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# Co-enhancement of fluorescence and singlet oxygen generation by silica-coated gold nanorods core-shell nanoparticle

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## Abstract

Metal-enhanced fluorescence (MEF) as a newly recognized technology has been attracting considerable attention and is widely used in fluorescence-based technology. In this paper, we reported a novel distance-dependent MEF and metal-enhanced singlet oxygen generation phenomenon based on silica-coated gold nanorods (AuNRs@SiO<sub>2</sub>) core-shell structure with tetra-substituted carboxyl aluminum phthalocyanine (AlC<sub>4</sub>Pc) that serve as both fluorophore and photosensitizer. When the AlC<sub>4</sub>Pc was linked on the surface of AuNRs@SiO<sub>2</sub>, the fluorescence intensity and singlet oxygen productivity varied with the thickness difference of silica shell from 2.1 to 28.6 nm. The co-enhancement effect reached the maximum of 7-fold and 2.1-fold, respectively, when the separation distance was 10.6 nm. These unique characteristics make the prepared core-shell nanoparticles promising for MEF-based biological imaging and photodynamics therapy.

**Keywords:** Surface plasmon resonance; Silica-coated gold nanorods; Metal-enhanced fluorescence; Metal-enhanced singlet oxygen generation

## Background

Noble metal nanoparticles (NPs) have been widely applied in chemical and biological sensing [1-4], surface-enhanced Raman scattering (SERS) [5,6], and bioimaging technologies [7,8] due to their unique shape- and size-dependent localized surface plasmon resonance (LSPR) and local electromagnetic field features. It has also been found that many kinds of metal NPs can dramatically enhance or quench the fluorescence of fluorophores along with the changing of separation distance between them [9]. Such fluorescence enhancement is known as metal-enhanced fluorescence (MEF). Furthermore, when the wavelength of fluorescence emission overlap well with the plasmonic response of metal NPs, the fluorophores can couple with metal NPs, which result in a shortening of lifetime and an increasing of photostability as compared with that of free fluorophores [10,11]. Therefore, the metal NP-associated

fluorophores have illustrated a promising candidate for cell imaging and tracking owing to this fluorophore-metal interaction [11,12].

Until now, numerous nanodevices have been used to investigate the mechanism of MEF. Most studies of MEF were based on silver island films (SIFs) with the depositing of Ag NPs on a glass substrate [12-14]. However, these structures exhibited irregular morphology and unsuitable size, which would limit their *in vivo* application research. In some other distance-dependent MEF studies, flexible molecules like DNA [15,16], polyethylene glycol [17], and some other polymers [18,19] were used as spacer layers, while they were not rigid enough to obtain accurate distance control. To overcome these problems, Gerritsen et al. [20] have developed an AgNPs@SiO<sub>2</sub> core-shell structure to achieve well performance in MEF by taking the advantage of the easy and accurate tunable feature of silica shell. Such method introduced a new way to manage the distance between fluorophores and metal core in the study of MEF. In addition to MEF, Geddes et al. [21] have found that the photon-induced excited states could enhance both fluorescence and phosphorescence emission, like the phosphorescence emission of

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singlet oxygen ( $^1\text{O}_2$ ) at 1,270 nm. The production of reactive oxygen species (ROS) could be enhanced by the intensified electromagnetic field when the photosensitizers (PSs) were placed in close proximity to the metal NP.

To achieve the co-enhancement of fluorescence intensity and  $^1\text{O}_2$  generation, an ideal model system of silica-coated gold nanorod (AuNRs@SiO<sub>2</sub>) with tetra-substituted carbonyl aluminum phthalocyanine (AlC<sub>4</sub>Pc) linked on the surface to serve as both fluorophore and photosensitizer was demonstrated in our work. Gold nanorods were chosen as MEF substrates, which offered the possibility of plasmon resonance tuning to match the spectra of AlC<sub>4</sub>Pc. The distance between AuNRs core and AlC<sub>4</sub>Pc was controlled by varying the thickness of silica shell spacer layers. By adjusting this spacer layer to an appropriate distance, both of the fluorescence intensity and  $^1\text{O}_2$  generation of AlC<sub>4</sub>Pc was obviously enhanced by the AuNRs@SiO<sub>2</sub> core-shell structure. Our current results shed a new light on the PSs delivery system for the real-time visualization of photodynamics therapy (PDT) by using metal-enhanced effect.

