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# CP-25 inhibits the hyperactivation of rheumatic synoviocytes by suppressing the switch in $G_{\alpha_s}$ - $G_{\alpha_i}$ coupling to the $\beta_2$ -adrenergic receptor

Mingli Ge<sup>1†</sup>, Li Wu<sup>1,2†</sup>, Feng He<sup>1†</sup>, Yu Tai<sup>1</sup>, Ruhong Fang<sup>1</sup>, Dafei Han<sup>1</sup>, Paipai Guo<sup>1</sup>, Hao Liu<sup>3</sup>, Yong Hu<sup>4</sup>, Shenglin Xu<sup>4\*</sup>, Wei Wei<sup>1\*</sup> and Qingtong Wang<sup>1\*</sup>

## Abstract

In essence, the  $\beta_2$  adrenergic receptor ( $\beta_2$ AR) plays an antiproliferative role by increasing the intracellular cyclic 3',5'-adenosine monophosphate (cAMP) concentration through  $G_{\alpha_s}$  coupling, but interestingly,  $\beta_2$ AR antagonists are able to effectively inhibit fibroblast-like synoviocytes (FLSs) proliferation, thus ameliorating experimental RA, indicating that the  $\beta_2$ AR signalling pathway is impaired in RA FLSs via unknown mechanisms. The local epinephrine (Epi) level was found to be much higher in inflammatory joints than in normal joints, and high-level stimulation with Epi or isoproterenol (ISO) directly promoted FLSs proliferation and migration due to impaired  $\beta_2$ AR signalling and cAMP production. By applying inhibitor of receptor internalization, and small interfering RNA (siRNA) of  $G_{\alpha_s}$  and  $G_{\alpha_i}$ , and by using fluorescence resonance energy transfer and coimmunoprecipitation assays, a switch in  $G_{\alpha_s}$ - $G_{\alpha_i}$  coupling to  $\beta_2$ AR was observed in inflammatory FLSs as well as in FLSs with chronic ISO stimulation. This  $G_{\alpha_i}$  coupling was then revealed to be initiated by G protein coupled receptor kinase 2 (GRK2) but not  $\beta$ -arrestin2 or protein kinase A-mediated phosphorylation of  $\beta_2$ AR. Inhibiting the activity of GRK2 with the novel GRK2 inhibitor paeoniflorin-6'-O-benzene sulfonate (CP-25), a derivative of paeoniflorin, or the accepted GRK2 inhibitor paroxetine effectively reversed the switch in  $G_{\alpha_s}$ - $G_{\alpha_i}$  coupling to  $\beta_2$ AR during inflammation and restored the intracellular cAMP level in ISO-stimulated FLSs. As expected, CP-25 significantly inhibited the hyperplasia of FLSs in a collagen-induced arthritis (CIA) model (CIA FLSs) and normal FLSs stimulated with ISO and finally ameliorated CIA in rats. Together, our findings revealed the pathological changes in  $\beta_2$ AR signalling in CIA FLSs, determined the underlying mechanisms and identified the pharmacological target of the GRK2 inhibitor CP-25 in treating CIA.

**Keywords**  $\beta_2$  adrenergic receptor,  $G_{\alpha_s}$ - $G_{\alpha_i}$  coupling switch, Paeoniflorin-6'-O-benzene sulfonate, Fibroblast-like synoviocytes, Rheumatoid arthritis

<sup>†</sup>Mingli Ge, Li Wu and Feng He contributed equally to this work.

\*Correspondence:

Shenglin Xu

xushenglin@ahmu.edu.cn

Wei Wei

wwei@ahmu.edu.cn

Qingtong Wang

hfwqt727@163.com

Full list of author information is available at the end of the article



## Background

Rheumatoid arthritis (RA) is the most common type of chronic systemic inflammatory arthritis, affecting 0.5–1% of the global population, with typical clinical manifestations of chronic pain, stiffness and swelling in joints [1]. More than 50% of RA patients become disabled within 10 years after diagnosis due to the significant increases in comorbidity and mortality, and the pathogenesis is still unclear [2]. Synovial tissue is the target of inflammation, and the proliferation and migration of fibroblast-like synoviocytes (FLSs) induced by inflammatory stimulation leads to the further expression of proinflammatory cytokines such as tumour necrosis factor- $\alpha$  (TNF- $\alpha$ ), interleukin-1 $\beta$  (IL-1 $\beta$ ), and matrix metalloproteinases (MMPs), in turn resulting in destruction of articular cartilage and bone; therefore, the abnormal activation of FLSs, manifested as increased cell viability, migration capacity and invasion capacity, is a critical driver of the progression of RA [3].

The level of intracellular cyclic 3',5'-adenosine monophosphate (cAMP) is a pivotal controller of cell proliferation and migration. In essence, cAMP activates downstream protein kinase A (PKA) to promote the expression of cell cycle inhibitory proteins while reducing the activity of extracellular regulated protein kinase (ERK) and the expression of cyclin D1/D3, which initiate cell proliferation, leading to the maintenance of FLSs in a resting state. However, under specific conditions, cAMP promotes cell growth by activating ERK [4]. Accumulating evidence has shown that multiple  $G_{\alpha s}$ -coupled G protein-coupled receptors (GPCRs), including adrenergic receptors (ARs), adenosine receptors, and prostaglandin E<sub>2</sub> receptors, are expressed on FLSs. However, in the process of RA, the cAMP level in FLSs is substantially reduced, and this decrease is decoupled from the increases in the levels of GPCR ligands, leading to hyperactivation of FLSs. G protein coupled receptor kinase 2 (GRK2)- and  $\beta$ -arrestin2 ( $\beta$ arr2)-induced desensitization and endocytosis of GPCRs on FLSs may contribute to the downregulation of cAMP production in inflammatory FLSs, and further pathomechanisms need to be determined.

Both central and peripheral immune organs are precisely innervated by sympathetic nerves [5]. Activated sympathetic nerves secrete large amounts of epinephrine (Epi) and norepinephrine, which activate ARs in immune cells and regulate the immune response [6]. ARs include  $\alpha_1$ AR,  $\alpha_2$ AR,  $\beta_1$ AR,  $\beta_2$ AR and  $\beta_3$ AR. ARs participate in the pathological process of RA by regulating the activation of T and B lymphocytes and other immune cells [7–9]. In addition to regulating the activation of immune cells, Epi also have an important activating effect on FLSs during inflammation. Studies have shown that plasma

levels of Epi and norepinephrine in RA patients are significantly higher than those in healthy people. Treatment of rats with adjuvant arthritis (AA) with the nonselective  $\alpha$ -AR blocker phenoxybenzamine, the selective  $\alpha_1$ AR antagonist prazosin, the selective  $\alpha_2$ AR antagonist yohimbine, the nonselective  $\beta$ -AR blocker propranolol, the selective  $\beta_1$ AR antagonist metoprolol, or the selective  $\beta_2$ AR antagonists butoxamine and ICI 118551 (ICI) respectively, showed that only the two  $\beta_2$ AR antagonists effectively reduced arthritis manifestations [10, 11]. These results suggest that the  $\beta_2$ AR signalling pathway is the key player in inducing the pathological effect of adrenergic stimulation in RA.

It is difficult to understand how  $G_{\alpha s}$  couples to  $\beta_2$ AR, which results in the abundant production of cAMP when  $\beta_2$ AR activation contributes to inflammation and FLS hyperplasia. Some data have indicated that high-level stimulation with Epi triggers  $\beta_2$ AR desensitization and internalization via GRK2 and  $\beta$ arr2, leading to suppressed production of cAMP. Our preliminary data revealed that high-level stimulation with isoproterenol (ISO) (1  $\mu$ M) significantly decreased the intracellular cAMP concentration in rat FLSs; however, blocking ISO-induced  $\beta_2$ AR internalization using barbadin (Bar) to selectively inhibit the  $\beta$ arr2/ $\beta_2$ -adapitin interaction only partially restored the production of cAMP [12]. Instead, inhibiting GRK2 activity with either the recognized inhibitor paroxetine (PAR) or a novel inhibitor developed by our group, paeoniflorin-6'-O-benzene sulfonate (CP-25), almost completely restored cAMP production, indicating an additional pathomechanism of GRK2 beyond the regulation of receptor endocytosis [13]. Subsequently, we found that  $G_{\alpha i}$  knockdown substantially restored the terbutaline (Ter) response in ISO-treated rat FLSs. Therefore, in the present work, we demonstrated that GRK2-mediated  $G_{\alpha i}$  coupling to  $\beta_2$ AR in inflammatory FLSs exacerbates cAMP signalling inhibition and increases FLS proliferation in the setting of arthritis. Our work provides a comprehensive understanding of the pathological function of GRK2 in arthritis and confirms that selective GRK2 inhibitors, such as CP-25, are promising and effective antirheumatic drugs.

## Materials and methods

### Induction and treatment of collagen-induced arthritis (CIA) in rats

The animal study was approved by the Animal Ethics Committee of the Institute of Clinical Pharmacology, Anhui Medical University. Six- to eight-week-old male Wistar rats (purchased from Shanghai SLAC Laboratory Animal Co., Ltd, Shanghai, China) were housed in a pathogen-free laboratory at the Institute of Clinical Pharmacology, Anhui Medical University. An emulsion

**Table 1** The sequences of siRNA for  $\beta$ arr2,  $G_{\alpha s}$  and  $G_{\alpha i}$ 

Genes	Sense (5'-3')	Antisense (5'-3')
$\beta$ arr2	5'-GACCGACUGCUGAAGAAGUTT-3'	5'-ACUUCUUCAGCAGUCGGUUCTT-3'
$G_{\alpha s}$	5'-CCUACAUGUUAUUGGGUUUTT-3'	5'-AAAGAUUCCAGAGGUCAGGTT-3'
$G_{\alpha i}$	5'-GCUGCAGAGGAAGCCUUUATT-3'	5'-UAAAGCCUUCUCUCAGCCTT-3'
Control	5'-UUCUCCGAACGUGACACGUTT-3'	5'-AGGUGACACGUUCGGAGAATT-3'

of chicken type II collagen (Catalogue #20011, Chondrex, Woodinville, WA, dissolved in 0.1 mol/L acetic acid) and Complete Freund's adjuvant (CFA; 4 mg/ml, Catalogue #7001, Chondrex, Woodinville, WA) was applied for intradermal injection of rats on Day 0 and Day 7 to establish the rat CIA model. Six normal rats and 6 CIA rats were compared. In the treatment study, when the joints exhibited swelling on Day 14, 15 CIA rats were randomly divided into 3 groups based on the arthritis index through a stratified random sampling method and then subjected to vehicle (Veh; 0.25% sodium carboxymethyl cellulose, CMC-Na; CIA-Veh), CP-25 ( $C_{29}H_{32}O_{13}S$ , MW: 620, 50 mg/kg/d, synthesized by Chemistry Lab of Institute of Clinical Pharmacology, Anhui Medical University, Anhui, China; CIA-CP-25), or methotrexate (MTX; 2 mg/kg/3d, MAOXIANG Pharm, Co., Ltd. Changchun, China; CIA-MTX) treatment for 21 days. Five noninjected rats served as normal controls. The body weight and clinical parameters, including the swollen joint count, arthritis index, volume of paw swelling, and global assessment, were evaluated and recorded every 3 days.

