Thermal Field Theory in real-time formalism: concepts and applications for particle decays

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Abstract This review represents a detailed and comprehensive discussion of the Thermal Field Theory (TFT) concepts and key results in Yukawa-type theories. We start with a general pedagogical introduction into the TFT in the imaginary- and real-time formulation. As phenomenologically relevant implications, we present a compendium of thermal decay rates for several typical reactions calculated within the framework of the real-time formalism and compared to the imaginary-time results found in the literature. Processes considered here are those of a neutral (pseudo)scalar decaying into two distinct (pseudo)scalars or into a fermion-antifermion pair. These processes are extended from earlier works to include chemical potentials and distinct species in the final state. In addition, a (pseudo)scalar emission off a fermion line is also discussed. These results demonstrate the importance of thermal effects in particle decay observables relevant in many phenomenological applications in systems at high temperatures and densities.

1 Introduction

The standard theoretical treatment of fundamental fields and their interactions primarily uses the language of quantum field theory (QFT), see for example [1–3]. This treatment has historically been extremely successful in describing the behaviour of all the known particles that constitute the Standard Model of particle physics. However, the theoretical framework of this *zero-temperature theory* does not naturally incorporate effects of the medium relevant at high temperatures and densities [4].

Currently, there is a limited understanding of particle interactions in hot and dense systems despite an enormous work done by several authors intended to develop a universal for-

malism for treating the medium-induced phenomena both in and out of equilibrium. Mainly, the struggle has been to consistently calculate observables in the quark-gluon plasma or in the cosmological plasma of the early universe, exemplified by in-medium particle production and decay rates. The problem of thermal dynamics has engaged physicists for a long time, and early attempts of analysis were made by, for example, Bloch [5]. A pioneer in the realm of *thermal (quantum) field theory* (TFT) was Matsubara [6] who developed the imaginary-time, or Matsubara, formalism that describes equilibrated systems. This treatment has great resemblance to zero-temperature QFT in the form of the propagators, the diagrammatic structure of the perturbative expansion, and the self-energies. It differs, however, in the way of how time is treated considering it as a purely imaginary quantity. Shortly after the developments by Matsubara, Kubo [7] and Martin and Schwinger [8] provided an important relation between propagators, the so-called Kubo-Martin-Schwinger (KMS) condition, which holds for thermal propagators in equilibrium. Further important developments of thermal theories with equilibrated media, such as an explicit consideration of real-time evolution, were made by Keldysh [9]. As a framework for a first principle analysis, *thermo field dynamics* was largely developed by Matsumoto et al. [10] while a detailed investigation of QFTs at finite temperatures for real times was made by Niemi and Semenoff [11]. Comprehensive outlines of the path-integral treatment of quantum fields in a thermal medium may be found in [11–13], and much of the theoretical concepts presented in this review draws upon that work. Three years before the work of Kobes and Kowalski [12], Weldon [14] provided self-energy calculations performed using the Matsubara formalism and presented a condensed and clear overview and interpretation of the *thermal decay rates*. Discontinuities of Green's functions, important for the decay rates have also been studied in detail by Kobes and Semenoff [15, 16]. Further studies of thermal N -point

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function, important for higher order processes have been performed by e.g. Evans [17]

This review aims to give a detailed and comprehensive overview of basic concepts and implications of finite-temperature effects, and thereby providing an insight on the importance of implementing the TFT framework for a consistent and universal description of high to low temperature and density phenomena. In particular, we present an explicit calculation of typical thermal effects on observable decay rates for several generic processes found in Yukawa-type field theories. In the following Sect. 2, an overview of the underlying theory is presented starting from the statistical approach introduced in QFT by Wagner [18]. This general approach is valid in as well as out of equilibrium. Then, the equilibrium propagator is presented, followed by an overview of the Matsubara formalism, Sect. 3, and the real-time formulation, Sect. 4. Having the real-time propagators and self-energies established, the concept and definition of the thermal decay rate is presented in Sect. 6. In Sects. 7–10, thermal decay rates are presented in the real-time formalism for several processes. Here, we present such examples as a (pseudo)scalar particle decaying into two distinct (pseudo)scalars, Sect. 7, a (pseudo)scalar decaying into a fermion-antifermion pair, Sects. 8–9, and finally in Sect. 10, a (pseudo)scalar emission off a fermion line is discussed. In Sect. 11, a short summary is given.

2 Elements of thermal quantum field theory

This section provides the theoretical formulation of TFT with the purpose of introducing the reader to the relevant methodology that will then further be used in explicit calculations of thermal decay rates. In order to obtain a diagrammatic formulation of TFT, the Green's function techniques are deployed in terms of a thermodynamic extension of the Wick's theorem. This technique is then used for analysis for two-body decay rates in the thermal medium that are related to the corresponding self-energies.

2.1 Statistical treatment of initial states

The underlying principle of TFT will be outlined in this subsection. The discussion is mainly based on the broad and comprehensive article by Wagner [18] and the initial formulas are valid in equilibrium as well as out of equilibrium for arbitrary initial distributions. This general treatment precedes a discussion of equilibrium theories, e.g. the Matsubara formalism or the real-time formalism.

2.1.1 Operator expectation values

Experimentally measurable observables in QFT are usually expressed as expectation values of certain operators evaluated at any given time. An arbitrary measurement is defined by two characteristic properties that can be introduced as follows.

The first property is the preparation of the initial state which fully specifies the system at some initial time t_{in} . It is reasonable to assume that no initial state can be determined exactly; rather, one should adopt the view that the initial state can be prepared up to a probability distribution ρ over pure states so that the initial preparation of any system results in a *mixed quantum state*. Mixed states are statistical ensembles of pure states where the ensemble specifies some lack of knowledge of the system e.g. due to noise, entanglement with larger systems etc. Using the language of statistical quantum mechanics, the distribution ρ assigns a weight $\rho(n) \in [0, 1]$ to the pure states $|n\rangle$ such that the weight describes a fraction of the ensemble in each state. The weights are normalised according to $\sum_n \rho(n) = 1$ and, in the Fock space spanned by $|n\rangle$, they provide a definition of the *density matrix*:

$$\hat{\rho}(t_{\text{in}}) = \sum_n |n(t_{\text{in}})\rangle \rho(n) \langle n(t_{\text{in}})|. \quad (2.1)$$

This expression describes a classical probability distribution over the pure states. Note that any state, with pure or mixed initial preparation, may be described by this formalism¹. Using statistical mechanics, the operator expectation value (the observable) is given by

$$\begin{aligned} \langle \hat{\mathcal{O}}(t_{\text{in}}) \rangle &= \text{tr}[\hat{\rho}(t_{\text{in}}) \hat{\mathcal{O}}(t_{\text{in}})] \\ &= \sum_n \langle n(t_{\text{in}}) | \rho(n) \hat{\mathcal{O}}(t_{\text{in}}) | n(t_{\text{in}}) \rangle \end{aligned} \quad (2.2)$$

at the initial time t_{in} for an observable $\mathcal{O}$. Hence, the initial preparation of a system is equivalent to the determination of $\hat{\rho}(t_{\text{in}})$.

With the initial state now dealt with, the second property to consider is the time evolution of the system. This process is specified by the Hamiltonian $\hat{\mathcal{H}}(t)$, and, in the Heisenberg picture, the system evolves according to the Heisenberg equation of motion:

$$i \frac{d}{dt} \hat{\mathcal{O}}_{\mathcal{H}}(t) = [\hat{\mathcal{O}}_{\mathcal{H}}(t), \hat{\mathcal{H}}(t)] + i \frac{\partial}{\partial t} \hat{\mathcal{O}}_{\mathcal{H}}(t). \quad (2.3)$$

The states are time-independent in this picture and specified fully at t_{in} . A consequence of the above equation of motion is that the time-dependent expectation value, the *one-point*

¹ A pure state $|\Psi\rangle$ has $\hat{\rho} = |\Psi\rangle \langle \Psi|$ and one may in this case note the idempotency $\hat{\rho}^2 = \hat{\rho}$.

function, is given by

$$\langle \hat{\mathcal{O}}_{\mathcal{H}}(t) \rangle = \sum_n \langle n(t_{\text{in}}) | \rho(n) \hat{\mathcal{O}}_{\mathcal{H}}(t) | n(t_{\text{in}}) \rangle. \quad (2.4)$$

The subscript $\mathcal{H}$ will be dropped from now on.

2.1.2 Expansion of the density operator

The initial density operator for an arbitrary experiment may be a multi-particle operator. The most general proof of Wick's theorem was provided by Danielewicz [19]. This work implemented the necessary condition that the expectation value must be taken over non-interacting operators with respect to a one-particle density operator in order for the theorem to hold exactly. However, Wagner [18] provided an appropriate expansion of correlation functions that allows the use of Wick's theorem. This expansion is two-fold and considers both an *arbitrary* (potentially multi-particle) initial density operator and the time evolution operator. Let us discuss such an expansion in more detail.

A generic density operator may always be expressed in an exponential form due to the physical requirements of hermiticity and positivity. This form is realised by the introduction of an operator $\hat{B}$ defined at the initial time t_{in} . This is done in complete analogy to the formalism developed by Matsubara [6] so that

$$\hat{\rho}(t_{\text{in}}) = \frac{1}{Z} \exp[-\lambda \hat{B}(t_{\text{in}})], \quad Z = \text{tr} \exp[-\lambda \hat{B}(t_{\text{in}})], \quad (2.5)$$

which is the starting point of a theory that describes thermal systems. Note that for the grand canonical ensemble $\hat{B} = \hat{\mathcal{H}} - \mu \hat{\mathcal{N}}$ and $\lambda = \beta$, with μ being the chemical potential, $\hat{\mathcal{N}}$ – the particle number operator, and $\beta = T^{-1}$ – inverse temperature, the formalism of Matsubara is recovered. The exponential form of $\hat{\rho}$ closely resembles the Boltzmann distribution which emerges in any system in thermal equilibrium.

One may further define the one-particle density operator $\hat{\rho}_0$ as follows

$$\hat{\rho}_0 = \frac{1}{Z_0} \exp[-\lambda \hat{B}_0], \quad Z_0 = \text{tr} \exp[-\lambda \hat{B}_0]. \quad (2.6)$$

Here, the general one-particle operator $\hat{B}_0$ is extracted from $\hat{B}$ leaving the residual operator $\hat{B}'$: $\hat{B}' \equiv \hat{B} - \hat{B}_0$. Since $\hat{B}_0$ is an analogue to the free one-particle Hamiltonian of the zero-temperature theory, a *generalised interaction picture* can be defined with respect to the time-independent operator in the Schrödinger picture using $\hat{B}_0$ so that

$$\hat{\mathcal{O}}_{B_0}(\tau) = \exp[i\tau \hat{B}_0] \hat{\mathcal{O}}_S(t_0) \exp[-i\tau \hat{B}_0] \quad (2.7)$$

for some parameter τ . Comparing the translation operators (exponentials) on the right-hand side of Eq. (2.7) to that of Eq. (2.6), one arrives at a connection between τ and λ shown below. Making use of this generalised interaction picture to express the residual of $\hat{B}$ after the extraction of $\hat{B}_0$, Wagner [18] defined an expansion of the multi-particle $\hat{\rho}$ in terms of the one-particle $\hat{\rho}_0$. From Eq. (2.5), we have

$$\hat{\rho} = \frac{Z_0}{Z} \hat{\rho}_0 \hat{S}_{C_v}(\tau, 0), \quad \tau = -i\lambda. \quad (2.8)$$

Here, the parameter τ is purely imaginary for real λ and it defines an imaginary contour of evolution (or integration, in what follows) C_v in the complex plane, see Fig. 1. The new operator $\hat{S}_{C_v}$, a generalisation of the time evolution operator of the zero-temperature theory, was introduced above purely by trivial extraction and takes the form

$$\hat{S}_{C_v}(\tau, 0) = \exp[i\tau \hat{B}_0] \exp[-i\tau \hat{B}]. \quad (2.9)$$

This operator satisfies

$$i \frac{\partial}{\partial \tau} \hat{S}_{C_v}(\tau, 0) = \hat{B}'_{B_0}(\tau) \hat{S}_{C_v}(\tau, 0) \quad (2.10)$$

and, hence, it can be formally integrated as

$$\hat{S}_{C_v}(\tau, 0) = T_{C_v} \exp \left[-i \int_0^\tau d\tau' \hat{B}'_{B_0}(\tau') \right]. \quad (2.11)$$

The exponential on the right-hand side has been contour-ordered along the vertical contour segment that goes from 0 to $-i\lambda$ according to

$$T_{C_v} \hat{\mathcal{O}}_1(\tau_1) \hat{\mathcal{O}}_2(\tau_2) = \begin{cases} \hat{\mathcal{O}}_1(\tau_1) \hat{\mathcal{O}}_2(\tau_2) & \tau_1 \geq \tau_2 \text{ on } C_v, \\ \eta \hat{\mathcal{O}}_2(\tau_2) \hat{\mathcal{O}}_1(\tau_1) & \tau_1 < \tau_2 \text{ on } C_v. \end{cases} \quad (2.12)$$

The sign expressed by $\eta = +1$ (-1) accounts for the case of commuting (anticommuting) operators. As mentioned above, $\hat{B}'$ has been expressed in the generalised interaction picture with respect to $\hat{B}_0$. Wagner [18] thereby provides an arbitrary expectation value at t_{in} as follows

$$\langle \hat{\mathcal{O}}(t_{\text{in}}) \rangle = \frac{Z_0}{Z} \sum_{n_0} \langle n_0(t_{\text{in}}) | \rho_0 \hat{S}_{C_v} \hat{\mathcal{O}}(t_{\text{in}}) | n_0(t_{\text{in}}) \rangle. \quad (2.13)$$

This has the same form as Eq. (2.4) if one regards $(Z_0/Z) \hat{S}_{C_v} \hat{\mathcal{O}}(t_{\text{in}})$ as a non-interacting operator (i.e. expressed in the generalised interaction picture) to be averaged with respect to $\hat{\rho}_0$. Notably, $\hat{\rho}_0$ is a *one-particle* density operator defined at the initial time t_{in} . As a consequence, Wick's theorem holds for each term in the expansion of $\hat{S}_{C_v}$ following the criteria

Fig. 1 The generalised thermal integration contour of Matsubara. For the choice of the thermal density operator in the exponential form, the end-point is $t_{\text{in}} - i\beta$ with $\lambda = \beta$

presented by Danielewicz [19]. The emerging contour of integration is the vertical line in Fig. 1. The formalism outlined above is valid for any system that is defined by a distribution in the exponential (thermal) form Eq. (2.5) at some initial point. Quite generally, the formalism has been shown [18] to hold for a wide family of systems since the multi-particle initial distribution may always, at least formally, be expressed in terms of quantities that obey the Wick's theorem.

2.1.3 Real-time evolution operator

The generalised time evolution operator, formally defined by Eq. (2.11), transforms an operator into its average along the contour of Fig. 1. In this section, the definition of this operator will be extended in order to incorporate evolution along the real-time axis thereby allowing for physical time dependence. This development is necessary in order to work out the so-called *real-time formalism* in which real-time quantities may be extracted directly.

Wagner [18] and Danielewicz [19] made an observation that the time evolution operator must be expressed as a non-interacting operator in order for the Wick's theorem to hold. However, the general time-dependent Hamiltonian contains multi-particle interactions. This issue was resolved in the previous section in Eq. (2.13) for the vertical contour in Fig. 1 since this expression provides an expansion in which the Wick's theorem holds for each term in $\hat{S}_C$. In general, in order to compute observables one is interested in the resulting *n-point correlation functions*. The latter can be generalised in the TFT as follows

$$\langle \hat{O}(t_1, t_2, \dots, t_n) \rangle = \langle \hat{O}_1(t_1) \hat{O}_2(t_2) \cdots \hat{O}_n(t_n) \rangle, \quad (2.14)$$

and then extended further to directly incorporate the real-time arguments as opposed to the purely imaginary temporal dependence along the C_v contour discussed in the previous section. Keldysh [9] developed an expansion of the time evolution operator that is valid on the real axis. As shown in Fig. 2, a contour segment C_1 that goes up to some largest time t_{fi} on the real axis is added. A second segment C_2 goes back to t_{in} , again along the real axis, before the piece C_3 goes down to $t_{\text{in}} - i\lambda$. The segments on top of the real axis go through all temporal arguments of the n -point function of interest. Note that the apparent offset from the real axis in

the figure is purely for display purposes: both contour pieces C_1 and C_2 lie exactly on top of the axis.

The contour ordering T_C may be defined along the extended Keldysh contour. In complete analogy to the previous section, the notion of $\hat{B}$ may be extended by the introduction of

$$\hat{K}(t) = \begin{cases} \hat{\mathcal{H}}(t) & t \in \mathbb{R} \text{ on } C_1 \cup C_2, \\ \hat{B}(t) & t = \tau \text{ on } C_v. \end{cases} \quad (2.15)$$

The new operator $\hat{K}(t)$ is defined as the real-time Hamiltonian of a given theory for real-time arguments and the generalised Hamiltonian discussed in the previous section on the vertical contour piece. The procedure may be followed through introducing the one-particle $\hat{K}_0$ and residual $\hat{K}'$ operators that are defined over the entire contour, similarly to $\hat{K}$ (see the analogous definition of $\hat{B}'$, $\hat{B}_0$ following Eq. (2.6)).

The two-point function may be written as

$$\langle \hat{O}(t, t') \rangle = \frac{Z_0}{Z} {}_0 \langle T_C \hat{S}_C \hat{O}_{K_0}(t, t') \rangle_0. \quad (2.16)$$

The subscripts of the brackets here indicate that the trace has to be taken with respect to the one-particle density operator $\hat{\rho}_0$ defined in terms of $\hat{K}_0$. Besides, T_C orders the operators along the entire contour C and the time evolution operator

$$\hat{S}_C = T_C \exp \left[-i \int_C d\tau \hat{K}'_{K_0}(\tau) \right] \quad (2.17)$$

is expressed in the generalised interaction picture with respect to K_0 analogously to Sect. 2.1.2. Hence, a formulation of an arbitrary system, valid also out of equilibrium, exists in terms of the series expansion of $\hat{S}_C$. For such series, the thermodynamic version of Wick's theorem holds [19]. Extracting the physical quantities from such an expansion is unfortunately anything but a straightforward procedure since it is clear that the series contains terms other than real-time correlation functions as well. Several authors have analysed the full expansion out of equilibrium, see for example [9, 18, 20–23]. In particular, Wagner [18] provides a systematic series expansion of the contour-ordered two-point correlation function for fermion fields and sets up the framework in which one could attempt to find a solution to the generalised Dyson's equation.

From this point on, this work will focus on approaches to thermal equilibrium theories, mainly developing their imaginary- and real-time formulations, with the main goal of presenting the decay rates for processes involving neutral scalars and Dirac fermions as practically relevant example calculations in the TFT.

Fig. 2 A partly real-time contour of Keldysh $C = C_1 \cup C_2 \cup C_3$. The contour is extended along the real axis going through the time arguments of any n -point correlation function. The times t_{in} and t_{fi} are arbitrary and may be suitably chosen for a given system under the condition that

all time arguments of the observable are incorporated. Note that the apparent offset from the real axis is superficial; C_1 and C_2 lie exactly on top of each other and the radii of the arcs connecting the contour segments are limited to zero

2.2 Field operators in thermal theory

As was elaborated above in Sect. 2.1.2, the statistical approach to TFT produces a complex-time dependence through the formal equivalence between time and inverse temperature. The expectation values of operators that are needed for the evaluation of the corresponding observables are expressed above as traces over operators with a statistical weight implemented by the density matrix. This subsection provides relevant details on properties of the field operator and its modes in complete analogy to the zero-temperature theory.

2.2.1 KMS condition and ladder operators

The trace interpretation enforces a periodicity condition on the n -point functions of Eq. (2.14). Let us discuss this condition in more detail.

Consider, as an example, the simplest class of n -point functions – the statistical average with respect to the canonical density matrix, $\hat{\rho} = \exp[-\beta \hat{H}]$, of N scalar field operators expressed in the Heisenberg picture. In the case of a one-particle Hamiltonian, the average procedure results in

$$\begin{aligned} & {}_0 \langle \hat{\phi}(t_1) \hat{\phi}(t_2) \cdots \hat{\phi}(t_N) \rangle_0 \\ &= \frac{1}{Z} \text{tr} [\hat{\phi}(t_1) \hat{\phi}(t_2) \cdots \hat{\phi}(t_N) e^{-\beta \hat{H}}]. \end{aligned} \quad (2.18)$$

Using the cyclic property of the trace, it is straightforward to show that

$$\begin{aligned} & {}_0 \langle \hat{\phi}(t_1) \hat{\phi}(t_2) \cdots \hat{\phi}(t_N) \rangle_0 \\ &= \frac{1}{Z} \text{tr} [\hat{\phi}(t_2) \cdots \hat{\phi}(t_N) e^{-\beta \hat{H}} \hat{\phi}(t_1)] \end{aligned}$$

$$\begin{aligned} &= \frac{1}{Z} \text{tr} [\hat{\phi}(t_2) \cdots \hat{\phi}(t_N) \hat{\phi}(t_1 + i\beta) e^{-\beta \hat{H}}] \\ &= {}_0 \langle \hat{\phi}(t_2) \cdots \hat{\phi}(t_N) \hat{\phi}(t_1 + i\beta) \rangle_0. \end{aligned} \quad (2.19)$$

It was noted already in 1932 by Bloch [5] that the sandwiched field operator that appears in the above calculation can *formally* be represented as a result of temporal evolution due to the Heisenberg equation of motion of Eq. (2.3),

$$\hat{\phi}(t) = e^{it\hat{H}} \hat{\phi}(0) e^{-it\hat{H}}. \quad (2.20)$$

The condition of Eq. (2.19) is the well-known Kubo-Martin-Schwinger (KMS) condition [7, 8] that holds for all thermal n -point functions.

Now, any field operator $\hat{\phi}(x)$ of a free theory, as a function of the space-time variable x , may be expanded in the basis of creation and annihilation (ladder) operators. For a bosonic (fermionic) field, these operators (anti)commute. In the case of a bosonic field operator, the commutation relations of the ladder operators may be expressed according to

$$[\hat{a}_k, \hat{a}_l^\dagger] = \delta_{kl} \quad (2.21)$$

for modes k, l and the commutator vanishes for any other combination of operators. Introducing the mode functions $f_k(x)$, $f_k^*(x)$, the free field can be expanded as

$$\hat{\phi}(x) = \sum_k [f_k(x) \hat{a}_k + f_k^*(x) \hat{a}_k^\dagger]. \quad (2.22)$$

The mode functions of the free massive field are the solutions to the Klein-Gordon equation $(\partial^2 + m^2)f_k(x) = 0$ which,

for spinless bosons in a finite volume $V = L^3$, read

$$f_k(x) = \frac{1}{\sqrt{2\omega_k V}} e^{i\mathbf{k}\cdot\mathbf{x}} e^{-i\omega_k t} \quad (2.23)$$

with $\omega_k = \sqrt{\mathbf{k}^2 + m^2}$ denoting the energy of the k th mode, and $\mathbf{k} = 2\pi\mathbf{n}/L$ where $\mathbf{n} = (n_x \ n_y \ n_z)^T$ is the unit 3-vector along the particle momentum. As usual, the dynamics of the field operator above is governed by the free field Hamiltonian

$$\begin{aligned} \hat{H}_0 &= \int d^3x \left[\frac{1}{2} \hat{\pi}^2 + \frac{1}{2} (\nabla \hat{\phi})^2 + \mathcal{V}(\hat{\phi}) \right] \\ &= \frac{1}{2} \sum_k \omega_k [\hat{a}_k \hat{a}_k^\dagger + \hat{a}_k^\dagger \hat{a}_k]. \end{aligned} \quad (2.24)$$

with the conjugate momentum $\pi(x) = \partial_0 \hat{\phi}(x)$ and the free-field potential $\mathcal{V} = -\frac{1}{2} m^2 \hat{\phi}(x)$.

In a theory described by the free-field Hamiltonian, the thermal average of any combination of ladder operators may be evaluated. In analogy to the Heisenberg picture, one may define the shifted operator as

$$\hat{a}_k^\dagger(i\beta) = e^{-\beta \hat{H}_0} \hat{a}_k^\dagger e^{\beta \hat{H}_0} = \hat{a}_k^\dagger e^{\beta \omega_k}, \quad (2.25)$$

where the second equality is extracted from the commutator $[\hat{H}_0, \hat{a}_k^\dagger] = \omega_k \hat{a}_k^\dagger$. Making use of the KMS condition, one notices that

$${}_0 \langle \hat{a}_k^\dagger \hat{a}_l \rangle_0 = {}_0 \langle \hat{a}_l \hat{a}_k^\dagger(i\beta) \rangle_0 = {}_0 \langle \hat{a}_l \hat{a}_k^\dagger \rangle_0 e^{-\beta \omega_k}. \quad (2.26)$$

Applying the commutation relation of Eq. (2.21) results in

$${}_0 \langle \hat{a}_k^\dagger \hat{a}_l \rangle_0 = {}_0 \langle (\hat{a}_k^\dagger \hat{a}_l + \delta_{kl}) \rangle_0 e^{-\beta \omega_k}. \quad (2.27)$$

From this, one obtains

$${}_0 \langle \hat{a}_k^\dagger \hat{a}_l \rangle_0 = \frac{\delta_{kl}}{e^{\beta \omega_k} - 1} = n(\omega_k) \delta_{kl}, \quad (2.28)$$

where $n(\omega_k)$ is the *thermal distribution function* of Bose-Einstein statistics. It is a straightforward exercise to show, in a similar fashion, that

$${}_0 \langle \hat{a}_k \hat{a}_l^\dagger \rangle_0 = [n(\omega_k) + 1] \delta_{kl}, \quad (2.29)$$

$${}_0 \langle \hat{a}_k \hat{a}_l \rangle_0 = 0, \quad (2.30)$$

$${}_0 \langle \hat{a}_k^\dagger \hat{a}_l^\dagger \rangle_0 = 0. \quad (2.31)$$

Adding the case of anticommuting ladder operators, the thermal distribution generalises to

$$n(\omega_k) = \frac{1}{e^{\beta \omega_k} - \eta}, \quad \eta = \pm 1, \quad (2.32)$$

for commuting ($\eta = +1$) and anti-commuting ($\eta = -1$) operators. The latter guarantees that the fields satisfy the periodicity condition imposed by the trace interpretation.

2.2.2 Thermodynamic Wick's theorem

The most general proof of the Wick's theorem can be found in Ref. [19]. Following the basic set up introduced above, one may deploy the same strategy as used for deriving Eq. (2.28) and examine the general expression

$${}_0 \langle \hat{a}_{k_1}^\dagger \cdots \hat{a}_{k_i}^\dagger \hat{a}_{l_j} \cdots \hat{a}_{l_1} \rangle_0. \quad (2.33)$$

It is a simple procedure of applying the commutation relation of Eq. (2.21) together with the KMS condition Eq. (2.26) to show that this expression vanishes if $i \neq j$. If the number of creation and annihilation operators is equal, this expression allows for a simple proof of the thermodynamic version of the Wick's theorem.

Indeed, applying the KMS condition once one gets

$$\begin{aligned} {}_0 \langle \hat{a}_{k_1}^\dagger \cdots \hat{a}_{k_i}^\dagger \hat{a}_{l_j} \cdots \hat{a}_{l_1} \rangle_0 &= {}_0 \langle \hat{a}_{k_2}^\dagger \cdots \hat{a}_{k_i}^\dagger \hat{a}_{l_j} \cdots \hat{a}_{l_1} \hat{a}_{k_1}^\dagger(i\beta) \rangle_0 \\ &= {}_0 \langle \hat{a}_{k_2}^\dagger \cdots \hat{a}_{k_i}^\dagger \hat{a}_{l_j} \cdots \hat{a}_{l_1} \hat{a}_{k_1}^\dagger \rangle_0 e^{-\beta \omega_{k_1}}. \end{aligned}$$

Then, moving the exponential factor to the left-hand side and commuting the creation operator $\hat{a}_{k_1}^\dagger$ through the series of annihilation operators $\hat{a}_{l_j}$, one finds

$$\begin{aligned} {}_0 \langle \hat{a}_{k_1}^\dagger \cdots \hat{a}_{k_i}^\dagger \hat{a}_{l_j} \cdots \hat{a}_{l_1} \rangle_0 e^{+\beta \omega_{k_1}} &= {}_0 \langle \hat{a}_{k_2}^\dagger \cdots \hat{a}_{k_i}^\dagger \hat{a}_{l_j} \cdots \hat{a}_{l_1} \hat{a}_{k_1}^\dagger \rangle_0 \\ &= {}_0 \langle \hat{a}_{k_2}^\dagger \cdots \hat{a}_{k_i}^\dagger \hat{a}_{l_j} \cdots \hat{a}_{l_2} (\hat{a}_{k_1}^\dagger \hat{a}_{l_1} + \delta_{k_1 l_1}) \rangle_0 \\ &= {}_0 \langle \hat{a}_{k_2}^\dagger \cdots \hat{a}_{k_i}^\dagger \hat{a}_{l_j} \cdots \hat{a}_{l_3} (\hat{a}_{k_1}^\dagger \hat{a}_{l_2} + \delta_{k_1 l_2}) \hat{a}_{l_1} \rangle_0 \\ &\quad + \delta_{k_1 l_1} {}_0 \langle \hat{a}_{k_2}^\dagger \cdots \hat{a}_{k_i}^\dagger \hat{a}_{l_j} \cdots \hat{a}_{l_1} \rangle_0 \\ &= \dots = {}_0 \langle \hat{a}_{k_1}^\dagger \cdots \hat{a}_{k_i}^\dagger \hat{a}_{l_j} \cdots \hat{a}_{l_1} \rangle_0 \\ &\quad + \delta_{k_1 l_j} {}_0 \langle \hat{a}_{k_2}^\dagger \cdots \hat{a}_{k_i}^\dagger \hat{a}_{l_j-1} \cdots \hat{a}_{l_1} \rangle_0 \\ &\quad + \dots + \\ &\quad + \delta_{k_1 l_1} {}_0 \langle \hat{a}_{k_2}^\dagger \cdots \hat{a}_{k_i}^\dagger \hat{a}_{l_j} \cdots \hat{a}_{l_2} \rangle_0. \end{aligned}$$

Here, the first term is the average of interest and it can be moved to the left-hand side where it combines to give the thermal function. Collecting all terms proportional to the δ -functions results in

$$\begin{aligned} {}_0 \langle \hat{a}_{k_1}^\dagger \cdots \hat{a}_{k_i}^\dagger \hat{a}_{l_j} \cdots \hat{a}_{l_1} \rangle_0 (e^{+\beta \omega_{k_1}} - 1) \\ = \sum_{m=1}^j \delta_{k_1 l_m} {}_0 \langle \hat{a}_{k_2}^\dagger \cdots \hat{a}_{k_i}^\dagger \hat{a}_{l_j} \cdots \hat{a}_{l_m} \cdots \hat{a}_{l_1} \rangle_0. \end{aligned} \quad (2.34)$$

Moving the thermal factor to the right-hand side, one identifies the Bose-Einstein distribution such that Eq. (2.33)

becomes

$$\begin{aligned} & {}_0\langle \hat{a}_{k_1}^\dagger \cdots \hat{a}_{k_i}^\dagger \hat{a}_{l_j} \cdots \hat{a}_{l_1} \rangle_0 \\ &= \sum_{m=1}^j {}_0\langle \hat{a}_{k_1}^\dagger \hat{a}_{l_m} \rangle_0 {}_0\langle \hat{a}_{k_2}^\dagger \cdots \hat{a}_{k_i}^\dagger \hat{a}_{l_j} \cdots \hat{a}_{l_1} \rangle_0. \end{aligned} \quad (2.35)$$

The rightmost factor in the sum is expanded in a similar fashion using $\{\hat{a}_{m_n}\}_{n=1}^{j-1} \equiv \{\hat{a}_{l_i}\}_{i=1}^j \setminus \hat{a}_{l_m}$. Then,

$$\begin{aligned} & {}_0\langle \hat{a}_{k_2}^\dagger \cdots \hat{a}_{k_i}^\dagger \hat{a}_{l_j} \cdots \hat{a}_{l_1} \rangle_0 \\ &= \sum_{n=1}^{j-1} {}_0\langle \hat{a}_{k_2}^\dagger \hat{a}_{m_n} \rangle_0 {}_0\langle \hat{a}_{k_3}^\dagger \cdots \hat{a}_{k_i}^\dagger \hat{a}_{m_{j-1}} \cdots \hat{a}_{l_1} \rangle_0. \end{aligned} \quad (2.36)$$

Hence, by induction, the full average $\langle \hat{a}_{k_1}^\dagger \cdots \hat{a}_{k_i}^\dagger \hat{a}_{l_j} \cdots \hat{a}_{l_1} \rangle_0$ reduces to

$$\begin{aligned} & {}_0\langle \hat{a}_{k_1}^\dagger \cdots \hat{a}_{k_i}^\dagger \hat{a}_{l_j} \cdots \hat{a}_{l_1} \rangle_0 \\ &= \sum_{m=1}^j \sum_{n=1}^{j-1} \cdots \sum_{r=1}^{j-(i-1)} {}_0\langle \hat{a}_{k_1}^\dagger \hat{a}_{l_m} \rangle_0 {}_0\langle \hat{a}_{k_2}^\dagger \hat{a}_{m_n} \rangle_0 \\ & \quad \cdots {}_0\langle \hat{a}_{k_i}^\dagger \hat{a}_{q_r} \rangle_0 {}_0\langle \hat{a}_{h_{j-(i-1)}} \cdots \hat{a}_{h_1} \rangle_0, \end{aligned} \quad (2.37)$$

for $j > i$. Note, the rightmost factor in the nested sum must vanish since the average of a product of annihilation operators is zero. Similarly for $j < i$,

$$\begin{aligned} & {}_0\langle \hat{a}_{k_1}^\dagger \cdots \hat{a}_{k_i}^\dagger \hat{a}_{l_j} \cdots \hat{a}_{l_1} \rangle_0 \\ &= \sum_{m=1}^j \sum_{n=1}^{j-1} \cdots \sum_{q=1}^2 {}_0\langle \hat{a}_{k_1}^\dagger \hat{a}_{l_m} \rangle_0 {}_0\langle \hat{a}_{k_2}^\dagger \hat{a}_{m_n} \rangle_0 \\ & \quad \cdots {}_0\langle \hat{a}_{k_{j-1}}^\dagger \hat{a}_{p_q} \rangle_0 {}_0\langle \hat{a}_{k_j}^\dagger \hat{a}_{q_r} \rangle_0 {}_0\langle \hat{a}_{k_{j+1}}^\dagger \cdots \hat{a}_{h_i} \rangle_0, \\ &= 0. \end{aligned} \quad (2.38)$$

Hence, it can be concluded that

$$\begin{aligned} & {}_0\langle \hat{a}_{k_1}^\dagger \cdots \hat{a}_{k_s}^\dagger \hat{a}_{l_s} \cdots \hat{a}_{l_1} \rangle_0 \\ &= \sum_{m=1}^s \sum_{n=1}^{s-1} \cdots \sum_{q=1}^2 {}_0\langle \hat{a}_{k_1}^\dagger \hat{a}_{l_m} \rangle_0 {}_0\langle \hat{a}_{k_2}^\dagger \hat{a}_{m_n} \rangle_0 \\ & \quad \cdots {}_0\langle \hat{a}_{k_{s-1}}^\dagger \hat{a}_{p_q} \rangle_0 {}_0\langle \hat{a}_{k_s}^\dagger \hat{a}_{q_1} \rangle_0. \end{aligned} \quad (2.39)$$

So, any average over an equal number of creation and annihilation operators may be expanded as a sum over the product of every possible combination of two-operator averages. All other combinations of creation/annihilation operators have a vanishing thermal average. This is the essence of the thermodynamical Wick's theorem.

