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# **OPEN** Corneal remodelling and topography following biological inlay implantation with combined crosslinking in a rabbit model

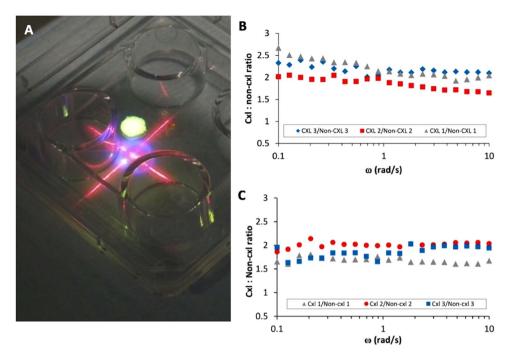
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Implantation of biological corneal inlays, derived from small incision lenticule extraction, may be a feasible method for surgical management of refractive and corneal diseases. However, the refractive outcome is dependent on stromal remodelling of both the inlay and recipient stroma. This study aimed to investigate the refractive changes and tissue responses following implantation of 2.5-mm biological inlays with or without corneal collagen crosslinking (CXL) in a rabbit model. Prior to implantation, rotational rheometry demonstrated an almost two-fold increase in corneal stiffness after CXL. After implantation, haze gradually subsided in the CXL-treated inlays (p = 0.001), whereas the untreated in lays preserved their clarity (p = 0.75). In-vivo confocal microscopy revealed reduced keratocyte cell count at the interface of the CXL inlays at week 8. Following initial steepening, regression was observed in anterior mean curvature from week 1 to 12, being most prominent for the non-CXL subgroups (non-CXL:  $-12.3\pm2.6$ D vs CXL:  $-2.3\pm4.4$ D at 90  $\mu$ m depth, p = 0.03; non-CXL:  $-12.4\pm8.0$ D vs CXL:  $-5.0\pm4.0$ D at 120  $\mu$ m depth, p = 0.22). Immunohistochemical analysis revealed comparable tissue responses in CXL and untreated subgroups. Our findings suggest that CXL of biological inlays may reduce the time before refractive stabilization, but longer postoperative steroid treatment is necessary in order to reduce postoperative haze.

Presbyopia is an age-related physiological condition with gradual loss of accommodation, that causes an inability to focus at near distance. Corneal inlays for correction of presbyopia may be implanted under a flap or into a stromal pocket to increase the depth of field (Kamra inlay, AcuFocus), alter the refractive index of the central cornea (Presbia Flexivue Microlens, Presbia Cooperatief), or reshape the corneal surface (Raindrop Near Vision inlay, ReVision Optics)<sup>2</sup>. A major advantage of corneal inlays is the reversibility of the procedure, as they can be removed if the patients are dissatisfied with their visual outcome<sup>3,4</sup>. However, corneal synthetic inlays may cause biocompatibility related problems with the risk of anterior stromal ulceration and keratolysis, inlay-edge deposits, and interface inflammation<sup>5–8</sup>. Hence, biological inlays may serve as a favourable substitution for synthetic inlays, and offer the advantage of better biocompatibility due to unobstructed passage of oxygen and nutrients9.

Small incision lenticule extraction (SMILE) for myopia and myopic astigmatism involves the creation of an intrastromal lenticule using the VisuMax 500-kHz femtosecond laser (Carl Zeiss Meditec, Jena, Germany)<sup>10,11</sup>. The plano-convex shaped stromal lenticule is extracted through a small incision to flatten the anterior surface. The lenticule is normally discarded after surgery but may potentially be used for tissue additive surgery or for tissue volume restoration<sup>12-22</sup>. Meniscus and doughnut shaped biological inlays have previously been used for anterior corneal curvature flattening in patients with keratoconus 16,18,20 while plano-convex shaped lenticules have been used for corneal perforations<sup>23</sup>. Although there is a significant difference between using biological tissue for management of pathological corneas and refractive disorders, a few studies have also reported successful

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**Figure 1.** Comparison of biomechanical strength between non-CXL and CXL lenticules assessed by rheometry. (A) Corneal collagen crosslinking of a rabbit lenticule. A central 2.5-mm button was trephined after CXL and used for implantation. Frequency dependent crosslinked lenticule/non-crosslinked lenticule G' ratio for (B) human lenticules and (C) rabbit lenticules.

corneal curvature steepening in patients with hyperopia<sup>15,19</sup>, presbyopia<sup>14</sup> and aphakia<sup>17</sup> following intrastromal implantation of biological inlays.

For surgical management of presbyopia, the biological inlays may act as a shape changing inlay, that creates a central hyperprolate contour for near and intermediate vision<sup>9</sup>, similar to what is seen following implantation of the Raindrop inlay<sup>9,14</sup>. The inlays may be removed and replaced according to the refractive status of the patient, as previous studies using rabbits and non-human primates have shown the reversibility of the procedure in terms of refraction and corneal thickness<sup>21,22,24</sup>. The diameter of the biological inlay can be customized by trephining the centre of the lenticule, as the average lenticule diameter in myopic SMILE is between 5 and 7 mm.

