 20, 53]
Nashik	India	1,487,000 inhabitants 573,800 persons/ha	AD ex situ	International climate initiative; sanitary issue; Hamburg Water Cycle®	Pre-study	Developing	2013 (valorization unit)	[48, 52, 76, 103–105]
Noorderhoek (Sneek)	Netherlands	232 apartments 44 persons/ha	AD in situ	Social, scientific, and Political engagement; rehabilitation of district	1	Operating	2007	[5, 19, 21, 31, 38, 39, 54] *
Eva-Lanxmeer (Culemborg)	Netherlands	250 lodgings into 24 ha	AD in situ; Living Machine ¹	Social and environmental building initiative	Pre-study; AD project abandoned due to the financial crisis (2007).	Abandoned	1999 (district)	[5, 16, 19, 21, 41, 49, 75, 77, 92] *
Malmö	Sweden	300,000 inhabitants 204,500 persons/ha	AD ex situ (Sjölunda)	Scientific and politic engagement	ı	Operating	1978 (wastewater) 1999 (food waste)	[22–25, 29, 47, 50, 74]
Bo01/Fullriggaren (Malmö)	Sweden	2000 lodgings (2 districts) 122 persons/ha	AD ex situ (Kristianstad) AD ex situ (Sjölunda)	2001 European Exhibition; rehabilitation of docks	ı	Operating	2000 (district) 1997 (Kristianstad) 1978 (Sjölunda)	[7, 22–25, 50, 61, 106–108]*
Hammarby Sjöstad (Stockholm)	Sweden	10,000 lodgings 133 persons/ha.	AD in situ (Henriksdal) AD ex situ (Södertörn)	High environmental ambitions, support by social and political communities; rehabilitation of a brownfield site	Valorization unit still in evolution Valorization unit still in evolution	Operating	1989 (Hammarby Model) 1971 (Henriksdal) 2014 (Södertörn)	[7, 24, 25, 65, 67, 81, 88, 109, 110]

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lable 2 🖯	perationai e	lable 2 Operational elements of the valorization units	aiorization units								
Name	Process studied	Wastes	Collection	Storage	Pretreatment	In flow	Reactor	Condition	Biogas production	Digestate/lixivia	Biogas valorization
Bedzed	Living Machine ¹	Wastewater	By pipe directly from household; district area restricted	I	ı	I	I	I	ı	1	ı
LEAP	AD in situ	Food waste	Transport by inhabitant; collection from local deposits (bike)	Pre-feed tank with grinder	with grinder	1	2m³ reactor	ı	1	Composting fertilizer	CHP unit
Les Grisettes (Montpellier)	AD in situ	Household waste and green waste	Collection truck, district area extended	Mechanical-bio and heating	Mechanical-biological treatment and heating	140,000 tons/year of household waste (organic + inorganic)	Based on the Valorga® process Dry condition co-digestion	-digestion	Annual production: 11800000 m³ of biogas estimated	Composting 33,000 t/year	CHP unit generate yearly 22 GWh as electricity and 12 GWh as heat. Used for local installation and dwellings
Brest	Compost in situ	Green waste and a fraction of organic waste from household	Transport	I	I	1	I	ı	1	1	ı
Freiburg im Breisgau	AD ex situ	Organic waste from household and local commercial establishments	Transport; urban area extended	1	Mechanical sorting and crushing: Addition of water	39,200 tons/year	Based on the Valorga® process Thermophilic condition; Dry condition; Mono-digestion; 4000 m³	orga® process Idition; Dry digestion;	110–120 Nm³/t input digestion	Screw press; Fertilizer 12,600 tons/year and Composting 9500 tons/year	CHP plant; 11 600,000 kWh as electricity
Flintenbreite (Lübeck)	AD in situ	Wastewater and organic waste from household	Independent wastewater system and collection directly from household	Shredding stol	Shredding storage tank and sanitation	1217 m³/year of blackwater, 3 tons/year kitchen waste	CSTR of 72 m³	Wet condition; mesophilic temperature; HRT: 21–24 days; co-digestion	4700 m³ CH4/year, 22,500 m³ CH4/ year estimated for maximal conditions and additional co-digestion	Screw press; fertilizer and composting	CHP valorization unit
Jenfelder Au (Hamburg)	"Local" AD	Black water, greasy water, kitchen waste and lawn cutting	District area extended	Silage for lawn cutting	Macerator or press for lawn cutting	30m³/days	Semi- CSTR of 900m³	Wet condition; mesophilic condition; HRT: 25 days; co-digestion	1	Separation, fertilizer and compositing annual production estimated 1700–3500 t of compost and 50–120 t of fertilizer	CHP unit
Quartier Vauban (Freiburg)	AD in situ	Wastewater	From one building by pipe; district area restricted	I	1	1	I	I	ı	ı	CHP unit
Allermöhe (Hamburg)	Compost in situ	Wastewater and organic waste from household and green waste	Collected directly by inhabitants; transport	ı	ı	1	ı	1	1	40 l/cap/year	1
Nashik	AD ex situ	Food waste (from local hotels) and blackwater	Community toilet complex and transport truck, city area restricted	Storage in septic tank	Shredding and sanitation process	30 tons/day	1300 m³	Wet condition; HRT: 35 days; co-digestion	2500 m³ of biogas/ days	1.5–2 million tons/ day as manure	CHP unit to produce 3300 kWh/day (estimation)
Noorderhoek (Sneek)	AD in situ	Blackwater, kitchen waste, and grey water (study)	Pipe directly from household; district area restricted	I	Flocculation for grey water, used of	280–670 I/days	UASB of 2.5– 7 m³	Wet condition, mesophilic temperature, HRT:	13.8–12.2 m³ CH4/ cap/year	Struvite precipitation and nitrification/	CHP unit; 133–148 kWh/cap/year (heat)

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Name	Name Process Wastes Collection Storage studied	Wastes	Collection	Storage	Pretreatment	In flow	Reactor	Condition	Biogas production	Digestate/lixivia	Biogas valorization
					macerator for kitchen waste.			0.8–27 days; co-digestion; mono-digestion (study)		denitrification tank	
Eva-Lanxmeer (Culemborg)	AD in situ; Living Machine ¹	Blackwater, food waste and green waste	Independent wastewater system; social program for collect and transport	Shredding and tank	Shredding and acidification tank	1073 m³/year	70 m³	Wet condition, mesophilic condition; HRT: 20 days; co-digestion	27,000 m³ biogas/ year	Composting and fertilizer	CO ₂ extraction and CHP
Malmö	AD ex situ (Sjölunda)	Blackwater and a fraction of household and food waste	Specific collect truck and vacuum collection points; urban area extended	Storage tank (vacuum collection)	Sludge thickener	1350 I wastewater/ second, only a fraction is used for AD	6 reactor of 16,000 m³	Wet condition; mesophilic temperature HRT: 40 days (wastewater); co-digestion	Capacity of the gas upgrading plant: 550 Nm³/h	Dewatering and fertilizer	80% of the biogas produced is converted into fuel
Boo1/ Fullriggaren (Malmö)	AD ex situ (Kristianstad)	Food waste (co-digestion with manure)	Vacuum system; sink shredders; urban area extended	Separated tank	Mechanical sorting; shredding; extruding; sanitation	62,500 tons/ year (5500 tons of food waste)	CSTR of 2× 5000 m ³	Wet condition; mesophilic temperature; HRT: 22 days; co-digestion	1	Fertilizer, 63,000 tons/year of liquid bio manure	Upgrading as biofuel capacity of 200 Nm³/h; 40,000 MWh/year; heating: 65% fuel: 35%
	AD ex situ (Sjölunda)	Wastewater (+ fraction of food waste greasy waste)	Pipe directly from household; urban area extended	WWTP pretrea thickener	WWMP pretreatment; sludge thickener	1350 l wastewater/ second	6×1 6000 m³	Wet condition; mesophilic temperature; HRT: 40 days; co-digestion	1	Fertilizer	Upgrading as biofuel capacity of 550 Nm³/h
Hammarby Sjöstad (Stockholm)	AD in situ (Henriksdal)	Wastewater (+ fraction of food waste greasy waste)	Pipe directly from household; urban area extended	1	Chemically precipitated	54,000 tons/ year (based on dry sludge)	CSTR; 7 reactors for a total of 39,000 m³	Wet condition; mesophilic condition (thermophilic forthcoming); HRT: 19 days	1	Dewatering and fertilizer, 56,500 tons/ year of de-watering sludge	Upgrading as biofuel; 58,000 MWh (maximum) upgraded from Henriksdal WWTP, majorly in fuel and a small fraction is upgrading in household gas for the district
	AD ex situ (Södertörn)	Food waste	Vacuum collection points and transport trucks	Storage tank (vacuum collection); urban area extended	Mechanical thickener; sanitation process	50,000 tons/ year (extended soon to 260,000 tons/ year)	2 reactors of 4500 m³	1	Increased to 20 million Nm³ of upgraded biogas	Centrifugation and evaporation plant; 14,000 tons of bio-fertilizer yearly	Upgrading as biofuel; 80 GWh biogas (which will increase to 200 GWh).

