



OPEN

Galanin receptor 3 attenuates inflammation and influences the gut microbiota in an experimental murine colitis model

Susanne M. Brunner^{1✉}, Florian Reichmann², Julia Leitner¹, Soraya Wölfl³, Stefan Bereswill⁴, Aitak Farzi², Anna-Maria Schneider⁵, Eckhard Klieser⁶, Daniel Neureiter⁶, Michael Emberger³, Markus M. Heimesaat⁴, Daniel Weghuber⁵, Roland Lang⁷, Peter Holzer² & Barbara Kofler¹

The regulatory (neuro)peptide galanin and its three receptors (GAL₁₋₃R) are involved in immunity and inflammation. Galanin alleviated inflammatory bowel disease (IBD) in rats. However, studies on the galanin receptors involved are lacking. We aimed to determine galanin receptor expression in IBD patients and to evaluate if GAL₂R and GAL₃R contribute to murine colitis. Immunohistochemical analysis revealed that granulocytes in colon specimens of IBD patients (Crohn's disease and ulcerative colitis) expressed GAL₂R and GAL₃R but not GAL₁R. After colitis induction with 2% dextran sulfate sodium (DSS) for 7 days, mice lacking GAL₃R (GAL₃R-KO) lost more body weight, exhibited more severe colonic inflammation and aggravated histologic damage, with increased infiltration of neutrophils compared to wild-type animals. Loss of GAL₃R resulted in higher local and systemic inflammatory cytokine/chemokine levels. Remarkably, colitis-associated changes to the intestinal microbiota, as assessed by quantitative culture-independent techniques, were most pronounced in GAL₃R-KO mice, characterized by elevated numbers of enterobacteria and bifidobacteria. In contrast, GAL₂R deletion did not influence the course of colitis. In conclusion, granulocyte GAL₂R and GAL₃R expression is related to IBD activity in humans, and DSS-induced colitis in mice is strongly affected by GAL₃R loss. Consequently, GAL₃R poses a novel therapeutic target for IBD.

Neurogenic and inflammatory factors interactively contribute to the pathogenesis of inflammatory bowel diseases (IBDs) like Crohn's disease (CD) or ulcerative colitis (UC)¹⁻⁴. Consequently, neuropeptides play a key role in modulating disease activity^{3,4}. The regulatory (neuro)peptide galanin is widely distributed in the nervous system and is expressed by non-neuronal tissues. Galanin, a 29 amino acid peptide (30 aa in humans) derived from a larger precursor peptide (ppGAL) by proteolytic cleavage, mediates its effects via three G protein-coupled receptors (GAL₁₋₃R)⁵. They differ in their distribution pattern, functional coupling and signaling pathways. GAL₁R and GAL₃R predominantly couple to G_{i/o}, leading to a reduction of cAMP and inactivation of protein kinase A (PKA). GAL₂R signals via multiple classes of G proteins, preferentially via G_{q/11}, resulting in the activation of protein kinase C (PKC)⁵. PKA and PKC regulate immune cell functions^{6,7}. Importantly, we and others observed expression of galanin and galanin receptors (GALRs) in different immune cells, including neutrophils, natural

¹Research Program for Receptor Biochemistry and Tumor Metabolism, Department of Pediatrics, University Hospital of the Paracelsus Medical University, Muellner Hauptstr. 48, 5020 Salzburg, Austria. ²Research Unit of Translational Neurogastroenterology, Division of Pharmacology, Otto Loewi Research Center, Medical University of Graz, Universitätsplatz 4, 8010 Graz, Austria. ³Laboratory for Pathology Weger, Emberger, Strubergasse 20, 5020 Salzburg, Austria. ⁴Institute of Microbiology, Infectious Diseases and Immunology, Charité – University Medicine Berlin, Garystr. 5, 14195 Berlin, Germany. ⁵Department of Pediatrics, University Hospital of the Paracelsus Medical University, Muellner Hauptstr. 48, 5020 Salzburg, Austria. ⁶Institute of Pathology, University Hospital of the Paracelsus Medical University, Muellner Hauptstr. 48, 5020 Salzburg, Austria. ⁷Department of Dermatology and Allergology, University Hospital of the Paracelsus Medical University, Muellner Hauptstr. 48, 5020 Salzburg, Austria. ✉email: su.brunner@salk.at

killer (NK) cells, monocytes, macrophages, B and T cells^{8–12}. Accordingly, galanin potently modulates neutrophil, NK cell, monocyte and macrophage functions in vitro^{8–11}. Furthermore, GAL₃R is involved in inflammatory diseases in vivo, including experimental arthritis, psoriasis and pancreatitis^{13–15}.

Galanin-like immunoreactivity is found in enteric nerve bodies and fibers in all layers of the gut wall and at all levels of the gastrointestinal tract (GIT)^{16–20} with increased expression under inflammatory conditions^{21,22}. In the gut, galanin influences the release of neurohumoral substances, gut motility, smooth muscle contractility, fluid secretion and intestinal ion flux^{3,23}. In the colon, galanin-specific binding sites, indicating presence of GALRs, were found in the myenteric plexus²⁴, in smooth muscle cells and nerve fibers in the submucosal layer, but also in the lamina epithelialis mucosae lining the crypts²⁵. The density of galanin-specific binding sites in the colon remained unaffected by IBD²⁴. In the distal and proximal rat colon comparable GAL₁R and GAL₂R mRNA levels but low levels of GAL₃R were found²⁶. In contrast, only GAL₁R mRNA was detected in colonic cell lines and in epithelial cells of human colon^{27,28}. Weak positive immunohistochemical (IHC) staining of GAL₁R was observed in only few epithelial cells, but not in crypts. Interestingly, patients with diverse inflammatory diseases affecting the colon exhibited dramatically increased GAL₁R protein expression in colonic tissue, including crypts²⁷. Importantly, in rats with trinitrobenzenesulfonic acid (TNBS)-induced colitis, GALR agonism with galanin ameliorated the extent and severity of the colonic injury and reduced myeloperoxidase (MPO) activity, TNF α levels and nitric oxide production^{29,30}. In contrast, in dextran sodium sulfate (DSS)-induced colitis in mice, GALR inhibition with a non-selective GALR antagonist blunted colonic inflammation²². However, GAL₁R loss only affected colonic fluid secretion^{27,31–33} but not disease activity³³, indicating that GAL₁R might not play a central role in IBD pathophysiology. Yet, the GALR subtype mediating galanin-related effects on IBD has not been identified. Furthermore, data on protein expression of GAL₂R and GAL₃R in human colon were missing due to the lack of specific antibodies until recently.

Consequently, we hypothesized that colonic GALR expression might be altered during colitis and that colonic inflammation might be affected by GAL₂R or GAL₃R signaling. In this study we aimed to characterize GALR expression in the colon of healthy subjects and patients with CD and UC by IHC using carefully validated antibodies³⁴. Furthermore, we investigated the role of GAL₂R and GAL₃R in a mouse model of colitis by analyzing histologic damage to the colon and immune activation in wild-type (WT) and receptor knockout (KO) mice.

Moreover, there is growing awareness that the interplay between commensal bacteria and the innate immune response has a pivotal role in IBD³⁵ and influences disease susceptibility^{35,36}. Additionally, evidence has recently emerged that neuropeptides impact the gut microbiota³⁷. Therefore, we hypothesized that during colitis the gut microbiota might be altered in mice lacking GAL₂R or GAL₃R. Thus, we aimed to determine the composition of the intestinal microbiota in experimental animals following colitis induction.

Results

Granulocytes in colon tissue of CD and UC patients express galanin receptors 2 and 3. As the galanin system is involved in inflammatory processes, we hypothesized that the expression of GALRs is altered in IBD patients. IHC analysis revealed that colonocytes, goblet cells and epithelial cells of the colonic mucosa were negative for GALR staining, independent of diagnosis (data not shown). Positive staining for GAL₃R in colonic blood vessels was observed in 21 out of 24 subjects (Fig. S1), which was described previously in dermal vessels¹⁴. In the colonic mucosa of all subjects, single lymphocytes showing positive staining for all GALRs were found (data not shown). In IBD, active disease status is characterized by substantial infiltration by granulocytes into the mucosa. In our study cohort, 7 of 10 CD and 2 of 5 UC patients presented with active disease. Remarkably, weak to strong focal cytoplasmatic positivity for GAL₂R and weak positivity for GAL₃R but no positive staining for GAL₁R was observed in mucosal granulocytes of all patients with active disease. Interestingly, only a subset of granulocytes found in inflamed human colon was positive for GAL₂R (62.6% of neutrophils) or GAL₃R (38.9% of neutrophils) immunoreactivity (Fig. 1; Table 1). In colon specimens of healthy individuals (Fig. 1c,f,i) or patients with inactive disease (data not shown), no or only very few granulocytes were found.

DSS-induced colitis is exacerbated in GAL₃R-KO but not GAL₂R-KO mice. Because we found GAL₂R and GAL₃R to be expressed on granulocytes in colonic mucosa of IBD patients, we studied the progression of DSS-induced colitis in mice lacking GAL₂R or GAL₃R. These mouse lines were on different genetic backgrounds, C57BL/6J and C57BL/6N, respectively. Therefore, the course of colitis in GAL₂R-KO and GAL₃R-KO mice was analyzed only in comparison to the corresponding WT group.

