

THE DISTILLERY

This week in techniques

Approach	Summary	Licensing status	Publication and contact information
Assays & screens			
Plasma lipid signature to identify presymptomatic individuals that may progress to Alzheimer's disease (AD)	Clinical data suggest plasma lipids could help identify presymptomatic individuals who will develop AD or mild cognitive impairment (MCI). The 5-year study included 46 patients who already had AD or MCI, 28 initially unaffected individuals who were diagnosed with AD or MCI during the study and 73 unaffected age-matched controls. In plasma samples from the participants, lipidomics analysis identified a panel of 8 phosphatidylcholines and 2 acylcarnitines that predicted the conversion of unaffected patients to diagnosis with AD or MCI with 90% sensitivity and 90% specificity. A forthcoming manuscript will report the results of transcriptomic and genomic analyses of plasma samples from the same cohort.	Patented by the University of Rochester and Georgetown University; unlicensed	Mapstone, M. <i>et al. Nat. Med.</i> ; published online March 9, 2014; doi:10.1038/nm.3466 Contact: Howard J. Federoff, Georgetown University, Washington, D.C. e-mail: hjf8@georgetown.edu

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