We have previously demonstrated in non-human primates that lenticule implantation of the central 3-mm of a -3D SMILE derived lenticule effectively caused a hyperprolate shape change. However, regression of the corneal steepening was observed in the initial 4 months after implantation, possibly explained by some degree of stromal and epithelial remodelling. Corneal collagen crosslinking (CXL) of the biological inlays prior to implantation may be an option to reduce their flexibility to natural stromal remodelling after implantation, driving the host stroma to conform to the shape of the inlays instead. Hence, the aim of this study was to examine the corneal topography and stromal remodulation following implantation of SMILE-derived CXL treated and non-CXL treated biological inlays.

#### Methods

**Rotational rheometry and corneal collagen crosslinking.** The biomechanical strength of 7 rabbits lenticules (3 CXL treated and 4 controls) and 7 cryopreserved human SMILE-derived lenticules (3 CXL treated and 4 controls) were measured *ex vivo* using a rotational rheometer (MCR 502; Anton-Paar, Graz, Austria). One control human and rabbit lenticule were used as sacrificial specimens for dynamic strain sweep test. Pairwise comparisons were performed using CXL treated and control lenticules with similar refractive power. The human lenticules had been cryopreserved for 2 weeks at  $-80\,^{\circ}$ C as described previously<sup>25,26</sup>. These lenticules were thawed at 37 °C, rinsed in PBS, and stored in Optisol BS (Bausch&Lomb Surgical, Irvine, CA) until CXL.

The human and rabbit lenticules that underwent CXL treatment were soaked in Riboflavin dye (vitamin B2) for four minutes. After positioning on a firm surface, the excess riboflavin dye was removed with a sponge. Accelerated crosslinking with UV-A radiation was performed using an Avedro CXL system (Waltham, MA) at a wavelength of 365 µm (Fig. 1A). The illumination process was conducted at 30 mW/cm² for four minutes, delivering a total dose of 7.20 J/cm².

Immediately following CXL, the lenticules were subjected to rheometry similar to a previously published protocol<sup>27</sup>. The lenticule was placed and centred under a parallel plate geometry, and wet with Optisol BS solution to avoid moisture evaporation. Temperature was maintained at 25 °C for all measurements. The top plate was then lowered slowly until a contact (loading not exceeding 0.1N) was made with the lenticule. The sample was allowed to relax for 1 minute before the top plate was lowered further with micron precision to 5% more than the thickness of the lenticule that had been measured with anterior segment optical coherence tomography (AS-OCT,

RTVue Fourier-Domain OCT; Optovue, Fremont, CA). The specimen was then left to relax for another 1 minute before the measurement was initiated. During this time the stress relaxed to zero and the resulting equilibrium thickness of lenticule was considered as the loading gap. In order to obtain reliable measurements in the linear viscoelastic regime, a dynamic strain sweep test at a frequency of 1 rad/s from 0.5–5% strain was performed on the sacrificial lenticules to determine the linear strain range to apply to the subsequent measurements. Because the response was relatively linear in the tested strain range of 0.5–5% (Fig. S1A,C), the subsequent measurements were performed at strain amplitude of 1% within a frequency window of 0.1–10 rad/s. Finally, the Young's modulus of the lenticule was calculated as three times of the viscoelastic plateau of G' modulus based on the theory of linear viscoelascocity<sup>28</sup>.

**Study animals and experimental groups.** Thirteen 12–15 weeks old New Zealand female white rabbits weighing 3–4 kg were used for autologous implantation. The right eye of each rabbit underwent SMILE for tissue harvesting while the left eye underwent tissue implantation. The rabbits were randomly allocated into four groups: non-CXL inlays implanted at 90  $\mu$ m depth (non-CXL-90 group, n = 3 eyes) and 120  $\mu$ m depth (CXL-120 group, n = 3 eyes) and CXL treated inlays implanted at 90  $\mu$ m depth (CXL-90 group, n = 3 eyes) and 120  $\mu$ m depth (CXL-120 group, n = 3 eyes). One rabbit (n = 2 eyes) served as an untreated control.

The research protocol was approved by the Institutional Animal Care and Use Committee (IACUC) of SingHealth, Singapore, and conducted in accordance of the ARVO statement for the Use of Animals in Ophthalmic and Vision Research. During pre- and postoperative examination and surgical intervention, the rabbits were anesthetized by an intramuscular injection of xylazine hydrochloride (5 mg/kg, Troy Laboratories, Smithfield, Australia) and ketamine hydrochloride (50 mg/kg, Parnell Laboratories, Alexandria, Australia). The rabbits were euthanized under anaesthesia by an overdose intracardiac injection of sodium pentobarbital (Jurox, Rutherford, Australia).

**Surgical procedure.** Myopic SMILE correction was performed in the right eye of the rabbits using the VisuMax 500-kHz femtosecond laser as described previously<sup>11</sup>. The following settings were used:  $110 \,\mu m$  cap thickness, 7.5 mm cap diameter, 6.5 mm lenticule diameter, 63  $\mu m$  maximum lenticule thickness,  $10 \,\mu m$  minimum lenticule thickness, and -3D spherical power. The laser power was 200 nJ, with and a spot distance and tracking spacing of  $3 \,\mu m/3 \,\mu m$  for the lenticule and cap, and  $2 \,\mu m/\mu m$  for the lenticule side cut. A seibel spatula (Rhein Medical Inc. Petersburg, FL) was used to open the superior incision and locate the anterior and posterior lenticule surface. The remaining tissue bridges were broken with a SMILE dissector (Asico, AE2403 LLC), and the lenticule extracted with a pair of forceps. The stromal pocket was irrigated with balanced salt solution via a 24 gauge-cannula.