The first evidence of an effect of GAL₂R or GAL₃R loss on colitis was revealed by changes in body weight following colitis induction with DSS. Interestingly, in GAL₃R-KO and corresponding WT mice, two-way ANOVA analysis of body weight data showed a significant interaction between genotype and treatment on treatment days 4 to 7 ($p < 0.05$; detailed F statistics are shown in Supplementary Table S5). Compared to untreated control mice, DSS treatment resulted in progressive loss of body weight that reached significance on treatment day 7 in treated GAL₃R-WT mice ($p = 0.025$) and on days 6 ($p < 0.001$) and 7 ($p < 0.001$) in DSS-treated GAL₃R-KOs. Weights of control animals did not differ between genotypes. Remarkably, GAL₃R-KOs with colitis lost significantly more body weight on treatment days 5, 6 and 7 than DSS-treated WT mice ($p < 0.05$). At day 7, GAL₃R-WT mice had lost 4.3% of their starting body weight, whereas GAL₃R-KOs had lost 11.3% ($p = 0.002$) (Fig. 2a). As expected, colitis induction resulted in reduced food consumption (main effect treatment, $p = 0.011$; Fig. 2g). Importantly, the exaggerated loss of body weight in GAL₃R-KOs was not caused by a stronger reduction in food intake. DSS-treated GAL₃R-WT and GAL₃R-KO mice consumed less food on treatment days 5–7 compared to day 1 ($p < 0.05$), with no difference between genotypes. Untreated mice consumed more food on day 2, and beyond that, the food intake remained constant over the 7-days treatment period (Fig. 2c). Furthermore, as the daily and

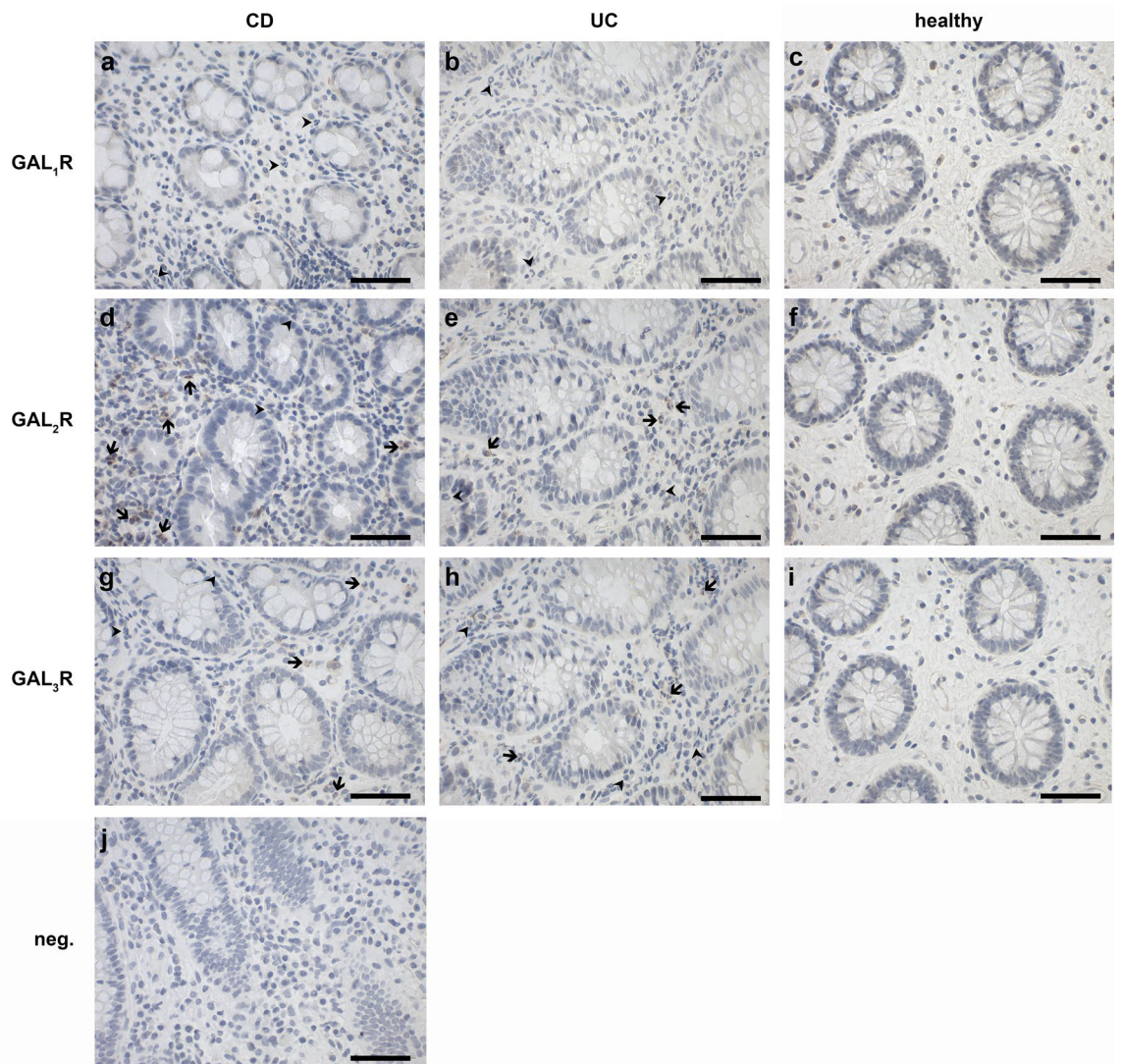


Figure 1. Representative images of IHC staining of human colon specimens of patients diagnosed with Crohn’s disease [CD; case 15 (a), case 16 (d), case 18 (g)] or ulcerative colitis [UC; case 25 (b, e, h)] and healthy individuals [case 9 (c, f, i)] for GAL₁R (a–c), GAL₂R (d–f) and GAL₃R (g–i). Arrowheads indicate GALR-negative and arrows GALR-positive granulocytes. A negative control with second antibody only is shown (j). Scale bar: 50 μm.

Disease group	Disease status (n)	GAL ₂ R ⁺ (%)	GAL ₃ R ⁺ (%)
IBD	Active (9)	62.7 ± 32.3	38.9 ± 24.7
	Non-active (6)	16.7 ± 40.8	16.7 ± 40.8
	All (15)	44.3 ± 41.7	30.0 ± 32.7
CD	Active (7)	72.3 ± 29.6	42.5 ± 27.2
	Non-active (3)	0	0
	All (10)	50.6 ± 42.5	29.7 ± 30.2
UC	Active (2)	28.8 ± 11.4	26.3 ± 6.1
	Non-active (3)	33.3 ± 57.7	33.3 ± 57.7
	All (5)	31.5 ± 41.3	30.5 ± 41.1

Table 1. Numbers (means ± SD in %) of GAL₂R- and GAL₃R-positive (GAL₂R⁺ or GAL₃R⁺) neutrophilic granulocytes in human colon specimen of patients diagnosed with Crohn’s disease (CD) or ulcerative colitis (UC).

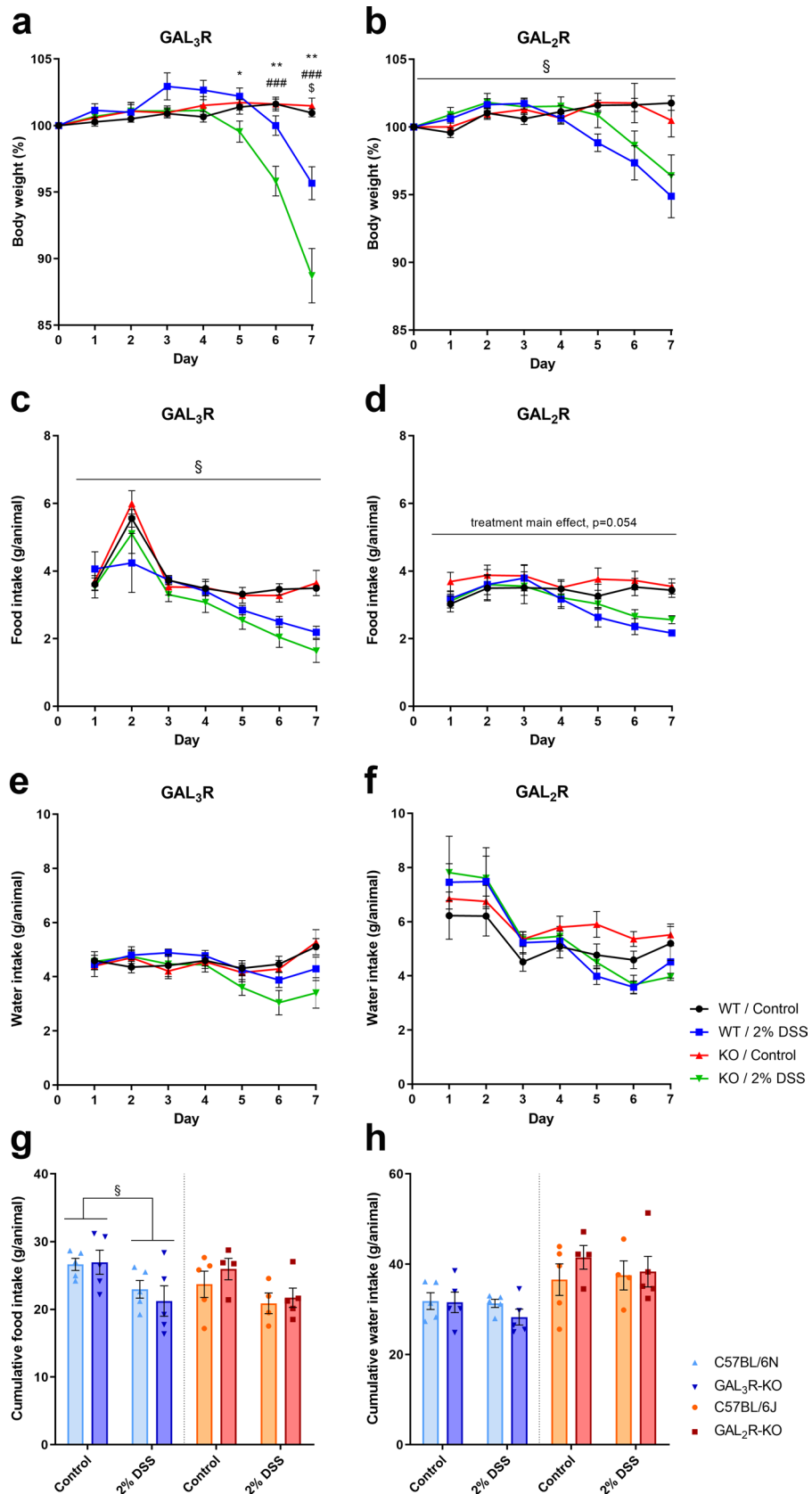


Figure 2. Body weight (% to starting weight) (a,b), food (c,d) and water intake (e,f) following colitis induction, as well as cumulative food (g) and water intake (h) in GAL₃R-KO (a,c,e,g,h), GAL₂R-KO (b,d,f,g,h) and corresponding WT mice. Data represent means ± SEM. n = 9–11. Data were analyzed by two-way RM or two-way ANOVA followed by appropriate post hoc tests. Main effect treatment, §p < 0.05; WT/Ctl versus WT/DSS, §p < 0.05; KO/Ctl versus KO/DSS, ###p < 0.001; WT/DSS versus KO/DSS, *p < 0.05; **p < 0.01.

cumulative water intake was independent of genotype or treatment, we can exclude the possibility that increased consumption of DSS-containing water contributed to the greater loss of body weight in GAL₃R-KOs (Fig. 2e,h).