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Table 3 Characteristics of deposits identified at diball scale)									
Area	Collected from	Quantity	TS	۸S	CODt	CODs	Н	Z	NH4-N	ТЬ	Methanogenic potential	Ref.
Wastewater French (typical values)	Households	1	TSS: 3.5 g/L (2.1) 0.35%*	1	0.84 g/L (0.34)	I	7.9 (0.4)	1	70 mg/L (22)	12 mg/L (4)	I	[111]
Wastewater Sneek	Vacuum toilets	7.8 L/cap/day 5 L/cap/day	I	1	9.8 gCOD/L (2.6)	3.4 gCOD/L (0.47)	8.8 (0.22) 8.6	1.90 g/L (0.19)	1.4 g/L (0.2) 0.85	0.22 g/L (0.07)	1.8–2.1 m³ CH ₄ /m³ blackwater	[31]
					7.7 gCOD/L (2.5)	2.3 gCOD/L (0.81)	(0.53)	1.20 g/L (0.18)	g/L (0.2)	0.15 g/L (0.06)	10–13 L CH ₄ / cap/d	
Wastewater Lübeck	Vacuum toilets	8.3 L/cap/day theoretically 5 L/cap/day collected and characterized	6.53 g/L (2.11) 0.65%*	4.09 g/L (1.83) 62.6%*	8.06 gCOD/L (2.95)	2.44 gCOD/L (0.67)	7.7	1.50 g/L (0.24)	1.11 g/L (0.14)	0.175 g/L	ı	[35]
Wastewater Eva- Lanxmeer	Low-water consuming toilets	15.5 L/cap/ day*	90 g/cap/ day*		135 g/cap/d*	I	I	I	I	I	I	[49]
Wastewater Jenfelder Au	Vacuum toilets	12 m³ per day for 2000 residents*	0.57% (0.15)	55.54% TS (6.35)	7.62 gCOD/L (2.99)	I	7.58 (0.17)	1.455 g/L (0.22)	1.09 g/L (0.12)	ı	375 L CH₄/kg VS	[42]
Wastewater Malmö	2 points of collection	285,000 (tons/ year)	4%	75% TS	I	1	ı	I	ı	I	325 L CH ₄ /kg VS	[47]
Grey water Sneek	Household	60–70 L/cap/ day	1	I	0.425 gCOD/L (0.107)	0.175 gCOD/L (0.049)	7.12	17.2 mg/L (4.7)	ı	5.73 mg/L (2.64)	I	[112]
Grey water Lübeck	Household	57 (6) L/cap/ day	4.8 g/cap/ day (1.5) 85 mg/L (23) 0.008%*	3.6 g/cap/ day (1.1) 62 mg/L (18) 72.9%*	45 g/cap/day (7.0) 0.79 gCOD/L (0.09)	I	1	0.84 g/cap/ day (0.2) 14.7 mg/L (3.7)	ı	0.4 g/cap/ day (0.1) 7.1 mg/L (1.9)	1	[36]
Food waste International (typical values)	Restaurant, market and household	In Europe, 179 kg/cap/ year (2006) and 75 kg/cap/ year* from household	22.8% (10.0)	88.2% TS (8.2)	198 gCOD/kg (89)	99 gCOD/kg (157)	5.1 (0.7)	2.8% TS (1.1)	ı	0.5% TS (0.3)	460 (88) L CH ₄ / kg VS	[40]
Food waste Malmö	18,391 points of collection (including restaurant, market, and household)	18,391 (tons/ year)	10–30%	80-100% TS	ı	1	1	1	ı	1	255–550 L CH ₄ /kg VS (depending the sources)	[47]
Food waste Bo01/ Fullriggaren	Household with grinder	Expected: 0.48– 1.02 kg DM/ household/week	I	I	1.12–1.76 gCOD/L	1	4.92– 5.65	16.6– 27 mg/L	2.04– 5.08 mg/L	I	492–591 L CH4/kg VS	[61]

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Deposits	Area	Collected from	Quantity	TS	VS	CODt	CODs	Hd	Z.	NH4-N	ТЬ	Methanogenic potential	Ref.
			collected: 0.20–0.33 kg DM/hh/week										
Food waste Lübeck	Lübeck	Household with grinder	In Germany, 73 kg/cap/year from households wastes (2005) 0.2 kg/cap/ day*	190.5 g/L 19.1%* 13.9 kg/cap/ year*	172.37 g/L 90.5%* 12.6 kg/cap/ year *	297.21 gCOD/L 80.33 gCOD/L 21.7 kg/cap/ year*	80.33 gCOD/L	1	4.901 g/L 0.4 kg/cap/ year*	301 mg/L	521 mg/L 0.04 kg/cap/ year*	1	[35]
Food waste Eva- Lanx	Eva- Lanxmeer	Vegetable and fruit wastes from household	0.5 kg/cap/ day* 183 kg/cap/ year*	30%*	78% TS*	1.5 g/g TS*	I	I	I	I	I	I	[49]
Green waste	Malmö	I	13,500 (tons/ year)	55%	70% TS	I	I	I	1	ı	I	162 L CH ₄ /kg VS (Pot/plant waste)	[47]
Green waste	Jenfelder Au Public and private area	Public and private areas	Public area: 1.7 kg of lawn cuttings/m² Private area: 1.0 kg of lawn cuttings/m²	30.59% (13.46)	82.5% TS (7.54)	275.8 gCOD/kg (81.1)	1	5.3 (1.15)	3.1% TS (0.6)	1.98 g/kg (1.18)	I	240 L CH ₄ /kg VS	[42]
Green waste	Eva- Lanxmeer	Garden area	0.8 kg/m²* and an area of 150 m²	78%*	I	0.4 kgCOD/kg TS	I	ı	ı	ı	I	1	[49]
Greasy water	Malmö	530 points of 8000 (tons/ collection year)	8000 (tons/ year)	2%	92% TS	I	I	ı	1	I	I	845–926 L CH ₄ /kg VS	[47]
Greasy water	Hamburg	Wastewater treatment plant	4 m³ for the district where is located the project	2.32% (0.22)	81.59% TS (11.31)	63.37 gCOD/L (33.58)	I	4.54 (0.32)	567 mg/L (230)	I	1	700 L CH4/kg VS	[42]

*Estimated values; (s.d); min-max

anaerobic digestion system and included interaction between upstream and downstream processes and specific context. For each one, a schematic view of the WTE system is performed to highlight the flow of organic waste. This is represented in Figs. 1, 2, and 3.

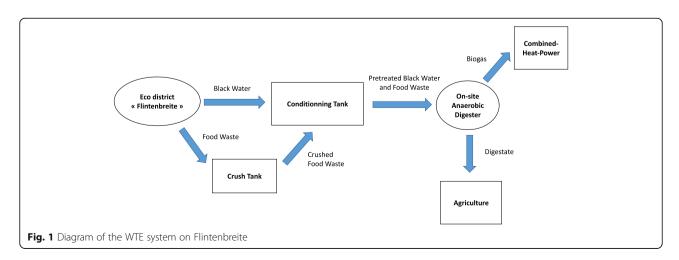
Project 1: Flintenbreite

This ecological housing is to be a part of a global project of the Hannover EXPO 2000. It is situated in the west of Lübeck and covers an area of 5.6 ha, of which 2.1 ha are left as natural green space. It consists of 117 accommodation units for up to 380 inhabitants. It is planned as a nearly car-free settlement with a central parking area. The housing is based on a circular ecological concept, which includes architecture, landscape planning, social cooperation, and energy and sanitation management. Grey water is transported by gravity pipes to several constructed wetlands. Rainwater from roofs and sealed areas is to be collected in small gutters and infiltrated to the groundwater in decentralized swales. The households will not be connected to the public wastewater network system of the city. Instead, the wastewater is to be collected and treated in an internal cycle. The habitations are to be equipped with vacuum toilets with very low water consumption. The blackwater (feces and urine) will be transported via a vacuum sewerage system to a storage tank.