## Methods

### Materials

Chloroauric acid (HAuCl<sub>4</sub> · 3H<sub>2</sub>O), silver nitrate (AgNO<sub>3</sub>), sodium borohydride (NaBH<sub>4</sub>), cetyltrimethyl ammonium bromide (CTAB), L-ascorbic acid (AA), tetraethoxysilane (TEOS), and dimethyl sulfoxide (DMSO) were purchased from Sinopharm Chemical Reagent Co., Ltd (Sinopharm Chemical Reagent Co., Ltd, Shanghai, China). 3-aminopropyl triethoxysilane (APTMS), 9, 10-anthracenediyl-bis (methylene) dimalonic acid (ABDA), 1-(3-dimethylaminopropyl)-3-ethylcarbodiimide hydrochloride (EDC · HCl), and N-hydroxysuccinimide (NHS) were obtained from Sigma-Aldrich (Sigma-Aldrich St Louis, MO, USA). AlC<sub>4</sub>Pc was synthesized and purified according to a method in the literature [22]. The other reagents were analytical grade and used without further purification. Milli-Q water (less than 18.2 MΩ) was used throughout the synthesis experiments.

### Synthesis of AuNRs

AuNRs were prepared by the well-known seed-mediated growth process [23]. The seed solution was prepared firstly; 9.5 mL of 0.1 M CTAB solution was mixed with 0.25 mL of 0.01 M HAuCl<sub>4</sub>. After that, a freshly prepared 0.6 mL of 10 mM ice-cold NaBH<sub>4</sub> solution was quickly injected into the mixed solution and magnetically stirred for 2 min. The mixture rapidly turned into a brownish-yellow color and was kept at room temperature for 2 h.

To prepare the growth solution, 5 mL of 0.01 M HAuCl<sub>4</sub> and 0.35 mL of 10 mM AgNO<sub>3</sub> were mixed with 95 mL of 0.1 M CTAB, followed by adding a freshly prepared 0.55 mL of 0.1 M AA solution to reduce the Au<sup>3+</sup> to Au<sup>0</sup>. A seed solution of 120 μL was gently added

into the resultant solution and was continuously stirred for 2 min, and then the reaction mixture was stored at 30°C for at least 3 h without agitation.

### Synthesis of AuNRs@SiO<sub>2</sub> with different shell thickness

The silica-coated AuNRs were achieved by a modified Stöber method [24], and the silica shells with different thicknesses were obtained by adding varying amounts of TEOS. Briefly, 10 mL of the as-prepared AuNRs solution was centrifuged at 10,000 rpm for 30 min twice to remove the excess CTAB surfactant and was re-dispersed in 10 mL pure water. Subsequently, 100 μL of 0.1 M NaOH solution was added into the AuNRs solution under gentle stirring to adjust the pH value to 10.0. After that, 5, 8, 10, 15, 20, or 25 μL of TEOS/methanol (V/V: 1/4) solution together with 10 μL of APTMS/methanol (V/V: 1/49) solution was injected three times at a 30-min interval to form the silica shell. The reaction was allowed to be gently stirred for 24 h, and the resultant colloidal solution was centrifuged at 7,500 rpm for 30 min twice to remove the unreacted TEOS and APTMS.

### Covalent binding of AlC<sub>4</sub>Pc to AuNRs@SiO<sub>2</sub>

The covalent binding of AlC<sub>4</sub>Pc to the surface of amine-capped AuNRs@SiO<sub>2</sub> was performed by using EDC and NHS cross-linking procedure. In a typical coupling reaction, 5 μL of 10 μM AlC<sub>4</sub>Pc was pre-activated by an EDC/NHS solution for 30 min and then added into 2 mL of 0.4 nM AuNRs@SiO<sub>2</sub> solution. The mixed solution was incubated with gentle shaking at room temperature for 6 h. The unlinked AlC<sub>4</sub>Pc molecules were separated from AuNRs@SiO<sub>2</sub> NPs after synthesis completion via centrifugation at 7,500 rpm for 30 min three times. By measuring the fluorescence intensity of every supernatant solution, the amount of unlinked AlC<sub>4</sub>Pc was deduced via a calibration curve plotted with known concentrations.

