# **RESEARCH ARTICLE**





- <sup>2</sup> Antinociceptive effects of hydroalcoholic
- extract from *Euterpe oleracea* Mart. (Açaí) in a
- <sup>4</sup> rodent model of acute and neuropathic pain
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## 10 Abstract

- Background: Plants rich in flavonoids, such as açaí (*Euterpe oleraceae Mart.*), can induce antinociception in experimental animals. Here, we tested an extract obtained from the stones of açaí fruits (açaí stone extract, ASE), a native plant from the Amazon region of Brazil, in models of acute/inflammatory and chronic pain.
- Methods: Antinociceptive effects of ASE were evaluated in the hot plate, formalin, acetic acid writhing, carrageenan, and neuropathic pain models, as well as in thermal hyperalgesia and mechanical allodynia models induced by spinal nerve ligation. Antinociceptive activities were modulated by the administration of cholinergic, adrenergic, opioid, and L-arginine-NO antagonists.
- **Results:** Oral administration of ASE (30, 100, or 300 mg.kg<sup>-1</sup>) dose-dependently reduced nociceptive responses to acute/inflammatory pain in mice, including thermal hyperalgesia, acetic acid-induced writhing, and carrageenan-induced thermal hyperalgesia. Moreover, ASE reduced the neurogenic and inflammatory phases after intraplantar injection of formalin in mice. The antinociceptive effect of ASE (100 mg  $\cdot$  kg<sup>-1</sup>) in a hot plate protocol, was inhibited by pre-treatment with naloxone (1 mg  $\cdot$  kg<sup>-1</sup>), atropine (2 mg  $\cdot$  kg<sup>-1</sup>), yohimbine (5 mg  $\cdot$  kg<sup>-1</sup>), or L-NAME (30 mg  $\cdot$  kg<sup>-1</sup>). Furthermore, ASE prevented chronic pain in a rat spinal nerve ligation model, including thermal hyperalgesia and mechanical allodynia.
- 25 Conclusion: ASE showed significant antinociceptive effect via a multifactorial mechanism of action, indicating that the
   26 extract may be useful in the development of new analgesic drugs.
  - Keywords: Euterpe oleracea Mart, Arecaceae, Hyperalgesia, Allodynia, Acute and chronic pain

## 28 Background

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Pain can reduce normal activities and negatively impact
quality of life. Current options for the pharmacological
treatment of pain include non-steroidal anti-inflammatory
drugs and opioids, which unfortunately cause several side
effects. The biodiversity present in countries like Brazil
represents a potentially important source for development
of new analgesic compounds [1].

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*Euterpe oleracea* Mart., popularly known as "açaí", belongs to the family *Arecaceae* and is widely distributed in the Amazon region of Brazil. The fruit is an important source of food and is used as a medicinal plant for fever, pain, inflammation and anemia treatment [2].

Açaí fruits are rich in anthocyanic compounds (cyani-41din 3-O-rutinoside) and other polyphenols, such as epi-42catechine, catechine homoorientin, orientin, isovitexin,43and taxifolin deoxyhexose [3, 4], which have important44biological effects.45

Previously, we demonstrated that the hydro-alcoholic 46 extracted from açaí stones (açaí stone extract, ASE), which 47 is rich in polymeric proanthocyanidins, have important 48 vasodilatory [5], antihypertensive [6], antioxidant [7], and 49 anti-inflammatory [8] activities. As extracts from plants 50



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rich in flavonoids can show antinociceptive effects [9, 10],
we tested the effects of ASE in acute and chronic models
of pain, as well as the mechanisms underlying these
effects.