#### Histopathological examination of joints

After treatment, all rats were sacrificed, and the ankle joints were collected and fixed with formalin for 24 h prior to decalcification in 10% ethylenediaminetetraacetic acid. Four-micron slices of paraffin-embedded joints were stained with H&E, imaged with a 3D HISTECH panoramic scanner and analysed with CaseViewer software 2.4.0.119028 (3DHISTECH Ltd, Budapest, Hungary). Two independent observers evaluated the histological changes in joints, namely, synovial hyperplasia, bone erosion, pannus formation, cell infiltration and cartilage destruction. The pathological score ranged from 0 (no change) to 4 (severe change) based on the scoring standards described previously [14].

#### Epi measurement in joints

The Epi concentration in joint homogenates of CIA rats was measured using an enzyme-linked immunosorbent assay (ELISA) kit (Catalogue # CSB-E08678r, CUSABIO, Wuhan, China) according to the operation manual. The absorbance was measured at 450 nm using a Bio Tek

ELx808 microplate reader (Lonza Group, Ltd, Basel, Switzerland).

#### Primary FLS culture and transfection

Rats were sacrificed and sterilized in 75% alcohol, and synovial tissues from the bilateral knees were collected under sterile conditions. After rinsing in 75% alcohol for 5 min and in PBS three times, the synovial tissues were cut into approximately 1 mm<sup>3</sup> blocks and attached to the bottom of a culture flask in a cell culture hood. The flask was inverted for 4 h and was then turned upright for continuous culture. After FLSs were spread around the tissue blocks, the tissue blocks were removed, and the FLSs were detached by trypsin. Three to five generations of FLSs were used for the following experiments. For the indicated study, 0.1  $\mu$ g of  $\beta_2$ AR short hairpin RNA (shRNA) was added to 5  $\mu$ l of Opti-MEM (Catalogue # 31985062, Thermo Fisher Scientific, Inc., Waltham, MA, USA), and 0.3  $\mu$ l of Lipofectamine 2000 transfection reagent (Catalogue # 11668027, Thermo Fisher Scientific, Inc., Waltham, MA, USA) was added to 5  $\mu$ l of Opti-MEM. The 2 solutions were mixed gently and incubated at room temperature for 2 min before being added to the cells. The small interfering RNA (siRNA) (50 nM) against  $\beta$ arr2,  $G_{\alpha s}$  and  $G_{\alpha i}$  and the control siRNA (Sangon Co., Ltd, Shanghai, China) were mixed separately with PEI (Mirus, Madison, WI, USA) according to the manufacturer's instructions and transfected into the cells for 24 h at 37 °C. Green fluorescence could be observed after 48 h of incubation, indicating the successful transfection of  $\beta_2$ AR shRNA,  $\beta$ arr2 siRNA,  $G_{\alpha s}$  siRNA and  $G_{\alpha i}$  siRNA. The sequences of specific siRNA were listed in Table 1.

#### FLS viability assay

A cell counting kit-8 (CCK-8) assay was used to evaluate the viability of FLSs. Briefly, FLSs were seeded in a 96-well plate at  $5 \times 10^4$  cells/well and cultured for 48 h under the indicated treatment conditions. Ten microlitres of CCK8 reagent (Catalogue # BS350A, Biosharp, Guangzhou, China) was added to each well 4 h before the end of the culture period, and the absorbance was measured at 450 nm on a Bio Tek ELX808 microplate reader (Lonza Group, Ltd, Basel, Switzerland).

### Cell migration and invasion assays

Transwell plates were used to evaluate the migration and invasion of FLSs. A total of  $5 \times 10^4$  FLSs in serum-free Dulbecco's modified Eagle's medium (DMEM) were seeded in the upper chamber of a transwell plate, and 500  $\mu$ l of 10% serum DMEM was added to the bottom chamber. The cells were treated and cultured for 48 h, and the membrane in the upper chamber was washed with phosphate-buffered saline. The cells remaining in the upper chamber were removed by wiping, while the migrated FLSs were fixed with crystal violet solution and counted after photographing. The FLS invasion ability was measured using the same method but with a Matrigel coating on the membrane (Catalogue # 354234, Corning, NY, USA) in the upper chamber of the transwell plate.

### Coimmunoprecipitation (Co-IP)

The interaction of  $\beta_2$ AR with  $G_{\alpha s}$  or  $G_{\alpha i}$  was confirmed by co-IP as previously reported [15]. Normal or CIA FLSs or normal FLSs treated with ISO in the presence or absence of the GRK2 inhibitor CP-25 were lysed in NP40 immunoprecipitation buffer supplemented with protease inhibitor cocktails. The cell lysate supernatant was collected after centrifugation at  $15,000 \times g$  for 15 min at 4 °C, and the protein concentration was determined by a BCA protein assay kit (Catalogue #23225, Thermo Fisher Scientific Inc., Waltham, MA, USA). One milligram of protein was preincubated with 10  $\mu$ l of Protein A/G PLUS-Agarose beads (Catalogue # sc-2003, Santa Cruz, CA, USA) and with 2  $\mu$ g of mouse IgG as the control antibody for 1 h at 4 °C, and the precipitates were then collected by centrifugation at  $1000 \times g$  for 1 min at 4 °C. A portion of the supernatant was retained for input analysis. The precleared protein was then incubated with 10  $\mu$ l of Protein A/G PLUS-Agarose beads preincubated with the anti- $\beta_2$ AR antibody (Catalogue # sc-570, Santa Cruz, CA, USA) overnight at 4 °C with rotation. The beads were then precipitated by centrifugation and boiled with  $2 \times$  sodium dodecyl sulfate (SDS) loading buffer, and  $G_{\alpha s}$ ,  $G_{\alpha i}$  and  $\beta_2$ AR were detected using Western blotting.

### Western blotting

Proteins from lysed FLSs were collected as mentioned before, separated on a 10% SDS polyacrylamide gel and then transferred to a polyvinylidene fluoride membrane (Millipore Corporation, Billerica, MA). The membrane was blocked in Tris-buffered saline containing 0.05% Tween 20 (TBST) and 5% nonfat milk at 37 °C for 2 h, followed by incubation with a primary antibody against  $\beta_1$ AR (1:1000, Catalogue # PA1-049, Thermo Fisher Scientific, Waltham, MA, USA),  $\beta_2$ AR (1:600, Catalogue # sc-570, Santa Cruz Biotechnology, CA, USA),  $\beta_3$ AR

**Table 2** Primers for  $\beta_1$ AR,  $\beta_2$ AR, and  $\beta_3$ AR mRNA amplification

Gene	Forward Sequence	Reverse Sequence
$\beta_1$ AR	5'-GATCTGGTCATGGGACTGCT-3'	5'-CACGTCTACCGAAGTCCA GA-3'
$\beta_2$ AR	5'-CATAACCTCCTTGGCGTGTG-3'	5'-TCGCACCAGAAATTGCCA AA-3'
$\beta_3$ AR	5'-GCAGTAGTCTGTGGAT-3'	5'-GGGCATATTGGAGGCAAA GG-3'
ACTIN	5'-TACAACCTCCTTGCAGTCC-3'	5'-GGATCTTCATGAGGTAGT CAGTC-3'

(1:500, Catalogue # YT0363, Immunoway, TX, USA),  $G_{\alpha s}$  (1:500, Catalogue # sc-823, Santa Cruz Biotechnology, CA, USA),  $G_{\alpha i}$  (1:500, Catalogue # sc-391, Santa Cruz Biotechnology, CA, USA), or GAPDH (1:5000, Catalogue # AF0911, Affinity Biosciences, Changzhou, China) overnight at 4 °C. After washing with TBST. The membrane was incubated with goat anti-rabbit IgG (H+L) horseradish peroxidase (HRP)-linked (1:10,000, Catalogue # S0001, Affinity Biosciences, Changzhou, China) or goat anti-mouse IgG (H+L) HRP-linked (1:10,000, Catalogue # S0002, Affinity Biosciences, Changzhou, China) at 37 °C for 2 h. To evaluate the cellular distribution of  $\beta_2$ AR, membrane and cytosolic proteins were extracted with a membrane and cytosolic protein extraction kit (Beyotime Biotechnology, Shanghai, China). Enhanced Chemiluminescence Western Blotting Substrate (Catalogue # 32106, Thermo Fisher Scientific, Waltham, MA, USA) was applied for band detection on an ImageQuant LAS 500 Imager (GE Healthcare Systems, Chicago, IL, USA). Protein expression was semiquantified with ImageJ (version 1.42q, NIH) and was normalized to GAPDH expression.

### Quantitative real-time PCR (qRT-PCR)

Total RNA was extracted from FLSs using TRIzol reagent following the manufacturer's protocol. Complementary DNA (cDNA) was then synthesized with a cDNA synthesis kit (Catalogue #: 634926, Takara Bio Inc., Otsu, Shiga, Japan), and the specific genes were then amplified from the cDNA templates in a 7500 Real-Time PCR System (Applied Biosystems, Foster City, CA, USA) with Fast SYBR Green Master Mix (Catalogue #: 4385612, Thermo Fisher Scientific, Waltham, MA, USA). The specific primers used for amplification of  $\beta_1$ AR,  $\beta_2$ AR, and  $\beta_3$ AR were listed in Table 2. Changes in expression were calculated by normalization to the corresponding ACTIN levels with the  $2^{-\Delta\Delta C_t}$  method.

### Immunofluorescence staining

Immunofluorescence staining was performed to detect the in situ expression and distribution of the indicated



proteins as previously described [16]. FLSs were plated on coverslips and treated for 48 h before fixation with 4% paraformaldehyde for 30 min and permeabilization with 0.5% Triton for 15 min. Subsequently, the cells were blocked with 1% BSA for 30 min and incubated with primary antibodies, including anti- $\beta_1$ AR (1:600, Catalogue # sc-568, Santa Cruz Biotechnology, CA, USA), anti- $\beta_2$ AR (1:600, Catalogue # sc-570, Santa Cruz Biotechnology, CA, USA), anti- $G_{\alpha s}$  (1:500, Catalogue # sc-823, Santa Cruz Biotechnology, CA, USA), and anti- $G_{\alpha i}$  (1:500, Catalogue # sc-391, Santa Cruz Biotechnology, CA, USA) antibodies, overnight at 4 °C prior to 3 rinses and incubation with goat-anti-mouse Alexa Fluor 488 (1:200, Catalogue # 615–545-214, Jackson ImmunoResearch Inc., West Grove, PA, USA) or goat-anti-rabbit Alexa Fluor 555 (1:200, Catalogue # A-21428, Thermo Fisher Scientific Inc., Waltham, MA, USA) secondary antibodies for 1 h. Finally, coverslips were mounted with a mounting solution containing 4',6-diamidino-2-phenylindole and then observed on a Leica TCS SP80 confocal microscope (Leica Microsystems, Wetzlar, Germany).  $\beta_2$ AR coupling with  $G_{\alpha s}$  and  $G_{\alpha i}$  was semiquantified using the built-in colocalization analysis software module.