In contrast, GAL₂R-KO mice exhibited a similar reduction in body weight compared to GAL₂R-WT mice in response to DSS over the 7-days treatment period (treatment main effect, $p=0.027$). Compared to baseline, DSS-treated GAL₂R-KO and GAL₂R-WT mice weighed less on treatment day 7 ($p=0.030$), while control mice gained weight which reached significance on days 2 ($p=0.048$) and 5 ($p=0.009$), independent of genotype (Fig. 2b). Daily food and water intake remained constant in untreated mice, with no difference between genotypes (Fig. 2d,f). GAL₂R-KO and GAL₂R-WT mice with colitis consumed less food on days 6 ($p=0.005$) and 7 ($p=0.003$) compared to day 1, independent of genotype (Fig. 2d). The cumulative food intake showed only a trend toward being reduced in DSS-treated mice compared to controls (main effect treatment, $p=0.054$) (Fig. 2g). Daily water intake was reduced in DSS-treated mice on treatment days 5 ($p=0.029$) and 6 ($p=0.011$) compared to day 1, independent of GAL₂R genotype (Fig. 2f). The cumulative water intake was unaffected by GAL₂R genotype or treatment (Fig. 2h).

Histologic damage and immune cell infiltration in DSS-induced colitis are exaggerated in GAL₃R-KO mice. The increased loss of body weight in GAL₃R-KO mice in response to DSS treatment indicated that colitis might develop more severely if GAL₃R is lacking. Consequently, we analyzed disease-related variables, histologic and molecular parameters in colonic tissue and circulating cytokine/chemokine levels in experimental animals on treatment day 7 to further evaluate the course of inflammation in KO and WT mice.

Intestinal inflammation was more severe in DSS-treated GAL₃R-KOs compared to GAL₃R-WT mice. Histologically, the distal colon of GAL₃R-KOs showed a trend toward more severe inflammatory cell infiltration during colitis compared to GAL₃R-WT mice ($p=0.061$), with transmural inflammation occurring in some animals (Fig. 3a,c). Importantly, GAL₃R-KOs had barely preserved epithelial linings with extended ulcerations to the mucosa and destroyed crypts, while 60% of DSS-treated GAL₃R-WT mice presented an intact epithelium or only minor changes to the epithelium and the mucosal architecture (Fig. 3a,d). Accordingly, histologic score points for damage to the mucosa were significantly higher in DSS-treated GAL₃R-KOs compared to GAL₃R-WT mice ($p=0.010$) (Fig. 3d). Overall, the cumulative intestinal inflammation score was higher in DSS-treated GAL₃R-KOs compared to GAL₃R-WT mice ($p=0.016$) (Fig. 3b).

The results relating to colitis obtained in GAL₂R-KO mice were different from those observed in GAL₃R-KO mice. Histologic evaluation of the distal colon revealed a similar mild to moderate infiltration of immune cells into the mucosa and submucosa in GAL₂R-KO and GAL₂R-WT mice following DSS treatment (Fig. 3a,c). While control mice showed undamaged epithelia and no changes to the mucosal architecture, DSS-treated GAL₂R-KO and GAL₂R-WT mice presented with (focal) erosions of the epithelium and destroyed crypts (Fig. 3a,d). Overall, the intestinal inflammation following colitis induction was similar in GAL₂R-KO and WT animals (Fig. 3b).

The disease-related parameters colon weight, colon length, colon weight to length ratio, spleen weight and disease activity score (DAS) were significantly altered by DSS treatment in all groups ($p<0.05$), except that GAL₃R-KO and GAL₃R-WT mice showed only a trend toward increased colon weight in response to DSS ($p=0.069$). However, there were no significant differences in the disease-related parameters between DSS-treated GAL₃R-KO and GAL₃R-WT or between DSS-treated GAL₂R-KO and GAL₂R-WT mice (Fig. S2).

Colonic MPO content and number of infiltrating neutrophils in DSS-induced colitis are higher in GAL₃R-KO mice. As semiquantitative scores indicated that accumulation of inflammatory cells in the colon tissue appeared to be increased in DSS-treated GAL₃R-KO mice, we evaluated the amount of neutrophil-derived MPO in distal colon as an index of neutrophil influx. Colitis induction significantly elevated MPO levels in all DSS-treated groups compared to corresponding controls ($p<0.001$). In agreement with the histomorphological evaluation, GAL₃R-KOs had higher MPO levels compared to GAL₃R-WT mice following DSS treatment ($p=0.041$) (Fig. 4a). This finding is supported by an increased number of infiltrating NIMP-R14⁺ neutrophils in distal colon tissue of all DSS-treated mice compared to corresponding controls ($p<0.001$). In addition, significantly more NIMP-R14⁺ neutrophils invaded the colon tissue of GAL₃R-KOs compared to GAL₃R-WT mice ($p=0.025$) (Fig. 4b,c). In contrast, DSS-treated GAL₂R-KO and GAL₂R-WT animals exhibited a similar increase in MPO content and numbers of infiltrated neutrophils in the colon (Fig. 4a,b).

Colonic and systemic levels of inflammatory cytokines and chemokines are modulated by GAL₃R deletion. The aggravated intestinal inflammation in GAL₃R-KO animals might be caused by altered cytokine/chemokine expression. Therefore, we analyzed pro- and anti-inflammatory cytokine and chemokine mRNA levels in colon tissue and protein levels in plasma.

Induction of colitis significantly elevated the mRNA and protein expression of the majority of analyzed cytokines and chemokines in all DSS-treated groups compared to corresponding control groups ($p<0.05$) (Figs. 5, 6, S3). In agreement with the increase in MPO levels and numbers of infiltrating neutrophils, transcript levels of the neutrophil-attracting chemokines CXCL1 and CCL2 were up to 5.4-fold higher in DSS-treated GAL₃R-KOs compared to GAL₃R-WT mice (CXCL1, $p=0.003$; CCL2, $p=0.038$) (Figs. 5a,c). Consistent with mRNA levels, the protein levels of these chemokines were up to threefold higher in DSS-treated GAL₃R-KO compared to GAL₃R-WT mice (CXCL1, $p=0.049$; CCL2, $p=0.003$) (Fig. 5b,d). The cytokines IL-6 and IFN γ showed a trend toward higher mRNA expression in DSS-treated GAL₃R-KOs compared to treated GAL₂R-WT animals (IL-6, $p=0.076$; IFN γ , $p=0.059$) (Fig. 5e,g). In agreement, plasma concentrations of these cytokines were significantly higher in DSS-treated GAL₃R-KOs compared to GAL₃R-WT mice (IL-6, $p=0.011$; IFN γ , $p=0.004$) (Fig. 5f,h). IFN γ concentration was 21-fold higher in DSS-treated GAL₃R-KOs compared to treated GAL₃R-WT animals (Fig. 5h). TNF α mRNA also showed a trend toward higher mRNA expression in DSS-treated GAL₃R-KOs

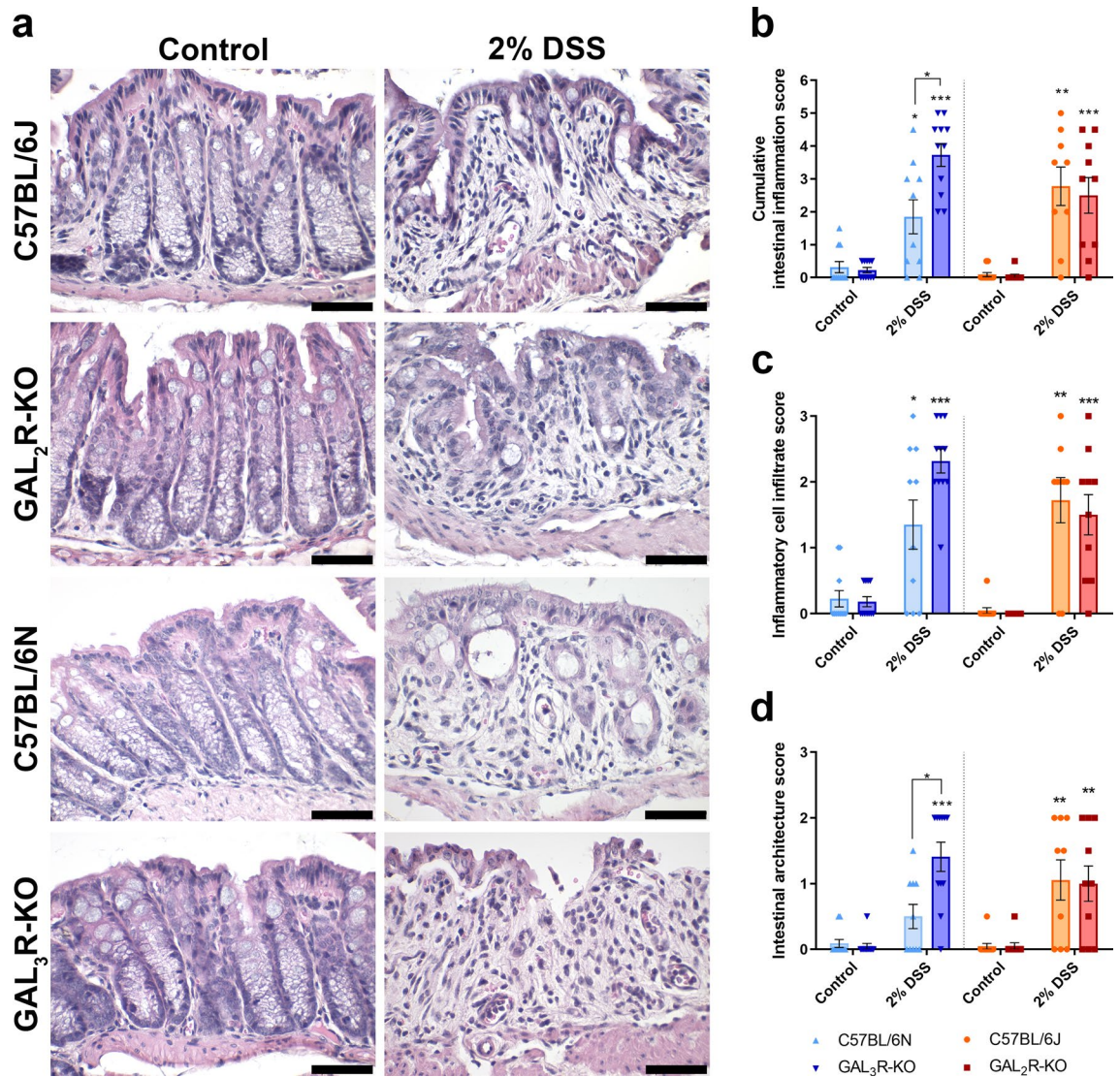


Figure 3. Intestinal inflammation in the distal colon of GAL₃R-KO, GAL₂R-KO and corresponding WT mice. Representative images of HE staining (Scale bar: 50 μ m) (a). Cumulative semiquantitative scores of intestinal inflammation (b). Score points for inflammatory cell infiltrate (c). Score points for intestinal architecture (d). Data represent means \pm SEM. $n=9-11$. Data were analyzed by Kruskal–Wallis test followed by Mann–Whitney U test. * $p < 0.05$; ** $p < 0.01$; *** $p < 0.001$ versus corresponding controls or as indicated.

compared to treated GAL₃R-WT animals ($p=0.070$), but TNF α was not detected in plasma of GAL₃R-KO and GAL₃R-WT animals (Fig. 5i,j). In addition, mRNA expression of the predominantly pro-inflammatory cytokines IL-1 β , IL-17A and IL-22 was up to 11.3-fold higher in DSS-treated GAL₃R-KO compared to GAL₃R-WT mice (IL-1 β , $p=0.017$; IL-17A, $p=0.005$; IL-22, $p=0.019$) (Fig. 6). Interestingly, upon colitis induction, IL-5 mRNA was significantly reduced only in DSS-treated GAL₃R-WT mice compared to corresponding controls ($p=0.034$) but was not influenced by DSS in any other group. DSS-treated GAL₃R-KOs exhibited significantly higher IL-5 mRNA levels compared to GAL₃R-WT mice ($p=0.009$), albeit the levels were similar between healthy and treated GAL₃R-KO animals (Fig. S3a). Relative mRNA expression levels of IL-10, IL-23 and TGF β were not affected by DSS in any treated group (Fig. S3b-d). Transcript and protein levels of all analyzed cytokines and chemokines were unaffected by GAL₂R loss independent of treatment (Figs. 5, 6, S3).