Six lenticules underwent CXL performed using same procedure and energy settings as in the above section. The CXL treated (n = 6) and non-CXL treated (n = 6) SMILE-derived lenticules were spread out with a surgical sponge, and 2.5-mm inlays were trephined from the lenticule centre.

An intrastromal flocket was created in the left eye of the rabbits using the VisuMax femtosecond laser<sup>29</sup>. A 7.5 mm cap diameter and 330-degree hinge cut was used, thereby giving a 30° superior incision for lenticule implantation. The biological inlay was inserted in the flocket and a lamellar dissector used to spread and centrally align the tissue over the pupil centre. One experienced surgeon (JSM) performed all surgical procedures. A subconjunctival injection of dexamethasone sodium phosphate (40 mg/ml; Shin Poong Pharmaceutical, South Korea) and gentamicin (40 mg/ml; Shin Poong Pharmaceutical) was given at the end of the procedure. Postoperative regime included 0.3% Tobramycin (Alcon, Fort Worth, TX) and 0.1% Dexamethasone acetate (Allergan, Irvine, CA) four times daily for 1 week.

Clinical evaluation. The preoperative and 1, 2, 4, 6, 8, and 12-week postoperative examination included bio-microscopy (Zoom Slit Lamp NS-2D, Tokyo, Japan), AS-OCT, and corneal topography (Visante Omni, Carl Zeiss Meditec, Jena, Germany). Spherical aberrations (SA, Z4°) and the root mean square of total higher order aberrations (RMS of total HOA, 3<sup>rd</sup> to 7<sup>th</sup> Zernike order) were evaluated by Zernike wavefront analysis (ATLAS 9000, Carl Zeiss Meditec) in a 6.00-mm pupil zone under mydriatic conditions. Inlay clarity was graded on a scale of 0 to 4 (0: completely clear to 4: completely obscured)<sup>30</sup>. Central corneal thickness (CCT), inlay thickness, and anterior lamellar thickness were acquired from the high-resolution AS-OCT images using ImageJ (http://imagej.nih.gov/ij/, National Institutes of Health, Bethesda, MD, USA). The median of three measurements was used for statistical analysis. To quantify the stromal intensity on OCT images, we measured the Mean Gray Value (MGV) of the inlay and the recipient stroma in a corresponding area. The ratio MGV(inlay)/MGV(recipient) was then calculated for the CXL treated (n = 6) and non-CXL treated (n = 6) inlays.

**In-Vivo** Confocal Microscopy. In-vivo confocal microscopy (IVCM) was performed pre- and 4, 8, and 12 weeks postoperatively (HRT3; Heidelberg Engineering GmbH, Heidelberg, Germany). The stromal keratocyte reflectivity was evaluated by selecting 6 micrographs from the interface, and from the planes anterior and posterior to the implanted inlay (n=2 for each) and semi-quantifying the mean grey value (MGV) of reflectivity using Image J, as described before  $^{31,32}$ . The keratocyte cell count for each included rabbit was calculated by the mean of 2 anterior and 2 posterior micrographs of the inlay and was performed by a single masked observer (E.T).

Histology and immunohistochemistry. After 12-weeks, the rabbits were euthanized and the inlay implanted eyes excised. The corneas were embedded in optimal cutting temperature compound (Leica Microsystems, Nussloch, Germany), stored at  $-80\,^{\circ}$ C, and cryosectioned in 8 μm thickness (Microm HM550 cryostat, Walldorf, Germany). The tissue underwent hematoxylin-eosin (H&E) staining before examination under a light microscope (Axioplan 2, Carl Zeiss, Oberkochen, Germany). Immunofluorescent staining was performed as previously described in detail  $^{9,29}$ . Incubation in antibodies against alpha-smooth muscle actin (α-SMA;

	Young's modulus (Pa)			
Sample	CXL	Non- CXL	CXL: Non-CXL Young's modulus ratio	Mean ratio
Rabbit 1	198	118	1.67	
Rabbit 2	214	105	2.04	$1.89 \pm 0.19$
Rabbit 3	218	112	1.95	
Human 1	2540	1210	2.10	
Human 2	182	111	1.65	$1.93 \pm 0.25$
Human 3	111	54	2.04	

**Table 1.** Young's modulus of lenticules and improvement ratio between crosslinked and non-crosslinked lenticules

Agilent, Santa Clara, CA), fibronectin (Millipore, Burlington, MA), tenascin-C (Abcam, Cambridge, UK), CD11b (BD Pharmingen, Franklin Lakes, NJ), and heat shock protein 47 (HSP47; Enzo Life Sciences, Switzerland) were performed overnight at 4°C. After washing with 0.01 M phosphate buffered saline (PBS; Life Technologies), incubation with Alexa Flour 488-conjugated secondary antibody (Jackson ImmunoRes Lab, West Grove, USA) was performed at room temperature for one hour. To detect cell apoptosis, fluorescence-based terminal deoxynucleotidyl transferase dUTP nick end labeling (TUNEL) assay was performed according to the manufacturer's instructions (Click-iT TUNEL Alexa-Fluor Imaging Assay, Thermo Fisher Scientific, Waltham, MA). Subsequently, all lenticules were mounted with Fluoroshield mounting medium containing DAPI (4',6-diamidino-2-phenylindole, Santa Cruz Biotechnology, Santa Cruz, CA), and viewed under a fluorescence microscope (Axioplan 2).