### Characterization

Transmission electron microscopy (TEM) images were acquired by using a JEM-2100 HRTEM (JEOL, Akishima-shi, Japan) operating with an accelerating voltage of 200 kV. The absorption spectra were measured using a UV-1750 UV-vis spectrophotometer (Shimadzu, Kyoto, Japan). The fluorescence emission spectra and fluorescence lifetime decay curves were obtained by FluoroMax-4 spectrofluorometer (HORIBA Jobin Yvon, Palaiseau, France); fluorescence lifetime decay curves were measured with a pulsed 591-nm nano LED as the excitation source. Detection of singlet oxygen generation was obtained using a FLS 920 spectrofluorimeter (FLS 920 spectrofluorimeter, Edinburgh, UK) with an excitation wavelength at 380 nm in the dark room.

### Fluorescence spectroscopic measurements

Two milliliter of AuNRs@SiO<sub>2</sub>-AlC<sub>4</sub>Pc with different shell thickness solution and free AlC<sub>4</sub>Pc solution were prepared for the fluorescence spectroscopic measure. The concentration of AlC<sub>4</sub>Pc in each sample was normalized by the fluorescence calibration curve. The fluorescence enhancement factor (EF<sub>MEF</sub>) was defined as Equation (1):

$$EF_{MEF} = \frac{I_i - I_{background}}{I_0 - I_{background}} \quad (1)$$

where  $I_i$  is the fluorescence intensity of AuNRs@SiO<sub>2</sub>-AlC<sub>4</sub>Pc varying with shell thickness,  $I_0$  is the fluorescence intensity of free AlC<sub>4</sub>Pc in the same amount, and  $I_{background}$  is the fluorescence intensity of pure water.

The fluorescence lifetime was measured with the method of time-correlated single photon counting (TCSPC). The TCSPC was based on the detection of single photons of a periodical light signal and the reconstruction of the waveform from the time measurements. The fluorescence intensity decays were analyzed in terms of the multi-exponential model (Equation 2):

$$I(t) = \sum_{i=1}^n \alpha_i \exp\left(-\frac{t}{\tau_i}\right) \quad (2)$$

where  $\alpha_i$  is the amplitudes and  $\tau_i$  is the decay times of each exponential component, respectively. The average lifetime was given by Equation (3):

$$\bar{\tau} = \frac{\sum_{i=1}^n \alpha_i \tau_i^2}{\sum_{i=1}^n \alpha_i \tau_i} \quad (3)$$

With the numerous measurements, the average fluorescence lifetimes in different cases were determined.

### Measurement of singlet oxygen (<sup>1</sup>O<sub>2</sub>) generation

ABDA, a chemical-sensitive probe of ROS, was used to monitor the generation of <sup>1</sup>O<sub>2</sub> [25]. In the photochemical experiment, 5 μL of 10 μM ABDA in DMSO solution was added to 2 mL of 0.4 nM AuNRs@SiO<sub>2</sub>-AlC<sub>4</sub>Pc with different shell thickness and free AlC<sub>4</sub>Pc solution, respectively. The mixtures were photo-activated by using an LED lamp excitation at 680 nm (10 mW cm<sup>-2</sup>), and the generation of <sup>1</sup>O<sub>2</sub> was measured by recording the fluctuation

of ABDA fluorescence intensity after different amount of light exposures.

