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# Total flavonoids of Astragalus protects glomerular filtration barrier in diabetic kidney disease

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## Abstract

**Background** Diabetic kidney disease (DKD) is a prevalent complication of diabetes and the leading cause of end-stage renal disease. Recent evidence suggests that total flavonoids of Astragalus (TFA) has promising effects on diabetes; however, its influence on DKD and the underlying mechanism remains unclear.

**Methods** In this study, we induced the DKD model using streptozotocin (STZ) in male C57BL/6J mice and utilized glomerular endothelial cell (GEC) lines for in vitro investigations. We constructed a network pharmacology analysis to understand the mechanism of TFA in DKD. The mechanism of TFA action on DKD was investigated through Western blot analysis and multi-immunological methods.

**Results** Our findings revealed that TFA significantly reduced levels of urinary albumin (ALB). Network pharmacology and intracellular pathway experiments indicated the crucial involvement of the PI3K/AKT signaling pathway in mediating these effects. In vitro experiments showed that TFA can preserve the integrity of the glomerular filtration barrier by inhibiting the expression of inflammatory factors TNF-alpha and IL-8, reducing oxidative stress.

**Conclusion** Our findings demonstrated that TFA can ameliorates the progression of DKD by ameliorating renal fibrosis and preserving the integrity of the kidney filtration barrier. These results provide pharmacological evidence supporting the use of TFA in the treatment of kidney diseases.

**Keywords** Diabetic kidney disease, Flavonoids, Astragalus, Proteinuria

## Introduction

Diabetic kidney disease (DKD) is a chronic microvascular complication in individuals with type 1 or 2 diabetes, associated with multiple deviations from normal homeostasis, could cause significant changes in blood flow and metabolism, which in turn activate various pathways in the kidney. The kidney glomerular filtration barrier, which consists of the fenestrated glomerular endothelium, the glomerular basement membrane, podocytes, and the slit diaphragm between the podocytes, plays a vital role in preventing the passage of albumin and blood cells into urine. In the early stages of DKD, the disease primarily affects the glomeruli. Alterations in renal endothelial cells play a significant role in initiating and

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advancing DKD [1]. Changes in the glycocalyx of glomerular endothelial cells, the loss of these cells, and the reduction in capillary density contribute to the decline in glomerular filtration function, eventually leading to end-stage renal disease. It is found that high glucose levels can induce micro-inflammation and increase the risk of damage to glomerular endothelial cells. Inflammation has been recognized as a key factor in DKD development; oxidative stress (OS), transcription factors such as nuclear factor  $\kappa$ B (NF- $\kappa$ B), janus kinase/signal transducers and activators of transcription (JAK/STAT) pathway were believed to play pivotal role in it [2–4]. Therefore, therapeutic strategies for diabetic kidney disease focus on inhibiting glomerular endothelial cell as well as alleviating micro-inflammation are believed to have beneficial effects against progression of DKD.

Besides physical barrier, glycocalyx on the surface of glomerular endothelial cells also play a role in preventing proteinuria in DKD. Glycocalyx is the polysaccharide-protein complex layer on the luminal side of vascular endothelial cells. The molecular sieve effect of the glycocalyx structure determines the permeability of glomerular blood vessels, and the negative charge nature of the glycocalyx also makes the blood vessels act as a charge barrier [5]. Under physiological conditions, its main function is to regulate vascular endothelial permeability and the interaction between blood cells and endothelial cells. Under inflammatory conditions, a variety of inflammatory mediators cause the shedding of the glycocalyx of the vascular endothelium, weakening its vascular protective function [6]. At the same time, heparan sulfate, a component of the vascular endothelial glycocalyx, can regulate the development of inflammation, including regulating the migration of leukocytes on the side of the vascular lumen and their tight adhesion to endothelial cells, regulating the transport of chemokines from tissues to the vascular lumen, etc. [7, 8].

There is a wealth of research exploring the effects of Astragalus (known as Huang Qi in Chinese) on diabetes. Astragalus Radix is rich in active components such as polysaccharides, astragalosides, and flavones. In recent investigations, we have discovered that oral administration of Astragalus Radix extract can enhance the integrity of both the gut barrier and the blood-brain barrier [9, 10]. These findings have demonstrated positive effects in inhibiting complications associated with diabetes. Besides that, studies have demonstrated that total flavonoids of Astragalus (TFA) can impact gut barrier function and inflammatory markers by exhibiting anti-inflammatory properties or enhancing the expression of junction proteins in intestinal epithelial cells [11, 12]. Previous research has shown the protective effects of TFA on diabetes and diabetic

nephropathy in mice by eliciting an anti-inflammatory response and modulating the NF- $\kappa$ B and MAPK signaling pathways in glomerular mesangial cells [11, 13]. However, the influence of TFA on the glomerular filtration barrier remains unclear. In this study, we aimed to investigate the impact of TFA on the expression of filtration barrier-related proteins in glomerular endothelial cells and podocytes, as well as its role in alleviating albuminuria and up-regulating tight junction proteins and glycocalyx in DKD mice.

## Materials and methods

### Materials

Human renal Glomerular endothelial cells were obtained from ScienCell (San Diego, USA). Total flavonoids of Astragalus used in this study was obtained from Chengdu Pusi Biotechnology, Co., Ltd. (Chengdu, Sichuan, China). Metformin was purchased from GBCBIO Technology (Guangzhou, Guangdong, China). Glucose was purchased from Chemical Reagent Factory (Guangzhou, China). Insulin was provided by Yuanye Bio-Technology Co., Ltd. (Shanghai, China). Cell Counting Kit-8 (CCK-8) was obtained from Dojindo Molecular Technologies, Gaithersburg (MD, USA). Detection kits for MDA (S0131) and SOD (S0101S) were derived from Beyotime (Shanghai, China). Detection kits for BUN (C013-2-1), Cr (C011-2-1), and mALB (E038-1-1) were provided by Jiancheng (Nanjing, China). BCA (PC0020), RIPA (R0020-100 ml) were purchased from Solarbio Science & Technology Co., Ltd. (Beijing, China). Antibodies for Beta Actin (66009-1-Ig), AKT (60203-2-Ig), Phospho-AKT (Ser473), FIS1 (66635-1-Ig), HSP60 (15282-1-AP), TNF-alpha (60291-1-Ig), IL-1Beta (16806-1-AP) were purchased from Proteintech (Boston, MA, USA). Antibodies for Phospho-NF- $\kappa$ B p65 (Ser536) (93H1) (3033T) and NF- $\kappa$ B p65 (D14E12) (8242T) were purchased from Cell Signal Technology (Boston, MA, USA). Antibody for PI3 Kinase p110 beta (bs-10657) was obtained from Bioss (Beijing, China), and goat Anti-Rabbit IgG (H+L) HRP (S0001) were purchased from Affinity (OH, USA). Antibodies for CD138/SDC1/Syndecan-1 (DL-101) (sc-12765) and glypican-1 (A-10) (sc-365000) were obtained from Santa Cruz Biotechnology Inc. (Santa Cruz, CA, USA). Occludin were bought from Proteintech (California, USA). Goat anti-Rabbit IgG (H+L) secondary antibody FITC (65-6111), goat anti-Mouse IgG (H+L) secondary antibody FITC (62-6511), DAPI, and dilactate (2445405) were obtained from Invitrogen (Carlsbad, CA, USA). TFA (purity:  $\geq$  90.0%) was bought from Pusi Biotechnology (Chengdu, China), and its quality was verified according to our previously reported method [9].