The intestinal microbiota in DSS-induced colitis is influenced by GAL₃R deletion. The overall composition of the gut microbiota of healthy mice remained unaffected by loss of GAL₂R and GAL₃R (Fig. 7), which indicates that strain-specific susceptibility to DSS-induced colitis is independent of the microbiota.

Colitis induction resulted in enterobacterial enrichment in the cecal contents of all treated groups, independent of genotype ($p < 0.05$). Importantly, in DSS-treated GAL₃R-KOs, enterobacterial copy numbers were 31.8-fold higher compared to DSS-treated GAL₃R-WT animals ($p=0.009$) (Fig. 7a). Remarkably, although copy numbers of bifidobacteria were similar in the cecal contents of DSS-treated mice compared to corresponding healthy

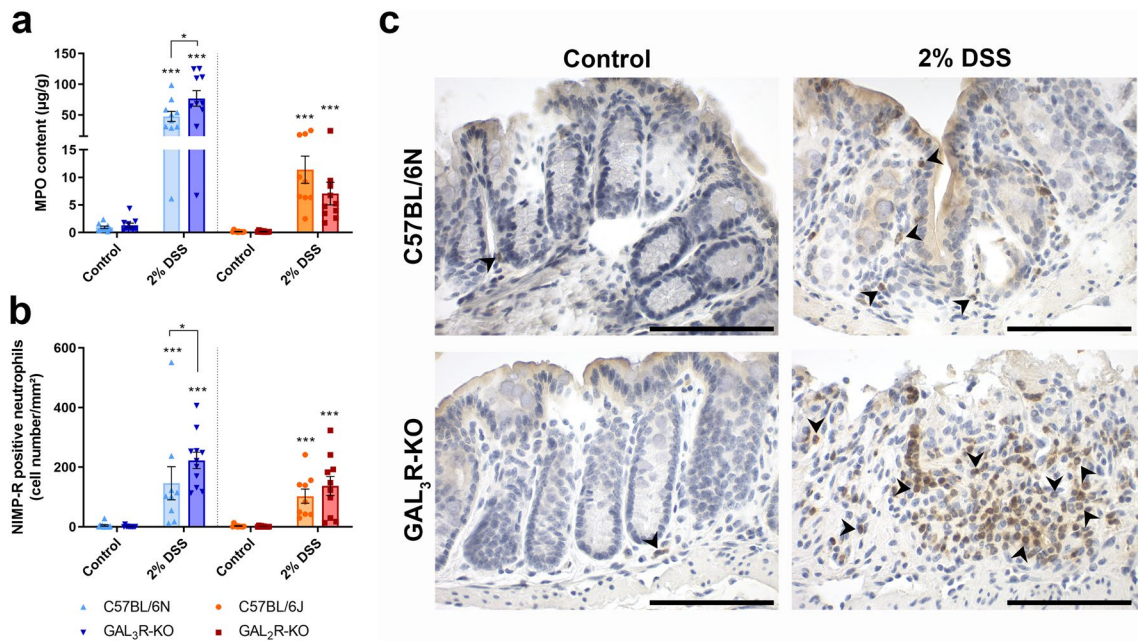


Figure 4. Infiltration of the colon by neutrophils in GAL₃R-KO, GAL₂R-KO and corresponding WT mice was evaluated by neutrophil-derived MPO content (a) and numbers of NIMP-R14⁺ neutrophils (b). Data represent means \pm SEM. $n = 9-11$. Data were analyzed by Kruskal–Wallis test followed by Mann–Whitney–U test. * $p < 0.05$; *** $p < 0.001$ versus corresponding controls or as indicated. Representative images of IHC staining of murine colon samples against NIMP-R14 in C57BL/6N and GAL₃R-KO mice (c). Arrowheads indicate NIMP-R14-positive neutrophils. Scale bar: 50 μ m.

controls ($p < 0.05$), gene numbers of bifidobacteria were 460.3-fold higher in DSS-treated GAL₃R-KOs compared to DSS-treated GAL₃R-WT mice ($p = 0.001$) (Fig. 7b). Following colitis induction copy numbers of lactobacilli were decreased and numbers of *Bacteroides/Prevotella spp.* were increased in GAL₃R-KO and GAL₃R-WT mice ($p < 0.05$), with no differences between genotypes (Fig. 7c,d). Other bacterial taxa as well as the total eubacterial load remained unaffected by treatment or genotype in GAL₃R-KO and GAL₃R-WT mice (Fig. 7e–i).

Following colitis induction, GAL₂R-KO and GAL₂R-WT mice exhibited similar changes to the gut microbiome as observed in GAL₃R-KO and GAL₃R-WT mice; however, gene numbers were similar between DSS-treated GAL₂R-KO and GAL₂R-WT mice (Fig. 7). In addition, DSS treatment altered the copy numbers of members of the *Clostridium coccoides* and *Clostridium leptum* group, the *Mouse Intestinal Bacteroides*, and the total eubacterial load in GAL₂R-KOs and GAL₂R-WT mice, independent of genotype (Fig. 7e,f,h,i). However, these differences in copy numbers between untreated and treated groups were smaller than one order of magnitude, and because of inter-assay variations these changes lack biological relevance.

Expression profiles of the galanin system are not affected by GAL₂R or GAL₃R deletion. Since our findings could be influenced by compensatory regulation of other members of the galanin system in KO animals, we analyzed mRNA expression levels of galanin and GALRs in colon tissue of experimental animals. Loss of GAL₂R or GAL₃R did not change the expression of the galanin system, independent of treatment (Fig. S4). Galanin mRNA levels remained unaffected by DSS, independent of genotype (Fig. S4a). In all healthy WT mice, we measured similar levels of GAL₁R and GAL₂R mRNA, whereas GAL₃R mRNA expression was low (Fig. S4b–d). Colitis induction resulted in significant downregulation of GAL₁R mRNA in GAL₃R-KO and GAL₃R-WT mice (main treatment effect, $p = 0.048$), but not in GAL₂R-KO and GAL₂R-WT mice (Fig. S4b). Expression levels of GAL₂R and GAL₃R were not affected by DSS (Fig. S4c and d).

Discussion

In this study, we found expression of GAL₂R and GAL₃R, but not GAL₁R, on granulocytes in the colon of IBD patients. Remarkably, the presence of GAL₂R and GAL₃R was associated with higher disease activity. In a murine colitis model, we observed exacerbated histological damage, amplified inflammatory response and considerable alterations of the gut microbiome if GAL₃R, but not GAL₂R, was lacking.

In the literature, involvement of the galanin system in immunity and inflammation is well established. Some studies also indicated a role in colitis^{22,27,29,30}. However, to date, data on protein expression of GAL₂R or GAL₃R in the colon are missing and the GALR subtype(s) mediating galanin's effects on colitis remain(s) to be elucidated. As galanin expression is increased in the inflamed GIT^{21,22}, we would have expected alterations in the colonic expression of GALRs during colitis. However, in the present study IHC analysis revealed no GALR protein expression by the colonic mucosa, neither in healthy individuals, nor in IBD patients. In contrast to our findings, strongly increased GAL₁R expression under inflammatory conditions has previously been reported in human colonic cell lines and in human and mouse colon tissue^{27,31}. However, another study found no difference in the