**Statistical analysis.** Statistical analysis was performed in Stata (version 13; STATACorp, College Station, TX) and GraphPad Prism (v6.0 h; GraphPad Software Inc., La Jolla, CA). Student unpaired t-test was used for comparison between groups, while paired t-test was used to evaluate the change between two time points. Mean values and standard deviations are reported. A p-value < 0.05 was considered statistically significant. The datasets generated during the current study are available from the corresponding author on reasonable request.

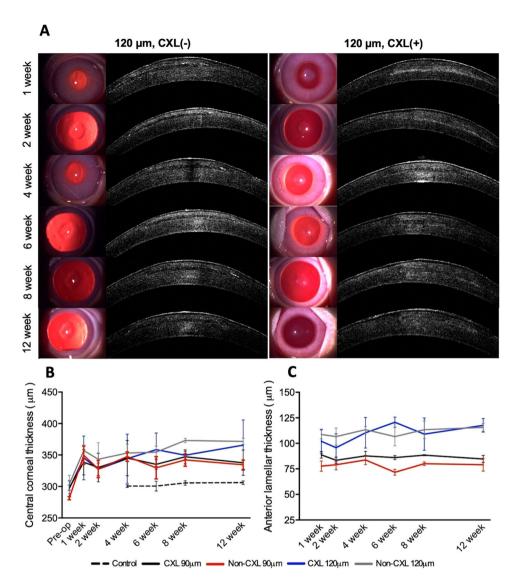
### Results

**Rotational rheometry.** Rotational rheometry was conducted in both human and rabbit lenticules before continuing with implantation in rabbits. The dynamic strain sweep tests indicated that both lenticules with and without CXL were within the linear viscoelastic regime at 0.5-5% strain at 1 rad/s frequency (Fig. S1A,C). The CXL procedure yielded a consistent G' modulus improvement of approximately two-fold compared to nontreated control lenticules in human lenticules (Figs 1B and S1B) and in rabbit lenticules (Figs 1C and S1D). Young's modulus of the human lenticules ranged from 111-2540 Pa after CXL treatment and from 54-1210 Pa without CXL treatment (Table 1). The Young's modulus of the rabbit lenticules ranged from 198-218 Pa after CXL and from 105-118 Pa without CXL treatment. The average enhancement of viscoelastic properties following the CXL procedure was  $1.93\pm0.25$  times and  $1.89\pm0.19$  times in human and rabbit lenticules, respectively.

**Slit lamp biomicroscopy.** Mild corneal oedema was observed around the inlay the first week after implantation (Fig. 2A). The non-CXL inlays remained clear 1-week postoperatively and throughout the remaining the follow up period (clarity score 1 week:  $0.92 \pm 0.20$ , 12 week:  $0.75 \pm 0.27$ , p = 0.75, Fig. S2A). The inlays were still distinguishable from the recipient cornea 12 weeks postoperatively, although the edge of the inlays was no longer clearly visible. Haze was observed in all CXL treated inlays after implantation (1 week:  $3.17 \pm 0.75$ ), that gradually resolved after 8 weeks  $(0.92 \pm 0.20)$  and during the remaining follow up period (12 week:  $0.83 \pm 0.26$ , p = 0.001).

Anterior segment optical coherence tomography (AS-OCT). At 1-week, the AS-OCT showed easily distinguishable non-CXL treated inlays, whereas the contour of the CXL treated inlays were more difficult to locate (Fig. 2A). When evaluating the mean grey value (MGV), the CXL treated inlays (n = 6) were denser than their stromal surroundings at week 1 and 2, with a MGV $_{\text{inlay}}$ /MGV $_{\text{recipient}}$  ratio of  $1.34 \pm 0.47$  and  $1.33 \pm 0.44$ , respectively (Fig. S2B). The OCT intensity gradually decreased to a ratio of  $0.98 \pm 0.20$  at 12 week examination. The non-CXL treated inlays (n = 6) were less dense than their stromal surroundings with a MGV ratio < 1 during the entire follow up period (Fig. S2B). No significant difference was seen in the MGV ratio between CXL and non-CXL treated inlays 12 weeks postoperatively (p = 0.06).