At the end of 2015, in Flintenbreite, the anaerobic digestion process was still in development. The project corresponds to an in situ AD process, inserted in the heart of the eco-district. Preliminary studies reveal that blackwater, from the vacuum toilets, is up to three times more concentrated than the average recorded in Germany. The wastewater is then mixed with food waste recovered from homes by sink crushers. The amount of water is reduced to minimize the size of the reactor, and the shredded food waste is more easily degraded by microorganisms. In the project, a thermal pretreatment is to be carried out for sanitation purposes, in conformity with the country's

regulations and also to reduce the digestion time [19]. Pretreatments are planned in tanks such as storage "bins" to avoid sudden influx into the different sections. The treated waste is easily degradable, and its flow is fractionated to be more convenient for the reactor. Regarding the reactor, a continuously stirred tank reactor (CSTR) was preferred. It was designed to run in wet process and mesophilic temperature conditions. The process is simple and well known; it does not require special maintenance or specific control of the TS, allowing the introduction of food waste. In preliminary studies, the utilization of the digestate is directly used as a fertilizer in agriculture. Biogas had to be used for cogeneration, thus producing heat and electricity. Given the quantity of waste treated and the size of the neighborhood, this kind of valorization seems the most suitable way to limit the losses and the financial investment that require post-treatment. Moreover, the proximity between the installation and the dwellings allows for a maximum return of the energy produced. The German Renewable Energy Act (EEG), since 2004, provides a budget allocation to support electricity and heat valorization projects [19, 20].

All the operations carried out around the anaerobic digestion unit are focused on reducing the size of the reactor. The insertion of the process considering its surrounding environment is crucial. The waste treatment network is closed and nuisance is limited thanks to the hermetic storage tank. Management system requires a minimal level of awareness, regarding the use of toilets and food waste collection. The involvement of the inhabitants in the process is intended to be minimal, which may be unfortunate considering the opportunity this allows at this implementation scale. The closed circuits proposed in this case provide much information. Nevertheless, this implementation is limited to "residences' dormitories." Indeed, it does not currently consider the collection of other organic waste (restaurant, local grocers...), which seems to



limit the development to a neighborhood scale with low population and infrastructure. The creation of a closed circuit connecting all the residences is still not performed, which explain, in addition to the change of investors during the project, the fact that, currently, the anaerobic digestion process in Flintenbreite is not operational.

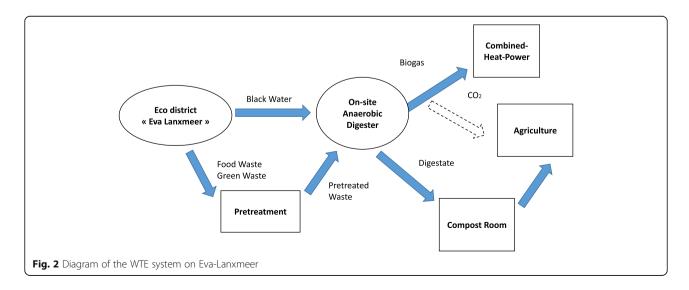
Project 2: Eva-Lanxmeer

Eva-Lanxmeer is a social-ecological district of 24 ha that has been built with sustainable materials on former farmland surrounding a protected drinking water extraction area. Located near the Culemborg railway station, the Lanxmeer project consists of 250 homes of which 13% are apartments, approx. 38% are subsidized rented and owner-occupied housing, 24% are middle-range owner-occupied housing, and 38% are luxury owner-occupied housing, collective permaculture gardens, business premises (40,000 m² gross floor space) and offices (27,000 m²). In addition to a biological city farm (48,000 m²), the accommodation is completed by the EVA Centre (an education, information, and conference center), a hotel and a "Sustainable Implant" facility. However, the village was constructed but the EVA center and anaerobic digestion project have never been implemented due to the financial crisis in 2007. Nowadays, an "intentional community" is still the main foundation of social life in the district and is represented by inhabitants who take an active part in the eco-village.

Although it was abandoned, the environmental project remains a model for Decentralized Sanitation and Reuse (DESAR) concept integrated at the district scale. It includes a closed water circuit, with low-water consuming toilets and water management system, independent from the Culemborg city. It also contains an in situ small-scale biogas installation for the treatment of blackwater and organic waste/garden and park biomass,

associated to a combined heat power (CHP) unit. The complete AD management solution is supported by a closed greenhouse, a Living Machine, sludge composting with organic food production, and further recycling through Retourette with the possibility for joint e-commerce supply. The whole process is designed to create cycles for renewable resources.

The Eva-Lanxmeer project proposes, in one building, an autarkic recovery circuit centered on an anaerobic digestion process and connected to other processes such as the Living Machine¹ and composting. It was also studied to limit energy losses and emphasize biogas production. As a part of the project, sedimentation of black water and shredding of green waste are carried out; then, this waste is mixed in a storage tank with food waste from dwellings. After this step, conventional pretreatments such as thermal or ultrasonic treatments are replaced by increased pH. "Pre-acidification" is planned on the mix of waste at a temperature close to 25 °C, in order to increase the production of VFA (pH less than 6). This alternative, less costly in terms of energy, also pre-degrades the substrates, in particular ligno-cellulose in green waste, and increases the availability of the feedstock, at the same time. The goal of co-digestion is twofold: it increases the ratio of organic matter in the incoming flow and ensures a good production of biogas. In this case, it is also a good way to construct a closed valorization circuit which includes all the organic waste produced by the village and stay independent from the Culemborg city network. The anaerobic digestion process is planned in a wet and fully automated way. The minimum size of the reactor is estimated at 70 m³ for a HRT of 20 days. The operating temperature is mesophilic, close to 30 °C. Afterwards, post-treatments or Living Machine are designed to recover heat and nutrient from the leachate produced and ensure a quality



profile to agricultural irrigation. The digestate is also beneficial for agriculture; after composting, it will be recovered as fertilizer. Finally, biogas had to be purified and stored to produce energy by CHP. The CO₂ fraction extracted is planned to be used as a natural fossil gas equivalent, for agrarian greenhouses. Thus, the entire valorization circuit is designed to maximize energy and nutrient recovery. Indeed, national energy law includes a feed-in subsidy for biogas in CHP valorization plus a bonus if the heat produced is used effectively. The support from the government is based on a green deals approach [5, 19, 21]. However, the pre-study of the eco-district concludes that without an increase in the frequency of collection of green and food waste, biogas production would be too low to be economically attractive.

It is also important to note that the system presented in Eva-Lanxmeer is not the optimal option which was first conceived. This consisted of a vacuum system connected to the housing for direct collection of organic and blackwater waste prior to treatment.