#### 55 Methods

#### 56 Preparation of ASE

E. oleracea Mart. fruits (açaí) were obtained from Ama-57 zon Bay (Belém do Pará, Brazil; excicata number 29052, 58 Museu Goeldi-Belem do Pará). Hydro-alcoholic extracts 59 were obtained from a decoction of the seeds of the fruits 60 as previously described by Moura et al. [8]. Briefly, 200 g 61 of açaí stone were boiled in 400 ml of distilled water for 62 5 min, mixed for 2 min, and then boiled again for 5 min. 63 The decoction was cooled to room temperature and 64 extracted by addition of 400 ml of ethanol with shaking 65 for 2 h. The extract was stored in dark bottles inside a re-66 frigerator (4 °C) for 10 days. After this maceration period, 67 hydroalcoholic extracts of acaí were filtered through 68 69 Whatman filter paper. Ethanol was evaporated by using a rotary evaporator (Fisatom Equipamentos Científicos Ltda 70 São Paulo, São Paulo, Brazil) under low pressure at 55 °C. 71 The extract was lyophilized (LIOTOP model 202, Fisatom 72 Equipamentos Científicos Ltda São Paulo) at temperatures 73 74 from -30 to -40 °C and under a vacuum of 200 mmHg, and frozen at -20 °C, until use. Typically, 100 g of stone 75 yielded approximately 5 g of lyophilized extract. 76

ASE was analyzed on an RP-18 column (250 mm × 77 4 mm, 5 µm particles) according to a procedure re-78 ported by Peng et al. [11]. Elution was conducted with 79 solvents A (0.2 % v/v phosphoric acid) and B (82 % v/v 80 acetonitrile, 0.04 % v/v phosphoric acid) at a flow rate 81 of 1 ml.min<sup>-1</sup>. Ultraviolet-visible (UV-vis)-DAD ab-82 sorption spectra were recorded on-line during High-83 84 Performance Liquid Chromatography (HPLC) analysis. The HPLC elution profile of ASE can indicate the 85 presence of proanthocyanidins [11]. The peak eluting at 86 37.2 min corresponded to catechin, as confirmed by 87 co-injection of a standard and by comparison of the 88 UV absorption spectra. The late elution (at 54.7 min) 89 and UV spectrum of the main peak are consistent with 90 91 the presence of polymeric proanthocyanidins, as previously described [8]. 92

#### 93 Animals and housing conditions

Male Swiss mice (18–25 g) and male Wistar rats (180–
220 g), obtained from Vital Brasil Institute and the
Federal University of Rio de Janeiro, respectively, were
housed under a 12 h light–dark cycle at 21 °C and 60 %
humidity, with food and water ad libitum. Protocols
were reviewed and approved by the institutional Animal
Care and Use Committee (CEUA, Ref. #DFBCICB061).

#### Drugs

Atropine, carrageenan, acetylsalicylic acid, indometh-102 acin, formaldehyde and L-nitro arginine methyl ester 103 (L-NAME) were purchased from Sigma (St Louis, MO, 104 USA). Yohimbine hydrochloride was purchased from 105 Tocris (Ellisville, MO, USA). Tramadol, naloxone, ami-106 triptyline hydrochloride and morphine sulfate were do-107 nated by Cristália Produtos Químicos e Farmacêuticos 108 Ltda (Itapira, SP, Brazil). ASE was dissolved in distilled 109 water (10 mg.ml<sup>-1</sup>, stock solution). 110

### Hot plate test

The hot plate test in mice [12] was used to test the effect 112 of orally administered ASE (30, 100 or 300 mg.kg<sup>-1</sup>) on 113 pain responses mediated by the central nervous system 114 (CNS). Oral tramadol (2 mg.kg<sup>-1</sup>) was used as a positive 115 control. Withdrawal latency (reaction time of the animal 116 when placed on a surface heated to 52 °C) was measured 117 before and 30 min after oral administration of either saline 118 tramadol (2 mg.kg<sup>-1</sup>) or ASE (30, 100 or 300 mg.kg<sup>-1</sup>). 119 Additional measurements were performed every 15 min 120 up to 120 min to determine the maximum possible effect 121 (%MPE), which occurred 20-25 min after ASE adminis-122 tration. Analgesic activity was calculated as the %MPE by 123 using the formula: %MPE = [(latency observed) – (latency 124  $[control] \times 100] / [(cut-off) - (latency control)] (Fig. 1).$ 