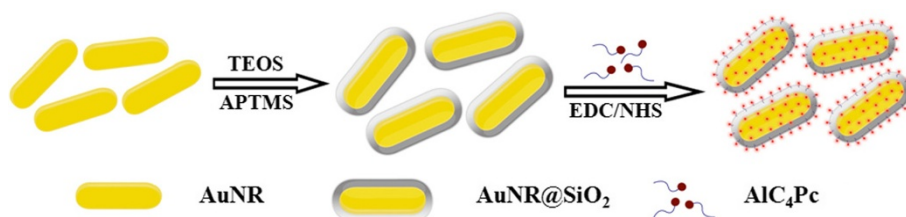
## Results and discussion

### Synthesis and characterization of AuNRs@SiO<sub>2</sub>-AlC<sub>4</sub>Pc

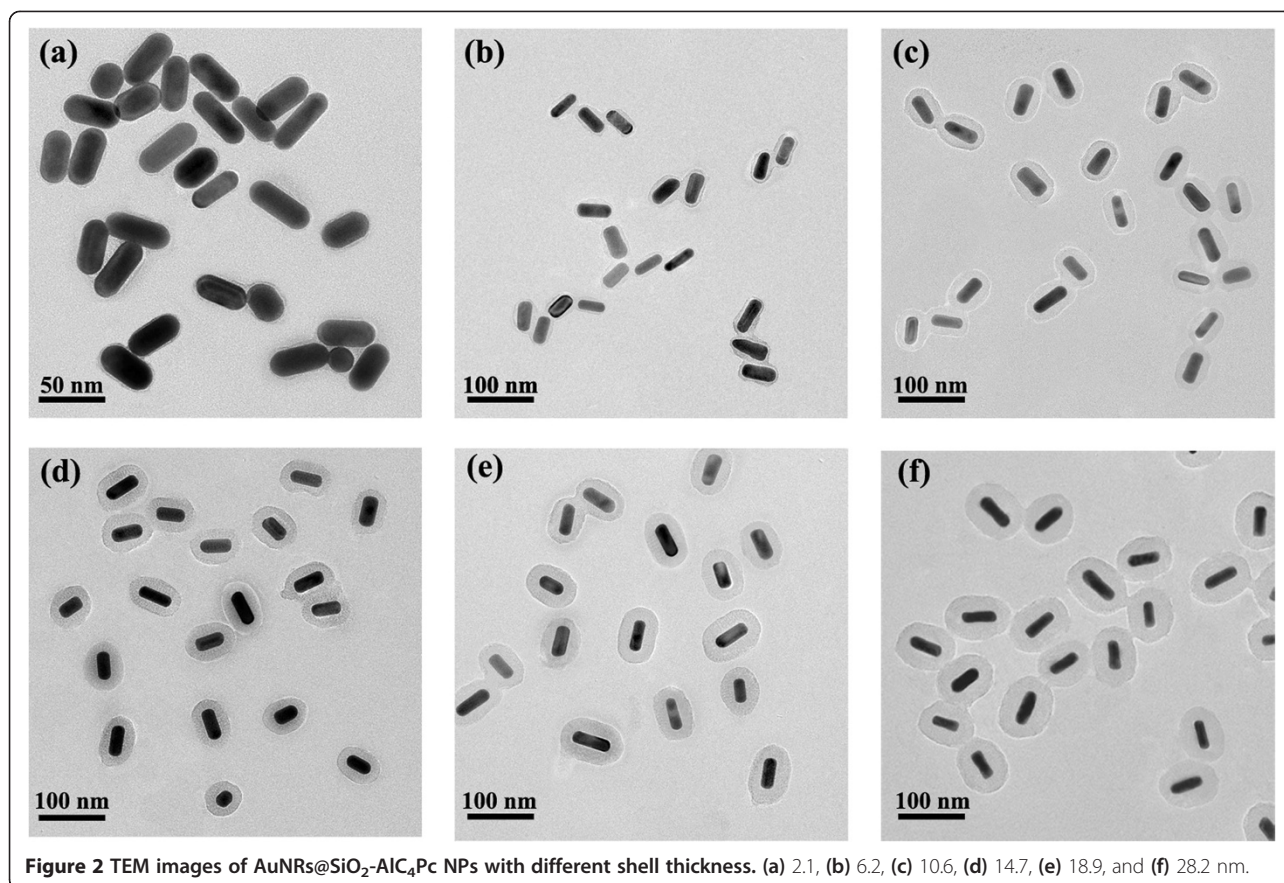
The formation process of AuNRs@SiO<sub>2</sub>-AlC<sub>4</sub>Pc was depicted in Figure 1. The size and morphology of samples were shown in Figure 2. The average length and diameter of AuNRs core were measured to be 46.8 ± 3.2 and 19.4 ± 1.1 nm. By simply varying the amount of added TEOS, uniform silica spacer shells with desired the thickness of 2.1, 6.2, 10.6, 14.7, 18.9, and 28.2 nm were synthesized, respectively (Figure 2a,b,c,d,e,f). The easily tunable feature of these amorphous silica shells would serve them well as spacer layer between the AuNRs and AlC<sub>4</sub>Pc to get an optimum fluorescence enhancement effect.

