RESEARCH LETTER

International survey on influenza-associated pulmonary aspergillosis (IAPA) in intensive care units: responses suggest low awareness and potential underdiagnosis outside Europe

Karin Thevissen¹⁺, Cato Jacobs²⁺, Michelle Holtappels², Mitsuru Toda³, Paul Verweij⁴ and Joost Wauters^{2*}

Dear Editor,

Historically, fungal infections have not been considered an important influenza complication. In 2018, a retrospective multicenter cohort study in Belgium and the Netherlands identified aspergillosis in 19% of patients with severe influenza. As influenza seemed independently associated with IPA, the term influenza-associated pulmonary aspergillosis (IAPA) was introduced [1, 2]. In contrast, a single-center retrospective Canadian study reported an incidence of 7.2% [3]. Incidence seemingly varies between geographical regions and centers, but awareness among physicians may also vary. Diagnosis of IAPA is still challenging. Since culture has low sensitivity, non-culture-based diagnostic methods like galactomannan (GM) should be used [4].

As no data exist on IAPA awareness in different parts of the world, nor on differences in clinical use of GM in broncho-alveolar lavage (BAL) or serum in critically ill influenza patients, we designed a simple survey (Table 1) and invited 20,093 members of the ELSO, SCCM, and ESICM to participate. A total of 565 responses were received, of which 90% from critical care physicians. Notably, 40% respondents were based in the US, 37% in Europe, and 22% in other continents (Fig. 1a).

The majority (72%, n = 404) of respondents reported up to 30 severe influenza cases per season. Globally, 63%

BMC

²KU Leuven Department of Microbiology, Immunology and Transplantation, Laboratory for Clinical Infectious and Inflammatory Disorders, Herestraat 49, 3000 Leuven, Belgium

(n = 347) of respondents had never heard of or seen IAPA in the past 5 years. In contrast to the US (17%, n = 37) and other countries (39%, n = 50), a majority of European participants (58%, n = 119) was familiar with IAPA.

Less than half of respondents (39%, n = 217) indicated frequent sampling of lower respiratory specimens, whereas 26% (n = 145) rarely or never performed sampling. We observed differences across different countries: European respondents performed lower respiratory sampling very often or always (58%, n = 119). This was more than the respondents in the US (24%, n = 53; p < 0.001) or those in other countries (33%, n = 45; p < 0.001).

While 39% of respondents did take lower respiratory samples, the majority of respondents (79%, n = 434) seldom determined GM in BAL. In general, GM determination in BAL/serum was more frequently reported by respondents in Europe than in the US (p < 0.01) or other countries (p < 0.01). Interestingly, both GM determination in BAL and serum correlated with the reported number of IAPA cases in all regions. Based on the calculated mean of response histograms, a web diagram was constructed, showing that a higher number of observed IAPA cases were associated with more intensive sampling (Fig. 1b).

Our results show that differences exist in awareness and diagnostic practices related to IAPA among surveyed ICU clinicians in Europe, the US, and other countries. Moreover, many clinicians were unaware of the association between influenza and aspergillosis, with European respondents having seen or heard more frequently of IAPA cases than those in the US and other countries. Although the observed

© The Author(s). 2020 **Open Access** This article is licensed under a Creative Commons Attribution 4.0 International License, which permits use, sharing, adaptation, distribution and reproduction in any medium or format, as long as you give appropriate credit to the original author(s) and the source, provide a link to the Creative Commons licence, and indicate if changes were made. The images or other third party material in this article are included in the article's Creative Commons licence, unless indicated otherwise in a credit line to the material. If material is not included in the article's Creative Commons licence and your intended use is not permitted by statutory regulation or exceeds the permitted use, you will need to obtain permission directly from the copyright holder. To view a copy of this licence, wish http://creativecommons.org/licenses/by/4.0/. The Creative Commons Public Domain Dedication waiver (http://creativecommons.org/publicdomain/zero/1.0/) applies to the data made available in this article, unless otherwise stated in a credit line to the data.

Critical Care

Open Access

^{*} Correspondence: joost.wauters@uzleuven.be

⁺Karin Thevissen and Cato Jacobs are shared first authors.