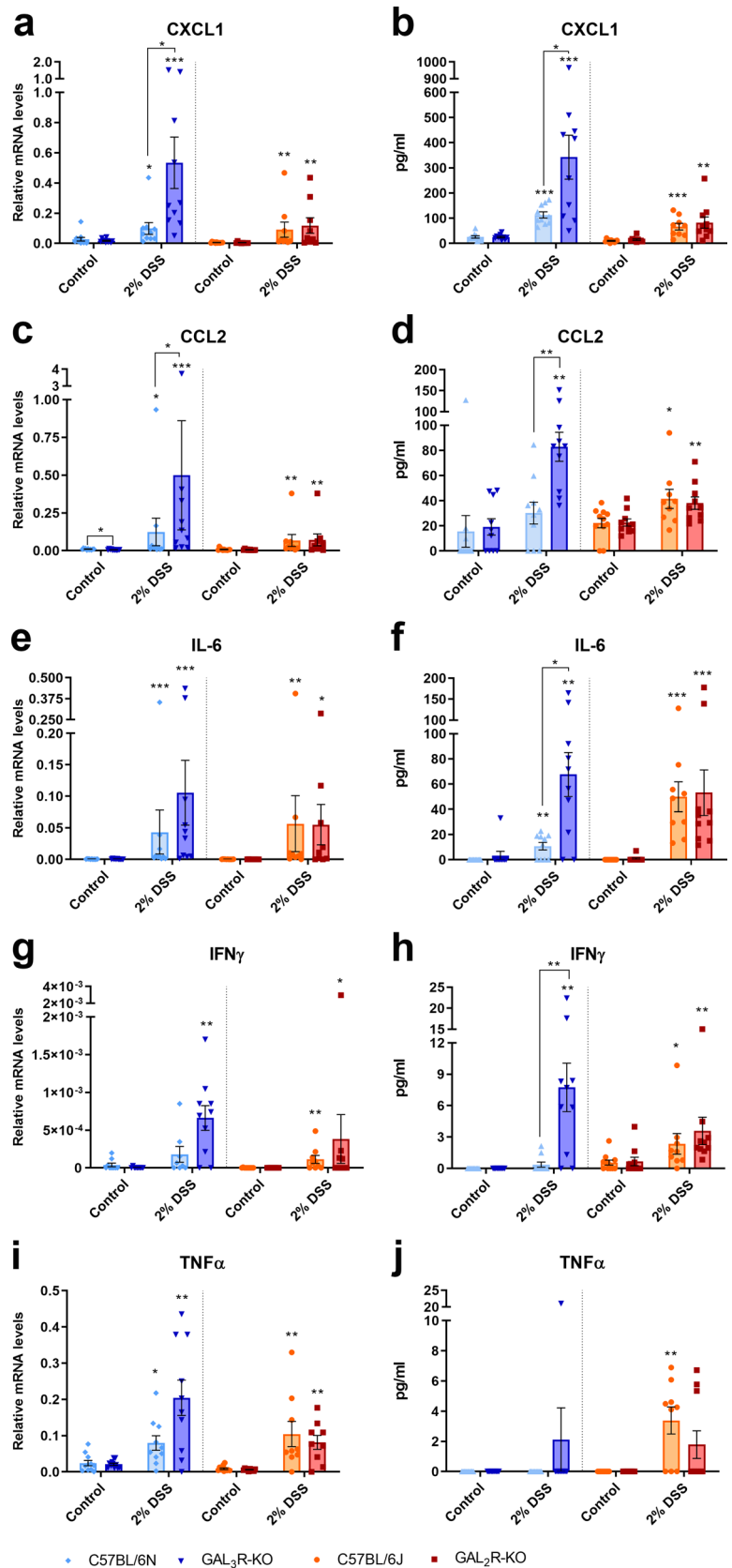


Figure 5. Relative mRNA expression levels (a,c,e,g,i) in the colon and plasma protein levels (b,d,f,h,j) of CXCL1 (a,b), CCL2 (c,d), IL-6 (e,f), IFN γ (g,h), and TNF α (i,j) in GAL₃R-KO, GAL₂R-KO and corresponding WT mice. Levels of mRNA were determined relative to the housekeeping gene HPRT. Data represent means \pm SEM. n = 7–11. Data were analyzed by Kruskal–Wallis test followed by Mann–Whitney U test. * p < 0.05; ** p < 0.01; *** p < 0.001 versus corresponding controls or as indicated.

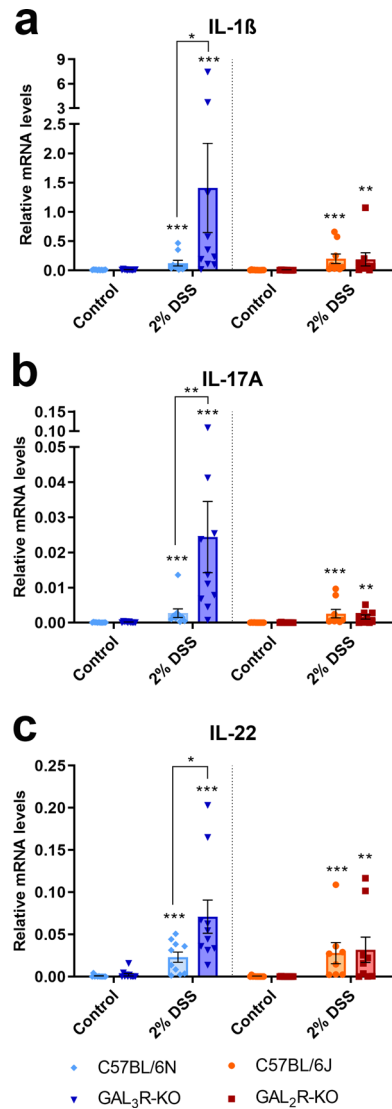


Figure 6. Relative mRNA expression levels of IL-1 β (A), IL-17A (B) and IL-22 (C) in the colon of GAL₃R-KO, GAL₂R-KO and corresponding WT mice. Levels were determined relative to the housekeeping gene HPRT. Data represent means \pm SEM. $n = 7-11$. Data were analyzed by Kruskal–Wallis test followed by Mann–Whitney U test. * $p < 0.05$; ** $p < 0.01$; *** $p < 0.001$ versus corresponding controls or as indicated.

density of galanin-specific binding sites in colon tissue of healthy individuals and IBD patients²⁴. Interestingly, we observed protein expression of GAL₂R and GAL₃R, but not GAL₁R, on granulocytes in colonic mucosa of IBD patients. This could explain why lack of GAL₁R had no influence on murine colitis³³. Although only a subset of granulocytes in the colon of IBD patients expressed GAL₂R or GAL₃R, these cells could potentially participate in IBD-related inflammatory processes by influencing other neighboring immune cells. However, it is not clear which granulocytes express GALRs, as this specific subgroup needs to be defined by the co-expression of other markers. In agreement, we found only a subset of macrophages expresses GAL₁R and GAL₂R in a xanthelasma of the skin¹⁰, a small proportion of granulocytes in human glioma and pituitary adenoma expresses GAL₂R, and subpopulations of glioma-associated macrophages/microglia express GAL₁R, GAL₂R and GAL₃R, with GAL₃R being the most abundant GALR subtype in tumor-infiltrating immune cells³⁸. These findings indicate that GAL₂R and/or GAL₃R signaling on granulocytes in the colonic mucosa could contribute to IBD progression.

Indeed, the results of the present study partially confirm this hypothesis as we found that histologic damage and immune activation associated with DSS-induced colitis are exaggerated in GAL₃R-KO, but not in GAL₂R-KO mice. Due to dissimilar genetic backgrounds of the GALR-KO mouse strains, we cannot exclude that the results might be different if the strains were on the same background; however, since only a few disease-related parameters were just marginally different between GAL₂R-WT (C57BL/6J) and GAL₃R-WT (C57BL/6N) mice (data not shown), there is no reason to suspect this.

Loss of GAL₃R aggravates colonic inflammation following DSS treatment, however, it does not influence disease-related parameters including colon weight, colon length or disease activity score. Nevertheless, this indicates that activation of GAL₃R signaling could improve disease outcome. Support for this is given by a study

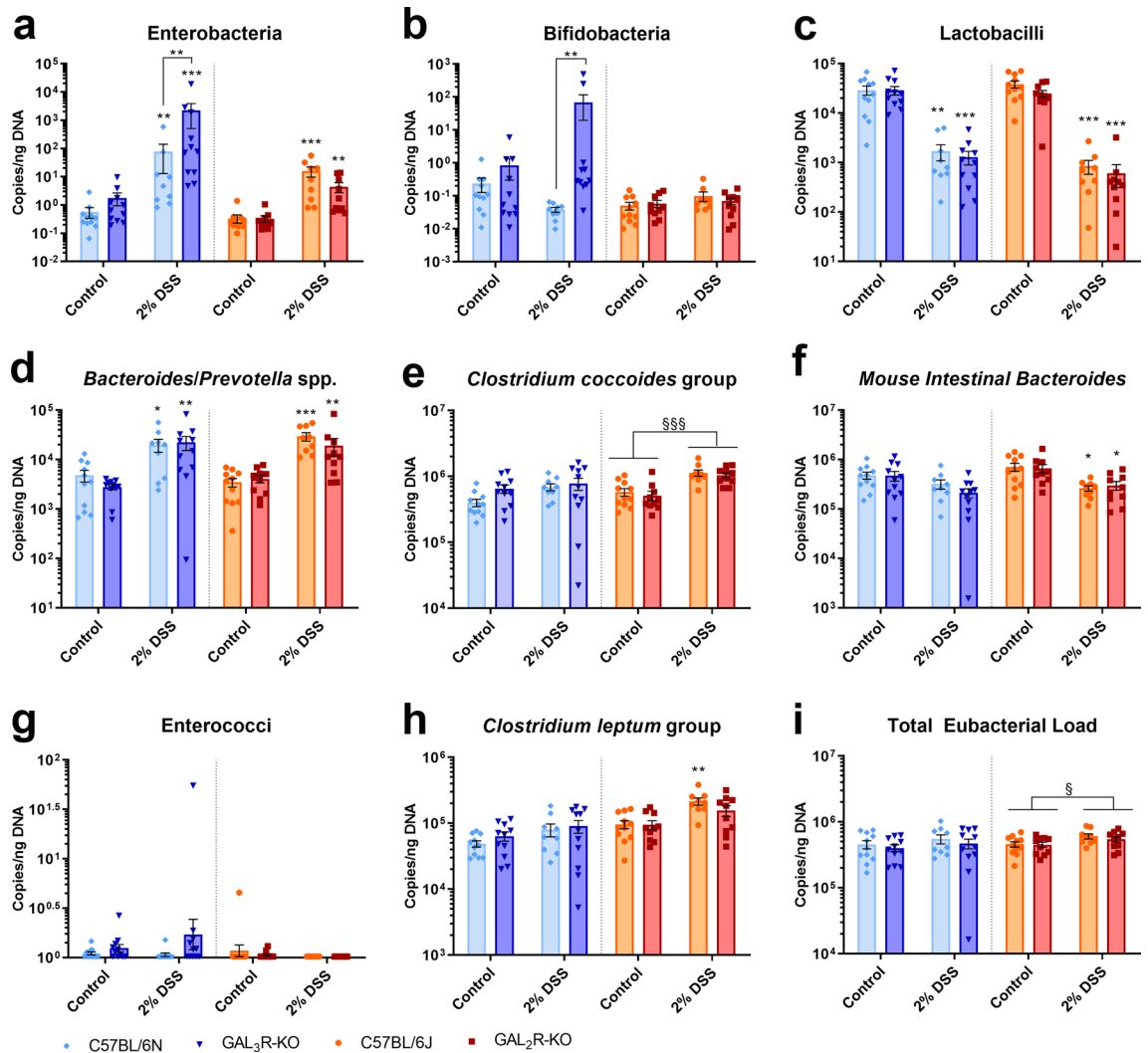


Figure 7. Changes of intestinal microbiota in GAL₃R-KO, GAL₂R-KO and corresponding WT mice following colitis induction with 2% DSS. Cecal contents were analyzed for main commensal bacterial groups, including enterobacteria (a), bifidobacteria (b), lactobacilli (c), *Bacteroides/Prevotella* spp. (d), members of the *Clostridium coccoides* group (e), *Mouse Intestinal Bacteroides* (f), enterococci (g), members of the *Clostridium leptum* group (h) and the total eubacterial load (i). Data represent means \pm SEM. $n = 9-11$. Data were analyzed by two-way ANOVA, followed by Tukey's test (main effect treatment: § $p < 0.05$; §§ $p < 0.001$) or by Kruskal–Wallis test followed by Mann–Whitney U test. * $p < 0.05$; ** $p < 0.01$; *** $p < 0.001$ versus corresponding controls or as indicated.

showing beneficial effects of galanin treatment on TNBS-induced colitis in rats. Interestingly, galanin was more effective in acute compared to chronic colitis^{29,30}. In contrast, blocking GALR signaling with the non-selective GALR antagonist M35 in mice did not affect the body weight loss in DSS-induced colitis but, compared to vehicle-treated mice, caused a more rapid recovery of the body weight after discontinuation of DSS treatment²². However, it is unclear if M35 targets GAL₃R at all³⁹. Possible explanations for the discrepant effects of pharmacological activation and blocking of GALRs are the use of different animal species, as well as different colitis models. The TNBS-induced colitis model is preferentially used to study the pathophysiology related to CD, whereas DSS-induced colitis more closely resembles UC^{40,41}. Nevertheless, Yamaguchi et al. showed that mucosal-type mast cells (MMCs) express GAL₃R mRNA at 30-fold higher levels compared to GAL₂R mRNA²². Furthermore, intraperitoneal application of M35 to DSS-treated mice diminished MMC numbers in inflamed colon²². As mast cells also play an important role in animal models of colitis and in IBD in humans⁴²⁻⁴⁴, these results support the involvement of GAL₃R in murine experimental colitis.