### Spectral analysis of AuNRs@SiO<sub>2</sub>-AlC<sub>4</sub>Pc

The AlC<sub>4</sub>Pc used in this study is one of the second generation photosensitizers that have good optical properties for near infrared fluorescence imaging [26]. The absorption and fluorescence emission spectra of AlC<sub>4</sub>Pc were presented in Figure 3a; AlC<sub>4</sub>Pc displayed two absorption bands located at 360 nm (B-band) and 685 nm (Q-band), and the fluorescence band was centered at 695 nm. This Q-band fitted well for PDT applications, as red light is commonly used in PDT for its better penetration into the tissue [27]. The absorption spectra of the obtained AuNRs showed two typical surface plasmon resonances (SPR) bands with the transverse one centered at 515 nm and the longitudinal one centered at 668 nm. Moreover, the longitudinal SPR band underwent an obvious red shift from 5 to 22 nm after coating the surface with silica shell (Figure 3b). This spectral displacement could be attributed to the increased in the effective refractive index of the medium around the AuNRs [24]. After successfully linking of AlC<sub>4</sub>Pc molecules, the sharp absorption peak of AlC<sub>4</sub>Pc has little influence on AuNRs because the amount of AlC<sub>4</sub>Pc linked on each nanoparticle was controlled as low as possible to avoid the self-quenching. To calculate the amount of unloaded AlC<sub>4</sub>Pc, the fluorescence intensities of the supernatants and the original AlC<sub>4</sub>Pc solution were analyzed by the standard curve (Figure 3c). It was



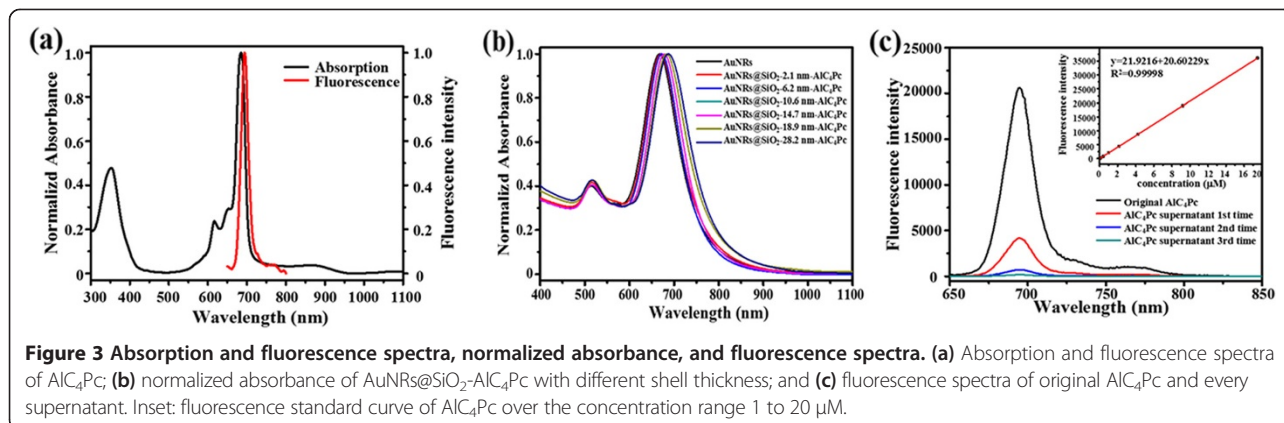
**Figure 1** Schematic description of the synthesis of AuNRs@SiO<sub>2</sub>-AlC<sub>4</sub>Pc.

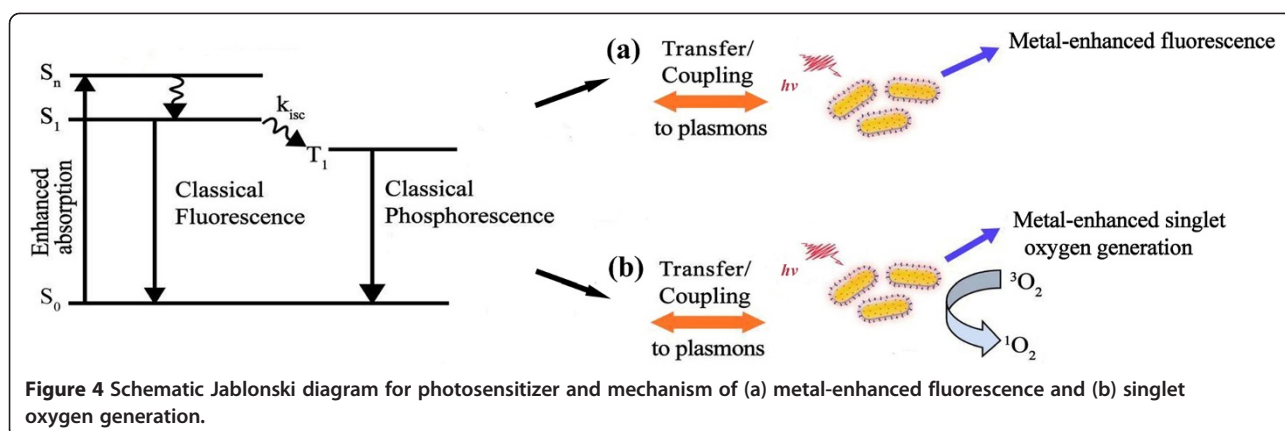


indicated that the average number of AIC<sub>4</sub>Pc molecules linked to each nanoparticle was 38.