To investigate the possible mechanisms involved in 126 ASE activity animals received pre-administration of the 127 following antagonists: 30 mg.kg<sup>-1</sup> N<sup> $\omega$ </sup>-nitro-L-arginine 128 methyl ester (L-NAME, selective NOS inhibitor), 129 1 mg.kg<sup>-1</sup> naloxone (opioid antagonist), 2 mg.kg<sup>-1</sup> atropine (muscarinic antagonist), or 5 mg.kg<sup>-1</sup> yohimbine 131 ( $\alpha_{-2}$  adrenoceptor antagonist). A 100 mg.kg<sup>-1</sup> dose of 132 ASE, produced a MPE of 50 % and was used for the 133 mechanism of action experiments. 134

#### Formalin-induced hind paw-licking

The antinociceptive effect of ASE on neurogenic and 136 inflammatory pain was tested by using the formalin test 137 in mice [13]. Formalin (2.5 %, 20 µl) was administered 138 by intraplantar injection into the right hind paw 15 min 139 after oral administration of saline, acetylsalicylic acid 140 (150 mg. kg<sup>-1</sup>), morphine sulfate (30 mg.kg<sup>-1</sup>) or ASE 141 (30, 100, or 300 mg.kg<sup>-1</sup>). The duration of licking and 142 biting of the injected paw was monitored over 0-5 min 143 (early phase, neurogenic pain response) and 15-30 min 144 (late phase, inflammatory pain response). 145

#### Carrageenan-induced pain

Carrageenan-induced thermal hyperalgesia was evaluated in mice as described [12, 14]. Animals were placed 148 in transparent boxes on a glass surface, and a radiant 149 heat stimulus was applied through the glass onto the 150 hind paws until withdrawal. Latency was defined as the 151

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152 time between heat application and hind paw withdrawal. Peripheral inflammation was induced by intraplantar in-153 jection of carrageenan (1 %, 20 µl) into the right hind 154 paw at time zero. The latency of each animal to react to 155 the thermal stimulus was measured at different time 156 points before (control measure) and after carrageenan 157 injection. Saline, acetylsalicylic acid (150 mg.kg<sup>-1</sup>), or 158 ASE (30, 100, or 300 mg.kg<sup>-1</sup>) was administered orally 159 15 min before carrageenan. A cut-off time of 15 s was 160 used to avoid tissue damage. 161

#### 162 Acetic acid-induced writhing

Mice received intraperitoneally (i.p.) administered acetic 163 acid (0.6 %, 10  $\mu$ l.g<sup>-1</sup> v/v), as previously reported [15], 164 and were placed in a box (40 x 30 x 25 cm) in a quiet, il-165 luminated room. The resulting abdominal contortions 166 167 (writhes) were counted for 20 min, beginning 10 min after acetic acid administration, as previously described 168 [16]. Saline, the reference drug indomethacin (2 mg.kg 169  $^{-1}$ ) or ASE (30, 100, or 300 mg.kg $^{-1}$ ) was administered 170 orally 15 min before acetic acid. 171

#### 172 Spinal nerve ligation (SNL)

Neuropathic pain signs (thermal hyperalgesia and mech-173 174 anical allodynia) were induced by SNL as described [17]. Briefly, after anesthesia with ketamine (100 mg.kg<sup>-1</sup> i.p.) 175 and xylazine (5 mg.kg<sup>-1</sup> i.p.), Wistar rats (180-220 g), 176 were placed in the prone position. The right L5 spinal 177 nerve was isolated and tightly ligated with 6.0 silk 178 179 threads. After the procedure, the wound was sutured. Animals were individually housed after surgery for the 180 181 remainder of the study.

