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OPEN Prognostic Value of Ezrin in **Various Cancers: A Systematic** Review and Updated Meta-analysis

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More and more studies have investigated the effects of Ezrin expression level on the prognostic role in various tumors. However, the results remain controversial rather than conclusive. Here, we performed a systematic review and meta-analysis to evaluate the correlation of Ezrin expression with the prognosis in various tumors, the pooled hazard ratios (HR) with the corresponding 95% confidence intervals (95%CI) were calculated to evaluate the degree of the association. The overall results of fifty-five studies with 6675 patients showed that elevated Ezrin expression was associated with a worse prognosis in patients with cancers, with the pooled HRs of 1.86 (95% CI: 1.51-2.31, P < 0.001) for over survival (OS), 2.55 (95%CI: 2.14–3.05, P < 0.001) for disease-specific survival (DFS) and 2.02 (95%CI: 1.13-3.63, P = 0.018) for disease-specific survival (DSS)/metastasis-free survival (MFS) by the random, fixed and random effect model respectively. Similar results were also observed in the stratified analyses by tumor types, ethnicity background and sample source. This metaanalysis suggests that Ezrin may be a potential prognostic marker in cancer patients. High Ezrin is associated with a poor prognosis in a variety of solid tumors.

Ezrin is an important member of the ERM (Ezrin-radixin-moesin) cytoskeleton-associated proteins family, which started to look like a transit protein between membrane proteins and actin filaments^{1,2}. Nevertheless, recent studies have revealed that Ezrin is an important signaling molecule that is well-documented to be associated with many cellular processes, including cell proliferation, cell adhesion, cell motility, signal transduction and so on³⁻⁶, all of those processes play a vital role in tumorigenesis, development, invasion and metastasis in a variety of human malignancies^{7–14}.

Ever since the first report about the prognosis effect of Ezrin on uveal malignant melanoma in 2001¹⁵, numerous studies have been considered on investigating the prognostic effects of Ezrin expression in various tumors, such as bladder cancer, non-small cell lung cancer (NSCLC), breast cancer, squamous cell carcinoma of the head and neck (HNSCC), soft tissue sarcomas(STS), Gastric cancer, Osteosarcoma Hepatocellular carcinoma, ovarian carcinoma and so on¹⁶⁻²⁹, most of which revealed that a poor prognostic outcome stemed from those cancer patients with high Ezrin expression¹⁵⁻⁴⁶. However, because of insignificant or opposite results^{47–54}, the reliability of Ezrin acting as a prognostic biomarker in various malignancies has not been reached consensus. Therefore, the prognostic value of Ezrin in cancer patients remains controversial. In terms of the limits of the single study, as well as in order to better understanding the significance of Ezrin expression in the prognosis of cancer patients, performing a comprehensive meta-analysis to evaluate the published studies is necessary.

In the present meta-analysis, the aim is to assess the correlation between Ezrin expression and the survival outcomes in cancer patients via collecting global related literatures to carry out a systematic analysis.

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Results

Study characteristics. As shown in Supplementary Figure S1, a total of 299 articles were initially retrieved using the search strategy. After the manual evaluation of title and abstract, 236 articles were excluded because of being irrelevant or duplicate. Among the remaining 63 articles, 19 were further removed due to lack of the essential data about survival outcome. In addition, There were one article⁴⁷ investigated in two different types of intrahepatic cholangiocarcinoma and another one⁵⁰ investigated in two independent patient cohorts, so we considered the data from these studies as an individual separately. Finally, a total of 44 articles including 55 studies were included in the meta-analysis.

The main characteristics of the eligible studies are summarized in Table 1. All of the 55 studies were retrospective in design. The studies enrolled 6,675 cases (ranged from 19 to 487 per study) from the United States, Sweden, China, the United Kingdom, Italy, Spain, Korea, Brazil, Finland, France, Germany and Japan, which evaluated a wide range of carcinomas, including 14 for digestive cancer, 6 for osteosarcoma, 5 for squamous cell carcinoma of the head, 5 for gynecologic cancer, 5 for bladder cancer, 3 for hepatobiliary cancer, 2 for lung cancer, 3 for soft tissue sarcomas and 10 for "other cancers". Thirty-six studies comprising 5,456 cases reported HRs for OS, 10 studies comprising 1,709 cases for DFS and 9 studies comprising 1,416 cases for DSS/MFS. Tissue samples with formalin-fixed and paraffin-embedded (FFPE) tissues were used in 37 studies, while 18 studies used tissue microarray (TMA). Immunohistochemical method was used in all studies. In addition, the standard of the cut-off values was no uniform in each study, with the values ranged from at least positive to >80% value.

Mata-analysis Results. The association between Ezrin expression and various cancers prognosis is illustrated in Fig. 1 and Fig. 2. Overall, elevated Ezrin expression had a worse outcome in cancer patients, with the pooled HRs of 1.86 (95% CI: 1.51–2.31, P < 0.001) for OS and 2.02 (95% CI: 1.13–3.63, P = 0.018) for DSS/MFS with a random model because of the significant heterogeneity ($I^2 = 77.7\%$, P < 0.001; $I^2 = 76.7\%$, P < 0.001, respectively). Additionally, high Ezrin expression was also correlated with DFS, with the pooled HR of 2.55 (95% CI: 2.14–3.05, P < 0.001) calculated by a fixed model because of the absence of heterogeneity ($I^2 = 15\%$, P = 0.305).

