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A meta-analysis of treatment for early-stage cervical cancer: open versus minimally invasive radical trachelectomy

Zi Lv^{1,2}, Yu-ying Wang³, Yu-wen Wang³, Jun-jie He³, Wen-wei Lan³, Jia-ying Peng³, Zi-han Lin³, Ruo-fei Zhu^{4,5}, Jie Zhou^{4,5}, Zi-qi Chen³, Ying-hui Jiang³, Yi Yuan^{1,2,3*} and Jian Xiong^{4,5*}

Abstract

Background In previous systematic reviews, meta-analysis was lacking, resulting in the statistical difference between the data of different surgeries being impossible to judge. This meta-analysis aims to contrast the fertility results and cancer outcomes between open and minimally invasive surgery.

Method We systematically searched databases including PubMed, Embase, Cochrane, and Scopus to collect studies that included open and minimally invasive radical trachelectomy. A random-effect model calculated the weighted average difference of each primary outcome via Review Manager V.5.4.

Result Eight studies (1369 patients) were incorporated into our study. For fertility results, the Open group excels MIS group in pregnancies-Third trimester delivery [OR = 2.68; 95% CI (1.29, 5.59); $P = 0.008$]. Nevertheless, there is no statistical difference in clinical pregnancy, miscarriage, and second-trimester rate. Concerning cancer outcomes, no difference was detected in the overall survival [OR = 1.56; 95% CI (0.70, 3.45); $P = 0.27$] and recurrence [OR = 0.63; 95% CI (0.35, 1.12); $P = 0.12$]. Concerning surgery-related outcomes, the comprehensive effects revealed that the estimated blood loss of the Open group was higher than that of the MIS group [MD = 139.40; 95% CI (79.05, 199.75); $P < 0.0001$]. However, there was no difference between the postoperative complication rate in the two groups [OR = 1.52; 95% CI (0.89, 2.60); $P = 0.12$].

Conclusion This meta-analysis suggested that the fertility result of the Open group may be better than the MIS group, while the MIS group has better surgery-related outcomes. Owing to the poor cases of our study, a more robust conclusion requires more relevant articles in the future.

Systematic review registration PROSPERO CRD42022352999.

Keywords Radical trachelectomy, Cervical cancer, Fertility-sparing surgery, Meta-analysis

*Correspondence:

Yi Yuan

2020122024@stu.gzhmu.edu.cn

Jian Xiong

xiongjian2713@gwcmc.org

Full list of author information is available at the end of the article



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Inclusion and exclusion criteria

The inclusion criteria including:

- (1) at reproductive age (< 49 years old);
- (2) clinical stage IA1 to IB2;
- (3) received RT surgery;
- (4) cervical cancer diagnoses were confirmed;

The exclusion criteria including:

- (1) age \geq 49 years;
- (2) previous subtotal hysterectomy history;
- (3) patients with a history of invasive injury that may lead to severe adhesions during surgery.

Data collection

Two authors carried out the data collection procedure, respectively. Microsoft Excel 2019 was utilized to collect the designated and summarize the alternative data. The following data and information were extracted:

- (1) Basic information: Age, FIGO stage, BMI, surgical time, size of the tumor, length of the tumor, depth of tumor, follow-up time, histology grade, presence of LVSI, race.
- (2) Fertility-sparing outcomes: clinical pregnancy rate, pregnancy miscarriage rate, pregnancy rate (Third-trimester deliveries Pre-term rate), Pregnancy rate (Third-trimester deliveries term rate).
- (3) Cancer outcomes: the overall survival, recurrence rate.

- (4) Surgery-related outcomes: estimated blood loss (ml), blood transfusion, postoperative complications.

If dissenting opinions occur during the quality assessment between the two investigators, the disputed study or data would be sent to the third-party investigator to decide the final results.

Quality assessment

Two researchers evaluated the quality of the RCTs following the Cochrane handbook. The Cochrane handbook concentrates on assessing the risk of bias, and selection bias, performance bias, detection bias, attrition bias, and reporting bias are included, with the level of low risk, unclear risk, and high risk on each item of bias assessment. Cochrane risk of bias tool was utilized with Review Manager V.5.4.

The Jadad scale was conducted to evaluate the quality of each trial, with seven items including the description of randomization mentioned, appropriate randomization method, randomization concealment, appropriate concealment of randomization method, blinding, appropriate blinding method and reporting of withdrawals, accounting for 1 in each item. Ultimately, studies that gained 4 points or over 4 points would be deemed high-quality clinical trials.

In accordance with the GRADE Handbook, we have assessed the quality of the outcomes on the basis of five downgrading factors (risk of bias, inconsistency, indirectness, imprecision, and publication bias) and three upgrading factors (large effect, plausible residual non-founding, dose–response gradient). GRADE profile software was used to produce a summary of findings tables.

If dissenting opinions occur during the quality assessment between the two investigators, the disputed study or data would be sent to the third-party investigator to decide the final results.