Previous reports have proposed that a remarkable fluorescence enhancement was achieved when the emission band of fluorophores overlapped with the SPR band of MEF substrate [28,29]. For the mechanism of MEF, it was commonly accepted that the excited fluorophore energy could be transferred to the surface plasmon modes of metal and then partly be re-radiated to the far-field or

be quenched by a non-radiative decay pathway when the energy of the light-emitting fluorophore and the surface plasmon energy of metal were match well [14,29,30]. It was worthy to notice that the fluorescence band of AIC<sub>4</sub>Pc overlapped well with the longitudinal SPR band of AuNRs. The maximum spectra matching between them could result in an efficient energy transfer, which might strongly meet the fundamental requirement of MEF (Figure 4a).





#### Distance-dependent MEF of AuNRs@SiO<sub>2</sub>-AIC<sub>4</sub>Pc

As depicted in Figure 5a, a 2.9-fold fluorescence enhancement was observed when the AuNRs-AIC<sub>4</sub>Pc separation distance was 2.1 nm. With an increase of the spacer thickness from 2.1 to 10.6 nm, the enhancement factor of MEF gradually increased and reached its maximum of 7.1 at 10.6 nm. This could be explained by that with the increase of silica shell, the local electromagnetic field enhancement effect became remarkable while the non-radiative decay from AIC<sub>4</sub>Pc to gold core could be negligible due to the short-range effect [9,15]. However, a further increase of silica layer thickness caused an obvious decline of EF<sub>MEF</sub>. Because the positions of AIC<sub>4</sub>Pc molecules were beyond the effective electromagnetic field enhancement range, thus the interaction of AIC<sub>4</sub>Pc with gold core were weakened and gradually disappeared. Therefore, when the AIC<sub>4</sub>Pc molecule was too close or too far to the AuNRs, MEF effect could be diminished by non-radiative energy transfer or weak electromagnetic field, respectively.

To further confirm whether the observed fluorescence enhancement was attributed to the resonance interaction,

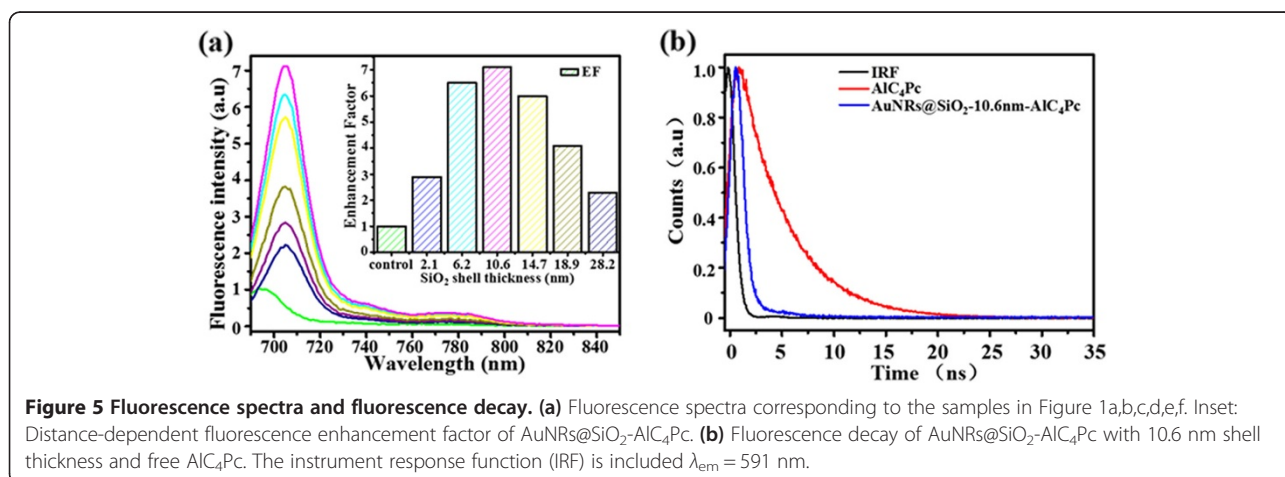
a fluorescence lifetime measurement was carried out. As can be observed in the Figure 5b, the fluorescence intensity decays were fitted in terms of the multi-exponential model. The fluorescence lifetime of AIC<sub>4</sub>Pc was dramatically shortened from 4.78 to 0.515 ns after linking on the AuNRs@SiO<sub>2</sub>, when the distance between AIC<sub>4</sub>Pc and AuNRs was 10.6 nm.