To explore the sources of heterogeneity, sub-group analysis for OS and DSS/MFS were conducted by the ethnicity, sample source and cancer types. The main results of this subgroup analysis for prognostic role of Ezrin in various tumors are shown in Table 2. In the ethnicity subgroup analyses, considerable heterogeneity was observed no matter the cancer patients were Asian or Caucasian for OS and DSS/MFS, the results showed that Ezrin over-expression reduced significantly the OS (HR = 2.21, 95% CI:1.72–2.83, P < 0.001) and DSS/MFS (HR = 4.18, 95%CI:1.60–10.95, P = 0.004) in Asian cancer patients, but not in Caucasian ones (HR = 1.41, 95%CI: 0.95–2.09, P = 0.092; HR = 1.40, 95%CI: 0.61–3.19, P = 0.426, respectively).

In the sub-group analyses based on sample source, the results demonstrated that high Ezrin expression had a worse prognosis for OS (HR = 2.32, 95% CI:1.84–2.92, P < 0.001) and DSS/MFS (HR = 3.82, 95% CI: 2.20–6.64, P < 0.001) from FFPE samples, but not those from TMA ones (HR = 1.02, 95% CI: 0.64–1.61, P = 0.947; HR = 1.12, 95% CI: 0.46–2.70, P = 0.806, respectively). However, we founded that there were a significant heterogeneity between the two kinds of samples whether they were for OS or for DSS/MFS.

In the stratified analyses according to cancer type, over-expression of Ezrin yielded a worse OS in digestive system cancers (HR = 1.93, 95% CI: 1.31–2.85, P = 0.001), HNSCC (HR = 2.54, 95% CI: 1.85–3.49, P < 0.001), gynecologic cancer (HR = 1.86, 95% CI: 1.10–3.15, P = 0.021), osteosarcoma (HR = 3.16, 95% CI: 1.90–5.26, P < 0.001), hepatobiliary cancer (HR = 1.80, 95% CI: 1.27–2.56, P = 0.001), NSCLC (HR = 1.97, 95% CI: 1.23–3.18, P = 0.005) and a worse DSS/MFS in digestive cancers (HR = 3.03, 95% CI: 3.01–4.56, P < 0.001). However, positive Ezrin expression was a predictor of good prognosis in bladder cancer for OS (HR = 0.49, 95% CI: 0.27–0.78, P = 0.004). Furthermore, we also performed sub-group analysis restricted to cancer type in different ethnicities for OS (Table 3), the results showed that Ezrin positive expression was associated with a poor prognosis of various tumors, especially HNSCC (HR = 2.80, 95% CI: 1.87–4.18, P < 0.001) and gynecologic cancer (HR = 2.73, 95% CI: 1.78–4.18, P < 0.001) among Asians (Fig. 3), with the exception of osteosarcoma (HR = 7.21, 95% CI: 0.65–80.17, P = 0.108). However, individuals elevating Ezrin expression had a significantly improved survival of bladder cancer (HR = 0.46, 95% CI: 0.27–0.78, P = 0.004) among Caucasians (Fig. 4).

Publication bias and sensitivity analysis. Both Begg's funnel plot and the Egger's test were performed to evaluate the publication bias of the inclusion studies. As shown in Fig. 5a–c, the shape of the funnel plots revealed no obvious asymmetry. And the *P* values of Egger's test for OS, DFS and DSS/MFS were 0.389, 0.597 and 0.743, respectively, indicating that there was no significant publication bias in the meta-analysis. Meanwhile, the sensitivity analysis was performed to measure the effects of each individual study on the pooled HRs for the OS, DFS or DSS/MFS by omitting studies, respectively. The results demonstrated that no individual study significant influenced the overall HR, as shown in Supplementary Figure S2a, Figure S2b and Figure S2c. This suggested that the results of the present meta-analysis are credible.