Data synthesis

In this process, we analyzed data from selected studies using Review Manager V.5.4. The odds ratios (OR) and 95% confidence interval (CI) were calculated and visualized with the forest plot in Review Manager V.5.4. Secondly, we accessed the mean value and SD from continuous results. Ultimately, we measured these outcomes by using a random-effects model. The heterogeneity of every statistical test could be seen from the I^2 value. We need to consider the following explanations: 0–40% implied low heterogeneity; 50–70% exhibited medium heterogeneity, while > 70% means extremely high heterogeneity.

In addition, to reduce the heterogeneity of primary outcomes, it is necessary to conduct a sensitivity analysis by excluding literature, and subgroup analysis is conducted when clinical characteristics are complete in every included study. Moreover, Egger’s test was applied to evaluate the publication bias of each primary outcome. The two-tailed P -value < 0.05 was deemed statistical significance, which indicated a positive result in the primary outcome. Besides, this meta-analysis abides by the PRISMA guidelines and the AMSTAR checklist for meta-analysis and systematic review.

Results

Study selection

Four hundred eighty-seven studies were selected from PubMed ($n = 22$), Embase ($n = 214$), Cochrane Library

($n = 13$), and Scopus ($n = 238$). We retained three hundred and eighty-three references after removing duplicate allusions. Through the primary inspecting of titles and abstracts, we took out 326 articles, including case reports ($n = 38$), irrelevant interventions ($n = 94$), no comparisons ($n = 79$), and review articles ($n = 115$). After reserving 57 articles, we complementary removed 42 articles, consisting of irrelevant interventions ($n = 15$) and review articles ($n = 27$). Eventually, eight studies were retained, and methods for each study have previously been published [5, 11–17] (Fig. 1).

Study characteristics

In the eight clinical trials from June 2002 to December 2017, 1361 early-stage cervical cancer patients were assigned to the open invasive radical trachelectomy group ($n = 706$) or the minimally invasive radical trachelectomy