It is well-known that when a fluorophore radiates into a homogeneous medium, the quantum yield ( $Q_0$ ) and lifetime ( $\tau_0$ ) can be given by Equations (4) and (5) [31,32]:

$$Q_0 = \Gamma / (\Gamma + k_{nr}). \quad (4)$$

$$\tau_0 = (\Gamma + k_{nr})^{-1}. \quad (5)$$

where  $\Gamma$  is the fluorophore radiative rate and  $k_{nr}$  is the non-radiative rates of the fluorophore. For a fluorophore localized near the metal particle, both the radiative and the non-radiative decay rates are modified by the metal



substrate and given an additional  $\Gamma_m$  to the radiative rate and  $k_m$  to the non-radiative rate, as shown in Equations (6) and (7) [33]:

$$Q_m = \frac{\Gamma + \Gamma_m}{\Gamma + \Gamma_m + k_{nr} + k_m} \quad (6)$$

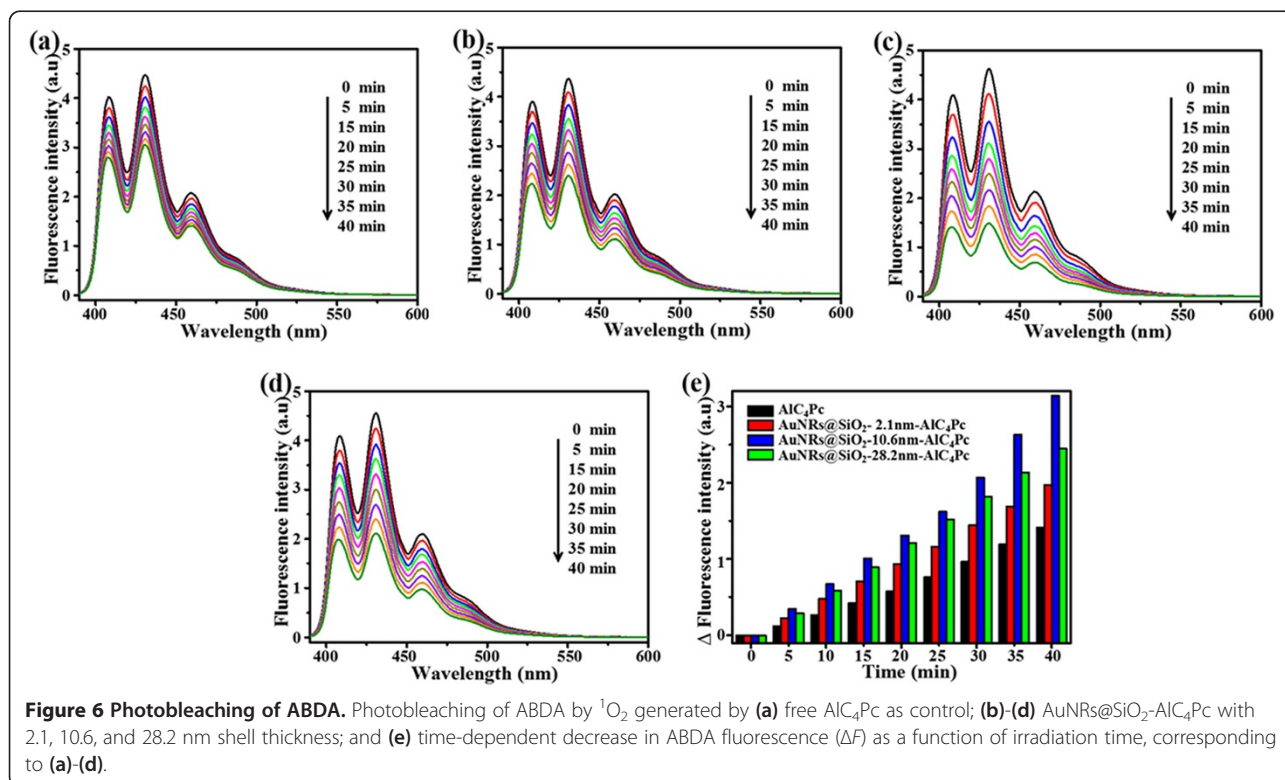
$$\tau_m = \frac{1}{\Gamma + \Gamma_m + k_{nr} + k_m} \quad (7)$$