Sweden Sweden Sweden China China China China China UK and Italy	263 100 342 106 108 60 63	Bladder cancer Urothelial bladder cancer Urothelial bladder cancer PDAC NSCLC LSCC TSCC CRA	TMA TMA TMA TMA FFPE tissues FFPE tissues FFPE tissues FFPE	IHC IHC IHC IHC IHC IHC	112 59 120 136 73	≥10% >17.5% >27.5% >12.5% >25%	OS OS OS DSS OS	SC SC SC SC	0.43(0.24–1.32) 0.44(0.19–1.71) 0.50(0.35–1.93) 0.29(0.14–0.96)	NA 71.04(0.36-98.5) ≥60
Sweden China China China China China UK and	342 106 108 60 63	Dladder cancer Urothelial bladder cancer PDAC NSCLC LSCC TSCC	TMA TMA FFPE tissues FFPE tissues FFPE tissues	IHC IHC IHC	120 136 73	>27.5%	OS DSS	SC	0.50(0.35-1.93)	
China China China China China UK and	106 108 60 63	PDAC NSCLC LSCC TSCC	TMA FFPE tissues FFPE tissues FFPE tissues FFPE	IHC IHC	136 73	>12.5%	DSS			≥60
China China China China China UK and	108 60 63	NSCLC LSCC TSCC	FFPE tissues FFPE tissues FFPE tissues FFPE tissues	IHC	73			SC	0.29(0.14-0.96)	
China China China China China UK and	108 60 63	NSCLC LSCC TSCC	FFPE tissues FFPE tissues FFPE tissues	IHC		>25%	os			
China China China China UK and	60	LSCC	FFPE tissues		71			Reported	2.16(1.38-3.39)	NA
China China China UK and	63	TSCC	tissues FFPE	IHC		≥25%	OS	SC	2.17(0.92-4.09)	>60
China China UK and				I	45	≥50%	OS	SC	2.27(1.65-4.93)	58.1(26-83)
China UK and	186	CRA	tissues	IHC	34	>30%	OS	SC	3.56(1.44-6082)	NA
UK and			FFPE tissues	IHC	114	at least moderate	OS	Reported	0.56(0.40-0.78)	60
	107	brain astrocy- tomas	FFPE tissues	IHC	96	≥50%	DFS	SC	4.03(2.49-8.32)	2-56
	76	CAV	FFPE tissues	IHC	42	at least positive	OS	Reported	15.22(1.98-117.03)	median 20 m
China	51	Early-stage cervical cancer	FFPE tissues	IHC	34	>25%	OS	SC	3.42(1.23-5.31)	
Spain	117	PTCLs	TMA	IHC	92	>80%	OS	SC	0.23(0.19-0.93)	23.44(0-150)
China	487	Breast cancer	FFPE tissues	IHC	74	≥75%	os	Reported	2.42(1.36-3.92)	64.8
			FFPE tissues	IHC		≥75%	DFS	Reported	2.55(2.13-2.99)	
USA	130	HNSCC	FFPE tissues	IHC	34	≥10%	os	Reported	4.10(1.40-12.60)	52.4
			FFPE tissues	IHC		≥10%	DSS	SC	3.96(1.57-7.03)	
Korea	112	NSCLC	FFPE tissues	IHC	33	at least positive	OS	Reported	1.85(1.05-3.62)	23(1-153)
China	216	LSCC	FFPE tissues	IHC	129	≥50%	os	Reported	3.58(1.45-8.87)	65(4-126)
Sweden	227	STS	TMA	IHC	110	at least positive	MFS	Reported	1.80(0.90-3.70)	48(12-228)
HongKong	150	Gastric cancer	TMA	IHC	117	at least moderate	OS	SC	2.64(1.27-4.19)	NA
Japan	41	ICC-Perihilar	FFPE tissues	IHC	20	>11%	os	SC	1.37(0.57-2.26)	37.56
Japan	69	ICC-Peripheral	FFPE tissues	IHC	14	>11%	os	SC	2.13(0.88-3.58)	37.56
China	200	nasopharyngeal carcinoma	FFPE tissues	IHC	134	at least moderate	os	SC	3.43(1.99-6.37)	76.8(10.3–117.5)
China	75	SACC	FFPE tissues	IHC	23	at least intense	OS	SC	2.90(1.44-5.85)	99.37(52–138)
Brazil	250	CRA	TMA	IHC	21	at least moderate	OS	SC	1.76(1.26-2.44)	NA
China	436	Gastric cancer	TMA	IHC	236	at least moderate	OS	SC	2.56(2.14-4.18)	>60
Finland	76	Rectal cancer	FFPE tissues	IHC	33	at least moderate	DFS	SC	3.95(1.20-5.41)	40(2-113)
			FFPE tissues	IHC		at least moderate	DSS	SC	3.07(2.48-6.55)	
China	307	ESCC	TMA	IHC	240	at least moderate	os	Reported	1.62(1.12-2.34)	NA
Brazil	34	osteosarcomas	FFPE tissues	IHC	26	≥50%	os	AP/ED	2.45(0.79-3.11)	27.4(9-69)
	China Sweden HongKong Japan Japan China China Brazil China Finland China	China 216 Sweden 227 HongKong 150 Japan 41 Japan 69 China 200 China 75 Brazil 250 China 436 Finland 76 China 307	China 216 LSCC Sweden 227 STS HongKong 150 Gastric cancer Japan 41 ICC-Perihilar Japan 69 ICC-Peripheral China 200 nasopharyngeal carcinoma China 75 SACC Brazil 250 CRA China 436 Gastric cancer Finland 76 Rectal cancer China 307 ESCC	China 216 LSCC FFPE tissues Sweden 227 STS TMA HongKong 150 Gastric cancer TMA Japan 41 ICC-Perihilar FFPE tissues Japan 69 ICC-Peripheral FFPE tissues China 200 nasopharyngeal carcinoma FFPE tissues China 75 SACC FFPE tissues Brazil 250 CRA TMA China 436 Gastric cancer TMA China 436 Gastric cancer TMA Finland 76 Rectal cancer FFPE tissues China 307 ESCC TMA	China 216 LSCC FFPE tissues IHC Sweden 227 STS TMA IHC HongKong 150 Gastric cancer TMA IHC Japan 41 ICC-Perihilar FFPE tissues IHC Japan 69 ICC-Peripheral FFPE tissues IHC China 200 nasopharyngeal carcinoma FFPE tissues IHC China 75 SACC FFPE tissues IHC Brazil 250 CRA TMA IHC China 436 Gastric cancer TMA IHC Finland 76 Rectal cancer FFPE tissues IHC China 307 ESCC TMA IHC Require 34 octaos recovery	China 216 LSCC FFPE tissues IHC 129 Sweden 227 STS TMA IHC 110 HongKong 150 Gastric cancer TMA IHC 117 Japan 41 ICC-Perihlar FFPE tissues IHC 20 Japan 69 ICC-Peripheral tissues IHC 14 China 200 nasopharyngeal carcinoma FFPE tissues IHC 134 China 75 SACC FFPE tissues IHC 23 Brazil 250 CRA TMA IHC 21 China 436 Gastric cancer TMA IHC 236 Finland 76 Rectal cancer FFPE tissues IHC 33 China 307 ESCC TMA IHC 240	China 216 LSCC FFPE tissues IHC 129 ≥50% Sweden 227 STS TMA IHC 110 at least positive HongKong 150 Gastric cancer TMA IHC 117 at least moderate Japan 41 ICC-Perihilar FFPE tissues IHC 20 >11% Japan 69 ICC-Peripheral tissues IHC 14 >11% China 200 nasopharyngeal carcinoma FFPE tissues IHC 134 at least moderate China 75 SACC FFPE tissues IHC 23 at least moderate Brazil 250 CRA TMA IHC 21 at least moderate China 436 Gastric cancer TMA IHC 236 at least moderate Finland 76 Rectal cancer FFPE tissues IHC 33 at least moderate China 307 ESCC TMA IHC 240 at least moderate	China 216 LSCC FFPE tissues IHC 129 ≥50% OS Sweden 227 STS TMA IHC 110 at least positive MFS HongKong 150 Gastric cancer TMA IHC 117 at least moderate OS Japan 41 ICC-Perihlar FFPE tissues IHC 20 >11% OS Japan 69 ICC-Peripheral FFPE tissues IHC 14 >11% OS China 200 nasopharyngeal carcinoma FFPE tissues IHC 134 at least moderate OS China 75 SACC FFPE tissues IHC 23 at least moderate OS Brazil 250 CRA TMA IHC 21 at least moderate OS China 436 Gastric cancer TMA IHC 33 at least moderate DFS Finland 76 Rectal cancer FFPE tissues IHC 33 at least moderate DFS China 307 ESCC TMA<	China 216 LSCC FFPE tissues IHC 129 ≥50% OS Reported Sweden 227 STS TMA IHC 110 at least positive MFS Reported HongKong 150 Gastric cancer TMA IHC 117 at least moderate OS SC Japan 41 ICC-Perihilar FFPE tissues IHC 20 >11% OS SC Japan 69 ICC-Peripheral FFPE tissues IHC 14 >11% OS SC China 200 nasopharyngeal carcinoma FFPE tissues IHC 134 at least moderate OS SC China 75 SACC FFPE tissues IHC 23 at least moderate OS SC Brazil 250 CRA TMA IHC 21 at least moderate OS SC China 436 Gastric cancer FFPE tissues IHC 33 at least moderate DFS SC Finland 76 Rectal cancer FFPE tissues <td> China 216</td>	China 216