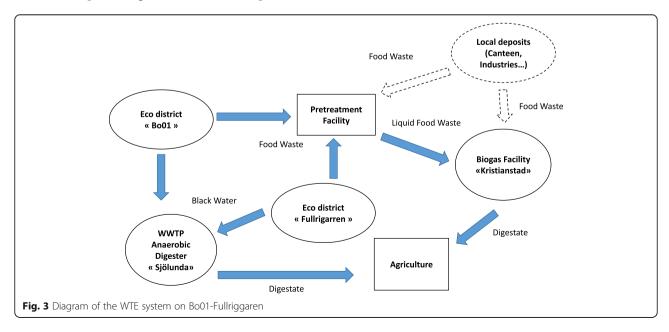
The social aspect is crucial in the development of the Eva-Lanxmeer project. Initially, the inhabitants are involved in the anaerobic digestion process through the collection step, which depends on the sorting and the transportation of food waste (FW) and green waste (GW) by farmers. Indeed, nearby storage premises (Retourette²) are used as "bins," and frequent transport of the waste to the anaerobic digester has to be performed by local farmers. Even if the complete system seems to be difficult to implement in other cases, it adds an interesting social aspect to the valorization process with the involvement of inhabitants. First, sensitization was also discussed to change the behavior of the residents, for instance, preventing the use of biocidal products for

cleaning toilets which are directly connected to the digester. Ultimately, the question of the feasibility of such an experiment still remains. Eva-Lanxmeer has a unique social framework but has many economic and political repercussions which led finally to the abandonment of the anaerobic digestion process. Despite its limitations, the project is nevertheless well documented and examined, since it has served as a model for the construction of many other eco-districts. In addition, it is the first project to design anaerobic digestion at the scale of an ecological village. Here, urban and rural environments (farms) are called upon to operate the process. Moreover, anaerobic digestion is a co-digestion in order to enhance a set of organic waste and it is not offered as a single solution but will be linked with other recovery processes in order to obtain a quasi-autarky system.

Project 3: Bo01/Fullriggaren

The third and last case is located in the Western Harbor of Malmö with a specific focus on the Bo01 and Fullriggaren districts. The global project consisted of the transformation of former ports into sustainable neighborhoods. The operation was contemplated in the framework of the "2001 European Exhibition," an exhibition dedicated to the construction of cities of the future. In the Western Harbor, a new technical approach for waste management and local renewable sources was implemented and studied.

The initial characteristics of the Bo01 project include 1303 dwellings on 22 ha over an old industrial port area. The density of buildings is 600 units for 9 ha (first floor) and the population density is 122 persons/ha. The overall project comprises commercial, administrative, social, educational, cultural, and recreational areas. The Bo01



housing is connected to the public wastewater system of the city and the wastewater treatment plant (WWTP) of Sjölunda. Regarding food waste, a first study was made with 41 apartments on the different ways to collect food waste in the district. One way was to equip households with a kitchen grinder; another option corresponds to the use of paper bags for collection in several outdoor collection points equipped with a vacuum system. After collection, food waste is transported to a pretreatment plant outside the district by vacuum suction vehicles and then to Kristianstad biogas plant.

The Fullriggaren district has 614 apartments spread over 16 properties; it is located near the preceding district and was created based on feedback from Bo01. When the area was built, in 2012, the process of food waste separation was adapted from the results of Bo01's study on waste quality, social opinion, and the limitations of pretreatment processes. Consequently, sink shredders are implemented in all apartments and directly connected to a storage network. Indeed, the houses are built with double drain strains; the first one connected to the toilet goes to the WWTP of Sjölunda. There, the organic fraction is used in the anaerobic digester of the WWTP. The second strains, from the grinders, lead food waste and kitchen wastewater to a separation tank. After storage in the tank, the water fraction is reconnected to the Sjölunda WWTP flow [22]. The food waste part is concentrated sludge, and although the grid would be able to transport this to the WWTP, the pretreatment of waste would be more difficult and expensive to carry out. Consequently, the operational management is, as in Bo01, the transport of food waste from the storage tank to an external pretreatment unit (SYSAV) [23]. There, the FW of the district and that coming from the local deposits (restaurants, canteens, industries) are mixed. The non-degradable elements are extracted, and the mix is diluted by the timely addition of liquid FW like sauce or juice, or the addition of water. Due to the threshold capacity of the anaerobic plant in the WWTP station in Sjölunda, food waste is centralized outside the district, in another valorization unit, at Kristianstad's biogas plant. The upgrading of biogas at Kristianstad produces heat and electricity from food waste mix with local industrial and agricultural wastes, but consequently, the energy produced is not beneficial to the districts studied. However, most of the biogas valorization is done by upgrading it into vehicle fuel which has been well established in Sweden and is relevant considering the volumes of biogas generated. National incentives also promote gas vehicles, gas stations, or development in terms of biogas technology, by grant mechanism or competitive tax advantage [24, 25]. The digestate produced is used as fertilizer in agriculture. Anaerobic digestion processes, designed for Bo01 and Fullriggaren, have the merit of still being in operation and offer valuable feedback for management of ex situ AD

Table 3 summarizes the physical-chemical characteristics of the main deposits identified in case studies. Values are provided by project literatures. Typical values from reviews are also included as comparative data.

Discussion

Tables 1, 2, and 3 regrouped a large quantity of elements which composed a fragmented data of urban AD management. Based on the scientific literature and technical information available from projects 1, 2, and 3, their description enables to identify the main variables driving these systems. Indeed, these results display the multitude of processes involved in urban anaerobic digestion. They also highlighted the interactions with existing social, economic, and politic contexts. Through this, the discussion is based on the crucial steps and main parameters identified as leading urban waste management. The comparison is realized on data from the three developed cases and also includes all the partial information collected in Tables 1, 2, and 3.

Waste selection

To develop an anaerobic digestion process to treat organic waste, it is necessary to consider (i) the quantity available, the seasonality, and current waste management already realized; (ii) the collection points; (iii) the physical-chemical characterization; (vi) and the methanogenic potential.

As indicated in Table 3, generally, the chemical organic demand (COD), TS, and VS percentage are the main determinates of physical-chemical parameters. A stable feedstock is usually characterized by COD/N/P or C/N/P ratios. C/N typical ratio for the feed stream is around 20–30 [26–28]. Some studies also investigated the biodegradability and the chemical profile of waste. Indeed, the lignin content drastically reduces waste biodegradability. Sulphur and nitrogen fraction and their different chemical compounds are dosed to ensure a high production of methane and guard against inhibitions [29, 30]. The biochemical methane potential is also often measured during study stages.

The principal wastes found to be used for anaerobic digestion in urban areas are:

Wastewater. It is used in a majority of anaerobic digestion case studies. It corresponds to the water produced from use of toilets and sometimes in addition of kitchens too. Its composition depends on the collection system and treatment used [31].
 Blackwater (brown if urine-free) is obtained by separating toilet water and includes the major part

- of organic material in domestic wastewater, with a significant amount of nutrients (N and P) and pathogens. The waste is defined (Table 3) by a significant available deposit, with low TS between 0.5 and 4% and a VS between 55 and 75% TS, depending on how diluted in urine it is [32–35]. Wastewater can also be composed of a significant amount of toilet paper. The waste is interesting due to its important daily supply and high concentration in VS; it produces near to 350 L CH₄/kg VS. At district scale, the use of vacuum toilets provides between 5 and 15.5 L/cap/day of waste depending on the efficiency of water separation. WWTP produced different kind of sludges from this deposit [27]. Primary sludges are the most concentrated in terms of TS and VS. Chemically, the composition is quite similar to wastewater unless a chemical pretreatment is carried out [33].
- Grey water. The composition of greywater is highly impacted by the surrounding context. It is generally admitted that the waste represents about 70% volume fraction of domestic wastewater, which corresponds to a volume comprised between 57 and 70 L/cap/day. Despite its abundance, it compounds of a considerable amount of phosphorus due to detergent and dishwashing powder [36, 37]. The organic load is also very low, with a TS < 0.01% and a VS of 75% TS, but sufficient to perform anaerobic digestion under specific conditions in terms of HRT or pretreatment [38]. Nevertheless, investigations about Sneek pilot (Tables 1 and 2) reveal that aerobic digestion removes 80% of COD, when only 42% of COD is treated when AD is used in the conditions of their study [39].
- Food waste. The quantity and composition of food waste are variable depending on cultural and seasonal parameters or economic area location. Fisgativa et al. [40] define average food waste as a TS of 22% \pm 10.0 and a VS of $88.2\% \pm 8.2$, which demonstrated a good profile for biogas production by anaerobic digestion. This production depends on the wastes sources, but nevertheless, 469.6 L CH₄/kg VS on average are obtained during studies. The deposit can be provided by restaurants, canteens, households, or wholesalers (fruit and vegetables). Consequently, it may include paper towels, packaging, paper bags, or certain contaminants (metal, plastic...). Moreover, a higher collection of food waste was observed in rural areas than in large cities, up to five times [41]. It admitted that close to 0.2 kg/cap/day could be collected from households and 0.5–1 kg/cap/day with the additional collection from restaurants and markets (Table 3).