2.2.3 Thermo field dynamics

In Sects. 2.2.1–2.2.2, an operator formalism for treating dynamics of the fundamental fields has been introduced. As seen already in Sect. 2.1.3, the physical operators of TFT can be defined on the real-time contour shown in Fig. 2. The theory gets simplified significantly if one considers a thermal system in equilibrium. The study of thermal operators acting on the states of the equilibrated Hilbert space is referred to as *thermo fields dynamics*. This approach was investigated first by Umezawa et al (see e.g. Refs. [10, 24, 25]) and the idea results in a doubling of the Hilbert space. Thermo field dynamics has been further developed by Fujimoto et al. [26] and incorporates, for example, a thorough structure of the thermal vacuum as well as provides a fundamental understanding of gauge theories in TFT [27].

The emergent property of the doubling of degrees of freedom is present also in the path-integral formulation of the real-time formulation. This makes the evaluation of dynamical thermal quantities, e.g. the full thermal propagator, cumbersome in comparison to the case of the zero-temperature theory. However, both thermo field dynamics and its path-integral version provide the means for evaluating the observables without considering the imaginary times, a property which aids the physical interpretation. We refer the interested reader to several books written on this topic, see for example [24, 27].

2.3 Thermal two-point functions and propagators

Knowing the properties of the thermal trace from Sect. 2.2, the first non-trivial correlation, the two-point function, may be discussed in some detail. Its explicit form will be obtained and a comparison to the corresponding quantity from the zero-temperature theory is made straightforward. Besides, the thermal propagator of the Klein-Gordon theory is described, to be further generalised to charged anti-commuting multi-component fields in later sections.

2.3.1 Thermal two-point correlation functions

Owing to the discussion in previous sections, the tools have been outlined in order to calculate the two-point correlation function of a free neutral scalar field which will be used as an example for thermal calculations later on. First, let us define the two-point correlation functions ordered in the temporal arguments according to

$$\begin{aligned} C^>(x, x') &= {}_0\langle \hat{\phi}(x) \hat{\phi}(x') \rangle_0, \\ C^<(x, x') &= {}_0\langle \hat{\phi}(x') \hat{\phi}(x) \rangle_0. \end{aligned} \quad (2.40)$$

Now, the first one can be computed by expansion of the field in terms of the ladder operators as

$$C^>(x, x') = \left\langle \left(\sum_k \left[f_k(x) \hat{a}_k + f_k^*(x) \hat{a}_k^\dagger \right] \right) \times \left(\sum_l \left[f_l(x') \hat{a}_l + f_l^*(x') \hat{a}_l^\dagger \right] \right) \right\rangle_0. \quad (2.41)$$

Only averages over an equal number of creation and annihilation operator will contribute to this expression. Hence,

$$\begin{aligned} C^>(x, x') &= \sum_{k,l} \left[f_k(x) f_l^*(x') \langle \hat{a}_k \hat{a}_l^\dagger \rangle_0 + f_k^*(x) f_l(x') \langle \hat{a}_k^\dagger \hat{a}_l \rangle_0 \right] \\ &= \sum_k \left[-f_k(x) f_k^*(x') n(-\omega_k) + f_k^*(x) f_k(x') n(\omega_k) \right]. \end{aligned} \quad (2.42)$$

Substituting the expression for the mode functions f_k from Eq. (2.23), we obtain

$$C^>(x, x') = \frac{1}{V} \sum_k \frac{1}{2\omega_k} \left[-e^{-i(\omega_k(t-t') - \mathbf{k} \cdot (\mathbf{x} - \mathbf{x}'))} n(-\omega_k) + e^{+i(\omega_k(t-t') - \mathbf{k} \cdot (\mathbf{x} - \mathbf{x}'))} n(\omega_k) \right]. \quad (2.43)$$

In the *thermodynamic limit*², an integral replaces the sum [13] so that

$$\begin{aligned} C^>(x, x') &= \int \frac{d^3k}{(2\pi)^3} \frac{1}{2\pi} \frac{\pi}{\omega_k} \\ &\times \left[-n(-\omega_k) e^{-i\omega_k(t-t')} e^{+i\mathbf{k} \cdot (\mathbf{x} - \mathbf{x}')} + n(\omega_k) e^{+i\omega_k(t-t')} e^{-i\mathbf{k} \cdot (\mathbf{x} - \mathbf{x}')} \right]. \end{aligned} \quad (2.44)$$

In order to produce an integral in four-space over k , the following identity may be employed

$$\begin{aligned} n(\mp\omega_k) e^{\mp i\omega_k(t-t')} &= \int dk_0 n(-k_0) e^{-ik_0(t-t')} \delta(k_0 \mp \omega_k), \end{aligned} \quad (2.45)$$

so that the correlation function becomes

$$\begin{aligned} C^>(x, x') &= \int \frac{d^4k}{(2\pi)^4} \frac{\pi}{\omega_k} \\ &\times \left[-n(-k_0) e^{-ik_0(t-t')} e^{+i\mathbf{k} \cdot (\mathbf{x} - \mathbf{x}')} \delta(k_0 - \omega_k) + n(-k_0) e^{-ik_0(t-t')} e^{-i\mathbf{k} \cdot (\mathbf{x} - \mathbf{x}')} \delta(k_0 + \omega_k) \right] \end{aligned} \quad (2.46)$$

² Keeping the density of states constant, the replacement $\frac{1}{V} \sum_k \rightarrow \int \frac{d^3k}{(2\pi)^3}$ is valid.

$$\begin{aligned} &= \int \frac{d^4k}{(2\pi)^4} \frac{\pi}{\omega_k} \left[-\delta(k_0 - \omega_k) + \delta(k_0 + \omega_k) \right] \\ &\times n(-k_0) e^{-ik \cdot (x - x')}. \end{aligned}$$

Since $\omega_k = \omega_{-k}$ by definition of ω_k , the second integral could be recast by a change of variables according to $\mathbf{k} \rightarrow -\mathbf{k}$. Hence, the exponential could be taken out for $k = (k_0, \mathbf{k})$. Now, by identifying

$$n(-k_0) = -[1 + n(k_0)] \quad (2.47)$$

and by defining the *free spectral density*

$$\rho_0(k) = \frac{\pi}{\omega_k} \left[\delta(k_0 - \omega_k) - \delta(k_0 + \omega_k) \right], \quad (2.48)$$

the correlation function finally transforms to

$$\begin{aligned} C^>(x, x') &= \int \frac{d^4k}{(2\pi)^4} e^{-ik \cdot (x - x')} \tilde{C}^>(k), \\ \tilde{C}^>(k) &= \rho_0(k) [1 + n(k_0)]. \end{aligned} \quad (2.49)$$

Note that the free spectral density $\rho_0(k)$ here should not be confused with the initial density matrix.

Similarly, the Fourier transform of $C^<(x, x')$ may be found as

$$C^<(x, x') = \int \frac{d^4k}{(2\pi)^4} e^{-ik \cdot (x - x')} \tilde{C}^<(k), \quad (2.50)$$

for which for following relation holds

$$\tilde{C}^>(k) = e^{k_0\beta} \tilde{C}^<(k). \quad (2.51)$$

The latter can be straightforwardly proven by utilising the KMS condition.

Let us now consider the average of the commutator

$$\begin{aligned} 0 \langle [\hat{\phi}(x), \hat{\phi}(x')] \rangle_0 &= \int \frac{d^4k}{(2\pi)^4} e^{-ik \cdot (x - x')} \left[\tilde{C}^>(k) - \tilde{C}^<(k) \right]. \end{aligned} \quad (2.52)$$

Making use of the relation between the two Fourier transforms in Eq. (2.51), one finds that

$$0 \langle [\hat{\phi}(x), \hat{\phi}(x')] \rangle_0 = \int \frac{d^4k}{(2\pi)^4} e^{-ik \cdot (x - x')} \rho_0(k), \quad (2.53)$$

utilising the fact that $[1 + n(k_0)] [1 - e^{-k_0\beta}] \equiv 1$. Such an average be used in analogy to the zero-temperature theory e.g. in order to define the thermal retarded and advanced propagators as follows

$$iD^R(x - x') = \Theta(x^0 - x'^0) 0 \langle [\hat{\phi}(x), \hat{\phi}(x')] \rangle_0, \quad (2.54)$$

$$iD^A(x-x') = -\Theta(x'^0 - x^0)_0 \langle [\hat{\phi}(x), \hat{\phi}(x')] \rangle_0, \quad (2.55)$$

where $\Theta(x)$ is the standard Heaviside step function.

2.3.2 Thermal propagators

In analogy to the correlation function $\langle \hat{\mathcal{O}}(t_1, t_2, \dots, t_n) \rangle$ of Eq. (2.14), one may define the *thermal Green's functions* as

$$G(x_1, x_2, \dots, x_n) = \langle T \{ \hat{\phi}(x_1) \hat{\phi}(x_2) \cdots \hat{\phi}(x_n) \} \rangle \quad (2.56)$$

that are the time-ordered thermal averages of products of the field operators $\{\hat{\phi}(x_i)\}$ as prescribed by Eq. (2.16).

As an important non-trivial example, the two-point thermal Green's function for the free theory reads

$$G_0(x, x') \stackrel{\text{free}}{=} {}_0 \langle T \{ \hat{\phi}(x) \hat{\phi}(x') \} \rangle_0, \quad (2.57)$$

and in order for $G_0(x, x')$ to be a Green's function of the theory, it must obey the Klein-Gordon equation of motion

$$(\partial^2 + m^2)G_0(x, x') = -i\delta^{(4)}(x - x'). \quad (2.58)$$

Using the definition of $G_0(x, x')$, one identifies the thermal propagator of the free field

$$iD(x-x') = \Theta(t-t')_0 \langle \hat{\phi}(x) \hat{\phi}(x') \rangle_0 + \Theta(t'-t)_0 \langle \hat{\phi}(x') \hat{\phi}(x) \rangle_0 \equiv \Theta(t-t')iD^>(x-x') + \Theta(t'-t)iD^<(x-x'), \quad (2.59)$$

which should itself be a Green's function of the Klein-Gordon equation, i.e.

$$(\partial^2 + m^2)D(x-x') = \delta^{(4)}(x-x'). \quad (2.60)$$

In order to demonstrate this explicitly, let the derivative act on the variable x as will be denoted by $\partial_{(x)}^2$ while treat x' as a constant shift. Then,

$$\begin{aligned} (\partial_{(x)}^2 + m^2)D(x-x') &= (\partial_{(x)}^2 + m^2) \left\{ \Theta(t-t')D^>(x, x') + \Theta(t'-t)D^<(x, x') \right\} \\ &= [\partial_{(x)}^2 \Theta(t-t')]D^>(x, x') + [\partial_{(x)}^2 \Theta(t'-t)]D^<(x, x') + 2 \left\{ [\partial_{(x)\mu} \Theta(t-t')] [\partial_{(x)}^\mu D^>(x, x')] \right. \\ &\quad \left. + [\partial_{(x)\mu} \Theta(t'-t)] [\partial_{(x)}^\mu D^<(x, x')] \right\} + \Theta(t-t')[(\partial_{(x)}^2 + m^2)D^>(x, x')] + \Theta(t'-t)[(\partial_{(x)}^2 + m^2)D^<(x, x')]. \end{aligned} \quad (2.61)$$

Using the identity $d\Theta(t)/dt = \delta(t)$ and rewriting the terms with second-order derivatives as

$$\begin{aligned} [\partial_{(x)}^2 \Theta(t-t')]D^>(x, x') & \quad (2.62) \\ &= \partial_{(x)}^\mu \left\{ [\partial_{(x)\mu} \Theta(t-t')]D^>(x, x') \right. \\ &\quad \left. - [\partial_{(x)\mu} \Theta(t-t')] [\partial_{(x)}^\mu D^>(x, x')] \right\} \\ &= \partial_{(x)}^0 \left\{ \delta(t-t')D^>(x, x') \right\} - \delta(t-t') [\partial_{(x)}^0 D^>(x, x')] \end{aligned}$$

and

$$\begin{aligned} [\partial_{(x)}^2 \Theta(t'-t)]D^<(x, x') & \quad (2.63) \\ &= \partial_{(x)}^0 \left\{ -\delta(t-t')D^<(x, x') \right\} + \delta(t-t') [\partial_{(x)}^0 D^<(x, x')]. \end{aligned}$$

we notice that the terms proportional to $\delta(t-t')$ disappear. Besides, one observes that

$$\begin{aligned} (\partial_{(x)}^2 + m^2)D^>(x, x') & \\ &= (\partial_{(x)}^2 + m^2) \int \frac{d^4k}{(2\pi)^4} e^{-ik \cdot (x-x')} \tilde{D}^>(k) \\ &= \int \frac{d^4k}{(2\pi)^4} e^{-ik \cdot (x-x')} [-k^2 + m^2] \tilde{D}^>(k) = 0, \end{aligned} \quad (2.64)$$

due to $\tilde{D}^>(k) \propto \delta(k^2 - m^2)$, and the same holds true for the term containing $(\partial_{(x)}^2 + m^2)D^<(x, x')$. Hence, the full expression is straightforwardly evaluated to

$$\begin{aligned} (\partial_{(x)}^2 + m^2)D(x-x') & \\ &= \delta(t-t') \partial_{(x)}^0 \left\{ D^>(x, x') - D^<(x, x') \right\} \\ &\stackrel{\text{Eq. (2.53)}}{=} \delta(t-t') \partial_{(x)}^0 \int \frac{d^4k}{(2\pi)^4} e^{-ik \cdot (x-x')} \rho_0(k) \\ &= -i\delta^{(4)}(x-x'), \end{aligned} \quad (2.65)$$

thus, completing the proof.

2.3.3 Spectral representation

A special form of the thermal propagator $D(x-x')$ is known as its *spectral representation* in terms of the spectral density

defined above in Eq. (2.48). The propagator introduced in the previous section may be re-written as an integral in momentum space as

$$\begin{aligned}
D(x - x') &= \Theta(t - t') D^>(x, x') + \Theta(t' - t) D^<(x, x') \\
&\stackrel{\text{KMS}}{=} \Theta(t - t') \int \frac{d^4 k}{(2\pi)^4} e^{-ik \cdot (x - x')} \rho_0(k) [1 + n(k_0)] \\
&\quad + \Theta(t' - t) \int \frac{d^4 k}{(2\pi)^4} e^{-ik \cdot (x - x')} e^{-k_0 \beta} \rho_0(k) [1 + n(k_0)].
\end{aligned} \quad (2.66)$$

Note that $e^{-k_0 \beta} [1 + n(k_0)] = n(k_0)$, recovering the spectral representation for a bosonic scalar field (see e.g. Ref. [28])

$$\begin{aligned}
D(x - x') &= \int \frac{d^4 k}{(2\pi)^4} e^{-ik \cdot (x - x')} \rho_0(k) \{ \Theta(t - t') + n(k_0) \}, \\
\eta &= +1.
\end{aligned} \quad (2.67)$$

For practical applications in Feynman diagrams computation, it is instructive to turn into momentum space and to compare the Fourier-transform of the thermal propagator to its zero-temperature counterpart. To recover an explicit form of the Fourier transform of $D(x - x')$, one starts with Eq. (2.67) and writes

$$\begin{aligned}
\tilde{D}(k) &= \int \frac{d^4 q}{(2\pi)^4} \rho_0(q) \\
&\quad \times \int d^4 x \Theta(t - t') e^{-i(q-k) \cdot (x - x')} + \rho_0(k) n(k_0).
\end{aligned} \quad (2.68)$$

Using the following representation of the Heaviside function,

$$\Theta(t - t') = -\frac{1}{2\pi i} \lim_{\epsilon \rightarrow 0^+} \int_{\mathbb{R}} d\tau \frac{1}{\tau + i\epsilon} e^{-i\tau(t-t')}, \quad (2.69)$$

the integral in Eq. (2.68) may be re-written as

$$\begin{aligned}
\tilde{D}(k) &= i \lim_{\epsilon \rightarrow 0^+} \int \frac{ds'_0}{2\pi} \frac{1}{s'_0 + i\epsilon} \int \frac{d^4 q}{(2\pi)^4} \rho_0(q) \\
&\quad \times \int d^4 x e^{-is'_0(t-t')} e^{-i(q-k) \cdot (x - x')} + \rho_0(k) n(k_0) \\
&= i \lim_{\epsilon \rightarrow 0^+} \int \frac{dk'_0}{2\pi} \frac{\rho_0(k'_0, \mathbf{k})}{k_0 - k'_0 + i\epsilon} + \rho_0(k) n(k_0),
\end{aligned} \quad (2.70)$$

where $k'_0 = k_0 - s'_0$. This rather compact expression for the thermal propagator has a straightforward interpretation. The first term contains no reference to the thermal (medium) parameter β and resembles the propagator of the zero-temperature theory. The last term contains the thermal distribution function $n(k_0)$ that characterises the medium in equilibrium through the temperature parameter $T \equiv \beta^{-1}$ and for the Bose-Einstein (Fermi-Dirac) distribution governing the statistics of bosons (fermions). Note, this function vanishes when $T \rightarrow 0$. The thermal propagator has therefore naturally been split into thermal and non-thermal terms.

2.4 Contour path-integral formulation

From the outline of the TFT given above, together with some illuminating examples, it has become clear that in order to perform explicit calculations, one must specify the initial thermal density. Focusing on the case of density operators that describe the thermal systems in equilibrium, this subsection overviews the path-integral formulation of such systems starting from the density distribution of the grand canonical ensemble. Then, the *generating functional* is discussed before the perturbative expansion of the thermal path-integral formalism is considered. The general propagator of TFT is discussed and the KMS condition is then restated in the context of path integral formulation.

One-particle quantities will be assumed initially since it has been shown above that the thermal functions of multi-particle systems may be recast into a series expansion over one-particle quantities and much of the theory from this point on is initially introduced for free particles. Interactions are thereafter introduced perturbatively. The material presented here is primarily based on an extensive discussion by Landsman and van Weert in Ref. [13].

2.4.1 Grand canonical ensemble

In thermal equilibrium, the Hamiltonian $\hat{\mathcal{H}}$ is time-independent, and a system of charged particles is characterised by the density operator of the grand canonical ensemble

$$\begin{aligned}
\hat{\rho} &= \exp \left[-\Phi - \sum_a \alpha_a \hat{Q}_a - \beta \hat{\mathcal{H}} \right], \\
\Phi &= \log \text{tr} \exp \left[-\sum_a \alpha_a \hat{Q}_a - \beta \hat{\mathcal{H}} \right].
\end{aligned} \quad (2.71)$$

Here, $\hat{Q}_a$ are the conserved charges with $a \in \{1, A\}$, and Φ is the thermodynamical potential related to the partition function through $\Phi = -\log Z$. The charge operators $\hat{Q}_a$ and the Lagrange multipliers α_a may be related to the number density operator and the chemical potential, respectively, as

$$\hat{N}_a = \frac{1}{V} \langle \hat{Q}_a \rangle, \quad \alpha_a = -\beta \mu_a, \quad (2.72)$$

where V is the volume of the system and μ_a corresponds to the chemical potential related to each type of charge a . As seen in the previous section, the form of $\hat{\rho}$ determines the expectation value of any n -point function³.

³ This work presents the formalisms and results in the rest frame of the medium, for simplicity. A Lorentz-covariant formulation of the grand canonical ensemble has been introduced by Niemi and Semenoff in Ref. [11].

2.4.2 Generating functional

Analogous to zero-temperature QFT and to the scalar-field theory example in Eq. (2.56), the n -point correlation functions (or thermal Green's functions) of arbitrary (commuting or anticommuting) field operators $\hat{\Phi}$ can be defined as

$$G_C(x_1, x_2, \dots, x_n) = \langle T_C \hat{\Phi}(x_1) \hat{\Phi}(x_2) \cdots \hat{\Phi}(x_n) \rangle. \quad (2.73)$$

An important detail brushed over in the example calculations above is the fact that the thermal Green's functions depend explicitly on the choice of integration contour C . This is evident mainly in Eq. (2.17). The contour of integration may be chosen quite arbitrarily but it becomes restricted for diagrammatic formalisms that require the thermodynamic version of Wick's theorem to hold.

The thermal Green's functions can be generated by the functional

$$Z[j] = Z[0] \left\langle T_C \exp \left[i \int_C d^4x j(x) \hat{\Phi}(x) \right] \right\rangle \quad (2.74)$$

expressed in terms of the c -number sources $j(x)$ through functional differentiation as

$$G_C(x_1, x_2, \dots, x_n) = \frac{1}{Z[0]} \frac{\delta^n Z[j]}{i \delta j(x_1) \cdots i \delta j(x_n)} \Big|_{j=0}. \quad (2.75)$$

The normalisation here is $Z[0] = \exp[\Phi(\beta, V)]$.

The generating functional of Eq. (2.74) contains all n -point functions $G_C(x_1, \dots, x_n)$. In analogy to the zero-temperature theory, all *disconnected diagrams* can be factorised out by considering only the *connected Green's functions* $G_C^{(n)}(x_1, \dots, x_n)$ defined by

$$G_C^{(n)}(x_1, \dots, x_n) = \frac{\delta^n W[j]}{i \delta j(x_1) \cdots i \delta j(x_n)} \Big|_{j=0}, \quad (2.76)$$

$$W[j] = \log Z[j].$$

The connected Green's functions satisfy the following *cluster property*:

$$\lim_{|x_i - x_j| \rightarrow \infty} G_C^{(n)}(x_1, \dots, x_n) = 0, \quad (2.77)$$

which may be verified by direct evaluation. That is, the connected pieces fall off to zero when the distance between the field points increases. The expansion of $W[j]$

is often referred to as the *cumulative (or cumulant) expansion* in statistical mechanics. The resulting series trivially generates the connected Green's functions, i.e. the sum of all diagrams that are fully connected. As a consequence of the logarithmic relation between $Z[j]$ and $W[j]$, the contribution from *vacuum bubble diagrams*, $Z[0]$, factorises and may be absorbed by the normalisation of the Green's functions. An illustration of the order-by-order cancellation of *disconnected* bubble diagrams can be found in Appendix A.

Time-ordering procedure on the contour, T_C , may be explicitly expressed by parametrising C according to $t = z(\tau)$, with τ being real and monotonically increasing along the contour. Through the definition of the *contour step function*

$$\Theta_C(t - t') = \Theta(\tau - \tau'), \quad (2.79)$$

the two-point function, taken as an example, reads

$$G_C(x, x') = \Theta_C(t - t') \langle \hat{\Phi}(x) \hat{\Phi}(x') \rangle + \eta \Theta_C(t' - t) \langle \hat{\Phi}(x') \hat{\Phi}(x) \rangle, \quad (2.80)$$

where the sign factor $\eta = \pm 1$ for commuting/anticommuting (bosonic/fermionic) field operators. Weldon [14] showed that this expression is well behaved only if the imaginary component of the contour C does not increase with τ . Feynman, Matthews and Salam [29, 30] provided the first proof of this statement in the context of the path-integral formulation.

It should be mentioned at this point that the terms *scalar*, *boson* and *fermion* will be used extensively throughout the following theoretical outline below, as well as *commuting* and *anticommuting* fields and operators. Some of those labels are used in a somewhat different context by various authors and hereby we would like to clarify on how such terms are used within this work.

The term 'scalar' intends to reference a scalar quantity both in Lorentz and in any internal space. Hence, a 'scalar field' associates a single value to each point in space-time but it may be either a *commuting* or an *anticommuting field* (the latter being a *Grassmann variable*) in this review. A 'boson' refers to an operator that obeys canonical *commutation* relations. Hence, a 'scalar boson' is the specification of a scalar (i.e. not a vector) field that obeys Bose-Einstein statistics. The use of the term 'fermionic scalar' in this review might induce some confusion for the reader; the label refers to a scalar field that anticommutes (which is not a vector in a given space). This distinction of scalars is introduced simply because it is

$$W[j] = \log Z[0] + \sum_{n=1}^{\infty} \frac{i^n}{n!} \int \cdots \int d^4x_1 \cdots d^4x_n G_C^{(n)}(x_1, \dots, x_n) \cdot j(x_1) \cdots j(x_n) \quad (2.78)$$

an easier exercise and a common approach in the literature to present the initial theory in terms of either commuting or anticommuting scalar (neutral one-component) fields. The formalism is then later extended to include fields that carry Lorentz or spin components. Hence, proper care must be taken when constructing the Lagrangian so as to only include field types with the proper structure in Lorentz and spin space respecting the relevant symmetries of the theory. The term ‘fermion’ is applied along its most common usage to Dirac spinors that carry components in spin space.

2.4.3 Path-integral formulation

The functional that generates the n -point functions was determined in the previous section as a thermal expectation value over operators (Eq. (2.74)). In the path-integral formulation, the state vectors that span the Fock space introduced in Sect. 2.1 can be used as a basis of *coherent states* that are eigenstates of the annihilation component of the field operator. The discrete modes are then exchanged for the continuous three-space variable⁴, $\mathbf{x}$. This coherent state basis may be chosen to express the field states $|\phi(\mathbf{x}); 0\rangle$ at time $t = 0$ that are eigenstates of the field operator $\hat{\phi}(x)$:

$$\begin{aligned}\hat{\phi}(x) |\phi(\mathbf{x}); 0\rangle &= \phi(x) |\phi(\mathbf{x}); 0\rangle, \\ \hat{\phi}(x) &= e^{i\hat{H}t} \hat{\phi}(0, \mathbf{x}) e^{-i\hat{H}t}.\end{aligned}\quad (2.81)$$

The theory of *neutral bosonic* field considered in this subsection provides a simple example with vanishing chemical potential. The coherent states generalised to the continuum picture can be used to express the *functional integration measure* and further to express the thermal trace in the generating functional as

$$\begin{aligned}Z[j] &= \int [\mathcal{D}\phi] \langle \varphi; t_{\text{in}} | e^{-\beta \hat{H}} T_C \exp \left[i \int_C d^4x j(x) \hat{\phi}(x) \right] | \varphi; t_{\text{in}} \rangle.\end{aligned}\quad (2.82)$$

Note that the bra and ket states here must be taken at equal times to uphold the trace interpretation.

Given the time evolution of the field operator in Eq. (2.81), the states absorb the exponential through

$$|\phi(\mathbf{x}); t\rangle = e^{i\hat{H}t} |\phi(\mathbf{x}); 0\rangle. \quad (2.83)$$

The action of the canonical density operator inside the trace of Eq. (2.82) can then analogously be interpreted as a complex shift in time, i.e.

⁴ For more details, we refer the interested reader to any suitable textbook on QFT, e.g. Ref. [1].

$$\langle \varphi; t_{\text{in}} | e^{-\beta \hat{H}} = \langle \varphi; t_{\text{in}} - i\beta |. \quad (2.84)$$

This, so far, purely formal equivalence of the thermal density operator to the time-evolution operator was first noted by Bloch [5] already in 1932 and from this observation follows the introduction of the complex temporal contour discussed in Sect. 2.1. Note specifically that the eigenvalue of the field operator, φ , remains in order for the trace interpretation to hold. The functional measure $[\mathcal{D}\phi]$ is such as it may only pick out the fields with this periodicity condition over $i\beta$ so that $\varphi(t_{\text{in}}, \mathbf{x}) = \varphi(t_{\text{in}} - i\beta, \mathbf{x})$. With the formal observation above, the shifted trace can be restated in terms of some arbitrary initial and final times t_i, t_f with the aid of the Feynman-Salam-Matthews (FSM) formula [29,30],

$$\begin{aligned}\langle \varphi_f(\mathbf{x}); t_f | T_C F[\hat{\phi}] | \varphi_i(\mathbf{x}); t_i \rangle &= \mathcal{N}' \iint [\mathcal{D}\phi] [\mathcal{D}\pi] F[\phi] \\ &\quad \times \exp \left[i \int_{t_i}^{t_f} dt \int_V d^3x \{ \pi(x) \dot{\phi}(x) - \mathcal{H}(x) \} \right] \\ &= \mathcal{N} \int [\mathcal{D}\phi] F[\phi] e^{iS[\phi]},\end{aligned}\quad (2.85)$$

if the path-integral on the right-hand side is taken over all c -number fields that satisfy the boundary conditions

$$\phi(t_i, \mathbf{x}) = \varphi_i(\mathbf{x}) \quad \text{and} \quad \phi(t_f, \mathbf{x}) = \varphi_f(\mathbf{x}). \quad (2.86)$$

In fact, Eq. (2.85) remains valid for arbitrary initial and final times under the single restriction that the imaginary component of the integration contour C connecting t_i and t_f may not increase along the direction of the contour [13]. Hence, C must go downwards in the complex plane or extend in a parallel direction to the real axis. When specifying the theory to one with no derivative couplings, the normalisation $\mathcal{N}'$ in Eq. (2.85) may absorb the Gaussian integration over the conjugate momentum so that $\mathcal{N}' \rightarrow \mathcal{N}$. The action is then

$$S[\phi] = \int_{t_i}^{t_f} dt \int d^3x \mathcal{L}(x) \xrightarrow[\substack{\text{For } t_i, t_f \\ \text{connected} \\ \text{by } C.}]{\rightarrow} \int_C d^4x \mathcal{L}(x), \quad (2.87)$$

and hence the generating functional becomes

$$\begin{aligned}Z[j] &= \mathcal{N} \int [\mathcal{D}\phi] \exp \left[i \int_C d^4x \left(\mathcal{L}(x) + j(x) \phi(x) \right) \right] \\ &= Z[0] \langle \exp [i j \cdot \phi] \rangle, \\ j \cdot \phi &\equiv i \int_C d^4x j(x) \phi(x),\end{aligned}\quad (2.88)$$

in terms of the field $\phi(x)$ and its source $j(x)$. Here, $t_i = t_{\text{in}}$ and $t_f = t_{\text{in}} - i\beta$ are connected via the contour C .

Expressed above as a path-integral in terms of fields rather than operators, the generating functional accounts for the time ordering on the contour. Further, the averaging procedure has been reinterpreted in the path-integral formulation to be taken with respect to the action as a statistical weight. The ill-defined⁵ normalisation $Z[0]$ cancels out in the thermal Green's functions of Eq. (2.75). This quantity contains all vacuum bubbles and is briefly discussed in terms of diagrams in section Appendix A.

In order to apply the tools of perturbation theory, one first splits the Lagrangian into its free and interaction parts as $\mathcal{L} = \mathcal{L}_0 + \mathcal{L}_1$, such that the prefactor $Z[0]$ in Eq. (2.88) factorises into free, $Z_0[0]$, and interaction, $Z_1[0]$ parts. In order to obtain the Feynman rules and a diagrammatic series, the $Z_1[0]$ then undergoes a perturbative expansion into a series over the interaction term i.e.

$$\begin{aligned} \exp\left[i \int_C d^4x \mathcal{L}_1(x)\right] &\equiv \exp[iS_I[\phi]] \\ &= \sum_{n=0}^{\infty} \frac{1}{n!} (iS_I[\phi])^n. \end{aligned} \quad (2.89)$$

By observing that the expansion series can be obtained by functional differentiation w.r.t. the source $j(x)$, the argument of S_I may be replaced by the functional differential, and the exponentiated interaction term, no longer a functional of ϕ , can be taken out of the functional integral. The full $Z[j]$ can thus be rewritten in analogy to that in the zero-temperature theory as

$$Z[j] = \exp\left[i \int_C d^4x \mathcal{L}_1\left[\frac{\delta}{i\delta j(x)}\right]\right] Z_0[j]. \quad (2.90)$$

Note, however, that the series expansion is formally presented in full generality w.r.t. a given contour C and the individual terms in this expansion may only have a clear interpretation once a particular choice for the contour C is specified.

2.5 Thermal propagators

In this subsection, the propagator of a free neutral boson will be connected to the two-point correlation function. The latter is of great importance for practical computations and it

is found by the evaluation of expectation values in the form

$$\langle \hat{\mathcal{O}}(t, t') \rangle = \langle \hat{\mathcal{O}}_1(t) \hat{\mathcal{O}}_2(t') \rangle, \quad (2.91)$$

while making use of the time-ordering procedure on the contour, see Sect. 2.4.2. This section will further generalise the discussion of thermal propagators to include anticommuting charged multi-component fields and we follow closely the notation and procedure provided by Landsman and van Weert [13].

2.5.1 Propagator of the free neutral scalar boson

In the special case of a free scalar particle with no derivative couplings⁶, here a neutral ($\mu = 0$) boson with the free Klein-Gordon Lagrangian

$$\mathcal{L}_0(x) = \frac{1}{2} \phi(x) (-\partial^2 - m^2) \phi(x), \quad (2.92)$$

the free generating functional in Eq. (2.88) may be rewritten by means of a change of variables

$$\phi(x) \rightarrow \phi(x) - \int_C d^4x' D_C(x - x') j(x') \quad (2.93)$$

as follows

$$\begin{aligned} Z_0[j] &= Z_0[0] \exp\left[-\frac{i}{2} \int_C d^4x \int_C d^4x' j(x) D_C(x - x') j(x')\right]. \end{aligned} \quad (2.94)$$

The shift in $\phi(x)$ is chosen carefully in order to complete the square of the free Lagrangian. The emerging *thermal bosonic propagator* $D_C(x - x')$ is defined in relation to the differential operator of the equation of motion and it satisfies

$$K(i\partial) D_C(x - x') = \delta_C(x - x') \text{ for } K(i\partial)\phi(x) = 0. \quad (2.95)$$

For a neutral scalar boson, $K(i\partial) \equiv -(\partial^2 + m^2)$ is the usual Klein-Gordon operator. The contour δ -function may be defined as $\delta_C(t - t') = \left(\frac{\partial z}{\partial \tau}\right)^{-1} \delta(\tau - \tau')$ with τ parametrising the contour C (recall the definition $t \equiv z(\tau)$).

Therefore, the propagator is related to the free two-point Green's function as follows

$$G_{0C}(x, x') \equiv i D_C(x - x'). \quad (2.96)$$

⁵ The functional integration $\int [\mathcal{D}\phi]$ represents the summation over all sufficiently differentiable and integrable functions that must be taken into account when considering all paths. However, the total space of all functions is vastly larger and there exists no rigorous method of picking out only the physically relevant functions in the path-integral. The main strategies include pulling back to a discrete formulation, as is done in the field of lattice theories, or to normalise the theory to a reference problem that is analytically solvable.

⁶ No such couplings are assumed to exist in the theory in order for the integration over the canonical momentum variable in the generating functional to be analytically performed. As an immediate consequence, the free scalar-field action reduces to $S = \int d^4x \frac{1}{2} (\partial_\mu \phi \partial^\mu \phi - m^2 \phi^2) \rightarrow \int d^4x \frac{1}{2} \phi (-\partial^2 - m^2) \phi$, up to an inessential total derivative term.