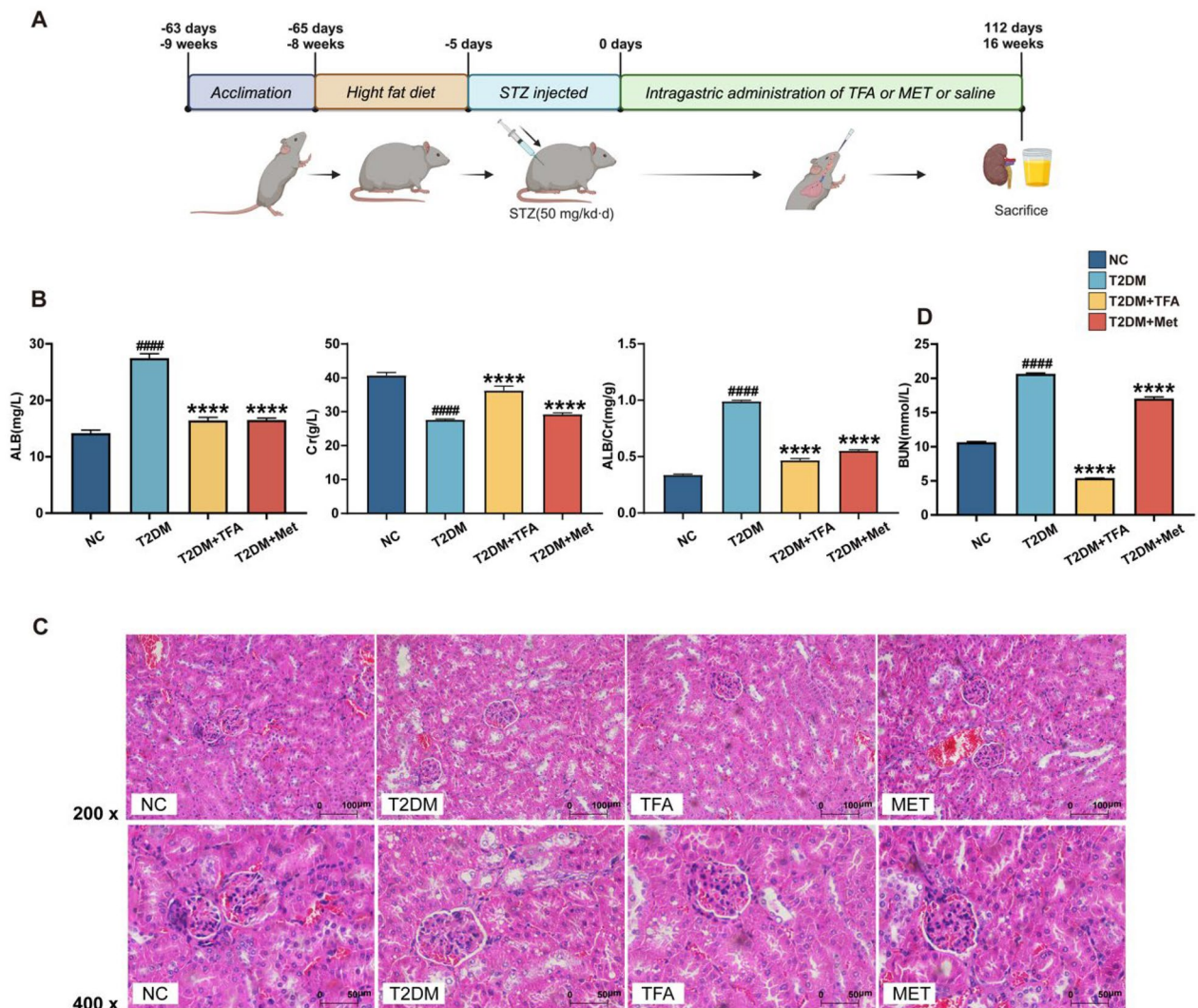
**Cell lines and cell culture**

Glomerular endothelial cells (GECs) were derived from ScienceCell (Fenghui Biological, China). Cells were cultured in MEM medium (Gibco) supplemented with 10% fetal bovine serum, 100 U/mL penicillin, and 100 mg/mL streptomycin at 37 °C in a 5% CO<sub>2</sub> incubator.

**Animal studies**

Ethical approval for all animal care and experimental protocols was obtained from Macau University of Science and Technology. All animal care and operations were according to the guidelines of the U.S. National Institutes of Health in the care and use of Laboratory Animals

(NIH publication No. 85-23, revised 1996). 8–10 weeks old, 20 ± 5 g male C57BL/6 J mice were bought from Guangdong Medical Laboratory Animal Center and were housed in a specific pathogen-free (SPF) environment. To induce the DKD model, streptozotocin (STZ) was administered intraperitoneally at 25 mg/kg for five days (Fig. 1A). The model mice were provided with a high-fat diet, while the control group was fed a regular diet. Mice with a blood glucose level exceeding 11.1 mmol/L were selected for further experiments. Each group consists of six mice: (1) T2DM group (HFD, High fat diet); (2) TFA group (TFA group, HFD, TFA 5 mg/kg/d) [9]; and (3) positive control group (HFD, metformin, 0.15 g/kg/d). All



**Fig. 1** TFA Attenuated DKD in Diabetic Mice. **A** Timeline of the administration in each group mouse. **B** Effect of TFA on biochemical parameters in DKD mice. **C** H&E staining of TFA in different groups on DKD. NC natural control, T2DM type 2 diabetes mellitus, TFA total flavonoids of Astragalus, MET metformin. Values are presented as means ± SD. \*p < 0.05, \*\*p < 0.01, \*\*\*p < 0.001, \*\*\*\*p < 0.0001, vs. NC. \*p < 0.05, \*\*p < 0.01, \*\*\*p < 0.001, \*\*\*\*p < 0.0001, vs. T2DM

drugs were orally administrated for 16 weeks. At the end of the experiment, mice were killed by the cervical dislocation method; the serum and urine were collected for further study.

#### **Hematoxylin–eosin staining**

The kidneys were collected after rinsing with normal saline. A portion of the kidney tissues was fixed in 10% neutral formaldehyde, embedded in paraffin, and utilized to create pathological sections. Hematoxylin–eosin (H&E) staining was carried out using a standard procedure.

#### **Western blot analysis**

Protein extraction from kidney tissues and GECs was subjected to Western Blot analysis. The proteins were extracted by RIPA electro-transferred onto a PVDF membrane and incubated overnight at 4 °C with primary antibodies. The membranes would exposed to secondary antibodies at room temperature for 1 h after washing the membranes with TBST. The densitometric analysis of the protein blots was performed using ImageJ software.

#### **Network pharmacology**

##### **Database and analysis software**

Database and Analysis Software Databases including TCMSP (<http://lsp.nwu.edu.cn/tcmsp.php>), Genecards (<http://www.genecards.org>), UniProt (<https://www.uniprot.org>), String (<https://string-db.org>), Bioconductor (<http://www.bioconductor.org>), Enrich (<https://maayanlab.cloud/Enrichr/enrich>), and DAVID (<https://david.ncifcrf.gov/>) were applied to collect data. Cytospase 3.8.0 software was used to analyze the data.