- Green waste. Commonly, garden waste presents around 31–78% of total solids and 70–83% of VS out of the TS. However, the lignin fraction in the VS fraction can be high if a substantial part of bulky garden waste is collected (wood from pruning). This latter fraction is much more suitable for pyrolysis treatment or composting on site [42–45]. Conversely, fresh lawn cuttings are humid and contain high shares of easily fermentable organic compounds which make it an interesting feedstock [46]. Nevertheless, a fraction of lignin is still present and the methane production is estimated at 240 L CH₄/kg VS. The production of lawn cutting from public and private gardens varied between 0.8 and 1.7 kg/ m² (Table 3).
- From the study cases presented in Tables 1 and 2, other types of waste commonly produced, such as used cooking oil and greasy water, are also studied [42, 47]. They are provided principally by canteens and restaurants with specific collection systems. This waste is defined by a high amount of fats which represent an important source of energy for the biomass. The TS is nearly 2% and the VS between 82 and 92% TS. The methane potential is also high with 700 L CH₄/kg VS (Table 3). Nevertheless, due to a fast production of VFA, during the anaerobic digestion, these wastes cannot be used alone and require an appropriate co-digestion (5–30% VS of the feedstock) [35, 42, 47].

Collection of deposits

Two different ways can be used to collect organic waste in urban area. The first one is a centralized collection, where wastes from the project area are mixed with others from a global waste management site such as it, from a city or a region. The second one corresponds to a decentralized collection; the waste management is secluded to the global system, and it takes place generally in several local collection points. The concept of DESAR is linked to this second kind of process [16].

Wastewater

As example of these definitions, the Flintenbreite project (Fig. 1) is to be an autonomous collection and valorization of wastewater, decentralized from the city. Conversely, the wastewater management in Bo01 (Fig. 3) remains centralized with the global system from the city of Malmö. Traditionally, the collection of wastewater is centralized in WWTP. Community Toilet Complexes (CTC), in Nashik project, India, is another kind of wastewater collection system (Tables 1 and 2). Here, small storage units collect wastewater before its transport by specialized vehicles to the treatment unit [48]. Concerning wastewater collection process, the districts

studied generally use separated-sourcing systems such as the vacuum toilet system. It collects only black or brown water, as in Flintenbreite. It decreases the water fraction of blackwater by almost 55% and at the same time concentrate the organic fraction [39]. Nevertheless, it also concentrates the fraction of NH_4 -N and significantly impacts the energetic cost of the system [35].

To perform the collection of wastewaters, the local context and the sewage network are also important, especially for the district scale. For example, the Flintenbreite pre-study [35] estimates that only a part of the theoretical blackwater producing is actually collected. In taking into account that the project is a residential district, people are in effect, not present during the day. Thus, in the absence of connection between the local treatment process and infrastructures such as enterprises, nurseries, and schools, a part of the theoretical matter is missing. The study also reveals the fraction of children in the population needs to be considered for district implementation. Indeed, it can significantly impact the quantity of wastewater collected in comparison with the estimated quantity.

Green waste

The deposit can be provided by private or public areas. Its collection is generally realized in specific stations or in bio-waste bins. To increase the collection of waste and perform anaerobic digestion, collaboration with green space service companies may be also necessary. The collection is highly dependent on the season, and supply is assumed to be available around 180 days per year [49]. Moreover, a good differentiation between lawn cutting and pruning scraps is needed to avoid a high lignin concentration. In the Jenfelder Au study, green wastes from the areas near the district are also investigated to increase the quantity recoverable.

Food waste

The current system corresponds to several collected points with vacuum systems or specific bins implanted in the urban area. Another way is the collection at source, directly from households, by the use of grinder systems located in the kitchen sink (kitchen waste). From canteens or restaurants, it involves sorting out the organic fraction and to store it before collection. Currently, specific collection solutions need to be developed in accord with urban disposition and quantity produced, such as the use of multi-compartment vehicles used in the Malmö district or vacuum truck with screw tank in Hammarby Sjöstad. This is particularly true for markets and wholesalers, which produce a non-negligible fraction of food waste, essentially from fruit and vegetable [50]. In Malmö, food waste is collected in two different ways, by the use of paper bags or directly from households, with sink grinders. Including the collection of all the kinds of food waste from the Malmö City, the number of collection points reaches 18,391 (Table 3). In Fullriggaren district (project 3), only 33–55% of the food waste produced by households is collected in the storage tank, after a grinder system. The rest of the food waste is either found in the residual waste (37%) or passes through the retention tank and goes via the outlet to the sewer (23–33%) [50]. This highlights the challenge to make and develop solutions in order to ensure a convenient collection of urban food waste. Nevertheless, as mentioned in studies, solid collaborations between municipalities and valorization facilities are of great importance for the success of this project [51, 52].

Grease sludge and cooking oil

The collection of sludge, from canteens or restaurants, is generally done by sludge grease traps, installed before the wastewater discharge system. It represents 530 collection points in Malmö. The organic fraction composing the deposit is highly energetic; nevertheless, due to the low frequency of collection, a part of this is often lost in the wastewater flow. The collection of cooking oil is done directly in specific bins [35, 42, 47].

Resident participation in the collection is also an important point to ensure a good recovery of organic waste. As realized in Malmö's districts (Tables 1 and 2), sensitization could be provided to improve civil actions. Some collection systems are also favored by local inhabitant such as the grinder solution, more popular than paper bags (project 3). "Retourette" or "Recycling shop" on Eva-Lanxmeer (project 2) is another example of process at the disposal of inhabitants to encouraging the collection of among others, food waste and green wastes.

Commonly, centralized process is linked to one large-scale plant and decentralized process to small-scale units. Moreover, collection processes are often linked to preexisting or common installations, integrated in the urban area. In Hammarby Sjöstad, the district used the local pre-existent installation (WWTP) to perform its model of loop energy recovery. Nevertheless, these notions depend on the scale considered: An entire district with autonomous collection system as Eva-Lanxmeer project is decentralized from its city management. But its dwellings are still centralized in a same collection system. In another scale, the AD pilot in Sneek or the composting process in Allermöhe district was built with just a fraction of the dwellings involved in the DESAR process [53, 54].

To well understand the implications of the different ways to collect waste and their benefits, comparative LCAs can be realized. For example, the thesis of Bernstad in 2012 investigates the topic of food waste valorization with a focus on a residential area in southern Sweden [50]. It also considers other LCA studies on food waste

management, related to the most beneficial way to conduce valorization process, collection system, and transport of waste [55–57].

Storages and pretreatments

If the objective is to deploy anaerobic digestion processes close to neighborhoods, the mastery of storage and pretreatment is crucial to avoid nuisances. Thus, they are impacted by their location in situ or ex situ. These processes are used to modulate the quality of waste and lead flow management, two main parameters in the reactor sizing. Storage is generally buried or simple hermetic tanks. Conversely, a large panel of processes could be used for pretreatment, depending on types of waste and characteristics needed. These processes principally reduce or degrade the non-usable fraction of wastes and thus increase their degradability [58]. Depending on national regulations, sanitation pretreatment must be needed for hygienic purposes, as in Germany or France.

In the case of a wastewater collection system connected to an anaerobic unit, as in Flintenbreite, the storage unit built in situ has two objectives: a buffer zone as pretreatment for the organic matter and a tank to modulate the inputs going to the digester [59, 60]. In the Nashik project, India (Tables 1 and 2), to avoid rural defecation and to valorize the blackwaters, 200 (then 400) septic tanks are installed as local collection and storage units. This approach offers a sanitation aspect and a solution to limit nuisance from blackwater while awaiting its transport to anaerobic treatment [52]. The use of blackwater storage tanks in combination with pasteurization pretreatment or acidogenic hydrolysis was also studied. Results showed that a pretreatment at 24 h at 55 °C or 1 h at 70 °C is necessary to inactivate pathogens in waste [35]. In the Eva-Lanxmeer project, pre-acidification should have resulted in an efficient pretreatment, low cost in energy (project 2). Nevertheless, special attention must be paid to the control of VFA concentration. Pre-acidification is also used to increase the COD particulate and enhance biogas production. When the pretreatment cannot be installed in situ, it is generally located in a specific complex or facility after the transport process. WWTP is a common example of storage, pretreatment, and ex situ valorization unit. In the Nashik project (Tables 1 and 2), the storage of wastewater is realized in the project area but its pretreatment unit is installed, ex situ, close to the anaerobic digester. Thus, the installed unit is used to settle sewage water and mix the collected sludge with food waste, prior a possible sanitation process and the AD unit.

