I am Woman

*Air choking me
without life-giving oxygen;
Space suffocating me,
crushing me from all sides.
Darkness enveloping me
into its unfathomless depth.
Noise deadening my senses...
Silence screaming out at me.
Mind numb, refusing to think.
All of a sudden, the incruciating anger,
the all consuming hate
given rise by a woman's oppression...
my oppression*

Perminder Dhillon