#### Fluorescence Resonance Energy Transfer (FRET)

A FRET assay was performed to detect intracellular cAMP production upon  $\beta_2$ AR activation [17]. FLSs were seeded on coverslips in 24-well plates and transfected with 0.5  $\mu$ g of regular pcDNA-Epac 3 (Reg-ICUE3) plasmid for 36 h. The cells were treated with ISO (final concentration of 1  $\mu$ M), with or without CGP20712A (CGP,  $\beta_1$ AR antagonist, 1  $\mu$ M), ICI ( $\beta_2$ AR antagonist, 1  $\mu$ M), SR59230A (SR,  $\beta_3$ AR antagonist, 100 nM), Bar (10  $\mu$ M), a PKA inhibitor (PKI, 1  $\mu$ M), CP-25 (1  $\mu$ M), or PAR (1  $\mu$ M) overnight before the end of the transfection period and stimulated acutely with ISO (100 nM), dobutamine (Dob;  $\beta_1$ AR agonist, 10  $\mu$ M) or Ter ( $\beta_2$ AR agonist, 10  $\mu$ M). The fluorescence signals in both the 480 nm and 535 nm channels were recorded on a Leica TCS SP80 confocal microscope, and the intensity ratio of cyan fluorescent protein (CFP) to yellow fluorescent protein (YFP) was calculated at different time points. When the level

of intracellular cAMP is increased, the CFP/YFP ratio is decreased.

#### Statistical analysis

Data were collected from three to five animals per group and were analysed with GraphPad Prism software (version 9, GraphPad Software, Inc., San Diego, CA, USA) and expressed as the means  $\pm$  standard deviations (SDs). One-way analysis of variance (ANOVA) was used to determine the significance of differences among three or more groups. Two-way ANOVA was used to determine the significance of differences among three or more groups when time was also considered as a variable. Independent *t* tests were used for comparisons between 2 groups. *p* < 0.05 was considered to indicate a significant difference.

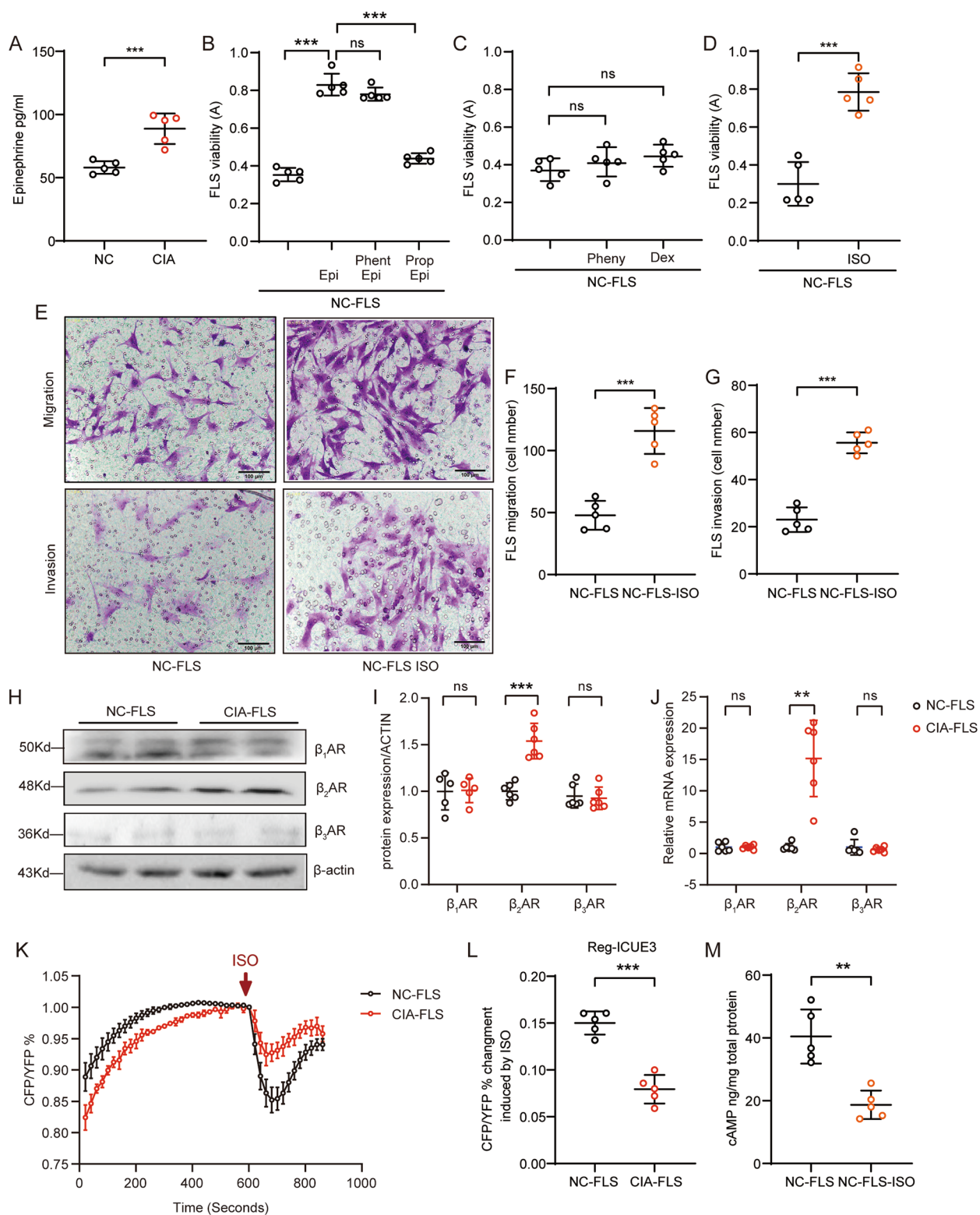
#### Results

##### The elevated Epi level in CIA promotes FLS hyperactivation, accompanied by a reduced $\beta$ AR response

We previously reported that the serum Epi level is increased in both RA patients and RA animal models [18]. Compared with normal rats, CIA rats exhibited more epinephrine in the joints, and these rats had definite body weight loss; increased global assessment scores, arthritis indexes, and numbers of swollen joints; and paw swelling (Supplementary Fig. 1A-E and Fig. 1A). These findings suggested that adrenergic stress is present at the local site of inflammation. To clarify the impact of high levels of Epi on FLSs and the function of  $\alpha$ ARs and  $\beta$ ARs, we pretreated FLSs with  $\alpha$ AR or  $\beta$ AR antagonists prior to high-level stimulation with Epi. The data demonstrated that chronic stimulation with 10  $\mu$ M Epi markedly promoted the proliferation of normal rat FLSs and that pretreatment with the nonselective  $\alpha_1$ AR and  $\alpha_2$ AR blocker, phentolamine (Phent, 10  $\mu$ M), was not able to successfully affect Epi-induced FLS proliferation. In contrast, the proliferation of FLSs pretreated with propranolol (Prop) could not be obviously activated in response to Epi stimulation (Fig. 1B). Furthermore, direct activation of  $\alpha_1$ AR with phenylephrine (Pheny, 50  $\mu$ M) or stimulation of  $\alpha_2$ AR with dexmedetomidine (Dex, 10  $\mu$ M) for 48 h failed

(See figure on next page.)

**Fig. 1** The elevated Epi level in CIA promotes FLS hyperactivation in conjunction with a reduced  $\beta$ AR response. **A** The level of Epi in serum was measured by ELISA. **B** The effect of Phent or Prop pretreatment on Epi-induced FLS viability was measured using a CCK-8 assay. **C** The effect of Pheny or Dex stimulation on FLS viability was detected. **D** The effect of ISO stimulation on FLS viability was detected. **E** The effects of ISO (1  $\mu$ M) stimulation on FLS migration and invasion were detected by a Transwell assay. Scale bar, 100  $\mu$ m. **F** Quantification of the number of migrated cells. **G** Quantification of the number of invaded cells. **H**  $\beta_1$ AR,  $\beta_2$ AR and  $\beta_3$ AR expression in FLSs from normal or CIA rats was measured by Western blotting. **I** Analysis of the indicated protein levels. **J** The mRNA levels of  $\beta_1$ AR,  $\beta_2$ AR and  $\beta_3$ AR in both normal and CIA FLSs were measured by qRT-PCR. **K, L** Intracellular cAMP production in living FLSs upon ISO (100 nM) stimulation was monitored in the FRET system, and the CFP/YFP ratio was compared. **M** The intracellular cAMP concentration in rat FLSs treated with Veh or ISO (1  $\mu$ M) for 48 h was measured by applying a cAMP detection kit. The data are presented as the means  $\pm$  SEMs; \*\**p* < 0.01, \*\*\**p* < 0.001; *n* = 5–6 animals per group



**Fig. 1** (See legend on previous page.)

to promote FLS proliferation (Fig. 1C), while treatment with the nonselective  $\beta$ AR agonist ISO (1  $\mu$ M) induced the activation of FLSs in vitro (Fig. 1D). Chronic ISO stimulation also induced clear migration and invasion of FLSs (Fig. 1E-G). All three subtypes of  $\beta$ ARs,  $\beta_1$ AR,  $\beta_2$ AR, and  $\beta_3$ AR, were observed in FLSs; however,  $\beta_1$ AR and  $\beta_3$ AR protein expression was not obviously changed but  $\beta_2$ AR expression was significantly increased in CIA FLSs relative to normal FLSs. Of note,  $\beta_3$ AR expression in FLSs was quite limited (Fig. 1H and I). Moreover, the mRNA expression levels of the three isotypes were measured by qRT-PCR. As expected,  $\beta_1$ AR and  $\beta_3$ AR mRNA expression was not markedly changed in CIA-FLSs compared with normal FLSs. However,  $\beta_2$ AR mRNA expression was extremely high in CIA FLSs (Fig. 1J), consistent with the protein level. To test the function of  $\beta$ ARs in FLSs during inflammation, 100 nM ISO was used to acutely stimulate either normal FLSs or CIA FLSs, and intracellular cAMP production was monitored in real time in living cells with a FRET system. Interestingly, we found that although  $\beta_2$ AR expression was upregulated in CIA FLSs, ISO-induced cAMP production was markedly impaired (Fig. 1K and L). Moreover, the cAMP concentration in normal rat FLSs treated with 1  $\mu$ M ISO for 48 h was much lower than that in Veh-treated normal FLSs, as determined with a cAMP detection kit (Fig. 1M). These data reveal that the  $\beta$ AR response was attenuated in CIA FLSs and that this pathological change may be induced by the high level of Epi in the joint environment.