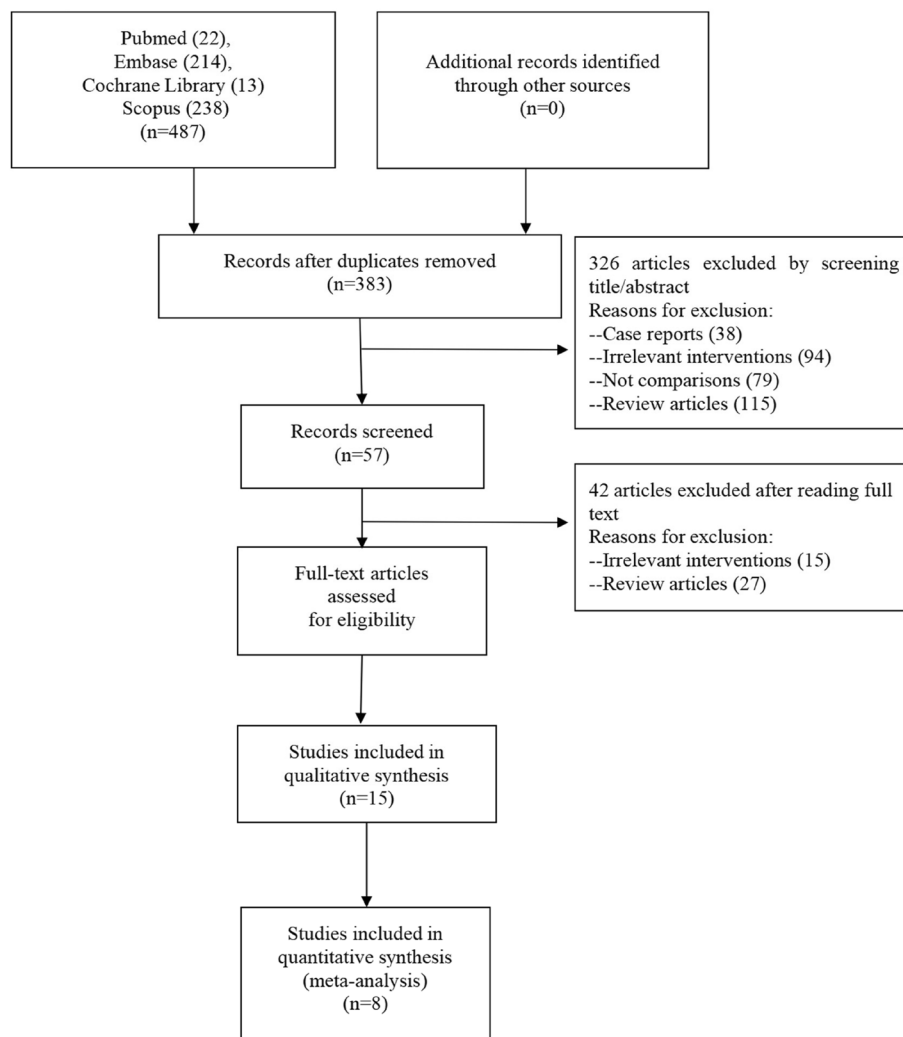


Fig. 1 Selection flowchart of included studies

group ($n=655$). Firstly, MIS procedures included LRT, RRT, and VRT. Secondly, the mean age varied from 27.33 to 36.88 years, and the mean BMI varied from 22.01 kg/m² to 25.06 kg/m². Moreover, the mean follow-up time ranged from 9 months to 113.56 months. Furthermore, the number of patients in the five trials in FIGO stage IA1 ranged from 0 to 27, the number of patients in the seven trials in FIGO stage IA2 ranged from 0 to 51, the number of patients in the seven trials in FIGO stage IB1 ranged from 8 to 307. Not only that, the number of SCC patients in the five trials ranged from 5 to 234, the number of Adenocarcinoma patients in the six trials ranged from 0 to 115, the number of patients with other histology in the three trials ranged from 2 to 16.

The main characteristic of each study is summarized in Tables 1 and 2.

Quality assessment

Following the Cochrane handbook, firstly, in terms of the random sequence generation in selection bias, two trials were concerned with low risk, three articles were unclear, and three articles were concerned with high risk; In terms of the allocation concealment in selection bias, only one trial was concerned as low risk, and one article was concerned with high risk, but six articles were unclear. Secondly, four trials were at an unclear bias in the risk of performance bias, and four articles were concerned with high risk. Moreover, seven articles were estimated as low risk in the detection bias, and only one study was at unclear risk. Ultimately, attrition bias was at low risk in all trials. Regarding reporting bias, seven trials were considered low-risk, and only one article was unclear (Figure S1).

Simultaneously, each item on the Jadad scale scored between 1 and 7, and trials with four or more were considered high-quality trials. In our meta-analysis, five trials scored four points or more, assessed as high-quality, while three studies were under four points (Table S1).

Among the 8 outcomes analyzed via the GRADE approach in this meta-analysis, except for the estimated blood loss, which was of low quality, the other seven, including the pregnancy rate, were of very low quality. The majority of the studies had a short follow-up time and incomplete follow-up, and the retrospective character of the included research will increase the risk of bias. A portion of the study seems to show that CI overestimation resulted in accuracy degradation. Future research should use a more rigorous design and sufficient statistical analysis (Table S2).

Primary outcome

Analysis of fertility-sparing outcomes

Pregnancy rate (Third-trimester delivery) Three studies of the Pregnancies-Third trimester deliveries included 224 patients. The pooled analysis showed that there was an extremely significant difference in pregnancies-Third trimester deliveries between the Open group and MIS group [OR=2.68; 95% CI (1.29, 5.59); $P=0.008$], with high heterogeneity ($I^2=29\%$). Compared with alternative studies, the research by Rodolakis revealed in 2014 manifested prominent heterogeneity. After deleting this study, heterogeneity was low ($I^2=0\%$). Not only that, the comprehensive effects revealed that the Pregnancies-Third trimester deliveries to a highly significant difference in both groups [OR=3.90; 95% CI (1.66, 9.18); $P=0.002$]. In the research by Rodolakis, uterine artery preservation is described in 4 cases of ART during pregnancy, while other studies did not record uterine artery preservation. The Egger's test assessed the publication bias of Pregnancies-Third trimester deliveries, which showed no publication bias.

Analysis of pregnancy (Second-trimester delivery) Three studies reporting the results of pregnancies-Second trimester deliveries included 148 patients. The pooled analysis showed that there was no difference in pregnancies-Second trimester deliveries [OR=1.54; 95% CI (0.42, 5.65); $P=0.52$] between the Open group and the MIS group, with low heterogeneity ($I^2=0\%$). The Egger's test assessed the publication bias of pregnancies-Second trimester deliveries, which showed no publication bias.

Analysis of pregnancy miscarriage rate Three studies reporting the results of pregnancy miscarriage included 237 patients. The pooled analysis showed that there was no difference in pregnancy miscarriage [OR=1.94; 95% CI (0.61, 6.21); $P=0.26$] between the Open group and the MIS group, with low heterogeneity ($I^2=0\%$). Egger's test assessed the publication bias of pregnancy miscarriage, which showed no publication bias.