## Antinociceptive effect on SNL-induced thermal hyperalgesia 182 and mechanical allodynia 183

Thermal hyperalgesia was assessed using latency of paw 184 withdraw [14, 18] from a radiant heat source applied to 185 the plantar surface of the hind paws. Animals were 186 placed in transparent acrylic boxes for 20-30 min to 187 acclimatize before application of radiant heat through 188 the glass flooring. Latency from stimulus onset to paw 189 withdrawal was measured across three trials with a cut-190 off of 30 s. 191

Mechanical allodynia was assessed by using a digital 192 version of the Von Frey filaments [18]. Rats were placed 193 in individual acrylic boxes for 30 min to acclimatize. 194 Stimuli were applied to the plantar region of the hind 195 paw, and the withdrawal threshold was assessed across 196 five trials with a cutoff of 120 g. Control measurements 197 were taken before and 7 days after SNL. Rats were sub-198 jected to thermal hyperalgesia and mechanical allodynia 199 tests to confirm the success of SNL surgery and the on-200 set of neuropathic pain. After daily treatment with ASE 201 for 7 days, pain tests were repeated. 202

#### Statistical analysis

Data are reported as the mean  $\pm$  standard error of the mean 204 (S.E.M.). One-way ANOVA followed by the Newman-Keuls 205 test was used to analyze the effects of ASE on the hot 206 plate test, formalin-induced pain, and acetic acid-207 induced writhing. Two-way ANOVA followed by the 208 Bonferroni post-hoc test was used to analyze the effects 209 of ASE on the carragenin-induced pain and on the SNL 210 experiments. Data were graphed and statistically analyzed by using GraphPad Prism 5.0. Differences were 212 considered significant when the *p* value <0.05. 213

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#### 214 Results and discussion

#### 215 Hot plate test

Treatment with 30, 100, or 300 mg.kg-1 ASE dose-216 dependently increased the %MPE to  $39.1 \pm 10.0$ ,  $51.9 \pm 9.5$ , 217 or  $94.7 \pm 4.4$  %, respectively (Fig. 1a, n = 10 per group, 218 p < 0.05). The %MPE was also increased by tramadol 219  $(2 \text{ mg.kg}^{-1})$  to  $78.3 \pm 10.3$  % (n = 10, p < 0.05). Pre-220 treatment with i.p. administration of L-NAME (30 mg.kg 221 <sup>1</sup>), naloxone (1 mg.kg<sup>-1</sup>), yohimbine (5 mg.kg<sup>-1</sup>) or atro-222 pine (2 mg.kg<sup>-1</sup>) reduced the antinociceptive effect of ASE 223  $(100 \text{ mg.kg}^{-1})$  from 51.9 ± 9.5 to 8.9 ± 3.3, 8.3 ± 3.3, 13.6 ± 224 4.1, or  $26.2 \pm 6.8$  %, respectively (Fig. 1b, n = 10 per group, 225 p < 0.05). 226

Nociception induced by thermal stimulation (hot plate test) is used to evaluate antinociceptive agents that act centrally but not peripherally [19]. This test involves various physiological systems, including cholinergic, adrenergic, opioid, and L-arginine/NO, which may be targets for antinociceptive compounds.

The importance of the sympathetic nervous system in 233 pain modulation has been known since 1904, when Weber 234 [20] demonstrated the antinociceptive effect of epineph-235 rine injected in the spinal cord of a cat. Intrathecal or 236 237 intraperitoneal administration of α2-adrenoceptor agonists induces significant antinociceptive effects in the hot plate 238 test in rodents [21]. Here, the  $\alpha$ 2-adrenoceptor antagonist 239 yohimbine inhibited the antinociceptive effect of ASE, 240 supporting involvement of the adrenergic system on pain 241 modulation, consistent with others flavonoids [22]. The 242 antinociceptive effect of ASE is probably dependent on 243 flavonoids content, because flavones [23], and guercetine 244 [24] have similar effect in animals. Specifically, polymeric 245 proanthocyanidins, which are common compounds in 246 our extract, may underlie the antinociceptive effects, as 247 seem with proanthocyanidins obtained from Croton 248 celtidifolius bark [9]. 249

Morphine is considered to be the gold standard drug 250 for systemic pain treatment. However, prolonged use of 251 252 morphine induces tolerance and hyperalgesia. In the present study naloxone, an opioid antagonist blocked 253 the anti-nociceptive effects of ASE. Opioid mechanisms 254 also modulate the antinociceptive effects of flavones 255 compounds [23] and guercetin [22]. Muscarinic cholin-256 ergic receptors are present along the pain pathway 257 from the dorsal root ganglia to somatosensory cortex 258 [25], and muscarinic agonists have antinociceptive 259 260 effects in rodents [18]. Inhibition of muscarinic receptors by atropine reduced, but did not abolish the anti-261 nociceptive effect of ASE. This finding suggests that 262 cholinergic mechanisms may mediate these activities. 263