The change in CCT over time, evaluated using AS-OCT, is found in Fig. 2B. The central corneal thickness increased from  $298.0\pm4.0\,\mu\text{m}$  to  $337.7\pm20.1\,\mu\text{m}$ , from  $296.3\pm12.7\,\mu\text{m}$  to  $365.7\pm40.1\,\mu\text{m}$ , from  $281.3\pm2.5\,\mu\text{m}$  to  $334.0\pm7.6\,\mu\text{m}$ , and from  $303.3\pm14.2\,\mu\text{m}$  to  $371.7\pm4.9\,\mu\text{m}$  at 12 weeks postoperatively, for the CXL-90, CXL-120, non-CXL-90, and non-CXL-120 groups, respectively. The anterior lamellar thickness averaged  $84.7\pm3.5\,\mu\text{m}$ ,  $117.7\pm6.7\,\mu\text{m}$ ,  $79.0\pm6.2\,\mu\text{m}$ , and  $115.7\pm3.8\,\mu\text{m}$ , for the CXL-90, CXL-120, non-CXL-90, and non-CXL-120 groups at 12 weeks, respectively (Fig. 2C). In all groups, the lamellar thickness remained stable after implantation (p > 0.052), with a significant difference between the 90 and  $120\,\mu\text{m}$  groups (p < 0.001). At 12-weeks, the average inlay thickness was  $59.3\pm6.1\,\mu\text{m}$ ,  $59.3\pm5.5\,\mu\text{m}$ ,  $59.0\pm0.0\,\mu\text{m}$ , and  $61.3\pm0.6\,\mu\text{m}$  for the CXL-90, CXL-120, non-CXL-120 subgroups, respectively (Fig. S3).



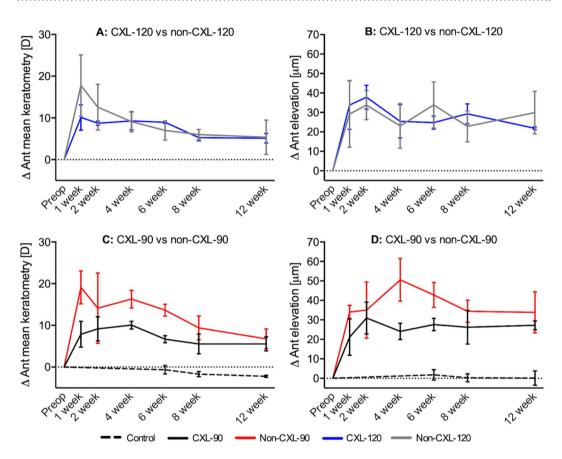
**Figure 2.** Slit lamp observation and anterior segment-optical coherence tomography (AS-OCT) of corneas following implantation of CXL and untreated inlays. (**A**) Slit-lamp biomicroscopy and anterior segment optical coherence tomography (ASOCT). Left column: Untreated inlays. The inlay preserved their stromal clarity during the postoperative period. Right column: CXL treated inlays. The postoperative stromal haze progressively improved from week 1 to week 12. (**B**) The development in the average central corneal thickness and (**C**) the anterior lamellar thickness. Bars represents standard deviations.

Corneal topography and aberrations. The changes in anterior mean curvature and anterior elevation at different time points are summarized in Table 2 and Fig. 3. At 1 week, the anterior mean curvature increased after implantation in all four groups (p < 0.042). At 12 weeks, the average increase in anterior mean curvature was  $5.6\pm1.7D$ ,  $5.1\pm1.1D$ ,  $6.8\pm2.4D$ , and  $5.4\pm4.1D$  for the CXL-90, CXL-120, non-CXL-90, and non-CXL-120 subgroups, respectively. Regression in the corneal steepening was observed in both CXL and non-CXL treated groups from week 1 to week 12, with a tendency towards less regression in the CXL treated groups (Table 2, CXL-90 vs. non-CXL-90: p = 0.03. CXL-120 vs. non-CXL-120: p = 0.22). The anterior elevation significantly increased after implantation in the CXL-120 group and non-CXL-90 group (p < 0.042), but not in the CXL-90 and non-CXL-120 group (p > 0.05, Table 2, Fig. 3B,D). At 12 weeks, the average increase in anterior elevation was  $27.2\pm2.3\,\mu\text{m}$ ,  $22.0\pm0.7\,\mu\text{m}$ ,  $33.8\pm11.6\,\mu\text{m}$ , and  $29.9\pm8.0\,\mu\text{m}$  for the CXL-90, CXL-120, non-CXL-90, and non-CXL-120 subgroups respectively.

The RMS of total HOA increased in all groups with an average of  $2.09\pm1.22~\mu m$ ,  $2.42\pm0.04~\mu m$ ,  $2.81\pm0.56~\mu m$  and  $3.21\pm0.48~\mu m$  in the CXL-90, CXL-120, non-CXL-90 and non-CXL-120 groups at week 12. The average change in SA was  $-1.68\pm0.59~\mu m$ ,  $-1.92\pm0.24~\mu m$ ,  $0.10\pm0.59~\mu m$  and  $-0.50\pm0.15~\mu m$  in the CXL-90, CXL-120, non-CXL-90 and non-CXL-120 groups, with a significant difference between the CXL and untreated subgroups (p < 0.022).