In agreement with its putative role in IBD, we reported anti-inflammatory effects of GAL₃R signaling on neutrophil-related MPO levels in murine arthritis¹³. In contrast, pro-inflammatory properties of GAL₃R signaling were observed in murine psoriasis¹⁴ and pancreatitis¹⁵. Although such biphasic effects are well known for regulatory peptide systems, it is still unclear how such functions are exerted. Accumulating data indicate that the microenvironment as well as the activation state of immune cells influences the mode of action of regulatory peptides and their receptors. For example, we observed that galanin treatment enhanced IL-12/18-stimulated IFN γ secretion by NK cells when they were seeded at a high confluency. When the confluency was low, exogenous

galanin reduced the amount of IFN γ secreted⁹. Furthermore, galanin treatment can increase or decrease cytokine/chemokine expression levels of macrophages depending on their differentiation and polarization status¹⁰. Consequently, it is not surprising that GAL₃R signaling can have pro- and anti-inflammatory effects in diseases which differ in their organ localization and immune cell profiles. Regarding colitis, it can be speculated that GAL₃R participates in inflammatory processes taking place in the colon and/or directly influences immune cell functions. Remarkably, GAL₃R deletion affected mRNA and protein levels of inflammatory cytokines and chemokines during colitis. The majority of these cytokines and chemokines were previously implicated in IBD pathology^{45–48}. Interestingly, GAL₃R knockout was able to modulate the expression of members of the type-1, type-2 and IL-1 family of cytokines, as well as expression of neutrophil-attracting chemokines. Likewise, in psoriatic skin, lack of GAL₃R altered the cytokine expression profile¹⁴. As some of these cytokines and chemokines impact other immune cell types besides neutrophils (e.g. macrophages or T cells), and as these cell types are involved in IBD⁴⁶, the number of these immune cells could also be altered in colon tissue of GAL₃R-KO mice. However, we observed that in psoriatic skin only the numbers of neutrophils but not the numbers of macrophages or mast cells were affected by loss of the GAL₃R¹⁴.

In psoriasis, we found GAL₃R to be expressed by dermal blood vessels and to influence neovascularization¹⁴. Angiogenesis is also an important pathogenic factor in IBD progression⁴⁹. Importantly, as we also observed GAL₃R-positive staining on blood vessels in the human colon, GAL₃R might also be involved in neovascularization during IBD.

Current research is concentrating on the role of the gut microbiota in IBD pathophysiology. It has become apparent that the intestinal microbiota not only influences disease susceptibility^{35,36}, but also affects inflammatory processes in general^{50,51}. Several studies have shown direct involvement of neuropeptide systems in maintaining microbiome homeostasis^{52,53}. The composition of commensal bacteria was unaffected by loss of GAL₃R in healthy mice; therefore, increased disease susceptibility due to alterations to the microbiota in GAL₃R-KO mice could be excluded. Colitis induction with DSS resulted in increased abundances of enterobacteria and *Bacteroides/Prevotella* spp. and reductions of lactobacilli in the cecum. These changes are frequently seen in inflammatory conditions affecting the GIT^{54,55}. Surprisingly, in DSS-treated GAL₃R-KO mice, enterobacterial enrichment was more pronounced and the copy numbers of bifidobacteria were elevated. It is still controversial, however, whether this altered balance of gut microbiota constituents in DSS-treated GAL₃R-KOs is a cause or consequence of the intestinal inflammation³⁵. On the one hand, the inflammatory environment in the gut seems to offer a growth advantage to Enterobacteriaceae, resulting in the enterobacterial enrichment observed in colitis. On the other hand, Enterobacteriaceae have shown to boost inflammation and to contribute to disease development^{56,57}. In contrast, Bifidobacteriaceae have potential anti-inflammatory properties, as they alleviated experimental colitis severity⁵⁸ and were reduced in the microbiome of UC patients⁵⁹. The simultaneous overgrowth of potential pro- and anti-inflammatory bacterial taxa in the cecum of DSS-treated GAL₃R-KOs might appear contradictory but it could be acting as a feedback loop, which is well known in inflammatory processes. In general, these data clearly support the initial hypothesis that during colitis the gut microbiota is altered in GAL₃R-KO mice.

In conclusion, the present study strongly supports the involvement of GAL₃R in IBD pathophysiology. In experimental colitis, histologic damage and immune activation were aggravated and changes to the microbiota more pronounced in the absence of GAL₃R. Thus, this study identifies activation of GAL₃R signaling as a possible target for new treatment strategies to combat IBD. Future studies are, however, hampered by the current lack of specific and selective GAL₃R agonists⁵. Nevertheless, the need for further research to elucidate the role of GAL₃R in IBD in more detail is clearly indicated.

Materials and methods

Human patients and tissue samples. The study was approved by the local ethics committee of the Land Salzburg, Austria, (415-E/2080/5-2016) and conducted in accordance with the Helsinki Declaration of 1975 (revised 2013).

The participants were recruited at the Gastroenterological Divisions of Pediatric and Internal Clinics at the University Hospital in Salzburg, Austria. Patients with chronic abdominal pain, elevated fecal calprotectin or signs and symptoms of IBD underwent diagnostic colonoscopy, where biopsy specimens were taken from the ascending colon. Pathologists evaluated crypt architecture, acute and chronic inflammation, and regeneration of the epithelium using an arbitrary score from 0 to 3. Patients with proven IBD were assigned to our study group [CD (n = 10; 20% females; mean age 20.1 ± 5.4 years) or UC (n = 5; 60% females; mean age 20.2 ± 4.2 years)]. Healthy controls (n = 9; 77% females; mean age 18.7 ± 3.9 years) were selected to the study group when they had no inflammation or alterations in crypt architecture, or other abnormalities on endoscopic and histomorphologic evaluation. The latter was verified by a pathologist. Reasons for performing an endoscopy in healthy subjects were: hematochezia (n = 1), diarrhea (n = 1), abdominal pain (n = 3), exclusion of IBD (n = 3), or constipation (n = 1). All participants signed written informed consent or informed consent was obtained from a parent and/or legal guardian if study participants were under the age of 18.

Colon biopsies were provided as formalin-fixed and paraffin-embedded (FFPE) tissue by the Institute of Pathology of the University Hospital Salzburg, Austria. Detailed information on patients is found in Supplementary Table S1.

Experimental animals and induction of colitis. All animal procedures were approved by the ethical committee at the Federal Ministry of Science and Research of the Republic of Austria (GZ 66.010/0037-II/3b/2013) and conducted according to the Directive of the European Parliament and of the Council of 22 September 2010 (2010/63/EU). This study additionally adheres to standards articulated in the ARRIVE guidelines⁶⁰.

In vivo experiments were conducted at the Medical University of Graz, Austria using 8–12-week old male GAL₂R-KO (C57BL/6J background)⁶¹, GAL₃R-KO (C57BL/6N background)⁶² and corresponding WT mice. Detailed information on animals and genotyping can be found in Supplementary Methods.

Mice were housed in groups of 2 or 3 animals per cage (one mouse in the GAL₂R-KO/DSS group had to be single-housed due to aggressiveness) under controlled conditions (temperature 21 °C, humidity 50%) at a 12 h light/dark cycle (lights on/off at 0600/1800 h) in open-ventilated cages with wood chip bedding and a triangular wood pulp house as enrichment.

To induce acute colitis, mice (n = 9–11 per group) were treated with 2% DSS (36–50 kDa; MP Biochemicals, Illkirch, France), added to the drinking water, for 7 days ad libitum. Control animals received plain drinking water^{55,63,64}. Animals were fed with standard rodent chow ad libitum.

Body weight, food and water intake were assessed daily at the same time of day (0900 h). Food and water intake were measured per cage and then divided by the number of mice in each cage to determine the daily intake per animal.

Detailed information on sample collection, assessment of the DAS^{64,65}, evaluation of intestinal inflammation⁶⁶, measurement of colonic MPO content⁶³, real-time quantitative PCR (qPCR) analysis of cytokines/chemokines in colon tissue, and measurement of plasma cytokine/chemokine levels⁶⁴ is given in Supplementary Methods.

Immunohistochemistry. For IHC studies, human colon sections were stained with hGAL₁R (GTX108207, 1:400; Genetex, Irvine, CA, USA), hGAL₂R (customized: S4510-1, 1:400; PTG, Manchester, UK), and hGAL₃R (GTX108163, 1:500; Genetex) as published recently³⁴. Mouse colon sections were stained with mNIMP-R14 (ab2557, 1:100, Abcam, Cambridge, UK) as published previously¹⁴. Detailed information on the IHC protocol and quantification of IHC staining can be found in Supplementary Methods.

Molecular analysis of microbiota in cecal contents. DNA was extracted from the contents of mouse cecum as described previously⁵³. Total DNA was then quantified by using Quant-iT PicoGreen reagent (Thermo Fisher, Dreieich, Germany) and adjusted to 1 ng/μl. Bacterial groups abundant in the intestinal microbiota were assessed by qPCR with species-, genera-, or group-specific 16S rRNA gene primers (Tib MolBiol, Berlin, Germany) as described previously⁵³. Gene copy numbers per nanogram DNA were determined.