##### **Collection and screening of chemical components**

The candidate compounds of Astragalus were obtained from the TCMSP analysis platform. This platform utilizes absorption, distribution, metabolism, and excretion (ADME) related indexes to analyze the compounds and assist in screening active compounds. We require that the candidate components meet two of the following parameters: (1) Oral bioavailability (OB)  $\geq$  30%, and (2) Drug-likeness (DL)  $\geq$  0.18 [14, 15].

##### **Target collection and network construction and protein interaction analysis**

We combined the target of TFA and the target of diabetes to obtain potential targets and plotted this relationship into a network by String. Then, import the information of node and combined score (combined score) into Cytoscape to draw the interaction network, and analyze the network to obtain the PPI network [16].

##### **Gene ontology term enrichment and Kyoto encyclopedia of genes and genomes analysis**

In order to study the synergistic effect of TFA in ameliorating DKD at the signal pathway level, we performed analyzed the Gene Ontology Term Enrichment (GO) and the Kyoto Encyclopedia of Genes and Genomes (KEGG) by BioConductor and R Language to reveal the mechanism of action of TFA. GO analysis was performed using ID correspondence or sequence annotation methods.

##### **Immunofluorescence**

After a 24 h incubation with drugs, cells were fixed using a 4% paraformaldehyde solution. A 0.1% Triton X-100 PBS solution was applied to the cells for 10 min at room temperature to enhance permeabilization. Subsequently, the cells were washed with PBS and blocked to prevent unspecific binding by incubating them with a blocking buffer (5% BSA in PBS) for 60 min at room temperature. Following the blocking step, the cells were exposed to primary antibodies overnight at 4 °C, followed by a secondary antibody for 1 h in the dark at room temperature. Nuclei were counterstained with DAPI. Images were acquired using a confocal microscope (Leica TCS SP8, Germany) under standardized conditions and analyzed using ImageJ software.

##### **Statistical analysis**

Figure preparation and statistical analysis were carried out using GraphPad Prism 8.0 software (GraphPad Software Inc., CA, USA). Fluorescent images were processed with the open-source software ImageJ. All data were obtained from more than three independent repeated experiments. All data fitting into the normal distribution were expressed as mean  $\pm$  standard deviation (SD), and the difference among groups was analyzed by one-way ANOVA. Significance was accepted at  $p < 0.05$  or less.

## **Results**

### **TFA attenuated DKD in diabetic mice**

Blood urea nitrogen (BUN) and creatinine (Cr) are well-established indicators of kidney function. To investigate the metabolic changes induced by the drug in DKD mice, we conducted a metabolite analysis of urine from mice receiving TFA. We found diabetic mice exhibited significantly increased 24-h urinary albumin excretion and urine Cr compared to control mice (Fig. 1B), and treatment with TFA led to a remarkable reduction in 24-h urinary albumin excretion and urine Cr, and this effect persisted throughout the TFA treatment period. Additionally, the serum levels of BUN were notably elevated in DKD mice, and TFA administration effectively suppressed this increase. Collectively, these findings

highlight the significant inhibition of DKD progression achieved through TFA treatment.

In order to validate the effects of TFA in mitigating DKD damage, H&E staining was performed on kidney tissues. The result illustrated the noticeable presence of glomerular basement membrane thickening and glomerular sclerosis in DKD mice (Fig. 1C). And oral administration of TFA exhibited a significant preservation of nephron histological integrity and inhibited glomerular sclerosis.

**TFA ameliorated oxidative stress and inflammation in vitro**

In order to investigate direct effect of TFA on glomerular endothelial cells, GECs cell were applied. We firstly determined the optimal concentration of TFA on high glucose (HG, 30 mM) induced GECs cells using the CCK-8 assay (Fig. 2A), and finally 10 μg/mL of TFA was used in the following study. Superoxide dismutase (SOD) has been found to have antagonistic effect on reactive oxygen species (ROS) and helps prevent damage to body tissues and related health conditions [17, 18]. In this study, we measured both SOD and malondialdehyde (MDA) levels to evaluate the impact of TFA on cellular OS comprehensively. Our findings revealed that the SOD value significantly decreased in GECs incubated with high glucose compared with the normal group, and TFA effectively reversed the impairment of the cell’s antioxidative ability (Fig. 2B and C), the level of the antioxidant enzyme SOD was markedly decreased, while the MDA content was increased.

DKD is considered as an inflammatory disease caused by glucose and lipid metabolism disorders. Studies have provided evidence that patients or animal models of DKD exhibit increased release of inflammatory cytokines. The elevated inflammatory cytokines have been found

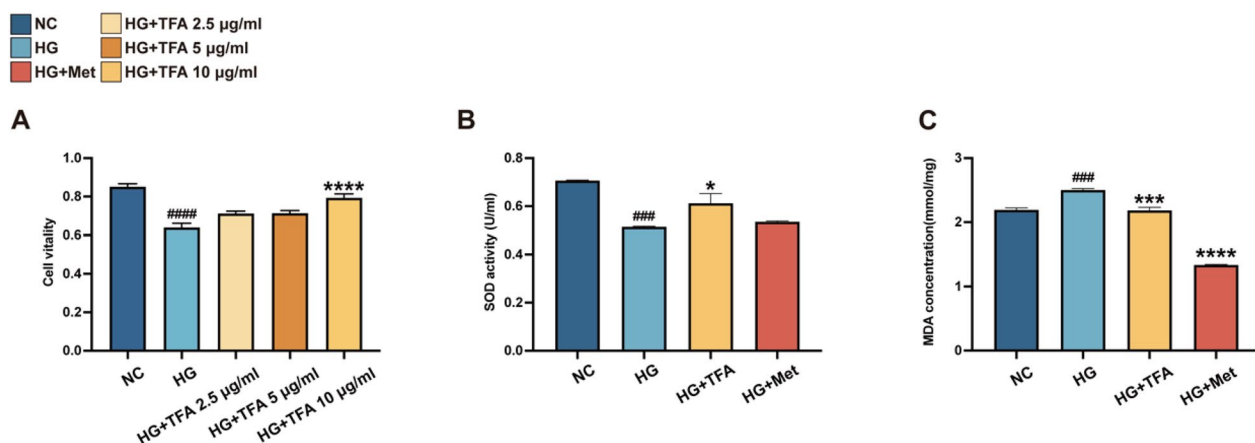
to promote macrophage infiltration, enhance glomerular basement membrane formation and degradation, endothelial glycocalyx damage, and worsen renal tubular fibrosis, contributing to accelerated glomerular sclerosis [19–21]. In our previous animal study, TFA oral administration reduced serum IL-1β and TNF-α levels in DKD animals [9]. To further determine the role of TFA anti-inflammation in vitro, the GECs were incubated with 30 mM glucose for 24 h and detected the level of IL-1β and TNF-α. The results showed that TFA incubation could significantly reduce the level of IL-1β and TNF-α (Fig. 3).