	Δ Anterior me	an curvature [I	)]		Δ Anterior elevation [μm]				
	90 µm depth		120 µm depth		90 µm depth		120 µm depth		
	Non-CXL n=3	CXL n=3	Non-CXL N=3	CXL n=3	Non-CXL n=3	CXL n=3	Non-CXL n=3	CXL n=3	
1 week	$19.1 \pm 4.0$	$7.9 \pm 3.1$	$17.8 \pm 7.4$	$10.1 \pm 3.0$	34.0 ± 3.5	21.1 ± 9.3	$29.2 \pm 17.1$	34±12.5	
2 week	$14.1 \pm 8.4$	9.2 ± 2.9	12.6 ± 5.5	8.7 ± 0.5	$35.0 \pm 14.4$	30.9 ± 8.2	33.7 ± 7.5	38±6.2	
4 week	16.3 ± 2.1	$10.1 \pm 0.9$	$9.1 \pm 2.4$	9.3 ± 2.1	51.5 ± 10.9	24.1 ± 4.2	$23.1 \pm 11.5$	25±8.6	
6 week	$13.6 \pm 1.4$	$6.7 \pm 0.8$	$7.0 \pm 2.3$	9.0 ± 0.3	$42.7 \pm 6.7$	27.6 ± 3.1	33.8 ± 11.8	25 ± 3.3	
8 week	9.4±2.8	5.6 ± 2.4	$6.0 \pm 1.2$	5.3 ± 0.8	34.4 ± 6.7	26.2 ± 0.6	$22.8 \pm 8.0$	29.0 ± 5.1	
12 week	6.8 ± 2.4	5.6 ± 1.7	$5.4 \pm 4.1$	5.1 ± 1.1	33.8 ± 11.6	27.2 ± 2.3	$29.9 \pm 8.0$	22.0 ± 0.7	
12 week-1week	$-12.3 \pm 2.6^*$	$-2.3 \pm 4.4^{*}$	$-12.4 \pm 8.0$	$-5.0 \pm 4.0$	$-0.2 \pm 10.3$	6.1 ± 7.9	$0.8 \pm 6.9$	$-11.9 \pm 10.8$	

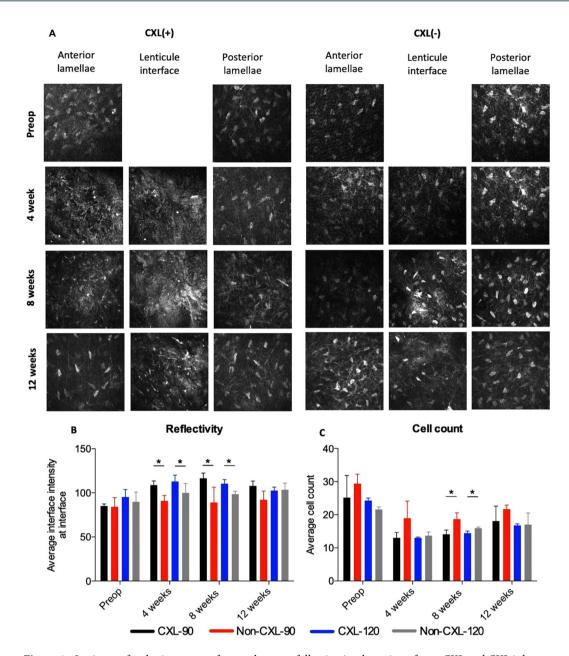
**Table 2.** Average increase in anterior mean curvature and anterior elevation following implantation, mean  $\pm$  standard deviation. \*Significant difference between non-CXL and CXL groups.



**Figure 3.** Refractive changes following implantation of non-CXL and CXL inlays at different corneal depths. The average change in (**A**,**C**) anterior mean curvature and (**B**,**D**) anterior elevation at different time points during postoperative follow up. Bars represents standard deviations.

*In Vivo* Confocal Microscopy. *In-vivo* confocal micrographs (Fig. 4A) showed hyper-reflective bands in the CXL treated stromal inlays and low keratocyte density at week 4 and 8. Small hyper-reflective particles were seen at week 4 and 8, possibly attributed to inflammatory cells or keratocyte apoptotic bodies, which had almost resolved at the 12-week examination. Haze was observed in the anterior corneal stroma at week 4 and 8 in the CXL-treated groups, which gradually resolved. When comparing the CXL and untreated inlays, higher interface intensity was seen in the CXL treated inlays at week 4 (p < 0.03) and week 8 (p < 0.007, Fig. 4B). This difference was not observed 12 weeks postoperatively. As seen by the average cell count, there was a tendency towards fewer keratocyte cells in the CXL treated inlays than in the corresponding untreated inlays (Fig. 4C, p < 0.02 at 8 weeks).

**Immunohistochemistry.** Fibroblast activation, indicated by expression of  $\alpha$ -SMA, was absent in all samples (Fig. 5A). Fibronectin, tenascin, and CD11b, were also undetectable in both the CXL treated and untreated groups. There was a low expression of HSP47 and a few TUNEL-positive cells in the CXL groups. The HSP47 and



**Figure 4.** *In vivo* confocal microscopy of corneal stroma following implantation of non-CXL and CXL inlays. (**A**) Representative *in vivo* confocal micrographs of the anterior stroma, inlay interface and posterior stroma. (**B**) The average intensity measured in mean gray value (MGV) using a semi-automated tracking program (ImageJ). (**C**) Average keratocyte cell count evaluated by the mean of four representative images of the interface. Bars represent standard deviations. \*Significant difference, p < 0.05.