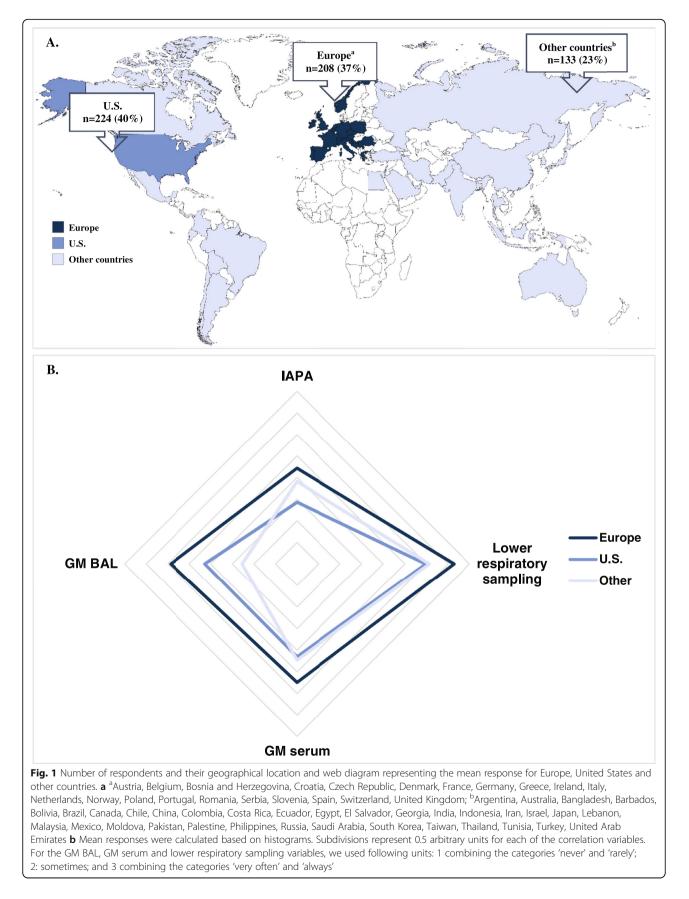
Full list of author information is available at the end of the article

	Responses			
	Total	Europe	U.S.	Other ^a
Valid respondents	565 (100%)	208 (37%)	224 (40%)	133 (23%)
Role at ICU				
Critical care physician	509/565 (90%)	197/208 (95%)	186/224 (83%)	126/133 (95%)
Infectious diseases physician	8/565 (1%)	4/208 (2%)	3/224 (1%)	1/133 (0.5%)
Nurse	9/565 (2%)	1/208 (1%)	7/224 (3%)	1/133 (0.5%)
Other	39/565 (7%)	6/208 (2%)	28/224 (13%)	5/133 (4%)
Number of ICU beds				
< 20 beds	176/554 (32%)	94/207 (46%)	27/222 (12%)	55/125 (44%)
21–60 beds	226/554 (41%)	85/207 (41%)	89/222 (40%)	52/125 (42%)
61-100 beds	68/554 (12%)	17/207 (8%)	43/222 (19%)	8/125 (6%)
> 100 beds	84/554 (15%)	11/207 (5%)	63/222 (29%)	10/125 (8%)
Number of severe influenza cases per season				
< 10 cases	132/557 (23%)	56/206 (27%)	32/222 (14%)	44/129 (34%)
11-30 cases	272/557 (49%)	118/206 (57%)	99/222 (45%)	55/129 (43%)
31–50 cases	60/557 (11%)	18/206 (9%)	30/222 (14%)	12/129 (9%)
> 50 cases	49/557 (9%)	10/206 (5%)	27/222 (12%)	12/129 (9%)
l do not know	44/557 (8%)	4/206 (2%)	34/222 (15%)	6/129 (5%)
NAIs as standardized treatment				
Yes	416/556 (75%)	162/206 (79%)	165/222 (74%)	89/128 (70%)
Yes, but only if influenza symptoms started ≤ 48–72 h before ICU admission	97/556 (17%)	34/206 (17%)	41/222 (19%)	22/128 (17%)
No	27/556 (5%)	7/206 (3%)	3/222 (1%)	17/128 (13%)
l do not know	16/556 (3%)	3/206 (1%)	13/222 (6%)	0
Obtaining lower respiratory samples				
Always	78/554 (14%)	52/205 (25%)	10/220 (5%)	16/129 (12%)
Very often	139/554 (25%)	67/205 (33%)	43/220 (19%)	29/129 (22%)
Sometimes	187/554 (34%)	50/205 (24%)	97/220 (44%)	40/129 (31%)
Rarely	1 29/554 (23%)	31/205 (15%)	65/220 (29%)	33/129 (26%)
Never	16/554 (3%)	5/205 (3%)	1/220 (1%)	10/129 (8%)
N/A—have not treated patients	5/554 (1%)	0	4/220 (2%)	1/129 (1%)