Statistical analysis. Statistical analysis was performed using Graph Pad Prism 8.0 (GraphPad Software Inc., San Diego, CA, USA) and SPSS 24.0 (IBM, Armonk, NY, USA). All data sets were tested for normal distribution using the Shapiro–Wilk test and for homogeneity of variances using the Levene test. Data on daily body weight, food and water intake were analyzed by two-way repeated measures (RM) ANOVA. Post hoc testing was performed with one-way RM ANOVA and Sidak's multiple comparison test or with two-way ANOVA and Tukey's test, as appropriate. Data consisting of one variable and two factors were analyzed by two-way ANOVA and Tukey's test. If ANOVA assumptions were not met or if data sets were ordinal variables (semiquantitative scores), the non-parametric Kruskal–Wallis test followed by the Mann–Whitney U test was used. *p* values < 0.05 were regarded as statistically significant.

Data availability

The raw data supporting the conclusions of this article will be made available by the corresponding author, without undue reservation, to any qualified researcher.

Received: 1 July 2020; Accepted: 29 October 2020

Published online: 12 January 2021

References

- Margolis, K. G. & Gershon, M. D. Enteric neuronal regulation of intestinal inflammation. *Trends Neurosci.* **39**, 614–624. <https://doi.org/10.1016/j.tins.2016.06.007> (2016).
- Brinkman, D. J., Ten Hove, A. S., Vervoordeldonk, M. J., Luyer, M. D. & de Jonge, W. J. Neuroimmune interactions in the gut and their significance for intestinal immunity. *Cells* **8**, 670. <https://doi.org/10.3390/cells8070670> (2019).
- Gross, K. J. & Pothoulakis, C. Role of neuropeptides in inflammatory bowel disease. *Inflamm. Bowel Dis.* **13**, 918–932. <https://doi.org/10.1002/ibd.20129> (2007).
- Margolis, K. G. & Gershon, M. D. Neuropeptides and inflammatory bowel disease. *Curr. Opin. Gastroenterol.* **25**, 503–511. <https://doi.org/10.1097/MOG.0b013e328331b69e> (2009).
- Lang, R. *et al.* Physiology, signaling, and pharmacology of galanin peptides and receptors: three decades of emerging diversity. *Pharmacol. Rev.* **67**, 118–175. <https://doi.org/10.1124/pr.112.006536> (2015).
- Aronoff, D. M., Canetti, C., Serezani, C. H., Luo, M. & Peters-Golden, M. Cutting edge: macrophage inhibition by cyclic AMP (cAMP): differential roles of protein kinase A and exchange protein directly activated by cAMP-1. *J. Immunol.* **174**, 595–599. <https://doi.org/10.4049/jimmunol.174.2.595> (2005).
- Isakov, N. & Altman, A. Regulation of immune system cell functions by protein kinase C. *Front. Immunol.* **4**, 384. <https://doi.org/10.3389/fimmu.2013.00384> (2013).
- Locker, F. *et al.* Galanin modulates human and murine neutrophil activation in vitro. *Acta Physiol. (Oxf.)* **213**, 595–602. <https://doi.org/10.1111/apha.12444> (2015).
- Koller, A. *et al.* The neuropeptide galanin modulates natural killer cell function. *Neuropeptides* **64**, 109–115. <https://doi.org/10.1016/j.npep.2016.11.002> (2017).
- Koller, A. *et al.* Galanin is a potent modulator of cytokine and chemokine expression in human macrophages. *Sci. Rep.* **9**, 7237. <https://doi.org/10.1038/s41598-019-43704-7> (2019).
- Ramsbacher, A. *et al.* Influence of the regulatory peptide galanin on cytokine expression in human monocytes. *Ann. N. Y. Acad. Sci.* **1455**, 185–195. <https://doi.org/10.1111/nyas.14111> (2019).

12. Chiu, I. M. *et al.* Bacteria activate sensory neurons that modulate pain and inflammation. *Nature* **501**, 52–57. <https://doi.org/10.1038/nature12479> (2013).
13. Botz, B. *et al.* Lack of galanin 3 receptor aggravates murine autoimmune arthritis. *J. Mol. Neurosci.* **59**, 260–269. <https://doi.org/10.1007/s12031-016-0732-9> (2016).
14. Locker, F. *et al.* Lack of galanin receptor 3 alleviates psoriasis by altering vascularization, immune cell infiltration, and cytokine expression. *J. Invest. Dermatol.* **138**, 199–207. <https://doi.org/10.1016/j.jid.2017.08.015> (2018).
15. Barreto, S. G. *et al.* Galanin receptor 3—a potential target for acute pancreatitis therapy. *Neurogastroenterol. Motil.* **23**, e141–151. <https://doi.org/10.1111/j.1365-2982.2010.01662.x> (2011).
16. Melander, T. *et al.* Distribution of galanin-like immunoreactivity in the gastro-intestinal tract of several mammalian species. *Cell. Tissue Res.* **239**, 253–270. <https://doi.org/10.1007/bf00218003> (1985).
17. Ekblad, E., Rokaeus, A., Hakanson, R. & Sundler, F. Galanin nerve fibers in the rat gut: distribution, origin and projections. *Neuroscience* **16**, 355–363. [https://doi.org/10.1016/0306-4522\(85\)90008-9](https://doi.org/10.1016/0306-4522(85)90008-9) (1985).
18. Bauer, F. E. *et al.* Distribution and molecular heterogeneity of galanin in human, pig, guinea pig, and rat gastrointestinal tracts. *Gastroenterology* **91**, 877–883. [https://doi.org/10.1016/0016-5085\(86\)90689-x](https://doi.org/10.1016/0016-5085(86)90689-x) (1986).
19. Furness, J. B., Costa, M., Rokaeus, A., McDonald, T. J. & Brooks, B. Galanin-immunoreactive neurons in the guinea-pig small intestine: their projections and relationships to other enteric neurons. *Cell. Tissue Res.* **250**, 607–615. <https://doi.org/10.1007/bf00218954> (1987).
20. Wang, Y. F., Mao, Y. K., McDonald, T. J. & Daniel, E. E. Distribution of galanin-immunoreactive nerves in the canine gastrointestinal tract. *Peptides* **16**, 237–247. [https://doi.org/10.1016/0196-9781\(94\)00170-7](https://doi.org/10.1016/0196-9781(94)00170-7) (1995).
21. Gonkowski, S., Burlinski, P., Skobowiat, C., Majewski, M. & Calka, J. Inflammation- and axotomy-induced changes in galanin-like immunoreactive (GAL-LI) nerve structures in the porcine descending colon. *Acta Vet. Hung.* **58**, 91–103. <https://doi.org/10.1556/AVet.58.2010.1.10> (2010).
22. Yamaguchi, T., Ikeda, Y., Tashiro, K., Ohkawa, Y. & Kawabata, K. The role of galanin in the differentiation of mucosal mast cells in mice. *Eur. J. Immunol.* **50**, 110–118. <https://doi.org/10.1002/eji.201848061> (2020).
23. Rattan, S. Role of galanin in the gut. *Gastroenterology* **100**, 1762–1768. [https://doi.org/10.1016/0016-5085\(91\)90682-b](https://doi.org/10.1016/0016-5085(91)90682-b) (1991).
24. Mantyh, P. W. *et al.* Receptors for sensory neuropeptides in human inflammatory diseases: implications for the effector role of sensory neurons. *Peptides* **10**, 627–645. [https://doi.org/10.1016/0196-9781\(89\)90154-x](https://doi.org/10.1016/0196-9781(89)90154-x) (1989).
25. Berger, A. *et al.* 125I-labeled galanin binding sites in congenital innervation defects of the distal colon. *Acta Neuropathol.* **105**, 43–48. <https://doi.org/10.1007/s00401-002-0613-x> (2003).
26. Anselmi, L., Lakhter, A., Hirano, A. A., Tonini, M. & Sternini, C. Expression of galanin receptor messenger RNAs in different regions of the rat gastrointestinal tract. *Peptides* **26**, 815–819. <https://doi.org/10.1016/j.peptides.2004.12.011> (2005).
27. Benya, R. V., Matkowskyj, K. A., Danilkovich, A. & Hecht, G. Galanin causes Cl⁻ secretion in the human colon. Potential significance of inflammation-associated NF- κ B activation on galanin-1 receptor expression and function. *Ann. N. Y. Acad. Sci.* **863**, 64–77. <https://doi.org/10.1111/j.1749-6632.1998.tb10684.x> (1998).
28. Benya, R. V., Marrero, J. A., Ostrovskiy, D. A., Koutsouris, A. & Hecht, G. Human colonic epithelial cells express galanin-1 receptors, which when activated cause Cl⁻ secretion. *Am. J. Physiol.* **276**, G64–72. <https://doi.org/10.1152/ajpgi.1999.276.1.G64> (1999).
29. Talero, E., Sanchez-Fidalgo, S., Ramon Calvo, J. & Motilva, V. Galanin in the trinitrobenzene sulfonic acid rat model of experimental colitis. *Int. Immunopharmacol.* **6**, 1404–1412. <https://doi.org/10.1016/j.intimp.2006.04.016> (2006).
30. Talero, E., Sanchez-Fidalgo, S., Calvo, J. R. & Motilva, V. Chronic administration of galanin attenuates the TNBS-induced colitis in rats. *Regul. Pept.* **141**, 96–104. <https://doi.org/10.1016/j.regpep.2006.12.029> (2007).
31. Hecht, G. *et al.* Pathogenic *Escherichia coli* increase Cl⁻ secretion from intestinal epithelia by upregulating galanin-1 receptor expression. *J. Clin. Invest.* **104**, 253–262. <https://doi.org/10.1172/JCI6373> (1999).
32. Matkowskyj, K. A. *et al.* Galanin-1 receptor up-regulation mediates the excess colonic fluid production caused by infection with enteric pathogens. *Nat. Med.* **6**, 1048–1051. <https://doi.org/10.1038/79563> (2000).
33. Matkowskyj, K. A. *et al.* Galanin contributes to the excess colonic fluid secretion observed in dextran sulfate sodium murine colitis. *Inflamm. Bowel Dis.* **10**, 408–416. <https://doi.org/10.1097/00054725-200407000-00012> (2004).
34. Brunner, S. M. *et al.* Validation of antibody-based tools for galanin research. *Peptides* **120**, 170009. <https://doi.org/10.1016/j.peptides.2018.08.010> (2019).
35. Matsuoka, K. & Kanai, T. The gut microbiota and inflammatory bowel disease. *Semin. Immunopathol.* **37**, 47–55. <https://doi.org/10.1007/s00281-014-0454-4> (2015).
36. Li, M., Wu, Y., Hu, Y., Zhao, L. & Zhang, C. Initial gut microbiota structure affects sensitivity to DSS-induced colitis in a mouse model. *Sci. China Life Sci.* **61**, 762–769. <https://doi.org/10.1007/s11427-017-9097-0> (2018).
37. Holzer, P. & Farzi, A. Neuropeptides and the microbiota-gut-brain axis. *Adv. Exp. Med. Biol.* **817**, 195–219. https://doi.org/10.1007/978-1-4939-0897-4_9 (2014).
38. Falkenstetter, S. *et al.* Galanin system in human glioma and pituitary adenoma. *Front. Endocrinol.* **11**, 155 (2020).
39. Wiesenfeld-Hallin, Z. *et al.* Galanin-mediated control of pain: enhanced role after nerve injury. *Proc. Natl. Acad. Sci. U. S. A.* **89**, 3334–3337. <https://doi.org/10.1073/pnas.89.8.3334> (1992).
40. Antoniou, E. *et al.* The TNBS-induced colitis animal model: An overview. *Ann. Med. Surg. (Lond.)* **11**, 9–15. <https://doi.org/10.1016/j.amsu.2016.07.019> (2016).
41. Eichele, D. D. & Kharbanda, K. K. Dextran sodium sulfate colitis murine model: an indispensable tool for advancing our understanding of inflammatory bowel diseases pathogenesis. *World J. Gastroenterol.* **23**, 6016–6029. <https://doi.org/10.3748/wjg.v23.i33.6016> (2017).
42. Iba, Y., Sugimoto, Y., Kamei, C. & Masukawa, T. Possible role of mucosal mast cells in the recovery process of colitis induced by dextran sulfate sodium in rats. *Int. Immunopharmacol.* **3**, 485–491. [https://doi.org/10.1016/S1567-5769\(02\)00299-0](https://doi.org/10.1016/S1567-5769(02)00299-0) (2003).
43. Kurashima, Y. *et al.* Extracellular ATP mediates mast cell-dependent intestinal inflammation through P2X7 purinoceptors. *Nat. Commun.* **3**, 1034. <https://doi.org/10.1038/ncomms2023> (2012).
44. Crowe, S. E., Luthra, G. K. & Perdue, M. H. Mast cell mediated ion transport in intestine from patients with and without inflammatory bowel disease. *Gut* **41**, 785–792. <https://doi.org/10.1136/gut.41.6.785> (1997).
45. Fujino, S. *et al.* Increased expression of interleukin 17 in inflammatory bowel disease. *Gut* **52**, 65–70. <https://doi.org/10.1136/gut.52.1.65> (2003).
46. Wallace, K. L., Zheng, L. B., Kanazawa, Y. & Shih, D. Q. Immunopathology of inflammatory bowel disease. *World J. Gastroenterol.* **20**, 6–21. <https://doi.org/10.3748/wjg.v20.i1.6> (2014).
47. Singh, U. P. *et al.* Chemokine and cytokine levels in inflammatory bowel disease patients. *Cytokine* **77**, 44–49. <https://doi.org/10.1016/j.cyto.2015.10.008> (2016).
48. Neurath, M. F. Cytokines in inflammatory bowel disease. *Nat. Rev. Immunol.* **14**, 329–342. <https://doi.org/10.1038/nri3661> (2014).
49. Alkim, C., Alkim, H., Koksals, A. R., Boga, S. & Sen, I. Angiogenesis in inflammatory bowel disease. *Int. J. Inflamm.* **2015**, 970890. <https://doi.org/10.1155/2015/970890> (2015).
50. Holzer, P., Hassan, A. M., Jain, P., Reichmann, F. & Farzi, A. Neuroimmune pharmacological approaches. *Curr. Opin. Pharmacol.* **25**, 13–22. <https://doi.org/10.1016/j.coph.2015.09.003> (2015).
51. Thaiss, C. A., Zmora, N., Levy, M. & Elinav, E. The microbiome and innate immunity. *Nature* **535**, 65–74. <https://doi.org/10.1038/nature18847> (2016).