TUNEL positive staining was primarily located in the surrounding recipient tissue of the CXL subgroups and not in the biological inlays. HSP47 and TUNEL markers were undetectable in the non-CXL treated subgroups.

**Histological analysis.** The recipient corneal stroma showed normal ultrastructure and arrangement of the collagen fibres after implantation (Fig. 5B,C). At 12 weeks postoperatively, the edge of the CXL treated inlays were clearly distinguishable from the surrounding tissue and the lenticule stroma was devoid of keratocytes. No apparent signs of inflammatory cells or fibrotic tissue were seen around the CXL treated inlays.

#### Discussion

This study demonstrated that intrastromal implantation of a 2.5-mm diameter inlay, derived from a -3D SMILE lenticule (maximum lenticule thickness of  $63\,\mu m$ ), successfully steepened the corneal curvature, with an average increase in the anterior mean curvature between 5.1 and 6.8D after 12 weeks. When evaluating the anterior mean curvature, CXL of the inlays seems to cause less regression in the postoperative period when compared with

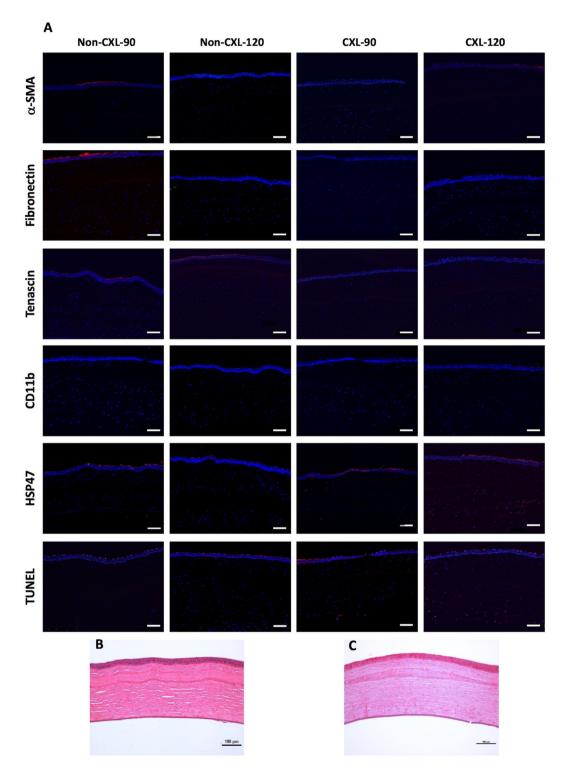


Figure 5. Tissue responses following implantation of non-CXL and CXL inlays in rabbit corneas. (A) Immunohistochemistry assays of  $\alpha\textsc{-}SMA$ , fibronectin, tenascin, CD11b, heat shock protein 47 (HSP47), and TUNEL 12 weeks postoperatively. Nuclei are counterstained using DAPI (blue). All images were captured at x100 magnification; scale bars represent 100  $\mu m$ . (B+C) Representative hematoxylin-eosin staining images for CXL treated inlays at (B) 90  $\mu m$  and (C) 120  $\mu m$  depth. Original magnification: 100x. Scale bars represent 100  $\mu m$ .

untreated controls. However, moderate haze was observed in the CXL treated inlays that gradually subsided the first 8 weeks. Furthermore, *in-vivo* confocal microscopy revealed higher interface intensity in the CXL treated inlays compared with the untreated inlays at week 4 and 8.

Corneal collagen crosslinking relies on a photochemical reaction between riboflavin and ultraviolet A that increases the amount chemical bonds between the stromal collagen fibres and strengthen the corneal tissue<sup>33</sup>. Before *in vivo* implantation, we used rotational rheometry to establish if the CXL protocol had been effective. The frequency sweep test (intermediate strain value of 1%) showed an obvious quantitative improvement of the G' modulus across all frequencies following CXL, with an approximately two-fold improvement of G' modulus compared to non-treated control lenticules in both species. The variation in Young's modulus in the human lenticules was attributed to the different thickness of the lenticules that we obtained from patients, where the thickner lenticules (from higher SMILE correction) resulted in greater Young's modulus. We performed accelerated corneal crosslinking using a total irradiance of 7.2 J/cm<sup>2</sup> to ensure the treatment was effective<sup>34</sup>. However, lenticule thinning was observed following CXL. It is likely that a reduced total irradiance would be just as efficient to stiffen the biological inlays which remains to be investigated.

Corneal haze is a common complication following CXL that decreases the transparency of the tissue and thus would limit the visual benefit of a biological inlay<sup>35</sup>. Haze was present in the CXL treated inlays, that decreased from grade  $3.17 \pm 0.75$  at 1 week to grade  $0.83 \pm 0.26$  at 12 weeks (Fig. S2A). Furthermore, the IVCM revealed keratocyte apoptosis seen by lower keratocyte cell count in CXL treated inlays than in untreated inlays that is consistent with previous studies of CXL in human corneas<sup>36,37</sup>. Increased keratocyte intensity was observed following CXL, likely due to the presence of activated keratocytes<sup>37</sup> that may contribute to the CXL-associated corneal haze<sup>38</sup>. The postoperative regime included topical 0.3% tobramycin and 0.1% dexamethasone four times daily for 1 week in all groups. However, the current study suggests that a low dose topical dexamethasone is recommended for a longer postoperative period, to reduce the postoperative haze formation<sup>39</sup>.