Pretreatment and storage of food waste depend to the collection realized. Malmö districts (project 3) provide an example of two different processes. The first one is the use of collection bags and mechanical pretreatment

to sort out the organic fraction. The second one is a collection by sink grinder and storage in separation tanks. Nevertheless, the first pretreatment can highly impact the quantity of waste valued. As an example, the BO01 study (project 3) firstly used a mechanical pretreatment which, without a good monitoring, refused up to 60% of the weight of the TS, due to the presence of contaminant objects. Concerning the second way, grinder system and separation tank were also included. The grinder system provides a reduction of particle sizing and increases the degradability of the waste treated. The separation tank is here considered as pretreatment due to its effect on waste. Indeed, as shown in Fullriggaren during the 20 days of storage, a hydrolysis step is also performed [61]. Ex situ pretreatment of food waste is also observed in Kristianstad, Sweden (Fig. 3 and Tables 1 and 2) in order to increase the degradability of feedstock by creating liquid food waste [23, 61].

Concerning green waste, due to the difficulties involved in shredding lawn cuttings, Hertel et al. [42] demonstrate that to produce an easily pumpable, juice, the grass cuttings could be pressed to extract organic compounds (85–95% of total lactic acid and about 55–65% of crude protein can be extracted). Maceration with another waste such as blackwater to facilitate shredding has also been experimented with success [46]. Moreover, the seasonality of the waste, generally between summer and autumn, raises the need of specific storage. Commonly, green waste is conserved in vacuum bags, ball silos, or tanks in anaerobic conditions such as ensilage [46, 62].

In view of observations from the in situ and small-scale cases, storage and pretreatment units have a major limitation. Indeed, due to their location in the urban area, they need to be totally monitored to avoid nuisance for local dwellings. In Montpellier, an in situ process with a large-scale dimension, the project reports present some example of these nuisances. Indeed, consequently to some defects of construction and a difficult context of implementation, presence of vermin and olfactory issues were observed. Thus, significant investments such as biofilters were needed to reduce them. Flintenbreite, Eva-Lanxmeer, and LEAP project present in situ model of storage and pretreatments, jointly applied with low energy-consuming processes, to increase the benefit for valorization system (Tables 1 and 2). In small-scale implementation, the size reducing of unit is also needed. Nevertheless, feedback on blackwater and kitchen waste shows that hydraulic load is more limiting for the anaerobic process than the organic load. Indeed, even with a vacuum toilet, the low VS of blackwater (Table 3) needs to be considered to the dimension and the integration of the anaerobic digestion system [35]. Grey water presents the same problem, which it explains the use of bioflocculation pretreatment [38].

Anaerobic digestion processes

From processes used in the 15 case studies present in Tables 1 and 2, a large majority of them is fed by a mix of waste. Their AD is also mainly operated in wet conditions (DM > 20%), due to the frequent using of wastewater in the mix. In comparison with dry conditions, wet condition is often defined as beneficial to biogas production. It also decreases the HRT and requires less energy for agitation than dry processes. Despite that, the size of the reactor in wet conditions is generally higher due to the water fraction employed. This last condition is especially impacting for the integration at district scale. Nevertheless, the dry process is more difficult to study and manage than wet conditions. Less frequently observed in urban waste implementation, two examples of dry process are however presented with the food waste anaerobic digestion plant in Montpellier, sizing for the wastes from 450,000 inhabitants, and Freiburg im Breisgau, Germany, sizing for 600,000 inhabitants (Tables 1 and 2). Conversely, the co-digestion of food waste from Bo01/Fullriggarens districts (Fig. 3) is pretreated to get a liquid feedstock and allows to lead anaerobic digestion in wet conditions.

The dimensions observed for the size of reactor are closely related to the wastes treated, the number of dwellings considered, the operational conditions, and the context of integration. Eva-Lanxmeer project (project 2) and its 250 lodgings foresaw a co-digestion of 1075 m³/year with an HRT set at 20 days and considered a minimal size for its reactor to 70 m³. In Flintenbreite (project 1), it is 117 lodgings for a co-digestion and a reactor estimated respectively at 1200 m³ of waste/year and 73 m³ (HRT between 21 and 24 days). In Nashik, the reactor is dimensioned to 1300 m³, to treat with an HRT of 35 days, 30 tons/day of wastewater from 200 to 400 CTC, and food waste from 1350 local hotels. Similarly, the project in Jenfelder Au foresee a 900 m³ reactor to treat, with an HRT of 25 days, 30 m³/days of wastes produced by 2000 inhabitants. When the anaerobic processes are outside the district, as in Bo01/Fullriggarens, Södertörn biogas unit or Freiburg im Breisgau,³ the size of the reactors encountered is even higher and correspond to large-scale unit (Tables 1 and 2).

Regarding the technology used in the 15 case studies (Tables 1 and 2), two kinds of reactors are identified to perform wet anaerobic digestion. Indeed, UASB and CSTR are installed or foreseen in Bo01/Fullriggarens, Sneek, Flintenbreite, Jenfelder Au project, and Hammarby Sjöstad (WWTP) case studies (Tables 1 and 2). The first one is characterized by a low risk of leaching and an important fraction of biomass. It is used to treat wastewater and its sludge [63]. UASB reduces retention time or reactor size and known to produce a good quantity of biogas [31, 63]. The second one is especially used

to treat waste with high concentrations of TSS or TS (3–10%), which can be assumed to be the situation with co-digestion in a district area [35]. Its process is simple and known as stable and relatively easy to carry out. However, other technologies may be envisaged, such as anaerobic Membrane Bioreactor (MBR) foresee in the new biogas unit of Henriksdal or a two-stage reactor, as used in Singapore [64]. Concerning the two projects which use a dry anaerobic digestion, a Valorga® process is observed (Tables 1 and 2).

HRT is a main parameter in reactor management due to its link with installation size, post-treatment needed, and quantity of waste treated. Indeed, the HRT is influenced by the organic loads and related to the reactor capacity and time required to achieve a satisfactory organic degradation and biogas production. Despite the differences observed in terms of substrates and loads used, HRT is set around 15-30 days, in relation with the methane production and the operational costs. Moreover, a study from the Flintenbreite project shows that long HRT (>15 days) leads to process stabilization against shock loads for blackwater digestion [35]. Nevertheless, it can also be drastically reduced for specific feedstock or reactor technology, for example, the studies from Sneek district investigated the AD and aerobic digestion of greywater with an HRT < 1day.

According to Tables 1 and 2, the 15 AD processes observed are mainly done at mesophilic temperature, close to 35 °C. Reactor heating is generally achieved through a fraction of the biogas produced. Mesophilic temperature seems to offer a good balance between performance and cost. Some projects investigate the anaerobic digestion process at 20 or 25 °C, with the objective of lowering energy consumption. Unfortunately, it generally appears to be harmful for the biogas production and for small-scale integrated unit. Indeed, it increases the retention time needed for digestion and consequently the reactor sizing [32]. Regarding thermophilic temperature (55 °C), a rise in the biogas production and a reduction of the HRT is generally assumed. Nevertheless, the energy consumed to maintain the temperature in the reactor needs to be considered and could lead to an economical unsustainability. In a study about Malmö wastes valorization, thermophilic condition also results in instable anaerobic reactions for some kinds of feedstock [47]. Nevertheless, as a functional example, the ex situ AD process in Freiburg is still in operation after several years, which indicates the feasibility of the thermophilic process in certain conditions. Thermophilic condition is also forthcoming in Hammarby Sjöstad WWTP, which seems to indicate prevalence in large-scale implementation [65, 66].