Author	Year	Origin of population	No. of patients	Туре	Sample source	Assay	Positive(n)	Cut-off	Survival analysis	HR estimation	HR(95%)	follow-up (months)
Huang 2010 Taiwan	Taiwan	74	Myxofibrosar- comas	TMA	IHC	35	at least moderate	DSS	SC	3.89(2.04-7.85)	53.7	
				TMA	IHC		at least moderate	MFS	SC	2.11(1.36-3.02)		
Kang 2010 Kor	Korea	100	Hepatocellular carcinoma	FFPE tissues	IHC	28	>10%	OS	Reported	1.91(1.16-3.13)	82(41-162)	
				FFPE tissues	IHC		>10%	DFS	Reported	1.47(0.91-2.38)		
Wei	2009	Taiwan	347	GISTs	TMA	IHC	229	≥50%	DFS	Reported	2.36(1.25-4.45)	36.6(1-235)
Palou	2009	Spain	92	Bladder tumors	TMA	IHC	12	>20%	DSS	SC	0.27(0.11-0.89)	90.5(3-173)
Kim	Kim 2009 Korea	Korea	70	osteosarcoma	FFPE tissues	IHC	39	>10%	OS	SC	2.52(1.19-4.41)	59.9
					FFPE tissues	IHC		>10%	DFS	SC	2014(1.12-4.09)	
Gao	2009	China	193	ESCC	FFPE tissues	IHC	90	≥50%	OS	SC	1.83(1.01-3.33)	65(4-126)
Elzagheid	2008	Finland	74	Colorectal cancer	FFPE tissues	IHC	61	at least moderate	DSS	SC	2.93(1.10-4.98)	30.8(4.7-149.8)
Ferrari	2008	Italy	95	osteosarcomas	FFPE tissues	IHC	76	at least positive	DFS	SC	2.95(1.24-6.55)	47(10–115)
Fauceglia	2007	USA	108	HNSCC	TMA	IHC	93		DFS	AP/DE	3.04(0.83-5.88)	
Kim	Kim 2007	Korea	64	osteosarcomas	FFPE tissues	IHC	33	at least positive	OS	Reported	30.30(4.00-228.30)	78.2(12–137)
					FFPE tissues			at least positive	MFS	Reported	35.90(4.80-268.50)	
Salas	Salas 2007 Fran	France	37	osteosarcomas	FFPE tissues	IHC	23	>1%	OS	SC	3.23(2.28-5.93)	54(10-150)
					FFPE tissues	IHC		>1%	EFS	SC	2.24(1.35-4.22)	
Madan	2006	USA	40	HNSCC	FFPE tissues	IHC	19	≥10%	OS	Reported	1.82(1.00-3.20)	41.2(1-128)
Köbel	2006	Germany	164	Endormetrioid carcinomas	FFPE tissues	IHC	83	at the median	OS	SC	2.23(1.04-4.28)	57.4(0.13-93.4)
Köbel	2006	Germany	105	ovarian carci- noma	FFPE tissues	IHC	51	at least moderate	OS	SC	1.97(1.19-3.42)	37.3(1.13–96.5)
Weng	2005	Sweden	50	STS	FFPE tissues	IHC	25	>1%	OS	SC	2.59(1.52-4.23)	90(50-134)
Yeh	2005	Taiwan	84	Pancreatic cancer	FFPE tissues	IHC	49	at least moderate	OS	SC	2.17(1.18-3.96)	NA
Khanna	2004	USA	19	osteosarcomas	TMA	IHC	9		DFS	SC	3.92(1.84-8.27)	NA
Moilanen	2003	Finland	440	ovarian carci- noma	TMA	IHC	318	≥10%	OS	SC	0.58(0.44-1.87)	152.4
Mäkitie	2001	Finland	130	Uveal Malignant Melanoma	FFPE tissues	IHC	83	at least positive	OS	Reported	1.71(0.90-3.23)	264(216-312)