Generalising the discussion above in Sect. 2.3.3, it can also be rewritten in the *spectral representation*,

$$iD_C(x-x') = \int \frac{d^4k}{(2\pi)^4} \rho_0(k) e^{-ik \cdot (x-x')} [\Theta_C(t-t') + n(k_0)],$$

$$\eta = +1, \quad (2.97)$$

where $n(k_0)$ is the thermal distribution function defined in Eq. (2.32). This result can be found by a generalisation of the expression first derived by Mills in Ref. [31] for the non-relativistic case and then by Dolan and Jackiw in Ref. [28]

$$Z_0[\bar{j}, j] = \mathcal{N} \int [D\bar{\Phi}] \int [D\Phi] \exp \left[i \int_C d^4x \left(\bar{\Phi} K \Phi + e^{i\mu t} \bar{j} \Phi + e^{-i\mu t} \bar{\Phi} j \right) \right], \quad (2.102)$$

for ordinary time ordering. Here, the *spectral density* for the free neutral bosonic field reads

$$\rho_0(k) = 2\pi \operatorname{sign}(k_0) \delta(k^2 - m^2). \quad (2.98)$$

Note that this quantity is not related to the distribution found in Sec. 2.1 and will not appear from this point on other than in its explicit exponential form.

2.5.2 Generating functional for an arbitrary free field

Consider a general multi-component covariant complex field (bosonic or fermionic) described by the operator $\hat{\Phi}_\alpha^i(x)$ [13]. Here, α is the index of the Lorentz representation of the field, e.g. a spinor or vector index and i is an index of a representation of an internal symmetry or a field generation index, i.e. not related to space-time transformations. Let the operator transform under some representation of the Lorentz group $\mathcal{J}_{\alpha\beta}[\Lambda]$. The field is considered to be charged under a given set of internal symmetries and the conserved charges are denoted as q_a^{ij} so that

$$[\hat{Q}_a, \hat{\Phi}_\alpha^i(x)] = -q_a^{ij} \hat{\Phi}_\alpha^j(x). \quad (2.99)$$

The chemical potential for the fields charged under multiple symmetries is generally given by the summed quantity $\mu = \sum_a \mu_a q_a$; see the grand canonical ensemble in Sect. 2.4.1 applied to the eigenstates of $\hat{Q}_a$, such that

$$\sum_a \mu_a \hat{Q}_a |\Phi\rangle = \sum_a \mu_a q_a |\Phi\rangle. \quad (2.100)$$

Generalising the plain Klein-Gordon case discussed above, it is reasonable to start with a free Lagrangian in the following quadratic form

$$\mathcal{L}_0(x) = \bar{\Phi}_\alpha^i(x) K_{\alpha\beta}^{ij}(i\partial, \mu) \Phi_\beta^j(x). \quad (2.101)$$

Here, the *conjugated or adjoint field* is defined as⁷: $\bar{\Phi}_\alpha^i \equiv (\Phi^\dagger \mathcal{A})_\alpha^i$. Besides, $K_{\alpha\beta}^{ij}(i\partial, \mu)$ is the differential operator of the free field in the medium which generally depends on the chemical potential. The free thermal Green's functions that arise from this Lagrangian can be obtained from the generating functional. In the path-integral formulation, this functional may be written in terms of two source fields

where $j(x)$ is the source of Φ while $\bar{j}(x)$ is the source of $\bar{\Phi}$, and the fields are fully contracted over all discrete indices, e.g. $\bar{j}\Phi = \bar{j}_\alpha^i(x) \Phi_\alpha^i(x)$. The μ -dependence has been shifted away from K to the source terms by means of a change of variables introduced by Weldon [32], under which the fields and the differential operator are transformed as

$$\Phi \rightarrow e^{i\mu t} \bar{\Phi}, \quad \bar{\Phi} \rightarrow e^{-i\mu t} \bar{\Phi}, \quad K(i\partial, \mu) \rightarrow K(i\partial), \quad (2.103)$$

thus treating the field and its adjoint counterpart as independent variables.

2.5.3 Thermal propagator and KMS condition: a generic treatment

The functional integral of Eq. (2.102) is defined in order to generate the thermal Green's functions (n -point functions) under functional differentiation and therefore it must represent the thermal trace of Eq. (2.4):

$$\operatorname{tr} \left[e^{-\beta(\hat{H} - \mu \hat{Q})} T_C \exp \left[i \int_C d^4x (\bar{j}\Phi + \bar{\Phi}j) \right] \right]. \quad (2.104)$$

In order to recover the trace interpretation of the generating functional, the functional measure should be taken only over c-number fields $\Phi, \bar{\Phi}$ such that the following periodicity condition is satisfied over a period $i\beta$ such that⁸

$$\Phi_\alpha^i(t_{\text{in}} - i\beta, \mathbf{x}) = \eta e^{\beta\mu} \Phi_\alpha^i(t_{\text{in}}, \mathbf{x}). \quad (2.105)$$

The periodicity leads to the *Kubo-Martin-Schwinger condition* (KMS) on the propagator which was introduced by

⁷ The matrix $\mathcal{A}_{\alpha\beta}$ ensures invariance of the Lagrangian under Lorentz transformations of Φ . In the case when α is an index of the Dirac spinor representation, $\mathcal{A} \equiv \gamma^0$.

⁸ This periodicity condition ensures preservation of the trace interpretation and without it the functional integral would no longer generate the trace: $\langle \Phi; t_{\text{in}} - i\beta | \hat{O} | \Phi; t_{\text{in}} \rangle \equiv \langle \Phi; t_{\text{in}} | \hat{O} | \Phi; t_{\text{in}} \rangle$.

Kubo [7], implemented by Martin and Schwinger [8] and is presented in what follows.

The free generating functional of Eq. (2.102) can be rewritten in terms of the *general free thermal propagator* by a shift of the field and its adjoint analogously to the case of the scalar field in Sect. 2.5.1. Contracted over all indices, the result is

$$Z_0[\bar{j}, j] = Z_0[0, 0] \exp \left[-i \int_C d^4x \int_C d^4x' \bar{j}_\alpha^i(x) D_{C\alpha\beta}^{ij}(x-x') j_\beta^j(x') \right] \quad (2.106)$$

with

$$\begin{aligned} Z_0[0, 0] &= \mathcal{N} \int [\mathcal{D}\bar{\Phi}] \int [\mathcal{D}\Phi] \exp \left[i \int_C d^4x \bar{\Phi} K \Phi \right]. \end{aligned} \quad (2.107)$$

In order to complete the square and extract the propagator $D_{C\alpha\beta}^{ij} \equiv (K^{-1})_{\alpha\beta}^{ij}$, the thermal propagator must satisfy the differential equation

$$K_{\alpha\beta}^{ij}(i\partial) D_{C\beta\gamma}^{jk}(x-x') = \delta_{\alpha\gamma} \delta^{ik} \delta_C(x-x'). \quad (2.108)$$

The generating functional must be invariant under the introduced shifts of the fields. This condition fixes the solution of the differential equation so that the propagator can be related to the two-point function as

$$\begin{aligned} i D_{C\alpha\beta}^{ij}(x-x') &\equiv G_{0C\alpha\beta}^{ij}(x, x') \\ &= {}_0 \langle T_C \hat{\Phi}_\alpha^i(x) \hat{\Phi}_\beta^j(x') \rangle_0 \\ &= \langle \bar{\Phi}_\alpha^i(x) \bar{\Phi}_\beta^j(x') \rangle. \end{aligned} \quad (2.109)$$

This is a special case of the general relation Eq. (2.16) with the final expectation value expressed in the path-integral formalism over the fields rather than the operators, analogously to Eq. (2.88). Guided by the definition of the time ordering along the contour T_C , the free propagator may be split using the contour step-function of Eq. (2.79) so that

$$D_{C\alpha\beta}^{ij}(x-x') = \Theta_C(t-t') D_{\alpha\beta}^{>ij}(t-t') + \Theta_C(t'-t) D_{\alpha\beta}^{<ij}(t-t'). \quad (2.110)$$

Let us compare this expression to Eq. (2.80) for the general n -point function. The imposed boundary condition on the field of Eq. (2.105) enforces a boundary condition on the propagator that relates its advanced and retarded components. As a consequence, invariance of the path-integral over the time shift by $i\beta$ holds. This way, we arrive at the KMS condition in the following generic form,

$$D_{\alpha\beta}^{>ij}(t_{\text{in}} - i\beta) = \eta e^{-\beta\mu} D_{\alpha\beta}^{<ij}(t_{\text{in}}), \quad (2.111)$$

which is a proper generalisation of the condition Eq. (2.19) previously introduced in the case of a neutral scalar field. This condition is important for thermal theories as relates several thermal quantities in the *real-time formalism* (see Sect. 4).

Note that any relativistic, multi-component field $\Phi_\alpha^i(x)$ should satisfy the Klein-Gordon equation. Therefore, assuming a multi-mass *Klein-Gordon divisor* $d_{\alpha\beta}^{ij}(i\partial)$ to exist according to Ref. [33] and further references therein, we have

$$\begin{aligned} d_{\alpha\beta}^{ij}(i\partial) K_{\beta\gamma}^{jk}(i\partial) &= K_{\alpha\beta}^{ij}(i\partial) d_{\beta\gamma}^{jk}(i\partial) \\ &= \delta_{\alpha\gamma} \delta^{ik} \prod_l (-\partial^2 - m_l^2). \end{aligned} \quad (2.112)$$

The m_l 's represent the mass spectrum and can be inferred from the structure of K [33, 34]. For an extended and comprehensive discussion regarding the mass spectrum, see the lecture notes by Wightman [34].

The solution to Eq. (2.108) simply becomes

$$D_{C\alpha\beta}^{ij}(x-x') = d_{\alpha\beta}^{ij}(i\partial_x) D_C(x-x') \quad (2.113)$$

in terms of the scalar propagator encountered earlier. A slight reservation should be made regarding the form of $D_C(x-x')$. The solution presented in Eq. (2.97) of Sect. 2.5.1 is that of a *neutral* scalar boson. When incorporating anticommuting as well as charged fields ($\mu \neq 0$) this propagator is modified slightly to become

$$\begin{aligned} i D_C(x-x') &= \int \frac{d^4k}{(2\pi)^4} \rho_0(k) e^{-ik \cdot (x-x')} [\Theta_C(t-t') + \eta n(\omega_+)] \end{aligned} \quad (2.114)$$

with the distribution function

$$n(\omega_\pm) = \frac{1}{e^{\omega_\pm} - \eta}. \quad (2.115)$$

The $\pm$ corresponds to charged particles/antiparticles through the definition $\omega_\pm = \beta(k_0 \mp \mu)$. Generally, the spectral density of a free field can be found as

$$\rho_0(k) = i \text{Disc} \prod_l \frac{1}{k^2 - m_l^2}. \quad (2.116)$$

Here, the discontinuity introduced by Ref. [33] and further discussed in Ref. [13] is defined over the real axis as $\text{Disc } f(k_0) = f(k_0 + i\epsilon) - f(k_0 - i\epsilon)$ in the limit $\epsilon \rightarrow 0^+$.

Note, the results of this section rely on the fact that the contour step-function commutes with the Klein-Gordon divisor. Further, the charge operators are assumed to commute with $\mathcal{L}_0$ so that the matrices q_a commute with both $K(i\partial)$ and $d(i\partial)$ [13].

Let us now summarise the most important points from the above discussion as follows:

- Time integration is to be taken along a contour C that begins at an arbitrary initial time t_{in} and goes down to the final time $t_{\text{in}} - i\beta$ with the restriction that the imaginary component of the contour can not increase⁹.
- The propagator $D_C(x - x')$ depends explicitly on the choice of contour.

These points are valid for all thermal propagators as a consequence of the very general expression of Eq. (2.113). Since the quantities used in practical calculations depend explicitly on the choice of the contour C , it is imperative to choose a formalism where the physical quantities defined at real times can straightforwardly be extracted and in such a way that the final result does not depend on this choice of C . Two commonly used formalisms that provide reliable methods to extract such quantities will be presented in the following.

3 Imaginary-time formalism

The thermal formulation of QFT presented in the sections above formally resembles to a high degree the well-known QFT at zero temperature. The main distinguishing property is that the explicit form of the thermal n -point function (Green's function) depends on the choice of integration contour C in the complex temporal plane. This contour connects some arbitrary initial time t_{in} with the final time $t_{\text{in}} - i\beta$. The latter time point emerges as a consequence of the formal interpretation of the thermal equilibrium distribution operator as an evolution operator. In the equilibrium case, the contour that connects the initial and final time points can be arbitrarily chosen with the single restriction that the imaginary component of the contour must not increase when integrating along the contour. In this section, a specific choice of contour will be considered in order to make explicit calculations possible. This discussion will be followed by a diagrammatic

⁹ Recall that the contour is a consequence of the trace interpretation of the path-integral formulation with one of the states shifted by the thermal density operator. The imposed restriction on the imaginary part of the contour is required for the application of the FSM-formula of Eq. (2.85).

expansion of the generating functional in order to derive the Feynman rules on this contour.

3.1 Matsubara contour

The simplest possible choice of the integration contour has been proposed by Matsubara in Ref. [6]. It constitutes a straight vertical line that connects t_{in} and $t_{\text{in}} - i\beta$, cf. Fig. 1 with $\lambda = \beta$. The time variable may then be parametrised on a simple and purely imaginary form as $t = i\tau$ with $\tau \in [0, \beta]$ being a real variable. This particular choice has the advantage that it generates a perturbative expansion that contains the diagrams recognised from the corresponding zero-temperature theory (vacuum bubbles, connected diagrams, 1PI, etc.) [27]. This section will mainly be concerned with a single scalar field with $\mu = 0$ as an illuminating example, but the results may be generalised to a theory with charged fields in a non-trivial representation of both Lorentz and internal symmetries, see Ref. [13, 27].

Through a suitable parametrisation of time, the action may be written as an integral in *Euclidean* space:

$$-S_E = i \int_C d^4x \mathcal{L}(x) = - \int_0^\beta d\tau \int d^3x \mathcal{L}_E(x), \quad (3.1)$$

where the Euclidean Lagrangian reads

$$\begin{aligned} \mathcal{L}_E(\tau, \mathbf{x}) &= \frac{1}{2} \phi(\tau, \mathbf{x}) (-\partial_\tau^2 - \nabla_{\mathbf{x}}^2 + m^2) \phi(\tau, \mathbf{x}) + \mathcal{V}(x) \\ &= \frac{1}{2} \phi(\tau, \mathbf{x}) K_E \phi(\tau, \mathbf{x}) + \mathcal{V}(x). \end{aligned} \quad (3.2)$$

The n -point Green's functions may be obtained by functional differentiation w.r.t. a source $j(\tau, \mathbf{x})$ of the generating functional

$$\begin{aligned} Z[j] &= \int [\mathcal{D}\phi] e^{-S_E + j \cdot \phi}, \\ j \cdot \phi &= \int_0^\beta d\tau \int d^3x j(\tau, \mathbf{x}) \phi(\tau, \mathbf{x}). \end{aligned} \quad (3.3)$$

Since the complex shift of the temporal variable is always present in theories with an equilibrated medium, TFT is in a sense intrinsically Euclidean. Let us discuss the basic ingredients of such a Euclidean formulation of Matsubara.

3.2 Imaginary-time propagator

As stated in Eq. (2.94), the free generating functional $Z_0[j]$ (with $\mathcal{V}(x) = 0$) may be written in terms of the free propagator by completion of the square. In the Matsubara formalism, the result takes the following form

$$Z_0[j] = Z_0[0] \exp \left[\frac{1}{2} j \cdot K_E^{-1} \cdot j \right]. \quad (3.4)$$

The inverse of the differential operator must satisfy the boundary condition of Eq. (2.95) in order to fix a proper solution of the differential equation. The solution is the *thermal propagator of Matsubara* $K_E^{-1} = \Delta(\tau - \tau', \mathbf{x} - \mathbf{x}')$ which is given by Eq. (2.114) over the chosen contour¹⁰. The propagator is periodic in τ over a period β as imposed by the KMS condition (Eq. (2.111)), which can be straightforwardly verified.

Completion of the square of the free Lagrangian renders the generating functional in the form

$$Z_0[j] = Z_0[0] \exp \left[\frac{1}{2} \int_0^\beta d\tau \int_0^\beta d\tau' \int d^3x \int d^3x' j(\tau, \mathbf{x}) \Delta(\tau - \tau', \mathbf{x} - \mathbf{x}') j(\tau', \mathbf{x}') \right]. \quad (3.5)$$

Comparing with Eq. (2.94), the *Euclidean propagator* of a neutral scalar may be found as

$$iD_E(-i\tau, \mathbf{x}) \equiv \Delta(\tau, \mathbf{x}). \quad (3.6)$$

Note the purely imaginary temporal coordinate of the Euclidean propagator here. Thus, $Z_0[j]$ shown above generates all the Green's functions with imaginary time arguments.

The above discussion is analogous to the zero-temperature theory, with the following two differences:

- the temporal integration is reduced to the periodic interval $[0, \beta]$:
 $i \int dt \rightarrow \int_0^\beta d\tau$;
- the appropriate propagator of a free scalar field is no longer the Feynman propagator but the thermal propagator of Matsubara:
 $D_F(x - x') \rightarrow \Delta(\tau - \tau', \mathbf{x} - \mathbf{x}')$.

Due to the periodicity condition in τ applied to the bosonic fields (antiperiodicity for fermionic fields), and therefore on the thermal propagator, over β , the Matsubara propagator may be written in Fourier space as a sum over discrete frequencies ω_n . Transformation of Eq. (2.97) using the Matsubara contour leads to

$$\begin{aligned} \Delta(\tau - \tau', \mathbf{x} - \mathbf{x}') &= \frac{1}{\beta} \sum_n \int \frac{d^3k}{(2\pi)^3} e^{-i\omega_n(\tau - \tau') + i\mathbf{k} \cdot (\mathbf{x} - \mathbf{x}')} \frac{1}{\omega_n^2 + \omega_{\mathbf{k}}^2} \end{aligned} \quad (3.7)$$

with $\omega_n = 2n\pi/\beta$ (bosonic), $\omega_n = (2n+1)\pi/\beta$ (fermionic), and $\omega_{\mathbf{k}}^2 = |\mathbf{k}|^2 + m^2$. Note that the mode energy here reads $\omega_{\mathbf{k}} \equiv \omega(|\mathbf{k}|)$, meaning that $\mathbf{k}$ denotes an argument of the function rather than an index to be summed over. The

ω_n 's are the *Matsubara frequencies* [6, 13, 27, 35] and they parametrise an infinite number of poles of the momentum-space propagator located on the imaginary axis provided that the Fourier transform is

$$\tilde{\Delta}(i\omega_n, \mathbf{k}) = \frac{1}{\omega_n^2 + \omega_{\mathbf{k}}^2} \equiv \int \frac{dk_0}{2\pi} \frac{\rho_0(k)}{k_0 - i\omega_n}. \quad (3.8)$$

A more general multi-mass version of Matsubara propagator including charged fields was presented by Ref. [13]. In order to obtain an expression analogous to the zero-temperature theory, define $k_0 = i\omega_n$ in Eq. (3.7). Then

$$iD_E(x - x') = -\frac{1}{\beta} \sum_n \int \frac{d^3k}{(2\pi)^3} e^{-k \cdot (x - x')} \frac{1}{k^2 - m^2}, \quad (3.9)$$

where $k^2 = k_0^2 - \mathbf{k}^2$, with the zeroth vector component, the energy k_0 , being purely imaginary as indicated above.

3.3 Imaginary-time Feynman rules

In the path-integral formulation, the generating functional may be expanded to yield the Feynman rules of the imaginary-time formalism through a perturbative series. Following the reasoning of Sec. 2.5.1, the Euclidean action may be split into a free part that is quadratic in the field and an interaction part so that $S_E = S_0 + S_I$. The generating functional of Eq. (2.88) may then be expanded as

$$Z[j] = \mathcal{N} \int [\mathcal{D}\phi] e^{-S_0} e^{-S_I + j \cdot \phi} = \mathcal{N} \int [\mathcal{D}\phi] e^{-S_0} \left\{ 1 + (-S_I + j \cdot \phi) + \frac{1}{2} (-S_I + j \cdot \phi)^2 + \dots \right\}. \quad (3.10)$$

¹⁰ On the Matsubara contour, the propagator may be expressed in terms of the real variable τ so that $t - t' \rightarrow \tau - \tau'$ and $\Theta_C(t - t') \rightarrow \Theta(\tau - \tau')$.

Each term in this series may be reinterpreted as a statistical average with respect to the weight $\exp[-S_0]$ so that

$$Z[j] = Z_0[0] \left\{ 1 + \langle (-S_1 + j \cdot \phi) \rangle_0 + \frac{1}{2} \langle (-S_1 + j \cdot \phi)^2 \rangle_0 + \dots \right\}. \quad (3.11)$$

The Feynman rules are directly extracted from this series. For the specific case of ϕ^l ($l = 3, 4, \dots$) interacting theory with a coupling constant κ , the rules are given as follows [13, 36]:

- Draw diagrams using Wick contractions and determine symmetry factors.
- Define $k_0 = i\omega_n$ and assign a propagator $\tilde{\Delta}(k)$ to each line and a factor of $-\kappa$ to each vertex i .
- Impose energy-momentum conservation through $\beta(2\pi)^3 \delta_{n0} \delta^{(3)}(\sum_i \mathbf{k}_i)$ with $n = \sum_i n_i$. A global conservation factor $\beta(2\pi)^3 \delta_{00} \delta^{(3)}(0)$ may be separated out corresponding to the exclusion of one vertex.
- Sum and integrate over all internal energies and momenta $k_i: \frac{1}{\beta} \sum_n \int \frac{d^3 \mathbf{k}_i}{(2\pi)^3}$.

Again, one should note that the diagrammatic structure is identical to that of the zero-temperature theory. Further, the definition of the cumulant in Eq. (2.78) allows for the extraction of all connected diagrams with at least one external leg so that

$$\log Z[j] = \log Z[0] + \langle e^{-S_1} (e^{j \cdot \phi} - 1) \rangle_{\text{con}}. \quad (3.12)$$

3.4 Matsubara frequency summation

This subsection contains a short discussion on practical calculations in Matsubara theory. Every term in the perturbation theory series of $\log Z[j]$ may be expanded as a product of Matsubara propagators due to the thermodynamic Wick's theorem. Such propagator products must generally be summed up over Matsubara frequencies. An example of Matsubara summation from ϕ^3 -theory is the propagator product of the scalar loop diagram with one propagator for each internal line in the loop,

$$\begin{aligned} & \frac{1}{\beta} \sum_n \tilde{\Delta}(i\omega_n, \mathbf{q}) \tilde{\Delta}(i\omega_{m-n}, \mathbf{k} - \mathbf{q}) \\ &= \frac{1}{\beta} \sum_n \frac{1}{\omega_n^2 + \omega_{\mathbf{q}}^2} \cdot \frac{1}{\omega_{m-n}^2 + \omega_{\mathbf{k}-\mathbf{q}}^2} \\ &= \frac{1}{\beta} \sum_n \frac{1}{4\omega_{\mathbf{q}}\omega_{\mathbf{k}-\mathbf{q}}} \sum_{s,s'} \frac{s}{i\omega_n + s\omega_{\mathbf{q}}} \cdot \frac{s'}{i\omega_m - i\omega_n + s'\omega_{\mathbf{k}-\mathbf{q}}}, \end{aligned} \quad (3.13)$$

with $\omega_{m-n} \equiv \omega_m - \omega_n$. The summation corresponds to the integration over time in the zero-temperature theory and may

be arbitrarily complicated. A general scheme should therefore be provided in order to perform the summation over any number of propagators in the product.

Generically, summation over Matsubara frequencies ω_n comes in the following form

$$S_\eta = \frac{1}{\beta} \sum_n g(i\omega_n) \quad (3.14)$$

with the function $g(i\omega_n)$ being a product of arbitrarily many Matsubara propagators, and η indicates bosonic or fermionic frequencies i.e.

$$\begin{aligned} \eta = +1 : \quad \omega_n &= \frac{2n\pi}{\beta}, \\ \eta = -1 : \quad \omega_n &= \frac{(2n+1)\pi}{\beta}. \end{aligned} \quad (3.15)$$

In the case of a single propagator $\tilde{\Delta}(i\omega, \mathbf{k})$, the function g reads

$$g(i\omega_n) = \frac{1}{\omega_n^2 + \omega_{\mathbf{k}}^2}. \quad (3.16)$$

Note, S_η converges if $g(z=i\omega_n)$ approaches 0 when $|z| \rightarrow \infty$ faster than z^{-1} .

In order to evaluate S_η , one may deploy calculus of residues in a procedure described by, for instance, Refs. [36, 37]. The Matsubara sum Eq. (3.14) may be treated as the sum of residues of simple poles at $i\omega_n$ and, thus, may be turned into a closed integral. A suitable weighting function $h_\eta(z)$, different for the bosonic and fermionic cases, that has simple poles at every instance of $i\omega_n$ should be introduced to accomplish this. Then,

$$S_\eta = \frac{1}{\beta} \sum_n g(i\omega_n) = \frac{1}{2\pi i \cdot \beta} \oint dz g(z) \cdot h_\eta(z). \quad (3.17)$$

The poles of $h_\eta(z)$ are illustrated in Fig. 3. A number of crosses on the imaginary axis in the figure indicate the poles of the appropriately constructed $h_\eta(z)$ at $i\omega_n$. The contour picks up the residues of all these poles giving rise to S_η .

To perform the Matsubara summation, the contour lines are deformed to enclose the poles of $g(z)$, see Fig. 4. The sum S_η is then the sum of the residues of $g(z)h_\eta(z)$ over all poles of $g(z)$:

$$S_\eta = -\frac{1}{\beta} \sum_{z_0 \in \{g(z) \text{ poles}\}} \text{Res}[g(z_0)h_\eta(z_0)]. \quad (3.18)$$

The leading negative sign is due to the clockwise orientation of the contour.

Fig. 3 Poles of the product $g(z)h_\eta(z)$. The crosses on the imaginary axis (red) are the infinite number of poles of the weighting function $h_\eta(z)$. The cross at complex z (green) symbolises the poles of $g(z)$. The

contour in **a** may be deformed as shown in **b** [36,37]. The poles of the weight function indicated in red may be used to evaluate the sum of the residues indicated in green

3.4.1 Choice of $h_\eta(z)$

The choice of a suitable Matsubara weighting function $h_\eta(z)$ is a somewhat delicate matter. In order to guarantee simple poles at $z = i\omega_n$, for example, for bosonic frequencies $\omega_n = 2\pi n/\beta$, any of the following weighting functions may be utilised:

$$\begin{aligned} h_+^{(1)}(z) &= \beta [1 + n_B(z)], \\ h_+^{(2)}(z) &= \beta n_B(z). \end{aligned} \quad (3.19)$$

Note, $h_+^{(1)}(z)$ may be used to control convergence in the half-plane with $\Re z < 0$, while $h_+^{(2)}(z)$ controls convergence in the right half-plane where $\Re z > 0$.

Adding the two functions to provide convergence in the entire complex plane yields

$$S_\eta = \frac{1}{\beta} \sum_n g(i\omega_n) = \frac{1}{2\pi i} \oint dz g(z) \cdot \frac{1}{2} \coth \frac{\beta z}{2}, \quad (3.20)$$

and this relation will (by means of the contour deformation) further reduce down to

$$S_\eta = -\frac{1}{2} \sum_{z_0 \in \{g(z) \text{ poles}\}} \text{Res} \left[g(z_0) \cdot \coth \left(\frac{\beta z_0}{2} \right) \right]. \quad (3.21)$$

Fig. 4 Deformation of the contour. This procedure may be carried through given that $g(z)$ has no poles on the imaginary axis [36]

3.4.2 Example: tadpole diagram

In the case of the tadpole diagram in ϕ^4 -theory

$$g(z) = \sum_{s=\pm 1} \frac{1}{2\omega_{\mathbf{k}}} \frac{s}{z + s\omega_{\mathbf{k}}}. \quad (3.22)$$

This function clearly has simple poles at $z = -s\omega_{\mathbf{k}}$ and the two residues (one for each term in the sum) are $\text{Res } g(z_0) = s/2\omega_{\mathbf{k}}$ due to the structure of the Laurent series of $g(z)$. Hence,

$$\begin{aligned} S_\eta &= -\frac{1}{2} \sum_{z_0 \in \{g(z) \text{ poles}\}} \text{Res} \left[g(z_0) \cdot \coth \left(\frac{\beta z_0}{2} \right) \right] \\ &= -\frac{1}{2} \sum_s \frac{s}{2\omega_{\mathbf{k}}} \cdot \coth \left(\frac{-s\beta\omega_{\mathbf{k}}}{2} \right). \end{aligned} \quad (3.23)$$

Employing the following identities,

$$\coth(sz) = s \coth(z) \quad (3.24)$$

$$\coth\left(\frac{\beta z}{2}\right) = [n(z) - n(-z)], \quad (3.25)$$

the above equation simplifies to

$$S_\eta = \frac{1}{2\omega_k} [1 + 2n(\omega_k)]. \quad (3.26)$$

3.4.3 Example: eye diagram

In the case of the eye-diagram of ϕ^3 -theory discussed further down in the context of thermal decay rates, the sum S_η appears to be somewhat more complicated. In this case,

$$g(z) = \frac{1}{4\omega_q\omega_{k-q}} \sum_{s,s'} \frac{s}{z + s\omega_q} \cdot \frac{s'}{i\omega_n - z + s'\omega_{k-q}}. \quad (3.27)$$

The poles of $g(z)$ are simply the four poles $z_0 = -s\omega_q$ and $z_0 = i\omega_n + s'\omega_{k-q}$. Hence, accounting for the residues over these poles, the Matsubara frequency sum takes the form

$$S_\eta = -\frac{1}{2} \sum_{z_0 \in \{g(z) \text{ poles}\}} \text{Res} \left[g(z_0) \cdot \coth\left(\frac{\beta z_0}{2}\right) \right] = -\frac{1}{2} \frac{1}{4\omega_q\omega_{k-q}} \sum_{s,s'} \left\{ \frac{s \cdot s'}{i\omega_n - (-s\omega_q) + s'\omega_{k-q}} \coth\left(\frac{-s\beta\omega_q}{2}\right) - \frac{s \cdot s'}{(i\omega_n + s'\omega_{k-q}) + s\omega_q} \coth\left(\beta \frac{i\omega_n + s'\omega_{k-q}}{2}\right) \right\}. \quad (3.28)$$

Noticing that

$$\coth\left(\beta \frac{z + i\omega_n}{2}\right) = \coth\left(\beta \frac{z}{2}\right) \quad (3.29)$$

and taking out signs of the coth-functions in order to cancel the sign in front of the sum, we arrive at

$$S_\eta = \frac{1}{2} \frac{1}{4\omega_q\omega_{k-q}} \sum_{s,s'} \left\{ s' \coth\left(\frac{\beta\omega_q}{2}\right) + s \coth\left(\frac{\beta\omega_{k-q}}{2}\right) \right\} \times \frac{1}{i\omega_n + s\omega_q + s'\omega_{k-q}}. \quad (3.30)$$

Then, expanding the sum over s, s' and using Eq. (3.25), one gets the final result for the Matsubara summation:

$$S_\eta = \frac{1}{4\omega_q\omega_{k-q}} \left\{ [1 + n(\omega_q) + n(\omega_{k-q})] \times \left[\frac{1}{i\omega_n + \omega_q + \omega_{k-q}} - \frac{1}{i\omega_n - \omega_q - \omega_{k-q}} \right] + [n(\omega_q) - n(\omega_{k-q})] \times \left[\frac{1}{i\omega_n - \omega_q + \omega_{k-q}} - \frac{1}{i\omega_n + \omega_q - \omega_{k-q}} \right] \right\}, \quad (3.31)$$

that can be exploited in practical calculations.

4 The real-time formalism

Matsubara found that, by the procedure of analytic continuation of the Euclidean Green's functions, the retarded correlation functions with real time-arguments may be obtained in the imaginary-time formalism presented above. However, the evaluation of three-momentum integrals over Matsubara propagators summed over the frequencies is by no means straightforward for any but the simplest cases. By evaluating the Green's functions with respect to a contour that contains the real axis, in the so-called *real-time formalism*, an analytic continuation is avoided completely. Such a real-time procedure is originally due to Schwinger [38] and Keldysh [9]. The formalism makes use of a special contour of temporal integration, the *real-time contour* presented in Fig. 2, which has the effect of doubling the degrees of freedom. This property, in particular, results in a 2×2 -matrix structure of the propagator for a given field to be discussed below.

Other contours have been investigated as well. Particularly, one could mention the suggestion by Evans [39] to use an asymmetric contour.

4.1 Keldysh contour

The real-time contour in Fig. 2 is a special case of a family of real-time Keldysh-esque contours [10,25] parametrised by $\sigma \in [0, \beta]$ and presented in Fig. 5. The Keldysh contour (or sometimes Kadanoff-Baym-Keldysh contour, see e.g. Ref. [40]) is recovered for $\sigma = 0$. An even more general family of contours was presented in Ref. [25] with pieces going back and forth N times between $\Re t_{\text{in}}$ and $\Re t_{\text{fi}}$ in parallel to the real axis. However, it can be shown that such additional pieces cancel out for $N \geq 2$ and the fundamental reasons for discarding this extended class of contours are laid out in Ref. [25]. Hence, the contour presented in Fig. 5 is the most general real-time contour needed to include all n -point functions with real arguments, with σ being a freedom of choice. Commonly, this parameter is set to 0, β or $\beta/2$ [12,13,21,41].

It was argued previously, using Eqs. (2.67) and (2.113), that the contour propagator depends explicitly on the choice

Fig. 5 A generalised Keldysh contour $C = C_1 \cup C_2 \cup C_3 \cup C_4$. The contour is extended along the real axis in order to pick out all the real time-arguments of the n -point function of interest. It then goes down by $i\sigma$ before going back in parallel to the real axis. Finally, the contour

goes down to the final time $t_{\text{in}} - i\beta$. The points t_{in} and t_{fi} are arbitrary and may be suitably chosen for any given thermal system. In the equilibrium limit, these end-points are taken to $\pm\infty$

of contour C . It is clear from these equations that the contour dependence of the propagator enters only through the contour step-function $\Theta_C(t - t')$. In the case of the real-time contour shown in Fig. 5, the time coordinates of x, x' may be distributed arbitrarily over C and several unique two-point functions (propagators) arise. Let us label them as t_r, t'_s so that $t_r \in C_r, t'_s \in C_s$ for $r, s = \{1, 2, 3, 4\}$. Then, the different propagators may be expressed as

$$D^{rs}(t - t') = D_C(t_r - t'_s). \quad (4.1)$$

Note e.g. that t_2, t_3 always are later times than t_1, t_4 .