	Responses			
	Total	Europe	U.S.	Other ^a
Galactomannan testing in BAL				
Always	52/551 (9%)	38/204 (19%)	5/220 (2%)	9/127 (7%)
Very often	65/551 (12%)	38/204 (19%)	14/220 (6%)	13/127 (10%)
Sometimes	107/551 (19%)	37/204 (18%)	46/220 (21%)	24/127 (19%)
Rarely	163/551 (30%)	43/204 (21%)	83/220 (38%)	37/127 (29%)
Never	143/551 (26%)	44/204 (21%)	61/220 (28%)	38/127 (30%)
N/A—have not treated patients	21/551 (4%)	4/204 (2%)	11/220 (5%)	6/127 (5%)
Galactomannan testing in serum				
Always	39/554 (7%)	28/205 (14%)	5/220 (2%)	6/129 (5%)
Very often	60/554 (11%)	36/205 (18%)	11/220 (5%)	13/129 (10%)
Sometimes	115/554 (21%)	42/205 (20%)	46/220 (21%)	27/129 (21%)
Rarely	175/554 (31%)	47/205 (23%)	94/220 (43%)	34/129 (26%)
Never	142/554 (26%)	48/205 (23%)	51/220 (23%)	43/129 (33%)
N/A—have not treated patients	23/554 (4%)	4/205 (2%)	13/220 (6%)	6/129 (5%)
Number of IAPA in influenza patients in the past 5 years				
No	347/553 (63%)	85/204 (41%)	183/220 (83%)	79/129 (61%)
Yes, 1 patient	77/553 (14%)	34/204 (17%)	21/220 (9%)	22/129 (17%)
Yes, 2–5 patients	99/553 (18%)	61/204 (30%)	15/220 (7%)	23/129 (18%)
Yes, > 5 patients	30/553 (5%)	24/204 (12%)	1/220 (1%)	5/129 (4%)

Descriptive statistics were used to analyze the differences in proportions of responses between Europe, the US, and other countries. Fisher's exact or χ^2 test was used to calculate the *p* values. Correction for multiple comparisons was applied. The Spearman rank-order correlation coefficient was used to determine univariate correlations between parameters. A *p* value of < 0.05 was considered statistically significant. Results were analyzed using SPSS (IBM SPSS Statistics version 26). *ICU* intensive care unit, *N*/A not applicable, *BAL* bronchoalveolar lavage, *IAPA* influenza-associated pulmonary aspergillosis ^aOther countries + unknown





differences in IAPA cases could be explained by true variation in IAPA prevalence (e.g., due to differences in environmental/genetic factors, influenza vaccination coverage, use of antiviral therapy or steroids [5, 6]), the condition might be underdiagnosed outside Europe, which is supported by lower use of GM testing on BAL or serum. Of course, these findings might not necessarily be generalizable due to the low response rate (3%). Actually, the questions were deliberately kept simple and straightforward to increase the response rate. Anyway, greater awareness of IAPA is needed as are rapid diagnostic tests. Based on the conclusions of this survey, it is clear that more multicentric prospective studies are needed to assess the incidence and risk factors for IAPA in different parts of the world, thereby taking the most updated guidelines on diagnostic and sampling practices into account, as well as the use of steroids and the consensus definitions regarding fungal infection versus colonization.