**TFA reversed syndecan-1 and glypican-1 decrease**

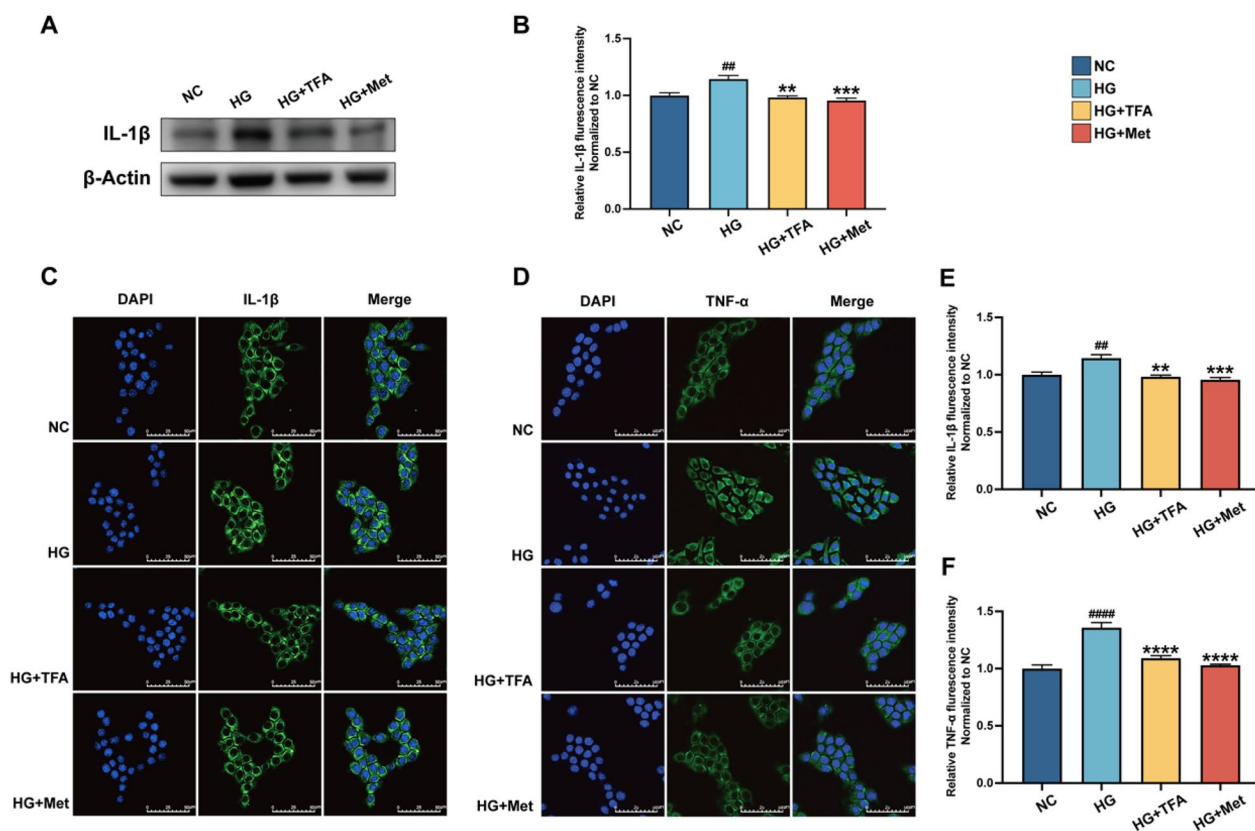
Inflammatory cytokines have an important impact on glycocalyx damage, so we examined changes in syndecan-1 and glypican-1 in DKD. The syndecan-1 and glypican-1 are core proteins of the endothelial glycocalyx surrounding the endothelial cell membranes and plays a significant role in maintaining the integrity of the glomerular filtration barrier. Qiu and colleagues [22] showed that 30 mM glucose could decrease the expression of core protein syndecan-1 and glypican-1 of human GECs. In the present study, we determined the effect of TFA on the GECs in the high glucose model. As shown in Fig. 4, TFA or 1 mmol/L metformin increased the expression of glypican-1 and syndecan-1 compared with the HG. Therefore, we believe that TFA can increase the expression of syndecan-1 and glypican-1, thereby protecting the glomerular filtration barrier.

**TFA preserved the integrity of the glomerular filtration barrier**

Preserving the glomerular filtration barrier’s integrity is crucial in preventing proteinuria. Inflammatory



**Fig. 2** TFA increased cell viability and ameliorated oxidative stress in GECs. ###p < 0.001, and ####p < 0.0001, vs. NC. \*p < 0.05, \*\*\*p < 0.001, and \*\*\*\*p < 0.0001, vs. HG



**Fig. 3** TFA decreases high glucose-induced IL-1β and TNF-α release in GECs. Western Blot (A, B) and Immunofluorescence assay (C–F, magnification:×800) for IL-1β and TNF-α. #*p* < 0.05, ##*p* < 0.01, and ####*p* < 0.0001, vs. NC. \**p* < 0.05, \*\**p* < 0.01, \*\*\**p* < 0.001, \*\*\*\**p* < 0.0001, vs. HG

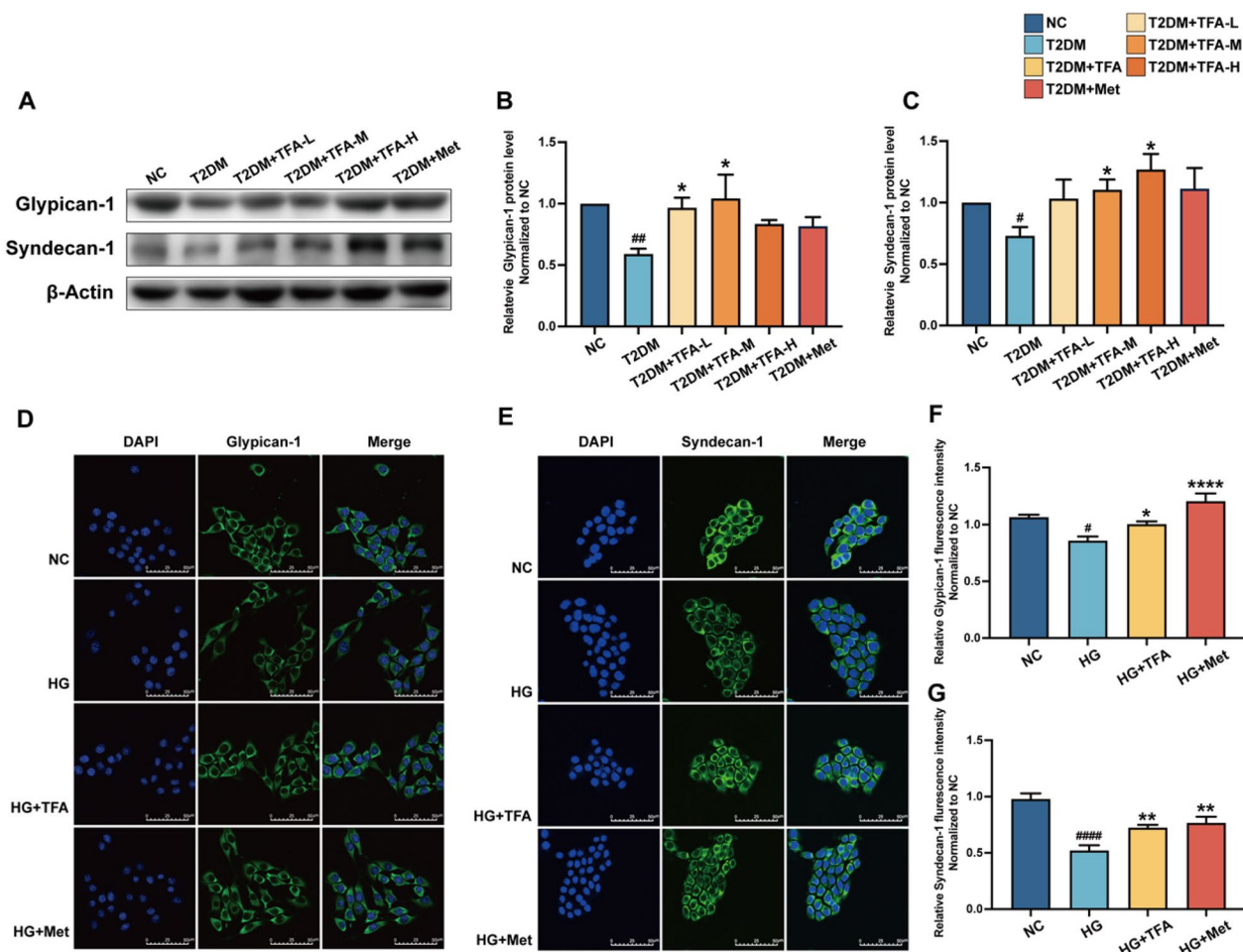
cytokines can lead to a decrease in the expression of tight junction proteins [23], thereby damaging the glomerular filtration barrier [24]. In the present study, we observed (Fig. 5) that high glucose treatment significantly suppressed the expression of occludin in GECs, and treatment with TFA could significantly increase the cells' expression of tight junction proteins.