The appearance of several distinct propagators is a very general consequence of the statistical formulation of the two-point function in Eq. (2.16). The real-time contour of Fig. 2 is treated in great detail by Wagner [18]. In an approach valid both in as well as out of equilibrium, Wagner organised the two-point functions (Green's functions) in a matrix. In the special case of $\sigma = 0$, this matrix takes the following form

$$\mathbf{D}(t, t') = \begin{pmatrix} D^{11}(t, t') & D^{12}(t, t') & D^{13}(t, t') \\ D^{21}(t, t') & D^{22}(t, t') & D^{23}(t, t') \\ D^{31}(t, t') & D^{32}(t, t') & D^{33}(t, t') \end{pmatrix}. \quad (4.2)$$

Adding the piece C_4 ($\sigma \neq 0$) is a trivial extension. For any system in equilibrium, Landsman and van Weert [13], Wagner [18] and Das [27] argued that the contour pieces C_3, C_4 decouple entirely from the parallel pieces due to

$$D^{rs}(t - t') = 0 \quad (4.3)$$

if $(r = 1, 2 \wedge s = 3, 4) \vee (r = 3, 4 \wedge s = 1, 2)$

in the limit $t_{\text{in}} \rightarrow -\infty$ and $t_{\text{fi}} \rightarrow +\infty$. This may be proven by the application of the Riemann-Lebesgue lemma [42] if the source field is constrained to

$$\lim_{t \rightarrow \pm\infty} j(x) = 0. \quad (4.4)$$

This condition is compatible with the KMS condition [13]. Due to the decoupling of the vertical contour segments, the generating functional factorises as

$$Z[j] = Z[0]Z_{34}[j]Z_{12}[j] \quad (4.5)$$

with

$$Z_{rs}[j] = \exp \left[i \int_{C_{rs}} d^4x \mathcal{L}_I \left[\frac{\delta}{i\delta j(x)} \right] \right] \quad (4.6)$$

$$\times \exp \left[-\frac{i}{2} \int_{C_{rs}} d^4x \int_{C_{rs}} d^4x' j(x) D_C(x - x') j(x') \right].$$

Here, $C_{rs} = C_r \cup C_s$. Therefore, the main focus, when considering the real-time Green's functions, is the upper-left 2×2 -corner of the matrix in Eq. (4.2) while the contribution from the vertical pieces is treated as a multiplicative factor. This factor only enters the connected Green's functions as an additive term in the cumulant expansion of Eq. (2.76).

4.2 Real-time propagator

An explicit form of the real-time thermal propagator, in the case of a neutral scalar particle, can be found by examining Eq. (4.6) in the light of Eq. (4.5). Having factorised out the vacuum bubbles $Z[0]$ and the vertical contour pieces $Z_{34}[j]$, only the real-time part $Z_{12}[j]$ will be considered from here

on. The two exponentials in $Z_{12}[j]$ can be further factorised with respect to $C_1 \cup C_2$ by conveniently organising the propagator components in a matrix. From now on, the spatial variables will be suppressed. At the same time, a new notation will be introduced. The contour pieces C_1 , C_2 in Fig. 5 are relabelled as C_+ , C_- , respectively, to indicate chronological and antichronological time evolution on the different parts of the contour.

The factorisation of the first exponential becomes

$$\exp \left[i \int_{C_{+-}} dt \mathcal{L}_I \left[\frac{\delta}{i \delta j(t)} \right] \right] = \exp \left[i \int_{\mathbb{R}} dt \left(\mathcal{L}_I \left[\frac{\delta}{i \delta j_+(t)} \right] - \mathcal{L}_I \left[\frac{\delta}{i \delta j_-(t)} \right] \right) \right]. \quad (4.7)$$

The relative minus sign is a result of the antichronological evolution of the fields on C_- . The two functions here $j_+(t)$, $j_-(t)$ are introduced as sources of two separate field components ϕ_+ , ϕ_- that exist only on C_+ , C_- , respectively. Together, the components form the full real-time field $\phi = (\phi_+ \phi_-)^T$. The field component ϕ_+ evolves chronologically and its integration limits are recognised from the zero-temperature field theory while the component ϕ_- evolves antichronologically. This latter field component may not appear on external lines of diagrams generated by the above exponential since physical correlation functions, with real-time arguments and chronological dynamics, are generated by differentiation w.r.t. the source j_+ rather than j_- (cf. Eq. (2.75)). Nevertheless, its presence in the theory is an unavoidable consequence of the Keldysh contour, and contributions from virtual ϕ_- -fields in loops must be taken into account. Such contributions are introduced by the second term $\mathcal{L}_I[\delta/i\delta j_-]$. Summing over $r, s = \pm$, the second exponential factor can be rewritten as

$$\exp \left[-\frac{i}{2} \iint_{C_{rs}} dt dt' j(t) D_C(t-t') j(t') \right] = \exp \left[-\frac{i}{2} \iint_{\mathbb{R}^2} dt dt' j_r(t) D^{rs}(t-t') j_s(t') \right]. \quad (4.8)$$

The matrix components of the propagator must fulfil

$$\begin{cases} D^{(++)}(t-t') \equiv D_C(t-t'), \\ D^{(--)}(t-t') \equiv D_C((t-i\sigma)-(t'-i\sigma)) \\ \quad \equiv -[D^{(++)}(t-t')]^*, \\ D^{(+-)}(t-t') \equiv D_C(t-(t'-i\sigma)), \\ D^{(-+)}(t-t') \equiv D_C((t-i\sigma)-t'). \end{cases} \quad (4.9)$$

The right-most side of the second line reflects the negative orientation of C_2 and can be shown explicitly from, for example, Eq. (4.17). These components may be used to express the general propagator of Eq. (2.113) for any bosonic or fermionic field of arbitrary spin and any charge. The explicit

solution of Eq. (2.113) for each of the above components gives, after a Fourier transform of Eq. (2.67),

$$\begin{cases} i \tilde{D}_{\alpha\beta}^{(++)}(k) = \left[\Theta(k_0) i \tilde{\Delta}_F(k) + \Theta(-k_0) i \tilde{\Delta}_F^*(k) \right. \\ \quad \left. + \eta \rho_0(k) n(\omega_+) \right] d_{\alpha\beta}(k), \\ i \tilde{D}_{\alpha\beta}^{(--)}(k) = [i \tilde{D}_{\alpha\beta}^{(++)}(k)]^* d_{\alpha\beta}(k), \\ i \tilde{D}_{\alpha\beta}^{(+-)}(k) = \eta \rho_0(k) e^{\sigma k_0} n(\omega_+) d_{\alpha\beta}(k), \\ i \tilde{D}_{\alpha\beta}^{(-+)}(k) = \eta e^{\mp \beta \mu} e^{(\beta-2\sigma)k_0} \cdot i \tilde{D}_{\alpha\beta}^{(+-)}(k). \end{cases} \quad (4.10)$$

Here, the internal indices i, j have been suppressed, and

$$i \tilde{\Delta}_F(k) = \frac{i}{k^2 - m^2 + i\epsilon} \quad (4.11)$$

is the Feynman propagator of the zero-temperature theory. Recall that the spectral density ρ_0 is the discontinuity over the real axis of this propagator (Eq. (2.98)) and may therefore also be written in terms of $i \tilde{\Delta}_F$, $i \tilde{\Delta}_F^*$ as

$$\rho_0(k) = \text{sign}(k_0) [i \tilde{\Delta}_F(k) - i \tilde{\Delta}_F^*(k)]. \quad (4.12)$$

Hence, the propagator matrix may be diagonalised in a basis of zero-temperature functions by means of a Bogolyubov transformation. The result is

$$i \tilde{\mathbf{D}}_{\alpha\beta}(k) = \mathbf{M}_\eta(k) \begin{pmatrix} d_{\alpha\beta}(k) i \tilde{\Delta}_F(k) & 0 \\ 0 & -d_{\alpha\beta}(k) i \tilde{\Delta}_F^*(k) \end{pmatrix} \mathbf{M}_\eta(k), \quad (4.13)$$

with the thermal (Bogolyubov) matrix defined as follows

$$\mathbf{M}_\eta(k) = \begin{pmatrix} \cos[\mathbf{h}](\theta_k) & \eta e^{\beta \mu/2} e^{-(\beta-2\sigma)k_0/2} \sin[\mathbf{h}](\theta_k) \\ e^{-\beta \mu/2} e^{(\beta-2\sigma)k_0/2} \sin[\mathbf{h}](\theta_k) & \cos[\mathbf{h}](\theta_k) \end{pmatrix}. \quad (4.14)$$

Here the thermal angle θ_k was introduced¹¹ through the functions

$$\begin{cases} \sin[\mathbf{h}](\theta_k) = \sqrt{N(\omega)}, \\ \cos[\mathbf{h}](\theta_k) = [\Theta(k_0) + \eta \Theta(-k_0)] \sqrt{1 + \eta N(\omega)}, \end{cases} \quad (4.15)$$

for fermionic[bosonic] fields. Here, the thermal function reads $N(\omega) = \Theta(k_0) n(\omega_+) + \Theta(-k_0) n(-\omega_+)$. The square-parenthesis notation conveys the point that for fermions the goniometric functions are considered while the hyperbolic functions apply to the scalar case. Note that the propagator is

¹¹ This diagonalisation procedure was first formulated by Umezawa, Matsumoto and Tachiki [24] in the framework of thermo field dynamics.

symmetric under simultaneous transposition and reversal of momentum, i.e. $i\tilde{D}^{rs}(k) = i\tilde{D}^{sr}(-k)$, for neutral bosons¹².

In the limit of $T \rightarrow 0$, the Bogolyubov matrix becomes the unit matrix. In such a case, the field components completely decouple such that $Z_{+-} \rightarrow Z_+Z_-$ and the contribution from ϕ_- may be fully absorbed into the normalisation constant. The diagonalisation of the propagator is particularly useful since any thermal dependence may be absorbed into vertices giving rise to a basis where the propagator itself is defined in terms of zero-temperature functions. Hence, the real-time formalism and the propagator are intrinsically connected to the imaginary-time formalism since they meet when the formalism of Matsubara is analytically continued to real time-arguments. This statement is formulated as follows

$$i\tilde{D}^{(++)}(k) = i\tilde{D}(k) \equiv n(\omega_+)i\Delta(k_0 - i\epsilon, \mathbf{k}) - [1 + n(\omega_+)]i\Delta(k_0 + i\epsilon, \mathbf{k}), \quad (4.16)$$

where Δ is the analytic continuation of the Matsubara propagator of Eq. (3.7) down to the real axis.

$$\begin{aligned} i\tilde{D}^R(k) &= \frac{i}{k^2 - m^2 + ik_0\epsilon}, \\ i\tilde{D}^A(k) &= \frac{-i}{k^2 - m^2 - ik_0\epsilon}, \end{aligned} \quad (4.18)$$

known from the zero-temperature theory. For practical calculations, it is common to rewrite the four components in terms of the Feynman propagator (and its conjugate), consequently rewriting also the thermal terms. Through the relation

$$i\tilde{D}^R(k) = \Theta(k_0)i\tilde{\Delta}_F(k) - \Theta(-k_0)i\tilde{\Delta}_F^*(k), \quad (4.19)$$

and by insertion of the explicit spectral density Eq. (2.98), the components can be found as

$$\begin{cases} i\tilde{D}^{(++)}(k) = \frac{i}{k^2 - m^2 + i\epsilon} + \eta 2\pi\delta(k^2 - m^2) \left[n(|\omega|_+) + n(|\omega|_-) \right], \\ i\tilde{D}^{(--)}(k) = \frac{-i}{k^2 - m^2 - i\epsilon} + \eta 2\pi\delta(k^2 - m^2) \left[n(|\omega|_+) + n(|\omega|_-) \right], \\ i\tilde{D}^{(+-)}(k) = \eta 2\pi\delta(k^2 - m^2) \left[n(|\omega|_+) - n(|\omega|_-) \right], \\ i\tilde{D}^{(-+)}(k) = -\eta 2\pi\delta(k^2 - m^2) \left[n(|\omega|_+) - n(|\omega|_-) \right]. \end{cases} \quad (4.20)$$

4.2.1 Real-time scalar propagator(s)

The thermal decays of interest here involve interactions between fermions and scalar bosons. In this subsection and the following one, the real-time free propagators for such fields will be explicitly presented for further references.

For the choice of $\sigma = 0$, the components of Eq. (4.10) may be written as

$$\begin{cases} i\tilde{D}^{(++)}(k) = \frac{i}{k^2 - m^2 + ik_0\epsilon} + \eta\rho_0(k)n(\omega_+), \\ i\tilde{D}^{(--)}(k) = \frac{-i}{k^2 - m^2 - ik_0\epsilon} + \eta\rho_0(k)n(\omega_+), \\ i\tilde{D}^{(+-)}(k) = \eta\rho_0(k)n(\omega_+), \\ i\tilde{D}^{(-+)}(k) = \rho_0(k)e^{\omega_+}n(\omega_+). \end{cases} \quad (4.17)$$

Here, one recognises the retarded and advanced propagators

Here, the new thermal distributions introduced for compact notation read

$$n(|\omega|_{\pm}) = \frac{\Theta(\pm k_0)}{e^{|\omega|_{\pm}} - \eta}, \quad |\omega|_{\pm} = \beta(|k_0| \mp \mu). \quad (4.21)$$

Note especially that, in the case of a neutral boson, one might define

$$n_B(|k_0|) = \left[n(|\omega|_+) + n(|\omega|_-) \right]_{\mu=0} \equiv \frac{1}{e^{\beta|k_0|} - 1} \quad (4.22)$$

and, for further convenience (see Sects. 7–10), in the case of charged fermions we have

¹² Neutral bosons have $\eta = +1$ and $\mu = 0$. Note, for the scalar field (commuting or anticommuting) the Klein-Gordon divisor $d_{\alpha\beta}(k) = 1$.

$$n_{F/\bar{F}}(k_0) = n(|\omega|_{\pm}) + n(|\omega|_{\mp}) \quad (4.23)$$

$$\equiv \frac{\Theta(k_0)}{e^{\beta(|k_0| \mp \mu)} + 1} + \frac{\Theta(-k_0)}{e^{\beta(|k_0| \pm \mu)} + 1}.$$

Here, the lower sign reflects the opposite charge of antiparticles.

$$Z_{+-}[j] \rightarrow Z[j_+, j_-] = \exp \left[i \int_{\mathbb{R}} dt \left(\mathcal{L}_I \left[\frac{\delta}{i \delta j_+} \right] - \mathcal{L}_I \left[\frac{\delta}{i \delta j_-} \right] \right) \right] \times \exp \left[-\frac{i}{2} \iint_{\mathbb{R}^2} dt dt' j_r(t) D^{rs}(t-t') j_s(t') \right]. \quad (4.26)$$

4.2.2 Real-time spin- $\frac{1}{2}$ propagator(s)

Considering spin- $\frac{1}{2}$ fields, the Klein-Gordon divisor carry spin structure, and for fermions (upper sign)/antifermions (lower sign) it reads

$$d_{\alpha\beta}(k) \rightarrow d_{F/\bar{F}}(k) = (k \pm m). \quad (4.24)$$

Recall that $\eta = -1$ for Fermi-Dirac statistics. The propagator components may then be found from Eq. (4.10) as

$$\begin{cases} i\tilde{S}_{F/\bar{F}}^{(++)}(k) = (k \pm m) \left\{ \frac{i}{k^2 - m^2 + i\epsilon} - 2\pi \delta(k^2 - m^2) n_{F/\bar{F}}(k_0) \right\}, \\ i\tilde{S}_{F/\bar{F}}^{(--)}(k) = (k \pm m) \left\{ \frac{-i}{k^2 - m^2 - i\epsilon} - 2\pi \delta(k^2 - m^2) n_{F/\bar{F}}(k_0) \right\}, \\ i\tilde{S}_{F/\bar{F}}^{(+-)}(k) = -2\pi (k \pm m) \delta(k^2 - m^2) [n(|\omega|_{\pm}) - n(|\omega|_{\mp})], \\ i\tilde{S}_{F/\bar{F}}^{(-+)}(k) = 2\pi (k \pm m) \delta(k^2 - m^2) [n(|\omega|_{\mp}) - n(|\omega|_{\pm})]. \end{cases} \quad (4.25)$$

In the simple case of neutral particles, with $\mu = 0$, these components reduce to those of Das [27].

4.3 Real-time Feynman rules

It was seen in the previous section that the Keldysh contour in Fig. 2 necessarily gives rise to a doubling of the degrees of freedom in the real-time thermal theory. This is achieved by separating the field into two components, each appearing on the respective segment of the real-time contour. One component is physical while the other should be regarded as a *thermal ghost* arising from the choice of the specific contour. For notational convenience, a neutral scalar field ϕ will be considered in the derivation of the Feynman rules below. For illustration, the field is assumed to have an interaction term proportional to $\kappa \phi^l$. The generality of the method, however, allows for the treatment of the multicomponent vector field Φ_{α}^i introduced above. The derivation of the Feynman rules for the case of Φ_{α}^i is analogous to the case of a neutral scalar theory, but with the presence of contraction of Lorentz and

internal indices in addition to the summation over the thermal propagator components.

It was seen in Sect. 4.2 that, for a field with no derivative couplings, the relevant factor in the generating functional, $Z_{12}[j]$, can be written as

The series expansion of this function generates all the diagrams of the theory in analogy to the zero-temperature case. Two distinct vertices appear due to the two interaction terms in the leftmost exponential: one interaction vertex involves only the physical field component and one vertex involves only the ghost field. See Fig. 6 for the vertices of the ϕ^4 -theory as an instructive example. Hence, the field components do not mix in the vertices. However, due to non-zero off-diagonal components of the propagator on the Keldysh contour, the fields may propagate into each other.

The connected Green's functions of Eq. (2.76) are generated by functional differentiation according to

$$G^{(n,m)}(t_1, \dots, t_n, t_{n+1}, \dots, t_{n+m}) \quad (4.27)$$

$$= \frac{\delta^{n+m} \log Z[j_+, j_-]}{i \delta j_+(t_1) \cdots i \delta j_+(t_n) i \delta j_-(t_{n+1}) \cdots i \delta j_-(t_{n+m})} \Big|_{j_+=0, j_-=0}.$$

It is clear that, for any value of $\sigma \neq 0$, the *real-time* Green's functions may only be recovered by functional differentiation with respect to the source j_+ since the second contour segment includes no real times. It may be proven [13] that the real-time Green's functions are independent of the parameter σ and, hence, they are given by

$$G^{(n,0)}(t_1, \dots, t_n)$$

$$= \frac{\delta^n \log Z[j_+, j_-]}{i \delta j_+(t_1) \cdots i \delta j_+(t_n)} \Big|_{j_+=0, j_-=0}, \quad \forall \sigma. \quad (4.28)$$

The thermal ghost field ϕ_- may only propagate in internal lines that connect the vertices. These lines are generated by functional differentiation with respect to j_- inside $Z[j_+, j_-]$, see Eq. (4.7).

The full set of Feynman rules can easily be extracted through the generating functional in its path-integral form if the Lagrangian is split into its free and interaction parts. Then, in terms of the action, the generating functional may be written as

$$\begin{aligned} Z[j_+, j_-] &= \int [\mathcal{D}\phi_+] \int [\mathcal{D}\phi_-] \exp \left[i \int_{\mathbb{R}} dt \left\{ \phi_r K^{rs} \phi_s + \mathcal{L}_I(\phi_+) - \mathcal{L}_I(\phi_-) + j_r \phi_r \right\} \right] \\ &= \int [\mathcal{D}\phi_+] \int [\mathcal{D}\phi_-] e^{iS_0} e^{i(S_I + j \cdot \phi)}, \quad \text{with } j \cdot \phi = \int_{\mathbb{R}} dt j_r \phi_r. \end{aligned} \quad (4.29)$$

Summation over $r, s = \pm$ is assumed. Expanding the second exponential, each term may be interpreted as an expectation value in the path-integral formalism with respect to a weight e^{iS_0} so that

$$\begin{aligned} Z[j_+, j_-] &= \int [\mathcal{D}\phi_+] \int [\mathcal{D}\phi_-] e^{iS_0} \left\{ 1 + i(S_I + j \cdot \phi) + \frac{i^2}{2}(S_I + j \cdot \phi)^2 + \dots \right\} \\ &= Z_0[0, 0] \left\{ 1 + i \langle (S_I + j \cdot \phi) \rangle_0 + \frac{i^2}{2} \langle (S_I + j \cdot \phi)^2 \rangle_0 + \dots \right\}. \end{aligned} \quad (4.30)$$

By means of the cumulant expansion, it is possible to factor out not only the free $Z_0[0, 0]$ but *all* vacuum bubbles $Z[0, 0]$ so that the cumulant becomes

$$\begin{aligned} W[j_+, j_-] &\equiv \log Z[j_+, j_-] \\ &= \log Z[0, 0] + \langle e^{iS_I} (e^{i j \cdot \phi} - 1) \rangle_{\text{con}}. \end{aligned} \quad (4.31)$$

The expansion of the final term gives rise to all connected graphs with at least one external leg of the physical field ϕ_+ . The real-time Feynman rules are extracted from this series as follows:

- Draw diagrams using ϕ_+ -, ϕ_- -vertices: n external ϕ_+ -lines and arbitrarily many internal ϕ_+ - and ϕ_- -lines. Determine symmetry factors.
- Connect vertices by assigning a propagator:
 $i\tilde{D}^{rs}(k) = \langle \phi_r \phi_s \rangle_0 = r \frac{\text{---}}{s}$
- Assign a factor of $-ik$ to each ϕ_+ -vertex and ik to each ϕ_- -vertex.
- Impose energy-momentum conservation at each vertex through $(2\pi)^4 \delta^{(4)}\left(\sum_i k_i\right)$. A global conservation factor may be separated out as $(2\pi)^4 \delta^{(4)}(0)$.
- Integrate over each internal momentum k_i : $\int \frac{d^4 k}{(2\pi)^4}$ and sum over all internal distributions of r, s .

Comparing the real-time formalism to the Matsubara theory, the propagator has gained a matrix structure and, further, two separate types of vertices have appeared.

5 Thermal self-energies

This section discusses the expression of the thermal decay rate in terms of the self-energy. The topic has been treated by

e.g. Weldon [14], Ho and Scherrer [35] and discussions on the thermal self-energy has also been advanced by [13, 15, 16, 26, 27, 41, 43, 44]. Weldon [14] related the self-energy of the Matsubara formalism to a quantity interpreted as the thermal

decay rate. In the sections below, we will examine the self-energy of Matsubara, its analytic continuation and finally the connection of real-time quantities to it. This connection has been discussed by several authors, see for example Refs. [13, 26, 41].

5.1 Matsubara self-energies

The connected two-point function of the Matsubara formalism is obtained by functional differentiation of the cumulant in Eq. (3.12). In order to obtain a perturbative series, and hence the Feynman rules, in momentum space, the full generating functional of Eq. (3.11) may be Fourier transformed. It may be further manipulated in order to recover a form similar to that of Eq. (2.90). The full propagator appearing in Feynman diagrams is introduced as

$$\tilde{G}_{(T=0)}(k_1, \dots, k_n) \rightarrow (-i)^n \tilde{G}_E(k_1, \dots, k_n) \quad (5.1)$$

starting from its zero-temperature counterpart. Since global momentum conservation is imposed for all diagrams, an overall factor of $\beta(2\pi)^3 \delta_{n0} \delta\left(\sum \mathbf{k}_i\right)$ may be extracted, leaving the interacting many-body propagator labelled $\tilde{G}(k)$ by Landsman and van Weert [13]. Note here that the propagator carries the discrete energies in terms of the Matsubara

Fig. 6 The two real-time vertices of ϕ^4 -theory, appearing on each horizontal piece of the real-time contour, respectively. **a** Vertex corresponding to the quartic interaction of the physical field ϕ_+ . **b** Vertex corresponding to the quartic interaction of the unphysical field ϕ_-

frequencies. Real-time quantities must be obtained through analytic continuation. Analogous to Eq. (3.8), this propagator may be defined in terms of the full Matsubara propagator that has been extended away from the discrete frequencies by means of analytic continuation: $\tilde{\Delta}(i\omega_n, \mathbf{k}) \rightarrow \tilde{\Delta}'(z, \mathbf{k})$. Hence,

$$\tilde{\mathcal{G}}(i\omega_n, \mathbf{k}) = \tilde{\Delta}'(z, \mathbf{k})|_{z=i\omega_n}, \quad \tilde{\Delta}'(z, \mathbf{k}) = \int \frac{dk_0}{2\pi} \frac{\rho(k)}{k_0 - z}. \quad (5.2)$$

For the full propagator, the free spectral density ρ_0 has been replaced by the corresponding full quantity defined as $i\rho(k) = \text{Disc } \tilde{\Delta}'(k)$. The procedure of analytic continuation allows the propagator to be defined for real energies. This continuation is not unique and that is usually resolved by letting $\lim_{|z| \rightarrow \infty} \tilde{\Delta}'(z, \mathbf{k}) = 0$ and by taking $\tilde{\Delta}'(z, \mathbf{k})$ to be analytic away from the real axis [13, 28] which provides the above expression. Thus, we have uniquely

$$\tilde{\Delta}'(z, \mathbf{k}) = \int_0^\infty \frac{d(k'_0)^2}{2\pi} \frac{\rho(k'_0, \mathbf{k})}{z^2 - k'^0{}^2} \quad (5.3)$$

provided the property $k_0\rho(k) \geq 0$. This function can be shown to have neither zeroes nor poles off the real axis provided that this inequality property holds true [13]. Given that the extended propagator is analytic off the real axis, its analytic inverse exists and fulfils a Dyson-like equation

$$\tilde{\Delta}'(z, \mathbf{k})^{-1} = \tilde{\Delta}(z, \mathbf{k})^{-1} + \Pi(z, \mathbf{k}), \quad (5.4)$$

which defines the analytic self-energy. Note the *free* analytic propagator on the right-hand side.

Guided by the above consideration, it is useful to define the thermal Feynman propagator as

$$\tilde{\Delta}_F'(k) = -\tilde{\Delta}'(k_0 + ik_0\epsilon, \mathbf{k}). \quad (5.5)$$

This propagator may be inverted by writing $k_0^2 - |\mathbf{k}|^2 = m^2$ so that the thermal self-energy for the imaginary-time formalism can be extracted:

$$\tilde{\Delta}_F'^{-1} = k^2 - m^2 - \bar{\Pi}_F(k). \quad (5.6)$$

As in the zero-temperature theory, one may observe that the real part of the self-energy may be absorbed as a correction to the mass while its imaginary component will be interpreted as a decay rate [14].

5.2 Real-time self-energies

The full real-time propagator may be assumed to satisfy the Schwinger-Dyson equation (see Ref. [13] and references therein) similar to the zero-temperature case:

$$\tilde{\mathcal{D}}_{\alpha\beta}^{rs}(k) = \tilde{\mathbf{D}}_{\alpha\beta}^{rs}(k) + (\tilde{\mathbf{D}}\tilde{\Pi}\tilde{\mathcal{D}})_{\alpha\beta}^{rs}(k). \quad (5.7)$$

Like in the zero-temperature theory, the real-time self-energy is most often¹³ the sum of all one-particle irreducible (1PI) insertions on the propagator line as visualised in Fig. 7. This self-energy coincides with the self-energy of the many-body propagator provided by Ref. [13] in connection to their discussion on the Matsubara theory. The full real-time components are not independent as a consequence of the KMS condition and due to translational invariance [13] and they satisfy similar relations as the components of Eq. (4.10).

¹³ A 1PI diagram is defined to be any diagram that cannot be split into two parts by removal of a single propagator line. The 1PI blob shown in Fig. 7 is defined as the sum of all such diagrams with the eye-diagram (the single loop) being the lowest-order contribution. See Ref. [1] for a discussion of the 1PI insertion procedure. One must note, however, that the properly defined self-energy includes one-particle reducible diagrams as well, e.g. tadpole diagrams that can be regulated separately.

Fig. 7 The graphical interpretation of the Schwinger-Dyson equation. All 1PI insertions are parametrised by the self-energy. By recursive insertion of the full propagator, the 1PI series expansion may be obtained

5.3 Self-energy relations

Viewing the free-field propagator of Eq. (4.10) as a special case of the full propagator of Eq. (5.7), the matrix of Eq. (4.14) also diagonalises the full propagator for some function $\tilde{D}_{F\alpha\beta}(k)$ so that

$$\tilde{D}_{\alpha\beta}(k) = \mathbf{M}_\eta \begin{pmatrix} \tilde{D}_{F\alpha\beta} & 0 \\ 0 & \tilde{D}_{F\alpha\beta}^* \end{pmatrix} \mathbf{M}_\eta. \quad (5.8)$$

The new function is assumed to satisfy the Schwinger-Dyson equation that defines the self-energy $\tilde{\Pi}_F$: $\tilde{D}_{F\alpha\beta}(k) = \tilde{D}_{F\alpha\beta}(k) + (\tilde{D}_F \tilde{\Pi}_F \tilde{D}_F)_{\alpha\beta}$. As an example, the relation between $\tilde{D}_{F\alpha\beta}(k)$ and the component $\tilde{D}_{\alpha\beta}^{(++)}(k)$ reads

$$\tilde{D}_{\alpha\beta}^{(++)}(k) = [1 + \eta n(\omega_+)] \tilde{D}_{F\alpha\beta}(k) + \eta n(\omega_+) \tilde{D}_{F\alpha\beta}^*(k). \quad (5.9)$$

The insertion of $\mathbf{M}_\eta$ and its inverse in the Schwinger-Dyson equation allows for the identification

$$\tilde{\Pi} = \begin{pmatrix} \tilde{\Pi}^{(++)} & \tilde{\Pi}^{(+-)} \\ \tilde{\Pi}^{(-+)} & \tilde{\Pi}^{(--)} \end{pmatrix} \equiv \mathbf{M}_\eta^{-1} \begin{pmatrix} \tilde{\Pi}_F & 0 \\ 0 & -\tilde{\Pi}_F^* \end{pmatrix} \mathbf{M}_\eta^{-1}. \quad (5.10)$$

The derivation of this is rather lengthy but can be found in Ref. [13] where, most importantly, it is argued that $\tilde{\Pi}_F$ is indeed the analytically continued self-energy of the resummed propagator $\tilde{\Delta}'_F$ in Eq. (5.6). For notational convenience, possible spinor and Lorentz indices have been suppressed but are generally present in the structure of the Klein-Gordon divisor $d_{\alpha\beta}^{ij}$.

By inserting the explicit expression for the thermal matrix $\mathbf{M}_\eta$, the following relations may be deduced:

$$\tilde{\Pi}^{--} = -[\tilde{\Pi}^{(++)}]^*, \quad (5.11)$$

$$\tilde{\Pi}^{(-+)} = \eta e^{-\beta\mu} e^{(\beta-2\sigma)k_0} \tilde{\Pi}^{(+-)}. \quad (5.12)$$

It is similarly straightforward to relate $\tilde{\Pi}^{(-+)}$ to $\tilde{\Pi}^{(++)}$. Hence, a number of components has reduced from the initial four to a single independent one. The two relations above hold for any σ , also for $\sigma = 0$. Importantly for the forthcoming calculations, the real and imaginary parts of the self-energies are related as

$$\text{Re } \tilde{\Pi}^{(++)} = \text{Re } \tilde{\Pi}_F, \quad (5.13)$$

$$\text{Im } \tilde{\Pi}^{(++)} = \text{sign}(k_0) [1 + 2\eta n(\omega_+)] \text{Im } \tilde{\Pi}_F. \quad (5.14)$$

The self-energy on the left-hand side will be calculated to the first order for several types of interaction vertices in Sects. 7–10.

5.4 Thermal convergence

Given the thermal scale parameterised by β , several bulk properties may be used to describe any system provided proximity to equilibrium, e.g. thermodynamic pressure, and charge or energy densities. When performing practical calculations of such quantities or perturbative evaluations of the self-energies discussed in the previous section, a cause for concern is the validity of the small-coupling expansion. Thermal quantities are known to exhibit a poor convergence rate at high temperatures even for small values of the coupling constant. This is exemplified by the thermal pressure discussed by e.g. Braaten and Nieto [45] and calculated to $\mathcal{O}(g^4)$ and later to $\mathcal{O}(g^5)$ by Frenkel, Saa and Taylor [46] and Parwani and Singh [47] respectively. Their work considered $g^2\phi^4$ -theories. Similar calculations have been further published by Andersen, Kyllingstad and Leganger [48] to $\mathcal{O}(g^8 \log g)$ and to $\mathcal{O}(g^6)$ for general $O(N)$ scalar theories by Gynther et al. [49]. The perturbative series for this pressure displays an oscillating behaviour such that the convergence gets worse for increasing temperature, even in the small-coupling limit. One should therefore note that poor convergence is not solely an issue of thermal QCD, where this behaviour might be expected, but poor convergence rate has been observed also in scalar theories similar to those considered below. This inter-theory issue of convergence could be seen as rather odd in the light of lattice gauge theory calculations as pointed out in [50] where it is further suggested that the main corrections are related to plasma (i.e. medium) effects.

Since the mid 1990's, several authors have developed a calculational framework in order to improve convergence of perturbative thermal quantities; Braaten, Nieto, Arnold, Zhai, Strickland and Anderson [45, 50–52], among others, have contributed to the field of *hard thermal loop re-summation* which focuses on re-arranging and re-summing terms at all orders in perturbation theory. The major point of this approach is to distinguish the so called *hard* terms of order T that obey a perturbative treatment and the *soft* terms of order gT that require effective propagators and vertices as noted by [51] for gauge theories in the medium. The gauge

invariance of this approach is a primary advantage and the main idea is neatly presented in [50].

It should be noted that no such re-summation technique has been applied to the self-energy calculations in Sects. 7–10 and hence to the subsequent provided decay rates. This urges an investigation into the importance of thermal re-summation so as to provide understanding of the convergence rate of perturbatively evaluated decay rates.

6 Thermal decay rates

In this section, the self-energies of the previous section will be related to the thermal decay rates. Initially, a relation between the thermal quantity that corresponds to the zero-temperature decay rate and the self-energy of the imaginary-time formalism due to Weldon [14] will be presented. This relation will then be restated in terms of the self-energy components of the real-time formalism by making use of the self-energy relations in Sect. 5.3.

6.1 Thermal rates in Matsubara formalism

The decay rate γ_D for a given process in the zero-temperature theory may be related to the discontinuity of the self-energy (i.e. its imaginary part) by means of the optical theorem as

$$\gamma_D = - \left(\frac{\text{Im } \Pi_0(E_0)}{E_0} \right), \quad (6.15)$$

where E_0 is the energy of the decaying particle. Weldon [14] defined a similar quantity $\Gamma(p_0)$ through

$$\Gamma(p_0) = - \left(\frac{\text{Im } \tilde{\Pi}_F(p_0)}{p_0} \right), \quad (6.16)$$

where $\tilde{\Pi}_F$ is the self-energy of the imaginary-time formalism.

It is important to reflect upon the physics that this quantity describes. One may assume that the distribution of a particle Φ at some time t_{in} is described by a nonequilibrium function which Weldon labelled as $f(p_0, t_{\text{in}})$ [14]. This function will approach the thermal distribution of the equilibrium (Bose-Einstein or Fermi-Dirac) in a simple manner if a deviation from equilibrium is small ($\partial f / \partial t \ll 1$). The rate of this approach is parametrised by $\Gamma(p_0)$ to the first order. The evolution of this distribution may be formulated according to

$$\frac{\partial f}{\partial t} = -f\Gamma_D + (1 + \eta f)\Gamma_I. \quad (6.17)$$

in terms of the quantities Γ_D , Γ_I . Here, the first term expresses the loss of Φ -particles through decay modes while Γ_I takes into account particle production by the medium. The thermal medium is filled with particles that couple to Φ

and, hence, the second parameter Γ_I , the *inverse decay rate* (production rate), adds the contribution from processes in the medium that produce Φ particles. As an example, production may occur through reactions $\phi\phi \rightarrow \Phi$. Weldon comprehensively presents an analysis of possible production and decay channels for Φ through interactions with particles in the thermal medium.