The L-arginine–nitric oxide (NO)/cyclic guanosine monophosphate (cGMP) pathway also modulate pain responses [26]. NO activates soluble guanylyl cyclase, leading to the production of cGMPn which activates cGMP-dependent protein kinase to open ATP-sensitive 268  $K^+$  channels, leading to neuronal hyperpolarization and 269 spinal and peripheral antinociception [27]. In this study, 270 the NO synthesis inhibitor L-NAME inhibited the anti-271 nociceptive effect of ASE. This inhibition demonstrates 272 the involvement of the L-arginine-NO-pathway to the 273 antinociceptive activities of ASE. Inhibition of NO syn-274 thesis antagonizes the activities of several antinociceptive 275 compounds [28]. 276

Taken together, these results indicate that ASE has an277antinociceptive effect that is modulated by the choliner-278gic, adrenergic, opioid, and L-arginine-NO pathways. In279addition, reactive oxygen species can enhance nocicep-280tive responses [29], and ASE may block these responses281via antioxidant activities and increasing NO-synthase to282release NO [30].283

### Formalin-induced hind paw-licking test

The total amounts of time spent licking, scratching, or 285 biting during the neurogenic and inflammatory phases 286 after intraplantar injection of formalin were  $73.1 \pm 6.1$  s 287 and  $207.8 \pm 19.0$  s, respectively (Fig. 2). Reactivity in the 288 neurogenic phase was not affected by oral administra- 289

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and 207.8  $\pm$  19.0 s, respectively (Fig. 2). Reactivity in the 288 F2 neurogenic phase was not affected by oral administration of the lowest doses of ASE (30 mg.kg<sup>-1</sup>) or acetyl- 290 salicylic acid (150 mg.kg<sup>-1</sup>), but was reduced by higher 291 doses (100 and 300 mg.kg<sup>-1</sup> ASE) to 45.6  $\pm$  5.0 s and 292



 $36.4 \pm 5.3$  s, respectively (*p* < 0.05). Reactivity in the 293 inflammatory phase was reduced by acetylsalicylic acid to 294  $101.9 \pm 14.9$  s and by (30, 100, or 300 mg.kg<sup>-1</sup> ASE) to 295  $122.5 \pm 14.5$  s,  $90.1 \pm 15.2$  s and  $106.4 \pm 11.0$  s, respectively 296 (p < 0.05).297

Intraplantar injection of formalin in rodents induces 298 nociceptive-related behavior when assessed over two 299 300 temporally distinct phases [13]. The first phase is induced by a direct activation of peripheral afferent C-fibers. The 301 second phase is mediated by ongoing stimulation of noci-302 ceptors by inflammatory mediators (serotonin, histamine, 303 bradykinin, NO, and prostaglandins) released from injured 304 tissue, leading to activity-dependent sensitization of CNS 305 neurons within the dorsal horn [31]. Local anesthetics and 306 morphine inhibit the first phase whereas NSAIDs in-307 hibit the second inflammatory phase. In this study, we 308 found that ASE inhibited the first phase, probably due to 309 interaction with CNS targets. ASE reduced reactivity in 310 the second phase; this finding suggests that ASE has anti-311 inflammatory activities, perhaps via inhibition of cyclooxy-312 genase 1 and 2 [4]. 313

#### Carrageenan-induced pain test 314

315 Intraplantar administration of carrageenan reduced paw 316 withdrawal latency to heat stimulation to  $55.4 \pm 5.7$  % of F3 317 control (Fig. 3). The effect of carrageenan was noted 5 min after administration, sustained for 150 min, and not 318 affected by oral administration of ASE (30 mg.kg<sup>-1</sup>). 319 However, higher doses of ASE (100 and 300 mg.kg<sup>-1</sup>) or 320 acetylsalicylic acid (150 mg.kg<sup>-1</sup>) reduced the effect of car-321 rageenan on paw withdrawal latency. 322