Comparing with the free-space radiation, the increase in the radiative rate would directly increase the quantum yield and decrease the lifetime of a fluorophore. The increased radiative rate of fluorophore, together with the concentrated local electromagnetic field of metal substrate, can give a well explanation for the MEF phenomenon of AuNRs@SiO<sub>2</sub>-AIC<sub>4</sub>Pc [34].

#### Effects of different shell thickness on singlet oxygen generation

Early studies have indicated that both of the fluorescence and the <sup>1</sup>O<sub>2</sub> generation would be effectively inhibited by non-radiative decay from the excited PSs to metal when the PSs were close proximity to the metal surface [35]. In our study, three groups of AuNRs@SiO<sub>2</sub>-AIC<sub>4</sub>Pc NPs with 2.1, 10.6, and 28.2 nm silica shell were incubated with ABDA to assess the influence of shell thickness on the

<sup>1</sup>O<sub>2</sub> generation. After being exposed in different amount of light exposure, the fluorescence intensity of ABDA was decreased because of the formation of its endoperoxide in the presence of <sup>1</sup>O<sub>2</sub> (Figure 6a,b,c,d). The decreased amount of ABDA fluorescence at 431 nm can be used to estimate the relative yield of <sup>1</sup>O<sub>2</sub> produced from AIC<sub>4</sub>Pc. The time-related fluorescence decline of ABDA in different AuNRs@SiO<sub>2</sub>-AIC<sub>4</sub>Pc solutions and free AIC<sub>4</sub>Pc samples were directly compared in Figure 6e. Among the tested samples, AuNRs@SiO<sub>2</sub>-AIC<sub>4</sub>Pc with 10.6 nm silica shell exhibited the highest photo-oxidation efficiency with 2.1-fold higher than that of the free AIC<sub>4</sub>Pc solution. The accelerated photobleaching of ABDA was mainly affected by the AIC<sub>4</sub>Pc-AuNRs interaction. As mentioned above, the concentrated electromagnetic field may play a key role in the enhancement of <sup>1</sup>O<sub>2</sub> generation. <sup>1</sup>O<sub>2</sub> generation could also be enhanced by the promotion of intersystem crossing and the yield of triplet state, which probably result from the increased population of singlet excited state of AIC<sub>4</sub>Pc [21,36] (Figure 4b). Furthermore, a shorter lifetime leads to a less possibility of photobleaching, and then more excitation-emission cycles occur prior to photobleaching of PSs during the excited state [10]. The amplified production of <sup>1</sup>O<sub>2</sub> and great enhancement of fluorescence intensity of AuNRs@SiO<sub>2</sub>-AIC<sub>4</sub>Pc could serve them well as a theranostic agent for fluorescence imaging-guided cancer treatment.



## Conclusions

In summary, the AuNRs@SiO<sub>2</sub> core-shell NPs linked with AlC<sub>4</sub>Pc were prepared to study the MEF phenomenon and <sup>1</sup>O<sub>2</sub> generation. As we have shown, the fluorescence of AlC<sub>4</sub>Pc was significantly enhanced by optimizing the distance between AlC<sub>4</sub>Pc and AuNRs. Meanwhile, <sup>1</sup>O<sub>2</sub> generation could also be increased probably by the promotion of intersystem crossing and triplet state yield. Co-enhancement of fluorescence intensity and <sup>1</sup>O<sub>2</sub> generation reached their maximum effect when the distance between AlC<sub>4</sub>Pc and AuNRs was 10.6 nm. Although the mechanism of MEF and metal-enhanced <sup>1</sup>O<sub>2</sub> generation are still under investigation, these results provide a desirable insight towards evaluating and improving the performance of AuNRs-based NPs in fluorescence imaging and PDT.

## Competing interests

The authors declare that they have no competing interests.

## Authors' contributions

LR, DL, HW, and CC conceived of the study, participated in the experimental design, and helped to draft the manuscript. XK and DW carried out the preparation experiments and drafted the manuscript. CY, AY, and YH participated in the characterization experiments. All authors read and approved the final manuscript.

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