The integrity of the tight junctions in the glomerular filtration barrier relies on adequate energy supply, highlighting the importance of mitochondrial function. In endothelial cells derived from individuals with T2DM, mitochondrial networks exhibit fragmentation, accompanied by increased expression of mitochondrial fission protein 1 (Fis1). Conversely, overexpression of Fis1 in healthy blood vessels impairs vasodilation and increases mitochondrial superoxide production, suggesting a causative role [25]. Loss of Nrf1 in the presence of reactive oxygen species (ROS) results in significant oxidative stress damage [26]. HSP60, a core marker of the mitochondrial unfolded protein response (UPRmt), plays a crucial role in the cellular response to oxidative stress. In this study, we utilized Western Blot analysis to examine the expression of Fis1 and HSP60 (Fig. 6). We found

the expression of Fis1 was up-regulated in the diabetes model group (*p* < 0.01, vs. NC), indicating mitochondrial damage; following treatment with TFA or metformin, the expression of Fis1 was significantly down-regulated; we further found a significant down-regulation of NRF1 and HSP60 in the diabetes model group, indicating continuous activation of UPRmt in GECs. Expectively, their expression levels were significantly upregulated following treatment with TFA or metformin. The above results suggest that TFA protected glomerular filtration barrier function by promoting mitochondrial biogenesis and maintaining energy metabolic balance.

**Network pharmacology analysis and differential metabolite analysis of urine**

In order to investigate the potential components and molecular targets of TFA on DKD, we performed a network pharmacological analysis. Our analysis revealed 17 compounds (see Additional file 1: Table S1) in TFA that could potentially have an active role. Additionally, we conducted a search for 4,946 DKD target genes. By creating a Venn diagram of the intersecting targets, we identified 124 common targets (Fig. 7A).



**Fig. 4** TFA induces expression syndecan-1 and glypican-1 in GECs. Western blot analysis of syndecan-1 and glypican-1 (A–C), TFA-L: 5 mg/kg/d; TFA-M: 25 mg/kg/d; TFA-H: 50 mg/kg/d. Immunofluorescence assay for glypican-1 and syndecan-1 under confocal microscope (D–G) (magnification:×800). #*p* < 0.05, ##*p* < 0.01, and ###*p* < 0.0001, vs. NC. \**p* < 0.05, \*\**p* < 0.01, and \*\*\*\**p* < 0.0001, vs. HG

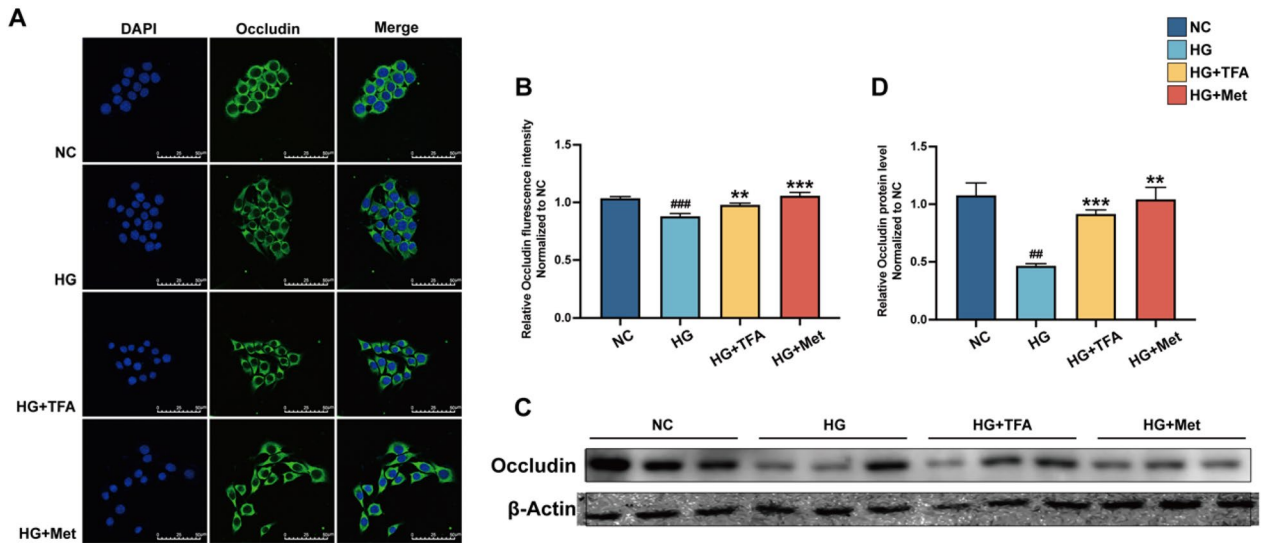
To comprehensively understand the mechanism of TFA in DKD, we constructed a network linking TFA-active components, their corresponding targets, and DKD-related genes (Fig. 7B). Through high-frequency node analysis in the PPI network (Fig. 7C), we identified IL-6 (interleukin 6), TP53, IL-1β (interleukin-β), TNE, AKT1, EGFR, JUN, CASP3 (caspase 3), MMP9, and MYC as central nodes in the network. GO analysis (Fig. 7D) and KEGG analysis (Fig. 7E) were conducted to enrich pathways and functions based on putative targets. The functional analysis revealed significant enrichment of the MAPK signaling pathway and the phosphatidylinositol 3-kinase/serine-threonine kinase (PI3K/AKT) signaling pathway in DKD-related pathways. Additionally, the functional analysis data indicated that these potential targets not only regulated cell proliferation, apoptosis, growth, and inflammatory response, but also influenced the modulation of the PI3K/AKT signaling pathways.