#### Chronic Epi stimulation inhibits cAMP production and activates FLSs through $\beta_2$ AR

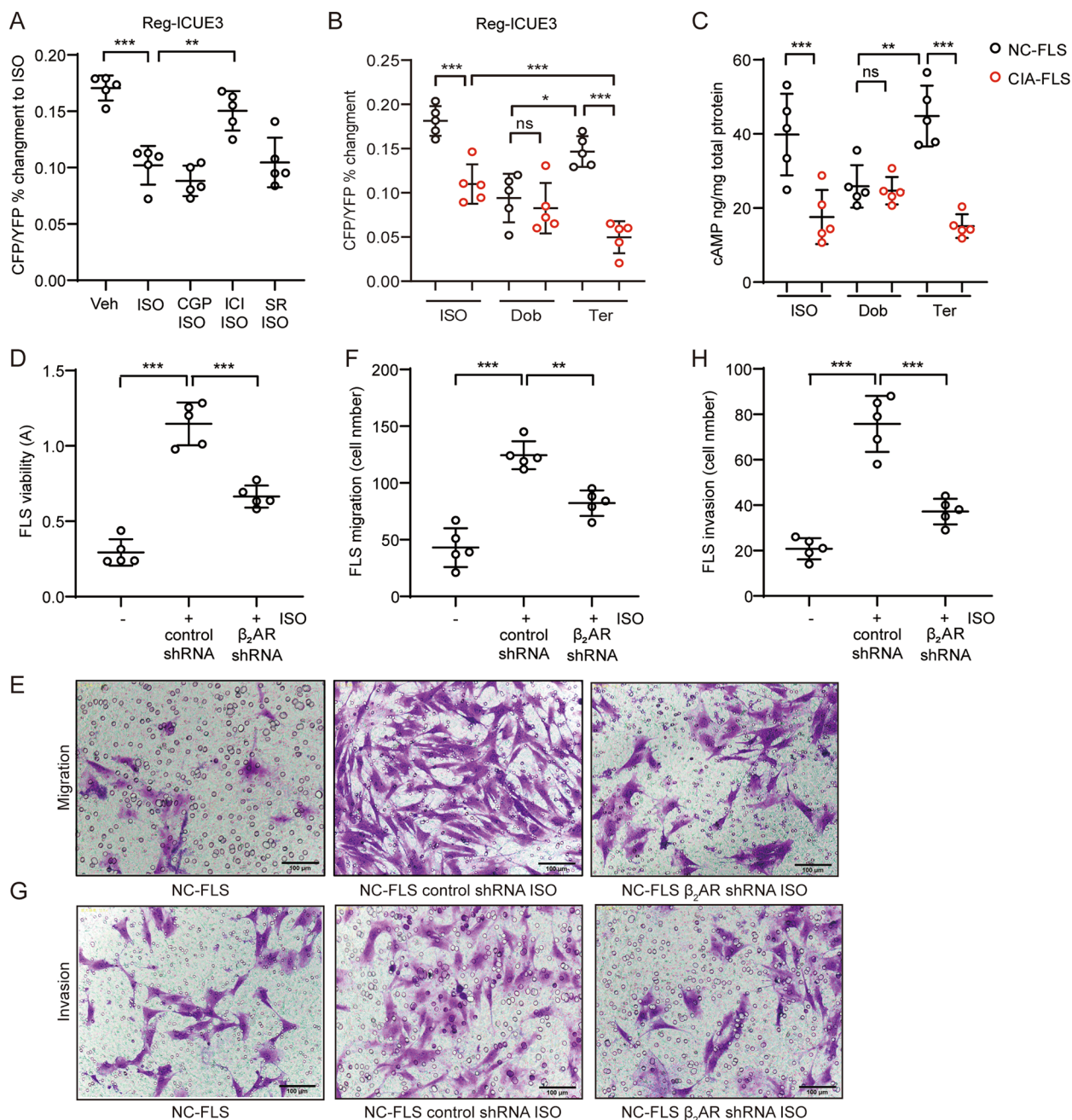
To determine which isotype of  $\beta$ AR contributes to the reduced Epi response in FLSs under inflammatory conditions, we chronically stimulated normal rat FLSs with 1  $\mu$ M ISO in the presence or absence of 1  $\mu$ M CGP ( $\beta_1$ AR antagonist), 1  $\mu$ M ICI ( $\beta_2$ AR antagonist), or 100 nM SR ( $\beta_3$ AR antagonist) overnight and then evaluated the response to ISO using FRET. As measured, overnight ISO treatment significantly abated the cAMP synthesis response, which was restored by pretreatment with ICI (Fig. 2A), indicating that  $\beta_2$ AR was functionally inhibited in FLSs under chronic overstimulation. Subsequently, we found that cAMP production in CIA FLSs was obviously inhibited in response to ISO or Ter challenge but was not inhibited in Dob-treated CIA FLSs (Fig. 2B), confirming that  $\beta_2$ AR was dysfunctional in inflammatory FLSs. The FRET data were further verified with a cAMP detection kit, and identical results were obtained (Fig. 2C). As we found that  $\beta_2$ AR was functionally impaired during chronic ISO stress, we knocked down  $\beta_2$ AR using shRNA in normal rat FLSs and then subjected the cells to stimulation with 1  $\mu$ M ISO to explore the role of

$\beta_2$ AR dysfunction in FLS activation. Cells transfected with control shRNA was markedly activated by chronic ISO treatment, while ISO-induced proliferation of FLSs transfected with  $\beta_2$ AR shRNA was obviously reduced (Fig. 2D). Similarly, migration and invasion were notably prevented in FLSs with  $\beta_2$ AR knockdown compared with control cells after ISO treatment (Fig. 2E-H), suggesting that ISO-induced activation of FLSs is attributed to  $\beta_2$ AR dysfunction.

#### $\beta_2$ AR inhibits cAMP production in CIA-FLSs by coupling with $G_{\alpha_i}$ instead of $G_{\alpha_s}$

Basically,  $\beta_2$ AR couples with  $G_{\alpha_s}$ , resulting in the production of cAMP under stimulation, but high-level and long-term stimulation with ISO significantly attenuated cAMP production induced by the selective  $\beta_2$ AR agonist Ter in FLSs. Bar partially recovers  $\beta_2$ AR-cAMP signaling at the high catecholamine status. FLSs transfected with  $G_{\alpha_s}$  siRNA prior to ISO chronic stimulation could not response to Ter challenge. However, FLSs transfected with  $G_{\alpha_i}$  siRNA could produce abundant cAMP upon Ter stimulation even have been pretreated with high concentration of ISO (Fig. 3A). It is well known that  $\beta_2$ AR can be desensitized and internalized via  $\beta$ arr2 under ligand stimulation. Indeed, we observed that ISO stimulation promoted the intracellular distribution of  $\beta_2$ AR, while the abundance of membrane  $\beta_2$ AR was decreased. Down-regulation of  $\beta$ arr2 expression by siRNA clearly inhibited the internalization of  $\beta_2$ AR in response to ISO stimulation (Fig. 3B-D), indicating that the internalization of  $\beta_2$ AR was  $\beta$ arr2 dependent. In addition, preventing  $\beta_2$ AR desensitization and internalization using Bar partially restored  $\beta_2$ AR cAMP production under high catecholamine conditions, suggesting that  $\beta$ arr2 may partially contribute to the reduced function of  $\beta_2$ AR during RA. Furthermore, we found that depletion of  $G_{\alpha_s}$  by a specific siRNA was not able to restore Ter-induced signalling, but surprisingly, inhibiting  $G_{\alpha_i}$  expression by siRNA transfection successfully restored Ter-induced cAMP production (Fig. 3A), indicating that high-level stimulation with ISO may lead to  $G_{\alpha_i}$  coupling of  $\beta_2$ AR. The Co-IP assay revealed that in normal FLSs,  $\beta_2$ AR was primarily bound by  $G_{\alpha_s}$  but exhibited limited binding of  $G_{\alpha_i}$ ; however, in CIA FLSs, more  $G_{\alpha_i}$  was coupled to  $\beta_2$ AR, with decreased  $G_{\alpha_s}$  binding (Fig. 3E-G). In addition, in CIA FLSs,  $G_{\alpha_s}$  expression was not notably changed, but  $G_{\alpha_i}$  and  $\beta_2$ AR expression was elevated (Fig. 3H-J). We further performed immunofluorescence staining to confirm the correlation between  $\beta_2$ AR (green) and  $G_{\alpha_s}/G_{\alpha_i}$  (red) in normal and CIA FLSs. The correlation ratio, Pearson correlation coefficient and overlap coefficient between  $\beta_2$ AR and  $G_{\alpha_s}$  were decreased in CIA FLSs compared with normal cells (Supplementary Fig. 2A, C-E). In contrast, the





**Fig. 2** Chronic Epi stimulation inhibits cAMP production and activates FLSs through  $\beta_2$ AR. **A** Intracellular cAMP production induced by ISO (100 nM) stimulation in normal rat FLSs that were treated with ISO (1  $\mu$ M) in the presence or absence of CGP (1  $\mu$ M), ICI (1  $\mu$ M) or 100 nM SR overnight was detected in the FRET system. **B** Intracellular cAMP production in normal or CIA rat FLSs treated with Ter (10  $\mu$ M), (10  $\mu$ M), or ISO (1  $\mu$ M) was detected in the FRET system. **C** The intracellular cAMP concentration in FLSs from normal or CIA rats treated with Ter or ISO was determined by a kit. **D** The effect of knocking down  $\beta_2$ AR on FLS viability was detected by a CCK-8 assay. **E, F** The effects of knocking down  $\beta_2$ AR on FLS migration were determined by a Transwell assay, and the data were analysed. Scale bar, 100  $\mu$ m. **G, H** The effects of knocking down  $\beta_2$ AR on FLS invasion were determined by a Transwell assay, and the data were analysed. Scale bar, 100  $\mu$ m. The data are presented as the means  $\pm$  SEMs; \* $p$  < 0.05, \*\* $p$  < 0.01, \*\*\* $p$  < 0.001;  $n$  = 5 animals per group

correlation parameters between  $\beta_2$ AR and  $G_{\alpha i}$  were obviously increased in CIA FLSs (Supplementary Fig. 2B, F-H). In addition, we further explored the pathological

downstream molecules that are responsible for acquisition of the CIA phenotype in normal FLSs under high-Epi conditions.  $G_{\alpha s}$ ,  $G_{\alpha i}$ , and  $\beta$ arr2 were individually



knocked down in rat FLSs by transfection of specific siRNAs, and the phenotype of FLSs in response to ISO stimulation was observed. Stimulating cells with ISO clearly promoted the proliferation, migration and invasion of normal rat FLSs. Deletion of  $\beta$ arr2 slightly inhibited ISO-induced FLS activation, and depletion of  $G_{\alpha s}$  minimally prevented ISO-induced FLS overactivation, including the increases in proliferation, migration and invasion. However, knocking down  $G_{\alpha i}$  effectively inhibited ISO-induced FLS hyperplasia and attenuated the arthritic morphology (Fig. 3K-M, Supplementary Fig. 3A and B). These results suggest that in addition to desensitization of  $\beta_2$ AR, the coupling of  $\beta_2$ AR to  $G_{\alpha i}$  is the primary event responsible for the acquisition of the CIA phenotype by normal FLSs under  $\beta$  adrenergic stress; however, the underlying mechanism is unknown.