The H&E staining revealed absence of keratocytes in the stromal inlays of the CXL treated groups, with a regular arrangement of the collagen fibres. The acellullar stromal arrangement was expected as the riboflavin acts as a photosensitizer that increases the absorption of UVA and causes keratocyte damage 40,41.

On AS-OCT, the CXL treated inlays were generally thinner (CXL-90:  $49.3\pm5.1\,\mu m$  vs. non-CXL-90:  $70.7\pm2.5\,\mu m$ ) and with higher OCT intensity (mean MGV ratio of  $1.34\pm0.47$  vs.  $0.84\pm0.14$ ) than the untreated inlays at 1 week, suggesting that the CXL treatment of the inlays was effective  $^{42,43}$ . The difference in inlay thickness between CXL and untreated inlays equalized at 12 weeks to an average thickness between  $59.0\pm0.0$  and  $61.3\pm0.6\,\mu m$ , possibly due to stromal remodelling of both CXL and untreated inlays. In our previous study of non-human primates, the implantation of a  $65\,\mu m$  SMILE derived biological inlay seemed to cause corneal steepening comparable to what is seen following implantation of a  $32\,\mu m$  synthetic Raindrop inlay 4. Regression of the corneal steepening was observed until 4 months postoperatively before the corneal topography stabilized. Epithelial remodelling, commonly seen after refractive surgery, may explain some of the regression  $^{45}$ . However, the need of a thicker biological inlay to achieve the same amount corneal steepening suggests that remodelling of the stromal inlay also occurs in the postoperative period  $^{9}$ .

In our previous study of non-human primates, implantation of 3.0-mm biological inlays in 120  $\mu$ m depth caused an increase in the simulated keratometry of 1.8–2.3D after 6 months<sup>9</sup>. In this study, using a rabbit model, the corneal steepening effect was more noticeable following implantation, with an anterior mean curvature increase of 5.4  $\pm$  4.1D at 12 weeks (non-CXL-120 group). The slightly smaller inlay (2.5-mm diameter) used in the current study and a higher percentage of stromal volume expansion in rabbits may contribute to some of the difference. The more likely explanation, however, is the undeveloped Bowman's membrane in rabbits that would normally counteract the steepening effect of an intrastromal inlay<sup>46</sup>. The CXL treated inlays seemed to cause less corneal steepening in the initial weeks following implantation, when compared with untreated inlays (Fig. 3A,C). Furthermore, implantation in the more superficial layers seemed to induce more corneal steepening than implantation in the deeper corneal layers, although non-significant (non-CXL-90: 6.8  $\pm$  2.4D vs. non-CXL-120: 5.4  $\pm$  41D, p = 0.63). These results are, however, in agreement with previous studies of biological lenticule implantation *ex vivo* in human donor corneas and *in vivo* in non-human primates<sup>47,48</sup>. We observed an increase in the RMS of total HOA while the SA became more negative following biological implantation, consistent with previous reported higher-order aberrations after implantation of artificial<sup>44</sup> and biological inlays<sup>49</sup>.

Before commencement of a clinical trial, it was important to evaluate if CXL treatment of the corneal inlays would reduce the postoperative stromal remodelling and time until refractive stabilization. Further research is needed to optimize the CXL protocol, and the postoperative topical treatment in order to reduce the early postoperative haze. We were able to show an almost two-fold increase in stromal stiffness with the current CXL protocol, but reduced radiant exposure may be used in future studies. We conducted this pilot study, to evaluate the effect of CXL on the refractive outcome and acknowledge the limitation of a small sample size due to strict regulations of use of animals in scientific research. A small sample size undeniably increases the risk of type 2 errors and must be taken into consideration when interpreting the statistical outcome<sup>50</sup>.

In conclusion, this study demonstrated that lenticule implantation of a 2.5-mm biological inlay steepens the anterior curvature with corneal stabilization after 8 weeks. Despite the limitations of a small sample size, we did see a tendency towards less regression for CXL treated inlays when compared with corresponding untreated inlays. However, haze following implantation was more severe in CXL treated inlays, and increased keratocyte activity was seen up to 8 weeks postoperatively. Prolonged postoperative treatment with topical steroid is recommended if CXL of inlays is performed prior to implantation.

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#### **Author Contributions**

Y.-C.L. and J.S.M. conceived and designed the study; I.B.D., Y.-C.L., A.K.R., E.P.W.T., M.L.T., C.L.N. and J.S.M. carried out experiments and contributed to different aspects of data analysis. I.B.D. and J.S.M. wrote the manuscript. All authors reviewed the manuscript.

#### Additional Information

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**Competing Interests:** Dr. Mehta is a consultant for Ziemer and Carl Zeiss Meditec, Inc. The remaining authors have no conflicts of interests.

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