The solution to Eq. (6.17) is

$$f(p_0, t) = n(\omega_+) + c(p_0)e^{-\Gamma(p_0)t}, \quad (6.18)$$

for some function $c(p_0)$ which is constant in time. This solution requires that the temperature T is constant over time which is true for equilibrated media. Since T characterises the background medium, the deviations of the Φ distribution from its equilibrium limit are required to be small and one may assume that the distribution of the medium particles corresponds to the thermal equilibrium distribution. The net decay rate Γ of the distribution of Φ in the medium is the rate at which the distribution of Φ approaches the equilibrium regime and amounts to

$$\Gamma(p_0) = \Gamma_D - \eta\Gamma_I. \quad (6.19)$$

The evaluation of the amplitude for the thermal forward decay Γ_D is of interest in this work. Weldon provides a thermal relation between the forward and inverse decay rates due to unitarity so that one therefore may write the decay rate of Φ as

$$\Gamma_D = - \frac{1}{1 - \eta e^{-\beta(p_0 - \mu)}} \frac{\text{Im } \tilde{\Pi}_F(p_0)}{p_0}. \quad (6.20)$$

The expression provided by Weldon has hereby been extended in order to explicitly take into account the role of the chemical potential μ .

6.2 Thermal rates in the real-time formalism

The relations of Sect. 5.3 connect the self-energy of the Matsubara formalism to the components of the real-time self-energy. Hence, Eq. (6.20) may be rewritten as

$$\Gamma_D = -\text{sign}(p_0) \frac{1 + \eta n(\omega_+)}{1 + 2\eta n(\omega_+)} \frac{\text{Im } \tilde{\Pi}^{(++)}(p_0)}{p_0}. \quad (6.21)$$

In the following Sects. 7–10, the $(++)$ -component of the real-time self-energy for several types of interactions has been evaluated. The results are used to extract the decay rates for fields in an equilibrated thermal medium.

Note that, if $\tilde{\Pi}^{(++)}$ comes with internal or Lorentz indices, one may follow the procedure advised by Weldon [14] and

define the scalar function

$$\Sigma(p) = \bar{\Phi}_\alpha^i(p) \tilde{\Pi}_{\alpha\beta}^{(++)ij}(p) \Phi_\beta^j(p), \quad (6.22)$$

which represents a contraction with asymptotic states. This allows for a probabilistic interpretation of Σ as a decay rate, similar to a Breit-Wigner resonance, for any particle species.

For future convenience in the following sections, the ratio of the thermal decay rate above to the zero-temperature limit, as used in the analysis by Ref. [35], may be defined as

$$R = \frac{\Gamma_D}{\gamma_D}. \quad (6.23)$$

This quantity is a parametrisation for the deviation of thermal theory predictions from those in the zero-temperature limit. If this ratio is equal to unity for all temperatures, the medium has no effect on decay rates.

7 (Pseudo)scalar decay into two (pseudo)scalars

We are now equipped with the formalism and the relations needed for computation of thermal decay rates. This section provides a detailed analysis of the thermal decay rate at which a neutral (pseudo)scalar particle Φ of mass M decays into a pair of neutral (pseudo)scalar particles $\phi^1 \phi^2$ of masses m_1, m_2 . The scalars in the final state may not be identical in the following expressions. Note, however, that all scalars considered here are neutral particles. The interaction term responsible for such a decay process reads

$$\mathcal{L}_{\text{int}} = \kappa \Phi \phi^1 \phi^2. \quad (7.1)$$

The resulting scalar boson self-energy discussed in this section has been previously published in Ref. [41] and represents an important example of the usage of the real-time TFT framework.

7.1 Real-time self-energy of the scalar-scalar eye-diagram

Using the interaction term of Eq. (7.1), one may draw the following eye-diagram:

This is the matrix eye-diagram that appears at the first order in the Dyson series representing the full interacting propagator of Φ . The crosses denote either external legs or connections to vertices. The Φ -lines in the loop diagram are amputated

in the following self-energy calculation. Note that this diagram represents all allowed propagator combinations¹⁴ The intermediate particles are not restricted to the physical field component ϕ_+ while the external legs are. As a consequence, all valid combinations of propagators in the loop must be considered when calculating the total amplitude for this diagram. The (+)- and (-)-field components do not mix in the vertices, cf. Fig. 6, but propagate into each other due to the off-diagonal propagator elements. Besides, each vertex contributes with a factor of $\mp i\kappa$, respectively.

In order to obtain the thermal decay rate, the self-energy of Eq. (7.2) will be evaluated below and it is defined by the loop diagram

All matrix components of this self-energy are related through Eq. (5.10), and evaluation of the (++)-component is sufficient in order to obtain the decay rate. This component is

$$\begin{aligned} i\mathcal{I}_{\text{bubble}}^{(++)}(p; m_1, m_2) &= i(1 + \delta_{12})(-i\kappa)^2 \\ &\times \int \frac{d^4k}{(2\pi)^4} i\tilde{D}^{(++)}(k-p; m_1) i\tilde{D}^{(++)}(k; m_2) \\ &= iI_{\text{SS}}^{(2)}(p^2; m_1, m_2) + \left[iF_{\text{SS}}^{(2)}(p; m_1, m_2) + (1 \leftrightarrow 2) \right] \\ &+ iF_{\text{SS}}^{(3)}(p; m_1, m_2). \end{aligned} \quad (7.4)$$

Note here the pre-factor; δ_{12} is defined as unity if the two particles in the loop are identical and zero otherwise. Hence, the correct symmetry factor will be taken into account when considering either identical or distinct loop particle species. The two-component structure of the scalar propagator splits the bubble into four terms indicated above: a non-thermal (temperature independent) integral $I_{\text{SS}}^{(2)}$, two mixed integrals $F_{\text{SS}}^{(2)}$ and $(1 \leftrightarrow 2)$, and one purely thermal integral $F_{\text{SS}}^{(3)}$. The bracketed arrow denotes a naïve interchange of indices 1 and 2 in the second mixed term. The explicit integrals are given as follows

¹⁴ The thick lines are drawn in order to indicate the free matrix propagator. Hence, the diagram represents the sum of diagrams over all valid combinations of ϕ_+, ϕ_- .

$$\begin{aligned}
iI_{\text{SS}}^{(2)}(p^2; m_1, m_2) &= i(1 + \delta_{12})(-i\kappa)^2 \\
&\times \int \frac{d^4k}{(2\pi)^4} \frac{i}{(p-k)^2 - m_1^2 + i\epsilon} \frac{i}{k^2 - m_2^2 + i\epsilon}, \quad (7.5)
\end{aligned}$$

$$\begin{aligned}
iF_{\text{SS}}^{(2)}(p; m_1, m_2) &= i(1 + \delta_{12})(-i\kappa)^2 \int \frac{d^4k}{(2\pi)^4} \frac{i}{(p-k)^2 - m_1^2 + i\epsilon} \\
&\times 2\pi n_{\text{B}}(|k_0|) \delta(k^2 - m_2^2), \quad (7.6)
\end{aligned}$$

$$\begin{aligned}
iF_{\text{SS}}^{(3)}(p; m_1, m_2) &= i(1 + \delta_{12})(-i\kappa)^2 \int \frac{d^4k}{(2\pi)^4} 2\pi n_{\text{B}}(|p_0 - k_0|) \\
&\times \delta(k^2 - m_2^2) \delta((p-k)^2 - m_1^2) 2\pi n_{\text{B}}(|k_0|) \quad (7.7)
\end{aligned}$$

The evaluation of the types of integrals above is discussed in some detail in section Appendix B.

7.1.1 Non-thermal self-energy term

The non-thermal contribution to the self-energy is well-known from zero-temperature QFT. It may be evaluated by dimensional regularisation techniques in $D = 4 - 2\epsilon$ dimensions at the renormalisation scale $\bar{\mu}$. The resulting expression for the non-thermal integral is

$$\begin{aligned}
iI_{\text{SS}}^{(2)}(p^2; m_1, m_2) &= (1 + \delta_{12}) \frac{\kappa^2}{16\pi^2} \\
&\times \left\{ -\frac{1}{\epsilon} - 2 + \frac{x_+}{2} \ln \left[\frac{m_1^2}{\bar{\mu}^2} \right] - \frac{x_-}{2} \ln \left[\frac{m_2^2}{\bar{\mu}^2} \right] - I_{\text{loop}} \right\}. \quad (7.8)
\end{aligned}$$

Here, $1/\epsilon$ parametrises the divergence emerging from the dimensional regularisation scheme and, denoting the Euler-Mascheroni constant by γ_E , it is defined as $\frac{1}{\epsilon} = \frac{1}{\epsilon} - \gamma_E + \ln 4\pi$. The last term I_{loop} is the term of interest to the decay rate since it is complex.

$$I_{\text{loop}} = \begin{cases} \frac{\sqrt{C}}{2} \left[\ln \left| \frac{(\sqrt{C}+x_-)(\sqrt{C}-x_+)}{(\sqrt{C}-x_-)(\sqrt{C}+x_+)} \right| + 2\pi i \right] & \text{if (a),} \\ -\sqrt{D} \left[\arctan \frac{x_+}{\sqrt{D}} - \arctan \frac{x_-}{\sqrt{D}} \right] & \text{if (b),} \\ \frac{\sqrt{C}}{2} \ln \left| \frac{(\sqrt{C}+x_-)(\sqrt{C}-x_+)}{(\sqrt{C}-x_-)(\sqrt{C}+x_+)} \right| & \text{if (c).} \end{cases} \quad (7.9)$$

The cases are defined as the momentum regions

- (a) $p^2 \geq (m_1 + m_2)^2$,
- (b) $(m_1 - m_2)^2 \leq p^2 < (m_1 + m_2)^2$,
- (c) $p^2 < (m_1 - m_2)^2$,

and

$$x_{\pm} = \pm 1 + \frac{m_2^2 - m_1^2}{p^2}, \quad (7.10)$$

$$C = -D = \left(1 - \frac{(m_1 + m_2)^2}{p^2} \right) \left(1 - \frac{(m_1 - m_2)^2}{p^2} \right).$$

The imaginary part of Eq. (7.8) reads as follows

$$\begin{aligned}
\Im [iI_{\text{SS}}^{(2)}(p^2; m_1, m_2)] &= \begin{cases} -(1 + \delta_{12}) \frac{\kappa^2}{16\pi} \sqrt{C} & \text{if (a),} \\ 0 & \text{otherwise.} \end{cases} \quad (7.11)
\end{aligned}$$

7.1.2 Mixed self-energy term

The mixed self-energy contribution consists of two complex propagator cross terms. The evaluation of the imaginary component of those integrals results in

$$\begin{aligned}
\Im [iF_{\text{SS}}^{(2)}(p; m_1, m_2) + (1 \leftrightarrow 2)] &= -(1 + \delta_{12}) \frac{\kappa^2}{16\pi |\mathbf{p}| \beta} \\
&\times \begin{cases} \ln \left| \frac{1 - e^{-\beta\omega_{2,p+}}}{1 - e^{-\beta\omega_{2,p-}}} \right| + (1 \leftrightarrow 2) & \text{if (a) } \vee \text{ (c1),} \\ 0 & \text{if (b),} \\ -\ln |(1 - e^{-\beta\omega_{2,p+}})| \\ \times (1 - e^{-\beta\omega_{2,p-}}) + (1 \leftrightarrow 2) & \text{if (c2).} \end{cases} \quad (7.12)
\end{aligned}$$

Here,

$$\omega_{2,p\pm} = \frac{1}{2} \left| p_0 \left| 1 + \frac{m_2^2 - m_1^2}{p^2} \right| \pm |\mathbf{p}| \sqrt{C} \right|. \quad (7.13)$$

Two further cases have been defined as

- (c1) $0 \leq p^2 < (m_1 - m_2)^2$,
- (c2) $p^2 < 0$.

It is an interesting observation that the imaginary part of the self-energy receives a contribution in the region $0 \leq p^2 < (m_1 - m_2)^2$ where decays are forbidden at zero temperature. At finite temperature, however, the medium particles may interact with the decaying particle so as to provide a novel channel through absorption of a particle from the medium. The topology of different decay channels are discussed in comprehensive detail by Weldon [14].

The real part of the mixed term is

$$\Re \left[i F_{\text{SS}}^{(2)}(p; m_1, m_2) + (1 \leftrightarrow 2) \right] = (1 + \delta_{12}) \frac{\kappa^2}{16\pi^2 |\mathbf{p}|} \int_{m_2}^{\infty} d\omega_{2,\mathbf{k}} n(\omega_{2,\mathbf{k}}) \\ \times \mathcal{P} \ln \left| \frac{(p^2 - 2p_0\omega_{2,\mathbf{k}} + 2|\mathbf{p}|\sqrt{\omega_{2,\mathbf{k}}^2 - m_2^2} + m_2^2 - m_1^2)(p^2 + 2p_0\omega_{2,\mathbf{k}} + 2|\mathbf{p}|\sqrt{\omega_{2,\mathbf{k}}^2 - m_2^2} + m_2^2 - m_1^2)}{(p^2 - 2p_0\omega_{2,\mathbf{k}} - 2|\mathbf{p}|\sqrt{\omega_{2,\mathbf{k}}^2 - m_2^2} + m_2^2 - m_1^2)(p^2 + 2p_0\omega_{2,\mathbf{k}} - 2|\mathbf{p}|\sqrt{\omega_{2,\mathbf{k}}^2 - m_2^2} + m_2^2 - m_1^2)} \right| + (1 \leftrightarrow 2). \quad (7.14)$$

Here $\omega_{2,\mathbf{k}}^2 = |\mathbf{k}|^2 + m_2^2$.

7.1.3 Thermal self-energy term

The thermal contribution to the self-energy has no real component and is given by the purely imaginary expression

The combined $(++)$ -self-energy component of the eye-diagram given in Sects. 7.1.1–7.1.3 was provided by Nishikawa et al. [41] as part of the evaluation of the sunset diagram and has been included here for completeness.

$$i F_{\text{SS}}^{(3)}(p; m_1, m_2) = -i(1 + \delta_{12}) \frac{\kappa^2}{8\pi |\mathbf{p}| \beta} \quad (7.15)$$

$$\times \begin{cases} \frac{1}{e^{\beta p_0} - 1} \ln \left| \frac{(1 - e^{-\beta \omega_{2,p_+}})(1 - e^{\beta(p_0 - \omega_{2,p_-})})}{(1 - e^{-\beta \omega_{2,p_-}})(1 - e^{\beta(p_0 - \omega_{2,p_+})})} \right| & \text{if (a),} \\ 0 & \text{if (b),} \\ \frac{1}{e^{\mp \beta p_0} - 1} \left[\ln \left| \frac{1 - e^{-\beta \omega_{2,p_+}}}{1 - e^{-\beta \omega_{2,p_-}}} \right| - e^{\mp \beta p_0} \ln \left| \frac{1 - e^{\beta(\pm p_0 - \omega_{2,p_+})}}{1 - e^{\beta(\pm p_0 - \omega_{2,p_-})}} \right| \right] & \text{if (c1) } \wedge \text{ (d1),} \\ \frac{1}{e^{-\beta p_0} - 1} \left[e^{-\beta p_0} \ln \left| 1 - e^{\beta(p_0 - \omega_{2,p_{\pm}})} \right| - \ln \left| 1 - e^{-\beta \omega_{2,p_{\pm}}} \right| \right] \\ + \frac{1}{e^{\beta p_0} - 1} \left[e^{\beta p_0} \ln \left| 1 - e^{-\beta(p_0 + \omega_{2,p_{\mp}})} \right| - \ln \left| 1 - e^{-\beta \omega_{2,p_{\mp}}} \right| \right] & \text{if (c2) } \wedge \text{ (d2).} \end{cases}$$

The further two cases were defined as

7.2 Decay rate of $\Phi \rightarrow \phi\phi$

(d1) $m_2 \geq m_1 \vee m_2 < m_1$.

The leftmost inequality corresponds to the upper sign. The rightmost inequality corresponds to the lower sign.

(d2) $\left\{ \left[m_2 \geq m_1 \wedge 1 + \frac{m_2^2 - m_1^2}{p^2} \geq 0 \right] \vee m_2 < m_1 \right\} \vee \left\{ m_2 \geq m_1 \wedge 1 + \frac{m_2^2 - m_1^2}{p^2} < 0 \right\}$.

The leftmost curly bracket corresponds to the upper sign. The rightmost curly bracket corresponds to the lower sign.

It is important to notice that in the above expression for a purely thermal contribution, the mass parameters m_1, m_2 in $\omega_{2,p_{\pm}}$ should be replaced by expressions $\min\{m_1, m_2\}$ and $\max\{m_1, m_2\}$, respectively.

This section presents the thermal decay rate of a scalar particle into two scalar particles with the rate given by Eq. (6.21), in Sect. 6.2. In the case of identical loop masses, the expression for the self-energy simplifies significantly due to vanishing terms in the mass function $\sqrt{C}$ and $\omega_{2,p_{\pm}}$. The ratio of Eq. (6.23) may be obtained by considering the limiting case of $p^2 = M^2 \gg (m_1 + m_2)^2$, rendering the particles in the loop effectively massless. The plotted ratio can be seen in Fig. 8a–c for a non-relativistic, relativistic and ultra-relativistic incoming particle Φ . The figures reproduce the findings of Ho and Scherrer [35] who considered the case of identical loop masses $m_1 = m_2 = 0$ evaluated in the imaginary-time formalism and their result has hereby been verified in the real-time formalism. The limit as $T \rightarrow 0$ for the ratio is $R_{\Phi \rightarrow \phi\phi} \rightarrow 1$ as required.

Fig. 8 Ratio of the thermal decay rate to the zero-temperature limit for $\Phi \rightarrow \phi\phi$. The ratio $R = \Gamma_D/\gamma_D$ is plotted for $p^2 = M^2 \gg 4m^2$, with $m = m_1 = m_2$. Subfigures display ratios for varying $\epsilon = |\mathbf{p}|/M$ that parametrises the three-momentum of Φ and are plotted here for non-

relativistic (a), relativistic (b) and ultra-relativistic (c) particles. These real-time results agree with the results of Ref. [35] that were evaluated in the Matsubara formalism. Note that $R \rightarrow 1$ when T vanishes

The deviation from Ref. [35] when loop masses m_1, m_2 are not identical was investigated. Such deviations are clearly relevant only in the case of $M \sim m_1, m_2$, close to the equality of $M^2 = (m_1 + m_2)^2$. An analysis of the self-energy presented earlier in this section shows that the behaviour is qualitatively similar to Fig. 8a–c. Furthermore, in the mass region $0 \leq M^2 < (m_1 - m_2)^2$ and for virtual Φ with $p^2 < 0$, the behaviour of $\Gamma_{\Phi \rightarrow \phi\phi}$ is also quadratically growing with temperature. Hence, these regions exhibit a qualitatively similar behaviour compared to the plotted cases.

8 Scalar decay into a fermion-antifermion pair

This section presents the thermal rate at which a neutral scalar particle Φ decays into a fermion-antifermion pair $\psi^2 \bar{\psi}^1$. One model that gives rise to such decay process is

$$\mathcal{L}_{\text{int}} = a\Phi \bar{\psi}^1 \psi^2. \quad (8.1)$$

The particles are associated with masses M for Φ and m_i for ψ^i .

8.1 Real-time self-energy of the fermion-antifermion eye-diagram

In analogy to the case of the scalar-scalar loop considered in the previous section (Sect. 7), the self-energy of the eye-diagram is related to the thermal decay rate of the process $\Phi \rightarrow \psi^2 \bar{\psi}^1$. Also here, all valid combinations of field components must be taken into account but only one self-energy component is independent, see Eq. (5.10), and the evaluation of the self-energy $(++)$ -component is sufficient to extract the thermal decay rate. This component reads

$$\begin{aligned} i\mathcal{I}_{\text{bubble}}^{(++)}(p; m_1, m_2) &= i(-ia)^2(-1) \int \frac{d^4 k}{(2\pi)^4} \\ &\quad \times \text{tr}[i\tilde{S}_{\text{F}}^{(++)}(k - p; m_1) i\tilde{S}_{\text{F}}^{(++)}(k; m_2)] \\ &= i(-ia)^2(-1) \int \frac{d^4 k}{(2\pi)^4} \\ &\quad \times \text{tr}[-i\tilde{S}_{\text{F}}^{(++)}(p - k; m_1) i\tilde{S}_{\text{F}}^{(++)}(k; m_2)] \end{aligned} \quad (8.2)$$

$$= iI_{\text{FF}}^{(2)}(p^2; m_1, m_2) + \left[iF_{\text{FF}}^{(2)}(p; m_1, m_2) + (F \leftrightarrow \bar{F}) \right] + iF_{\text{FF}}^{(3)}(p; m_1, m_2).$$

Note, the overall negative sign appears together the trace over spinor indices in the case of a fermion loop. The bracketed arrow represents the second mixed integral that arises from propagator cross terms. As in the case of the scalar-scalar loop, the bubble has split into four terms and the explicit integrals are

$$\Im \left[iI_{\text{FF}}^{(2)}(p^2; m_1, m_2) \right] = \frac{a^2}{8\pi} \sqrt{C} \begin{cases} \frac{p^2}{2} \left[C - \left(1 + \frac{m_2^2 - m_1^2}{p^2} \right)^2 \right] - p^2 \left(1 + \frac{m_2^2 - m_1^2}{p^2} \right) + 2m_2[m_1 + 2m_2] & \text{if (a),} \\ 0 & \text{otherwise,} \end{cases} \quad (8.7)$$

$$iI_{\text{FF}}^{(2)}(p^2; m_1, m_2) \quad (8.3)$$

$$= i(-ia)^2 \int \frac{d^4 k}{(2\pi)^4} \times \text{tr} \left[\frac{i((p-k)-m_1)}{(p-k)^2 - m_1^2 + i\epsilon} \frac{i(k+m_2)}{k^2 - m_2^2 + i\epsilon} \right],$$

$$iF_{\text{FF}}^{(2)}(p; m_1, m_2) \quad (8.4)$$

$$= i(-ia)^2 \int \frac{d^4 k}{(2\pi)^4} \times \text{tr} \left[\frac{i((p-k)-m_1)}{(p-k)^2 - m_1^2 + i\epsilon} (-2\pi)(k+m_2)n_F(k_0)\delta(k^2 - m_2^2) \right],$$

$$iF_{\text{FF}}^{(3)}(p; m_1, m_2) \quad (8.5)$$

$$= i(-ia)^2 \int \frac{d^4 k}{(2\pi)^4} \times \text{tr} \left[(-2\pi)((p-k)-m_1)n_{\bar{F}}(p_0 - k_0) \times \delta((p-k)^2 - m_1^2)(-2\pi)(k+m_2)n_F(k_0)\delta(k^2 - m_2^2) \right].$$

The trace is common to all integrals and evaluates to

$$\text{tr} \left[((p-k)-m_1)(k+m_2) \right] = -4(m_1 m_2 - p \cdot k + k^2). \quad (8.6)$$

8.1.1 Non-thermal self-energy term

The non-thermal contribution is again known from the zero-temperature theory and the imaginary part of interest to the decay rate calculation may be extracted. The imaginary part of $iI_{\text{FF}}^{(2)}(p^2; m_1, m_2)$ reads

where C is identical to the definition in Sect. 7. In the case of identical loop masses, the expression reduces to

$$\Im \left[iI_{\text{FF}}^{(2)}(p^2; m_1, m_2) \right] = \begin{cases} -\frac{a^2(p^2 - 4m^2)}{8\pi} \sqrt{1 - \frac{4m^2}{p^2}} & \text{if (a),} \\ 0 & \text{otherwise.} \end{cases} \quad (8.8)$$

This matches the corresponding result in the literature, see e.g. Ref. [53].

8.1.2 Mixed self-energy term

The mixed self-energy contribution consists of two complex cross terms. The evaluation of the imaginary component of those terms results in

$$\Im \left[iF_{\text{FF}}^{(2)}(p; m_1, m_2) + (F \leftrightarrow \bar{F}) \right] = -\frac{a^2}{8\pi|\mathbf{p}|\beta} \left(p^2 - (m_2 + m_1)^2 \right) \quad (8.9)$$

$$\times \begin{cases} \ln \left[\frac{(e^{-\beta(\omega_2, p_+ - \mu)} + 1)(e^{-\beta(\omega_1, p_+ + \mu)} + 1)}{(e^{-\beta(\omega_2, p_- - \mu)} + 1)(e^{-\beta(\omega_1, p_- + \mu)} + 1)} \right] & \text{if (a) } \vee \left\{ (c1) \wedge m_2 \geq m_1 \right\}, \\ 0 & \text{if (b),} \\ \ln \left[\frac{(e^{-\beta(\omega_2, p_+ + \mu)} + 1)(e^{-\beta(\omega_1, p_+ - \mu)} + 1)}{(e^{-\beta(\omega_2, p_- + \mu)} + 1)(e^{-\beta(\omega_1, p_- - \mu)} + 1)} \right] & \text{if (c1) } \wedge m_2 < m_1, \\ -\ln \left[(e^{-\beta(\omega_2, p_+ - \mu)} + 1)(e^{-\beta(\omega_1, p_+ + \mu)} + 1)(e^{-\beta(\omega_2, p_- - \mu)} + 1)(e^{-\beta(\omega_1, p_- + \mu)} + 1) \right] & \text{if (c2).} \end{cases}$$

Here, $\omega_{1,p\pm}$ has been defined analogously to $\omega_{2,p\pm}$ in Sect. 7 with interchanged masses.

In compact notation, the real part may be written as

8.1.3 Thermal self-energy term

The purely thermal contribution to the self-energy has no real component and may be found as

$$\Re [iF_{\text{FF}}^{(2)}(p; m_1, m_2) + (F \leftrightarrow \bar{F})] = \frac{a^2}{4\pi^2 |\mathbf{p}|} \sum_{s=\pm} \left\{ \int_{m_2}^{\infty} d\omega_{2,\mathbf{k}} n_{\text{F},2}^s \left[C_2^s \mathcal{P} \ln \left| \frac{A_{21,+}^{(s)}}{A_{21,-}^{(s)}} \right| + \mathcal{P} \left(2|\mathbf{p}| \sqrt{\omega_{2,\mathbf{k}}^2 - m_2^2} + D_{21}^s \ln \left| \frac{A_{21,-}^{(s)}}{A_{21,+}^{(s)}} \right| \right) \right] \right. \\ \left. + \int_{m_1}^{\infty} d\omega_{1,\mathbf{k}} n_{\text{F},1}^{-s} \left[C_1^s \mathcal{P} \ln \left| \frac{A_{12,+}^{(s)}}{A_{12,-}^{(s)}} \right| + \mathcal{P} \left(2|\mathbf{p}| \sqrt{\omega_{1,\mathbf{k}}^2 - m_1^2} + D_{12}^s \ln \left| \frac{A_{12,-}^{(s)}}{A_{12,+}^{(s)}} \right| \right) \right] \right\}, \quad (8.10)$$

$$iF_{\text{FF}}^{(3)}(p; m_1, m_2) = -i \frac{a^2}{4\pi |\mathbf{p}| \beta} (p^2 - (m_1 + m_2)^2) \times \begin{cases} \frac{1}{e^{\beta p_0} - 1} \ln \left[\frac{(e^{-\beta(\omega_{2,p_+} - \mu)} + 1)(e^{\beta(p_0 - \omega_{2,p_-} + \mu)} + 1)}{(e^{-\beta(\omega_{2,p_-} - \mu)} + 1)(e^{\beta(p_0 - \omega_{2,p_+} + \mu)} + 1)} \right] & \text{if (a),} \\ 0 & \text{if (b),} \\ \frac{1}{e^{\mp \beta p_0} - 1} \left\{ e^{\mp \beta p_0} \ln \left[\frac{e^{-\beta(\omega_{2,p_+} + \mp(p_0 + \mu))} + 1}{e^{-\beta(\omega_{2,p_-} + \mp(p_0 + \mu))} + 1} \right] + \ln \left[\frac{e^{-\beta(\omega_{2,p_+} + \mp \mu)} + 1}{e^{-\beta(\omega_{2,p_-} + \mp \mu)} + 1} \right] \right\} & \text{if (c1) } \wedge \text{ (d1),} \\ \frac{1}{e^{-\beta p_0} - 1} \left\{ e^{-\beta p_0} \ln \left[e^{-\beta(\omega_{2,p\pm} - p_0 - \mu)} + 1 \right] - \ln \left[e^{-\beta(\omega_{2,p\pm} - \mu)} + 1 \right] \right\} \\ + \frac{1}{e^{\beta p_0} - 1} \left\{ e^{\beta p_0} \ln \left[e^{-\beta(\omega_{2,p\mp} + p_0 + \mu)} + 1 \right] - \ln \left[e^{-\beta(\omega_{2,p\mp} + \mu)} + 1 \right] \right\} & \text{if (c2) } \wedge \text{ (d2).} \end{cases} \quad (8.16)$$

where

$$\omega_{i,\mathbf{k}}^2 = |\mathbf{k}|^2 + m_i^2, \quad (8.11)$$

$$n_{\eta,i}^{\pm} = \frac{1}{e^{\beta(\omega_{i,\mathbf{k}\pm\mu})} - \eta}, \quad \eta = \pm 1, \quad (8.12)$$

$$C_i^{\pm} = m_i m_j \pm p_0 \omega_{i,\mathbf{k}} + m_i^2, \quad (8.13)$$

$$D_{ij}^{\pm} = \frac{1}{2} (p^2 \pm 2p_0 \omega_{i,\mathbf{k}} + m_i^2 - m_j^2), \quad (8.14)$$

$$A_{ij,\pm}^{(\pm)} = p^2 (\pm) 2p_0 \omega_{i,\mathbf{k}} \pm 2|\mathbf{p}| \sqrt{\omega_{i,\mathbf{k}}^2 - m_i^2 + m_i^2 - m_j^2}. \quad (8.15)$$

Note that in this final expression for the thermal contribution, the mass parameters m_1, m_2 should again be replaced by $\min\{m_1, m_2\}$ and $\max\{m_1, m_2\}$, respectively; cf. Sect. 7.1.3.

The explicit $(++)$ -component of the real-time self-energy of the fermionic eye-diagram presented above in Sects. 8.1.1–8.1.3 has not been found in the literature to the best of our knowledge.

8.2 Decay rate of $\Phi \rightarrow \psi \bar{\psi}$

The thermal decay rate of a neutral scalar is given by Eq. (6.21) in Sect. 6.2. Similar to the decay rate treated in Sect. 7, the particles in the loop were considered to have the

Fig. 9 Ratio of the thermal decay rate to the zero-temperature limit for $\Phi \rightarrow \psi\bar{\psi}$. The ratio $R = \Gamma_D/\gamma_D$ is plotted for $p^2 = M^2 \gg 4m^2$. Varying $\epsilon = |\mathbf{p}|/M$, ratios are plotted for a non-relativistic (solid and dashed), relativistic (dotted) and ultra-relativistic (dash-dotted) Φ . The figure agrees with the result of Ref. [35] evaluated in the Matsubara formalism. For any value of ϵ , the transition to the low-temperature limit is smooth as can be seen in (b)

same mass m and the limit of $p^2 = M^2 \gg 4m^2$ has been plotted in Fig. 9. In this mass region, the ratio of Eq. (6.23) may be obtained since the zero-temperature decay rate does not vanish here. The plotted ratio can be seen for non-relativistic, relativistic and ultra-relativistic Φ . The figure agrees with the findings of Ho and Scherrer [35] who evaluated the loop in the Matsubara formalism. The limit as $T \rightarrow 0$ is $R_{\Phi \rightarrow \psi\bar{\psi}} \rightarrow 1$ as expected.

9 Pseudoscalar decay into a fermion-antifermion pair

This section presents the thermal rate at which a neutral pseudoscalar particle Φ_5 decays into a fermion-antifermion pair $\psi^2\bar{\psi}^1$ as calculated in this work in the real-time formalism. This case was explicitly considered in order to contrast the pseudoscalar result with the result for a scalar particle provided in Sect. 8. The corresponding interaction term is

$$\mathcal{L}_{\text{int}} = b\Phi_5\bar{\psi}^1\gamma_5\psi^2. \quad (9.1)$$

Here, the vertex factor of γ_5 requires some care when evaluating the loop diagrams in comparison to the previous section. In what follows, masses have been assigned according to M_5 for Φ_5 and m_i for ψ^i .

9.1 Real-time self-energy of the fermion-antifermion eye-diagram

In analogy to the case of the scalar-scalar loop in Sect. 7, the self-energy of the eye-diagram is related to the ther-

mal decay rate of the process $\Phi_5 \rightarrow \psi^1\bar{\psi}^2$. Also here, all valid combinations of field components must be taken into account but only one self-energy component is independent, see Eq. (5.10), and the evaluation of the self-energy $(++)$ -component is sufficient to extract the thermal decay rate. This component is found as follows

$$\begin{aligned} i\mathcal{I}_{\text{bubble}}^{(++)}(p; m_1, m_2) &= i(-ib)^2(-1) \int \frac{d^4k}{(2\pi)^4} \\ &\times \text{tr} \left[-\gamma_5 i\tilde{S}_{\text{F}}^{(++)}(p-k; m_1) \gamma_5 i\tilde{S}_{\text{F}}^{(++)}(k; m_2) \right] \\ &= iI_{\text{FF}}^{(4)}(p^2; m_1, m_2) \\ &+ \left[iF_{\text{FF}}^{(4)}(p; m_1, m_2) + (F \leftrightarrow \bar{F}) \right] \\ &+ iF_{\text{FF}}^{(5)}(p; m_1, m_2). \end{aligned} \quad (9.2)$$

As for the $\Phi \rightarrow \psi^2\bar{\psi}^1$ -process considered in the previous section, an overall minus sign appears as well as the trace over γ -matrices. The loop integration splits into four terms, all similar to the previous section but for the addition of the two vertex factors of γ_5 . The bracketed arrow denotes the second mixed cross term. The emerging trace may be taken in the naïve dimensional regularisation scheme since the diagram appears at one-loop level¹⁵. The trace evaluated in the naïve dimensional regularisation scheme reads

$$\text{tr} \left[\gamma_5 ((\not{p}-\not{k})-m_1) \gamma_5 (\not{k}+m_2) \right] = 4(-m_1m_2 - p \cdot k + k^2). \quad (9.3)$$

The sign differences compared to the case of a decaying scalar particle are an overall positive sign together with the minus sign in front of m_1m_2 . The overall sign change may be reverted by imposing hermiticity of the Lagrangian and thereby force the pseudoscalar coupling to $\bar{\psi}^1\gamma_5\psi^2$ to become purely imaginary, i.e. $b = i|b|$. The sign difference of the mass term is more intriguing and signifies a fundamental difference between the scalar and pseudoscalar decay rates. The result is a decay rate for the pseudoscalar that goes to zero slower than the corresponding rate for a scalar particle in the limit of the threshold $p^2 \rightarrow (m_1+m_2)^2$. This gives the pseudoscalar particle an intrinsically longer mean lifetime in comparison to the scalar particle.

Apart from the mentioned differences in relative signs, the resulting self-energy integrals for the pseudoscalar case are identical to those for the scalar case. To obtain the correct non-thermal, mixed and purely thermal self-energy integrals it is sufficient to replace $m_1 \rightarrow -m_1$ in the integrals from the previous section.

¹⁵ Calculations potentially require a more robust scheme at higher loop orders. For example, in the evaluation of three-body decays another scheme is required [54].

9.1.1 Non-thermal self-energy term

The non-thermal contribution in the case of an external pseudoscalar particle is related to the case of an external *scalar* particle as

$$iI_{\text{FF}}^{(4)}(p^2; m_1, m_2) = -iI_{\text{FF}}^{(2)}(p^2; -m_1, m_2). \quad (9.4)$$

The right-hand side is the result found in Sect. 8.1.1.