Abbreviations

IAPA: Influenza-associated pulmonary aspergillosis; IPA: Invasive pulmonary aspergillosis; GM: Galactomannan; BAL: Broncho-alveolar lavage; ELSO: Extracorporeal Life Support Organization; SCCM: Society of Critical Care Medicine; ESICM: European Society of Intensive Medicine; US: United States; ICU: Intensive care unit

Acknowledgements

Not applicable.

Disclaimer

The findings and conclusions in this report are those of the authors and do not necessarily represent the official position of CDC.

Authors' contributions

All authors were involved in designing the study. KT and CJ wrote the manuscript, and JW supervised the study and finalized the manuscript. MH and CJ organized the e-mail-based survey and analyzed the responses. The authors read and approved the final manuscript.

Funding

JW received a C3 grant (C32/18/043) from Industrial Research Fund, KU Leuven, Belgium, and also received a clinical FWO (Flanders Research Foundation) grant. PV received limited support of the ECCM. KT acknowledges receipt of an IOF (Industrial Research Fund) mandate of the KU Leuven.

Availability of data and materials

All data generated or analyzed during this study are included in this published article.

Ethics approval and consent to participate

Not applicable

Consent for publication

Not applicable.

Competing interests

The authors declare that they have no competing interests.

Author details

¹KU Leuven Centre of Microbial and Plant Genetics, Leuven, Belgium. ²KU Leuven Department of Microbiology, Immunology and Transplantation, Laboratory for Clinical Infectious and Inflammatory Disorders, Herestraat 49, 3000 Leuven, Belgium. ³Mycotic Diseases Branch, Centers for Disease Control and Prevention, Atlanta, GA, USA. ⁴Department of Medical Microbiology, Radboudumc Center of Infectious Diseases (RCI) Netherlands; Centre of Expertise in Mycology, Radboudumc/CWZ, Nijmegen, the Netherlands.

Received: 21 January 2020 Accepted: 25 February 2020 Published online: 11 March 2020

References

- Vanderbeke L, Spriet I, Breynaert C, Rijnders BJA, Verweij PE, Wauters J. Invasive pulmonary aspergillosis complicating severe influenza. Curr Opin Infect Dis. 2018;31:471–80.
- Schauwvlieghe AFAD, Rijnders BJA, Philips N, Verwijs R, Vanderbeke L, Van Tienen C, et al. Invasive aspergillosis in patients admitted to the intensive care unit with severe influenza: a retrospective cohort study. Lancet Respir Med. 2018;6:782–92.
- Schwartz IS, Friedman DZP, Zapernick L, Dingle TC, Lee N, Sligl W, et al. High rates of influenza-associated invasive pulmonary aspergillosis may not be universal: a retrospective cohort study from Alberta, Canada. Clin Infect Dis. 2020; Available from: https://academic.oup.com/cid/advance-article/ doi/10.1093/cid/ciaa007/5697276. [cited 2020 Jan 17].
- Meersseman W, Lagrou K, Maertens J, Wilmer A, Hermans G, Vanderschueren S, et al. Galactomannan in bronchoalveolar lavage fluid. Am J Respir Crit Care Med. 2008;177:27–34.
- Krammer F, Smith GJD, Fouchier RAM, Peiris M, Kedzierska K, Doherty PC, et al. Influenza. Nat Rev Dis Prim. 2018;4:1–21.
- Uyeki TM, Bernstein HH, Bradley JS, Englund JA, File TM, Fry AM, et al. Clinical practice guidelines by the Infectious Diseases Society of America: 2018 update on diagnosis, treatment, chemoprophylaxis, and institutional outbreak management of seasonal influenza. Clin Infect Dis. 2019;68:895–902.

Publisher's Note

Springer Nature remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.

Ready to submit your research? Choose BMC and benefit from:

- fast, convenient online submission
- · thorough peer review by experienced researchers in your field
- rapid publication on acceptance
- support for research data, including large and complex data types
- gold Open Access which fosters wider collaboration and increased citations
- maximum visibility for your research: over 100M website views per year

At BMC, research is always in progress.

Learn more biomedcentral.com/submissions