Table 1. Main characteristics of the eligible studies included in the meta-analysis. TSCC: tongue squamous cell carcinoma; CRA: colorectal adenocarcinoma; SACC: Salivary gland adenoid cystic carcinoma; CAV: cancer of the ampulla of Vater; PDAC: pancreatic ductal adenocarcinoma; NSCLC: nonsmall cell lung cancer; STS: soft tissue sarcomas; LSCC: laryngeal Squamous Cell Carcinoma; TSCC: tTongue squamous cell carcinoma; CRA: colorectal adenocarcinoma; CAV: cancer of the ampulla of Vater; PTCLs: peripheral T-cell lymphomas; HNSCC: squamous cell carcinoma of the head and neck; ICC: intrahepaticcholangiocarcinoma; SACC: salivary gland adenoid cystic carcinoma; ESCC: esophageal Squamous Cell Carcinoma; GISTs: gastrointestinal stromal tumors; FFPE: formalin-fixed, paraffin-embedded; TMA: tissue microarray; IHC: immunohistochemistry; HR: hazard ratio; OS: overall survival; DFS: disease-free survival; DSS: disease-specific survival; MFS: metastasis-free survival; SC: survival curve; AP:author provided; DE: data-extrapolated; NA: not available.95% CI: 95% confidence interval;

Discussion

Ezrin, the most important member of the Ezrin/radixin/moesin (ERM) family, is mainly expressed in a variety of malignant tissues which originate from epithelial or non-epithelial cells⁵⁵. Generally, Ezrin is mainly distributed in the cytoplasm with an inactive form, Once activated by threonine and tyrosine phosphorylation, Ezrin would transform into a special active form⁵⁶. The basic biological function of Ezrin is to link transmembrane proteins to actin cytoskeleton^{57,58}. In addition to acting as a cross-linker, Ezrin is involved in transmission of signals in response to extracellular cues^{59,60}. The biological pathways associated with Ezrin include protein kinase C, Rho-kinase, NF-kB, PI3 kinase/Akt and so on⁶¹. Moreover, as a metastasis-related oncogene, Ezrin also participate in modulating multiple cellular processes⁶², including the formation of microvilli⁶³, maintenance of cell shape⁶⁴, cell-cell adhesion⁶⁵, cell motility and invasion⁶⁶. Hence, it seems that Ezrin might play an important role in the development of cancer. There is growing evidence that Ezrin expression level is associated with tumor progression and dissemination⁶⁷. Numerous epidemiological studies have also assessed the correlation of high Ezrin expression and poor outcome in cancer patients so far, such as digestive system cancer¹⁶⁻²⁵, osteosarcoma^{26-31,79,80}, HNSCC³²⁻³⁶, gynecologic cancer³⁷⁻³⁹, hepatobiliary cancer^{43'} and so on. However, the results about the prognostic value of Ezrin expression in cancer patients remain inconsistent. Some studies reported that up-regulated Ezrin was a negative prognostic factor for survival for cancer patients¹⁵⁻⁴⁶, However, other studies showed an opposite result^{48,50–52,78}. To resolve the conflicting issues, we performed a systematic review and meta-analysis on the association between Ezrin expression and prognostic value in cancer patients.

