

## Intolerable 3

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The isolation, Not getting mail from home, not getting visits, inner emptiness and losing memories "this place is slowly becoming all that I know"; wanting to grieve when some family member dies but not being able to do so, recycled days "one day like the one before it". Watching helplessly as prisons become institutions of profit "the most recent I-pay, having seizures and guards laughing and making fun of you during seizures instead of getting medical assistance, the unit controller cutting off or just not responding to my emergency call light. Commissary prices that keep getting high while prisoner pay stays the same. People who lie to me a liar is worse than any other type of person they; can't be trust, have no honor, have no self respect, and are fakes. G.I Joe guards who come in here acting like bad asses and causing problems. The lack of honor and respect amongst those of our incarcerated community, Fakes who try to be what they are not. Gossipers who tell tales and keep shit stirred up. Being in here,