Analysis of clinical pregnancy rate Four studies reporting the results of clinical pregnancy rate included 303 patients. There was a significant distinction in clinical pregnancy [OR=0.70; 95% CI (0.24, 0.71); $P=0.001$] between the Open group and the MIS group, with high heterogeneity ($I^2=69\%$). Compared with alternative studies, the research by Wang revealed in 2021, and the research by Shen revealed in 2013 manifested prominent heterogeneity. After deleting the above study, heterogeneity was low ($I^2=0\%$). However, there was no significant

Table 1 Primary characteristics of included studies

Trials	Year	Country	Time Range	Minimally Invasive Surgery	Sample Size		Mean Age (year)		BMI		Follow-up Time (month)		
					Total	Open	MIS	Open	MIS	Open	MIS		
He	2022	Asia-China	January 2005 to June 2017	LRT	33	18	15	30.00±4.30	---	---	113.56±46.12	28.00±15.45	
Kucukmetin	2014	Europe-United Kingdom	2004 to 2013	LRT	27	16	11	27.33±3.39	29.79±4.71	24.5±2.54	23.20±4.1	43±25.5	9±4.75
Matsuo	2019	North America-America	2010 to 2015	LRT or RRT	246	102	144	30.41±6.02	31.70±5.99	---	---	44.57±30.83	37±20.97
Rodlakis	2018	Europe-Athens	---	LRT or VRT	28	13	15	---	---	---	---	---	---
Salvo	2022	North America-USA	January 2005 to December 2017	LRT or RRT	646	358	288	31.95±3.77	31.03±4.73	22.01±3.5	23.97±5.7	68.94±43.77	31.40±42.72
Shen	2013	Asia-China	---	VRT	145	73	72	---	---	---	---	23.4±26.8	32.2±26.8
Vieira	2015	North America-USA	June 2002 to July 2013	LRT or RRT	100	58	42	29.52±4.20	30.67±3.49	23.85±3.4	25.06±6.0	68.08±29.57	27.83±13.56
Wang	2021	Asia-China	---	VRT	136	68	68	36.88±9.93	35.14±10.31	23.17±3.4	22.79±3.1	---	---

Table 2 Cancer characteristics of included studies

Trials	Year	FIGO Stage IA1		FIGO Stage IA2		FIGO Stage IB1		SCC		Adenocarcinoma		Other Histology	
		Open	MIS	Open	MIS	Open	MIS	Open	MIS	Open	MIS	Open	MIS
He	2022	3	2	2	0	13	13	---	---	---	---	---	---
Kucukmetin	2014	0	0	0	0	11	16	13	5	3	6	---	---
Matsuo	2019	17	27	12	13	73	107	51	60	40	68	---	---
Rodolakis	2018	---	---	0	3	12	10	---	---	0	6	---	---
Salvo	2022	---	---	51	46	307	242	234	168	108	115	16	5
Shen	2013	---	---	---	---	---	---	---	---	---	---	---	---
Vieira	2015	3	3	13	12	42	27	29	20	22	20	7	2
Wang	2021	6	4	22	16	9	8	45	49	14	11	9	8

distinction in clinical pregnancy [OR=2.39; 95% CI (0.61, 9.39); $P=0.21$]. In the research by Shen and Wang, patients were conducted with radical vaginal trachelectomy and laparoscopic-assisted vaginal radical trachelectomy, respectively, while other studies were laparoscopic radical trachelectomy. The publication bias of the clinical pregnancy rate was assessed in Egger's test, and no publication bias was detected.

Analysis of cancer outcomes

Analysis of overall survival Five studies reporting the results of the overall survival included 1170 patients. The pooled analysis showed that there was no difference in the overall survival [OR=1.56; 95% CI (0.70, 3.45); $P=0.27$] between the Open group and the MIS group, with low heterogeneity ($I^2=0\%$). The publication bias of the overall survival was assessed in Egger's test, which showed no publication bias.

Analysis of recurrence rate Five studies reporting the results of recurrence included 951 patients. The pooled analysis showed that there was no difference in recurrence [OR=0.63; 95% CI (0.35, 1.12); $P=0.12$] between the Open group and the MIS group, with low heterogeneity ($I^2=0\%$). The publication bias of recurrence was assessed in Egger's test, which showed no publication bias.

Analysis of surgery-related outcomes

Analysis of the estimated blood loss Five studies reporting the results of estimated blood loss included 809 patients. The pooled analysis showed that there was an extremely significant difference in estimated blood loss

between the Open group and MIS group [MD=227.92; 95% CI (186.51, 269.19); $P<0.00001$], with high heterogeneity ($I^2=81\%$). Compared with alternative studies, the research by He revealed in 2022, and the research by Vieira revealed in 2015 manifested prominent heterogeneity. After deleting the above two studies, heterogeneity was low ($I^2=0\%$). Not only that, the comprehensive effects revealed that the estimated blood loss to a highly significant difference in both groups [MD=139.40; 95% CI (79.05, 199.75); $P<0.0001$]. In the research by He, 72.73% of the patients were diagnosed with SCC (squamous cell carcinoma, SCC), while the ratio of SCC was lower than that in other studies. Meanwhile, in Vieira's study, the number of patients at the 1BI FIGO stage significantly differed between the Open group and the MIS group. Egger's test assessed the publication bias of estimated blood loss, which showed no publication bias.

Analysis of the postoperative complication rate Three studies reporting the results of recurrence included 263 patients. The pooled analysis showed that there was no difference in postoperative complications between the Open group and the MIS group [OR=1.52; 95% CI (0.89, 2.60); $P=0.12$], with low heterogeneity ($I^2=0\%$). The publication bias of postoperative complications was assessed in Egger's test, which showed no publication bias.