As the first qualitative analysis of Ezrin expression related to survival outcome of various tumors, Han *et al.*⁶⁸ retrieved 29 studies and found that over-expression of Ezrin might be associated with worse prognosis. However, the number of inclusion studies in the analysis was not relatively enough and at least 26 eligible studies were not included in the above meta-analysis, of which 8 studies about osteosarcomas were absolutely not included. Furthermore, the data reported by Han *et al.*⁶⁸ for the study by Jörgren *et al.*⁶⁹ were inconsistent with the data and the conclusion provided by Jörgren *et al.*⁶⁹ in their original article. The HR value reported by Han *et al.*⁶⁸ for OS is 1.89 (95% CI = 1.16–3.10), this suggested that high Ezrin expression was associated with worse prognosis in rectal cancer patients. But after carefully studying the data presented by Jörgren *et al.*⁶⁹, we found Jörgren *et al.*⁶⁹ just provided HR value about LR (local recurrence), not about OS. Moreover, the conclusion by Jörgren *et al.*⁶⁹ showed that Ezrin expression had no impact on overall survival of patients with rectal cancer. Therefore, the conclusion by Han *et al.*⁶⁸ was still being debated and uncertain. In view of this, we performed this updated meta-analysis including 44 articles with 55 studies and elucidated that the high Ezrin expression was significantly associated with poor OS, DFS and DSS/MFS in cancer patients.

This meta-analysis was performed according to the guidelines and recommendations for improving the quality of reporting of medical research such as REMARK⁷⁰ and PRISMA⁷¹. Estimation of HR using multivariate proportional hazards model was used to evaluate the prognostic significance between ezrin expression and survival outcomes in each study, variables entered into the multivariate analysis mainly included Age, Gender, Tumor size, Tumor grade, TNM tumor stage, Lymph node metastasis, Ezrin expression. These positive factors contributed to the strengths of this meta-analysis.

The evidence included in the present meta-analysis indicated Ezrin expression as a poor prognostic marker in a variety of tumors. However, it should be noted that there are some limitations to the analyses presented here. First, because the number of prognostic studies dealing with each type of cancers was ≤5, the results of the particular carcinomas might be less powerful. Second, English articles were only recruited, and language bias might exist. Third, some HRs were calculated indirectly by the data extracted from the literature, however, these data were less reliable than direct data from the original literature. Fourth, different cutoffs used to assess high Ezrin level in the studies might also have contributed to the heterogeneity, because there is not a standard cutoff value of Ezrin level for increased survival risk. Fifth, significant heterogeneity existed in between studies, even though we calculated the pooled subgroup data with random-effects models. The heterogeneity in these studies could be attributed to the differences by different population characteristics or study designs. In addition, different sample types could also explained the heterogeneity, because tissue microarray (TMA) probably obtained more false-negative cases than the whole section. Finally, some inevitable publication bias might exist in the literature-based analysis, because more positive results tended to be published, thus potentially exaggerating the association between Ezrin expression and poor outcomes. Moreover, because all of the included studies were retrospective, which may have also introduced reporting bias. Therefore, our findings should be interpreted with caution.

In summary, our meta-analysis has demonstrated that the high Ezrin expression is significantly associated with poor survival in cancer patients. However, our results should be also considered cautiously for the above reasons. Further multicenter prospective studies and large clinical investigations should be conducted to validate the prognostic value of Ezrin in various tumors.

Methods

Search strategy. Guided by the guidelines of the Meta-analysis of Observational Studies in Epidemiology group (MOOSE), we carried out the meta-analysis⁷². A comprehensive search for all relevant articles published until 31 January 2015 that assessed on the prognostic value of Ezrin in various

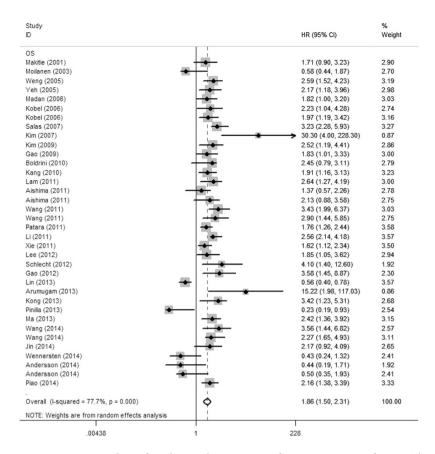


Figure 1. Forrest plots of studies evaluating HRs of Ezrin expression for OS. The squares and horizontal lines correspond to the study-specific HR and 95% CI. The area of the squares reflects the study-specific weight (inverse of the variance). The diamonds represent the pooled HR and 95% CI.

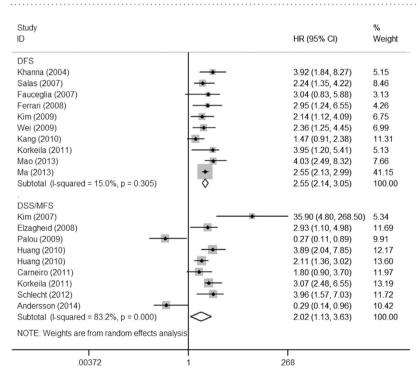


Figure 2. Forrest plots of studies evaluating HRs of Ezrin expression for DFS and DSS/MFS. The squares and horizontal lines correspond to the study-specific HR and 95% CI. The area of the squares reflects the study-specific weight (inverse of the variance). The diamonds represent the pooled HR and 95% CI.