### The increased $G_{\alpha i}$ binding of $\beta_2$ AR is attributed to GRK2 and can be restored by a GRK2 inhibitor

As revealed,  $\beta_2$ AR undergoes internalization upon chronic ISO stimulation through  $\beta$ arr2. We wanted to verify whether the ISO-induced coupling of  $G_{\alpha i}$  to  $\beta_2$ AR is also  $\beta$ arr2 dependent. However, the data showed that knocking down  $\beta$ arr2 minimally affected ISO-induced  $\beta_2$ AR- $G_{\alpha i}$  coupling and that the binding of  $\beta_2$ AR to  $G_{\alpha s}$  in ISO-stimulated FLSs was not obviously changed when  $\beta$ arr2 was knocked down (Fig. 4A-F). These results confirmed that ISO-induced  $\beta_2$ AR- $G_{\alpha s}$  coupling was not mediated by  $\beta$ arr2. Under physiological conditions, in response to ligand binding,  $\beta_2$ AR is activated, resulting in the production of cAMP, which in turn results in  $\beta_2$ AR phosphorylation by PKA. Moreover, the activation of  $\beta_2$ AR results in the recruitment and activation of GRK2, which can also phosphorylate  $\beta_2$ AR and regulate downstream signalling. The PKA inhibitor PKI, commercial GRK2 inhibitor PAR, and novel GRK2 inhibitor CP-25 were then used to pretreat normal rat FLSs prior to incubation with a high concentration of ISO overnight [15], and the FRET assay data showed that  $\beta_2$ AR stimulation by Ter failed to induce cAMP production in either ISO- or PKI + ISO-treated FLSs, but either PAR or CP-25 restored the  $\beta_2$ AR response (Fig. 4A), indicating that the desensitization of  $\beta_2$ AR during Epi stress is mediated

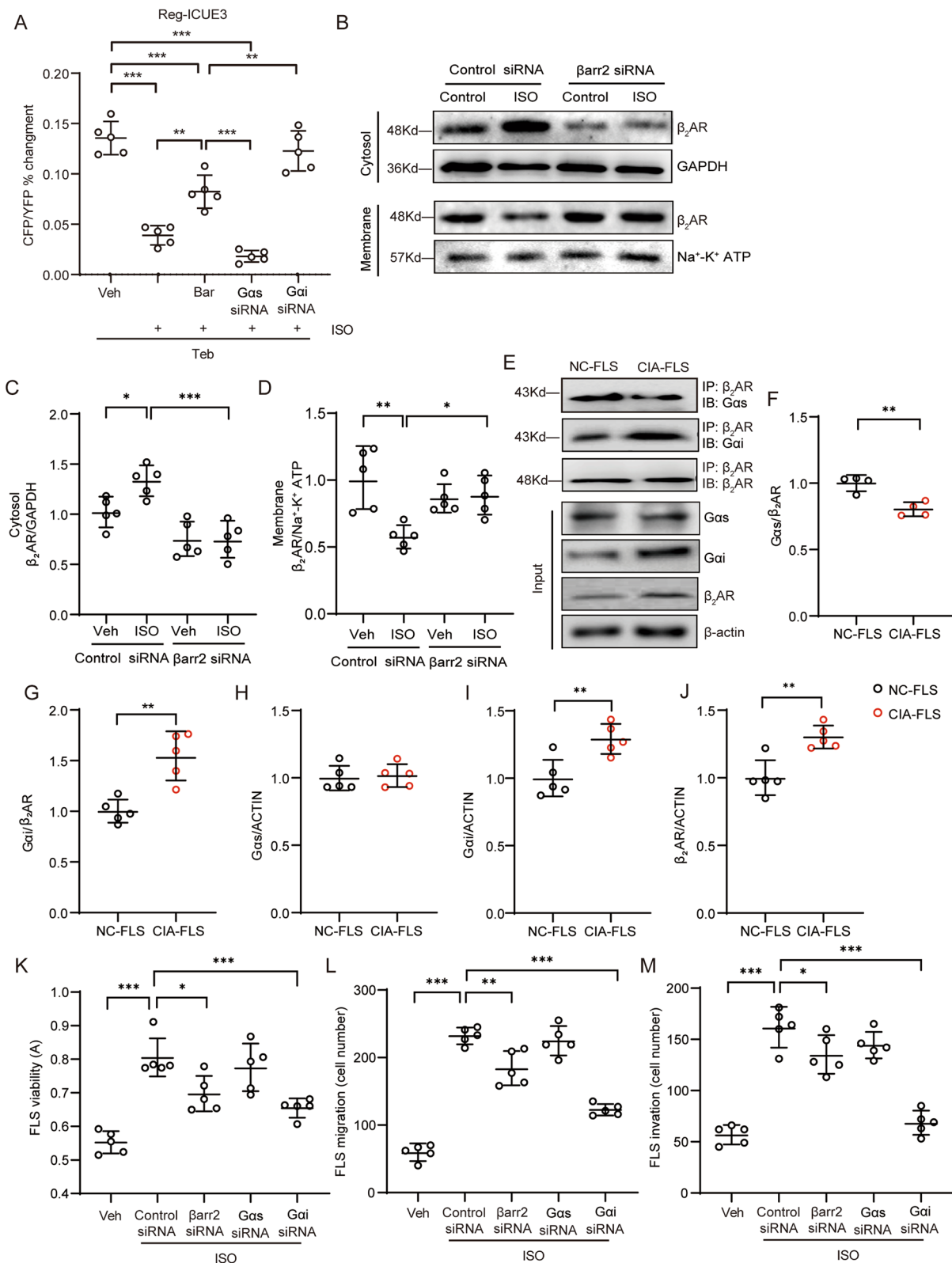
by GRK2 but not PKA. As expected, CP-25 specifically prevented the increased binding of  $G_{\alpha i}$  to  $\beta_2$ AR in ISO-treated rat FLSs and restored  $G_{\alpha s}$  coupling (Fig. 4B-D). However, in vitro CP-25 treatment did not significantly change the expression of  $G_{\alpha s}$  and  $G_{\alpha i}$  induced by ISO but slightly inhibited the expression of  $\beta_2$ AR, which was upregulated by ISO (Fig. 4B, E-G). The proliferation of FLSs from CIA rats was effectively inhibited by CP-25 treatment compared with Veh treatment in vitro (Fig. 4H). In addition, CP-25 successfully reduced the migration and invasion of CIA FLSs (Fig. 4I-K). These data indicate that high-level Epi stimulation-induced  $\beta_2$ AR- $G_{\alpha i}$  coupling is dependent on GRK2 and that blocking this pathological change by treatment with a selective GRK2 inhibitor may effectively inhibit hyperplasia of CIA FLSs.

### CIA in rats is substantially ameliorated by treatment with a GRK2 inhibitor, accompanied by marked inhibition of FLS hyperplasia

Considering the above results, we used CP-25 to treat CIA rats in vivo, with MTX as a positive control. The body weight of CIA rats was effectively restored by MTX administration (Fig. 5A). The increases in the global assessment score, arthritis index, number of swollen joints and paw swelling volume in CIA rats were substantially reduced by CP-25 or MTX treatment (Fig. 5B-E). However, CP-25 did not notably influence the increase in the serum Epi level in CIA rats; in contrast, MTX treatment significantly reduced Epi secretion (Fig. 5F), confirming that CP-25 restores the  $\beta_2$ AR response by restoring receptor sensitivity per se but not by affecting the circulating Epi level. Joint histological analysis showed that both CP-25 and MTX were able to significantly reduce joint inflammation, synovial pannus formation, cartilage destruction, and immune cell infiltration, as well as synoviocyte proliferation (Fig. 5G and H). Then, FLSs were isolated from rats that received individual treatment, and cell function was analysed. As expected, in vivo administration of CP-25 or MTX effectively inhibited the proliferation, migration and invasion of CIA FLSs (Fig. 6A-E). Taken together, in this work, we observed upregulated expression of Epi in the joints of

(See figure on next page.)

**Fig. 3**  $\beta_2$ AR inhibits cAMP production in CIA-FLSs by coupling with  $G_{\alpha i}$  instead of  $G_{\alpha s}$ . **A** Intracellular cAMP production in ISO (1  $\mu$ M)-treated normal rat FLSs that were pretreated with Bar (10  $\mu$ M),  $G_{\alpha s}$  siRNA, or  $G_{\alpha i}$  siRNA was detected in the FRET system. **B** The membrane and cytosolic distribution of  $\beta_2$ AR after ISO stimulation was evaluated in normal and  $\beta$ arr2-deficient rat FLSs. **C** The cytosolic expression of  $\beta_2$ AR was quantified. **D** The membrane expression of  $\beta_2$ AR was quantified. **E-G** The binding of  $\beta_2$ AR with  $G_{\alpha s}$  or  $G_{\alpha i}$  in FLSs from normal and CIA rats was determined by co-IP, and the data were analysed. **H-J** The expression of  $G_{\alpha s}$ ,  $G_{\alpha i}$ , and  $\beta_2$ AR in normal and CIA rat FLSs was analysed using input samples. **K** The effect of knocking down  $\beta$ arr2,  $G_{\alpha s}$ , or  $G_{\alpha i}$  on ISO-induced FLS viability was evaluated by a CCK-8 assay. **L** The effect of knocking down  $\beta$ arr2,  $G_{\alpha s}$ , or  $G_{\alpha i}$  on ISO-induced FLS migration was analysed. **M** The effect of knocking down  $\beta$ arr2,  $G_{\alpha s}$ , or  $G_{\alpha i}$  on ISO-induced FLS invasion was analysed. The data are presented as the means  $\pm$  SEMs; \* $p$  < 0.05, \*\* $p$  < 0.01, \*\*\* $p$  < 0.001, \*\*\*\* $p$  < 0.0001;  $n$  = 4–5 animals per group



**Fig. 3** (See legend on previous page.)

CIA rats, which led to the elevation of  $\beta_2$ AR expression in CIA FLSs, accompanied by a switch in the coupling of  $G_{\alpha_i}$  in a GRK2-dependent manner, resulting in FLS hyperplasia and severe joint inflammation. Inhibition of GRK2 by CP-25 effectively prevented the  $G_{\alpha_s}$ - $G_{\alpha_i}$  switch, restored the response of  $\beta_2$ AR in the setting of CIA and ultimately inhibited FLS activation and joint inflammation (Fig. 6F). These data reveal that the switch in  $G_{\alpha_s}$  to  $G_{\alpha_i}$  coupling to  $\beta_2$ AR under adrenergic stress is an important pathomechanism of FLS hyperplasia in RA and is an effective pharmacological target of the GRK2 inhibitor CP-25 in the treatment of experimental RA.

## Discussion

Synovial tissue is located in the inner layer of the joint cavity. In normal joints, FLSs are regularly arranged in one to three layers; however, in RA, synovial tissue becomes the target of inflammation and the initiator of joint destruction through its extensive proliferation and migration, as well as the formation of pannus that invade cartilage and bone [19]. The tumour-like pathological change in RA FLSs makes them similar to immortalized cancer cells. Commonly used antirheumatic drugs mainly target the overactivated immune response in immune cells, and hyperplasia of FLSs is almost completely ignored. Investigating the molecular mechanisms underlying the abnormal proliferation, migration, and invasion of FLS in RA is of great importance for controlling the onset and progression of RA [20].