9.1.2 Mixed self-energy term

The mixed thermal contribution in the case of an external pseudoscalar particle is related to the case of an external *scalar* particle as

$$\begin{aligned} iF_{\text{FF}}^{(4)}(p; m_1, m_2) + (F \leftrightarrow \bar{F}) \\ = -iF_{\text{FF}}^{(2)}(p; -m_1, m_2) + (F \leftrightarrow \bar{F}). \end{aligned} \quad (9.5)$$

The right-hand side is the result found in Sect. 8.1.2.

9.1.3 Thermal self-energy term

The purely thermal contribution in the case of an external pseudoscalar particle is related to the case of an external *scalar* particle as

$$iF_{\text{FF}}^{(5)}(p; m_1, m_2) = -iF_{\text{FF}}^{(3)}(p; -m_1, m_2). \quad (9.6)$$

The right-hand side is the result found in Sect. 8.1.3.

9.2 Decay rate of $\Phi_5 \rightarrow \psi\bar{\psi}$

The thermal decay rate of a neutral pseudoscalar is given by Eq. (6.21) in Sect. 6.2. Similar to the decay rate treated in Sects. 7 and 8, the particles in the loop were considered to have the same mass m and the pseudoscalar was assumed to fulfill the on-shell condition $p^2 = M_5^2 \gg 4m^2$. The decay rate behaves qualitatively similar to that of a scalar decay (see Fig. 9) as stated by Ho and Scherrer [35] while one should note a discrepancy between the two cases close to the equality $M_5^2, M^2 = 4m^2$. This is a non-thermal effect due to the mentioned sign differences in the above subsection and it is presented in Fig. 10 for clarity, at $T = 0$, with normalised masses M, M_5 given in units of m . The ratio $\Gamma_{\Phi_5 \rightarrow \psi\bar{\psi}}/\Gamma_{\Phi \rightarrow \psi\bar{\psi}}$ is plotted as a function of the mass of the external (pseudo)scalar. Close to the equality $M^2 = 4m^2$, the expression diverges which implies that the scalar decay rate vanishes quicker than the pseudoscalar decay rate. Normalising the fermion mass to $m = 1$, the ratio diverges at threshold $M = 2m$.

Fig. 10 Ratio of the pseudoscalar decay rate to the scalar ditto. The ratio $\Gamma_{\Phi_5 \rightarrow \psi\bar{\psi}}/\Gamma_{\Phi \rightarrow \psi\bar{\psi}}$ is plotted for $M^2 \geq 4m^2$, the fermion masses in the loop being equal, as a function of the mass of the decaying scalar. Here, $M = M_5$ for comparison and normalised in units of m . The pseudoscalar decay rate is enhanced relative to the scalar quantity close to the equality $M^2 = 4m^2$. This behaviour was verified for a broad range of both $\epsilon = |\mathbf{p}|/M \in [0.001, 100]$ and temperatures $T/M \in [0, 1000]$ and the effect is non-thermal

10 Emission of a (pseudo)scalar off a fermion pair

The interaction term of Eq. (8.1) in Sect. 8 allows for the emission of a scalar off a fermion line. The amplitude for such emission may be evaluated by considering (pseudo)scalar corrections to the fermion line. In this section, the thermal self-energy of the scalar-fermion one-loop diagram is presented.

10.1 Real-time self-energy of the scalar-fermion eye-diagram

The scalar-fermion interaction term of Eq. (8.1) gives rise to the eye-diagram

As in the previous sections, the thick lines of the loop denote the full real-time thermal propagator in its matrix structure with components of Eqs. 4.20, 4.25. The ψ^2 -lines may connect either to vertices or external legs. This diagram in itself is in the matrix form and represents the full sum of thermal diagrams, similar to the case of the scalar bubble in Sect. 7, including both physical chronological and unphysical antichronological field components. Using the same convention as for the previous calculations, the self-energy matrix

is defined as follows

$$i\mathcal{I}_{\text{bubble}}(p; m_1, M) = \text{diagram} \quad (10.2)$$

where, for the case of interest, the vertices couple to the fermion lines on external legs. The $(++)$ -component of this diagram is

$$\begin{aligned} i\mathcal{I}_{\text{bubble}}^{(++)}(p; m_1, M) &= i(-ia)^2 \int \frac{d^4k}{(2\pi)^4} i\tilde{S}_F^{(++)}(p-k; m_1) i\tilde{D}^{(++)}(-k; M) \\ &= iI_{\text{SF}}^{(2)}(p; m_1, M) + [iF_{\text{SF}}^{(2)}(p; m_1, M) + (S \leftrightarrow F)] \\ &\quad + iF_{\text{SF}}^{(3)}(p; m_1, M). \end{aligned} \quad (10.3)$$

The four integrals extracted above correspond to the non-thermal contribution, the mixed thermal contribution and the purely thermal contribution to the self-energy. The second mixed term, expressed through the bracketed arrow, is similar to its preceding term but with the thermal term of the fermion propagator and the non-thermal term of the boson propagator interchanged. The explicit forms are

$$iI_{\text{SF}}^{(2)}(p; m_1, M) = i(-ia)^2 \int \frac{d^4k}{(2\pi)^4} \frac{i((p-k) + m_1)}{(p-k)^2 - m_1^2 + i\epsilon} \frac{i}{k^2 - M^2 + i\epsilon}, \quad (10.4)$$

$$iF_{\text{SF}}^{(2)}(p; m_1, M) = i(-ia)^2 \int \frac{d^4k}{(2\pi)^4} \frac{i((p-k) + m_1)}{(p-k)^2 - m_1^2 + i\epsilon} 2\pi n_B(|k_0|) \delta(k^2 - M^2), \quad (10.5)$$

$$(S \leftrightarrow F) \quad (10.6)$$

$$\begin{aligned} &= i(-ia)^2 \int \frac{d^4k}{(2\pi)^4} (-2\pi)((p-k) + m_1) \\ &\quad \times n_F(p_0 - k_0) \delta((p-k)^2 - m_1^2) \frac{i}{k^2 - M^2 + i\epsilon}, \end{aligned}$$

$$\begin{aligned} &\approx [iF_{\text{SF}}^{(2)}(p; m_1, M) + (S \leftrightarrow F)] \\ &= -\frac{a^2}{16\pi|\mathbf{p}|\beta} \left(\not{p} + \gamma^3 \frac{-p^2 + m_1^2 - M^2}{2|\mathbf{p}|} + m_1 \right) \ln \left| \frac{(e^{-\beta\omega_{M,p+}} - 1)(e^{\beta(\omega_{M,p-} - p_0 + \mu)} + 1)}{(e^{-\beta\omega_{M,p-}} - 1)(e^{\beta(\omega_{M,p+} - p_0 + \mu)} + 1)} \right| \\ &\quad - \frac{a^2}{16\pi|\mathbf{p}|\beta^2} \left(-\gamma^0 + \gamma^3 \frac{p_0}{|\mathbf{p}|} \right) \times \left\{ -\frac{\beta^2}{2} (\omega_{M,p+}^2 - \omega_{M,p-}^2) + \text{Li}_2(e^{\beta\omega_{M,p+}}) - \text{Li}_2(e^{\beta\omega_{M,p-}}) - \text{Li}_2(-e^{\beta(\omega_{M,p+} - p_0 + \mu)}) \right. \\ &\quad \left. + \text{Li}_2(-e^{\beta(\omega_{M,p-} - p_0 + \mu)}) + \beta\omega_{M,p+} \ln \left[\frac{1 - e^{\beta\omega_{M,p+}}}{e^{\beta(\omega_{M,p+} - p_0 + \mu)} + 1} \right] - \beta\omega_{M,p-} \ln \left[\frac{1 - e^{\beta\omega_{M,p-}}}{e^{\beta(\omega_{M,p-} - p_0 + \mu)} + 1} \right] \right\}, \end{aligned} \quad (10.10)$$

$$iF_{\text{SF}}^{(3)}(p; m_1, M) \quad (10.7)$$

$$\begin{aligned} &= i(-ia)^2 \int \frac{d^4k}{(2\pi)^4} (-2\pi)((p-k) + m_1) \\ &\quad \times n_F(p_0 - k_0) \delta((p-k)^2 - m_1^2) 2\pi n_B(|k_0|) \delta(k^2 - M^2). \end{aligned}$$

10.1.1 Non-thermal self-energy term

Relevant to the emission is the imaginary part of the non-thermal contribution to the $(++)$ -component of the self-energy. It may be extracted by a similar procedure performed in Sect. 8.1.1. Evaluated by the dimensional regularisation techniques, the imaginary part of Eq. (10.5) is found to be

$$\begin{aligned} \Im [iI_{\text{SF}}^{(2)}(p; m_1, M)] &= -\frac{a^2}{32\pi} \sqrt{C'} \\ &\times \begin{cases} \not{p} \left(1 + \frac{m_1^2 - M^2}{p^2} \right) + 2m_1 & \text{if } p^2 \geq (m_1 + M)^2, \\ 0 & \text{otherwise.} \end{cases} \end{aligned} \quad (10.8)$$

Here,

$$C' = \left(1 - \frac{(m_1 + M)^2}{p^2} \right) \left(1 - \frac{(m_1 - M)^2}{p^2} \right). \quad (10.9)$$

10.1.2 Mixed self-energy term

The mixed self-energy contribution consists of two complex cross terms from the product of the propagators: the integrals in Eqs. (10.6) and (10.7). The resulting imaginary component of the sum of the integrals is a rather long expression when written down explicitly. For clarity, the result is therefore presented for each momentum region separately.

If $p^2 \geq (m_1 + M)^2$:

where

$$\omega_{M,p\pm} = \frac{1}{2} \left| p_0 \left| 1 + \frac{M^2 - m_1^2}{p^2} \right| \pm |\mathbf{p}| \sqrt{C'} \right|. \quad (10.11)$$

Here, the upper sign applies if $M \geq m_1$ and the lower sign if $M < m_1$. Compare to the similar case (d1) in Sect. 7.1.3. If $p^2 < 0$:

$$\begin{aligned} & \Im [iF_{\text{SF}}^{(2)}(p; m_1, M) + (S \leftrightarrow F)] \\ &= + \frac{a^2}{16\pi |\mathbf{p}| \beta} \left(p + \gamma^3 \frac{-p^2 + m_1^2 - M^2}{2|\mathbf{p}|} + m_1 \right) \\ & \quad \times \ln \left| (e^{-\beta\omega_{M,p\pm}} - 1)(e^{-\beta\omega_{M,p\mp}} - 1)(e^{-\beta(\omega_{M,p\pm} - p_0 + \mu)} + 1)(e^{-\beta(\omega_{M,p\mp} + p_0 - \mu)} + 1) \right| \\ & \quad + \frac{a^2}{16\pi |\mathbf{p}| \beta^2} \left(-\gamma^0 + \gamma^3 \frac{p_0}{|\mathbf{p}|} \right) \\ & \quad \times \left\{ \text{Li}_2(e^{\beta\omega_{M,p\pm}}) - \text{Li}_2(e^{\beta\omega_{M,p\mp}}) + \text{Li}_2(-e^{\beta(\omega_{M,p\pm} - p_0 + \mu)}) - \text{Li}_2(-e^{\beta(\omega_{M,p\mp} + p_0 - \mu)}) \right. \\ & \quad \left. + \beta\omega_{M,p\pm} \ln \left[(e^{-\beta\omega_{M,p\pm}} - 1)(e^{\beta(\omega_{M,p\pm} - p_0 + \mu)} + 1) \right] \right. \\ & \quad \left. - \beta\omega_{M,p\mp} \ln \left[(e^{-\beta\omega_{M,p\mp}} - 1)(e^{\beta(\omega_{M,p\mp} + p_0 - \mu)} + 1) \right] \right\}. \end{aligned} \quad (10.15)$$

$\text{Li}_2(z)$ is the analytic continuation of Spence's function, the dilogarithm

$$\hat{\text{Li}}_2(z) = - \int_0^z d\tau \frac{\ln[1 - \tau]}{\tau}, \quad z \in \mathbb{C}, \quad (10.12)$$

which cancels exactly the imaginary part that arises due to the negative sign of $1 - e^{\beta\omega_{M,p\pm}}$ in the two analytically continued logarithmic terms in Eq. (10.10).

If $(m_1 - M)^2 \leq p^2 < (m_1 + M)^2$:

$$\Im [iF_{\text{SF}}^{(2)}(p; m_1, M) + (S \leftrightarrow F)] = 0. \quad (10.13)$$

If $0 \leq p^2 < (m_1 - M)^2$:

Here, the upper and lower signs correspond to the modified case (d2) defined in Sect. 7.1.3. The modification is analogous to the modification of the case (d1) in the section above for $0 \leq p^2 < (m_1 - M)^2$ and, as a consequence, the result depends on the mass hierarchy of M, m_1 .

10.1.3 The purely thermal self-energy term

The thermal self-energy contribution in Eq. (10.4) is purely imaginary, cf. previous self-energy evaluations in Sects. 7.1.3, 8.1.3 and 9.1.3. The resulting expression for this term, after momentum integration, is again rather long. Therefore, different regions of p^2 are presented separately below for clarity. If $p^2 \geq (m_1 + M)^2$:

$$\begin{aligned} & \Im [iF_{\text{SF}}^{(2)}(p; m_1, M) + (S \leftrightarrow F)] \\ &= - \frac{a^2}{16\pi |\mathbf{p}| \beta} \left(p + \gamma^3 \frac{-p^2 + m_1^2 - M^2}{2|\mathbf{p}|} + m_1 \right) \ln \left| \frac{(e^{-\beta\omega_{M,p+}} - 1)(e^{\beta(\omega_{M,p-} - p_0 - \mu)} + 1)}{(e^{-\beta\omega_{M,p-}} - 1)(e^{\beta(\omega_{M,p+} - p_0 - \mu)} + 1)} \right| \\ & \quad \mp \frac{a^2}{16\pi |\mathbf{p}| \beta^2} \left(-\gamma^0 + \gamma^3 \frac{p_0}{|\mathbf{p}|} \right) \\ & \quad \times \left\{ \text{Li}_2(e^{\beta\omega_{M,p+}}) - \text{Li}_2(e^{\beta\omega_{M,p-}}) + \text{Li}_2(-e^{\beta(\omega_{M,p+} - p_0 - \mu)}) - \text{Li}_2(-e^{\beta(\omega_{M,p-} - p_0 - \mu)}) \right. \\ & \quad \left. + \beta\omega_{M,p+} \ln \left[(e^{-\beta\omega_{M,p+}} - 1)(e^{\beta(\omega_{M,p+} - p_0 - \mu)} + 1) \right] \right. \\ & \quad \left. - \beta\omega_{M,p-} \ln \left[(e^{-\beta\omega_{M,p-}} - 1)(e^{\beta(\omega_{M,p-} - p_0 - \mu)} + 1) \right] \right\}. \end{aligned} \quad (10.14)$$

$$\begin{aligned}
& iF_{\text{SF}}^{(3)}(p; m_1, M) \\
&= i \frac{a^2}{8\pi |\mathbf{p}| \beta} \left(\not{p} + \gamma^3 \frac{-p^2 + m_1^2 - M^2}{2|\mathbf{p}|} + m_1 \right) \frac{1}{e^{\beta(p_0 - \mu)} + 1} \ln \left| \frac{(1 - e^{-\beta\omega_{M,p+}})(e^{\beta(p_0 - \omega_{M,p-} - \mu)} + 1)}{(1 - e^{-\beta\omega_{M,p-}})(e^{\beta(p_0 - \omega_{M,p+} - \mu)} + 1)} \right| \\
&+ i \frac{a^2}{8\pi |\mathbf{p}| \beta^2} \left(\gamma^0 - \gamma^3 \frac{p_0}{|\mathbf{p}|} \right) \frac{1}{e^{\beta(p_0 - \mu)} + 1} \times \left\{ \text{Li}_2(e^{\beta\omega_{M,p+}}) - \text{Li}_2(e^{\beta\omega_{M,p-}}) - \text{Li}_2(-e^{\beta(\omega_{M,p+} - p_0 + \mu)}) \right. \\
&\left. + \text{Li}_2(-e^{\beta(\omega_{M,p-} - p_0 + \mu)}) + \beta\omega_{M,p+} \ln \left[\frac{1 - e^{\beta\omega_{M,p+}}}{1 + e^{\beta(\omega_{M,p+} - p_0 + \mu)}} \right] - \beta\omega_{M,p-} \ln \left[\frac{1 - e^{\beta\omega_{M,p-}}}{1 + e^{\beta(\omega_{M,p-} - p_0 + \mu)}} \right] \right\}. \quad (10.16)
\end{aligned}$$

If $(m_1 - M)^2 \leq p^2 < (m_1 + M)^2$:

$$iF_{\text{SF}}^{(3)}(p; m_1, M) = 0. \quad (10.17)$$

If $0 \leq p^2 < (m_1 - M)^2$:

$$\begin{aligned}
& iF_{\text{SF}}^{(3)}(p; m_1, M) \quad (10.18) \\
&= i \frac{a^2}{8\pi |\mathbf{p}| \beta} \left(\not{p} + \gamma^3 \frac{-p^2 + m_1^2 - M^2}{2|\mathbf{p}|} + m_1 \right) \frac{1}{e^{\mp\beta(p_0 - \mu)} + 1} \left[\ln \left| \frac{(1 - e^{-\beta\omega_{M,p+}})}{(1 - e^{-\beta\omega_{M,p-}})} \right| \right. \\
&\left. + e^{\mp\beta(p_0 - \mu)} \ln \left| \frac{(e^{-\beta(\omega_{M,p+} \mp (p_0 - \mu))} + 1)}{(e^{-\beta(\omega_{M,p-} \mp (p_0 - \mu))} + 1)} \right| \right] \\
&\mp i \frac{a^2}{8\pi |\mathbf{p}| \beta^2} \left(\gamma^0 - \gamma^3 \frac{p_0}{|\mathbf{p}|} \right) \frac{1}{e^{\mp\beta(p_0 - \mu)} + 1} \\
&\times \left\{ \left(e^{\mp\beta(p_0 - \mu)} + 1 \right) \frac{\beta^2}{2} (\omega_{M,p-}^2 - \omega_{M,p+}^2) + \beta\omega_{M,p+} \ln[1 - e^{\beta\omega_{M,p+}}] - \beta\omega_{M,p-} \ln[1 - e^{\beta\omega_{M,p-}}] \right. \\
&\left. + e^{\mp\beta(p_0 - \mu)} \left[\beta\omega_{M,p+} \ln[e^{\beta(\omega_{M,p+} \mp (p_0 - \mu))} + 1] - \beta\omega_{M,p-} \ln[e^{\beta(\omega_{M,p-} \mp (p_0 - \mu))} + 1] \right] \right. \\
&\left. + \text{Li}_2(e^{\beta\omega_{M,p+}}) - \text{Li}_2(e^{\beta\omega_{M,p-}}) + e^{\mp\beta(p_0 - \mu)} \left[\text{Li}_2(-e^{\beta(\omega_{M,p+} \mp (p_0 - \mu))}) - \text{Li}_2(-e^{\beta(\omega_{M,p-} \mp (p_0 - \mu))}) \right] \right\}.
\end{aligned}$$

Again, the upper and lower signs correspond to the modified case (d1) discussed in Sect. 10.1.2 in order to take into account the hierarchy between M, m_1 .
If $p^2 < 0$:

change together with a sign change of the numerator mass m_1 . These sign changes are stated relative to the obtained results of Sects. 10.1.1–10.1.3 and a conclusion completely analogous to Sect. 9 is reached.

$$\begin{aligned}
 & i F_{\text{SF}}^{(3)}(p; m_1, M) \\
 &= -i \frac{a^2}{8\pi |\mathbf{p}| \beta} \left(\not{p} + \gamma^3 \frac{-p^2 + m_1^2 - M^2}{2|\mathbf{p}|} + m_1 \right) \\
 & \quad \times \left\{ \frac{1}{e^{-\beta(p_0-\mu)} + 1} \left[\ln \left| (e^{-\beta\omega_{M,p\pm}} - 1) \right| + e^{-\beta(p_0-\mu)} \ln \left| (e^{-\beta(\omega_{M,p\pm} - p_0 + \mu)} + 1) \right| \right] \right. \\
 & \quad \left. + \frac{1}{e^{\beta(p_0-\mu)} + 1} \left[\ln \left| (e^{-\beta\omega_{M,p\mp}} - 1) \right| + e^{\beta(p_0-\mu)} \ln \left| (e^{-\beta(\omega_{M,p\mp} + p_0 - \mu)} + 1) \right| \right] \right\} \\
 & - i \frac{a^2}{8\pi |\mathbf{p}| \beta^2} \left(-\gamma^0 + \gamma^3 \frac{p_0}{|\mathbf{p}|} \right) \frac{1}{e^{-\beta(p_0-\mu)} + 1} \\
 & \quad \times \left\{ -\frac{\pi^2}{3} + \frac{\pi^2}{6} e^{-\beta(p_0-\mu)} + \frac{\beta^2}{2} (p_0 - \mu)^2 e^{-\beta(p_0-\mu)} - \frac{1}{2} (1 + e^{-\beta(p_0-\mu)}) \beta^2 \omega_{M,p\pm}^2 \right. \\
 & \quad \left. + \beta \omega_{M,p\pm} \left[\ln[1 - e^{\beta\omega_{M,p\pm}}] + e^{-\beta(p_0-\mu)} \ln \left| e^{\beta(\omega_{M,p\pm} - p_0 + \mu)} + 1 \right| \right] \right. \\
 & \quad \left. + \text{Li}_2(e^{\beta\omega_{M,p\pm}}) + e^{-\beta(p_0-\mu)} \text{Li}_2(-e^{\beta(\omega_{M,p\pm} - p_0 + \mu)}) \right\} \\
 & - i \frac{a^2}{8\pi |\mathbf{p}| \beta^2} \left(-\gamma^0 + \gamma^3 \frac{p_0}{|\mathbf{p}|} \right) \frac{1}{e^{\beta(p_0-\mu)} + 1} \\
 & \quad \times \left\{ -\frac{\pi^2}{3} + \frac{\pi^2}{6} e^{\beta(p_0-\mu)} + \frac{\beta^2}{2} (p_0 - \mu)^2 e^{\beta(p_0-\mu)} - \frac{1}{2} (1 + e^{\beta(p_0-\mu)}) \beta^2 \omega_{M,p\mp}^2 \right. \\
 & \quad \left. + \beta \omega_{M,p\mp} \left[\ln[1 - e^{\beta\omega_{M,p\mp}}] + e^{\beta(p_0-\mu)} \ln \left| e^{\beta(\omega_{M,p\mp} + p_0 - \mu)} + 1 \right| \right] \right. \\
 & \quad \left. + \text{Li}_2(e^{\beta\omega_{M,p\mp}}) + e^{\beta(p_0-\mu)} \text{Li}_2(-e^{\beta(\omega_{M,p\mp} + p_0 - \mu)}) \right\}.
 \end{aligned} \tag{10.19}$$

Also here, the sign cases correspond to a modified (d2).

Note that in the final expression for the purely thermal contribution, Eqs. (10.16)–(10.19), the mass parameters m_1, M should be replaced by $\min\{m_1, M\}$ and $\max\{m_1, M\}$, respectively; cf. Sect. 7.1.3.

The explicit $(++)$ -component of the real-time self-energy of the fermionic eye-diagram presented in Sects. 10.1.1–10.1.3 above is not present in the literature to the best of our knowledge.

10.2 Pseudoscalar emission off the fermion line

Analogously to Sect. 9, the pseudoscalar interaction term $\bar{\psi} \gamma_5 \psi$ provides an additional vertex factor of γ_5 compared to the case of *scalar* emission considered in the previous three sections. In the naïve dimensional regularisation scheme, γ_5 anticommutes with the γ -matrix in the numerator of the fermion propagator and thereby provides an overall sign

10.3 Scalar emission rate of the process $\psi^2 \rightarrow \psi^1 \Phi$

The thermal rate for the scalar emission provided in this section is given by Eq. (6.21) in Sect. 6.2. In order to extract an observable from the self-energy presented in Sects. 10.1.1–10.1.3, that carries spin structure, it is advisable to follow the strategy provided by Weldon [14] to define

$$\Sigma(p) = \bar{u}(p) i \mathcal{I}_{\text{bubble}}^{(++)}(p; m_1, M) u(p). \tag{10.20}$$

This is the self-energy contracted with incoming and outgoing states. These states satisfy the Dirac equation $(\not{p} - m)u(p) = 0$ as well as $\bar{u}(p)u(p) = 2\sqrt{p^2}$. In terms of Σ , the discontinuity over the real axis of this new scalar function may be related to the thermal decay rate. More specifically, the contraction of the three different pre-factors that appear in the self-energy and which contain explicit γ -matrices, is of interest. Assuming the external ψ^2 to be on-

shell ($p^2 = m_2^2$), the contraction results in

$$\begin{aligned} \bar{u}(p) \left(\not{p} \left(1 + \frac{m_1^2 - M^2}{p^2} \right) + 2m_1 \right) u(p) \\ = 2 \left[p^2 + m_1^2 + 2m_1 \sqrt{p^2 - M^2} \right] \\ = -2M^2 \left(1 - \frac{(m_1 + m_2)^2}{M^2} \right), \end{aligned} \quad (10.21)$$

$$\begin{aligned} \bar{u}(p) \left(\not{p} + \gamma^3 \frac{-p^2 + m_1^2 - M^2}{2|\mathbf{p}|} + m_1 \right) u(p) \\ = p^2 + m_1^2 + 2m_1 \sqrt{p^2 - M^2} \\ = -M^2 \left(1 - \frac{(m_1 + m_2)^2}{M^2} \right), \end{aligned} \quad (10.22)$$

$$\bar{u}(p) \left(-\gamma^0 + \gamma^3 \frac{p_0}{|\mathbf{p}|} \right) u(p) \equiv 0. \quad (10.23)$$

The ratio of Eq. (6.23) may be obtained for example in the mass region of $p^2 = m_2^2 \gg (m_1 + M)^2$ effectively rendering the particles in the loop massless. The plotted ratio can be seen in Fig. 11 for a non-relativistic, relativistic and ultra-relativistic incoming particle ψ^2 . In the limit $T \rightarrow 0$ the decay ratio $R_{\psi^2 \rightarrow \psi^1 \phi} \rightarrow 1$.

The linear dependence on T of the self-energy seen in Fig. 11 is initially surprising in comparison to the quadratic temperature dependence of the self-energy of the scalar-scalar loop seen Fig. 8. This difference in behaviour may be explained in the high-temperature limit. The dependence on temperature of the free propagator comes from the term proportional to the thermal distribution function $n(|k_0|)$, see Eq. (4.20). Expanding this function in the high-temperature limit (or small β) results in different powers of T of the leading term for bosons and fermions, respectively. For bosons, the temperature-dependence of the propagator is proportional to T while the leading term for the fermion propagator is constant in T . Hence, it is seen that for $T \rightarrow \infty$, the scalar-scalar loop of Sect. 7 contains a term that is quadratic in T (the purely thermal part) while the scalar-fermion loop of Sect. 10 contains terms proportional at most only to T .

11 Summary and outlook on thermal decays

Thermal effects on key observables in particle physics have caught a strong interest and attention of both theorists and experimentalists over past few decades. The key results of the thermal field theory (TFT) appear to be scattered over many different sources in the literature, and a complete and consistent compendium of these results is yet missing. This review provides a pedagogical overview of the most important elements of the equilibrium TFT in both imaginary- and real-time formulations, together with the most immediate

Fig. 11 Ratio to the zero-temperature limit of the emission rate of a scalar off a fermion line. The ratio $R = \Gamma_D/\gamma_D$ is plotted for $m_2^2 \gg (m_1 + M)^2$. Curves display ratios for varying $\epsilon = |\mathbf{p}|/m_2$ parameter for a non-relativistic $\epsilon \in \{0.001, 1\}$, relativistic $\epsilon = 10$ and ultra-relativistic $\epsilon = 100$ incoming ψ^2 . Note that the ratio $R \rightarrow 1$ when $T \rightarrow 0$

and relevant applications for all possible particle decays in thermal medium in a generalised Yukawa theory. A special attention is given to the real-time formulation and its predictions for particle two-body decay rates that are compared and verified against the existing results in the imaginary-time (Matsubara) framework, widely used in the literature. This represents an important step towards a proper generalisation of TFT towards in-equilibrium particle dynamics that can be consistently achieved in the real-time framework.

Starting from a theoretical overview of the very general and basic principles of TFT formulated by Wagner [18], we present a collection of possible decay rates for a theory containing generic (pseudo)scalar bosons and fermions. Several thermal one-loop calculations were performed within the scope of this work in the real-time framework. Components of the self-energy were related to a quantity interpreted as a thermal decay rate of a field in an equilibrated medium which is considered in various possible kinematical domains.

A (pseudo)scalar state decaying into a pair of (pseudo)scalar particles was considered as well as a (pseudo)scalar decaying into a fermion-antifermion pair. The thermal rate of a (pseudo)scalar emission off a fermion line is also provided. For all these processes, except for the (pseudo)scalar decay into a fermion-antifermion pair, an enhancement of the thermal decay rate was quantified relative to the corresponding zero-temperature decay rate. In the case of a (pseudo)scalar decaying into two distinct (pseudo)scalars, this enhancement is quadratically growing with temperature, see Fig. 8a–c. Considering instead a scalar boson emission off a fermion line, the T -dependence is linear at high temperatures, see Fig. 11.

As a practically important example, we notice a relative thermal suppression present in the case of a fermion-antifermion final state emerging from an incoming (pseudo)scalar. The rate of this process was shown to be 0.25 times the zero-temperature quantity at high temperatures. The real-time self-energy is proportional to a factor of $(1 - n_{F/\bar{F}})$ for each outgoing fermion/antifermion in the same way as in the imaginary-time formalism [14]. Hence, the outgoing particles are accompanied by Pauli suppression through the distribution function n_F ; at high temperatures, this distribution approaches 1/2 and the outgoing particles are Pauli blocked by medium particles with this probability as is manifested in Fig. 9.

The one-loop self-energy for (anti)commuting fields had previously been written down in the imaginary-time formalism by Weldon [14]. Ho and Scherrer [35] extracted decay rates for the processes of Sects. 7–8 using the results of Weldon. This work confirms the thermal decay rate of Ref. [35] in the referenced sections within the real-time formalism. The decay rates have been further extended beyond the results of Ref. [35] to include the chemical potentials, and, more importantly, the masses of particles in the loop have been allowed to take on different values. Hence, a new momentum region $0 \leq p^2 < (m_1 - m_2)^2$ has been investigated for a (pseudo)scalar decaying into two (pseudo)scalars, a region in which decays are kinematically forbidden in the zero-temperature theory.

The explicit real-time self-energy of the scalar-scalar loop has been published previously in Ref. [41] and was repro-

Data Availability Statement This manuscript has no associated data or the data will not be deposited. [Authors' comment: This is a review based on theory and no experimental data entered the analysis. Therefore, no data will be supplementing this work.]

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Appendix A: An example of bubble cancellations in the imaginary-time formalism

In this section, the argument for why $Z[0]$ contains the sum of all closed diagrams, i.e. diagrams with no external legs is presented. Further, it is shown pictorially why the cumulant expansion of $W[0]$ only contains fully connected bubbles.

Appendix A.1: Bubbles

With no source, no external fields can be created. The sum of all closed diagrams (bubbles) are therefore given by the generating functional with the source j set to zero.

$$Z[0] = Z_0[0] \left\{ 1 + \langle -S_I + j\phi \rangle_0 + \frac{1}{2} \langle (-S_I + j\phi)^2 \rangle_0 + \dots \right\} \Big|_{j=0} = Z_0[0] \sum_{n=0}^{\infty} \frac{(-\kappa)^n}{n!} \langle (S_I)^n \rangle_0. \quad (\text{A.1})$$

duced in this work. The fermion-fermion self-energy has been discussed in Ref. [14] in the imaginary-time formalism. The calculated decay rate of Fig. 9 reproduces the imaginary-time result of Ref. [35] if the masses of virtual states are taken to be identical. The explicit real-time self-energy of the scalar-fermion self-energy does not exist in the literature to the best of our knowledge. The thermal decay rate has been extracted from such a self-energy, see Fig. 11.

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Here, κ has explicitly been extracted from the interaction-term S_I of the action to visualise the order of expansion in the perturbation series. To each order in κ it is then possible to calculate the contribution to $Z[0]$ from the vacuum bubbles by computing

$$\langle (S_I)^n \rangle_0 = \frac{\int \mathcal{D}\phi e^{-S_0} (S_I)^n}{\int \mathcal{D}\phi e^{-S_0}}. \quad (\text{A.2})$$

Appendix A.2: Cumulant expansion

Recall the generating functional for the connected Green's functions, $W[j] = \log Z[j]$ and the cumulant expansion from Sec. 2.4.2. Using these expressions, one arrives at an alternative expansion for the generating functional at $j = 0$ as

$$Z[0] \equiv Z_0[0] \exp \left\{ \sum_{n=1}^{\infty} \frac{(-\kappa)^n}{n!} \langle (S_I)^n \rangle_{\text{con}} \right\}. \quad (\text{A.3})$$

This is the defining relation for the *connected averages* $\langle (S_I)^n \rangle_{\text{con}}$. By combination of Eq. (A.1) and Eq. (A.3), the following identification can be made

$$\log \sum_{n=0}^{\infty} \frac{(-\kappa)^n}{n!} \langle (S_I)^n \rangle_0 \equiv \sum_{n=1}^{\infty} \frac{(-\kappa)^n}{n!} \langle (S_I)^n \rangle_{\text{con}}. \quad (\text{A.4})$$

This can be considered as a perturbative series expansion in κ of the logarithm on the left hand side. The expression on the right-hand side contains, apart from powers of κ , the newly defined connected averages, the *cumulants* $\langle (S_I)^n \rangle_{\text{con}}$. These are defined explicitly order by order in κ through the full expansion of the sums in the above expression and in order to obtain the explicit expansion of Eq. (A.4) below, one may exponentiate the left- and right-hand sides and expand the resulting exponential and the two sums to identify the cumulants to each order in κ :

$$\begin{aligned} 1 - \kappa \langle S_I \rangle_0 + \frac{\kappa^2}{2!} \langle (S_I)^2 \rangle_0 - \frac{\kappa^3}{3!} \langle (S_I)^3 \rangle_0 + \dots \\ = 1 + \sum_{n=1}^{\infty} \frac{(-\kappa)^n}{n!} \langle (S_I)^n \rangle_{\text{con}} \\ + \frac{1}{2!} \sum_{n=1, m=1}^{\infty} \frac{(-\kappa)^{n+m}}{n!m!} \langle (S_I)^n \rangle_{\text{con}} \langle (S_I)^m \rangle_{\text{con}} + \dots \\ = 1 + \left(-\kappa \langle S_I \rangle_{\text{con}} + \frac{\kappa^2}{2!} \langle (S_I)^2 \rangle_{\text{con}} - \frac{\kappa^3}{3!} \langle (S_I)^3 \rangle_{\text{con}} + \dots \right) \\ + \frac{1}{2!} \left(\kappa^2 \langle S_I \rangle_{\text{con}}^2 - 2 \frac{\kappa^3}{2!} \langle S_I \rangle_{\text{con}} \langle (S_I)^2 \rangle_{\text{con}} + \dots \right) \\ + \frac{1}{3!} \left(-\kappa^3 \langle S_I \rangle_{\text{con}}^3 + \dots \right) + \dots \end{aligned} \quad (\text{A.5})$$

The zeroth-order relation provides nothing but a trivial identity. By making use of the relation at order κ , the second-order relation can be solved for the square-cumulant $\langle (S_I)^2 \rangle_{\text{con}}$ in terms of ordinary averages:

$$\langle (S_I)^2 \rangle_{\text{con}} = \langle (S_I)^2 \rangle_0 - \langle S_I \rangle_0^2. \quad (\text{A.6})$$

This relation together with the definition at order κ further gives the third order cubed connected term as

$$\langle (S_I)^3 \rangle_{\text{con}} = \langle (S_I)^3 \rangle_0 - 3 \langle S_I \rangle_0 \langle (S_I)^2 \rangle_0 + 2 \langle S_I \rangle_0^3. \quad (\text{A.7})$$

Collecting

Order	Cumulant definition
κ^0	$1 \equiv 1$
κ^1	$\langle S_I \rangle_{\text{con}} = \langle S_I \rangle_0$
κ^2	$\langle (S_I)^2 \rangle_{\text{con}} = \langle (S_I)^2 \rangle_0 - \langle S_I \rangle_0^2$
κ^3	$\langle (S_I)^3 \rangle_{\text{con}} = \langle (S_I)^3 \rangle_0 - 3 \langle S_I \rangle_0 \langle (S_I)^2 \rangle_0 + 2 \langle S_I \rangle_0^3$
$\vdots$	$\vdots$

With this scheme, $\langle (S_I)^n \rangle_{\text{con}}$ to any order n may be defined iteratively. By explicit evaluation of the cumulants at the first four orders (up to κ^3), their diagrammatical interpretation is clear.