Discussion

At present, a growing number of studies have shown that minimally invasive radical trachelectomy is safe and feasible. Many researchers have sought to evaluate the effect of open and minimally invasive radical trachelectomy for cervical resection on fertility preservation and cancer outcomes in patients with early-stage cervical cancer. Notably, a 2018 multi-center prospective randomized trial (LACC) trial found that minimally invasive radical

hysterectomy related to lower disease-free survival, overall survival rates, and higher recurrence rates [10]. To validate the superiority between open surgery and minimally invasive surgery, we conducted a meta-analysis to assess the fertility-sparing outcomes, including (1) pregnancy rate (Third-trimester delivery). (2) pregnancy rate (Second-trimester delivery). (3) miscarriage rate. (4) clinical pregnancy rate; and cancer outcomes, including (1) overall survival. (2) recurrence rate. This study aims to provide a reference for patients suffering from early-stage cervical cancer to preserve their fertility with a more appropriate resection procedure.

In our study, 1361 patients were included in eight studies. Five of these were high-quality assessed by the Jadad scale, while three studies were of low quality via assessment of the Jadad scale.

Concerning the pregnancy rate (Third-trimester delivery) shown in Fig. 2, our pooled analysis found that the pregnancy rate of third-trimester delivery in the Open group is significantly higher than in the MIS group. Notably, the Open group has a slightly higher rate of pregnant rate of second-trimester delivery though no statistical difference was found in Fig. 3. On the one hand, patients with ART would not choose pregnancy for months until the uterus is viable [18], which was bound up with the higher rate of second and third-trimester delivery. On the other hand, ART was introduced early, and the

technology of ART was maturer and more standardized, increasing the pregnant rate of second and third-trimester delivery [5].

Moreover, the clinical pregnancy rate and pregnancy miscarriage rate did not differ between the Open group and MIS group in Figs. 4 and 5, respectively. Notably, it can be referred to Figs. 4 and 5 that the Open group had a slightly lower clinical pregnancy rate and higher miscarriage rate. The reason may be a cervical factor that the residual cervix of patients undergoing ART is shorter than that of patients undergoing minimally invasive surgery, so patients with ART may secrete less cervical mucus and more easily be exposed to the risk of premature rupture of membranes after pregnancy [17].

Simultaneously, no significant difference was found in the overall survival and recurrence between the Open group and the MIS group in contrast to previous studies demonstrating inferior survival for minimally invasive compared with the Open group, which provided grounds for discussion and counseling patients with early cervical cancer who wish to preserve future fertility (Figs. 6, 7). Due to poor cases in this study, the majority of patients were on IB1 FIGO stage, potentially related to a subjective result of recurrence rate and overall survival [19]. In terms of the risk factors of recurrence rate and overall survival, the previous combined case series have shown in the following lines: (1) Insufficient parametrial excision

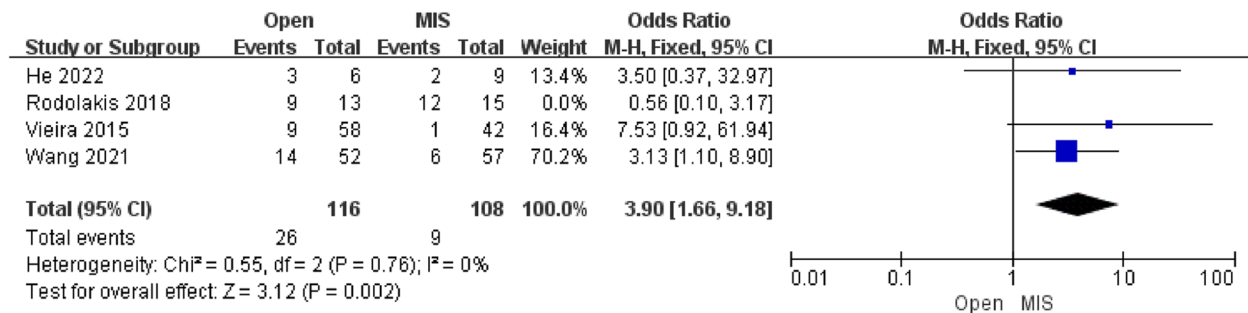


Fig. 2 Forest plot of pregnancy rate (Third-trimester delivery)