After carrageenan-induced inflammation, noxious stim-323 uli elicit an enhanced pain response (hyperalgesia) [14]. 324 This enhanced synaptic transmission is essential for central 325 sensitization. ASE prevented the appearance of this 326 sensitization, supporting its antinociceptive effects in 327 inflammatory pain. Some flavonoids in açaí are modu-328 late proinflammatory cytokine production [32]. Carra-329 330 geenan stimulates the release of tissue necrosis factor 331 (TNF)- $\alpha$ , interleukin (IL)-1 $\beta$  and IL-6, with subsequent increases in COX products and IL-8, to stimulate local 332 production of sympathetic amines [33]. Therefore, ASE 333 may block the cascade of cytokine release induced by 334 carrageenan-induced sensitization to produce analgesia 335 336 in inflammatory pain.

#### Acetic acid-induced writhing test 337

ASE at 100 and 300 mg.kg<sup>-1</sup> dose-dependently reduced 338 the number of abdominal contractions in response to 339 340 acetic acid from  $61.0 \pm 4.8$  (saline) to  $44.5 \pm 4.2$  and  $26.9 \pm$ 2.5, respectively (p < 0.05). This effect was not significant 341 at the lowest dose of ASE (30 mg.kg<sup>-1</sup>), which slightly 342

0 60 90 120 30 150 Time (min) carrageenan Fig. 3 Effect anti-hyperalgesic of ASE and acetylsalicylic acid on the carrageenan test. The points represent the mean  $\pm$  SEM (n = 10) \*P < 0.05 versus saline. Two-way ANOVA followed by Bonferroni post

hoc test

reduced contractions to  $50.5 \pm 4.4$ . The reference drug 343 indomethacin (2 mg.kg<sup>-1</sup>) reduced contractions to  $34.4 \pm$ 344 5.1 (Fig. 4). 345 F4

The acetic acid-induced writhing test is a screening tool 346 for assessment of antinociceptive and anti-inflammatory 347 agents [34]. Intraperitoneal injection of acetic acid in-348 creases pain mediators, such as prostaglandins, lipoxygen-349 ase, cyclooxygenase, histamine, serotonin, bradykinin, 350 substance P, IL-1β, IL-8, and TNF-α [34, 35], which 351 increase vascular permeability and reduce the nociceptive 352 threshold, causing stimulation of nociceptive terminals to 353 induce abdominal writhing. The writhing response starts a 354 few minutes after acetic acid injection. Reduction of this 355 behavior is used to test the efficacy of drugs with visceral 356 antinociceptive activity [36]. We measured the writhing 357 response for 20 min starting 10 min after acetic acid injec-358 tion to avoid counting stress reaction of the animal due to 359 manipulation. We found similar writhing levels to other 360 studies that measured the reaction for 30 min starting 361 5 min after acetic acid administration [16, 37]. Pre-362 treatment with ASE reduced the acetic acid-induced writh-363 ing response, suggesting reduced synthesis or release of 364 pain modulators. 365

Saline Acetylsalicylic acid 150 mg.kg<sup>-1</sup> ASE 30 mg.kg<sup>-1</sup> ASE 100 mg.kg<sup>-1</sup> ASE 300 mg.kg 120 \_atency (% control) 100 80 60 40 20

Fig. 4 Effect of ASE and indomethacin on the acetic acid-induced writhing test. The number of writhing was evaluated during 30 minutes. The bars represent the mean  $\pm$  SEM (n = 10). \*P < 0.05 versus saline. ANOVA followed by Newman-Keuls test