Order κ^0 : Trivial case: $1 \equiv 1$.

Order κ^1 : This calculation may straightforwardly be performed.

$$\begin{aligned} \langle S_I \rangle_{\text{con}} &= \langle S_I \rangle_0 = \frac{\kappa}{4!} \int_0^\beta d\tau \int d^3x \langle \phi(x) \phi(x) \phi(x) \phi(x) \rangle_0 = \frac{\kappa}{4!} \int_0^\beta d\tau \int d^3x 3 \Delta^2(x-x) \\ &= 3 \cdot \text{diagram} = \sum (\text{all connected diagrams}). \end{aligned}$$

The cumulants can now be collected order by order in κ as:

Order	Cumulant definition
κ^0	$1 \equiv 1$
κ^1	$\langle S_I \rangle_0 \equiv \langle S_I \rangle_{\text{con}}$
κ^2	$\langle (S_I)^2 \rangle_0 \equiv \langle (S_I)^2 \rangle_{\text{con}} + \langle S_I \rangle_{\text{con}}^2$
κ^3	$\langle (S_I)^3 \rangle_0 \equiv \langle (S_I)^3 \rangle_{\text{con}} + 3 \langle S_I \rangle_{\text{con}} \langle (S_I)^2 \rangle_{\text{con}} + \langle S_I \rangle_{\text{con}}^3$
$\vdots$	$\vdots$

Order κ^2 : At second order, calculations are here shown explicitly.

$$\begin{aligned}
\langle (S_I)^2 \rangle_{\text{con}} &= \langle (S_I)^2 \rangle_0 - \langle S_I \rangle_0^2 \\
&= \frac{\kappa^2}{(4!)^2} \int_0^\beta d\tau d\tau' \int d^3x d^3y \langle \phi(x)\phi(x)\phi(x)\phi(x)\phi(y)\phi(y)\phi(y)\phi(y) \rangle_0 \\
&\quad - \frac{\kappa^2}{(4!)^2} \left(\int_0^\beta d\tau \int d^3x \langle \phi^4(x) \rangle_0 \right) \left(\int_0^\beta d\tau' \int d^3y \langle \phi^4(y) \rangle_0 \right) \\
&= \frac{\kappa^2}{(4!)^2} \int_0^\beta d\tau d\tau' \int d^3x d^3y \left\{ 3^2 \Delta^2(x-x) \cdot \Delta^2(y-y) + \right. \\
&\quad \left. + 2! \cdot 3^2 \cdot 2^2 \Delta(x-y) \cdot \Delta(x-y) \cdot \Delta(x-x) \cdot \Delta(y-y) + \right. \\
&\quad \left. + 2! \cdot 3 \cdot 2^2 \Delta(x-y) \cdot \Delta(x-y) \cdot \Delta(x-y) \cdot \Delta(x-y) \right\} \\
&\quad - \frac{\kappa^2}{(4!)^2} \left(\int_0^\beta d\tau \int d^3x 3\Delta^2(x-x) \right) \left(\int_0^\beta d\tau' \int d^3y 3\Delta^2(y-y) \right) \\
&= 3^2 \cdot \text{diagram 1} + 2! \cdot 3^2 \cdot 2^2 \cdot \text{diagram 2} + 2! \cdot 3 \cdot 2^2 \cdot \text{diagram 3} - 3^2 \cdot \text{diagram 4} \\
&= \sum (\text{all connected diagrams}).
\end{aligned}$$

Order κ^3 : At third order in κ , the calculation is more cumbersome but not any less straight forward.

$$\begin{aligned}
\langle (S_I)^3 \rangle_{\text{con}} &= \langle (S_I)^3 \rangle_0 - 3\langle S_I \rangle_0 \langle (S_I)^2 \rangle_0 + 2\langle S_I \rangle_0^3 \\
&= \frac{\kappa^3}{(4!)^3} \int_0^\beta d\tau d\tau' d\tau'' \int d^3x d^3y d^3z \\
&\quad \times \langle \phi(x)\phi(x)\phi(x)\phi(x)\phi(y)\phi(y)\phi(y)\phi(y)\phi(z)\phi(z)\phi(z)\phi(z) \rangle_0 \\
&\quad - 3 \frac{\kappa^3}{(4!)^3} \left(\int_0^\beta d\tau \int d^3x \langle \phi(x)\phi(x)\phi(x)\phi(x) \rangle_0 \right) \\
&\quad \times \left(\int_0^\beta d\tau d\tau' \int d^3x d^3y \langle \phi(x)\phi(x)\phi(x)\phi(x)\phi(y)\phi(y)\phi(y)\phi(y) \rangle_0 \right) \\
&\quad + 2 \frac{\kappa^3}{(4!)^3} \left(\int_0^\beta d\tau \int d^3x \langle \phi(x)\phi(x)\phi(x)\phi(x) \rangle_0 \right) \\
&\quad \times \left(\int_0^\beta d\tau \int d^3x \langle \phi(x)\phi(x)\phi(x)\phi(x) \rangle_0 \right) \\
&\quad \times \left(\int_0^\beta d\tau \int d^3x \langle \phi(x)\phi(x)\phi(x)\phi(x) \rangle_0 \right) \\
&= \frac{\kappa^3}{(4!)^3} \int_0^\beta d\tau d\tau' d\tau'' \int d^3x d^3y d^3z \left\{ 3^3 \Delta^2(x-x) \cdot \Delta^2(y-y) \cdot \Delta^2(z-z) \right. \\
&\quad + 3^4 \cdot 2^3 \Delta(x-y) \cdot \Delta(x-y) \cdot \Delta(x-x) \cdot \Delta(y-y) \cdot \Delta^2(z-z) \\
&\quad + 3^3 \cdot 2^3 \Delta(x-y) \cdot \Delta(x-y) \cdot \Delta(x-y) \cdot \Delta(x-y) \cdot \Delta^2(z-z) \\
&\quad + 3! \cdot 3^3 \cdot 2^4 \Delta(x-y) \cdot \Delta(x-y) \cdot \Delta(x-x) \cdot \Delta(y-z) \cdot \Delta(y-z) \cdot \Delta(z-z) \\
&\quad + 3! \cdot 3^2 \cdot 2^5 \Delta(x-y) \cdot \Delta(x-z) \cdot \Delta(x-x) \cdot \Delta(y-y) \cdot \Delta(y-z) \cdot \Delta(z-z) \\
&\quad \left. + 3! \cdot 3^2 \cdot 2^6 \Delta(x-y) \cdot \Delta(x-z) \cdot \Delta(x-x) \cdot \Delta(y-z) \cdot \Delta(y-z) \cdot \Delta(y-z) \right\}
\end{aligned}$$

$$\begin{aligned}
& + 3! \cdot 3^2 \cdot 2^5 \Delta(x-y) \cdot \Delta(x-y) \cdot \Delta(x-z) \cdot \Delta(x-z) \cdot \Delta(y-z) \cdot \Delta(y-z) \} \\
& - 3 \frac{\kappa^3}{(4!)^3} \left(\int_0^\beta d\tau \int d^3x \, 3\Delta^2(x-x) \right) \\
& \quad \times \left(\int_0^\beta d\tau d\tau' \int d^3x d^3y \left\{ 3^2 \Delta^2(x-x) \cdot \Delta^2(y-y) + \right. \right. \\
& \quad \quad + 3^2 \cdot 2^3 \Delta(x-y) \cdot \Delta(x-y) \cdot \Delta(x-x) \cdot \Delta(y-y) + \\
& \quad \quad \left. \left. + 3^3 \cdot 2^3 \Delta(x-y) \cdot \Delta(x-y) \cdot \Delta(x-y) \cdot \Delta(x-y) \right\} \right) \\
& + 2 \frac{\kappa^3}{(4!)^3} \left(\int_0^\beta d\tau \int d^3x \, 3\Delta^2(x-x) \right) \left(\int_0^\beta d\tau \int d^3x \, 3\Delta^2(x-x) \right) \left(\int_0^\beta d\tau \int d^3x \, 3\Delta^2(x-x) \right).
\end{aligned}$$

Diagrammatically this expression is

$$\begin{aligned}
\langle (S_I)^3 \rangle_{\text{con}} = & 3^3 \cdot \text{[diagram: 3 circles in a row, crossed out]} + 3^4 \cdot 2^3 \cdot \text{[diagram: 3 circles in a row, crossed out]} + 3^3 \cdot 2^3 \cdot \text{[diagram: 3 circles in a row, crossed out]} \\
& + 3! \cdot 3^3 \cdot 2^4 \cdot \text{[diagram: 3 circles in a row]} + 3! \cdot 3^2 \cdot 2^5 \cdot \text{[diagram: 3 circles in a row]} + 3! \cdot 3^2 \cdot 2^6 \cdot \text{[diagram: 3 circles in a row]} + 3! \cdot 3^2 \cdot 2^5 \cdot \text{[diagram: 3 circles in a row]} \\
& - 3^4 \cdot \text{[diagram: 3 circles in a row, crossed out]} - 3^4 \cdot 2^3 \cdot \text{[diagram: 3 circles in a row, crossed out]} - 3^3 \cdot 2^3 \cdot \text{[diagram: 3 circles in a row, crossed out]} \\
& + 3^3 \cdot 2 \cdot \text{[diagram: 3 circles in a row, crossed out]} \\
& = \sum (\text{all connected diagrams}).
\end{aligned}$$

It is clear from the diagrammatic calculations above that the cumulants precisely correspond to the fully connected diagrams at each order in κ . This can be shown in general to any order, see for example Refs. [1, 13]. Note further that the remaining factorials cancel with the numerical factor of the expansion of the exponential as to give the correct symmetry factors dividing each diagram.

Appendix B: An example of a thermal loop calculation in the real-time formalism

In this section, the evaluation of a thermal loop integral is provided as a reference problem. The scenario considered is that of Sect. 7 and the diagram is generated by the interaction term

$$\mathcal{L}_{\text{int}} = \kappa \Phi \phi^1 \phi^2. \quad (\text{B.1})$$

The explicit integrals of interest are

$$iI_{\text{SS}}^{(2)}(p^2; m_1, m_2) = i(1 + \delta_{12})(-i\kappa)^2 \times \int \frac{d^4 k}{(2\pi)^4} \frac{i}{(p-k)^2 - m_1^2 + i\epsilon} \frac{i}{k^2 - m_2^2 + i\epsilon}, \quad (\text{B.2})$$

$$iF_{\text{SS}}^{(2)}(p; m_1, m_2) = i(1 + \delta_{12})(-i\kappa)^2 \times \int \frac{d^4 k}{(2\pi)^4} \frac{i}{(p-k)^2 - m_1^2 + i\epsilon} 2\pi n_{\text{B}}(|k_0|) \delta(k^2 - m_2^2), \quad (\text{B.3})$$

$$iF_{\text{SS}}^{(3)}(p; m_1, m_2) = i(1 + \delta_{12})(-i\kappa)^2 \int \frac{d^4 k}{(2\pi)^4} 2\pi n_{\text{B}}(|p_0 - k_0|) \times \delta((p-k)^2 - m_1^2) 2\pi n_{\text{B}}(|k_0|) \delta(k^2 - m_2^2). \quad (\text{B.4})$$

Appendix B.1: $iI_{\text{SS}}^{(2)}$ -integral

The loop integral in Eq. (B.2) is the cross-term of the non-thermal part from each of the two propagators:

$$iI_{\text{SS}}^{(2)}(p^2; m_1, m_2) = i(1 + \delta_{12})(-i\kappa)^2 \times \int \frac{d^4 k}{(2\pi)^4} \frac{i}{(p-k)^2 - m_1^2 + i\epsilon} \frac{i}{k^2 - m_2^2 + i\epsilon}. \quad (\text{B.5})$$

This integral is recognised from the zero-temperature theory and includes no reference to the thermal parameter β . One may in this instance appreciate the separation of the thermal part from the zero-temperature contribution since it is immediately realised that the calculation reduces to the zero-temperature result if $T \rightarrow 0$. In this limit, the above integral is the only remaining term since the others contain the thermal distribution function which vanishes when $T \rightarrow 0$.

The evaluation of this integral is a standard procedure from zero-temperature QFT and the result may be found in any textbook on loop calculations (e.g. [1]). Therefore, the calculation of this integral will not be repeated in great detail here. It is enough to say that the procedure involves the Feynman parametrisation of the two fractions followed by a shift of the integration momentum k . By a subsequent Wick rotation of the energy component according to

$$k^0 \rightarrow ik_{\text{E}}^0, \quad \Rightarrow \quad k^2 \rightarrow -k_{\text{E}}^2 = -(k_{\text{E}}^0)^2 - |\mathbf{k}|^2, \quad (\text{B.6})$$

the integral may be recast into a Euclidean integral on polar form, generally in D dimensions as

$$iI_{\text{SS}}^{(2)}(p^2; m_1, m_2) = -(1 + \delta_{12})\kappa^2 \int_0^1 dx \int \frac{d^D k_{\text{E}}}{(2\pi)^D} \frac{1}{[k_{\text{E}}^2 + \Delta(x) - i\epsilon]^n}. \quad (\text{B.7})$$

Generally, integrals on this form may be UV divergent at $D = 4$ and a scheme for regulating such divergences must be deployed. A common approach is *dimensional regularisation techniques* in which the dimensionality of the above momentum integral is taken to be $D = 4 - 2\delta$ with $\delta \in (0, 1)$. The innermost momentum integral(s) may be solved in the general case by shifting to polar coördinates and solving the angular and radial contributions separately. The well known result is

$$\int \frac{d^D k_{\text{E}}}{(2\pi)^D} \frac{(k_{\text{E}}^2)^r}{[k_{\text{E}}^2 + \Delta(x) - i\epsilon]^n} = \frac{(-1)^{N-r}}{(4\pi)^{D/2}} \frac{\Gamma(r + D/2) \Gamma(n - r - D/2)}{\Gamma(D/2) \Gamma(n)} [\Delta(x) - i\epsilon]^{D/2-n}, \quad (\text{B.8})$$

where the Γ -function parameterises the divergence. Poles arise for $D \rightarrow 2m$, $m \in \mathbb{N}$ such that arguments of the Γ -functions becomes negative whole numbers. The divergence may be explicitly extracted as

$$\Gamma(\delta) = \frac{1}{\delta} - \gamma_E + \mathcal{O}(\delta). \quad (\text{B.9})$$

γ_E is the Euler-Mascheroni constant.

The general formula above for momentum integrals is an important relation since many loop integrals may be expressed on this form. Hence, there is seldom any need for explicit momentum integration¹⁶.

¹⁶ An additional complication is of course potential tensor structures of the propagators but also in this case, solution at zero temperature exists in the literature (see e.g. Refs. [55–58]). The case is further complicated in thermal theories by the presence of the medium in the sense that the space of basis tensors is larger than in zero-temperature theory and for this case, no well established procedure is in place.

In the case of interest to the evaluation of the integral $iI_{SS}^{(2)}$, $n = 2$ s.t.

$$\int \frac{d^D k_E}{(2\pi)^D} \frac{1}{[k_E^2 + \Delta(x) - i\epsilon]^2} \quad (B.10)$$

$$\stackrel{D \rightarrow 4}{=} \frac{1}{(4\pi)^2} \left(\frac{1}{\delta} - \ln[\Delta(x) - i\epsilon] - \gamma_E + \ln 4\pi + \mathcal{O}(\delta) \right).$$

It is crucial to note an important consequence of modifying the dimension $D = 4 \rightarrow 4 - 2\delta$ when regulating the loop integral. The action have dimension 0 when the Lagrangian density is integrated over space-time. When modifying the dimensionality s.t. the space-time integration over the Lagrangian $\int d^4x \rightarrow \int d^Dx$, this requires the missing dimensionality to be accounted for elsewhere. In the interaction term, it is common practice to extend the dimensionality of the coupling constant in order to absorb extra dimensions. This is usually done s.t. $\kappa \rightarrow \kappa \bar{\mu}^p$ where $\bar{\mu}$ has dimension 1 and is defined as the *renormalisation point* to some power p . The exponent p is determined through book-keeping of dimensionality.

Introducing the renormalised coupling constant $\kappa \bar{\mu}^p$ squared as a pre-factor to the above integral, one may move the resulting $(\bar{\mu}^2)^\epsilon$ into the logarithm. The final step is to evaluate the resulting integral in x over the logarithm

$$(1 + \delta_{12}) \frac{\kappa^2}{16\pi^2} \int_0^1 dx \ln \frac{\Delta(x) - i\epsilon}{\bar{\mu}^2} \quad (B.11)$$

which is proportional to the following general form

$$\int_0^1 dx \ln [ax^2 + bx + c]. \quad (B.12)$$

In the case of interest, the constants in x are

$$a = \frac{p^2}{\bar{\mu}^2}, \quad b = \frac{-p^2 + m_1^2 - m_2^2}{\bar{\mu}^2}, \quad c = \frac{m_2^2}{\bar{\mu}^2} - i\epsilon. \quad (B.13)$$

The integral may be evaluated through factorisation of the polynomial as

$$ax^2 + bx + c \quad (B.14)$$

$$= a \left[x - \left(\frac{\sqrt{b^2 - 4ac} - b}{2a} \right) \right] \left[x + \left(\frac{\sqrt{b^2 - 4ac} + b}{2a} \right) \right].$$

All but the last four terms resulting from integration simplify trivially s.t.

$$\int_0^1 dx \ln [ax^2 + bx + c]$$

$$= -2 + \ln [a + b + c] + \frac{b}{2a} \ln \left[\frac{a + b + c}{c} \right]$$

$$+ \frac{1}{2a} \sqrt{b^2 - 4ac} \left\{ \ln \left[- \left(\frac{\sqrt{b^2 - 4ac} - b}{2a} \right) \right] \right.$$

$$\left. - \ln \left[\left(\frac{\sqrt{b^2 - 4ac} + b}{2a} \right) \right] \right.$$

$$+ \ln \left[\frac{1}{2a} \left(\sqrt{b^2 - 4ac} + (2a + b) \right) \right]$$

$$\left. - \ln \left[- \frac{1}{2a} \left(\sqrt{b^2 - 4ac} - (2a + b) \right) \right] \right\}. \quad (B.15)$$

The final functional form of this expression depends on the sign of $b^2 - 4ac$ which is determined by the sign and magnitude of p^2 . Disregarding corrections to order ϵ , this difference is *positive* when:

$$p^2 < (m_1 - m_2)^2 \quad \vee \quad p^2 > (m_1 + m_2)^2 \quad (B.16)$$

and *negative* when

$$(m_1 - m_2)^2 < p^2 < (m_1 + m_2)^2. \quad (B.17)$$

In the negative case, when p^2 lies between the difference squared and the sum squared of the two masses, a further simplification can be made.

$$\ln \left[\frac{\sqrt{b^2 - 4ac} + b}{\sqrt{b^2 - 4ac}} \right] - \ln \left[\frac{\sqrt{b^2 - 4ac} - b}{\sqrt{b^2 - 4ac}} \right]$$

$$= -2i \arctan \left(\frac{x_-}{\sqrt{-C}} \right). \quad (B.18)$$

$$\ln \left[\frac{\sqrt{b^2 - 4ac} - (2a + b)}{\sqrt{b^2 - 4ac}} \right] - \ln \left[\frac{\sqrt{b^2 - 4ac} + (2a + b)}{\sqrt{b^2 - 4ac}} \right]$$

$$= 2i \arctan \left(\frac{x_+}{\sqrt{-C}} \right). \quad (B.19)$$

where the three quantities $x_\pm$ and C was defined as

$$x_\pm \equiv \pm 1 + \frac{m_1^2 - m_2^2}{p^2},$$

$$C \equiv \left(1 - \frac{(m_1 + m_2)^2}{p^2} \right) \left(1 - \frac{(m_1 - m_2)^2}{p^2} \right). \quad (B.20)$$

In the positive case, p^2 is either above or below a certain threshold value: $p^2 < (m_1 - m_2)^2 \quad \vee \quad p^2 > (m_1 + m_2)^2$. Each of the four logarithmic terms may acquire a negative argument thus making it undefined (complex). A convenient approach is the identification, and further expansion, of, the following square roots:

$$\ln \left[\frac{\sqrt{b^2 - 4ac} \pm b}{\sqrt{b^2 - 4ac}} \right] = \ln \left[\sqrt{C + \mathcal{O}(i\epsilon)} \pm x_- \right], \quad (B.21)$$

$$\ln \left[\frac{\sqrt{b^2 - 4ac} \mp (2a + b)}{\sqrt{b^2 - 4ac}} \right] = \ln \left[\sqrt{C + \mathcal{O}(i\epsilon)} \mp x_{\pm} \right]. \quad (\text{B.22})$$

An identity for the principal value of complex logarithms $\ln[x \pm i\epsilon] = \ln|x| \pm i\pi\Theta(-x) + \mathcal{O}(\epsilon)$ may be used in order to expand the logarithms as:

$$\ln \left[\sqrt{C + \mathcal{O}(i\epsilon)} - x_{-} \right] \approx \ln \left| \sqrt{C} - x_{-} \right| + i\pi\Theta \left((m_1 - m_2)^2 - p^2 \right), \quad (\text{B.23})$$

$$\ln \left[\sqrt{C + \mathcal{O}(i\epsilon)} + x_{-} \right] \approx \ln \left| \sqrt{C} + x_{-} \right| + i\pi \left[\Theta \left((m_1 - m_2)^2 - p^2 \right) + \Theta \left(p^2 - (m_1 + m_2)^2 \right) \right], \quad (\text{B.24})$$

$$\ln \left[\sqrt{C + \mathcal{O}(i\epsilon)} - x_{+} \right] \approx \ln \left| \sqrt{C} - x_{+} \right| + i\pi \left[\Theta \left((m_1 - m_2)^2 - p^2 \right) + \Theta \left(p^2 - (m_1 + m_2)^2 \right) \right], \quad (\text{B.25})$$

$$\ln \left[\sqrt{C + \mathcal{O}(i\epsilon)} + x_{+} \right] \approx \ln \left| \sqrt{C} + x_{+} \right| + i\pi\Theta \left((m_1 - m_2)^2 - p^2 \right). \quad (\text{B.26})$$

Collecting the above results, the full non-thermal part of the loop integral of interest to this subsection may be written down:

$$iI_{\text{SS}}^{(2)}(p^2; m_1, m_2) = (1 + \delta_{12}) \frac{\kappa^2}{16\pi^2} \times \left[-\frac{1}{\epsilon} - 2 + \frac{x_{+}}{2} \ln \left[\frac{m_1^2}{\bar{\mu}^2} \right] - \frac{x_{-}}{2} \ln \left[\frac{m_2^2}{\bar{\mu}^2} \right] - I_{\text{loop}} \right] \quad (\text{B.27})$$

The last term is

$$I_{\text{loop}} = \begin{cases} \frac{\sqrt{C}}{2} \left[\ln \left| \frac{(\sqrt{C} + x_{-})(\sqrt{C} - x_{+})}{(\sqrt{C} - x_{-})(\sqrt{C} + x_{+})} \right| + 2\pi i \right], \\ -\sqrt{-C} \left[\arctan \frac{x_{+}}{\sqrt{-C}} - \arctan \frac{x_{-}}{\sqrt{-C}} \right], \\ \frac{\sqrt{C}}{2} \ln \left| \frac{(\sqrt{C} + x_{-})(\sqrt{C} - x_{+})}{(\sqrt{C} - x_{-})(\sqrt{C} + x_{+})} \right|, \end{cases}$$

Appendix B.2: Isolating the imaginary part

In the case of decay rates, the main point of interest is the imaginary part of the loop diagram. In the above case of the non-thermal part, it proved to be a decent amount of work for essentially a contribution of $2\pi i$ and it should be noted that a quicker calculation is viable in order to extract the imaginary part of the loop.

After dimensional regularisation in the previous subsection, the logarithm to be integrated over the Feynman parametrisation may be written on explicit complex form using the identity preceding Eq. (B.23). Thus, the imaginary part of the loop may be extracted at an early stage:

$$\Im \left[iI_{\text{SS}}^{(2)}(p^2; m_1, m_2) \right] = -(1 + \delta_{12}) \frac{\kappa^2}{16\pi^2} \int_0^1 dx \Theta \left(-(ax^2 + bx + c') \right). \quad (\text{B.29})$$

Recall the definition of a, b (Eq. (B.13)) and note that after expansion, the $i\epsilon$ contribution has been taken into account. Therefore, c now reduces to c' with

$$c' = \frac{m_2^2}{\bar{\mu}^2}. \quad (\text{B.30})$$

The only remaining task is to identify for what regions of p^2 the roots of the polynomial in the Θ -function fall inside the integration domain and for which regions the entire interval is to be considered. Factorise

$$ax^2 + bx + c' = a(x - \Lambda_{-})(x - \Lambda_{+}), \quad (\text{B.31})$$

$$\Lambda_{\pm} = \mp \left(\frac{\sqrt{b^2 - 4ac'} \pm b}{2a} \right).$$

To exhaust the possibilities of sign combinations, the values of the roots has been tabulated, see Tab. 1.

In the case ① in the table, one may show that

$$\Lambda_{-} \in [0, 1], \quad p^2 \geq (m_1 + m_2)^2, \quad (\text{B.32})$$

$$\Lambda_{-} \in [1, \infty], \quad 0 \leq p^2 \leq (m_1 - m_2)^2 \wedge m_2 \geq m_1.$$

In the case ② in the table, one may show that $\Lambda_{+} \leq \Lambda_{-}$ and

$$\Lambda_{+} \in [0, 1], \quad p^2 \geq (m_1 + m_2)^2, \quad (\text{B.33})$$

$$\Lambda_{+} \in [1, \infty], \quad 0 \leq p^2 \leq (m_1 - m_2)^2 \wedge m_2 \geq m_1.$$

$$\begin{aligned} & \text{for } p^2 \geq (m_1 + m_2)^2, \\ & \text{for } (m_1 - m_2)^2 \leq p^2 \leq (m_1 + m_2)^2, \quad (\text{B.28}) \\ & \text{for } p^2 \leq (m_1 - m_2)^2. \end{aligned}$$

Table 1 Root values in momentum regions. The sign of the roots of the polynomial is tabulated below. The region with root values denoted with circled numbers has a more intricate boundary structure explained in the main text. The sign and magnitude of $\Lambda_{\pm}$ determine the result of integration over the Feynman parameter

Parameters			Roots	
a	b		Λ_-	Λ_+
$a \geq 0$	$b \geq 0$	$b^2 \geq 4ac'$	≤ 0	≤ 0
		$b^2 < 4ac'$	complex	complex
		$-a - c' \leq b < 0$	complex	complex
		$b^2 < 4ac'$	①	②
$a < 0$	$\forall b \geq -a - c'$	$b^2 \geq 4ac'$	< 0	≥ 1
			Outside def. of b.	
Comment	Note $b < -a - c'$ is not allowed.			

Hence, only for $p^2 \geq (m_1 + m_2)^2$ is the polynomial negative inside the region of integration giving a finite imaginary component. Both roots $\Lambda_-, \Lambda_+ \in [0, 1]$, ordered as $\Lambda_+ \leq \Lambda_-$. The result of the previous subsection for the imaginary part is the swiftly recovered:

$$\Im [i I_{SS}^{(2)}(p^2; m_1, m_2)] \quad (\text{B.34})$$

$$= \begin{cases} -(1 + \delta_{12}) \frac{\kappa^2}{16\pi^2} \cdot 2\pi \frac{\sqrt{C}}{2} & \text{if } p^2 \geq (m_1 + m_2)^2, \\ 0 & \text{otherwise.} \end{cases}$$

Appendix B.3: $i F_{SS}$ -integral(s)

This section provides an example calculation of the so-called *mixed* first-order contribution to the thermal self-energy. The

Since the two integrals differ in structure only by a substitution of variables ($q = p - k$) the second integral has simply been denoted as $(1 \leftrightarrow 2)$. This notation implies a naïve interchange of indices 1 and 2. The full mixed contribution is

$$i F_{SS}^{(2)}(p; m_1, m_2) + (1 \leftrightarrow 2) = i(1 + \delta_{12})(i\kappa)^2 \quad (\text{B.37})$$

$$\times \int \frac{d^4 k}{(2\pi)^4} \left[\frac{i}{(p-k)^2 - m_1^2 + i\epsilon} n(|k_0|) 2\pi \delta(k^2 - m_2^2) \right. \\ \left. + \frac{i}{k^2 - m_2^2 + i\epsilon} n(|p_0 - k_0|) 2\pi \delta((p-k)^2 - m_1^2) \right]$$

The integrals are evaluated through the Sochocki-Plemelj theorem¹⁷ which requires a smooth closed simple curve C in the complex plane. Splitting the Feynman propagator and the δ -functions results is

$$i F_{SS}^{(2)}(p; m_1, m_2) + (1 \leftrightarrow 2)$$

$$= (1 + \delta_{12}) \kappa^2 \int \frac{d^4 k}{(2\pi)^3} n(|k_0|)$$

$$\times \left[\mathcal{P} \left(\frac{1}{(p_0 - k_0)^2 - \omega_{1,p-k}^2} \right) \frac{1}{2\omega_{2,k}} \left\{ \delta(k_0 - \omega_{2,k}) + \delta(k_0 + \omega_{2,k}) \right\} \right. \\ \left. - \frac{i\pi}{4\omega_{1,p-k}\omega_{2,k}} \left\{ \delta(k_0 - \omega_{2,k}) + \delta(k_0 + \omega_{2,k}) \right\} \left\{ \delta((p_0 - k_0) - \omega_{1,p-k}) + \delta((p_0 - k_0) + \omega_{1,p-k}) \right\} \right. \\ \left. + (1 \leftrightarrow 2) \right]. \quad (\text{B.38})$$

mixed integrals are due to the cross-terms of the two propagators that mix the thermal and non-thermal propagator terms.

$$i F_{SS}^{(2)}(p; m_1, m_2) = i(1 + \delta_{12})(-i\kappa)^2 \quad (\text{B.35})$$

$$\times \int \frac{d^4 k}{(2\pi)^4} \frac{i}{(p-k)^2 - m_1^2 + i\epsilon} 2\pi n(|k_0|) \delta(k^2 - m_2^2)$$

$$(1 \leftrightarrow 2) = i(1 + \delta_{12})(-i\kappa)^2 \quad (\text{B.36})$$

$$\times \int \frac{d^4 k}{(2\pi)^4} \frac{i}{k^2 - m_2^2 + i\epsilon} 2\pi n(|p_0 - k_0|) \delta((p-k)^2 - m_1^2).$$

Thus, the real and imaginary parts of the loop has been separated and are written out below for clarity.

The real part:

¹⁷ This theorem in its version for the real number line often appears in physics but is rarely mentioned by name. It was proven by Julian Sochocki in 1868 and rediscovered by Josip Plemelj in 1908.

$$\Re [i F_{SS}^{(2)}(p; m_1, m_2) + (1 \leftrightarrow 2)] = \quad (B.39)$$

$$= (1 + \delta_{12}) \kappa^2 \int \frac{d^4 k}{(2\pi)^3} n(|k_0|) \left[\frac{1}{4\omega_{1,p-k}\omega_{2,k}} \left\{ \mathcal{P} \frac{1}{(p_0 - k_0) - \omega_{1,p-k}} - \mathcal{P} \frac{1}{(p_0 - k_0) + \omega_{1,p-k}} \right\} \right. \\ \left. \times \left\{ \delta(k_0 - \omega_{2,k}) + \delta(k_0 + \omega_{2,k}) \right\} + (1 \leftrightarrow 2) \right],$$

and the imaginary part of the mixed contribution to the loop:

$$\Im [i F_{SS}^{(2)}(p; m_1, m_2) + (1 \leftrightarrow 2)] = \quad (B.40)$$

$$= -(1 + \delta_{12}) \pi \kappa^2 \int \frac{d^4 k}{(2\pi)^3} n(|k_0|) \left[\frac{1}{4\omega_{1,p-k}\omega_{2,k}} \left\{ \delta((p_0 - k_0) - \omega_{1,p-k}) + \delta((p_0 - k_0) + \omega_{1,p-k}) \right\} \right. \\ \left. \times \left\{ \delta(k_0 - \omega_{2,k}) + \delta(k_0 + \omega_{2,k}) \right\} + (1 \leftrightarrow 2) \right].$$

Appendix B.3.1: The imaginary part

This subsection considers the imaginary part of the $i F_{SS}^{(2)}$ -integral on the previous page (Eq. (B.40)). k_0 may immediately be integrated and each of the four resulting δ -functions specify an energy domain together with the physical condition $p_0 > 0$.

$$\delta(p_0 - \omega_{2,k} - \omega_{1,p-k}) \Rightarrow p_0 = \omega_{2,k} + \omega_{1,p-k} \\ \Rightarrow p^2 = |\mathbf{k}|^2 + m_2^2 + |\mathbf{p} - \mathbf{k}|^2 + m_1^2 \quad (B.41) \\ + 2\sqrt{|\mathbf{k}|^2 + m_2^2} \sqrt{|\mathbf{p} - \mathbf{k}|^2 + m_1^2} - |\mathbf{p}|^2 \\ \geq (m_1 + m_2)^2$$

Similarly

$$\delta(p_0 - \omega_{2,k} + \omega_{1,p-k}) \\ \Rightarrow p_0 = \omega_{2,k} - \omega_{1,p-k}, \quad p_0 \geq 0 \Rightarrow m_2 \geq m_1 \\ \Rightarrow p^2 \leq (m_2 - m_1)^2 \text{ if } m_2 \geq m_1 \\ \text{otherwise no solutions.} \quad (B.42)$$

$$\delta(p_0 + \omega_{2,k} - \omega_{1,p-k}) \\ \Rightarrow p_0 = -\omega_{2,k} + \omega_{1,p-k}, \quad p_0 \geq 0 \Rightarrow m_1 \geq m_2 \\ \Rightarrow p^2 \leq (m_2 - m_1)^2 \text{ if } m_2 \leq m_1 \\ \text{otherwise no solutions.} \quad (B.43)$$

Note that no contributions can come from

$$\delta(p_0 + \omega_{2,k} + \omega_{1,p-k}) \Rightarrow p_0 = -\omega_{2,k} - \omega_{1,p-k}. \quad (B.44)$$

since the energy domain is forbidden.