					Heterogeneity		
Outcome	Variables	No. of studies	Model	Pooled HR(95%)	I ² (%)	Pvalue	
os		36	Random	1.86(1.51-2.31)	77.70%	0.000	
	Cancer type						
	Digestive system cancer	10	Random	1.93(1.31-2.85)	84.70%	0.000	
	HNSCC	5	Fixed	2.54(1.85-3.49)	0%	0.489	
	Gynecologic cancer	5	Random	1.86(1.10-3.15)	71.10%	0.000	
	Osteosarcoma	4	Random	3.16(1.90-5.26)	47.60%	0.026	
	Hepatobiliary cancer	3	Fixed	1.80(1.27-2.56)	0%	0.644	
	Bladder cancer	3	Fixed	0.49(0.27-0.78)	0%	0.967	
	NSCLC	2	Fixed	1.97(1.23-3.18)	0%	0.747	
	Other	4	Random	1.41(0.51-3.91)	90.80%	0.000	
	Ethnicity						
	Caucasian	15	Random	1.41(0.95-2.09)	81.30%	0.000	
	Asian	21	Random	2.21(1.72-2.83)	74.80%	0.000	
	Sample source						
	FFPE	26	Random	2.32(1.84-2.92)	71.20%	0.000	
	TMA	10	Random	1.02(0.64-1.61)	85.50%	0.000	
DFS		10	Fixed	2.55(2.14-3.05)	15.00%	0.305	
	Cancer type						
	Osteosarcoma	4	Fixed	2.60(1.90-3.65)	0%	0.605	
	Digestive system cancer	2	Fixed	2.92(1.80-4.75)	4.80%	0.305	
	Other	4	Random	2.48(1.70-3.60)	58.90%	0.063	
	Ethnicity						
	Caucasian	5	Fixed	3.02(2.17-4.20)	0%	0.734	
	Asian	5	Random	2.37(2.14-3.05)	45.60%	0.119	
	Sample source						
	FFPE	7	Random	2.49(1.97-3.15)	33.90%	0.169	
	TMA	3	Fixed	2.94(1.90-4.54)	0%	0.598	
DSS/MFS		9	Random	2.02(1.13-3.63)	83.20%	0.000	
	Cancer type						
	Digestive system cancer	2	Fixed	3.03(2.01-4.56)	0%	0.919	
	Bladder cancer	2	Random	0.73(0.11-4.65)	88.50%	0.003	
	Soft tissue sarcomas	3	Random	1.43(0.45-4.57)	89.60%	0.000	
	Other	2	Random	9.71(1.16-81.04)	75.30%	0.044	
	Ethnicity						
	Caucasian	6	Random	1.40(0.61-3.19)	86.40%	0.000	
	Asian	3	Random	4.18(1.60-10.95)	77.60%	0.000	
	Sample source						
	FFPE	4	Random	3.82(2.20-6.64)	47.70%	0.125	
	TMA	5	Random	1.12(0.46-2.70)	87.40%	0.000	

Table 2. Results of meta-analysis for Ezrin on prognostic effect in cancer patients. Random-effects model was used when p-value for heterogeneity test < 0.05; otherwise, fixed-model was used. I^2 the percentage of variability in HR attributable to heterogeneity. Abbreviations: HNSCC: squamous cell carcinoma of the head and neck; NSCLC: nonsmall cell lung cancer; FFPE: formalin-fixed, paraffinembedded; TMA: tissue microarray.

cancers was performed. The PubMed and EMBASE databases were retrieved with the following search terms or keywords: "Ezrin", "prognosis OR prognostic OR survival OR outcome" and "cancer OR tumor OR carcinoma OR neoplasm". Human studies were only restricted in this search. In addition, we also manually reviewed the references of relevant articles to obtain additional findings.

	No. of			Heterogeneity		
os	studies	Model	Pooled HR(95%)	I ² (%)	Pvalue	
Asian	21	Random	2.21(1.72-2.83)	74.80%	0.000	
Digestive system cancer	8	Random	1.83(1.17-2.88)	87.0%	0.000	
HNSCC	3	Fixed	2.80(1.87-4.18)	0%	0.545	
Gynecologic cancer	2	Fixed	2.73(1.78-4.18)	0%	0.453	
Osteosarcoma	2	Random	7.21(0.65-80.17)	81.0%	0.022	
Hepatobiliary cancer	3	Fixed	1.80(1.27-2.56)	0%	0.644	
NSCLC	2	Fixed	1.97(1.23-3.18)	0%	0.747	
Other	1	_	3.43(1.92-6.14)	_	_	
Caucasian	15	Random	1.41(0.95-2.09)	81.30%	0.000	
Digestive cancer	2	Random	4.05(0.52-31.77)	76.10%	0.041	
HNSCC	2	Fixed	2.38(1.13-5.02)	39.00%	0.200	
Gynecologic cancer	3	Random	1.39(0.63-3.06)	77.40%	0.012	
Osteosarcoma	2	Fixed	2.95(1.99-4.37)	0%	0.517	
Bladder cancer	3	Fixed	0.46(0.27-0.78)	0%	0.967	
Other	3	Random	1.04(0.28-3.90)	92.20%	0.000	

Table 3. Stratified analyses of Ezrin on overall survival in cancer patients among Asians and Caucasians. Random-effects model was used when p-value for heterogeneity test < 0.05; otherwise, fixed-model was used. I^2 the percentage of variability in HR attributable to heterogeneity. Abbreviations: HNSCC: squamous cell carcinoma of the head and neck; NSCLC: nonsmall cell lung cancer.