SNL-induced thermal hyperalgesia and mechanical allodynia 366 ASE (10, 30, or 100 mg.kg<sup>-1</sup>) dose-dependently prevented 367 development of thermal hyperalgesia and mechanical allo- 368 dvnia in SNL rats on the ipsilateral side (Fig 5a and b), but 369 F5 no effect was observed on the contralateral side. At 7 days 370 after surgery, the thermal withdrawal duration was re- 371 duced from  $13.6 \pm 0.5$  s to  $7.4 \pm 0.9$  s (n = 4). ASE had 372 significant effects from day 1 to 7 of treatment, reaching 373  $13.2 \pm 0.4$  s. Treatment with 10 or 30 mg.kg<sup>-1</sup> ASE was as 374 effective as 10 mg.kg<sup>-1</sup> amitriptyline. The mechanical with- 375 drawal threshold was reduced 7 days after surgery from 376  $40.5 \pm 0.6$  g to  $18.8 \pm 1.0$  g. After 7 days of treatment, ASE 377 (100 mg.kg<sup>-1</sup>, n = 4) increased this threshold to  $32.9 \pm 378$ 3.2 g, similar to amitriptyline (10 mg.kg<sup>-1</sup>, n = 4). ASE had 379 no effect on withdrawal duration or withdrawal threshold 380 in the contralateral paw (Fig. 5). 381

Chronic pain with neuropathic features affects 7-8 % 382 of the general population [38]. Unfortunately, current 383 pharmacotherapies used to treat the main symptoms of 384 this disorder, hyperalgesia and allodynia, are not com-385 pletely effective. Oral administration of ASE over 7 days 386 prevented the development of thermal hyperalgesia and 387 mechanical allodynia in rats with SNL. Analgesic effects 388 of ASE in this model were observed from 1 to 7 days 389 after treatment with no signs of tolerance, which is a 390 drawback of morphine [39]. Furthermore, side effects 391 such as sedation were not observed after prolonged ASE 392 treatment, providing an advantage over amitriptyline, 393 which is sedative in humans [40]. A combination of the 394



indomethacin 2 mg.kg<sup>-1</sup>

ASE 30 ma.ka<sup>-1</sup>

ASE 100 mg.kg<sup>-1</sup>

ASE 300 ma.ka<sup>-1</sup>

Saline Saline

Number of contractions

80

70

60

50

40

30

20

10

0



Fig. 5 Antinociceptive effect of ASE or amitriptyline in SNL rats. The ASE and amitriptyline were once daily administered by gavage during 7 days. a) Latency in response to thermal stimulation and b) Withdrawal threshold in response to mechanical stimulation applied to the paw of rats submitted to SNL. The points represent the mean  $\pm$  SEM (n = 4). \*P < 0.05 versus day 0; <sup>#</sup>P < 0.05 versus day 7. Two-way ANOVA followed by Bonferroni post hoc test

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CNS and anti-inflammatory effects of ASE may underliethe antinociceptive effects in rats subjected to SNL.

Flavonoids such as the polyphenolic compounds rutin 397 and quercetin have anti-inflammatory [41], analgesic 398 [42], and antioxidant [43] effects. SNL is a neuropathic 399 pain model used in rats that mimics the pain sensations 400 experienced by human patients [44]. ASE had compar-401 402 able efficacy to the clinical drug amitriptyline, in treating SNL-induced neuropathic pain. Others flavonoids can 403 impact animal models of neuropathic pain. For example, 404 Azevedo et al. [24] showed that rutin and quercetin pre-405 vented thermal and mechanical nociceptive responses in 406 oxaliplatin-induced neuropathic pain in mice by mediat-407 408 ing oxidative stress-induced damage.

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#### 409 Conclusions

410 The present study demonstrates a significant and potent

- 411 antinociceptive effect of oral ASE. The mechanism of this
- 412 antinociceptive effect is not completely understood, but
- 413 probably involves various pathophysiological systems.
- 414 These findings indicate the possibility for development of
- 415 a new analgesic drug.

#### 416 Competing interests

- 417 Roberto Soares de Moura is inventor of a patent that may support the
- 418 development of a product. The others authors state no competing interests.

#### 419 Authors' contributions

- 420 RTS, GZS and RSM idealized the study, designed the experiments and helped
- 421 to write the article. CESM, RVA, MLN and ACR were responsible to perform the
- 422 experiments. PJCS and RSM carry out the preparation of extract from *Euterpe* 423 *oleracea*. All authors read and approved the final version of the manuscript
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