Regarding large-scale processes, the fluctuations of the incoming matter are compensated by the quantity used. Thus, co-digestion appears not mandatory such as in the

Freiburg im Breisgau plant³. Parameters and operational conditions such as reactor technology, size of unit, temperature, or HRT are also higher and generally lead to ex situ unit (Tables 1 and 2). Conversely, in situ processes are often carried out by small-scale implementations and a limited number of parameters (and processes) focused on reducing the reactor dimension, to increase the integration of the valorization unit. Hammarby Sjöstad WWTP and Montpellier projects still remain exceptions in the case studied, with their large-scale facilities implanted inside an urban area.

Post-treatment, nutrient recovery, and energy saving Digestate valorization

The use of digestate after anaerobic digestion raises some practical questions. Due to its composition of N and P, digestate is a good substrate for soil fertilization. Nevertheless, except in the presence of urban farming, digestate cannot be used directly in the district areas. Moreover, the use of wastewater as feedstock generally involves a step of solid–liquid separation. It is assumed that digestate is comparable to an organic fertilizer, its solid phase including high concentration of N and P available, and the separated liquid fraction is concentrated in N and K [29, 67].

From Figs. 1, 2, and 3, composting is the most popular option to treat the remaining solid fraction. Economically, the process is relevant by the production of fertilizer and does not need a high energy demand. However, it consumes organic matter and N fractions [68]. Another option is to dry the digestate after ammonium nitrification or addition of sulphuric acid to avoid the nitrogen loss [30]. This process concentrates nutrients into a powder and decreases the microbial activity; nevertheless, in the absence of heat recovery system, it is expensive in terms of energy. In Sweden, the Södertörn biogas unit (Tables 1 and 2) uses an evaporation treatment to remove the water fraction of digestate produced. Anyways, legislation can restrain the use of digestate produced by anaerobic digestion. As example, if the feedstock includes animal by-products, in Europe, sanitation process is mandatory. Consequently, additional processes may be employed to sanitize or achieve the digestate degradation and then reach these discharge standards [19]. Generally, to be used as fertilizer, compost has to reach standards qualities too.

Several techniques are used to extract usable compounds directly from digestate, especially if the soil area is far from the post-treatment unit. From Sneek and Jenfelder Au's projects, the chemical recovery is studied to be done by respectively struvite precipitation and ammonia stripping [28, 46]. From the liquid fraction, ammoniacal nitrogen can also be removed by stripping with sulphuric acid and recovered from the gaseous phase via scrubbing with an ammonium sulphate solution. The

stripping process takes place at high temperatures and also leads to sanitizing the digestate [42].

Biogas valorization

Usually, the limitation for the biogas valorization corresponds to (i) the methane fraction; (ii) the cost of gas post-treatment such as H₂S removal, or upgrading by CO₂ removal; and (iii) the transport of produced energy [69]. Even if processes are integrated within the district area, not all valorization solutions may be considered. In general, an option is selected in accordance with the proximity of energy users, the distribution network, the grant mechanisms, and the energy balance [70, 71]. The energy balance can be constructed with the heat and electricity needed for the process (pretreatment, self-consumption...), the methane concentration in biogas, and the gain in energy produced by the valorization solution studied [39, 72]. Three major processes are generally investigated, heat and electricity produced by a combined heat and power system (CHP) unit, gas production for the city network, and fuel production for vehicles. The CHP process with CO2 purification, specific to the Eva-Lanxmeer project (Fig. 2), could also be mentioned. The choice of these valorization processes mainly depends on economical aspect and local users' needs which are specific for each country [73]. To closely understand the choices made in the analyzed projects, legislations and grant mechanisms also must be considered.

Concerning the gas and fuel production, it requires a methane content of more than 95% and specific standards had to be reached (low humidity, low H₂S, and siloxane concentrations) [69]. Thus, the upgrading post-treatment needed is its main limitation. It is generally admitted that the purification treatments of these two valorization processes are too expensive to be sustainable for a small quantity of biogas and consequently reserved to large-scale AD plants [19, 30].

As example, from project studies in Tables 1 and 2, only the Sjölunda, Henriksdal WWTP, and Kristianstad biogas plant, with respectively 6 AD reactor of 16,000 m³, 2 AD reactor of 5000 m³, and 7 reactors for a total of 39,000 m³, have upgrading units to convert biogas in fuel [74]. Data available about Kristianstad indicate that 65% of the biogas produced are used as heat when 35% are converted in fuel [74]. The important quantity of biogas produced from these units enables an economic and sustainable valorization. These examples also demonstrate the impact of local users' needs and the effect of national grant mechanisms. Indeed, the Sweden energy transition policy emphasizes the fuel upgrading valorization [24, 25].

From Tables 1 and 2, many small- and large-scale units use CHP valorization. This process accepts a larger quality of biogas, needs low post-treatment, and a good yield in terms of energy generated is generally assumed. Thus, this valorization process is especially highlighted

for small-scale implementation. Concerning the biogas quality, to avoid engineering knock-out, methane fraction should be at least of 45% (especially 30% with the use of micro-turbines). Nevertheless, CHP process generally limited the H₂S fraction in biogas and the local grid needed to use the heat and electricity produced [69, 75]. As example of implementation, in Montpellier, the 11,800,000 m³ of biogas produced annually are threat by a CHP unit and the heat and electricity produced are brought to local apartments and infrastructures (hospital). The Nashik project with an ex situ centralized unit estimated the daily production of biogas between 1600 and 2100 m³, valorized with a CHP unit [76]. In these later cases, the local users' needs seem stronger in terms of heat and electricity production than fuel or city gas. CHP is also foreseen in small units, as the Flintenbreite and Eva-Lanxmeer projects, and used in the Sneek project. Conversely, of large-scale units, as previously mentioned, methane productions are here lower but the integration in the district area offers a local grid to use the heat and electricity produced. In Flintenbreite, based on the results of Wendland [35], the production is expected to be 4700 m³ CH₄/year and 22,500 m³ CH₄/year for maximal conditions and additional co-digestion. In Eva-Lanxmeer project, the production was expected to be close to 27,000 m³ biogas/year. At Sneek, the studies produced between 12 and 14 m³ CH₄/cap/year [39].

District approach and conception

To develop anaerobic digestion projects with the objective of treating waste in urban areas, the stakeholders must consider not only the technical aspects but also the social, political, and economic context. For example, wrongly performed, the process could cause nuisance to local inhabitants. Alongside this fact, the process is easily damaged in case of incorrect utilization by the inhabitants (such as the use of antimicrobial household products in toilet cleaning). Concerning the context of projects analyzed in Tables 1 and 2, many of them support national environmental policies and energy transition. They are generally initiated by a grouping of organizations, municipalities, universities, or corporations. Nevertheless, among these projects, the observations of abandoned processes reveal that financial constraints are strongly limiting for the analyzed projects, especially in the twentieth century. For example, in Germany, the first major integrated anaerobic treatment project started in the Vauban district of Freiburg³ which unfortunately was abandoned due to the bankruptcy of the company in charge of carrying out the process. The project was therefore carried forward, in the eco-district of Lübeck and further with Jenfelder Au in Hamburg (Tables 1 and 2).

When a project is situated in an urban setting, technologies are generally limited by the available area. Consequently, in situ processes are often present in small-scale processes, with a limited installation size to improve their integration. Nevertheless, due to financial aspects and limited available area in district location, it can be impossible to reserve land exclusively for a valorization platform. For these reasons, to our knowledge, many of the eco-district projects developed in the last 5 years do not include DESAR concepts. From Tables 1 and 2, it can be observed that municipal waste management systems for more than 100,000 people or with a high urban density currently lead to ex situ processes. Thus, autonomous waste management systems, constructed especially to be integrated at district scale, are generally limited to new building projects or low urban density projects, with valorization unit sizing for 100-2000 people. Some exceptions are still observed depending to pre-existent management system or specific integration context. Concerning the Hammarby Sjöstad WWTP, with a large-scale in situ process, it seems that the historic presence of a WWTP unit explains this particular model. Concerning the Montpellier case, the localization responded to strong issues about waste management and transport, which led to urban integration. Conversely, the BO01/Fullriggaren districts present a limited number of dwellings and an effective system of collection and waste management. Nevertheless, it seems that the proximity with existing AD units leads to an ex situ valorization process. A solution to increase the integration of projects and increase the energetic benefits seems to be to combine anaerobic digestion with other waste (pre)treatments, in small integrated plant, following the example of Noorderhoek (Sneek) and Eva-Lanxmeer project, which concentrate their waste valorization systems into respectively a garage or one building [54, 77].