52. Bains, M. *et al.* Vasoactive intestinal peptide deficiency is associated with altered gut microbiota communities in male and female C57BL/6 mice. *Front. Microbiol.* **10**, 2689. <https://doi.org/10.3389/fmicb.2019.02689> (2019).
53. Heimesaat, M. M. *et al.* Intestinal microbiota changes in mice lacking pituitary adenylate cyclase activating polypeptide (PACAP)—bifidobacteria make the difference. *Eur. J. Microbiol. Immunol. (Bp)* **7**, 187–199. <https://doi.org/10.1556/1886.2017.00021> (2017).
54. Heimesaat, M. M. *et al.* Shift towards pro-inflammatory intestinal bacteria aggravates acute murine colitis via Toll-like receptors 2 and 4. *PLoS ONE* **2**, e662. <https://doi.org/10.1371/journal.pone.0000662> (2007).
55. Okayasu, I. *et al.* A novel method in the induction of reliable experimental acute and chronic ulcerative colitis in mice. *Gastroenterology* **98**, 694–702. [https://doi.org/10.1016/0016-5085\(90\)90290-h](https://doi.org/10.1016/0016-5085(90)90290-h) (1990).
56. Lupp, C. *et al.* Host-mediated inflammation disrupts the intestinal microbiota and promotes the overgrowth of Enterobacteriaceae. *Cell Host Microbe* **2**, 119–129. <https://doi.org/10.1016/j.chom.2007.06.010> (2007).
57. Zeng, M. Y., Inohara, N. & Nunez, G. Mechanisms of inflammation-driven bacterial dysbiosis in the gut. *Mucosal Immunol.* **10**, 18–26. <https://doi.org/10.1038/mi.2016.75> (2017).
58. Zhao, L., Suolang, Y., Zhou, D., Tang, Y. & Zhang, Y. Bifidobacteria alleviate experimentally induced colitis by upregulating indoleamine 2, 3-dioxygenase expression. *Microbiol. Immunol.* **62**, 71–79. <https://doi.org/10.1111/1348-0421.12562> (2018).
59. Duranti, S. *et al.* Elucidating the gut microbiome of ulcerative colitis: bifidobacteria as novel microbial biomarkers. *FEMS Microbiol. Ecol.* **92**, fiw191. <https://doi.org/10.1093/femsec/fiw191> (2016).
60. Kilkenny, C., Browne, W. J., Cuthill, I. C., Emerson, M. & Altman, D. G. Improving bioscience research reporting: the ARRIVE guidelines for reporting animal research. *PLoS Biol.* **8**, e1000412. <https://doi.org/10.1371/journal.pbio.1000412> (2010).
61. Einstein, E. B., Asaka, Y., Yeckel, M. F., Higley, M. J. & Picciotto, M. R. Galanin-induced decreases in nucleus accumbens/striatum excitatory postsynaptic potentials and morphine conditioned place preference require both galanin receptor 1 and galanin receptor 2. *Eur. J. Neurosci.* **37**, 1541–1549. <https://doi.org/10.1111/ejn.12151> (2013).
62. Brunner, S. M. *et al.* GAL3 receptor KO mice exhibit an anxiety-like phenotype. *Proc. Natl. Acad. Sci. U. S. A.* **111**, 7138–7143. <https://doi.org/10.1073/pnas.1318066111> (2014).
63. Reichmann, F., Painsipp, E. & Holzer, P. Environmental enrichment and gut inflammation modify stress-induced c-Fos expression in the mouse corticolimbic system. *PLoS ONE* **8**, e54811. <https://doi.org/10.1371/journal.pone.0054811> (2013).
64. Reichmann, F. *et al.* Dextran sulfate sodium-induced colitis alters stress-associated behaviour and neuropeptide gene expression in the amygdala-hippocampus network of mice. *Sci. Rep.* **5**, 9970. <https://doi.org/10.1038/srep09970> (2015).
65. Oliveira, L. G. *et al.* Positive correlation between disease activity index and matrix metalloproteinases activity in a rat model of colitis. *Arq. Gastroenterol.* **51**, 107–112. <https://doi.org/10.1590/s0004-28032014000200007> (2014).
66. Erben, U. *et al.* A guide to histomorphological evaluation of intestinal inflammation in mouse models. *Int. J. Clin. Exp. Pathol.* **7**, 4557–4576 (2014).

Acknowledgements

The study was supported by the Austrian Research Promotion Agency (FFG, 822782/THERAPEP) and the Austrian Science Fund (FWF, P25912 and P32403). SB and MMH received grant support from the German Federal Ministries of Education and Research (BMBF) in the frame of the zoonoses research consortium PAC-Campylobacter (IP7/01KI1725D) and from the Federal Ministry for Economic Affairs and Energy following a resolution of the German National Parliament, Deutscher Bundestag (ZIM, ZF4117908 AJ8). The authors greatly acknowledge support by the EC FP7 Capacities Specific Program-funded EMMA service project, which provided B6;129S5-Galr3tm1Lex/Orl mice. The authors thank Esther Fröhlich (Research Unit of Translational Neurogastroenterology, Institute of Experimental and Clinical Pharmacology, Medical University of Graz, Graz, Austria) for assisting with sample collection. We further thank Gernot Reifenberger (Institute of Microbiology, Infectious Diseases and Immunology, Charité—University Medicine Berlin, Germany) for performing the molecular gut microbiota analyses.

Author contributions

S.M.B., F.R., P.H. and B.K. designed the study. S.M.B., F.R., J.L., S.W., S.B., A.F. and D.N. performed experiments and acquired data; S.M.B., F.R., S.W., S.B., A.F., A.M.S., M.M.H., D.W., R.L., P.H. and B.K. analyzed and/or interpreted data; J.L., A.M.S., E.K., D.N., M.E., M.M.H., D.W. and B.K. gave technical support and/or provided study material; M.M.H., P.H. and B.K. acquired funding; S.M.B. and B.K. supervised the study; S.M.B. wrote the manuscript; S.M.B., F.R., A.F., S.B., M.M.H., D.W., R.L., P.H. and B.K. critically revised the manuscript for important intellectual content; all authors approved the final version of the manuscript.

Competing interests

The authors declare no competing interests.

Additional information

Supplementary Information The online version contains supplementary material available at <https://doi.org/10.1038/s41598-020-79456-y>.

Correspondence and requests for materials should be addressed to S.M.B.

Reprints and permissions information is available at www.nature.com/reprints.

Publisher's note Springer Nature remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.



Open Access This article is licensed under a Creative Commons Attribution 4.0 International License, which permits use, sharing, adaptation, distribution and reproduction in any medium or format, as long as you give appropriate credit to the original author(s) and the source, provide a link to the Creative Commons licence, and indicate if changes were made. The images or other third party material in this article are included in the article's Creative Commons licence, unless indicated otherwise in a credit line to the material. If material is not included in the article's Creative Commons licence and your intended use is not permitted by statutory regulation or exceeds the permitted use, you will need to obtain permission directly from the copyright holder. To view a copy of this licence, visit <http://creativecommons.org/licenses/by/4.0/>.

© The Author(s) 2021