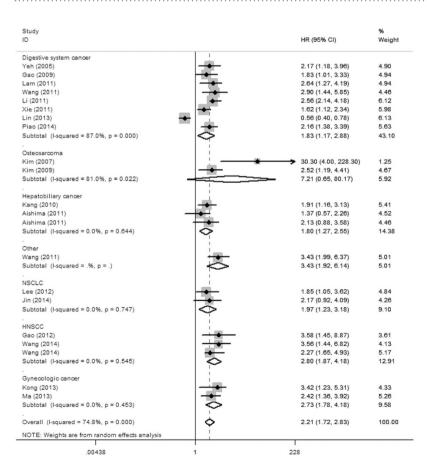


Figure 3. Forest plot of overall survival associated with Ezrin in cancer patients among Asians.

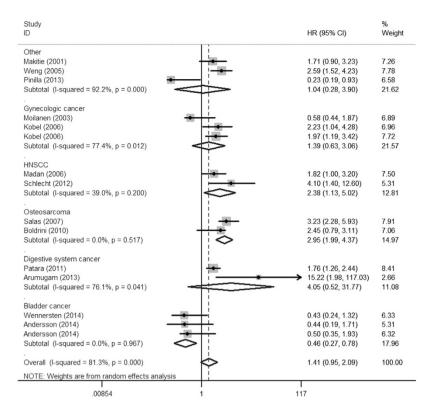


Figure 4. Forest plot of overall survival associated with Ezrin in cancer patients among Caucasians.

Inclusion and Exclusion Criteria. In this meta-analysis, the candidate studies were recruited according to the following criteria: (i) studied the patients who suffering from any type of cancers; (ii) evaluated Ezrin expression using Immunohistochemical method; (iii) assessed the correlation between Ezrin expression level and clinical outcome; and (iv) English articles. Articles were excluded based on any of the following criteria: (i) reviews, letters, comments, conference abstracts, or laboratory articles; (ii) articles not in English; (iii) absence of key information, such as HR, 95% CI, and *P* value, or useful data for calculation established by *Parmar*, *Williamson*, and *Tierney*^{73–75}; and (iv) overlapping studies. The most recent or complete studies were selected if the same patient cohort was utilized in different articles. Full manuscript was available after examining the abstract if any doubt of suitability remained as well.

Quality Assessment. According to a critical review checklist of the Dutch Cochrane Centre proposed by MOOSE, we strictly assessed the quality of all the studies included⁷²: (i) a detailed description about study population and origin of country; (ii) a definite description of the study design; (iii) a definite type of carcinoma; (iv) a definite description of outcome assessment; (v) a definite measurement method of Ezrin and (vi) a definite cut-off of Ezrin. Otherwise, We would exclude the studies in order to ensure the quality of the meta-analysis.

Data Extraction and Conversion. Two reviewers extracted the required information from all eligible studies independently. The extracted data included the following elements: the first author's name, publication year, country of origin, sample size, tumor type, Ezrin measurement method, cut-off value, follow-up duration, the HRs of Ezrin for OS, DFS or DSS/MFS, as well as their 95% CIs and *P* values. Multivariate Cox proportional hazards regression analysis was used in the present analysis. If the HR and its 95% CI were not available directly, they were calculated from the corresponding data or Kaplan-Meier curves provided in the articles using the method reported previously⁷⁵.

Statistical analysis. All these HRs and the corresponding 95% CIs were calculated to combine the pooled data following *Tierney*'s method⁷⁵. A test of heterogeneity of combined HRs was performed using Cochran's Q test and Higgin's I^2 statistics I^6 . A I^6 value I^6 value I^6 statistics I^6 indicated significant heterogeneity, a random-effect model was used to calculate the pooled HR; otherwise, the fixed-effect model was used. Generally, pooled HR of I^6 was assumed to indicate a significant association with worse prognosis and was interpreted as statistically significant if the 95% CI for the pooled HR did not overlap one. Sensitivity analysis was carried out by removing each study at a time to evaluate the stability of the results. Publication bias was analyzed by performing funnel plots qualitatively, and estimated by Begg's

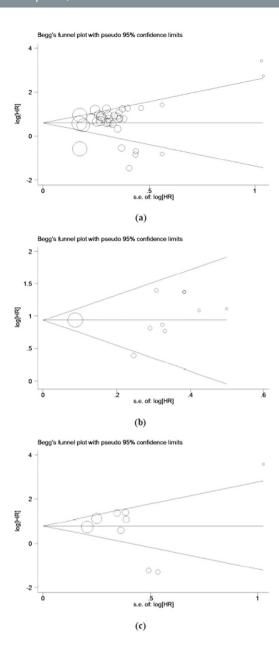


Figure 5. Begg's funnel plots for publication bias test of OS (a), DFS (b) and DSS/MFS (c).

and Egger's test quantitatively. Two sided P < 0.05 was considered statistically significant⁷⁷. All analyses used in the meta-analysis were performed by SPSS version 13.0 and STATA version 12.0 (Stata Corp., College Station, TX, USA).

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Author Contributions

Conceived and designed the study: K.H.W. and J.W.L.; Performed the experiments: H.L.Y., G.W. and B.Y.; Contributed material/analysis tools: J.W.L., H.L.Y., D.J., G.W. and B.Y.; Analyzed the data: J.W.L., K.H.W. and H.L.Y.; Statistical analyses: D.J., G.W. and B.Y.; Writing of manuscript: J.W.L. and K.H.W.; Preparation of tables and figures: H.L.Y., D.J., G.W. and B.Y.; All authors reviewed the manuscript.

Additional Information

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