Cell proliferation is usually controlled by intracellular cAMP, which is accepted as an important antiproliferative second messenger via its roles in inhibiting mitogen-activated protein kinase activity, increasing the expression of the cell cycle inhibitors p21cip1 and p27kip1, and reducing the expression of Cyclin D1 and D3 [21]. Evidence has also shown that cAMP-mediated cell growth inhibition depends on cAMP-mediated activation of Ras-association proximate 1 (Rap1), which is a small G protein that interacts with Raf-1, preventing Ras-induced ERK activation and finally inhibiting cell proliferation [22]. However, the roles of cAMP signalling in cell proliferation, differentiation, and migration are contradictory under certain conditions, including a low

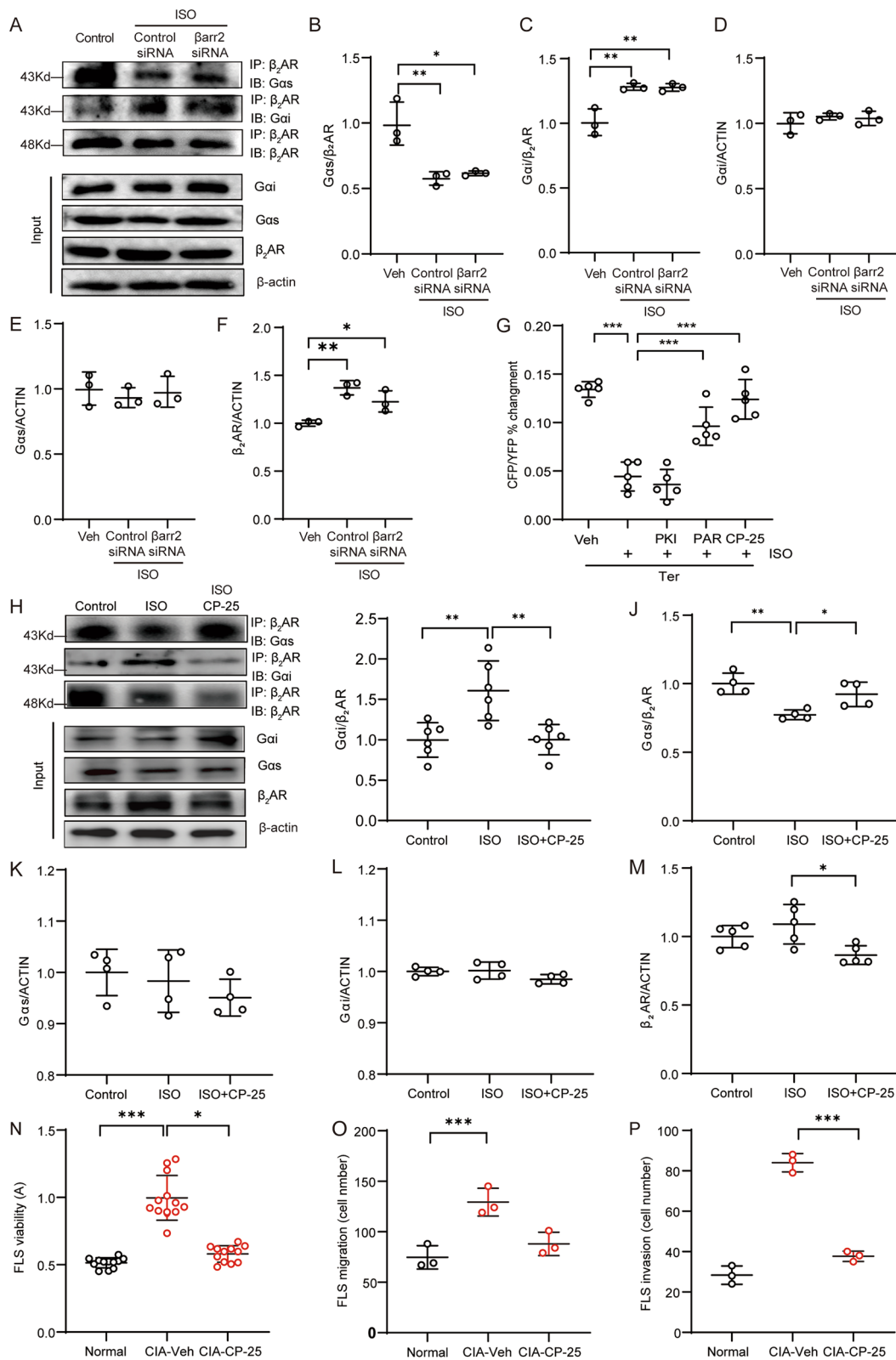
cell density and defective organ repair. In the setting of partial hepatectomy, the cAMP-dependent downstream kinase PKA phosphorylates cAMP response element binding protein (CREB) and triggers the transcription of cAMP responsive element modulator (CREM), leading to the proliferation of hepatocytes [23]. As previously described, in confluent cells, cAMP inhibits proliferation by phosphorylating Rap1 and subsequently prevents the activation of ERK. In contrast, in subconfluent cells, cAMP promotes the activation of ERK and contributes to proliferation [4]. Therefore, the role of cAMP in cell growth is dependent on the disease and extracellular microenvironment.

Many  $G_{\alpha_s}$ -coupled GPCRs are expressed on FLSs, among which  $\beta$ ARs are important receptors for the sympathetic neurotransmitter Epi, which has been found to be greatly enriched in the joint microenvironment. As reported, the sympathetic nervous system is activated by inflammation, and arthritis induced by CFA injection can facilitate neuroma formation by sympathetic nerve fibres [24], therefore, inflammation may contribute to the increased release of Epi in joints. Epi activates both  $\alpha$ ARs and  $\beta$ ARs, and they have all been revealed to play pathological roles in the pathogenesis of inflammatory arthritis [25]. To clarify how the high-Epi environment in cells influences and regulates the activation of FLSs and the function of  $\alpha$ ARs and  $\beta$ ARs, Epi was used to stimulate normal FLSs in vitro in combination with specific  $\alpha$ AR and  $\beta$ AR antagonists. Moreover, specific  $\alpha$ AR and  $\beta$ AR agonists were applied to confirm the pathological roles of each receptor. The findings were consistent with previous in vivo studies showing that treatment with neither nonselective nor selective  $\alpha$ AR antagonists effectively ameliorated arthritis, but treatment with two  $\beta$ AR antagonists was medicative [11]. Therefore, we demonstrated that a high level of Epi is able to promote FLS proliferation in vitro, accompanied by a reduced  $\beta$  adrenergic response, suggesting a pathological change in and effect of Epi- $\beta$ AR signalling in FLS hyperplasia.

$\beta$ ARs normally couple with  $G_{\alpha_s}$  and promote cAMP production after activation. In contrast,  $\beta_3$ AR has been reported to couple with  $G_{\alpha_i}$  but not  $G_{\alpha_s}$  in human cardiac myocytes and thus inhibit the activity of adenylyl

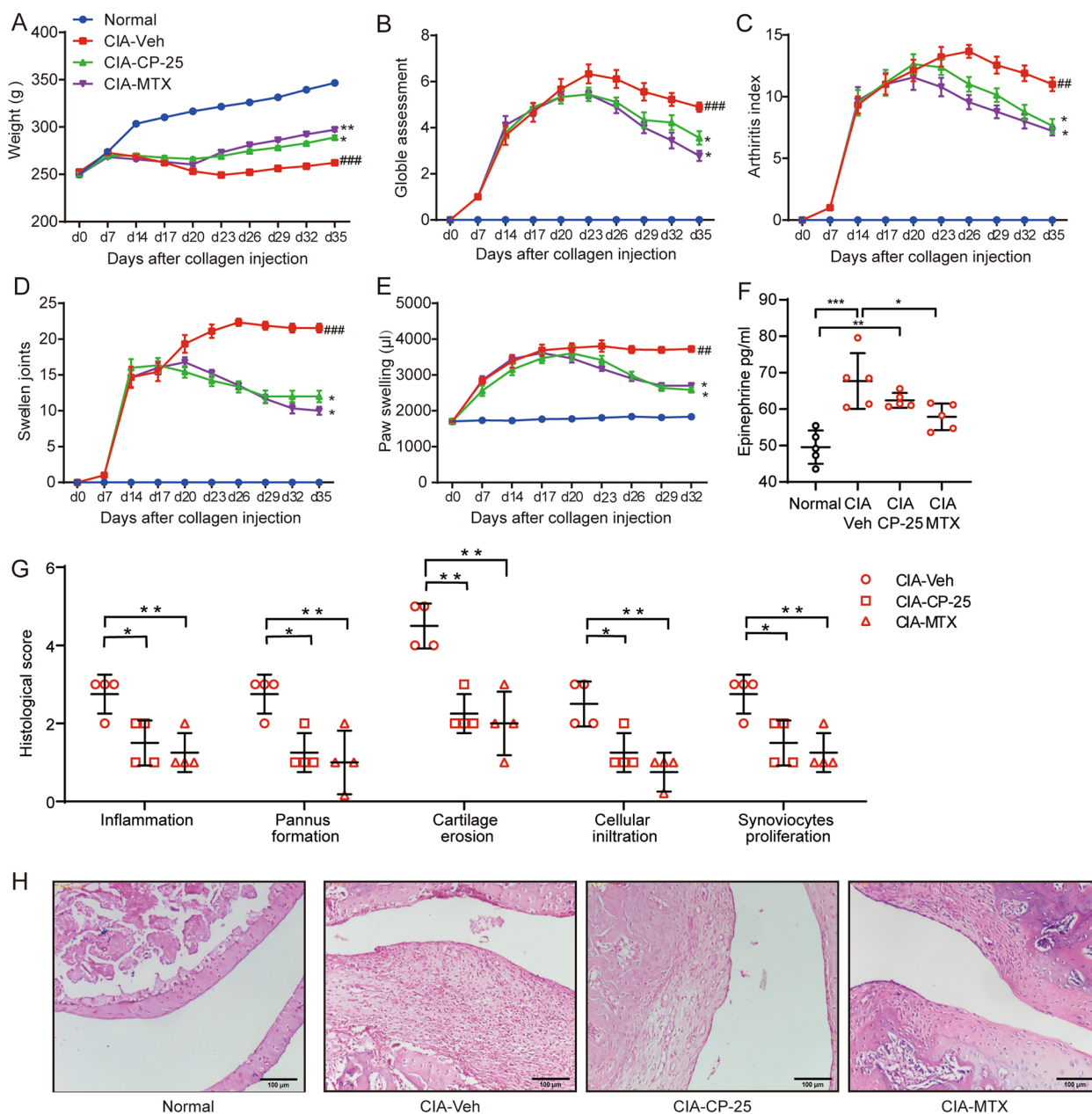
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**Fig. 4** The increased  $G_{\alpha_i}$  coupling to  $\beta_2$ AR is attributed to GRK2 and can be restored by a GRK2 inhibitor. **A-C** The correlation of  $\beta_2$ AR with  $G_{\alpha_s}$  or  $G_{\alpha_i}$  in  $\beta$ arr2 knockdown FLSs after ISO stimulation was evaluated by co-IP. **D-F** The expression of  $G_{\alpha_s}$ ,  $G_{\alpha_i}$  and  $\beta_2$ AR in  $\beta$ arr2-depleted rat FLSs in response to ISO stimulation was analysed using input samples. **G** Intracellular cAMP production induced by Ter (10  $\mu$ M) in ISO (1  $\mu$ M)-treated normal rat FLSs that were pretreated with PKI (1  $\mu$ M), PAR (1  $\mu$ M), or CP-25 (1  $\mu$ M) was detected in the FRET system. **H-J** The binding of  $\beta_2$ AR with  $G_{\alpha_s}$  or  $G_{\alpha_i}$  in rat FLSs treated with ISO or ISO+CP-25 was evaluated by co-IP, and the data were analysed. The expression of **(K)**  $G_{\alpha_s}$ , **(L)**  $G_{\alpha_i}$  or **(M)**  $\beta_2$ AR in input samples of FLSs from the indicated treated rats was detected by Western blotting. **(N)** The viability of CIA FLSs treated with ISO or ISO+CP-25 was evaluated by a CCK-8 assay. **(O)** The numbers of invaded cells in the different groups were compared. **(P)** The numbers of migrated cells in the different groups were compared. The data are presented as the means  $\pm$  SEMs; \* $p$  < 0.05, \*\* $p$  < 0.01, \*\*\* $p$  < 0.001;  $n$  = 3–5 animals per group