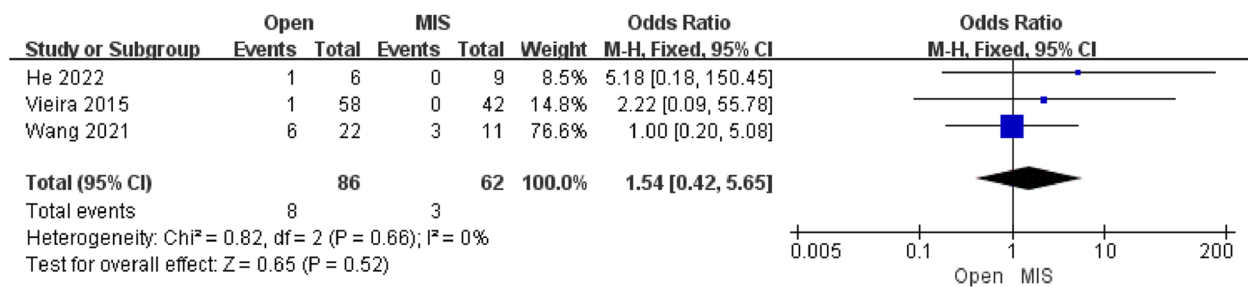


Fig. 3 Forest plot of pregnancy (Second-trimester delivery)