### TFA modulated PI3K/AKT pathway

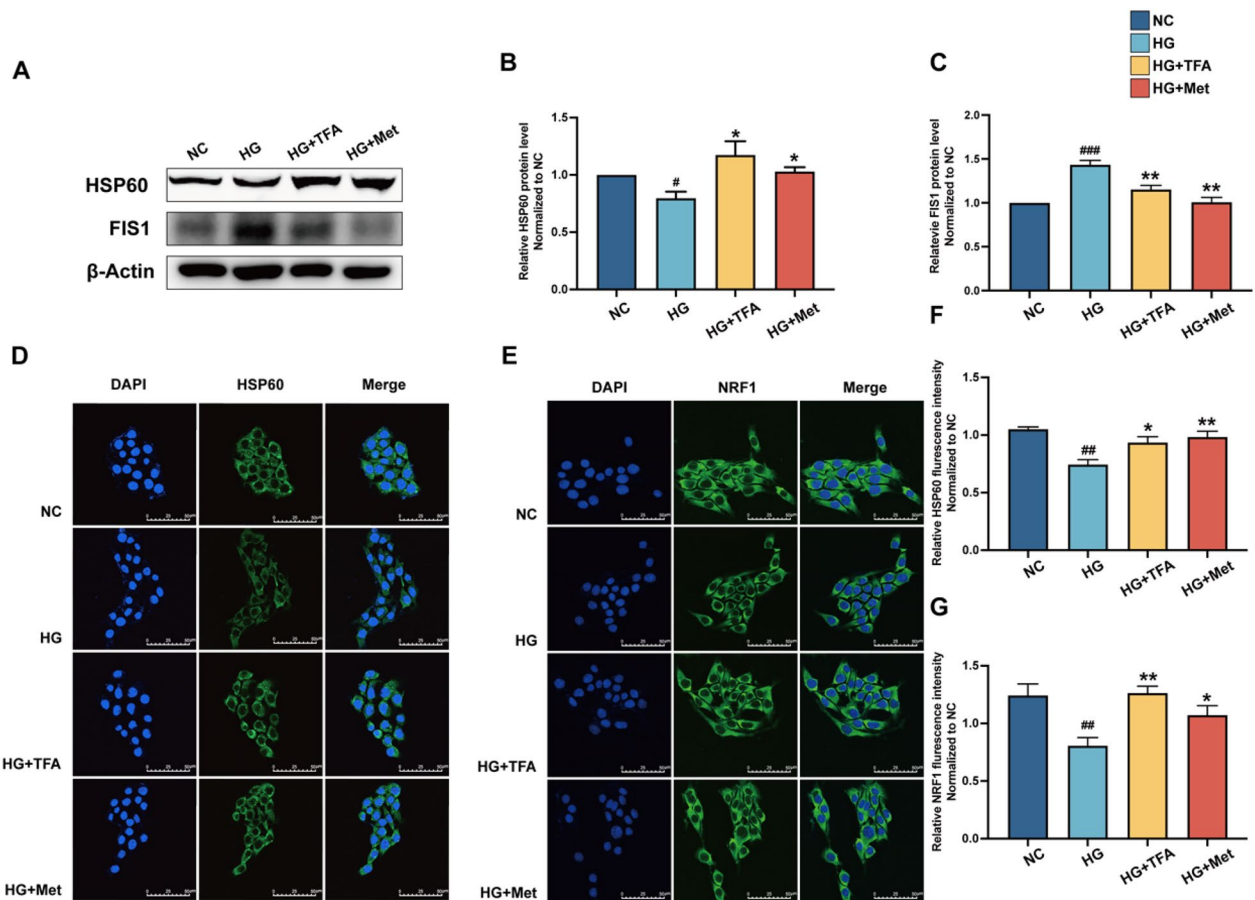
In order to verify the signaling pathway identified earlier as being influenced by TFA, the expression and activation of specific proteins were examined using Western Blot analysis. The results revealed that T2DM models of GECs exhibited significant activation of AKT and PI3K proteins, whereas TFA administration effectively reduced their phosphorylation levels (Fig. 8).

### Discussion

Diabetic kidney disease is one of the major complications for diabetic patients and the most significant cause of end-stage kidney disease [27]. Many conventional approaches, including renin–angiotensin–aldosterone system blockade, blood glucose level control, and body-weight reduction, often fail to yield satisfactory outcomes in clinical practice. The use of Chinese medicine for DKD has shown promising results and gained recognition