**Fig. 4** (See legend on previous page.)

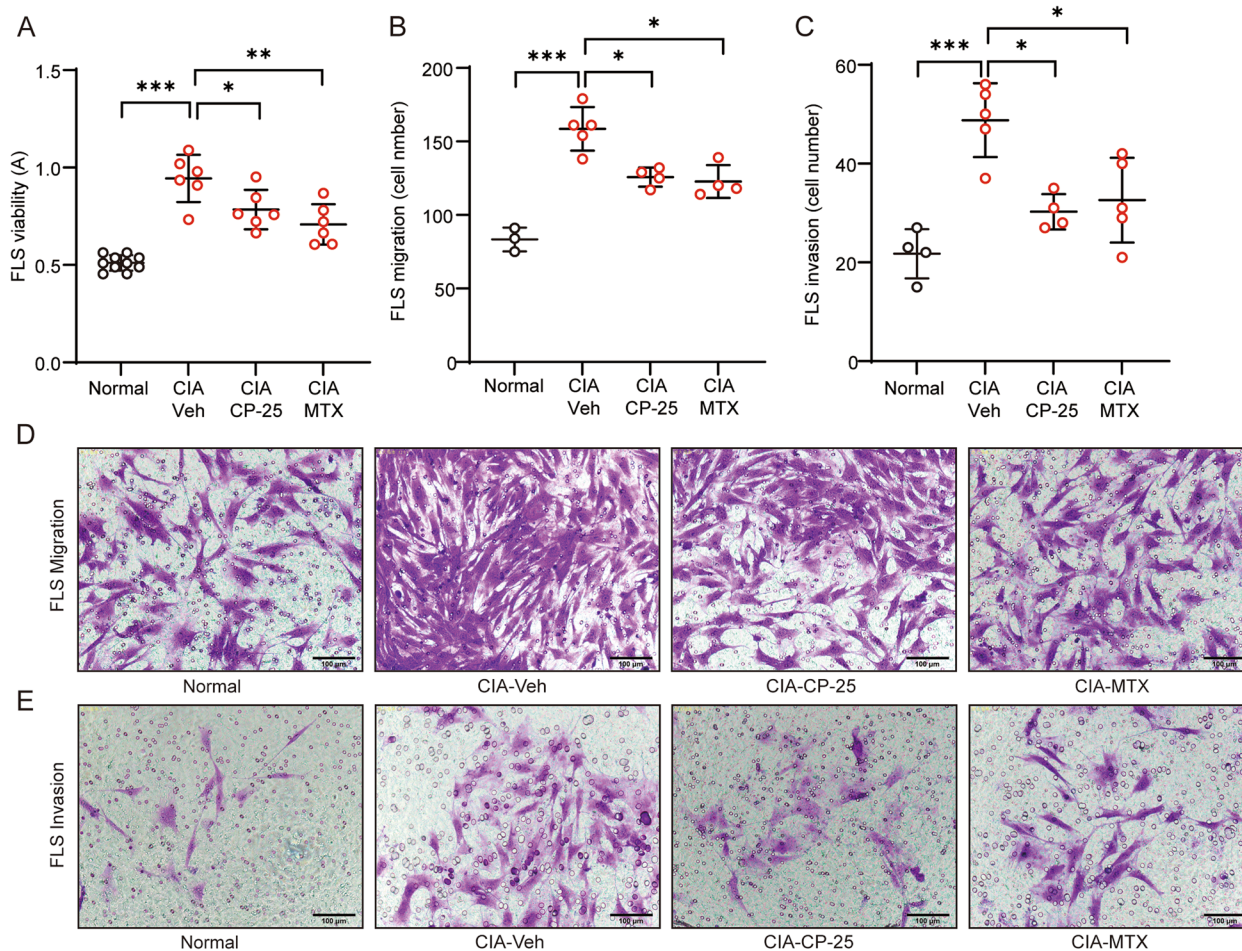




**Fig. 5** Rat CIA is substantially ameliorated by a GRK2 inhibitor, which markedly inhibits FLS hyperplasia. The **(A)** Body weight, **(B)** global assessment score, **(C)** arthritis index, **(D)** number of swollen joints, and **(E)** volume of the right hindpaw were recorded at the indicated time points. The data are presented as the means  $\pm$  SEMs; ## $p < 0.01$ , ### $p < 0.001$ , CIA-Veh vs. Normal group; \* $p < 0.05$ , \*\* $p < 0.01$ , treated group vs. CIA-Veh group. **(F)** The serum concentration of Epi in treated rats was measured by ELISA. **(G)** Analysis of joint pathology in the different groups. **(H)** Representative images of synovial tissue pathology in the different groups. Scale bar, 100  $\mu$ m. The data are presented as the means  $\pm$  SEMs; \* $p < 0.05$ , \*\* $p < 0.01$ , \*\*\* $p < 0.001$ ;  $n = 5$  animals per group

cyclase and prevent cAMP production [26]. Regarding the three isotypes,  $\beta_1$ AR is primarily located in the cardiovascular system,  $\beta_3$ AR is mainly expressed by adipocytes, and  $\beta_2$ AR is widely distributed and involved in the pathogenesis of many chronic diseases [27]. All three isotypes of receptors were detected in both normal and CIA

FLSs, and the data revealed that the expression levels of  $\beta_1$ AR and  $\beta_3$ AR were not different between normal and CIA FLSs; in particular,  $\beta_3$ AR was minimally expressed in FLSs, indicating that the inhibitory effect of  $\beta_3$ AR on cAMP production in FLSs could be ignored. However,  $\beta_2$ AR protein expression was significantly upregulated

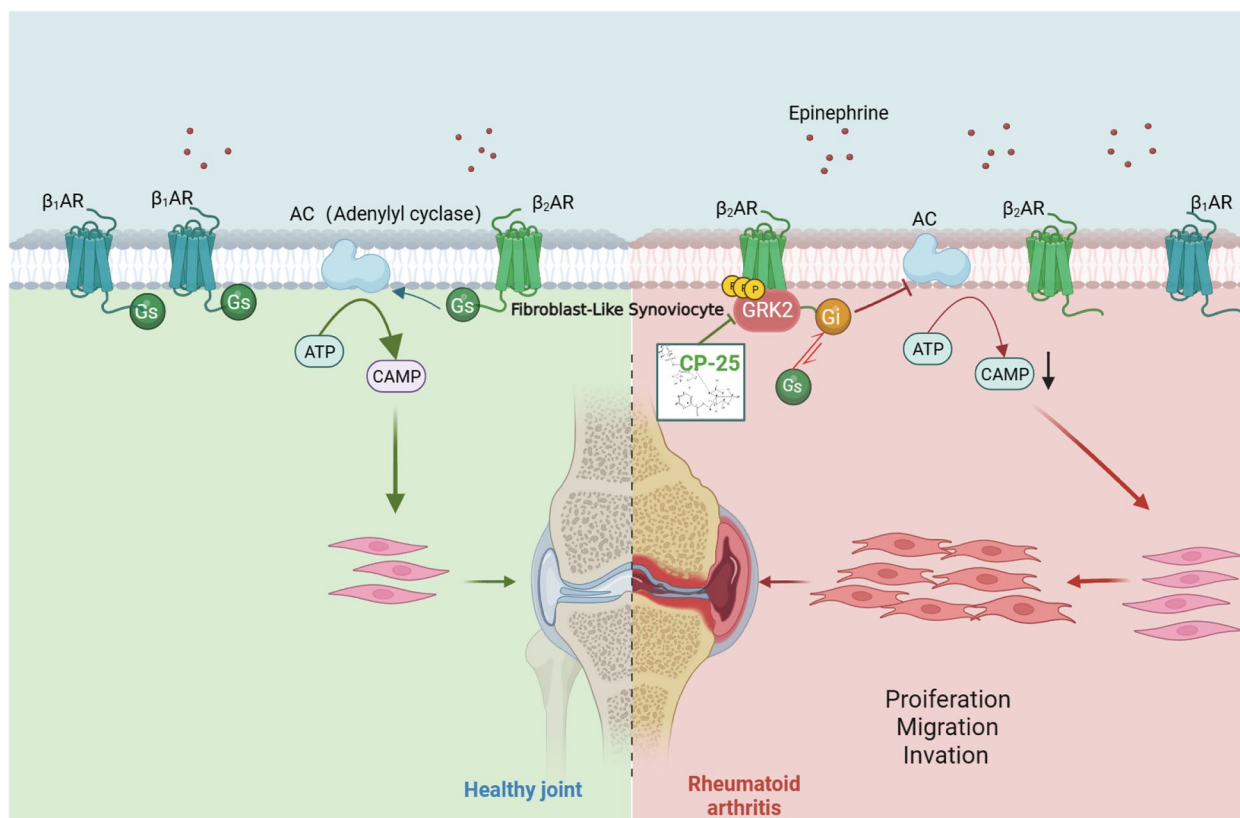


**Fig. 6** CP-25 treatment significantly prevents CIA FLS activation. **A** The viability of FLSs in different groups was evaluated by a CCK-8 assay. **B** The numbers of migrated cells in the different groups were compared. **C** The numbers of invaded cells in the different groups were compared. **D** The migration of FLSs in the different groups was evaluated by a Transwell assay. Scale bar, 100  $\mu$ m. **E** The invasion of FLSs in different groups was evaluated by a Transwell assay. Scale bar, 100  $\mu$ m. The data are presented as the means  $\pm$  SEMs; \* $p$  < 0.05, \*\* $p$  < 0.01, \*\*\* $p$  < 0.001;  $n$  = 3–5 animals per group

in CIA FLSs. However, commercial antibodies have been reported to lack specificity for  $\beta$ ARs [28–32]. Therefore, we further measured the mRNA expression of all three  $\beta$ ARs by qRT-PCR using specific primers and found that the mRNA level of  $\beta_2$ AR was elevated in inflammatory FLSs, consistent with the protein profile. To determine the  $\beta$ AR isotype that contributes to the impaired  $\beta$  adrenergic response, a receptor-selective agonist and antagonist were applied, pointing out the pathological effect of  $\beta_2$ AR on cAMP production upon ISO stimulation in rheumatic FLSs. Knocking down  $\beta_2$ AR effectively prevented ISO-induced FLS activation, migration and invasion, confirming that  $\beta_2$ AR dysfunction leads to FLS activation under Epi stress.