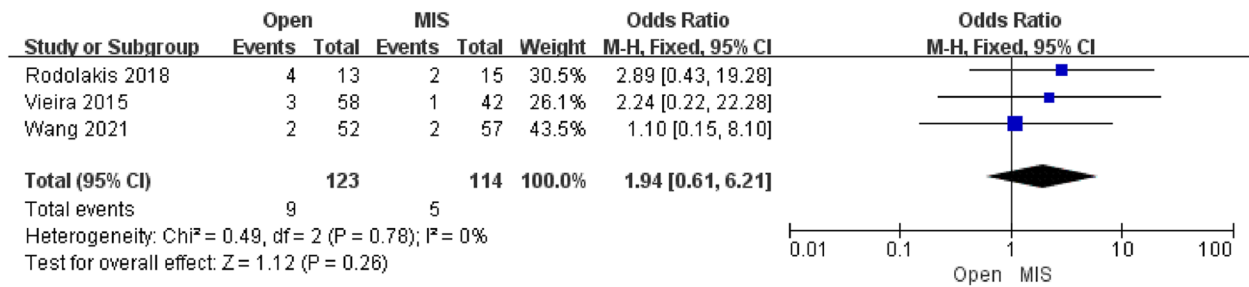


Fig. 4 Forest plot of pregnancy miscarriage rate

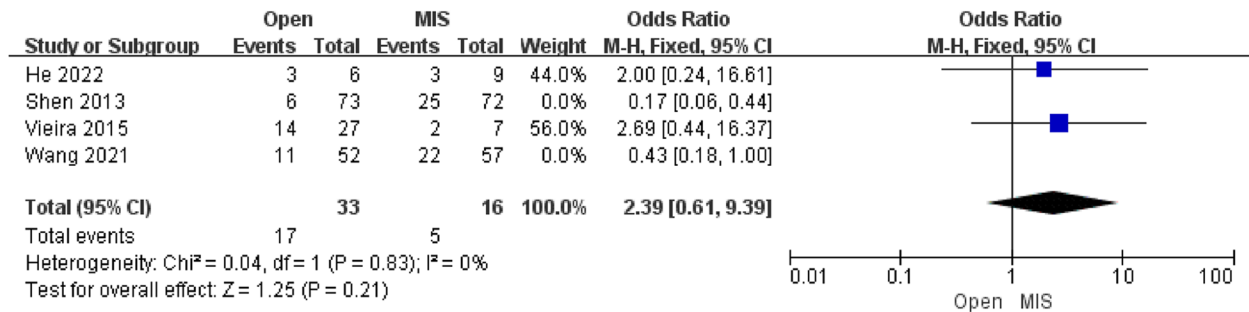


Fig. 5 Forest plot of clinical pregnancy rate

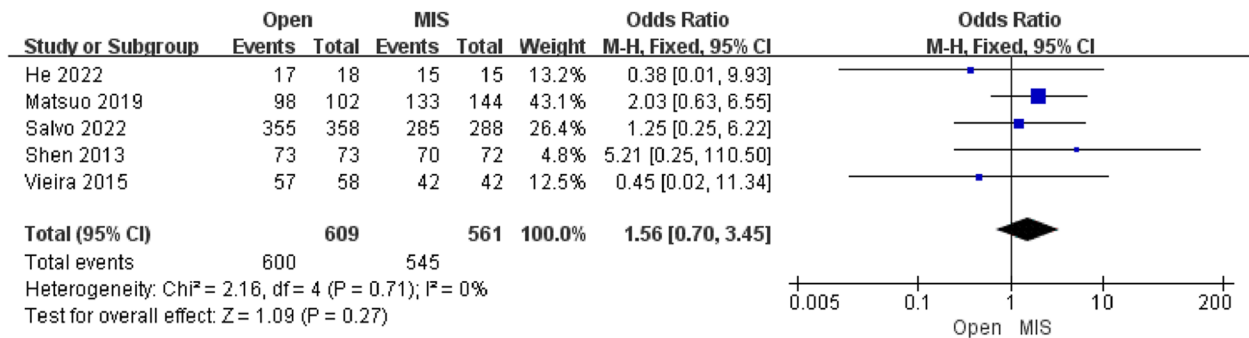


Fig. 6 Forest plot of overall survival

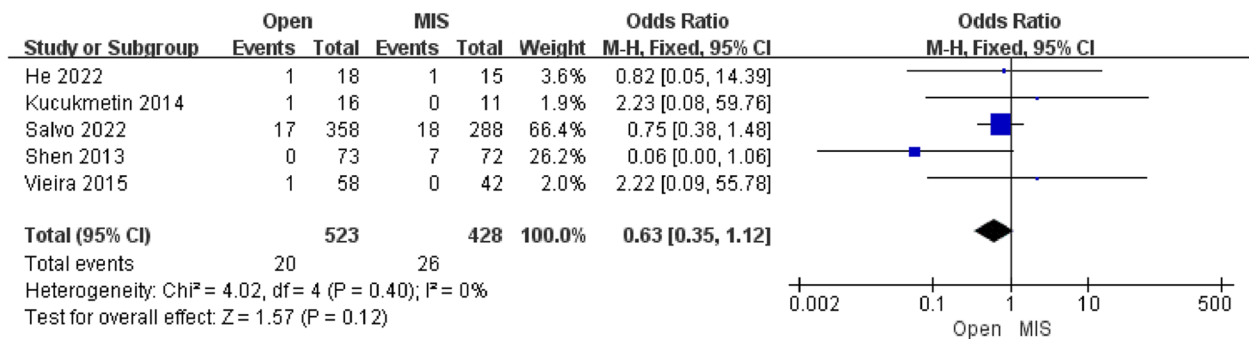


Fig. 7 Forest plot of recurrence rate

[20]. (2) Lesion size > 2 cm. [21] (3) Lymphovascular space involvement [19]. Besides, there is controversy as to whether adenocarcinoma or adenosquamous histology is associated with a higher risk of recurrence compared to squamous cell carcinomas of the cervix [22].

In this study, the estimated blood loss in the MIS group was less than that in the open group, which was shown in Fig. 8, consistent with the report results in most literature. As Einstein et al. [23] compared the scope of resection between 28 cases of VRT and 15 cases of ART and found that the average width of parauterine tissue resection was 1.45 cm in VRT and 3.97 cm in ART, demonstrating a statistically significant difference. Previously because of this, ART has broader indications than MIS but with worse blood loss.

There is no statistically significant difference in post-operative complication rate between the two groups, and no cervical stenosis, external iliac vein injury, and rectal dysfunction occurred, contrary to the multiple phase III randomized trials [24], which reported decreased post-operative complication rates with MIS hysterectomy compared to the Open Group (Fig. 9) [25].

As evinced by previous systematic reviews, this study has reflected different results. In terms of fertility-sparing outcomes, Bentivegna [26] and Smith [27] suggested that the pregnancy rate was higher in patients submitted to MIS compared with ART, which was opposite to Nezhat's study and this study [28]. In addition, Bentivegna et al. found that the pregnancy rate is significantly higher in

patients undergoing ART. However, this study has no significant difference in the pregnancy rate. Moreover, our study, likewise Nezhat's study, demonstrated that there was no difference in second-trimester delivery in different surgery. Ultimately, when it comes to overall survival and recurrence, this study reported no difference in recurrence between the Open group and the MIS group, which was consistent with Nezhat's study. When considering the previous review, several limitations should be aware. Firstly, data are not being directly compared in statistical analysis, making it difficult to discern whether the determined values for one group are within or outside the margin of error for another group. Besides, the previous reviews lacked quality assessment of included studies, which could not probably avoid data bias to a certain extent in previous studies.

It is worth noting that the results from LACC trial implied that patients received open surgery might have a better prognosis, which led to the declination of the number of patients treated with MIS in Italy. A multi-center retrospective study in Italy manifested the declination of MIS surgery did not alter the post-operative complication rate. By occasion of limited follow-up time, this retrospective study is under paucity of the information in prognosis data [29]. Simultaneously, the other landmark clinical trial, CX.5/SHAPE trial conducted in Canada corroborated there existed possibly non-inferiority between radical and simple hysterectomy (including MIS). Substantially, due to insufficient evidence