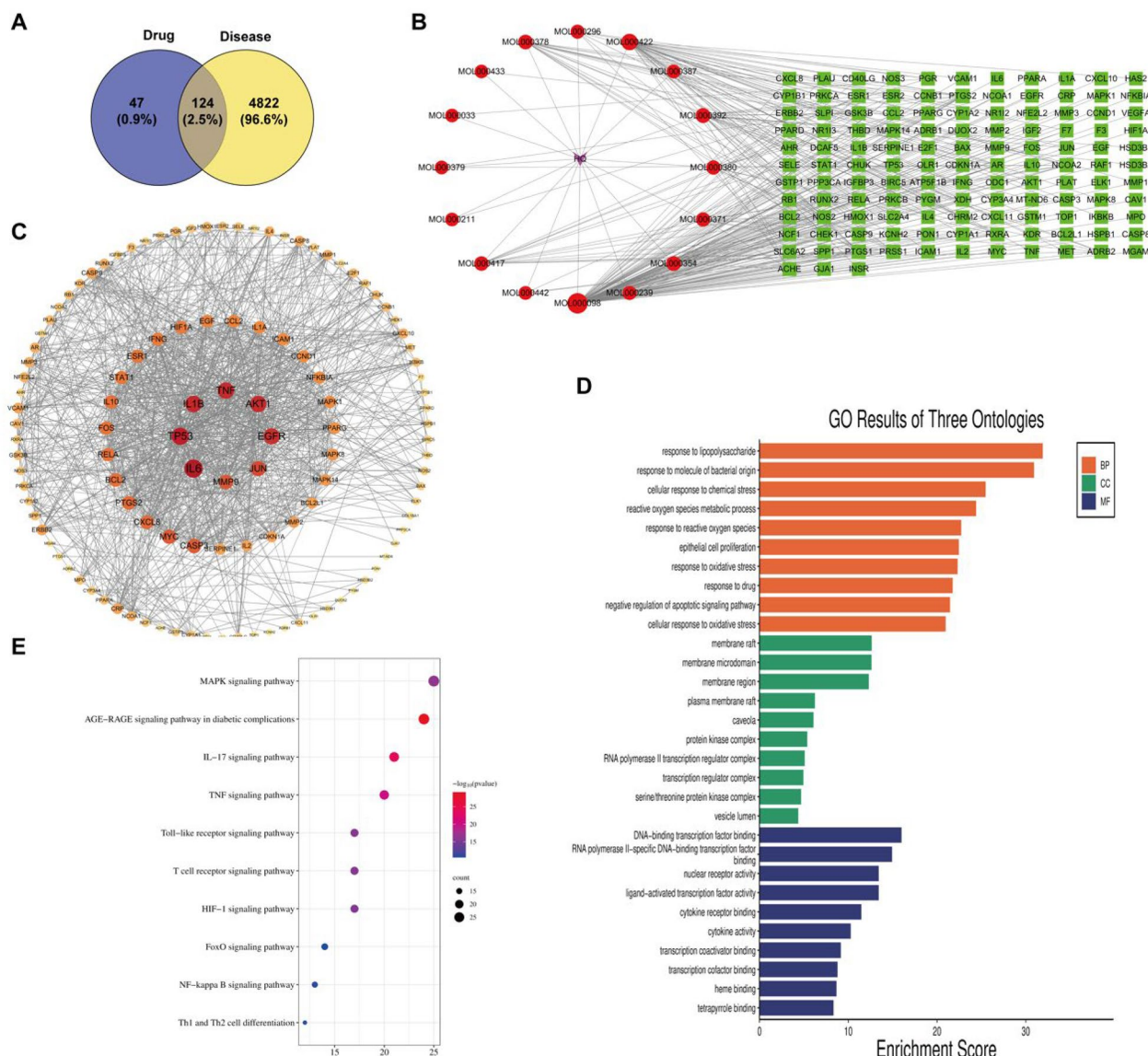


**Fig. 5** Effect of TFA on the glomerular filtration barrier in GECs. Immunofluorescence and western blot assay for GECs tight junction protein occluding. ## $p < 0.01$ , and ### $p < 0.001$ , vs. NC. \* $p < 0.05$ , \*\* $p < 0.01$ , and \*\*\* $p < 0.001$ , vs. HG.



**Fig. 6** TFA promoted mitochondrial biogenesis and maintaining energy metabolic balance. **A** Western blot analysis of HSP60 and Fis1. Relative expression and activation of **B** HSP60 and **C** Fis1 were analyzed by ImageJ software. Immunofluorescence assay for HSP60 and Nrf1 (**D**, **E**) under a laser scanning confocal microscope and relative fluorescence intensity for them were determined (**F**, **G**) (magnification:  $\times 800$ ). # $p < 0.05$ , ## $p < 0.01$ , and ### $p < 0.001$ , vs. NC. \* $p < 0.05$ , \*\* $p < 0.01$ , vs. HG





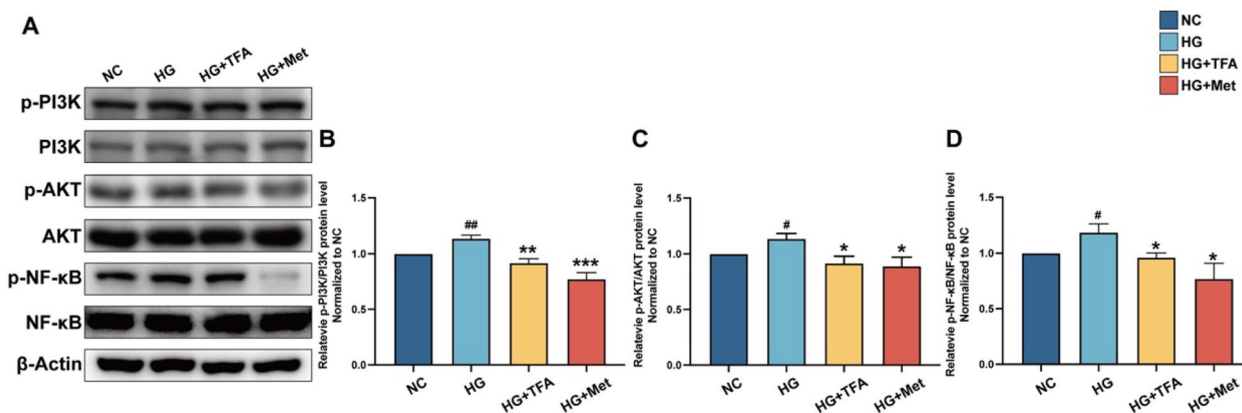
**Fig. 7** Network pharmacology analysis and differential metabolite analysis were performed on urine samples

globally [28]. In this study, we aimed to investigate TFA's effects and underlying mechanisms in inhibiting the progression of DKD.

Astragalus, a renowned traditional Chinese medicine, is commonly used in clinical practice for treating renal diseases. TFA was extracted from Astragalus and has been the subject of various studies, which have consistently demonstrated its efficacy in reducing proteinuria and improving kidney function in experimental models [11, 29, 30]. However, the exact underlying mechanism of these effects remains unclear. In our current study, we discovered that TFA administration significantly reduced BUN, Cr, and ALB levels. Furthermore, histological

examination using H&E staining revealed that TFA preserved the structural integrity of both the glomerulus and the filtration barrier.

Proteinuria serves as the primary manifestation of DKD [31], while an elevated level of ALB is recognized as the initial characteristic of DKD [32]. Although the complete understanding of the underlying mechanism remains elusive, it is widely believed that the critical event involves alterations in the structure and function of the glomerular filtration membrane. The glomerular filtration membrane predominantly comprises glomerular endothelial cells and podocytes, both susceptible to damage under certain conditions [33]. Notably, the endothelial cells play



**Fig. 8** Western blot analysis of PI3K/AKT signaling pathways (A). Relative expression and activation of PI3K and AKT (B) were analyzed by the ImageJ software. Values are presented as means  $\pm$  SD. # $p < 0.05$ , ## $p < 0.01$ , vs. NC. \* $p < 0.05$ , \*\* $p < 0.01$ , \*\*\* $p < 0.001$ , vs. HG

a vital role in preserving the integrity of the glomerular filtration barrier [34].