For simplicity, consider $\mathbf{p}$ aligned with the z -axis. Then $\mathbf{p} \cdot \mathbf{k} = |\mathbf{p}||\mathbf{k}| \cos \theta$ (B.45)

and in polar coordinates

$$\int_0^\infty d|\mathbf{k}| |\mathbf{k}|^2 \int_0^\pi d\theta \sin \theta \int_0^{2\pi} d\varphi \\ \rightarrow 2\pi \int_{k'_+}^{k'_-} d|\mathbf{k}| |\mathbf{k}|^2 \int_{-1}^1 d(\cos \theta). \quad (B.46)$$

The limits k'_+, k'_- are given by restrictions from the δ -functions on $\mathbf{k}$ listed above.

Now, the integral of interest may be recast on this polar form:

$$\Im [F_{SS}^{(2)}(p; m_1, m_2) + (1 \leftrightarrow 2)] \quad (B.47)$$

$$= -(1 + \delta_{12}) \frac{\pi \kappa^2}{(2\pi)^2} \int_0^\infty d|\mathbf{k}| |\mathbf{k}|^2 \int_{-1}^1 d(\cos \theta) \\ \times \left[\frac{n(\omega_{2,k})}{4\omega_{1,p-k}\omega_{2,k}} \sum_{r,s=\pm} \delta(f^{(rs)}(\cos \theta)) + (1 \leftrightarrow 2) \right].$$

where the function $f^{(rs)}(x)$ was defined as

$$f^{(rs)}(x) = p_0 + r\omega_{2,k} + s\omega_{1,p-k} \quad (B.48) \\ = p_0 + r\sqrt{|\mathbf{k}|^2 + m_2^2} + s\sqrt{|\mathbf{p}|^2 + |\mathbf{k}|^2 - 2|\mathbf{p}||\mathbf{k}| \cdot x + m_1^2}$$

with $r, s = \pm 1$. Now, simplify the δ -function using

$$\delta(f^{(rs)}(x)) = \sum_{\text{roots}} \frac{\delta(x - x_{\text{root}})}{|(f^{(rs)}(x_{\text{root}}))'|} \quad (B.49)$$

where the roots x_{root} are points x_0 so that $f^{(rs)}(x_0) = 0$. Solving for x_0 gives

$$x_0^{(r)} = \frac{-p^2 - r2p_0\omega_{2,k} + m_1^2 - m_2^2}{2|\mathbf{p}||\mathbf{k}|}. \quad (B.50)$$

Contributions to the imaginary part may only come from regions of p^2 when the δ -functions contribute, i.e. when $x - x_0^{(r)} = 0$, $x \in [-1, 1]$. This restriction limits the integration interval of $|\mathbf{k}|$ through

$$-1 \leq x_0^{(r)}(|\mathbf{k}|) \leq 1. \quad (\text{B.51})$$

Plug in the roots $x_0^{(r)}$ so that the inequalities become

$$\begin{aligned} \frac{p^2 - m_1^2 + m_2^2 - 2|\mathbf{p}||\mathbf{k}|}{2p_0} &\leq -r\omega_{2,k} \\ &\leq \frac{p^2 - m_1^2 + m_2^2 + 2|\mathbf{p}||\mathbf{k}|}{2p_0}. \end{aligned} \quad (\text{B.52})$$

The end points of the interval are of primary interest as to determine the limits of integration and one may consider specifically the values of $|\mathbf{k}|$ that fulfill the equalities, labelled $|\mathbf{k}|_0$. Separately, the two equalities may then be squared and stated as

$$\begin{cases} \left(\frac{p^2 - m_1^2 + m_2^2}{4p_0^2} - m_2^2 - |\mathbf{k}|_0 \frac{|\mathbf{p}|}{p_0} (p^2 - m_1^2 + m_2^2) + |\mathbf{k}|_0^2 \left(\frac{|\mathbf{p}|^2}{p_0^2} - 1 \right) \right) = 0 \\ \left(\frac{p^2 - m_1^2 + m_2^2}{4p_0^2} - m_2^2 + |\mathbf{k}|_0 \frac{|\mathbf{p}|}{p_0} (p^2 - m_1^2 + m_2^2) + |\mathbf{k}|_0^2 \left(\frac{|\mathbf{p}|^2}{p_0^2} - 1 \right) \right) = 0 \end{cases} \quad (\text{B.53})$$

The four solutions are

$$|\mathbf{k}|_{0,\pm}^{(\pm)} = (\pm) \frac{|\mathbf{p}|}{2} \left(1 + \frac{m_2^2 - m_1^2}{p^2} \right) \pm \frac{p_0}{2} \sqrt{C}. \quad (\text{B.54})$$

These resulting limits on the polar integral for the imaginary part of $iF^{(2)}(p; m_1, m_2) + (1 \leftrightarrow 2)$, indicated above as $k_{+}^{\prime\prime\prime}, k_{-}^{\prime\prime\prime}$. The limits are p^2 -dependent and contributions may come from any of the three δ -functions in the integral over $\cos \theta$. In Table 2, the different regions are presented.

The integration limits $k_{+}^{\prime\prime\prime}, k_{-}^{\prime\prime\prime}$ must be positive in order to apply as limits for the polar coordinate $|\mathbf{k}|$ and the modulus of the limits may be considered in order to express the primed limits in terms of the unprimed.

First consider $p^2 \geq (m_2 + m_1)^2$:

$$k_{\pm} \equiv |\mathbf{k}|_{0,+}^{\pm} = \frac{1}{2} \left| |\mathbf{p}| \left(1 + \frac{m_2^2 - m_1^2}{p^2} \right) \pm p_0 \sqrt{C} \right|. \quad (\text{B.55})$$

Secondly consider $0 \leq p^2 \leq (m_2 - m_1)^2$. For $m_2 > m_1$ Table 2 shows that $k_{\pm}^{\prime\prime\prime} = k_{\pm}$ (the limit from the previous case). For $m_2 < m_1$:

$$\begin{aligned} k_{\pm}^{\prime\prime\prime} &= \frac{1}{2} \left| \mp |\mathbf{p}| \left(1 + \frac{m_2^2 - m_1^2}{p^2} \right) + p_0 \sqrt{C} \right| \\ &= \frac{1}{2} \left| \pm |\mathbf{p}| \left(1 + \frac{m_2^2 - m_1^2}{p^2} \right) + p_0 \sqrt{C} \right| = k_{\pm}. \end{aligned} \quad (\text{B.56})$$

In the region where $p^2 < 0$, two further cases in the mass hierarchy of $m_2 > m_1$ exists. k_{+} is determined to be $+\infty$ and

$$\begin{aligned} k_{-}^{\prime} &= \begin{cases} k_{+}, & 1 + \frac{m_2^2 - m_1^2}{p^2} > 0, \\ k_{-}, & 1 + \frac{m_2^2 - m_1^2}{p^2} < 0, \end{cases} \\ k_{-}^{\prime\prime} &= \begin{cases} k_{-}, & 1 + \frac{m_2^2 - m_1^2}{p^2} > 0, \\ k_{+}, & 1 + \frac{m_2^2 - m_1^2}{p^2} < 0. \end{cases} \end{aligned} \quad (\text{B.57})$$

Finally, for $m_2 < m_1$, $k_{-}^{\prime} = k_{+}$ and $k_{-}^{\prime\prime} = k_{-}$. With the polar integration limits given by integration over $\delta(f^{(rs)}(\cos(\theta)))$ identified, mixed contributions $\Im [iF_{SS}^{(2)}(p; m_1, m_2) + (1 \leftrightarrow 2)]$ may be evaluated.

Appendix B.3.2: $p^2 \geq (m_2 + m_1)^2$:

Contributions to this region of momentum come only from $\delta(p_0 - \omega_{2,k} - \omega_{1,p-k})$ giving integration limits on $|\mathbf{k}|$ as shown in Table 2.

$$\begin{aligned} \Im [iF_{SS}^{(2)}(p; m_1, m_2) + (1 \leftrightarrow 2)] &= -(1 + \delta_{12})\pi\kappa^2 \\ &\times \int \frac{d^3k}{(2\pi)^3} \frac{n(\omega_{2,k})}{4\omega_{1,p-k}\omega_{2,k}} \delta(p_0 - \omega_{2,k} - \omega_{1,p-k}) \\ &+ (1 \leftrightarrow 2) \\ &\stackrel{r=-1}{=} -\frac{(1 + \delta_{12})\pi\kappa^2}{4} \int_0^\infty \frac{d|\mathbf{k}| |\mathbf{k}|^2}{(2\pi)^2} \frac{n(\omega_{2,k})}{\omega_{1,p-k}\omega_{2,k}} \\ &\times \int_{-1}^1 dx \frac{|p_0 - \omega_{2,k}|}{|\mathbf{p}||\mathbf{k}|} \delta(x - x_0^{(-)}) + (1 \leftrightarrow 2). \end{aligned} \quad (\text{B.58})$$

Note that the δ -function imposes the condition $p_0 - \omega_{2,k} = \omega_{1,p-k}$. Hence

$$\begin{aligned} \Im [iF_{SS}^{(2)}(p; m_1, m_2) + (1 \leftrightarrow 2)] &= -\frac{(1 + \delta_{12})\kappa^2}{16\pi|\mathbf{p}|} \int_{k_{-}}^{k_{+}} d|\mathbf{k}| \frac{|\mathbf{k}|}{\omega_{2,k}} \frac{1}{e^{\beta\omega_{2,k}} - 1} + (1 \leftrightarrow 2), \end{aligned} \quad (\text{B.59})$$

which may be recast and solved as

$$\Im [iF_{SS}^{(2)}(p; m_1, m_2) + (1 \leftrightarrow 2)] \quad (\text{B.60})$$

Table 2 Integration limits on the radial variable $|\mathbf{k}|$ are displayed below. The total integral of interest contains three terms, each proportional to a δ -function of different arguments. The δ -functions give rise to integration limits on the radial coordinate and labelled accordingly as $k_{\pm}^{\prime\prime}$ to distinguish the three contributions. The integration limits for

$0 \leq p^2 \leq (m_2 - m_1)^2$ as $m_2 < m_1$ and the limits in parenthesis for $p^2 < 0$ as $m_2 > m_1$ correspond to the case when $1 + \frac{m_2^2 - m_1^2}{p^2} < 0$. Empty entries for the limits imply no contribution from the δ -function in this region

Integration region		Limits		
Momentum	Mass-ordering	$\delta(p_0 - \omega_{2,k} - \omega_{1,p-k})$	$\delta(p_0 - \omega_{2,k} + \omega_{1,p-k})$	$\delta(p_0 + \omega_{2,k} - \omega_{1,p-k})$
$p^2 \geq (m_2 + m_1)^2$	any	$k_+ = \mathbf{k} _{0,+}^{(+)}$ $k_- = \mathbf{k} _{0,+}^{(-)}$		
$0 \leq p^2 \leq (m_2 - m_1)^2$	$m_2 > m_1$		$k'_+ = \mathbf{k} _{0,+}^{(+)}$ $k'_- = \mathbf{k} _{0,+}^{(-)}$	
	$m_2 < m_1$			$k''_+ = \mathbf{k} _{0,+}^{(-)}$ $k''_- = \mathbf{k} _{0,+}^{(+)}$
$p^2 < 0$	$m_2 > m_1$		$k'_+ = +\infty$ $k'_- = \mathbf{k} _{0,+}^{(+)} \left(\mathbf{k} _{0,-}^{(-)} \right)$	$k''_+ = +\infty$ $k''_- = \mathbf{k} _{0,+}^{(-)} \left(\mathbf{k} _{0,-}^{(+)} \right)$
	$m_2 < m_1$		$k'_+ = +\infty$ $k'_- = \mathbf{k} _{0,+}^{(+)}$	$k''_+ = +\infty$ $k''_- = \mathbf{k} _{0,-}^{(+)}$

$$= -(1 + \delta_{12}) \frac{\kappa^2}{16\pi |\mathbf{p}| \beta} \int_{y_-}^{y_+} dy \frac{1}{e^y - 1} + (1 \leftrightarrow 2)$$

$$= -(1 + \delta_{12}) \frac{\kappa^2}{16\pi |\mathbf{p}| \beta} \ln \left| \frac{1 - e^{-\beta \omega_{2,k_+}}}{1 - e^{-\beta \omega_{2,k_-}}} \right| + (1 \leftrightarrow 2).$$

The final limits $\omega_{2,k_{\pm}}$:

$$\omega_{2,k_{\pm}} = \left| \pm \frac{|\mathbf{p}|}{2} \sqrt{C} + \frac{p_0}{2} \left| 1 + \frac{m_2^2 - m_1^2}{p^2} \right| \right|. \quad (\text{B.61})$$

Appendix B.3.3: $(m_2 - m_1)^2 \leq p^2 \leq (m_2 + m_1)^2$:

This region of p^2 gets no contribution to the imaginary part of the loop.

$$\Im [i F_{\text{SS}}^{(2)}(p; m_1, m_2) + (1 \leftrightarrow 2)] = 0. \quad (\text{B.62})$$

Appendix B.3.4: $0 \leq p^2 \leq (m_2 - m_1)^2$:

The contribution to the loop in the momentum region $0 \leq p^2 \leq (m_2 - m_1)^2$ comes from either $\delta(p_0 - \omega_{2,k} + \omega_{1,p-k})$ with $r = -1$ or $\delta(p_0 + \omega_{2,k} - \omega_{1,p-k})$

$$\Im [i F_{\text{SS}}^{(2)}(p; m_1, m_2) + (1 \leftrightarrow 2)]$$

$$= -(1 + \delta_{12}) \pi \kappa^2 \int \frac{d^3 k}{(2\pi)^3} \frac{n(\omega_{2,k})}{4\omega_{1,p-k}\omega_{2,k}} \left[\delta(p_0 - \omega_{2,k} + \omega_{1,p-k}) + \delta(p_0 + \omega_{2,k} - \omega_{1,p-k}) \right] + (1 \leftrightarrow 2)$$

$$= (1 + \delta_{12}) \frac{\kappa^2}{16\pi |\mathbf{p}| \beta} \ln \left| \left(1 - e^{-\beta \omega_{2,k_+}} \right) \left(1 - e^{-\beta \omega_{2,k_-}} \right) \right| + (1 \leftrightarrow 2). \quad (\text{B.65})$$

with $r = +1$, depending on the mass hierarchy in this region of p^2 . It turns out, however, that the final result is independent of the mass ordering:

$$\Im [i F_{\text{SS}}^{(2)}(p; m_1, m_2) + (1 \leftrightarrow 2)]$$

$$= -(1 + \delta_{12}) \frac{\kappa^2}{16\pi |\mathbf{p}| \beta} \ln \left| \frac{1 - e^{-\beta \omega_{2,k_+}}}{1 - e^{-\beta \omega_{2,k_-}}} \right| + (1 \leftrightarrow 2).$$

Note that any explicit dependence on the polar angle (θ) (e.g. resulting from any Lorentz structure of the numerator) would give a result dependent on the mass orderings.

Appendix B.3.5: $p^2 < 0$:

Contributions to this region of momentum comes from the two δ -functions $\delta(p_0 - \omega_{2,k} + \omega_{1,p-k})$ and $\delta(p_0 + \omega_{2,k} - \omega_{1,p-k})$. Consider initially $m_2 > m_1$ with the following two possible cases:

$$1 + \frac{m_2^2 - m_1^2}{p^2} > 0 \text{ or } 1 + \frac{m_2^2 - m_1^2}{p^2} < 0. \quad (\text{B.64})$$

The limits of integration will be different for the two cases.

The above expression holds also for the case $m_2 < m_1$ because of the symmetry in the above result.

Appendix B.3.6: The real part

The real part of the mixed term in the bubble may be evaluated analytically up to a final integration. Utilise δ -functions over k_0 and combine fractions of principal values to get

$$\begin{aligned} \Re [iF_{SS}^{(2)}(p; m_1, m_2) + (1 \leftrightarrow 2)] \\ = (1 + \delta_{12})\kappa^2 \int_0^\infty \frac{d|\mathbf{k}||\mathbf{k}|^2}{(2\pi)^2} \frac{n(\omega_{2,k})}{2\omega_{2,k}} \int_{-1}^1 dx \\ \times \left(\mathcal{P} \frac{1}{(p_0 - \omega_{2,k})^2 - \omega_{1,p-k}^2} + \mathcal{P} \frac{1}{(p_0 + \omega_{2,k})^2 - \omega_{1,p-k}^2} \right) + (1 \leftrightarrow 2). \end{aligned} \quad (\text{B.66})$$

Again, taking $\mathbf{p}$ in the direction of the z -axis, the denominators may be fully expanded and the inner integral(s) to be evaluated:

$$\begin{aligned} \int_{-1}^1 dx \frac{1}{(p_0 \pm \omega_{2,k})^2 - \omega_{1,p-k}^2} \\ = \frac{1}{2|\mathbf{p}||\mathbf{k}|} \ln \left| \frac{p^2 \pm 2p_0\omega_{2,k} + 2|\mathbf{p}||\mathbf{k}| + m_2^2 - m_1^2}{p^2 \pm 2p_0\omega_{2,k} - 2|\mathbf{p}||\mathbf{k}| + m_2^2 - m_1^2} \right|. \end{aligned} \quad (\text{B.67})$$

Define

$$\begin{aligned} D_{(\pm)}^\pm(p^2; m_1, m_2) \\ = p^2 \pm 2p_0\omega_{2,k} (\pm) 2|\mathbf{p}|\sqrt{\omega_{2,k}^2 - m_2^2} + m_2^2 - m_1^2 \end{aligned} \quad (\text{B.68})$$

and plug this into the integral for the real part we get

$$\begin{aligned} \Re [iF_{SS}^{(2)}(p; m_1, m_2) + (1 \leftrightarrow 2)] \\ = (1 + \delta_{12}) \frac{\kappa^2}{16\pi^2|\mathbf{p}|} \int_{m_2}^\infty d\omega_{2,k} n(\omega_{2,k}) \\ \times \mathcal{P} \ln \left| \frac{D_{(+)}^-(p^2; m_1, m_2) D_{(+)}^+(p^2; m_1, m_2)}{D_{(-)}^-(p^2; m_1, m_2) D_{(-)}^+(p^2; m_1, m_2)} \right| + (1 \leftrightarrow 2). \end{aligned} \quad (\text{B.69})$$

Appendix B.4: $iF_{SS}^{(3)}$ -integral

The fourth thermal integral of the loop is the product of the thermal terms from each of the propagators.

Note that the right-hand side is purely imaginary. The fourth term above proportional to the integrand $\delta(p_0 + \omega_{2,k} + \omega_{1,p-k})$ may be discarded due to the physical condition $p_0 \geq 0$.

Appendix B.4.1: $p^2 \geq (m_2 + m_1)^2$:

Contributions come from the term containing $\delta(p_0 - \omega_{2,k} - \omega_{1,p-k})$.

$$\begin{aligned} \Im [iF_{SS}^{(3)}(p; m_1, m_2)] \\ = -(1 + \delta_{12}) \frac{\kappa^2}{4} \int \frac{d^3k}{(2\pi)^2} \frac{n(\omega_{2,k})n(|p_0 - \omega_{2,k}|)}{\omega_{1,p-k}\omega_{2,k}} \\ \times \delta(p_0 - \omega_{2,k} - \omega_{1,p-k}) \\ = -(1 + \delta_{12}) \frac{\kappa^2}{8\pi|\mathbf{p}|\beta} \int_{y_-}^{y_+} dy \frac{1}{e^y - 1} \frac{1}{e^{\beta p_0 - y} - 1}. \end{aligned} \quad (\text{B.71})$$

The δ -function provides an important inequality:

$$\beta p_0 \geq \beta \omega_{2,k} = y. \quad (\text{B.72})$$

Hence, $|\beta p_0 - y| = \beta p_0 - y$ which is expected due to the essential singularity at $y = \beta p_0$. (If the range of integration included this point there would be no hope of convergence.)

Apply

$$\begin{aligned} \frac{1}{e^y - 1} \frac{1}{e^{\beta p_0 - y} - 1} \\ = \frac{1}{e^{\beta p_0} - 1} \left[1 + \frac{1}{e^y - 1} + \frac{1}{e^{\beta p_0 - y} - 1} \right] \end{aligned} \quad (\text{B.73})$$

in order to evaluate the integral:

$$\begin{aligned} \Im [iF_{SS}^{(3)}(p; m_1, m_2)] = -(1 + \delta_{12}) \frac{\kappa^2}{8\pi|\mathbf{p}|\beta} \frac{1}{e^{\beta p_0} - 1} \\ \times \ln \left| \frac{(1 - e^{-\beta \omega_{2,k+}})(e^{\beta(p_0 - \omega_{2,k-})} - 1)}{(1 - e^{-\beta \omega_{2,k-}})(e^{\beta(p_0 - \omega_{2,k+})} - 1)} \right|. \end{aligned} \quad (\text{B.74})$$

$$\begin{aligned} iF_{SS}^{(3)}(p; m_1, m_2) = i(1 + \delta_{12})(-i\kappa)^2 \int \frac{d^4k}{(2\pi)^4} 2\pi n(|p_0 - k_0|) \delta((p - k)^2 - m_1^2) 2\pi n(|k_0|) \delta(k^2 - m_2^2) \\ = -i(1 + \delta_{12}) \frac{\kappa^2}{4} \int \frac{d^3k}{(2\pi)^2} \frac{n(\omega_{2,k})}{\omega_{1,p-k}\omega_{2,k}} \left[n(p_0 - \omega_{2,k}) \{ \delta(p_0 - \omega_{2,k} - \omega_{1,p-k}) + \delta(p_0 - \omega_{2,k} + \omega_{1,p-k}) \} \right. \\ \left. + n(p_0 + \omega_{2,k}) \{ \delta(p_0 + \omega_{2,k} - \omega_{1,p-k}) + \delta(p_0 + \omega_{2,k} + \omega_{1,p-k}) \} \right]. \end{aligned} \quad (\text{B.70})$$

Appendix B.4.2: $(m_2 - m_1)^2 \leq p^2 \leq (m_2 + m_1)^2$:

None of the δ -functions contributes to the region of momentum where $(m_2 - m_1)^2 \leq p^2 \leq (m_2 + m_1)^2$.

$$\Im [iF_{SS}^{(3)}(p; m_1, m_2)] = 0 \quad (\text{B.75})$$

Appendix B.4.3: $0 \leq p^2 \leq (m_2 - m_1)^2$:

In the momentum region where $0 \leq p^2 \leq (m_2 - m_1)^2$, two cases must be considered depending on the hierarchy of the loop masses.

If $m_2 > m_1$, the contribution come from $\delta(p_0 - \omega_{2,k} + \omega_{1,p-k})$ while for $m_2 < m_1$ the contribution come from $\delta(p_0 + \omega_{2,k} - \omega_{1,p-k})$. The integral becomes

$$\begin{aligned} \Im [iF_{SS}^{(3)}(p; m_1, m_2)] \\ = -(1 + \delta_{12}) \frac{\kappa^2}{8\pi|\mathbf{p}|\beta} \int_{y_-}^{y_+} dy \frac{1}{e^y - 1} \frac{1}{e^{|\beta p_0 + ry|} - 1}. \end{aligned} \quad (\text{B.76})$$

For $r = -1$, the δ -function imposes the condition $\beta p_0 \leq y$. Hence the absolute value in the exponent may be replaced by an additional minus sign. The integral may then be solved using

$$\begin{aligned} \frac{1}{e^y - 1} \frac{1}{e^{-\beta p_0 + y} - 1} \\ = e^{-2y} + \frac{e^{-2y}}{e^y - 1} - \frac{e^{-y}}{e^{-\beta p_0 + y} - 1} \end{aligned} \quad (\text{B.77})$$

as

$$\begin{aligned} \Im [iF_{SS}^{(3)}(p; m_1, m_2)] \\ = -(1 + \delta_{12}) \frac{\kappa^2}{8\pi|\mathbf{p}|\beta} \frac{1}{e^{-\beta p_0} - 1} \left[\ln \left| \frac{1 - e^{-\beta \omega_{2,k+}}}{1 - e^{-\beta \omega_{2,k-}}} \right| \right. \\ \left. - e^{-\beta p_0} \ln \left| \frac{e^{\beta(p_0 - \omega_{2,k+})} - 1}{e^{\beta(p_0 - \omega_{2,k-})} - 1} \right| \right]. \end{aligned} \quad (\text{B.78})$$

Secondly, consider the case of $r = +1$. In this case, one should take the relevant δ -function as $\delta(p_0 + \omega_{2,k} - \omega_{1,p-k})$, the condition imposed by this function is $\beta p_0 + y > 0$. The integration proceed very similar as to the first case in this momentum region using:

$$\frac{1}{e^y - 1} \frac{1}{e^{\beta p_0 + y} - 1} = e^{-2y} + \frac{e^{-2y}}{e^y - 1} - \frac{e^{-y}}{e^{\beta p_0 + y} - 1} \quad (\text{B.79})$$

Then

$$\begin{aligned} \Im [iF_{SS}^{(3)}(p; m_1, m_2)] \\ = -(1 + \delta_{12}) \frac{\kappa^2}{8\pi|\mathbf{p}|\beta} \frac{1}{e^{\beta p_0} - 1} \left[\ln \left| \frac{1 - e^{-\beta \omega_{2,k+}}}{1 - e^{-\beta \omega_{2,k-}}} \right| \right. \\ \left. - e^{\beta p_0} \ln \left| \frac{e^{-\beta(p_0 + \omega_{2,k+})} - 1}{e^{-\beta(p_0 + \omega_{2,k-})} - 1} \right| \right]. \end{aligned} \quad (\text{B.80})$$

Note that the above result is identical to the case of $m_2 > m_1$ with the heuristic change of sign $p_0 \rightarrow -p_0$.

Appendix B.4.4: $p^2 \leq 0$:

For the momentum region where $p^2 \leq 0$, contributions come from both $\delta(p_0 - \omega_{2,k} + \omega_{1,p-k})$ and $\delta(p_0 + \omega_{2,k} - \omega_{1,p-k})$. The imposed limits of integration on $|\mathbf{k}|$ are different in the two terms.

First consider a mass hierarchy of $m_2 > m_1$. The limits on $|\mathbf{k}|$ are different in the cases of $1 + \frac{m_2^2 - m_1^2}{p^2} > 0$ or $1 + \frac{m_2^2 - m_1^2}{p^2} < 0$. The integral becomes

$$\Im [iF_{SS}^{(3)}(p; m_1, m_2)] = -(1 + \delta_{12}) \frac{\kappa^2}{8\pi|\mathbf{p}|\beta} \left[\int_{y_{\pm}}^{\infty} dy \frac{1}{e^y - 1} \frac{1}{e^{-\beta p_0 + y} - 1} + \int_{y_{\mp}}^{\infty} dy \frac{1}{e^y - 1} \frac{1}{e^{\beta p_0 + y} - 1} \right]. \quad (\text{B.81})$$

Integration results in

$$\begin{aligned} \Im [iF^{(3)}(p; m_1, m_2)] = -(1 + \delta_{12}) \frac{\kappa^2}{8\pi|\mathbf{p}|\beta} \left[\frac{1}{e^{-\beta p_0} - 1} \left(e^{-\beta p_0} \ln \left| 1 - e^{\beta(p_0 - \omega_{2,k\pm})} \right| - \ln \left| 1 - e^{-\beta \omega_{2,k\pm}} \right| \right) \right. \\ \left. + \frac{1}{e^{\beta p_0} - 1} \left(e^{\beta p_0} \ln \left| 1 - e^{-\beta(p_0 + \omega_{2,k\mp})} \right| - \ln \left| 1 - e^{-\beta \omega_{2,k\mp}} \right| \right) \right]. \end{aligned} \quad (\text{B.82})$$

If instead $m_2 < m_1$, note that the limits are the same as for the opposing mass hierarchy with $1 + \frac{m_2^2 - m_1^2}{p^2} > 0$ and hence, the integration result is identical.

Appendix B.5: Summary of the results

Collecting the results of the thermal loop integration presented in Sects. B.1–B.4 for all different momentum regions

with

$$x_{\pm} = \pm 1 + \frac{m_1^2 - m_2^2}{p^2},$$

$$C = \left(1 - \frac{(m_2 + m_1)^2}{p^2}\right) \left(1 - \frac{(m_2 - m_1)^2}{p^2}\right). \quad (\text{B.85})$$

The mixed thermal-non-thermal integration gives the contributions

$$\Im [iF_{\text{SS}}^{(2)}(p; m_1, m_2) + (1 \leftrightarrow 2)] =$$

$$= -(1 + \delta_{12}) \frac{\kappa^2}{16\pi^2 |\mathbf{p}| \beta} \begin{cases} \ln \left| \frac{1 - e^{-\beta \omega_{2,k+}}}{1 - e^{-\beta \omega_{2,k-}}} \right| + (1 \leftrightarrow 2) & \text{for } p^2 \geq (m_2 + m_1)^2 \\ 0 & \vee 0 \leq p^2 \leq (m_2 - m_1)^2, \\ -\ln \left| (1 - e^{-\beta \omega_{2,k+}})(1 - e^{-\beta \omega_{2,k-}}) \right| + (1 \leftrightarrow 2) & \text{for } (m_2 - m_1)^2 \leq p^2 \leq (m_2 + m_1)^2, \\ & \text{for } p^2 < 0. \end{cases} \quad (\text{B.86})$$

and

$$\Re [iF_{\text{SS}}^{(2)}(p; m_1, m_2) + (1 \leftrightarrow 2)] = (1 + \delta_{12}) \frac{\kappa^2}{16\pi^2 |\mathbf{p}|} \int_{m_2}^{\infty} d\omega_{2,k} n(\omega_{2,k})$$

$$\times \mathcal{P} \ln \left| \frac{(p^2 - 2p_0 \omega_{2,k} + 2|\mathbf{p}| \sqrt{\omega_{2,k}^2 - m_2^2 + m_2^2 - m_1^2})(p^2 + 2p_0 \omega_{2,k} + 2|\mathbf{p}| \sqrt{\omega_{2,k}^2 - m_2^2 + m_2^2 - m_1^2})}{(p^2 - 2p_0 \omega_{2,k} - 2|\mathbf{p}| \sqrt{\omega_{2,k}^2 - m_2^2 + m_2^2 - m_1^2})(p^2 + 2p_0 \omega_{2,k} - 2|\mathbf{p}| \sqrt{\omega_{2,k}^2 - m_2^2 + m_2^2 - m_1^2})} \right|$$

$$+ (1 \leftrightarrow 2). \quad (\text{B.87})$$

are presented in his subsection.

The non-thermal contribution comes from the term

$$iI_{\text{SS}}^{(2)}(p^2; m_1, m_2) = (1 + \delta_{12}) \frac{\kappa^2}{16\pi^2} \quad (\text{B.83})$$

$$\times \left[-\frac{1}{\tilde{\epsilon}} - 2 + \frac{x_+}{2} \ln \left[\frac{m_1^2}{\tilde{\mu}^2} \right] - \frac{x_-}{2} \ln \left[\frac{m_2^2}{\tilde{\mu}^2} \right] - I_{\text{loop}} \right].$$

Here, the last integral term is

Here

$$\omega_{2,k\pm} = \frac{1}{2} \left| \pm |\mathbf{p}| \sqrt{C} + p_0 \left| 1 + \frac{m_2^2 - m_1^2}{p^2} \right| \right|. \quad (\text{B.88})$$

The pure thermal contribution takes the following form:

$$I_{\text{loop}} = \begin{cases} \frac{\sqrt{C}}{2} \left[\ln \left| \frac{(\sqrt{C} + x_-)(\sqrt{C} - x_+)}{(\sqrt{C} - x_-)(\sqrt{C} + x_+)} \right| + 2\pi i \right] & \text{for } p^2 \geq (m_2 + m_1)^2, \\ -\sqrt{-C} \left[\arctan \frac{x_+}{\sqrt{-C}} - \arctan \frac{x_-}{\sqrt{-C}} \right] & \text{for } (m_2 - m_1)^2 \leq p^2 \leq (m_2 + m_1)^2, \\ \frac{\sqrt{C}}{2} \left[\ln \left| \frac{(\sqrt{C} + x_-)(\sqrt{C} - x_+)}{(\sqrt{C} - x_-)(\sqrt{C} + x_+)} \right| \right] & \text{for } p^2 \leq (m_2 - m_1)^2, \end{cases} \quad (\text{B.84})$$

$$\begin{aligned}
\Im [iF_{\text{SS}}^{(3)}(p; m_1, m_2)] &= -(1 + \delta_{12}) \frac{\kappa^2}{8\pi |\mathbf{p}| \beta} \\
&\times \begin{cases} \frac{1}{e^{\beta p_0} - 1} \ln \left| \frac{1 - e^{-\beta \omega_{2,k+}}}{1 - e^{-\beta \omega_{2,k-}}} \frac{1 - e^{\beta(p_0 - \omega_{2,k-})}}{1 - e^{\beta(p_0 - \omega_{2,k+})}} \right| & \text{for } p^2 \geq (m_2 + m_1)^2, \\ 0 & \text{for } (m_2 - m_1)^2 \leq p^2 \leq (m_2 + m_1)^2, \\ \frac{1}{e^{\mp \beta p_0} - 1} \left[\ln \left| \frac{1 - e^{-\beta \omega_{2,k+}}}{1 - e^{-\beta \omega_{2,k-}}} \right| - e^{\mp \beta p_0} \ln \left| \frac{1 - e^{\pm \beta(p_0 \mp \omega_{2,k+})}}{1 - e^{\pm \beta(p_0 \mp \omega_{2,k-})}} \right| \right] & \text{for } 0 \leq p^2 \leq (m_2 - m_1)^2 \\ \frac{1}{e^{-\beta p_0} - 1} \left[e^{-\beta p_0} \ln \left| 1 - e^{\beta(p_0 - \omega_{2,k\pm})} \right| - \ln \left| 1 - e^{-\beta \omega_{2,k\pm}} \right| \right] & \wedge \{m_2 > m_1 \text{ (upper)} \vee m_2 < m_1 \text{ (lower)}\}, \\ + \frac{1}{e^{\beta p_0} - 1} \left[e^{\beta p_0} \ln \left| 1 - e^{-\beta(p_0 + \omega_{2,k\mp})} \right| - \ln \left| 1 - e^{-\beta \omega_{2,k\mp}} \right| \right] & \text{for } p^2 < 0 \\ & \wedge \left\{ (m_2 > m_1 \wedge 1 + \frac{m_2^2 - m_1^2}{p^2} > 0) \vee m_2 < m_1 \text{ (upper)} \right. \\ & \left. \vee (m_2 > m_1 \wedge 1 + \frac{m_2^2 - m_1^2}{p^2} < 0) \text{ (lower)} \right\}. \end{cases}
\end{aligned} \tag{B.89}$$

This section presented, in detail, the type of integrals encountered in the evaluation of thermal loop diagrams by making use of the simplest possible loop of two scalar particles. It is clear from the result that the final expressions simplify further if the two loop masses are identical. Additional complications for the procedure of integration arise when the propagators carry Lorentz structure. It should be noted, however, that both such complications and loop divergences are introduced mainly through the non-thermal integration and, therefore, the thermal terms does provide any major increase in complexity.

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