However,  $\beta_2$ AR has been revealed to have dual regulatory effects on inflammation, with inconclusive mechanisms. We observed upregulated expression of  $\beta_2$ AR in

CIA FLSs, but its cAMP induction ability was impaired. Studies have revealed a desensitization and internalization process of  $\beta_2$ AR when it is overactivated in a GRK2- and  $\beta$ arr2-dependent manner.  $\beta$ Arr2 acts as a scaffold protein to internalize GRK2-phosphorylated receptors through  $\beta_2$ -adaplin-mediated clathrin-coated pits on the cell membrane [33]. We previously reported that in RA FLSs, the expression of both GRK2 and  $\beta$ arr2 is significantly upregulated [34]. Bar is a novel inhibitor of the  $\beta$ arr2- $\beta_2$ -adaplin interaction and specifically blocks  $\beta_2$ AR internalization. Pretreatment with Bar only partially restored  $\beta_2$ AR signalling under ISO stress, indicating that receptor internalization contributes to  $\beta_2$ AR impairment, but there are some other mechanisms for  $\beta_2$ AR dysfunction. Although it has been revealed that  $\beta_2$ AR is able to couple with  $G_{\alpha i}$  physiologically in a  $G_{\alpha s}$ -dominant manner [35], here, we demonstrated that a switch in  $G_{\alpha s}$ - $G_{\alpha i}$



**Fig. 7** Graphical abstract. In normal synovial tissue,  $\beta$ -adrenergic receptors on FLSs activate adenylyl cyclase mainly by coupling with  $G_{\alpha s}$ , thereby maintaining a physiological intracellular cAMP level. In the inflammatory environment, increased Epi leads to a GRK2-mediated switch in  $G_{\alpha s}$ - $G_{\alpha i}$  coupling to  $\beta_2$ AR on FLSs and a decrease in intracellular cAMP production and subsequently promotes FLS proliferation, migration and invasion, resulting in RA. The novel GRK2 inhibitor CP-25 inhibits the hyperactivation of rheumatic synoviocytes and alleviates CIA through restoration of  $G_{\alpha s}$  coupling to  $\beta_2$ AR and maintenance of the  $\beta_2$ AR response in FLSs

coupling to  $\beta_2$ AR is induced by ISO overstimulation and that this process is initiated by GRK2, since inhibiting GRK2 activity effectively prevented the switch. This result suggests that  $\beta_2$ AR preferentially binds to  $G_{\alpha i}$  during the process of inflammation and that this change may be due to the conformational change after GRK2 phosphorylation.

Activation or upregulation of GRK2 has been detected in many chronic diseases, including autoimmune diseases, cardiovascular diseases and metabolic diseases [33]. PAR is a selective serotonin reuptake inhibitor used to treat depression and has been identified as a GRK2 inhibitor. PAR therapy can effectively relieve arthritis in AA rats, but its effect on the nervous system limits its application as an anti-inflammatory agent [36]. Therefore, the development of GRK2 inhibitors is an important research area. CP-25 is a derivative of paeoniflorin, which is the key ingredient of the commercial antirheumatic drug total glucosides of paeony. We have shown that the novel GRK2 inhibitor CP-25, which blocks the kinase domain of GRK2, could effectively ameliorate

experimental RA [13]. Furthermore, in this work, we demonstrated that CP-25 treatment successfully restored intracellular cAMP homeostasis in FLSs under catecholaminergic stress by preventing GRK2-mediated predominant coupling of  $G_{\alpha i}$  to  $\beta_2$ AR.

In conclusion, we revealed that the catecholamine-enriched microenvironment in arthritic joints leads to a GRK2-mediated switch in  $G_{\alpha s}$ - $G_{\alpha i}$  coupling to  $\beta_2$ AR on FLSs and to a decrease in intracellular cAMP production and finally promotes FLS hyperplasia, migration and invasion. The novel GRK2 inhibitor CP-25 inhibits the hyperactivation of rheumatic synoviocytes by restoring  $G_{\alpha s}$  coupling to  $\beta_2$ AR and maintaining the  $\beta_2$ AR response in FLSs (Fig. 7).

#### Abbreviations

AA	Adjuvant arthritis
ANOVA	Analysis of variance
Bar	Barbadin
$\beta$ arr2	$\beta$ -Arrestin2
$\beta_2$ AR	$\beta_2$ Adrenergic receptor
cAMP	Cyclic 3',5'-adenosine monophosphate



CCK-8	Cell counting kit-8
CFP	Cyan fluorescent protein
CIA	Collagen-induced arthritis
Co-IP	Coimmunoprecipitation
CP-25	Paeoniflorin-6'-O-benzene sulfonate
DMEM	Dulbecco's Modified Eagle Medium
Dob	Dobutamine
Dex	Dexamethasone
ELISA	Enzyme-linked immunosorbent assay
Epi	Epinephrine
ERK	Extracellular regulated protein kinase
FLSs	Fibroblast-like synovial cells
FRET	Fluorescence resonance energy transfer
GPCRs	G protein-coupled receptors
GRK2	G protein coupled receptor kinase 2
HRP	Horse radish peroxidase
IL-1 $\beta$	Interleukin-1 $\beta$
ISO	Isoproterenol
MMPs	Matrix metalloproteinases
MTX	Methotrexate
PAR	Paroxetine
Phent	Phentolamine
Pheny	Phenylephrine
Prop	Propranolol
PKA	Protein kinase A
PKI	PKA inhibitor
RA	Rheumatoid arthritis
qRT-PCR	Quantitative real-time PCR
SD	Standard deviation
SDS	Sodium dodecyl sulfate
shRNA	Short hairpin RNA
siRNA	Small interfering RNA
TBST	Tris-buffered saline containing 0.05% Tween 20
Ter	Terbutaline
TNF- $\alpha$	Tumour necrosis factor- $\alpha$
Veh	Vehicle
YFP	Yellow fluorescent protein

## Supplementary Information

The online version contains supplementary material available at <https://doi.org/10.1186/s12964-023-01358-z>.

**Additional file 1.** Uncropped, original Western blot data using antibodies specific for  $\beta_1$ AR,  $\beta_2$ AR,  $G_{\alpha s}$ ,  $G_{\alpha i}$  and  $\beta$ -actin; corresponding to Fig. 1, Fig. 3, and Fig. 4.

**Additional file 2: Supplementary Fig. 1.** Arthritis manifestations in the joints of CIA rats. The (A) Body weight, (B) global assessment score, (C) arthritis index, (D) number of swollen joints, and (E) volume of the right hindpaw were recorded at the indicated time points. The data are presented as the means  $\pm$  SEMs;  $***p < 0.001$ , CIA-Veh vs. Normal group;  $n = 5$  animals per group.

**Additional file 3: Supplementary Fig. 2.** The correlation between  $\beta_2$ AR and  $G_{\alpha s}$  or  $G_{\alpha i}$  in normal and CIA FLSs was evaluated using immunofluorescence images. (A) The colocalization of  $\beta_2$ AR and  $G_{\alpha s}$  in both groups of rat FLSs was detected by immunofluorescence staining. Scale bar, 200  $\mu$ m. (B) The colocalization of  $\beta_2$ AR and  $G_{\alpha i}$  in both groups of rat FLSs was detected by immunofluorescence staining. Scale bar, 200  $\mu$ m. The data are presented as the means  $\pm$  SEMs. (C) The correlation ratio, (D) Pearson correlation coefficient, and (E) overlap coefficient between  $\beta_2$ AR and  $G_{\alpha s}$  were analysed. (F) The correlation ratio, (G) Pearson correlation coefficient, and (H) overlap coefficient between  $\beta_2$ AR and  $G_{\alpha i}$  were analysed. The data are presented as the means  $\pm$  SEMs;  $**p < 0.01$ .

**Additional file 4: Supplementary Fig. 3.** The effect of  $\beta_2$ AR,  $G_{\alpha s}$ , and  $G_{\alpha i}$  on ISO-induced FLS migration and invasion. (A) The migration of ISO-induced normal rat FLSs with  $\beta_2$ AR,  $G_{\alpha s}$ , or  $G_{\alpha i}$  knockdown was evaluated by a Transwell assay. Scale bar, 100  $\mu$ m. (B) The invasion of ISO-induced normal rat FLSs with  $\beta_2$ AR,  $G_{\alpha s}$ , or  $G_{\alpha i}$  knockdown was evaluated by a Transwell assay. Scale bar, 100  $\mu$ m.

**Additional file 5: Supplementary Fig. 4.** The effect of CP-25 on the migration and invasion of CIA FLSs. The migration and invasion of CIA FLSs treated with ISO or ISO+CP-25 were evaluated by Transwell assays. Scale bar, 100  $\mu$ m.

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## Authors' contributions

MLG, LW, and FH performed most of the experiments, analysed the data, and wrote the initial manuscript draft. YT, RHF, DFH, PPG, HL, and YH performed the experiments, analysed the data, and revised the paper. QTW, WW and SLX designed and directed the study and revised the manuscript. All the authors have read and approved the final manuscript.

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## Availability of data materials

All data generated or analysed during this study are included in this published article [and its supplementary information files].

## Declarations

### Ethics approval and consent to participate

All experimental procedures were conducted in accordance with ethical regulations for animal care and use in China and approved by the Animal Ethical Council of Anhui Medical University. Animal welfare and experimental procedures were strictly in accordance with the guidelines for the care and use of laboratory animals.

### Consent for publication

All authors provided consent for publication.

### Competing interests

The authors declare no competing interests.

### Author details

<sup>1</sup>Institute of Clinical Pharmacology, Anhui Medical University, Key Laboratory of Anti-Inflammatory and Immune Medicine, Ministry of Education, Collaborative Innovation Center of Anti-Inflammatory and Immune Medicine, Hefei 230032, China. <sup>2</sup>Hefei Cancer Hospital, Chinese Academy of Sciences, Hefei 230031, China. <sup>3</sup>School of Pharmacy, Bengbu Medical College, Bengbu 233030, China. <sup>4</sup>Department of Orthopaedics, The First Affiliated Hospital of Anhui Medical University, Hefei 230032, China.

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