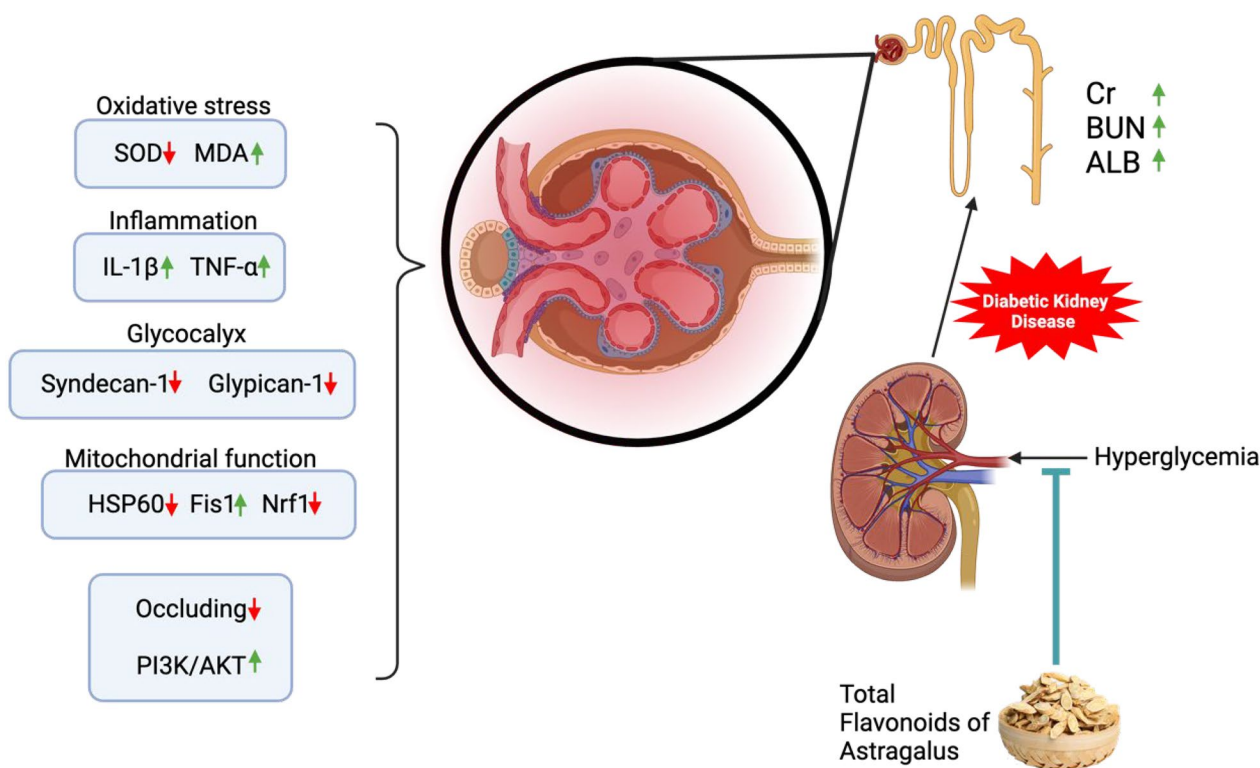
GECs play a crucial role in maintaining the integrity of the glomerular filtration barrier. However, they are susceptible to damage caused by circulating substances such as blood glucose and inflammatory factors. Damage to GECs can disrupt the glomerulus's permeability, leading to chronic kidney disease (CKD) [35]. Studies have shown that high glucose-induced elevation of inflammatory factors and apoptosis of GECs can result in endothelial damage [36, 37]. Additionally, increased blood glucose levels have been observed to impact kidney hemodynamics in the early stages of diabetic kidney disease (DKD) [38], leading to elevated pressure within the glomerulus [39], which in turn increases the glomerular filtration rate. Prolonged exposure to these conditions can cause damage to endothelial cells, thickening of the basement membrane, and ultimately contribute to the pathological basis of DKD [37, 40]. In our recent study [41], we observed notable effects of TFA in reducing blood glucose levels in rats with DKD. Concurrently, there was a significant reduction in HbA1c levels. These findings indicate the potential beneficial effects of TFA in maintaining stable blood glucose levels.

The development of DKD is strongly influenced by oxidative stress [42]. Oxidative stress has been observed to accelerate the onset and progression of DKD through various pathways [43, 44]. These pathways include the enhancement of glomerular hyperfiltration and direct induction of damage to renal cells. In our current study, we made a significant finding that TFA effectively counteracts oxidative stress in vivo. The administration of TFA successfully inhibited the production of MDA (malondialdehyde) while simultaneously increasing the levels of SOD. Moreover, we observed that TFA significantly

preserved the viability of glomerular endothelial cells exposed to high glucose. Additionally, the expression of tight junction proteins in these cells was upregulated. Our study provides compelling evidence that TFA mitigates the development of DKD by preserving the integrity of the glomerular filtration barrier.

Recent studies indicate that inflammatory response, oxidative stress damage, and global filtration barrier abnormalities could contribute to the development and progression of DKD. Mitochondrial dysfunction in DKD leads to impaired ATP production and increased ROS generation, contributing to oxidative stress, inflammation, and cellular damage in the kidneys [45]. Chronic low-grade inflammation occurs in DKD, promoting immune cell recruitment and release of inflammatory molecules, further exacerbating the inflammatory response and damaging the kidneys [46]. Additionally, high glucose levels and mitochondrial dysfunction contribute to increased ROS production, resulting in oxidative stress that promotes inflammation, fibrosis, and cell death in the kidneys [45]. These factors collectively contribute to the pathogenesis of DKD and the disruption of the filtration barrier.

Crucial mechanisms involved in inhibiting the progression of DKD include signaling pathways related to glucose metabolism regulation, antioxidation, anti-inflammation, anti-fibrosis, and podocyte protection. Network pharmacology analysis has revealed that the PI3K/AKT signaling pathway positively impacts DKD by promoting kidney replenishment and dampness removal. Among these, the PI3K/AKT signaling pathway plays a vital role in cell proliferation, growth, and viability [47, 48]. Our present study confirmed that TFA significantly inhibits the phosphorylation of PI3K/AKT, thereby slowing down the progression of DKD. The present study also



**Fig. 9** Proposed mechanism of TFA on protecting the glomerular filtration barrier under DKD settings

demonstrated that high glucose-induced degradation of GECs glycocalyx and its core proteins syndecan-1 and glypican-1 decrease in GECs; TFA and metformin up-regulated the expression levels of endothelial glycocalyx, syndecan-1 and glypican-1 in GECs. In addition, our results showed that TFA and metformin decreased high glucose-induced IL-1 $\beta$  and TNF- $\alpha$  release in GECs. Collectively, these results indicated that TFA and metformin could improve high glucose-induced endothelial barrier damage and inflammation in vitro.

In summary, our present study demonstrated that TFA can effectively inhibit the progression of DKD by ameliorating renal fibrosis and preserving the integrity of the kidney filtration barrier, and PI3K/AKT pathway plays a crucial role in mediating these effects (Fig. 9). These results provided pharmacological evidence supporting the use of TFA in the treatment of kidney diseases.

NF- $\kappa$ B	Nuclear factor $\kappa$ B
OS	Oxidative stress
ROS	Reactive oxygen species
SOD	Superoxide dismutase
STZ	Streptozotocin
TFA	Total flavonoids of Astragalus
PI3K/AKT	Phosphatidylinositol 3-kinase/serine-threonine kinase
UPLC-ESI-Q-TOF-MS/MS	Ultra-performance liquid chromatography coupled to electrospray ionization quadrupole-time of flight mass spectrometry
UPRmt	Mitochondrial unfolded protein response

**Supplementary Information**

The online version contains supplementary material available at <https://doi.org/10.1186/s13020-024-00903-3>.

**Additional file 1.** Compounds identified by network pharmacological analysis in TFA that could potentially have an active role on diabetic kidney disease.

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Not applicable.

**Author contributions**

Y-HX, K-FH and P-YL contributed to conception and critical revision of the study. Y-HX and Y-HZ obtained the funding. C-CL identified the total flavonoids from Astragalus. X-LL cared and operated the animals. K-FH and P-YL performed experiments and statistical analysis. K-FH, P-YL and Y-HX wrote the manuscript and carried out the whole revision of this paper. S-FT, H-YZ, Y-HZ, YX provided revision comments to this paper. All authors read and approved the final manuscript.

**Abbreviations**

ALB	Albumin
BUN	Blood urea nitrogen
CCK-8	Cell counting Kit-8
Cr	Creatinine
DKD	Diabetic kidney disease
GEC	Glomerular endothelial cell
HFD	High fat diet
HG	High glucose
H&E	Hematoxylin-eosin
MDA	Malondialdehyde

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## Availability of data and materials

All data used in the presented study can get from the corresponding author upon request.

## Declarations

### Ethics approval and consent to participate

Ethical approval for all animal care and experimental protocols was obtained from Macau University of Science and Technology. All animal care and operations were according to the guidelines of the U.S. National Institutes of Health in the care and use of Laboratory Animals (NIH publication No. 85-23, revised 1996).

### Consent for publication

All the authors have agreed that the manuscript published in Chinese Medicine.

### Competing interests

The authors declare that there is no conflict of interest regarding the publication of this article.

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