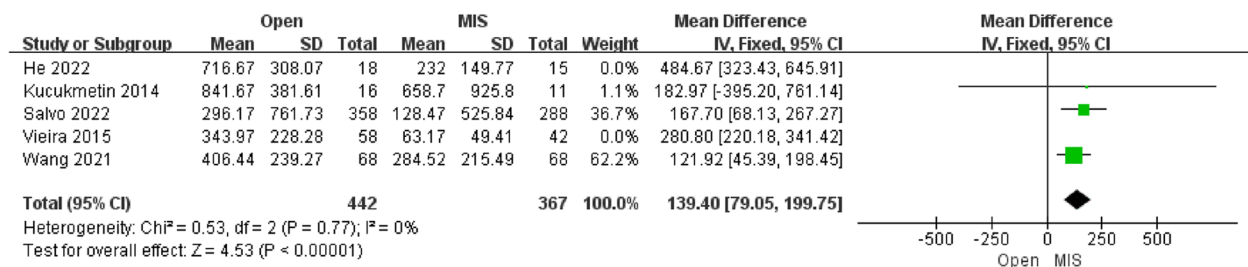


Fig. 8 Forest plot of the estimated blood loss

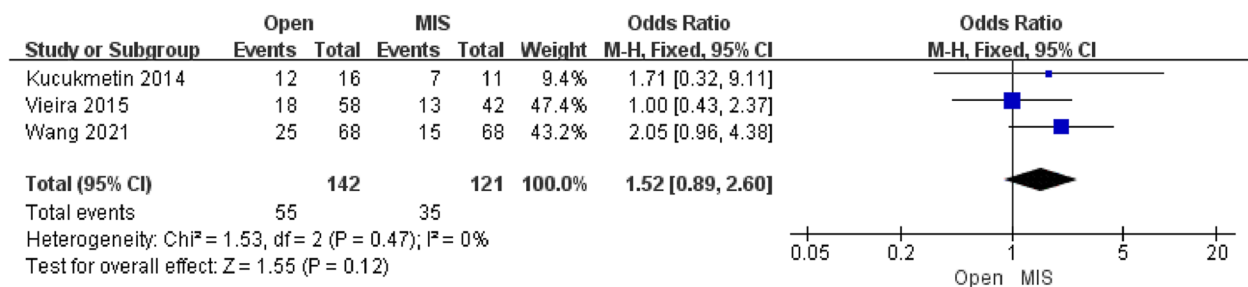


Fig. 9 Forest plot of the postoperative complication rate

concerning fertility-sparing outcomes and cancer-related outcomes from different countries and areas after LACC trial and SHAPE trial, we still hold a prudent and conservative attitude towards the reduction of MIS and radical surgery in clinical practice.

There were several limitations of our meta-analysis. In the first place, the sample size was small (1369 patients). Secondly, there was heterogeneity in the follow-up period, the preservation of uterine arteries, and the histology situation in each study. Meanwhile, with the increasing trend in minimally invasive surgery, comparisons have often been flawed by a sequential pattern, and cases could not be concurrently evaluated. Last but not least, although there is no instinct difference between the overall survival and recurrence according to the included studies, the tumor stage and intraoperative lymph node dissection should still be considered. Further RCTs should be conducted to provide stronger and more objective evidence of the superiority between Open and MIS.

Conclusion

Our pooled analysis suggested that patients in the open group were more likely to reach third-trimester pregnancy delivery than the MIS group. At the same time, the MIS group had fewer estimated blood loss. Simultaneously, our study found that there was no overt difference in the occurrence of events in second-trimester pregnancy, miscarriage rate, clinical pregnancy rate, overall survival, recurrence and postoperative complications between the Open group and MIS group. Finally, the above results summarize that the open group may have more advantages in fertility preservation, maybe a better therapeutic option. Of note, due to insufficient cases in this study, a more robust conclusion requires more relevant articles in the future.

Abbreviations

RT	Radical trachelectomy
ART	Abdominal radical trachelectomy
LRT	Laparoscopic radical trachelectomy
RRT	Robot-assisted radical trachelectomy
MIS	Minimally invasive surgery
LVSI	Lymphatic vascular invasion
AC	Adenocarcinoma
SCC	Squamous cell carcinoma
BMI	Body mass index
PROM	Prelabour rupture of the membranes

Supplementary Information

The online version contains supplementary material available at <https://doi.org/10.1186/s12884-023-06036-z>.

Additional file 1.

Additional file 2.

Additional file 3.

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Not applicable.

Authors' contributions

Yi Yuan, Jian Xiong and Zi Lv: Conception and design; Jia-ying Peng, Zi-han Lin, Jie Zhou and Ying-hui Jiang: Data collection; Yu-ying Wang, Jun-jie He, Wen-wei Lan and Zi-qi Chen: Data analysis and figures presentation; Zi Lv, Yu-wen Wang, Ruo-fei Zhu and Jun-jie He: Draft writing; Yi Yuan and Jian Xiong: substantial revision of the manuscript.

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Availability of data and materials

The datasets used and analyzed during the current study are available from the corresponding author upon reasonable request.

Declarations

Ethics approval and consent to participate

Not applicable.

Consent for publication

No applicable.

Competing interests

The authors declare no competing interests.

Author details

¹Department of Obstetrics, Guangzhou Women and Children's Medical Center, Guangzhou Medical University, Guangzhou, China. ²Department of Obstetrics, Guangzhou Women and Children's Medical Center Affiliated to Guangzhou Medical University, Guangzhou, China. ³School of Pediatrics, Guangzhou Medical University, Guangzhou, China. ⁴Department of Gynecology, Guangzhou Women and Children's Medical Center, Guangzhou Medical University, Guangzhou, China. ⁵Department of Gynecology, Guangzhou Women and Children's Medical Center Affiliated to Guangzhou Medical University, Guangzhou, China.

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