The perception of inhabitants about the valorization process is also important in terms of integration in a district scale [78]. In the Netherlands, the Eva-Lanxmeer district remains a model of social participation by involving inhabitants in the politics of the district and also in the urban farming program. Indeed, the population has the preponderant role in the development and preservation of their neighborhood life. It also should be noted, despite the abandonment of the anaerobic digestion process, that the initial project associated an innovative social dimension by involving urban and rural/ agricultural cooperation. The advantages of involving inhabitants in a valorization project are also demonstrated by the Brest case study, a composting process in situ using several small units. There, the participation of schools and associations, supported by the established policy, led to strong community involvement and

longevity of the process. Indeed, the awareness of young generations ensures a follow-up of good practices and integration of the process with a long-term vision. In the BedZed village, an audit, questionnaires, and measurements were carried out on the population living there. The social role of this project was highlighted by these results. Indeed, the energetic consumption of the district and the awareness of people about ecological practices appeared better than the mean of the country. Recently, other examples are emerging such as the community project in London, which involves the will of its inhabitants to transport their own organic waste to a common anaerobic digester [79]. It is also worth mentioning the participatory financing of anaerobic digesters fed by waste from cities and farmers in France [80]. In Sweden, the integration or reject of management system and innovative processes in Hammarby Sjöstad district is exposed by the work of Pandis Iveroth et al. [81], which details the influence of economic, social, and politic actors involved.

Indeed, politics also has an essential role from the financial aspects via grants mechanisms and institutional support. Pan et al. in their work highlight the implications of political decision in the development or the abandon of the DESAR concept. It can be observed that energy transition lead by international countries in the twentieth century has resulted in the construction of a large number of eco-building studies mentioned in this paper [18].

The scientific community is another main actor at the origin of eco-district projects. Indeed, the support of a local university is often prevalent in the case studies. This could concern the realization of pre-studies or ensure a follow-up of processes, as respectively in Germany or Sweden (project 1 and 3).

Lastly, we want to mention that from today and with the aim of producing recovery loops from organic waste, some different kinds of projects have studied or emerged. The Greenhouse Village concept, which combines urban districts and farms, is an example of model, based on the AD process, for hypothetical self-sufficient neighborhood [82, 83]. The integration of DESAR concepts in ecofriendly districts is not only focused on small anaerobic digestion [84]. Projects have also presented urban farming concepts, Living Machine processes, as in BedZED district (London) [85, 86], passive habitations, "zero waste" projects, corporate gardens, and forest cities [7, 12, 53, 87]. To this end, the realization of LCA methods seems pertinent as an approach to determining the environmental impact of the valorization systems in the pre-studies [50, 88]. LCA needs to take some hypothesis into account but provides multi-criteria answers to one question. For example, the energy valorization of food waste in the Hong Kong context, published by Woon et al. [89], takes human health and impacts on the ecosystem into account, to conclude that biogas valorization in fuel needs to be emphasized in this context. Indeed, other elements could be analyzed depending on the selected approach and then determine the impact or benefits of, among others, processes selected in the waste management system. In integrated project, the whole process is involved and anaerobic digestion has to be considered from waste collection to digestate utilization.

Conclusions

This paper presents a comparative study of anaerobic digestions and valorization treatments used in 15 urban projects. For understanding the elements which lead a waste management system, three comprehensive projects are investigated. Technical, economic, political, and social elements available are considered. Based on these results, the leading steps identified are discussed from the realizations of the 15 cases selected. The comparative analysis is performed with the objective to gain feedback about (i) the ways to carry out the processes, (ii) the improvements, and (iii) the limits already identified about urban AD and thus bring beneficial elements to future projects. The main outputs identified as essential for the anaerobic digestion process in urban districts are:

- Two ways are identified to implement urban AD, in situ management, which generally led in small processes integrated at district scale, and ex situ management with waste transported to large plants located outside of the urban area.
- Three typical sorts of waste are used for AD: blackwater, green, and food waste generally after grinding or shredding processes. Nevertheless, other wastes are investigated to perform co-digestions, such as greasy water or greywater [39, 42, 47].
- A strong and efficient collect, storage, and pretreatment network is necessary to supply a regular quantity of waste, with an optimal quality, to the process.
 The reduction of non-usable matter such as water in wastewater is essential to limit the size of the processes.
- Small-scale anaerobic digestion integrated in situ seems to be favored for low-density districts with construction or reconstruction of dwellings. In the case of already constructed dwellings with centralized waste management or high-density project, ex situ processes could be more convenient, especially if it involves the use of wastewater.
- Co-digestion appears to be optimized for wet process, with mesophilic temperature and HRT near to 20 days. Using a mix of waste as feedstock is also

- a way to stabilize the reaction in the absence of dilution effects (as in large-scale).
- Digestate is used to produce fertilizer, due to its nutrient fractions available. After filtration, the liquid part extracted could be treated by chemical process, wetland, or classical aerobic digestion post-treatment. Composting is mainly promoted as digestate treatment for the solid fraction.
- The quantity of biogas produced by a small unit involves that energy recovery is mainly done by CHP to transform biogas into heat and electricity. Ex situ, the valorization process seems to have been chosen depending on local users' needs, grid, or energy transition policy.
- A local structure of valorization, as anaerobic digestion or composting in situ, has some beneficial social impacts. The district scale is especially appropriate to social and local initiatives.
- The creation of DESAR concepts requires the involvement of scientific, economic, political, and social communities with a multi-disciplinary and systemic approach [81, 84, 90, 91].

To improve knowledge of anaerobic digestion on an urban scale, some further investigations could be suggested.

- The study of waste selections would consider the non-usable fraction of waste and the impact of the collection conditions.
- Due to the proximity to households and the area available at district scale, it seems advisable that storage and pretreatment processes are investigated for in situ projects. The aims identified are to decrease the size of the units, increase performances and nuisance control, and evaluate the impact on the quality of the feedstock.
- With the development of urban agriculture projects, the additional amount of waste also needs to be considered [92].
- Finally, to increase the sustainability of projects with a long-term vision, a multi-criteria and systemic study such as LCA method seems pertinent during the pre-study stage [88, 93–96].

Endnotes

¹A "Living Machine" is an infra-structure where a complete ecosystem is created, with bioremediation objectives. The close-circuit, with the supply of microbial communities, plant, and/or fish, provides a management of nutriments from soils, wastewater, or specific feedstock. It results in a biological treatment and the production of by-products such as clean water, animal feed, or vegetable [75, 97].

²In "Retourette," people are invited to supply many kinds of recoverable waste and put it in specific "bins." The concept is to collect a large quantity of recoverable waste in one room designed to serve as a place for waste separation. It often takes place alongside a supermarket to increase the quantity available for a valorization chain [41].

³It should be noted that anaerobic digestion of food waste is still performed in Freiburg. It concerns waste from a large part of the Breisgau-Hochschwarzwald and Lörrrachsoit regions, approximately 600,000 inhabitants.

Abbreviations

BW: Blackwater; CHP: Combined heat power; COD: Chemical organic demand; CSTR: Continuously stirred tank reactor; DESAR: Decentralized Sanitation and Reuse; DM: Dry matter; FW: Food waste; GW: Green waste; HRT: Hydraulic retention times; LCA: Life cycle assessment; TS: Total solid; TSS: Total suspended solid; UASB: Upflow anaerobic sludge blanket; VFA: Volatile fatty acid; VS: Volatile solid; WTE: Waste-to-energy; WWTP: Wastewater treatment plant

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The CSTB is a public agency; consequently, data about research finding is available by directly contacting the Research and Development Direction at Champs-sur-Marne, France or on the website, http://www.cstb.fr/.

Authors' contributions

JRBA did the data collection and the analysis and drafted the manuscript. AM contributed to the sorting and analysis of data and drafting of the manuscript. AL made contributions to the conception of this paper especially concerning the approach and objectives. TL made contributions to the text by proofreading and gave advice to improve consistencies of discussion. YA made substantial contributions to the drafting of the manuscript by his critical reviews and his important participation in the debates and final draft of the published version. All authors read and approved the final manuscript.

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